

**2018 USATF Masters Outdoor Track & Field Championship - 7/26/18 to 7/29/18**

**Eastern Washington University - Cheney, WA**

Thursday Track		Round	Thursday Field		Round
8:00 AM	W60-84 5000 Meter Run	Finals	8:00 AM	M55 Shot Put	Finals
8:00 AM	M70-99 5000 Meter Run	Finals	8:00 AM	W65-74 Hammer	Finals
9:00 AM	W30-59 5000 Meter Run	Finals	9:00 AM	W65-74 Weight	Finals
10:00 AM	M55-69 5000 Meter Run	Finals	9:00 AM	M50 Shot Put	Finals
10:45 AM	M30-54 5000 Meter Run	Finals	10:00 AM	M65 Shot Put	Finals
11:30 AM	W70-84 800 Meter Run	Finals	10:00 AM	W75-94 Hammer	Finals
11:40 AM	W60-69 800 Meter Run	Finals	10:45 AM	W75-94 Weight	Finals
11:50 AM	W55 800 Meter Run	Finals	11:00 AM	M60 Shot Put	Finals
12:00 PM	W50 800 Meter Run	Finals	12:00 PM	M70-79 Shot Put	Finals
12:10 PM	W30-49 800 Meter Run	Finals	12:00 PM	W60 Hammer	Finals
12:20 PM	M80-104 800 Meter Run	Finals	12:45 PM	W60 Weight	Finals
12:30 PM	M75 800 Meter Run	Finals	1:00 PM	M80-94 Shot Put	Finals
12:40 PM	M70 800 Meter Run	Finals	1:30 PM	W30-59 Hammer	Finals
12:50 PM	M65 800 Meter Run	Finals	2:00 PM	M30-49 Shot Put	Finals
1:00 PM	M60 800 Meter Run	Finals	2:30 PM	W35-59 Weight	Finals
1:10 PM	M55 800 Meter Run	Finals			
1:20 PM	M50 800 Meter Run	Finals			
1:30 PM	M40-49 800 Meter Run	Finals			
1:40 PM	M30-39 800 Meter Run	Finals			
2:10 PM	W60 400 Meter Dash	Prelims			
2:20 PM	W55 400 Meter Dash	Prelims			
2:30 PM	W50 400 Meter Dash	Prelims			
2:40 PM	M70 400 Meter Dash	Prelims			
2:50 PM	M65 400 Meter Dash	Prelims			
3:00 PM	M60 400 Meter Dash	Prelims			
3:10 PM	M55 400 Meter Dash	Prelims			
3:20 PM	M50 400 Meter Dash	Prelims			

Thursday Pentathlon		Round
8:00 AM	Pentathlon: #1 W60-79 80 Short Hurdles	Finals
8:00 AM	Pentathlon: #1 M70-94 Long Jump	Finals
9:00 AM	Pentathlon: #1 M60-69 Long Jump	Finals
9:45 AM	Pentathlon: #1 W35-59 80 Short Hurdles	Finals
10:00 AM	Pentathlon: #1 M50-59 Long Jump	Finals
12:15 PM	Pentathlon: #1 M30-49 Long Jump	Finals

