



## ATHLETE MANUAL

### Welcome to the 2018 USATF Junior Outdoor Championships!

USATF and Indiana University, Bloomington, welcome you to the 2018 USATF Junior Outdoor Track & Field Championships. It is our goal to provide each athlete with an athlete-friendly competition experience that is of the highest quality. We wish you the best of luck in your competition!

This handbook will provide you with detailed operational procedures that are necessary for your success at the Championships. Please read all information in your packet carefully so that you will be aware of any changes that may have taken place since you completed your entry application. Athletes should pay special attention to the rolling declaration process, athlete check-in procedures, implement inspection deadlines, and doping control procedures.

For the latest information please visit: [www.USATF.org](http://www.USATF.org)



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### CREDENTIALING

#### **Athlete Credentialing/Packet Pick-Up and Athlete Support Credentials**

Athlete credentials/packet pick-up and Athlete Support Credentials will be located at the North Entrance of the Simon Skjodt Assembly Hall:

1001 E 17<sup>th</sup> St.,  
Bloomington, IN 47408

Hours are as follows:

Wednesday, June 13	12:00 PM – 6:00 PM
Thursday, June 14	9:00 AM – 6:00 PM
Friday, June 15	9:00 AM – 6:00 PM
Saturday, June 16	10:00 AM – 6:00 PM
Sunday, June 17	10:00 AM – 12:00 PM

The Championships are a controlled access event. Admission to all practice, warm-up and competition facilities including the athlete shuttle, athlete lounge and athlete/athlete support seating is by credential only. Athletes must be declared for their event in order to receive a credential. Credentials must be worn for admittance to any area other than public areas.

Athletes must appear as “qualified” or “accepted” and “declared” on the Status of Entries page of the USATF website in order to receive a credential. All athlete support persons must be designated to receive an Athlete Support credential by an athlete who is “qualified” or “accepted,” and “declared” per the status of entries page. In addition, the athlete must have checked in at packet pick-up prior to their support person arriving to receive their credential. This ensures the athlete has made the necessary changes and/or validated the support person they want to receive this credential. Athletes and support persons will be required to show a photo ID to pick up their credentials.

**Please note that all support persons accessing the warm-up area will be required to show a picture ID at the warm up area.**

#### ***Credential and Passes (RC, SP, WP)***

Registered Coach “RC”, Warm-up Pass “WP”, and Stadium Pass “SP” credentials are designed to allow an athlete’s coach and/or personal support access to the warm-up area, athlete seating or practice track for the purpose of preparing for competition. Credentials are non-transferrable and each support person will only be allowed to receive one credential.

- **Individual must be 18 years of age or older to receive a credential.**
- **Individual must be a current (2018) member of USA Track & Field.**
- **Individual receiving the “RC” Registered Coach’s credential must also be a current (2018) member of USA Track & Field’s Coaches Registry Program, which now**

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includes completing the Safe Sport training courses. **\*\*View the Registered Coach section below for more information on the application process.**

- **Individuals receiving the "WP" Warm-Up Pass credential must also be currently listed on USATF's SafeSport list.**

**\*\*View the Warm Up Pass section below for more information on the process for receiving this credential.**

Credentials can be obtained at Credentialing/Packet Pick Up on-site for the following events:

- 2018 USATF Junior Championships (Bloomington, IN)
- 2018 USATF Outdoor Championships (Des Moines, IA)

Athletes will have the following credential options for their support persons:

1. One Complimentary Credential Option (pick one of the following):

- **RC - Registered Coach - coach of record (warm-up area and stadium only)**
- **WP - Warm-up Pass (no stadium access; warm-up area access only)**
- **SP - Stadium Pass (stadium seating access only; no warm-up area access)**

Each participating athlete may request one of the above options for his or her personal support by specifying the name of the individual designated to receive that credential on his or her on-line registration (entry form). *After the on-line Registration closes, USATF will not be accepting any updates for registration via email. Athletes who still need to designate (add/update) coaches/athlete support names for credentials can complete this on-site. There will be a USATF verification station that can validate which credential option the coach/athlete support is eligible for.*

2. Second Credential Option for purchase (pick one of the following):

- **WP - Warm-up Pass (no stadium access; warm-up area access only)**
- **SP - Stadium Pass (stadium seating access only; no warm-up area access)**

**There is a fee for the second credential option, which is in addition to USATF membership fee and/or background screen fees.**

### **Price for 2nd credential:**

2018 USATF Junior Championships (Bloomington, IN):

- \$45 (3 Day Pass)

2018 USATF Outdoor Championships (Des Moines, IA):

- \$80 (4 Day Pass)

Each participating athlete may request one of the above options for his or her personal support by specifying the name of the individual designated to receive that credential on his or her on-line registration (entry form). *After the on-line Registration closes, USATF will not be accepting any updates for registration via email. Athletes who still need to designate (add/update) coaches/athlete support names for credentials can complete this on-site. There will be a USATF*

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verification station that can validate which credential option the coach/athlete support is eligible for.

