

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 3 W45 60 Meter Hurdles 30" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Longshore, Kristine	W47	Doylestown, PA	14.54	10

**Event 3 W50 60 Meter Hurdles 30" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Gibson, Dr Koura	W50		10.51	10
2 Robinson, Wanda	W52	Alexandria, VA	10.74	8
3 Evans, Wanda	W50	Washington, DC	12.55	6

**Event 3 W55 60 Meter Hurdles 30" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Fox, Vicki	W56	Huntington, NY	12.86	10

**Event 7 M70 60 Meter Hurdles 30" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Brown, Ty	M70	Washington, DC	9.65	10
2 Rhoad Jr, William	M73		14.43	8
3 Marovich, David	M71	Chalfont, PA	14.73	6

**Event 7 M75 60 Meter Hurdles 30" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Paulen, Robert	M78	Dewey Beach, DE	12.12	10

**Event 1 W30 60 Meter Hurdles 33" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Deshong, Jessica	W30	Newark, DE	10.56	10

**Event 6 M60 60 Meter Hurdles 33" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Tinsman, Thomas	M62	Strongstown, PA	10.95	10
2 Ransom, William	M61	Altoona, PA	11.98	8
3 Mathis, William	M62	Reisterstown, MD	13.14	6

**Event 6 M65 60 Meter Hurdles 33" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Young, Jeff	M66	McLean, VA	12.81	10
2 Frontino, James	M65	Brookville, PA	13.70	8

**Event 4 M55 60 Meter Hurdles 36" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Angier, Barton	M59	Mount Airy, MD	12.11	10
2 Nakazawa, Muraji	M58	Herndon, VA	13.23	8

**Event 2 M35 60 Meter Hurdles 39" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Rollins, Nathan	M35		8.90	10

**Event 2 M40 60 Meter Hurdles 39" Hurdles**

Name	Age	Team	Finals	Points
<b>Finals</b>				
1 Jackson, Michael	M42	Red Lion, PA	9.93	10
2 Ash, David	M44	Haverstraw, NY	11.35	8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 2 M45 60 Meter Hurdles 39" Hurdles****Finals**

1	Guirand, Derek	M47 Narberth, PA	11.27	10
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**Event 21 W55 3000 Meter Race Walk****Finals**

1	Tonsits, Amy	W57 Allentown, PA	20:01.91	10
2	Harvey, Maryann	W58 Farmingdale, NY	26:58.90	8

**Event 21 W60 3000 Meter Race Walk****Finals**

1	Hancock, Elizabeth	W62 Falls Church, VA	25:31.84	10
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**Event 21 W65 3000 Meter Race Walk****Finals**

1	Geer, Panseluta	W68 Hazlet, NJ	20:14.71	10
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**Event 22 M45 3000 Meter Race Walk****Finals**

1	Chasse, Craig	M45 Reston, VA	23:32.58	10
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**Event 22 M50 3000 Meter Race Walk****Finals**

1	Hernandez Palomino, Lubin	M54 Silver Spring, MD	17:16.01	10
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**Event 22 M55 3000 Meter Race Walk****Finals**

1	Chelius, Timothy	M58 Northfield, NJ	19:15.87	10
2	Arcand Jr, Albert	M59 Woodbridge, VA	20:45.91	8

**Event 22 M60 3000 Meter Race Walk****Finals**

1	Blank, Peter	M60 Annandale, VA	18:50.74	10
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**Event 22 M65 3000 Meter Race Walk****Finals**

1	Morrison, John	M66 Essex, MD	20:10.00	10
2	Augustine, Thomas	M65 Woodbridge, VA	20:21.90	8

**Event 22 M70 3000 Meter Race Walk****Finals**

1	Rubin, Bruce	M71 Lansdale, PA	24:05.40	10
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**Event 22 M75 3000 Meter Race Walk****Finals**

1	Contract, Sheldon	M75 Rockville, MD	21:55.51	10
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**Event 22 M90 3000 Meter Race Walk****Finals**

1	Boyle, Charles	M91 Annapolis, MD	30:22.19	10
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**Event 19 W55 3000 Meter Run****Finals**

1	Mayhugh, Mary Lowe	W58 Washington, DC	12:20.11	10
2	Drain, Ida	W59 Alexandria, VA	13:30.97	8
3	Lein, Karen	W56 Newton Highlands, MA	15:27.17	6

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 19 W75 3000 Meter Run****Finals**

1	Graf, Tami	W78 Lusby, MD	20:17.38	10
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**Event 20 M50 3000 Meter Run****Finals**

1	Poulos, Ted	M53 McLean, VA	10:39.27	10
2	Anhang, George	M51 Washington, DC	10:45.62	8
3	Sullivan, David	M52 Alexandria, VA	11:56.10	6

**Event 20 M55 3000 Meter Run****Finals**

1	Smith, Duncan	M56 Bryn Mawr, PA	12:16.14	10
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**Event 20 M60 3000 Meter Run****Finals**

1	Chantry, Stephen	M60 Williamsburg, VA	10:51.22	10
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**Event 20 M65 3000 Meter Run****Finals**

1	Wind, Jay	M65 Arlington, VA	13:13.37	10
2	Dedrick, Fred	M66 Philadelphia, PA	13:20.69	8

**Event 20 M70 3000 Meter Run****Finals**

1	Coppens, Louis	M72 Warminster, PA	15:32.21	10
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**Event 20 M75 3000 Meter Run****Finals**

