

NATIONAL CLUB TRACK & FIELD CHAMPIONSHIPS • MEET RECORDS

Men's Event Records	Mark	Name	Affiliation	Year
100m	10.19	Jeremy Bascom	Central Park TC	2012
200m	20.54	Clement Campbell	Executive TC	2006
400m	45.02	Lalonde Gordon	Zenith Velocity	2012
800m	1:47.41	Jebreh Harris	Knoxville TC	2001
1500m	3:48.22	Alfredo Santana	adidas Garden State TC	2016
5000m	14:05.60	Andrew Springer	New Jersey New York TC	2015
10,000m	29:51.45	Bobby Reyes	Boulder Express	2010
110m Hurdles	13.38	Jerome Miller	Southwest Sprinters TC	2009
400m Hurdles	49.41	Adrian Findlay	Executive TC	2007
3000m Steeplechase	8:54.94	Jack Kafel	Universal Sole	2004
5000m Race Walk	20:34.13	Tim Seaman	New York AC	2005
High Jump	2.24m	Dakarai Hightower	Flying AJs TC	2013
Pole Vault	5.40m	Jonathan Takahashi	Sheffield Elite	2006
	5.40m	Giovanni Lanaro	Cheetahs International	2006
Long Jump	8.07m	Sean Robbins	Ashland Elite	2004
Triple Jump	16.72m	Samyr Laine	Greater Boston TC	2009
Shot Put	19.04m	Rhuben Williams	Shore AC	2009
Discus Throw	62.76m	James Plummer	Shore AC	2013
Hammer Throw	69.88m	Zack Riley	Indiana Invaders	2004
Javelin Throw	76.31m	Kirt Thompson	Indiana Invaders	2003
Men's Relay Records	Mark	Team (members)		Year
4x100m Relay	39.75	Central Park TC (Bascom, Williams, Thompson, Marcano)		2015
4x400m Relay	3:07.92	New York Elite (unknown)		2005
4x800m Relay	7:35.42	New York Elite (unknown)		2005
800m Sprint Medley Relay	1:29.29	U.S. Elite International (Mathieu, Tilley, Grossman, Peresta)		2007
1600m Sprint Medley Relay	3:22.29	Central Park TC (Nkrumah, Crichlow, Emrani, Oliver)		2011
Distance Medley Relay	10:01.13	Central Park TC (Norton, Hamilton, Spooner, Cantwell)		2011
Women's Event Records	Mark	Name	Affiliation	Date
100m	11.14	Tara Harrigan-Scott	Tru-Fit Athletics	2015
200m	22.70	Crystal Cox	North Carolina Elite	2002
400m	51.61	Aliann Pompey	Shore AC	2007
800m	2:03.94	Neisha Bernard-Thomas	US Elite International	2007
1500m	4:13.79	Collette Liss	Indiana Invaders	2001
5000m	16:11.07	Emily Field	Luke's Locker	2006
10,000m	34:55.86	Claudia Copeland	Club Northwest	2011
100m Hurdles	13.15	Antoinette Wilks	New York Elite	2005
400m Hurdles	57.83	Michelle Burger	Executive TC	2006
3000m Steeplechase	10:08.80	Dawn Cromer	Pacers /Brooks	2007
5000m Race Walk	22:18.40	Maria Michta-Coffey	Walk USA	2015
High Jump	1.84m	Priscilla Frederick	New York AC	2016
Pole Vault	4.11m	Shannon Gallagher	Indiana Invaders	2002
Long Jump	6.70m	Alice Falaiye	Southwest Sprinters TC	2009
Triple Jump	13.92m	Ayanna Alexander	Greater Boston TC	2009
Shot Put	16.27m	Zara Northover	Central Park TC	2012
Discus Throw	53.09m	Sylvia Galarza	Shore AC	2016
Hammer Throw	63.92m	Lisa Wilson	Greater Boston TC	2016
Javelin Throw	54.99m	Kateema Riettie	Central Park TC	2012
Women's Relay Records	Mark	Team (members)		Year
4x100m Relay	45.75	Executive TC (Burger, Render, Dawkins, Robinson)		2006
4x400m Relay	3:42.66	Central Park TC (Jones, Bell, Robinson, Welsh)		2011
4x800m Relay	8:51.80	Greater Boston TC (Powell, Lee, Ocean, and Willard)		2006
800m Sprint Medley Relay	1:44.53	US Elite Int'l (K. Thorpe, Moulds, T. Thorpe, Bernard-Thomas)		2007
1600m Sprint Medley Relay	3:54.28	Central Park TC (LaRose, Caddle, Evins, Mckenzie)		2013
Distance Medley Relay	11:06.56	Indiana Invaders (French, Smith, Hein, Liss)		2004