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### **Credential category details below:**

**Individual must be 18 years of age or older to receive a credential.**

#### **RC - Registered Coach Credential (best option for coach)**

All coaches designated to receive a “RC” credential must be a current (2018) member of USATF and must be a current member of the USATF Coaches Registry, prior to receiving a “RC” credential. Individuals must have completed and been approved (be listed on the USATF Coaches Registry) prior to their arrival in Bloomington, IN and/or Des Moines, IA. Only the individuals specified by participating athletes for this purpose will be allowed to receive an “RC” credential. You will not have the option to sign up for the Coaches Registry on-site to obtain a coach credential. Please view the following link for more details on the USATF Coaches Registry: <http://www.usatf.org/Resources-for---/Coaches.aspx>

#### **WP - Warm-up Pass Credential (best option for personal medical)**

Personal support designated to receive a “WP” must be a current (2018) member of USATF and be currently listed on USATF's SafeSport list. Inclusion on the USATF SafeSport list requires individuals to submit an application at [Coaches.aspx](http://www.usatf.org/Products---Services/Individual-Memberships.aspx). The Coaches Registry will require you to:

1. Be a current USATF member
2. Complete the SafeSport training courses to be SafeSport trained. <https://safesport.org/>
3. Pass the USATF criminal background screen through NCSI at a cost of \$16.

Please renew or sign-up for a membership at the following link: <http://www.usatf.org/Products---Services/Individual-Memberships.aspx>. Only the individuals specified by participating athletes for this purpose will be allowed to receive a “WP” credential. There is no stadium access with this credential.

#### **Stadium Pass Credential (best option for family member or friend)**

Personal support designated to receive a “SP” must be a current (2018) member of USATF. Please renew or sign-up for a membership at the following link: <http://www.usatf.org/Products---Services/Individual-Memberships.aspx>. Only the individuals specified by participating athletes for this purpose will be allowed to receive an “SP” credential. There is no warm-up access with this credential.

Any unauthorized person in possession of a credential and any unauthorized person in a credential-restricted area (the athlete warm-up areas, or other restricted zones) will be immediately escorted from the facility, the credential will be revoked, and the unauthorized person may be subject to discipline.

Credential Terms and Conditions can be found at <https://www.usatf.org/Credentials.aspx>.

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### **Credential distribution process on-site:**

The Championship is a controlled access event. Admission to all practice, warm-up and competition facilities, including the athlete shuttle, athlete lounge and athlete/athlete support seating is by credential only.

Athletes must be declared for their event in order to receive a credential. Credentials must be worn for admittance to any area other than public areas.

- Athletes must appear as “qualified” or “accepted” and “declared” on the “Status of Entries” page of the USATF website in order to receive a credential.
- All athlete support persons must be designated to receive an athlete support credential by an athlete who is “qualified” or “accepted” and “declared” per the “Status of Entries” page.

In addition, the athlete must have checked in at credentialing prior to support person’s arriving to receive their credential. This ensures the athlete has made the necessary changes and/or validated the support person they want to receive this credential. Athletes and support persons will be required to show a photo ID to pick up their credential.

### **DECLARATION INFORMATION**

Once properly entered, all athletes must complete the declaration process during the designated time. This process confirms your intention to complete in the Championships.

Declarations deadlines and fees:

	<u>Fee</u>
On-time (begins): Sunday, 6/10/18 from 12:01AM EST – Monday, 6/11/18 by 11:59PM EST	\$30
<i>Late petition by email ONLY:</i> Tuesday, 6/12/18 from 9:00 AM – 1:00 PM PT	\$80

- Petitions for Late Declarations
- Petitions may be filed by emailing the following information to [Duffy.Mahoney@usatf.org]:
  - Athlete Name
  - Athlete Event(s)
  - Explanation for late declaration
  - Call back number (cell number preferred)
- Athletes submitting a petition for late declaration will be assessed a \$100 late declaration fee. Late declaration fees may be paid by credit card only. "Visa, the only card accepted by USATF."
- Decisions on late declaration petitions will be acted upon by a special committee no later than 5:00 p.m. ET on Tuesday, June 12, 2018.
- Late declaration petition fees are non-refundable regardless of the decision of the committee.