1	Elliott, John	M76 Columbia, MD	15:07.58	10
2	Cordero, Joe	M77 Central Islip, NY	15:50.81	8

**Event 13 W35 400 Meter Dash****Finals**

1	Edwards, Lisa	W36 Bronx, NY	1:04.15	10
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**Event 13 W40 400 Meter Dash****Finals**

1	Cade, Kesha	W40 Sicklerville, NJ	1:12.33	10
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**Event 13 W45 400 Meter Dash****Finals**

1	Roberts, Charmaine	W47 Beltsville, MD	1:02.18	10
2	Harvey, Alisa	W49 Manassas, VA	1:02.21	8

**Event 13 W50 400 Meter Dash****Finals**

1	Matthews, Marguerite	W52 Upper Marlboro, MD	1:19.16	2	10
2	Popovitch, Catherine	W53 West Chester, PA	1:21.66	2	8

**Event 13 W55 400 Meter Dash****Finals**

1	Fox, Vicki	W56 Huntington, NY	1:12.01	2	10
2	Macneal, Alina	W56 Philadelphia, PA	1:15.68	2	8

**2015 Eastern Regional Masters and Open - 3/7/2015**

**PG Sports & Learning Complex**

**Results - Running**

**Event 13 W60 400 Meter Dash**

**Finals**

1	Phillips, Hannah	W62 Alexandria, VA	1:26.60	2	10
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**Event 13 W75 400 Meter Dash**

**Finals**

1	Green, Rose	W76 Upper Marlboro, MD	1:26.27	2	10
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**Event 14 M30 400 Meter Dash**

**Finals**

1	Brown, Michael	M31	51.70		10
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**Event 14 M35 400 Meter Dash**

**Finals**

1	Majeran, Anthony	M38	1:01.00		10
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**Event 14 M40 400 Meter Dash**

**Finals**

1	Alderton, Adam	M40 Alexandria, VA	55.51		10
2	Jackson, Michael	M42 Red Lion, PA	59.26		8

**Event 14 M45 400 Meter Dash**

**Finals**

1	Curtis, John	M49 Abingdon, MD	56.12	2	10
2	Kruelle, Chuck	M47 Downingtown, PA	1:02.34	2	8

**Event 14 M55 400 Meter Dash**

**Finals**

1	Molyneaux, Jerry	M56	58.13	3	10
2	James, Ben	M58 Honeoye Falls, NY	58.28	3	8
3	Friend Sr, Byron	M56 Laurel, DE	1:04.34	3	6
4	Wigglesworth, Henry	M57	1:04.74	3	4
5	Smith, Duncan	M56 Bryn Mawr, PA	1:05.06	3	3

**Event 14 M60 400 Meter Dash**

**Finals**

1	Glaspy, Archie	M60	1:02.30	4	10
2	Bowen, Robert	M62	1:08.26	4	8
3	Baker, Anthony	M61 New York, NY	1:12.53	4	6

**Event 14 M65 400 Meter Dash**

**Finals**

1	Allie, Charles	M67 Pittsburgh, PA	1:02.89	5	10
2	Moon, Richard	M68	1:15.16	5	8
3	Jacobs, Wayne	M66 Glenshaw, PA	1:15.85	5	6
4	Lang, Robert	M65 Kensington, MD	1:22.56	5	4

**Event 14 M70 400 Meter Dash**

**Finals**

1	Boyer Jr, Donald	M71	1:31.47	6	10
2	Rhoad Jr, William	M73	1:32.91	6	8
3	Rubin, Bruce	M71 Lansdale, PA	1:46.45	6	6

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 14 M75 400 Meter Dash****Finals**

1	Macdonald, John	M78 Princeton, NJ	1:19.90	6	10
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**Event 14 M80 400 Meter Dash****Finals**

1	Yannakakis, George	M83 Sparks Glencoe, MD	1:56.30	6	10
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**Event 17 W40 1 Mile Run****Finals**

1	Gruendel, Jacqueline	W40 Clifton, VA	5:33.52		10
2	Gregory, Marilyn	W40 Twin Rocks, PA	5:57.46		8
3	Johnson, Tiombe	W40	6:17.75		6

**Event 17 W45 1 Mile Run****Finals**

1	McNichols, Lisa	W47	5:33.80		10
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**Event 17 W55 1 Mile Run****Finals**

1	Mayhugh, Mary Lowe	W58 Washington, DC	6:17.82		10
2	Lein, Karen	W56 Newton Highlands, MA	7:52.49		8

**Event 18 M30 1 Mile Run****Finals**

1	Trujillo, James	M33 Towanda, PA	5:55.49	2	10
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**Event 18 M35 1 Mile Run****Finals**

1	Walchinsky, Mark	M36 Alexandria, VA	4:53.75	2	10
2	Orland, Uriah	M37 Manassas, VA	5:12.68	2	8

**Event 18 M40 1 Mile Run****Finals**

1	Shadrick, Brian	M42 Ellicott City, MD	4:58.93	2	10
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**Event 18 M45 1 Mile Run****Finals**

1	Mock, Doug	M47 Ellicott City, MD	4:56.08	2	10
2	Chasse, Craig	M45 Reston, VA	5:13.06	2	8
3	Cooper, James	M45 Annapolis, MD	5:14.09	2	6

**Event 18 M50 1 Mile Run****Finals**

1	Northrup Sr, John	M52	5:04.37	2	10
2	Woolley, Lee	M52 Philadelphia, PA	5:15.87	2	8
3	Poulos, Ted	M53 McLean, VA	5:25.52	2	6
4	Hardy, Harris	M52 Somerville, MA	5:28.70	2	4
5	Anhang, George	M51 Washington, DC	5:30.52	2	3
6	Velicer, Mark	M50 Harleysville, PA	5:48.02	2	2
7	McLaughlin, Terence	M54 Spotsylvania, VA	5:55.83	2	1

