



**7-9 March 2014 TIMETABLE**

[Approved by the IAAF Council in Moscow, Russia on 6/7 April 2013]

| DAY 1 – Friday, Morning |               |   |    | DAY 2 – Saturday, Morning |                |   |    | DAY 3 – Sunday, Morning |  |  |  |
|-------------------------|---------------|---|----|---------------------------|----------------|---|----|-------------------------|--|--|--|
| 10:00                   | High Jump     | W | Q  | 10:00                     | 60m H Hep      | M |    |                         |  |  |  |
| 10:05                   | 400m          | W | R1 | 10:05                     | Triple Jump    | M | Q  |                         |  |  |  |
| 10:15                   | Shot Put      | M | Q  | 10:10                     | 60m H          | M | R1 |                         |  |  |  |
| 10:45                   | 400m          | M | R1 | 10:15                     | Shot Put       | W | Q  |                         |  |  |  |
| 11:00                   | Triple Jump   | W | Q  | 10:40                     | 60m            | W | R1 |                         |  |  |  |
| 11:25                   | 3000m         | W | R1 | 11:00                     | Pole Vault Hep | M |    |                         |  |  |  |
| 12:00                   | 60m H Pen     | W |    | 11:50                     | 4 x 400m Relay | M | R1 |                         |  |  |  |
| 12:10                   | 60m Hep       | M |    | 12:05                     | High Jump      | M | Q  |                         |  |  |  |
| 12:25                   | 1500m         | M | R1 | 12:15                     | Long Jump      | W | Q  |                         |  |  |  |
| 12:35                   | High Jump Pen | W |    | 12:20                     | 4 x 400m Relay | W | R1 |                         |  |  |  |
| 13:00                   | 800m          | W | R1 |                           |                |   |    |                         |  |  |  |
| 13:05                   | Long Jump Hep | M |    |                           |                |   |    |                         |  |  |  |
| 13:30                   | 800m          | M | R1 |                           |                |   |    |                         |  |  |  |
| 14:15                   | Shot Put Pen  | W |    |                           |                |   |    |                         |  |  |  |

| DAY 1 – Friday, Afternoon |                  |   |       | DAY 2 – Saturday, Afternoon |             |   |       | DAY 3 – Sunday, Afternoon |                |   |       |
|---------------------------|------------------|---|-------|-----------------------------|-------------|---|-------|---------------------------|----------------|---|-------|
| 17:15                     | Opening Ceremony |   |       | 18:00                       | Pole Vault  | M | Final | 14:50                     | Pole Vault     | M | MC    |
| 18:00                     | Long Jump Pen    | W |       | 18:05                       | Triple Jump | W | Final | 15:00                     | Pole Vault     | W | Final |
| 18:05                     | 60m H            | W | R1    | 18:10                       | 60m H       | W | SF    | 15:05                     | Long Jump      | W | Final |
| 18:30                     | Shot Put Hep     | M |       | 18:30                       | 60m         | M | SF    | 15:15                     | 60m            | W | SF    |
| 18:35                     | 60m              | M | R1    | 18:50                       | Shot Put    | W | Final | 15:33                     | High Jump      | W | MC    |
| 19:20                     | Long Jump        | M | Q     | 19:00                       | 1500m       | W | Final | 15:45                     | 60m H          | M | SF    |
| 19:35                     | 1500m            | W | R1    | 19:15                       | High Jump   | W | Final | 15:56                     | Long Jump      | M | MC    |
| 19:55                     | High Jump Hep    | M |       | 19:20                       | 1000m Hep   | M |       | 16:10                     | 3000m          | M | Final |
| 20:05                     | Shot Put         | M | Final | 19:30                       | 1500m       | W | MC    | 16:20                     | 60m H          | W | MC    |
| 20:10                     | 800m Pen         | W |       | 19:40                       | 400m        | W | Final | 16:30                     | High Jump      | M | Final |
| 20:25                     | 3000m            | M | R1    | 19:43                       | Triple Jump | W | MC    | 16:35                     | 800m           | W | Final |
| 20:55                     | 400m             | W | SF    | 19:50                       | Long Jump   | M | Final | 16:40                     | 60m            | M | MC    |
| 21:13                     | Pentathlon       | W | MC    | 20:00                       | 1500m       | M | Final | 16:50                     | 3000m          | W | Final |
| 21:25                     | 400m             | M | SF    | 20:08                       | Heptathlon  | M | MC    | 17:00                     | Long Jump      | W | MC    |
| 21:42                     | Shot Put         | M | MC    | 20:20                       | Shot Put    | W | MC    | 17:10                     | Triple Jump    | M | Final |
|                           |                  |   |       | 20:30                       | 400m        | M | Final | 17:20                     | 800m           | M | Final |
|                           |                  |   |       | 20:34                       | 400m        | W | MC    | 17:25                     | 3000m          | M | MC    |
|                           |                  |   |       | 20:45                       | 60m H       | W | Final | 17:30                     | 800m           | W | MC    |
|                           |                  |   |       | 20:48                       | 1500m       | M | MC    | 17:45                     | 4 x 400m Relay | W | Final |
|                           |                  |   |       | 21:00                       | 60m         | M | Final | 17:53                     | 3000m          | W | MC    |
|                           |                  |   |       | 21:02                       | 400m        | M | MC    | 18:05                     | 60m            | W | Final |
|                           |                  |   |       |                             |             |   |       | 18:09                     | 800m           | M | MC    |
|                           |                  |   |       |                             |             |   |       | 18:20                     | 60m H          | M | Final |
|                           |                  |   |       |                             |             |   |       | 18:24                     | Pole Vault     | W | MC    |
|                           |                  |   |       |                             |             |   |       | 18:30                     | High Jump      | M | MC    |
|                           |                  |   |       |                             |             |   |       | 18:40                     | 4 x 400m Relay | M | Final |
|                           |                  |   |       |                             |             |   |       | 18:45                     | 60m            | W | MC    |
|                           |                  |   |       |                             |             |   |       | 18:49                     | Triple Jump    | M | MC    |
|                           |                  |   |       |                             |             |   |       | 18:53                     | 60m H          | M | MC    |
|                           |                  |   |       |                             |             |   |       |                           | 4 x 400m       | W | MC    |
|                           |                  |   |       |                             |             |   |       |                           | 4 x 400m       | M | MC    |