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### LOCAL VOLUNTEER/STAFF/VIP CREDENTIAL PICK-UP

Local volunteer, staff and VIP credential pick-up will be located at Simon Skjodt Assembly Hall.

Credential Hours are as follows:

Wednesday, June 13	12:00 PM – 6:00 PM
Thursday, June 14	9:00 AM – 6:00 PM
Friday, June 15	9:00 AM – 6:00 PM
Saturday, June 16	10:00 AM – 6:00 PM
Sunday, June 17	10:00 AM – 12:00 PM

### ATHLETE MEDICAL

#### **Personal Medical Professionals**

Space will be available and designated in the warm-up area for personal medical professionals who have an Athlete Support – Warm-Up credential. Please confirm the exact location upon arrival. Personal medical professionals must provide their own massage tables and supplies. The individuals should identify themselves to the Meet Medical services staff to avoid confusion and should only treat athletes that they are contracted to provide services for. Additional athlete support (Warm-Up or Stadium) credentials will be available to those designated by an athlete (as further described under Credentials) for purchase at the packet-pickup in at Simon Skjodt Assembly Hall.

### SPECTATOR TICKETS

\*Tickets can be purchased at the entrance of Hayes Track at the Haugh Complex

Ticket Costs:

Day Adult	\$15.00
Day Youth	\$10.00
All Session Adult	\$30.00
All Session Youth	\$20.00

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### ATHLETE PRACTICE FACILITY – Jerry Yeagley Field at Bill Armstrong Stadium \*Directly South of Hayes Track at the Haugh Complex

Jerry Yeagley Field at Bill Armstrong Stadium will be available at the following times on the following days:

WEDNESDAY, JUNE 13TH		
EVENT	START SESSION	END SESSION
Track	12:00pm	6:00pm
Long Jump	12:00pm	3:00pm
High Jump	12:00pm	3:00pm
Javelin Throw	12:00pm	3:00pm
Hammer Throw (Outer Cage Only)	12:00pm	3:00pm
Triple Jump	3:00pm	6:00pm
Pole Vault	3:00pm	6:00pm
Shot Put (North Circle Only)	3:00pm	6:00pm
Discus Throw (Outer and Inner Cages)	3:00pm	6:00pm

  

THURSDAY, JUNE 14TH		
EVENT	START SESSION	END SESSION
Track	9:00am	6:00pm
Long Jump	9:00am	1:30pm
High Jump	9:00am	1:30pm
Javelin Throw	9:00am	1:30pm
Hammer Throw (Outer Cage Only)	9:00am	1:30pm
Triple Jump	1:30pm	6:00pm
Pole Vault	1:30pm	6:00pm
Shot Put (North Circle Only)	1:30pm	6:00pm
Discus Throw (Outer and Inner Cages)	1:30pm	6:00pm

## TRACK EQUIPMENT

### General Equipment

Track equipment will be provided by UCS. This includes all pits, standards, bars and starting blocks.

### Throwing Implements

#### Personal Implements

Athletes will be permitted to use their own implements for competition provided they pass implement inspection. All personal implements should have the name of the athlete on them. All throwing implements must be inspected prior to competition. Personal implements, once approved for competition, lose their identity as privately-owned implements for the duration of the competition and may be used by any competitor. Once implements are checked in they are impounded.

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Athletes may pick up their implements at the Implement Inspection Room about a half hour after the completion of the competition. Implements not picked up by Sunday at 6:30PM will be retained by the LOC. **No modification may be made to any implement during the competition.** Implements that do not comply with certification specifications shall be impounded for the duration of the event. A list of non-certified implements will be available at the Implement Inspection Room as the information becomes available. An implement to be used in more than one event must be picked up and then turned in again.

Equipment bags will be inspected. **Athletes will not be allowed to have any implements in equipment bags taken to the Field of Play.** Any implements will be removed when the athlete first checks-in at the clerking area. Implements may be retrieved after competition is completed. All implements must be marked with the athlete's name.