**Event 18 M55 1 Mile Run****Finals**

1	Wigglesworth, Henry	M57	5:10.16		10
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**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Finals ... (Event 18 M55 1 Mile Run)**

2	Anderson, Steven	M58	Arlington, VA	5:30.35		8
3	Peterson, Jeff	M58		5:55.10		6
4	Galgano, Richard	M56	Newton, MA	6:36.23		4

**Event 18 M60 1 Mile Run****Finals**

1	Draim, Bob	M60	Alexandria, VA	6:26.66		10
2	Trujillo, William	M63		6:48.04		8
3	Blank, Peter	M60	Annandale, VA	7:21.65		6

**Event 18 M65 1 Mile Run****Finals**

1	Weiner, Robert	M67	Accokeek, MD	7:47.93		10
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**Event 18 M70 1 Mile Run****Finals**

1	Coppens, Louis	M72	Warminster, PA	7:53.32		10
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**Event 18 M75 1 Mile Run****Finals**

1	Cordero, Joe	M77	Central Islip, NY	7:52.84		10
2	Elliott, John	M76	Columbia, MD	7:56.05		8

**Event 18 M80 1 Mile Run****Finals**

1	Yannakakis, George	M83	Sparks Glencoe, MD	8:37.45		10
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**Event 11 W30 200 Meter Dash****Finals**

1	Deshong, Jessica	W30	Newark, DE	30.51		10
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**Event 11 W35 200 Meter Dash****Finals**

1	Edwards, Lisa	W36	Bronx, NY	27.03		10
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**Event 11 W45 200 Meter Dash****Finals**

1	Longshore, Kristine	W47	Doylestown, PA	41.47		10
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**Event 11 W50 200 Meter Dash****Finals**

1	Triolo, Sandy	W52	Baltimore, MD	29.60	2	10
2	Matthews, Marguerite	W52	Upper Marlboro, MD	32.72	2	8
3	Glowitz Campbell, Gale	W52	Exton, PA	32.78	2	6
4	Meeden, Lisa	W51	Wallingford, PA	34.27	2	4
5	Popovitch, Catherine	W53	West Chester, PA	36.81	2	3

**Event 11 W55 200 Meter Dash****Finals**

1	Fox, Vicki	W56	Huntington, NY	32.15	3	10
2	Macneal, Alina	W56	Philadelphia, PA	34.15	3	8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 11 W60 200 Meter Dash****Finals**

1	Phillips, Hannah	W62 Alexandria, VA	36.83	3	10
2	Eason, Titina	W64 Landover, MD	40.37	3	8

**Event 11 W75 200 Meter Dash****Finals**

1	Green, Rose	W76 Upper Marlboro, MD	37.09	3	10
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**Event 12 M30 200 Meter Dash****Finals**

1	Echols, Antoine	M32 Apg, MD	23.11	11	10
2	Brown, Michael	M31	23.35	11	8

**Event 12 M35 200 Meter Dash****Finals**

1	Powell, Pete-ricardo	M37	27.48	11	10
2	Majeran, Anthony	M38	27.87	11	8
3	Rico, Juan	M38 Chester, PA	33.37	11	6

**Event 12 M40 200 Meter Dash****Finals**

1	Alderton, Adam	M40 Alexandria, VA	24.85	10	10
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**Event 12 M45 200 Meter Dash****Finals**

1	Curtis, John	M49 Abingdon, MD	24.60	10	10
2	Jackson Sr, Lionel	M49	26.28	9	8
3	Gaskin Sr, Derek	M49	28.44	9	6
4	Grier, Jeffrey	M48 Philadelphia, PA	29.40	9	4

**Event 12 M50 200 Meter Dash****Finals**

1	Hooker, Lonnie	M52	24.36	8	10
2	McGee, Don	M54	25.28	8	8
3	Harrison Sr, Adrian	M53	26.16	8	6
4	Rogers, Walter	M50	27.70	8	4

**Event 12 M55 200 Meter Dash****Finals**

1	Fulton Sr, Tony	M56	26.90	7	10
2	Friend Sr, Byron	M56 Laurel, DE	28.31	7	8
3	Smith, Duncan	M56 Bryn Mawr, PA	29.11	7	6

**Event 12 M60 200 Meter Dash****Finals**

1	Peyton, Oscar	M62 Accokeek, MD	25.81	6	10
2	Glaspy, Archie	M60	26.98	6	8
3	Graham, Phil	M60 Willow Street, PA	29.69	6	6
4	Conti, William	M61	32.50	6	4

**Event 12 M65 200 Meter Dash****Finals**

1	Allie, Charles	M67 Pittsburgh, PA	26.40	5	10
2	Acolatse, Joachim	M67 Philadelphia, PA	30.39	5	8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Finals ... (Event 12 M65 200 Meter Dash)**

3	Frontino, James	M65 Brookville, PA	31.45	4	6
4	Etter, James	M68	31.52	4	4
5	Lang, Robert	M65 Kensington, MD	36.05	4	3

**Event 12 M70 200 Meter Dash****Finals**

1	Johnson, Joseph	M70	31.25	3	10
2	Stellato, Domenic	M71 Doylestown, PA	32.27	2	8
3	Durante, Daniel	M71	33.14	3	6
4	Ellerbe, Crawford	M74	34.97	2	4
5	Rhoad Jr, William	M73	36.21	3	3