Friday Track		Round	Friday Field		Round
8:00 AM	M80-89 5000 Meter Race Walk	Finals	8:30 AM	M75-94 Triple Jump	Finals
8:00 AM	W40-79 5000 Meter Race Walk	Finals	8:30 AM	M55 Hammer	Finals
9:00 AM	M35-79 5000 Meter Race Walk	Finals	8:45 AM	W30-49 Discus	Finals
10:00 AM	M65 100 Short Hurdles 33"	Prelims	9:15 AM	M80-94 Javelin	Finals
10:15 AM	W80 400 Meter Dash	Finals	9:30 AM	M70 Triple Jump	Finals
10:19 AM	W75 400 Meter Dash	Finals	9:30 AM	M55 Weight	Finals
10:22 AM	W65-74 400 Meter Dash	Finals	9:45 AM	M75-94 High Jump	Finals
10:25 AM	W60 400 Meter Dash	Finals	9:45 AM	W50-59 Discus	Finals
10:29 AM	W55 400 Meter Dash	Finals	10:15 AM	M30-59 Pole Vault	Finals
10:33 AM	W50 400 Meter Dash	Finals	10:15 AM	M70-79 Javelin	Finals
10:37 AM	W30-49 400 Meter Dash	Finals	10:30 AM	M60-69 Triple Jump	Finals
10:41 AM	M85-104 400 Meter Dash	Finals	10:30 AM	M50 Hammer	Finals
10:45 AM	M80 400 Meter Dash	Finals	10:45 AM	W60 Discus	Finals
10:48 AM	M75 400 Meter Dash	Finals	11:30 AM	W30-44 Long Jump	Finals
10:51 AM	M70 400 Meter Dash	Finals	11:30 AM	W65-74 Discus	Finals
10:55 AM	M65 400 Meter Dash	Finals	11:30 AM	M65 Javelin	Finals
10:59 AM	M60 400 Meter Dash	Finals	11:30 AM	M50 Weight	Finals
11:03 AM	M55 400 Meter Dash	Finals	11:45 AM	M70 High Jump	Finals
11:07 AM	M50 400 Meter Dash	Finals	12:30 PM	W45-54 Long Jump	Finals
11:11 AM	M45 400 Meter Dash	Finals	12:30 PM	M60 Javelin	Finals
11:15 AM	M40 400 Meter Dash	Finals	12:30 PM	M30-49 Hammer	Finals
11:18 AM	M35 400 Meter Dash	Finals	12:45 PM	W75-94 Discus	Finals
11:21 AM	M30 400 Meter Dash	Finals	1:30 PM	W55-64 Long Jump	Finals
11:30 AM	W65-84 80 Short Hurdles 27"	Finals	1:30 PM	M30-49 Weight	Finals
11:35 AM	W60 80 Short Hurdles 27"	Finals	2:00 PM	M60-69 High Jump	Finals
11:40 AM	M80-94 80 Short Hurdles 27"	Finals	2:45 PM	W65-94 Long Jump	Finals
11:50 AM	M75 80 Short Hurdles 30"	Finals			
11:55 AM	M70 80 Short Hurdles 30"	Finals			
12:00 PM	W55 80 Short Hurdles 30"	Finals			
12:05 PM	W50 80 Short Hurdles 30"	Finals			
12:15 PM	W40-49 80 Short Hurdles 30"	Finals			
12:25 PM	M65 100 Short Hurdles 33"	Finals			
12:30 PM	M60 100 Short Hurdles 33"	Finals			
12:40 PM	W30-39 100 Short Hurdles 33"	Finals			
12:50 PM	M55 100 Short Hurdles 36"	Finals			
12:55 PM	M50 100 Short Hurdles 36"	Finals			
1:05 PM	M30-49 110 Short Hurdles 39"	Finals			
1:30 PM	W30-84 2000 Meter Steeplechase	Finals			
1:45 PM	M70-94 2000 Meter Steeplechase	Finals			
2:00 PM	M60-69 2000 Meter Steeplechase	Finals			
2:20 PM	M50-59 3000 Meter Steeplechase	Finals			
2:40 PM	M30-49 3000 Meter Steeplechase	Finals			
3:00 PM	W55 100 Meter Dash	Prelims			
3:03 PM	W50 100 Meter Dash	Prelims			
3:10 PM	M70 100 Meter Dash	Prelims			
3:15 PM	M65 100 Meter Dash	Prelims			

<b>Friday Track</b>	<b>Round</b>
3:21 PM M60 100 Meter Dash	Prelims
3:27 PM M55 100 Meter Dash	Prelims
3:33 PM M50 100 Meter Dash	Prelims
3:40 PM M45 100 Meter Dash	Prelims
3:45 PM M40 100 Meter Dash	Prelims
4:00 PM W30-59 Meter Shuttle Hurdle Non-Club	Finals
4:00 PM M50-69 Meter Shuttle Hurdle Club	Finals
4:00 PM M30-49 Meter Shuttle Hurdle Non-Club	Finals