### **Implement Check-In**

Implements must be presented at the Implement Inspection Room, located in the warm-up area during the following times

- Friday June 24 12:00PM - 8:15PM
- Saturday June 25 11:30AM - 8:00PM
- Sunday June 26 1:45PM - 6:15PM

Implements must be picked up by 5:30PM on Sunday June 17

## ATHLETE INFORMATION

### **Competition Bibs**

**Competition bibs will be available at the Clerk's tent on the athlete's first day of competition.** Bibs may be picked up when entering Athlete Control area at the Clerking area. These bibs must be worn on the front of the uniform during competition. In the pole vault or high jump, the competitors may wear the bib on the back or front only. **Bibs may not be folded or altered in any manner.**

### **Vaulting Pole Storage**

You may drop your poles at the Vaulting Pole Check-In in the Warm-up Area. Athletes will not be permitted to bring vaulting poles directly to the competition site. Please make sure you have your name on your bag when you leave them for storage.

### **Spike Regulations**

Athletes may only use pyramid spikes no longer than 7mm or 1/4" in length on track or 3/8" for javelin and high jump. Spikes will be checked at the initial check-in and those not meeting the regulations must replace prior to entry. **No pin, needle or Christmas tree spikes will be allowed on the competition track.**



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### Warm-Up

Athletes have access to the warm-up area on Friday starting at 10:00AM, Saturday starting at 11:00AM and Sunday starting at 6:00am for race walk athletes and 10:30AM for other athletes. Competing athletes will have their spikes checked at the initial check-in (Clerk's tent).

### Early Check-In

Athletes may check-in with the Clerks up to two hours before their event at the Call Room tent located at the entrance to the track. Once checked in, athletes may go back to warming-up but must return to the Clerk area when the Final Call is made.

### Athlete Check-In (Calls)

All athletes must check-in with the Track Event Clerk or Field Event Clerk in the Call Room tent, located at the entrance to the track, according to the generalized scheduled check-in times listed below. There will be a "First Call", and a "Final Call" made for each event. Athletes are requested to check-in on the First Call but must do by the Final Call or be scratched from that event. Warm-up can continue after First Call check-in. First Call check-in times are as follows:

- **Running Events** at least 60 minutes prior to scheduled start of event
- **Pole Vault** at least 135 minutes prior to scheduled start of event
- **High Jump** at least 105 minutes prior to scheduled start of event
- **Horizontal Jumps** at least 90 minutes prior to scheduled start of event
- **Throws** at least 90 minutes prior to scheduled start of event

### Final Call - Running Events

Track athletes must report to the Track Event Clerk in the Call Room tent **20 minutes prior to the scheduled start of the event**. Athletes will be escorted to the competition venue.

### Final Call - Pole Vault

Pole vault athletes must report to the Field Event Clerk in the Call Room tent **105 minutes prior to the scheduled start of the event**. They will be escorted to the pole vault venue and will have approximately 90 minutes to warm-up in the competition stadium. Pits close approximately five minutes prior to start of event for instructions and introductions. If athletes don't want to be out there that long they can ask to wait until 30 minutes before the start to be escorted out.

### Final Call - High Jump

High jump athletes must report to the Field Event Clerk in the Call Room tent **75 minutes prior to the scheduled start of the event**. High jump athletes will be escorted to the high jump venue and will have approximately 45 minutes to warm-up in the competition stadium. Pits close approximately five minutes prior to start of event for instructions and introductions.

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### **Final Call - Throws**

All throws athletes must report to the Field Event Clerk in the Call Room field **60 minutes prior to the scheduled start of the event**. There will only be one flight of each event; the athletes will be escorted to the competition venue and will have approximately 30 minutes to warm-up. Ring closes approximately five minutes prior to start of event for instructions and introductions. The second flight, if there is one, will continue to warm-up until their Final Call. Then they will be escorted to the venue and have 30 minutes to warm-up before their competition followed by five minutes for instructions and introductions. If there are two flights there will be up to 15 minutes warm-up before finals. If there is only one flight, there will be no warm-up period after the preliminary throws.

### **Final Call – Horizontal Jumps**

All other field event athletes must report to the Field Event Clerk in the Call Room tent **60 minutes prior to the scheduled start of the event**. There will only be one flight of each event. The athletes will be escorted to the competition venue and will have approximately 45 minutes to warm-up in the competition stadium. Pits close approximately five minutes prior to start of event for instructions and introductions.

### **Athlete Exit (Qualifying Rounds)**

After competition, athletes will be escorted off the field of play through the exit just past the finish line. Some athletes may be asked to do an interview with TV or the in-stadium announcer. All athletes will be escorted off the field of play directly into the Mixed Zone. No athlete may leave the field of play except through the designated athlete exit path.