**Event 12 M75 200 Meter Dash****Finals**

1	Colbert, Larry	M78 Bowie, MD	32.68		10
2	Macdonald, John	M78 Princeton, NJ	34.83		8
3	Jackson Sr, Norman	M77 Springfield, VA	41.39		6

**Event 15 W40 800 Meter Run****Finals**

1	Gruendel, Jacqueline	W40 Clifton, VA	2:34.59		10
2	Gregory, Marilyn	W40 Twin Rocks, PA	2:49.14		8
3	Cade, Keshia	W40 Sicklerville, NJ	2:59.09		6

**Event 15 W45 800 Meter Run****Finals**

1	Harvey, Alisa	W49 Manassas, VA	2:23.95		10
---	Roberts, Charmaine	W47 Beltsville, MD	DNF		

**Event 15 W55 800 Meter Run****Finals**

1	Hayden, Julie	W55 Ashburn, VA	2:36.53		10
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**Event 15 W75 800 Meter Run****Finals**

1	Graf, Tami	W78 Lusby, MD	4:39.12		10
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**Event 16 M30 800 Meter Run****Finals**

1	Ianos, Daniel	M30 Washington, DC	2:05.63	3	10
2	Brown, Michael	M31	2:14.47	3	8

**Event 16 M40 800 Meter Run****Finals**

1	Jackson, Michael	M42 Red Lion, PA	2:25.66	3	10
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**Event 16 M45 800 Meter Run****Finals**

1	Berra, Nicholas	M46 Enola, PA	2:02.19	3	10
2	Kruelle, Chuck	M47 Downingtown, PA	2:25.76	3	8

**Event 16 M50 800 Meter Run****Finals**

1	Northrup Sr, John	M52	2:18.23	3	10
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**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Finals ... (Event 16 M50 800 Meter Run)**

2	Montgomery, Ed	M51	Midlothian, VA	2:28.00	3	8
3	Sullivan, David	M52	Alexandria, VA	2:32.62	3	6

**Event 16 M55 800 Meter Run****Finals**

1	Cawley, Thomas	M55	Hazlet, NJ	2:12.31	2	10
2	Fannon, Dan	M57	Willow Grove, PA	2:32.73	2	8
3	Davis, Curtis	M57		2:35.52	2	6
4	Smith, Duncan	M56	Bryn Mawr, PA	2:54.37	2	4

**Event 16 M60 800 Meter Run****Finals**

1	Chantry, Stephen	M60	Williamsburg, VA	2:30.22	2	10
2	Haywood, George	M62	Washington, DC	2:32.18	2	8
3	Rossiter, Spider	M63	Washington, DC	2:32.80	2	6

**Event 16 M65 800 Meter Run****Finals**

1	Jacobs, Wayne	M66	Glenshaw, PA	3:00.94		10
2	Dedrick, Fred	M66	Philadelphia, PA	3:04.51		8
3	Weiner, Robert	M67	Accokeek, MD	3:28.99		6
---	Moon, Richard	M68		DNF		

**Event 16 M70 800 Meter Run****Finals**

1	Brittain, John	M70	Alexandria, VA	2:49.54		10
2	Coppens, Louis	M72	Warminster, PA	3:38.31		8
3	Rubin, Bruce	M71	Lansdale, PA	4:21.74		6

**Event 16 M75 800 Meter Run****Finals**

1	Cordero, Joe	M77	Central Islip, NY	3:47.56		10
2	Elliott, John	M76	Columbia, MD	3:51.92		8

**Event 9 W30 60 Meter Dash****Finals**

1	Deshong, Jessica	W30	Newark, DE	9.15		10
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**Event 9 W40 60 Meter Dash****Finals**

1	Gregory, Marilyn	W40	Twin Rocks, PA	9.59		10
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**Event 9 W45 60 Meter Dash****Finals**

1	Battle, Tracey	W47	Silver Spring, MD	8.82		10
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**Event 9 W50 60 Meter Dash****Finals**

1	Triolo, Sandy	W52	Baltimore, MD	8.65	2	10
2	Robinson, Wanda	W52	Alexandria, VA	8.99	2	8
3	Gibson, Dr Koura	W50		9.34	2	6
4	Glowitz Campbell, Gale	W52	Exton, PA	9.61	2	4
5	Meeden, Lisa	W51	Wallingford, PA	10.07	2	3

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Finals ... (Event 9 W50 60 Meter Dash)**

6	Popovitch, Catherine	W53 West Chester, PA	11.22	2	2
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**Event 9 W55 60 Meter Dash****Finals**

1	Fox, Vicki	W56 Huntington, NY	9.86	3	10
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**Event 9 W60 60 Meter Dash****Finals**

1	Eason, Titina	W64 Landover, MD	11.32	3	10
2	Hancock, Elizabeth	W62 Falls Church, VA	15.62	3	8

**Event 9 W70 60 Meter Dash****Finals**

1	Davis, Brenda	W73	15.83	3	10
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**Event 9 W75 60 Meter Dash****Finals**

1	Green, Rose	W76 Upper Marlboro, MD	10.50	3	10
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**Event 10 M30 60 Meter Dash****Finals**

1	Echols, Antoine	M32 Apg, MD	7.01	9	10
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**Event 10 M35 60 Meter Dash****Finals**