Saturday Track		Round	Saturday Field		Round
8:00 AM	W30-64 10000 Meter Run	Finals	8:30 AM	M55 Long Jump	Finals
8:00 AM	M65-99 10000 Meter Run	Finals	8:30 AM	M30-49 Discus	Finals
9:15 AM	M35-64 10000 Meter Run	Finals	8:30 AM	M80-94 Hammer	Finals
10:15 AM	W85 100 Meter Dash	Finals	8:30 AM	W75-94 Javelin	Finals
10:19 AM	W80 100 Meter Dash	Finals	9:00 AM	W50-64 Triple Jump	Finals
10:23 AM	W75 100 Meter Dash	Finals	9:00 AM	W60-84 High Jump	Finals
10:27 AM	W70 100 Meter Dash	Finals	9:15 AM	M80-94 Weight	Finals
10:31 AM	W65 100 Meter Dash	Finals	9:30 AM	M50 Long Jump	Finals
10:35 AM	W60 100 Meter Dash	Finals	9:45 AM	M50 Discus	Finals
10:39 AM	W55 100 Meter Dash	Finals	9:45 AM	W65-74 Javelin	Finals
10:43 AM	W50 100 Meter Dash	Finals	10:15 AM	W30-49 Triple Jump	Finals
10:47 AM	W45 100 Meter Dash	Finals	10:15 AM	M70-99 Pole Vault	Finals
10:51 AM	W40 100 Meter Dash	Finals	10:15 AM	M70-79 Hammer	Finals
10:55 AM	W35 100 Meter Dash	Finals	10:30 AM	M45 Long Jump	Finals
10:59 AM	W30 100 Meter Dash	Finals	10:45 AM	W60 Javelin	Finals
11:03 AM	M85-104 100 Meter Dash	Finals	11:00 AM	M55 Discus	Finals
11:07 AM	M80 100 Meter Dash	Finals	11:15 AM	M70-79 Weight	Finals
11:11 AM	M75 100 Meter Dash	Finals	11:30 AM	M40 Long Jump	Finals
11:15 AM	M70 100 Meter Dash	Finals	11:30 AM	W65-94 Triple Jump	Finals
11:19 AM	M65 100 Meter Dash	Finals	11:30 AM	W30-59 High Jump	Finals
11:23 AM	M60 100 Meter Dash	Finals	12:00 PM	W50-59 Javelin	Finals
11:27 AM	M55 100 Meter Dash	Finals	12:30 PM	M60-69 Hammer	Finals
11:31 AM	M50 100 Meter Dash	Finals	12:30 PM	M30-39 Long Jump	Finals
11:35 AM	M45 100 Meter Dash	Finals	12:45 PM	M60-69 Pole Vault	Finals
11:39 AM	M40 100 Meter Dash	Finals	1:00 PM	W30-49 Javelin	Finals
11:43 AM	M35 100 Meter Dash	Finals	1:45 PM	M60-69 Weight	Finals
11:47 AM	M30 100 Meter Dash	Finals			
12:00 PM	W30-89 4x800 Meter Relay CLUB	Finals			
12:00 PM	W30-89 4x800 Meter Relay Non Club	Finals			
12:20 PM	M30-89 4x800 Meter Relay CLUB	Finals			
12:20 PM	M30-89 4x800 Meter Relay Non Club	Finals			
1:00 PM	W60 200 Meter Dash	Prelims			
1:06 PM	W55 200 Meter Dash	Prelims			
1:13 PM	W50 200 Meter Dash	Prelims			
1:20 PM	M70 200 Meter Dash	Prelims			
1:27 PM	M65 200 Meter Dash	Prelims			
1:34 PM	M60 200 Meter Dash	Prelims			
1:45 PM	M55 200 Meter Dash	Prelims			
1:52 PM	M50 200 Meter Dash	Prelims			
2:00 PM	M45 200 Meter Dash	Prelims			