### **Athlete Exit (Finals)**

After competition, the top six athletes will be escorted to the awards stand, remaining athletes will exit through the Mix Zone. Athletes may be asked to be interviewed by in-stadium announcer.

### **Mixed Zone Interview Area**

All athletes must pass through the Mixed Zone, but athletes may choose not to speak to the media in the Mixed Zone. Athletes will be able to retrieve their clothing from the basket crew in the Recovery Tent.

### **Athlete Recovery Area**

Clothing baskets and fluids will be located in this area. Athletes selected for drug testing will sign appropriate paper work and attach to the doping chaperone at this time. All clothing and bags must be taken by the athletes before leaving this area since there is a no return policy. Coaches/ Agents will not have access to the Athlete Recovery Area or the Mixed Zone.

### **Awards Stand**

Top six overall athletes in each event will receive awards at awards stand immediately following their event.

### Team Selection Criteria

Selection Procedures for the 2018 IAAF World U20 Championships which can be found on [usatf.org](http://usatf.org):

#### **Selection Event - 2018 USATF Junior Outdoor Championships** June 15-17, 2018 – Bloomington, IN

The two highest placing finishers in each event at the [2018 USATF Junior Outdoor Track & Field Championships](#), who elect to join the team, thereby select themselves to represent the USA National Team in that event, provided they have met the following criteria:

1. Have met the qualifying standards for the event, as set by the IAAF for the 2018 IAAF World U20 Championships. Please note: Wind-aided marks (those which exceed 2.0 meters per second) in the 100m, 200m, 100m Hurdles, 110m Hurdles, Long Jump, and Triple Jump will not be accepted, and all qualifying standards must have been met during the period October 1, 2017 to the end of the athlete's event at the 2018 USATF Junior Outdoor Track & Field Championships. There will be no chasing of standards after the 2018 USATF Junior Outdoor Championships, in order to qualify for Team USA for the 2018 IAAF World U20 Championships.
2. For the running events of 200m and over, performances achieved on over-sized tracks will not be accepted.
3. Be a citizen of the U.S., including those who hold dual citizenship but who must be eligible to represent the U.S. internationally.
4. Be eligible to represent the USA in all levels of international competition based on the Competition Rules of USATF and the IAAF.
5. Be a USATF member in good standing.
6. Complete and sign any and all applicable USATF National Team documents, including but not limited to the USATF Athlete Statement of Conditions and the USATF Athlete Agreement.
7. Be under the age of 20, but at least 16 years of age on December 31, 2018 (only athletes born in 1999, 2000, 2001, and 2002 can be entered).
8. All performances must be achieved during an official competition listed on an organization's previously published calendar of events and organized in conformity with IAAF or USATF Rules.

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9. All performances must be achieved during competitions organized or sanctioned by the IAAF, its Area Associations or its Member Federations. Thus, results achieved at school competitions must be certified by the Member Federation of the country in which the competition was organized.
10. Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with IAAF Rule 147, performances achieved in events of 5000m and 10,000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. For Race Walks the results will always be accepted.
11. Indoor performances will be accepted provided they meet all criteria above.
12. Athletes must have a valid passport for identification and age verification for the 2018 IAAF World U20 Championships. Athletes **must bring one of the following** to the team sign-up area at the 2018 USATF Junior Outdoor Track & Field Championships:
  - Their passport
  - A photocopy of their passport
  - Proof of their passport being processed
13. Relays - The athletes who finish in 1<sup>st</sup> and 2<sup>nd</sup> place in the 100m and the 200m will automatically be included in the 4x100m Relay Pool. In addition, there will be two other athletes selected by the coaching staff for each relay pool, from among all finishers in events at the 2018 USATF Junior Outdoor Championships. The athletes who finish in 1<sup>st</sup> and 2<sup>nd</sup> place in the 400m and the 400m Hurdles will automatically be included in the 4 x 400m Relay Pool. In addition, there will be two other athletes selected by the coaching staff for each relay pool, from among all finishers in events at the 2018 USATF Junior Outdoor Championships.

### REMOVAL OF ATHLETES

An athlete who is to be nominated to the Team by USATF may be removed as a nominee for any of the following reasons, as determined by USATF: Voluntary withdrawal. Athlete must submit a written letter via e-mail to "Duffy" Mahoney, USATF Chief of Sport Performance [duffy.mahoney@usatf.org]. Injury or illness as certified by a physician (or medical staff) approved by USATF. If an athlete refuses verification of his/her illness or injury by a physician (or medical staff) approved by USATF, his/her injury will be assumed to be disabling and he/she may be removed. Violation of the USATF Athlete Statement of Conditions or USATF Athlete Agreement. Involuntary Withdrawal. An athlete who is named to the team by virtue of an error or oversight (by USATF) may be removed from the team at any time.