1	Ridley, Babatunde	M36	7.00	9	10
2	Rico, Juan	M38 Chester, PA	9.74	9	8

**Event 10 M40 60 Meter Dash****Finals**

1	Ash, David	M44 Haverstraw, NY	8.99	9	10
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**Event 10 M45 60 Meter Dash****Finals**

1	Jackson Sr, Lionel	M49	7.87	8	10
2	Davis, Don	M48 Potomac, MD	7.89	7	8
3	Onyenyeonwu, George	M48 JB Andrews, MD	7.92	8	6
4	O'Neill, Ross	M45 Mapleshade, NJ	8.19	7	4
5	Gaskin Sr, Derek	M49	8.44	7	10
6	Grier, Jeffrey	M48 Philadelphia, PA	8.53	7	3
7	Nair, Ram	M47	8.85	8	2
8	Guirand, Derek	M47 Narberth, PA	9.78	7	1

**Event 10 M50 60 Meter Dash****Finals**

1	Hooker, Lonnie	M52	7.30	6	10
2	McGee, Don	M54	7.63	6	8
3	Harrison Sr, Adrian	M53	7.92	6	6
4	Rogers, Walter	M50	8.29	6	4

**Event 10 M55 60 Meter Dash****Finals**

1	Humphrey, Ronald	M56	8.06	5	10
2	Smith, Duncan	M56 Bryn Mawr, PA	9.10	5	8

**2015 Eastern Regional Masters and Open - 3/7/2015**

**PG Sports & Learning Complex**

**Results - Running**

**Finals ... (Event 10 M55 60 Meter Dash)**

3	Fulton Sr, Tony	M56	9.69	5	6
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**Event 10 M60 60 Meter Dash**

**Finals**

1	Peyton, Oscar	M62 Accokeek, MD	7.81	4	10
2	Graham, Phil	M60 Willow Street, PA	8.51	4	8
3	Bowen, Robert	M62	8.56	4	6
4	Charles, Roosevelt	M60	8.76	4	4
5	Tinsman, Thomas	M62 Strongstown, PA	9.28	4	3
6	Conti, William	M61	9.75	4	2
7	Lacy, Mark	M60	10.08	4	1

**Event 10 M65 60 Meter Dash**

**Finals**

1	Allie, Charles	M67 Pittsburgh, PA	8.25	3	10
2	Acolatse, Joachim	M67 Philadelphia, PA	9.07	3	8
3	Frontino, James	M65 Brookville, PA	9.48	3	6
4	Etter, James	M68	9.51	3	4
5	Lang, Robert	M65 Kensington, MD	10.61	3	3

**Event 10 M70 60 Meter Dash**

**Finals**

1	Brown, Ty	M70 Washington, DC	8.39	2	10
2	Johnson, Joseph	M70	8.79	2	8
3	Stellato, Domenic	M71 Doylestown, PA	9.49	2	6
4	Ellerbe, Crawford	M74	9.69	2	4
5	Rhoad Jr, William	M73	10.49	2	3

**Event 10 M75 60 Meter Dash**

**Finals**

1	Colbert, Larry	M78 Bowie, MD	10.04	1	10
2	Jackson Sr, Norman	M77 Springfield, VA	11.93	1	8
---	Boykin, John	M75	DNF	8	

**Event 23 W50-59 4x200 Meter Relay**

**Finals**

1	Philadelphia Masters	A	2:15.33	10
	1) Meeden, Lisa 51	2) Griffin, Jean 59	3) Macneal, Alina 56	4) Glowitz Campbell, Gale 52

**Event 24 M40-49 4x200 Meter Relay**

**Finals**

1	Greater Philadelphia TC	A	1:52.79	10
	1) Kruelle, Chuck 47	2) Smith, Duncan 56	3) Dedrick, Fred 66	4) Guirand, Derek 47
2	Philadelphia Masters	A	2:02.95	8
	1) Grier, Jeffrey 48	2) Graham, Phil 60	3) Fannon, Dan 57	4) Acolatse, Joachim 67

**Event 24 M50-59 4x200 Meter Relay**

**Finals**

1	Tnt International Racing Club	A	2:07.89	10
	1) Frontino, James 65	2) Friend Sr, Byron 56	3) Ransom, William 61	4) Tinsman, Thomas 62

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 24 M70-79 4x200 Meter Relay****Finals**

1 Philadelphia Masters	A	2:35.15	10
1) Stellato, Domenic 71	2) Marovich, David 71	3) Rubin, Bruce 71	4) Morgan, Curtis 72

**Event 25 W50-59 4x400 Meter Relay****Finals**

1 Philadelphia Masters	A	5:47.18	10
1) Griffin, Jean 59	2) Meeden, Lisa 51	3) Popovitch, Catherine 53	4) Macneal, Alina 56

**Event 26 M40-49 4x400 Meter Relay****Finals**

1 Tnt International Racing Club	A	4:09.34	10
1) Jackson, Michael 42	2) Lanier, Kareem 42	3) Lanier, Kyle 42	4) Friend Sr, Byron 56
2 Potomac Valley Track Club	A	4:44.13	8
	2) Cooper, James 45	3) Chasse, Craig 45	4) Sullivan, David 52

**Event 26 M50-59 4x400 Meter Relay****Finals**

1 Philadelphia Masters	A	5:53.85	10
1) Velicer, Mark 50	2) Fannon, Dan 57	3) Rubin, Bruce 71	4) Graham, Phil 60

**Event 26 M70-79 4x400 Meter Relay****Finals**

1 Philadelphia Masters	A	7:01.01	10
1) Stellato, Domenic 71	2) Marovich, David 71	3) Coppens, Louis 72	4) Morgan, Curtis 72

