

Dear Coaches and Athletes:

Please review below important information regarding the Club Track & Field Championships. Many areas have been UPDATED, including extensive parking information.

Meet Schedule UPDATE:

Due to reduced field size in the vertical jumps and to make better use of our officials, the **Women's High Jump** and **Men's Pole Vault** will each start one (1) hour earlier than **scheduled at 2 p.m.** We would also like to start the **Men's Shot Put** earlier, since the size of some throwing events is going to possibly result in a direct conflict with the Men's Discus Throw. We have tentatively set that time **as 3 p.m.** We would like to know from anyone out there who will only be doing the Shot Put and can't participate at an earlier hour. Please e-mail your concerns directly to Bill Roe, Games Committee Chair, at tracknet@mac.com.
<http://www.usatf.org/Events---Calendar/2016/USATF-National-Club-Track---Field-Championships/Schedule.aspx>

USATF Profile — Current Address & Citizenship:

As stated in our previous e-mail, your USATF profile must have your current place of residence. Failure to list a valid address on your USATF profile will risk disqualification of the athlete and his or her club. Green Card Holders should email in advance a copy of their green card to devoncoach@gmail.com

Bib Numbers: Athletes can pickup their bib numbers beginning 10am on Saturday at the Tent by the start of the sprint straightaway. Athletes must present one of the following:

- Government Issued ID that matches their current address OR
- Current Non-Expired Student ID if athlete is using their college as their current address

UPDATED: In the event you do not have ID that matches your current residence, athletes can present a lease agreement, phone or utility bill, bank statement, paycheck, tax form or credit card bill (or similar document) that is in your name and with your current place of residence. You will be unable to score for your club without proof of residence.

If your ID and your residence on USATF file are located in the same Association, there is no issue.

Parking Instructions UPDATED INFORMATION:

http://www.thepennrelays.com/ViewArticle.dbml?DB_OEM_ID=1720&ATCLID=1403540

Directions to Mondschein Throws Complex:

Walking from Franklin Field: Leave Franklin Field through the large gate beyond the finish of the sprint straight. Cross South Street and go left on South. Pass the steps on the right going down to the SEPTA train platform. Go to the next set of steps (Hollenback Gym) and go

down to the pavement. Turn right and walk along the road about 300 yards to an open gate on your right. The throwing fields will be at the far end of this road.

Driving/Parking: Limited parking is in the lot by Hollenback Gym beneath the South Street bridge: <https://www.google.com/maps/place/39°56'50.9%22N+75°11'16.8%22W/@39.947472,-75.1901977,17z/data=!3m1!4b1!4m5!3m4!1s0x0:0x0!8m2!3d39.947472!4d-75.188009?hl=en> (Enlarging this map will show a long green area along this road. The throws field is at the southwest tip of this area.) *There is NO parking along the road; violators will be towed.*

TO DRIVE TO THROWS FIELDS and (minimal) parking at HOLLENBACK GYM

From the North: Take I-76 East, exit 346-B (University Avenue), bear right onto University Ave for about 50 yards, then turn right onto River Field Drive. Take this to the end (Hollenback Gym) for parking.

From the South: Take I-76 West, exit 346-B (University Avenue), bear right onto University Ave for about 50 yards, then turn right onto River Field Drive. Take this to the end (Hollenback Gym) for parking.

Stadium Hours:

The stadium will open at 10am on Saturday. Warmups are on the Field Hockey field adjacent to the throwing fields

Meet Hotel:

Host Hotel Marriott Philly Airport still has some rooms available both Friday and / or Saturday night at \$109 room rate. Ask for Chrissy.

<http://www.usatf.org/Events---Calendar/2016/USATF-National-Club-Track---Field-Championships/Athlete-Info.aspx>

Public Transportation from Meet Hotel to Franklin Field:

From the Airport Marriott to Franklin Field is a quick 17 minute SEPTA train ride from Marriott's Terminal B to "University City Stop" which is right next to the stadium. SEPTA's Airport Line leaves Terminal B every 30 minutes (e.g., 8:10am, 8:40am, 9:10am, 9:40am, etc:

See SEPTA schedule here: http://www.septa.org/schedules/rail/s/AIR_1.htm

Purchase unlimited "**Independence Pass**" for \$12 cash from train conductor which gives unlimited rides on Philly public transportation during the day.