### **Tie Breaking**

In the case of a tie in a running event, Rule 167 in the USATF competition rulebook shall be followed:

#### **RULE 167 RUNNING EVENT TIES**

*1. In determining whether there has been a tie for a qualifying position for the next round based on time, the Photo Finish Judge shall consider, within the same race, the competitor's finish place as determined by Rule 163.1, or between different races, the actual time recorded by the competitors to not greater than 0.001 seconds accuracy. Whether by time or finishing place, if it is determined that there has been a tie, the tying competitors shall be placed in the next round if it is practical to do so. If that is not practical, lots shall be drawn to determine who shall be placed in the next round. Where qualifying for the next round is based on place and time, i.e., the first three in each of two heats plus the next two fastest, and there is a tie for the last qualifying position based on place, placing the tied athletes in the next round shall reduce the number of athletes qualifying based on time.*

*2. In case of a tie for any place in any final, including first place, the tie shall remain.*

### **Rule 180 Field Event Ties**

In the case of a tie in a jumping event, the following shall apply:

- A tie in first place shall result in a jump off
- Any tie in a place that is competing for Team Selection shall jump off, but that jump off will not affect final standings
- All other places shall remain tied

In the case of a tie in a Throwing Event or Horizontal Jump event, the following shall apply:

- A tie shall be broken using the Second-Best performance of the competitors; if necessary, the Third-Best performance, etc.
- Any tie in a place that is competing for Team Selection will use the same tie breaker as above.
- If the athletes remain tied after applying the above, then an additional effort will break the tie.
- All other places shall remain tied.

### **Protest Procedures**

Initial protests related to events occurring during the competition should be expressed orally and immediately by the athlete to the head of the event. Subsequently the protest must be formally made in writing, at the Protest Table either by the athlete or an athlete's representative (who has an athlete support credential) on behalf of the athlete. The protest must be completed, signed and submitted at the protest table no later than 30 minutes after the official posting of the results on USATF's website at [www.usatf.org](http://www.usatf.org) and must be accompanied by a \$50.00 cash protest fee. The protest fee is non-refundable unless the decision is reversed. Protest forms will be available at the Protest Table which is located at the southwest corner of the warm-up area (see map). The referee's decision will be posted at the Protest Table and a copy will be made available for the athlete, or athlete's representative, filing the protest as soon as the information is available.

### **Appeal Procedures**

If an athlete or his or her representative (who has an athlete support credential) wishes to appeal the referee's decision, an appeal must be submitted in writing, signed and accompanied by a \$100.00 cash appeal fee at the protest table, immediately and within 30 minutes after the action by the Referee has been officially posted. The appeal fee is non-refundable unless the appeal is upheld. Appeal forms will be available at the Protest Table located at the southwest corner of the warm-up area (see map). An appeal must be filed only by an athlete or an athlete's representative (who has an athlete support credential) on behalf of the athlete. The jury of appeal's decision will be posted at the Protest Table and a copy will be available for the athlete or athlete representative filing the appeal as soon as a decision regarding the appeal is made.

## **DRUG TESTING**

Athletes who participate in the competition are subject to drug testing performed by the U.S. Anti-Doping Agency (USADA) in accordance with the USADA Protocol for Olympic Movement Testing.

Athletes selected for doping control will be asked to sign a consent form when they arrive in the Post Event Area and will be assigned a doping chaperone who will remain with the athlete until they arrive at the Doping Control Center. An athlete has one hour before he/she must report to doping control which is in The Well at the north end of the track. An athlete can ask to have one representative with a Registered Coach, Warm-Up Pass, or Stadium Pass credential to accompany them.

**BE ALERT** - Knowing your rights and responsibilities may save you from making a mistake that could jeopardize your athletic career. The use of ALL dietary supplements is "at the athlete's own risk of committing a doping violation." Please see page 50 of the Guide to Prohibited Substance and Prohibited Methods of Doping (PDF) ([www.usada.org/go/prohibitedguide](http://www.usada.org/go/prohibitedguide)) for additional information on dietary supplements. Check out the Test Alert Card (PDF) ([www.usada.org/go/testalert](http://www.usada.org/go/testalert)) for key details every athlete should know prior to competing.