**Event 27 W40 Super Weight****Finals**

1 Coleman, Marilyn	W40 Franklin Park, NJ	7.97m	10
2 Stephens, Jennifer	W43 Fairfax, VA	4.88m	8

**Event 27 W45 Super Weight****Finals**

1 Longshore, Kristine	W47 Doylestown, PA	3.58m	10
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**Event 27 W50 Super Weight****Finals**

1 Wilkins, Mary	W54	5.99m	10
2 Scanlon, Heather	W52 Flourtown, PA	5.66m	8

**Event 27 W55 Super Weight****Finals**

1 Barrett, Donna	W58 Cheltenham, MD	6.85m	10
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**Event 27 W65 Super Weight****Finals**

1 Abdullah, Wahidah	W67 Capitol Heights, MD	4.95m	10
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**Event 27 W80 Super Weight****Finals**

1 Krug, Gloria	W83 New Oxford, PA	5.78m	10
2 Good, Sharon	W82 Silver Spring, MD	3.61m	8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 28 M19-29 Super Weight****Finals**

1	Harrington, Than	M24 Mechanicsburg, PA	8.58m		10
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**Event 28 M35 Super Weight****Finals**

1	Welch, Sekenia	M39 Manassas, VA	6.85m		10
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**Event 28 M40 Super Weight****Finals**

1	Ash, David	M44 Haverstraw, NY	5.17m		10
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**Event 28 M45 Super Weight****Finals**

1	Toland, Patrick	M48 Shrewsbury, NJ	8.83m		10
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**Event 28 M50 Super Weight****Finals**

1	Robinson, Shawn	M53 Ellicott City, MD	6.66m		10
2	Seto, John	M52	6.24m		8

**Event 28 M55 Super Weight****Finals**

1	Tozer Jr, Bentz	M55 Enola, PA	5.56m		10
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**Event 37 M60 Super Weight****Finals**

1	Cedrone, Bob	M60 Stoughton, MA	10.38m	2	10
2	Sutton, Gary	M61 Richmond, VA	7.10m	1	8
3	Cyphers, Craig	M64 Exton, PA	6.53m	1	6

**Event 37 M65 Super Weight****Finals**

1	Jordan, Rufus	M65 Smyrna, DE	7.34m	2	10
2	Pearce, James	M69 Columbia, MD	5.08m	1	8
3	Hearn, Edward	M65 Wilmington, NC	4.50m	2	6
4	Bookin-Weiner, Jerry	M68 Columbia, MD	3.59m	2	4

**Event 37 M70 Super Weight****Finals**

1	Cahners, Robert	M72 Naples, FL	9.48m	2	10
2	Marovich, David	M71 Chalfont, PA	7.98m	2	8
3	Donnelly, Edward	M73 Drexel Hill, PA	6.24m	1	6
4	Morgan, Curtis	M72 Falls Church, VA	5.69m	1	4

**Event 37 M80 Super Weight****Finals**

1	Feick, Ray	M83 Gilbertsville, PA	6.30m	2	10
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**Event 38 W40 Weight Throw****Finals**

1	Coleman, Marilyn	W40 Franklin Park, NJ	12.66m		10
2	Stephens, Jennifer	W43 Fairfax, VA	8.82m		8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 38 W45 Weight Throw****Finals**

1	Longshore, Kristine	W47 Doylestown, PA	5.15m	10
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**Event 38 W50 Weight Throw****Finals**

1	Wilkins, Mary	W54	10.52m	10
2	Scanlon, Heather	W52 Flourtown, PA	7.50m	8

**Event 38 W55 Weight Throw****Finals**

1	Barrett, Donna	W58 Cheltenham, MD	11.13m	10
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**Event 38 W65 Weight Throw****Finals**

1	Abdullah, Wahidah	W67 Capitol Heights, MD	8.14m	10
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**Event 38 W80 Weight Throw****Finals**

1	Krug, Gloria	W83 New Oxford, PA	8.20m	10
2	Good, Sharon	W82 Silver Spring, MD	5.23m	8

**Event 36 M19-29 Weight Throw****Finals**

1	Harrington, Than	M24 Mechanicsburg, PA	13.24m	10
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**Event 36 M40 Weight Throw****Finals**

1	Ash, David	M44 Haverstraw, NY	8.48m	10
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**Event 36 M45 Weight Throw****Finals**

1	Toland, Patrick	M48 Shrewsbury, NJ	12.49m	10
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**Event 36 M50 Weight Throw****Finals**

1	Robinson, Shawn	M53 Ellicott City, MD	16.76m	10
2	Seto, John	M52	12.46m	8
3	Keese, Mark	M53 Middletown, DE	7.51m	6

**Event 36 M55 Weight Throw****Finals**

1	Tozer Jr, Bentz	M55 Enola, PA	13.67m	10
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**Event 29 M60 Weight Throw****Finals**

1	Cedrone, Bob	M60 Stoughton, MA	18.01m	10
2	Cyphers, Craig	M64 Exton, PA	14.50m	8
3	Sutton, Gary	M61 Richmond, VA	14.43m	6

**Event 29 M65 Weight Throw****Finals**

1	Jordan, Rufus	M65 Smyrna, DE	13.70m	10
2	Pearce, James	M69 Columbia, MD	10.22m	8
3	Bookin-Weiner, Jerry	M68 Columbia, MD	9.75m	6

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Finals ... (Event 29 M65 Weight Throw)**

