



2013 USATF Coaching Education Level 2 – Youth Specialization Instructors

Dr. Matt Lydum

Dr. Matt Lydum is a researcher, writer, and educator on issues related to youth sport. He served as project writer for the 2008 Human Kinetics text *Coaching Youth Track & Field* and has published peer-reviewed research and articles in practitioners' magazines. Lydum represented the USOC at the 1998 International Olympic Academy and was the recipient of the 2010 Fred Wilt Award recognizing his many years of service to USATF Coaching Education. Lydum has served twice on the USATF staff for the IAAF World Youth Championships (2007 & 2009) and was meet director of the 2008 Jr. National Championships. He has served as head coach at Pendleton High School (OR), San Francisco State University, and Defiance College (OH). As a coach, Lydum continues to help youth and small college athletes develop to their potential. He has completed the training for USATF Level 2 in throws, jumps, sprints/hurdles/relays, and combined events.

Andrew Alden

Andrew Alden has more than twenty-five years of experience coaching distance and middle distance runners across all levels. He served as Head Track and Field Coach at Tulane and Coastal Carolina and has been named "Coach of the Year" in the Southeast Region, the Big South, South Carolina, and North Carolina. He has coached numerous All-Americans and NCAA qualifiers, and has worked with 3 Olympians. Internationally, he served as the Assistant Coach for the US Men's Distance Events at the IAAF World Indoor Championships in 2004. As East Coast Coordinator for Level 1 he directs a dozen or more Level 1 Schools annually having helped educate over 2000 coaches. In 2012 Andrew launched the Running Summit—an endurance oriented seminar series featuring the sport's best coaches. Andrew currently coaches a wide variety of athletes in the Raleigh-Durham area including Karjuan Williams who finished 5th in the USATF Outdoor 800m Championships in 2010. Additionally he coaches athletes

across the nation from high school age to grand master through his online coaching site AAEliteCoaching.com. His daughter Kathleen, 12 years old, qualified and competed in the USATF National Junior Olympics in the 800, 4 x 400 and cross country in 2012.

Glenn McAtee

Glenn McAtee is beginning his 3rd year as the Boys Track and Field/Cross Country Coach at JL Mann High School in Greenville, South Carolina. This marks a return to high school and club level coaching for McAtee, who was a collegiate assistant coach for 10 years, first at Cal State Northridge (1998-2002) and then Clemson University (2002-2008). Prior to his stint in the college ranks, McAtee coached high school and club track and field in his native Canada starting in 1988. This included roles at St. Thomas More Collegiate (Burnaby, BC), South Fraser Track and Field Club (Surrey, BC), Kamloops Track and Field Club (Kamloops, BC) and at Airport High School (Lexington, SC). McAtee is a product of the USATF Coaching Education system, having completed requirements for Level 2 in the Jumps and Level 3 in the throws. Since 2005, McAtee has taught at 35 Level I Schools. This Youth Level 2 will be McAtee's 9th time as an instructor at Level 2.

Ian Dube

For the last 24 years, Ian Dube has coached athletes at all levels. He has been very active as a youth coach and in 2011 at Georgia State University under Dube's leadership, junior Angelia Nugent won both the long and triple jump titles at the CAA Championships, and advanced to the NCAA National Championships in the triple jump after placing seventh in the event at the NCAA East Regional. Dube also helped coach women's basketball player Chan Harris to an all-CAA performance in the high jump at the 2009 CAA Championships in her first year with the team. In 2004, Coach Dube's second year at Georgia State University, he guided Kristen Pace to a school record in the women's high jump, an appearance in the Indoor and Outdoor NCAA championships culminating with an appearance in the 2004 Olympic Trials. Coach Dube's reach goes far beyond his coaching duties, as he is an active member of his local USATF association where he holds the position of President. His duties for the local association include fund raising and corporate partnerships.

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