Sunday Track		Round	Sunday Road		Round
8:30 AM	W80-94 200 Meter Dash	Finals	6:30 AM	W35-79 10000 Meter Race Walk	Finals
8:34 AM	W75 200 Meter Dash	Finals	6:30 AM	M30-89 10000 Meter Race Walk	Finals
8:38 AM	W70 200 Meter Dash	Finals	<b>Sunday Field</b>		
8:42 AM	W65 200 Meter Dash	Finals			
8:46 AM	W60 200 Meter Dash	Finals	8:00 AM	M70 Discus	Finals
8:50 AM	W55 200 Meter Dash	Finals	8:30 AM	M75-94 Long Jump	Finals
8:54 AM	W50 200 Meter Dash	Finals	8:30 AM	W75-94 Shot Put	Finals
8:58 AM	W40-49 200 Meter Dash	Finals	8:45 AM	M30-49 High Jump	Finals
9:02 AM	W30-39 200 Meter Dash	Finals	9:30 AM	M50-59 Triple Jump	Finals
9:06 AM	M85-104 200 Meter Dash	Finals	9:30 AM	W30-79 Pole Vault	Finals
9:10 AM	M80 200 Meter Dash	Finals	9:30 AM	W65-74 Shot Put	Finals
9:14 AM	M75 200 Meter Dash	Finals	9:30 AM	M65 Discus	Finals
9:18 AM	M70 200 Meter Dash	Finals	9:45 AM	M70 Long Jump	Finals
9:22 AM	M65 200 Meter Dash	Finals	10:30 AM	M60 Discus	Finals
9:26 AM	M60 200 Meter Dash	Finals	10:30 AM	W60 Shot Put	Finals
9:30 AM	M55 200 Meter Dash	Finals	10:45 AM	M65 Long Jump	Finals
9:34 AM	M50 200 Meter Dash	Finals	11:00 AM	M30-49 Triple Jump	Finals
9:38 AM	M45 200 Meter Dash	Finals	11:00 AM	M50-59 High Jump	Finals
9:42 AM	M40 200 Meter Dash	Finals	11:15 AM	W50-59 Shot Put	Finals
9:46 AM	M35 200 Meter Dash	Finals	11:30 AM	M75 Discus	Finals
9:50 AM	M30 200 Meter Dash	Finals	11:45 AM	M50-59 Javelin	Finals
10:00 AM	W60-94 1500 Meter Run	Finals	12:00 PM	M60 Long Jump	Finals
10:10 AM	W50-59 1500 Meter Run	Finals	12:15 PM	M80-94 Discus	Finals
10:20 AM	W30-49 1500 Meter Run	Finals	12:15 PM	W30-49 Shot Put	Finals
10:29 AM	M75-104 1500 Meter Run	Finals	12:45 PM	M30-49 Javelin	Finals
10:40 AM	M70 1500 Meter Run	Finals			
10:50 AM	M65 1500 Meter Run	Finals			
10:59 AM	M60 1500 Meter Run	Finals			
11:08 AM	M55 1500 Meter Run	Finals			
11:17 AM	M50 1500 Meter Run	Finals			
11:26 AM	M30-49 1500 Meter Run	Finals			
11:45 AM	W70-79 200 Long Hurdles 27"	Finals			
11:50 AM	M80-89 200 Long Hurdles 27"	Finals			
12:00 PM	M75 300 Long Hurdles 27"	Finals			
12:05 PM	M70 300 Long Hurdles 27"	Finals			
12:10 PM	W60-69 300 Long Hurdles 27"	Finals			
12:20 PM	M65 300 Long Hurdles 30"	Finals			
12:25 PM	M60 300 Long Hurdles 30"	Finals			
12:30 PM	W55 300 Long Hurdles 30"	Finals			
12:35 PM	W50 300 Long Hurdles 30"	Finals			
12:45 PM	W35-49 400 Long Hurdles 30"	Finals			
12:55 PM	M55 400 Long Hurdles 33"	Finals			
1:00 PM	M50 400 Long Hurdles 33"	Finals			
1:10 PM	M30-49 400 Long Hurdles 36"	Finals			
1:20 PM	W30-89 4x100 Meter Relay CLUB	Finals			
1:25 PM	W30-89 4x100 Meter Relay Non Club	Finals			

Sunday Track	Round
1:30 PM M30-89 4x100 Meter Relay CLUB	Finals
1:40 PM M30-99 4x100 Meter Relay Non Club	Finals
1:45 PM W30-89 4x400 Meter Relay Non Club	Finals
1:50 PM W30-89 4x400 Meter Relay CLUB	Finals
2:00 PM M30-89 4x400 Meter Relay Non Club	Finals
2:10 PM M30-89 4x400 Meter Relay CLUB	Finals