4	Hearn, Edward	M65	Wilmington, NC	8.96m	4
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**Event 29 M70 Weight Throw****Finals**

1	Cahners, Robert	M72	Naples, FL	17.92m	10
2	Marovich, David	M71	Chalfont, PA	15.20m	8
3	Donnelly, Edward	M73	Drexel Hill, PA	11.37m	6
4	Morgan, Curtis	M72	Falls Church, VA	11.29m	4

**Event 29 M80 Weight Throw****Finals**

1	Feick, Ray	M83	Gilbertsville, PA	11.90m	10
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**Event 40 W40 Shot Put****Finals**

1	Stephens, Jennifer	W43	Fairfax, VA	8.97m	10
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**Event 40 W45 Shot Put****Finals**

1	Longshore, Kristine	W47	Doylestown, PA	5.74m	10
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**Event 40 W50 Shot Put****Finals**

1	Wilkins, Mary	W54		8.80m	10
2	Scanlon, Heather	W52	Flourtown, PA	7.93m	8

**Event 40 W55 Shot Put****Finals**

1	Barrett, Donna	W58	Cheltenham, MD	9.06m	10
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**Event 40 W65 Shot Put****Finals**

1	Edwards, Sandra	W67		7.21m	10
2	Abdullah, Wahidah	W67	Capitol Heights, MD	5.64m	8

**Event 40 W80 Shot Put****Finals**

1	Krug, Gloria	W83	New Oxford, PA	7.34m	10
2	Good, Sharon	W82	Silver Spring, MD	3.49m	8

**Event 46 M19-29 Shot Put****Finals**

1	Harrington, Than	M24	Mechanicsburg, PA	12.20m	10
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**Event 46 M40 Shot Put****Finals**

1	Snyman, Jacques	M41		13.17m	10
2	Ash, David	M44	Haverstraw, NY	8.01m	8

**Event 46 M45 Shot Put****Finals**

1	Hartnett, Richard	M46	Chicopee, MA	12.40m	10
2	Toland, Patrick	M48	Shrewsbury, NJ	12.00m	8

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 46 M50 Shot Put****Finals**

1	Bechtel, Thomas	M53	10.25m	10
2	Seto, John	M52	10.06m	8
3	Keese, Mark	M53 Middletown, DE	8.71m	6

**Event 46 M55 Shot Put****Finals**

1	Bischof, Ralph	M56	9.91m	10
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**Event 43 M60 Shot Put****Finals**

1	Cedrone, Bob	M60 Stoughton, MA	11.71m	10
2	Kalnas, Michael	M64 Gibbstown, NJ	10.68m	8
3	Tinsman, Thomas	M62 Strongstown, PA	10.62m	6

**Event 43 M65 Shot Put****Finals**

1	Hearn, Edward	M65 Wilmington, NC	12.39m	10
2	Jordan, Rufus	M65 Smyrna, DE	9.90m	8
3	Pearce, James	M69 Columbia, MD	7.57m	6

**Event 41 M70 Shot Put****Finals**

1	Brown, Ty	M70 Washington, DC	11.68m	10
2	Cahners, Robert	M72 Naples, FL	9.82m	8
3	Marovich, David	M71 Chalfont, PA	9.81m	6
4	Morgan, Curtis	M72 Falls Church, VA	7.69m	4

**Event 41 M75 Shot Put****Finals**

1	Boykin, John	M75	10.24m	10
2	Stamm, Bernhard	M75	9.93m	8
3	McCabe, Lee	M75 Ellicott City, MD	9.03m	6
4	Paulen, Robert	M78 Dewey Beach, DE	7.19m	4

**Event 41 M80 Shot Put****Finals**

1	Feick, Ray	M83 Gilbertsville, PA	8.41m	10
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**Event 41 M90 Shot Put****Finals**

1	Whidden, Guy	M91	3.91m	10
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**Event 30 W45 Long Jump****Finals**

1	Battle, Tracey	W47 Silver Spring, MD	4.32m	10
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**Event 30 W50 Long Jump****Finals**

1	Robinson, Wanda	W52 Alexandria, VA	4.04m	10
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**Event 30 W55 Long Jump****Finals**

1	Fox, Vicki	W56 Huntington, NY	3.59m	10
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**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 30 W60 Long Jump****Finals**

1	Phillips, Hannah	W62 Alexandria, VA	2.69m	10
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**Event 30 W80 Long Jump****Finals**

1	Krug, Gloria	W83 New Oxford, PA	1.42m	10
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**Event 31 M35 Long Jump****Finals**

1	Rollins, Nathan	M35	6.38m	10
2	Powell, Pete-ricardo	M37	4.97m	8

**Event 31 M40 Long Jump****Finals**

1	Alderton, Adam	M40 Alexandria, VA	5.60m	10
2	Ash, David	M44 Haverstraw, NY	4.27m	8

**Event 31 M45 Long Jump****Finals**

1	Futa, Philippe	M45 Clifton, VA	5.97m	10
2	Samiec, James	M48 Trappe, MD	4.42m	8
3	Bunch, Milton	M48	4.25m	6
4	Nair, Ram	M47	4.13m	4

**Event 39 M55 Long Jump****Finals**

1	Nakazawa, Muraji	M58 Herndon, VA	3.05m	10
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**Event 42 M60 Long Jump****Finals**

1	Graham, Phil	M60 Willow Street, PA	4.37m	2	10
2	Tinsman, Thomas	M62 Strongstown, PA	4.10m	2	8
3	Ransom, William	M61 Altoona, PA	4.01m	2	6
4	Mathis, William	M62 Reisterstown, MD	3.93m	2	4