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**BE AWARE** - Testing may take place at any time or after any round- preliminary, qualifying, or final. USADA typically selects place finishers and random athletes. Athletes have 60 minutes from the time they are notified of being selected for testing to arrive at the Doping Control Station and will be accompanied by a chaperone during that time.

**BE CLEAN** - Checking to see if the medication you take is allowed could be the difference between passing your test and serving a doping ban. A search on USADA's easy-to-use Drug Reference Online ([www.usada.org/dro](http://www.usada.org/dro)) or a quick call to USADA's Drug Reference Line (1-800-233-0393) and following-up with any necessary forms is all it takes to pass with flying colors.

**BE INFORMED** - Watching the USADA's short testing video will familiarize you with the drug testing process ([www.usada.org/what/process/](http://www.usada.org/what/process/)). When making travel arrangements please allow enough time for drug testing at the end of your event. This will include providing a sample and processing paperwork.

The adjudication of anti-doping rule violations or refusals to test will be carried out by USADA. Athletes found to have committed a doping violation will be disciplined according to penalties specified by the World Anti-Doping Code and, if appropriate, applicable IAAF rules. Such penalties may result in a period of ineligibility as well as disqualification from an event.

**BE AWARE. BE INFORMED. BE ALERT. BE CLEAN.**



## TEAM PROCESSING

Team processing location: Gladstein Fieldhouse

The hours of operation will be as follows:

Day	Morning	Evening
Friday, June 15th	-	3:00 PM - 9:00 PM
Saturday, June 16th	-	2:00 PM - 9:30 PM
Sunday, June 17th	10:00 AM - 11:00 AM	4:00 PM - 7:00 PM

The 2018 USATF Junior Championships will serve as the selection event for the 2018 IAAF World U20 Championships. **ALL** athletes are **REQUIRED** to complete team processing in order to be eligible for selection to a 2018 USATF National Team. Those who fail to complete team processing during the timeframes listed below will forfeit their rank for selection to a USATF National Team for the 2018 season.

Athletes should bring the following to team processing:

- Travel and competition plans for the summer
- Cell Phone
- Valid U.S. passport\*
- Necessary information to complete forms (contact information for agents, coaches, etc).

**\*Athletes must have a current passport good for at least six (6) months after the return date from the National Team event.** Further, athletes **MUST** bring their passport or a copy of it when entering the team processing area. If the athlete does not have a valid passport, then the alternate will be offered the position.

*Reminder: without exception, those not completing team processing will not be eligible for selection to the 2018 IAAF World U20 Championships team.*





## ATHLETE MANUAL

### LIVE WEBCAST

The 2018 USATF Junior Outdoor Championships will be webcasted exclusively on USATF.TV.

### IMPORTANT CONTACTS

Jay Arther, Director of Operations, Indiana University: (703) 475-4559

Dan Pung, Game Day Operations and Events Coordinator, Indiana University

Adam Schmenk, Managing Director of Entertainment Properties/Broadcasting: (317) 563-2674

Karl Eagleman, Events Manager: (812) 223-2864

Zack Raubuck, Events Manager: (812) 878-2587

Elizabeth Guarneri, Events Coordinator: (765) 618-5116

Nadeige Bailey, Events Intern: (860) 712-8100

Caleb Hernandez, Events Intern: (317) 938-2624

Kevin Clifford, Events Intern: (516) 492-5359

### LOST & FOUND

Items lost in the stadium area will be taken to the announcer's booth at the Hayes Track at the Haugh Complex.