**Event 42 M65 Long Jump****Finals**

1	Young, Jeff	M66 McLean, VA	4.13m	2	10
2	Acolatse, Joachim	M67 Philadelphia, PA	3.82m	2	8
3	Etter, James	M68	3.71m	2	6
4	Frontino, James	M65 Brookville, PA	3.31m	2	4

**Event 42 M70 Long Jump****Finals**

1	Brown, Ty	M70 Washington, DC	4.17m	10
2	Morgan, Curtis	M72 Falls Church, VA	3.73m	8
3	Marovich, David	M71 Chalfont, PA	3.10m	6
4	Stellato, Domenic	M71 Doylestown, PA	3.03m	4
5	Rhoad Jr, William	M73	2.50m	3

**Event 42 M75 Long Jump****Finals**

1	Boykin, John	M75	3.54m	10
2	Stamm, Bernhard	M75	3.40m	8

**2015 Eastern Regional Masters and Open - 3/7/2015**

**PG Sports & Learning Complex**

**Results - Running**

**Finals ... (Event 42 M75 Long Jump)**

3 Paulen, Robert M78 Dewey Beach, DE 3.06m 6

**Event 44 W45 Triple Jump**

**Finals**

1 Battle, Tracey W47 Silver Spring, MD 9.27m 10

**Event 44 W50 Triple Jump**

**Finals**

1 Gibson, Dr Koura W50 8.75m 10

**Event 44 W80 Triple Jump**

**Finals**

1 Krug, Gloria W83 New Oxford, PA 3.48m 10

**Event 45 M35 Triple Jump**

**Finals**

1 Baldi, Stephen M39 13.04m 10

**Event 45 M45 Triple Jump**

**Finals**

1 Samiec, James M48 Trappe, MD 8.81m 10

**Event 45 M55 Triple Jump**

**Finals**

1 Battle, Marcus M56 Silver Spring, MD 10.64m 10  
 2 Humphrey, Ronald M56 10.38m 8

**Event 45 M60 Triple Jump**

**Finals**

1 Ransom, William M61 Altoona, PA 8.41m 2 10  
 2 Mathis, William M62 Reisterstown, MD 8.15m 2 8

**Event 45 M70 Triple Jump**

**Finals**

1 Morgan, Curtis M72 Falls Church, VA 8.49m 2 10  
 2 Marovich, David M71 Chalfont, PA 6.32m 2 8  
 3 Rhoad Jr, William M73 5.29m 2 6

**Event 45 M75 Triple Jump**

**Finals**

1 Paulen, Robert M78 Dewey Beach, DE 6.92m 2 10

**Event 32 W40 High Jump**

**Finals**

1 Stephens, Jennifer W43 Fairfax, VA 1.30m 10

**Event 32 W50 High Jump**

**Finals**

1 Evans, Wanda W50 Washington, DC 1.15m 10

**Event 32 W55 High Jump**

**Finals**

1 Fox, Vicki W56 Huntington, NY 1.05m 10

**2015 Eastern Regional Masters and Open - 3/7/2015****PG Sports & Learning Complex****Results - Running****Event 33 M45 High Jump****Finals**

1	Samiec, James	M48 Trappe, MD	1.35m	10
2	Guirand, Derek	M47 Narberth, PA	1.30m	8

**Event 33 M55 High Jump****Finals**

1	McBarnette, Bruce	M57 Potomac Valley Track Club	1.80m	10
2	Robinson, Theodore	M56 Alexandria, VA	1.75m	8
3	Nakazawa, Muraji	M58 Herndon, VA	1.40m	6
4	Angier, Barton	M59 Mount Airy, MD	1.30m	4

**Event 33 M60 High Jump****Finals**

1	Nezet, Gerard	M64	1.45m	10
2	Kopp, Steven	M61 Arlington, VA	1.40m	8
3	Mathis, William	M62 Reisterstown, MD	1.35m	5
3	Graham, Phil	M60 Willow Street, PA	1.35m	5
5	Tinsman, Thomas	M62 Strongstown, PA	1.30m	3

**Event 33 M65 High Jump****Finals**

1	Young, Jeff	M66 McLean, VA	1.30m	10
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**Event 33 M70 High Jump****Finals**

1	Morgan, Curtis	M72 Falls Church, VA	1.40m	10
2	Klehm, Richard	M70	1.25m	8
3	Marovich, David	M71 Chalfont, PA	1.20m	6
4	Rhoad Jr, William	M73	0.95m	4

**Event 33 M75 High Jump****Finals**

1	Stamm, Bernhard	M75	1.35m	10
2	Paulen, Robert	M78 Dewey Beach, DE	1.15m	8

**Event 34 W45 Pole Vault****Finals**

1	Longshore, Kristine	W47 Doylestown, PA	1.52m	10
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**Event 35 M50 Pole Vault****Finals**

1	Kelly, Aaron	M52	2.12m	10
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**Event 35 M55 Pole Vault****Finals**

1	Disse, Robert	M59 Richmond, VA	3.13m	10
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**Event 35 M70 Pole Vault****Finals**

1	Klehm, Richard	M70	2.72m	10
2	Marovich, David	M71 Chalfont, PA	1.52m	8

**2015 Eastern Regional Masters and Open - 3/7/2015**  
**PG Sports & Learning Complex**  
**Results - Running**

**Event 35 M75 Pole Vault**  
**Finals**

1	Paradine, Joseph	M79 Swarthmore, PA	2.27m	10
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