## APPENDIX A – Competition Schedule

*Times are listed as EST.*

**Final event for decathlon/heptathlon**

**Finals - track**

**Finals - throws or jumps**

DAY ONE -- FRIDAY, JUNE 15TH			
TIME	EVENT	DIVISION	ROUND
12:00pm	100m	Men	Decathlon
12:45pm	Long Jump	Men	Decathlon
1:45pm	Shot Put	Men	Decathlon
<b>2:00pm</b>	<b>Hammer Throw</b>	<b>Men</b>	<b>Final</b>
<b>2:30pm</b>	<b>Javelin Throw</b>	<b>Women</b>	<b>Final</b>
3:15pm	100m Dash	Women	First Round
3:30pm	High Jump	Men	Decathlon
3:40pm	100m Dash	Men	First Round
4:05pm	110m Hurdles	Men	First Round
<b>4:15pm</b>	<b>Pole Vault</b>	<b>Men</b>	<b>Final</b>
<b>4:30pm</b>	<b>Discus Throw</b>	<b>Women</b>	<b>Final</b>
4:30pm	800m	Men	First Round
4:55pm	800m	Women	First Round
<b>5:00pm</b>	<b>Long Jump</b>	<b>Men</b>	<b>Final</b>
5:05pm	400m Dash	Men	Decathlon
5:20pm	400m Hurdles	Women	First Round
5:40pm	400m Hurdles	Men	First Round
6:00pm	1,500m	Men	First Round
6:20pm	1,500m	Women	First Round
<b>6:30pm</b>	<b>Javelin Throw</b>	<b>Men</b>	<b>Final</b>
<b>6:40pm</b>	<b>100m</b>	<b>Women</b>	<b>Final</b>
<b>6:50pm</b>	<b>100m</b>	<b>Men</b>	<b>Final</b>
<b>7:05pm</b>	<b>110m Hurdles</b>	<b>Men</b>	<b>Final</b>
<b>7:20pm</b>	<b>3,000m Steeplechase</b>	<b>Women</b>	<b>Final</b>
<b>7:40pm</b>	<b>5,000m</b>	<b>Men</b>	<b>Final</b>
END OF DAY ONE			

## ATHLETE MANUAL

### DAY TWO -- SATURDAY, JUNE 16TH

TIME	EVENT	DIVISION	ROUND
1:00pm	100m Hurdles	Women	Heptathlon
<b>1:15pm</b>	<b>Shot Put</b>	<b>Men</b>	<b>Final</b>
1:30pm	110m Hurdles	Men	Decathlon
2:00pm	High Jump	Women	Heptathlon
2:30pm	Discus Throw	Men	Decathlon
<b>2:45pm</b>	<b>Long Jump</b>	<b>Women</b>	<b>Final</b>
4:00pm	Shot Put	Women	Heptathlon
4:15pm	Pole Vault	Men	Decathlon
4:45pm	100m Hurdles	Women	First Round
5:10pm	400m	Women	First Round
5:15pm	200m	Women	Heptathlon
<b>5:25pm</b>	<b>Hammer Throw</b>	<b>Women</b>	<b>Final</b>
5:35pm	400m	Men	First Round
<b>6:00pm</b>	<b>400m Hurdles</b>	<b>Women</b>	<b>Final</b>
<b>6:10pm</b>	<b>Triple Jump</b>	<b>Men</b>	<b>Final</b>
<b>6:10pm</b>	<b>400m Hurdles</b>	<b>Men</b>	<b>Final</b>
6:15pm	Javelin Throw "A"	Men	Decathlon
<b>6:20pm</b>	<b>High Jump</b>	<b>Women</b>	<b>Final</b>
<b>6:20pm</b>	<b>800m</b>	<b>Women</b>	<b>Final</b>
<b>6:30pm</b>	<b>800m</b>	<b>Men</b>	<b>Final</b>
6:40pm	200m	Women	First Round
7:05pm	200m	Men	First Round
7:15pm	Javelin Throw "B"	Men	Decathlon
<b>7:50pm</b>	<b>100m Hurdles</b>	<b>Women</b>	<b>Final</b>
<b>8:00pm</b>	<b>5,000m</b>	<b>Women</b>	<b>Final</b>
<b>8:20pm</b>	<b>1,500m</b>	<b>Men</b>	<b>Decathlon</b>
<b>8:30pm</b>	<b>10,000m</b>	<b>Men</b>	<b>Final</b>

END OF DAY TWO

## ATHLETE MANUAL

### DAY THREE -- SUNDAY, JUNE 17TH

TIME	EVENT	DIVISION	ROUND
7:30am	10,000m Race Walk	Men	Final
8:30am	10,000m Race Walk	Women	Final
12:30pm	Long Jump	Women	Heptathlon
1:45pm	Javelin Throw	Women	Heptathlon
2:15pm	Pole Vault	Women	Final
2:45pm	Triple Jump	Women	Final
2:30pm	Discus Throw	Men	Final
2:45pm	High Jump	Men	Final
3:00pm	Shot Put	Women	Final
3:15pm	400m	Women	Final
3:25pm	400m	Men	Final
3:40pm	800m	Women	Heptathlon
3:55pm	1,500m	Women	Final
4:05pm	1,500m	Men	Final
4:15pm	200m	Women	Final
4:25pm	200m	Men	Final
4:35pm	3,000m Steeplechase	Men	Final
4:45pm	3,000m	Women	Final

END OF DAY THREE / END OF MEET

## APPENDIX B – Map of Facilities





# ATHLETE MANUAL