Travel to Franklin Field:

You are responsible for arriving in time to compete at the scheduled time. As noted below, you MUST check-in no later than 60 minutes before the scheduled start time of your event.

Event T-Shirts:

Athletes will receive a complimentary Nike Dri-Fit Club TF Championships t-shirt at the Tent at the start of sprint straightaway.

Implements & Implement Inspection (Weights and Measure)

Throwing implements will be available for use by athletes. Athletes may provide their own throwing implements. All throwing implements must be brought to the Implement Inspection station at throwing events site no later than 60 minutes before the scheduled start time of the event.

- Each implement must pass implement inspection. All implements will be impounded after inspection. Implements not passing inspection will be impounded and returned after the completion of competition.
- Personal implements that are accepted for use in the competition lose identity as privately owned implements for the duration of the competition and may be used by any competitor.

1/4" PYRAMID SPIKES

Only spikes permitted on Franklin Field are ¼ inch pyramid spikes. No athlete will be able to compete at Franklin Field with incorrect spikes. Javelin runway is synthetic so no grass spikes allowed.

Check-In /Clerking

Note: Athletes who have not checked in by the times indicated below will be SCRATCHED from the event; no exceptions!

Check-in for all events will be at the Clerk of the Course statopm (located under the stadium scoreboard near the start of the 100 meters) per the following schedule:

- Running Events: Athletes must check-in not less than 60 minutes prior to start of the event. 30 minutes prior to the start of each event athletes will be hipped and escorted to the event start.
- Field Events: Athletes must check-in not less than 60 minutes prior to start of the event.

"Honest Effort" rule

Per USATF competition rule 142.3, any athlete declared to compete must honestly participate in each round of each track event for which the athlete is declared or the athlete will be barred from further competition in the meet. This rule shall not apply to events if only a final is held.

Bib & Hip Numbers

Bibs will be used for this competition. Bibs must be pinned to the front of the athlete's jersey. **An athlete will not be able to check-in with the Clerk of the Course without a bib.** Hip numbers will be assigned during the check-in process and must be worn as instructed.

Relay Seeding

If there are more than 8 teams entered in a relay that starts in lanes (4x100m, 4x400m) the top-8 scoring clubs going into the "relay portion" of the meet will be afforded seeding priority.

Note for Relays: Clubs may enter multiple (A, B, C, D, etc.) relay teams in each relay, but only the A team will be eligible to score team points, provided they meet the following minimum relay scoring standards:

<u>Event</u>	<u>Men</u>	<u>Women</u>
4x100m	45.00	51.00
4x400m	3:30.00	4:25.00
4x800m	8:35.00	10:00.00
Distance Medley	11:00.00	13:00.00

Relay Declarations

Relay declaration sheets will be provided to each club in the club packet. Finalized relay declarations must be submitted **no later 2:00pm for 4 x 100m and no later than 7:00 p.m. for all other relays**. The cards must be turned in to the clerking tent. Only athletes on the relay roster or those already entered in the meet will be permitted to run on the relay.

Protests

Protests must be filed in writing within 30 minutes of the results being announced or posted on the scoreboard and must be accompanied by a \$50 cash deposit, refundable only if the protest is upheld. Protests should be filed at the clerking table.

Team Scoring

Individual and relay events will be scored 10-8-6-5-4-3-2-1. Men's scores, women's scores, and a combined team score will be computed.

UPDATED: Opening Heights for High Jump and Pole Vault

Starting heights have been adjusted to use standard increments and take into account getting onto the top-24 list of Olympic Trials qualifiers:

Men's High Jump	Start 1.79m, 5cm increments to 2.19m, 3cm after
Women's Pole Vault	Start 3.15m, 15cm increments to 4.35m, then 10cm to 4.45m, then 5cm
Women's High Jump	Start 1.51m, 5cm increments to 1.81m, then 3cm after
Men's Pole Vault	Start 4.02m, 15cm increments to 5.52m, then 10cm to 5.62m, then by 5cm

UPDATED! PARTY INFORMATION!

Come join us in celebrating the 2016 USATF National Club Championships!

You're invited to join us in celebrating the 2016 USATF Club National Championships this year at City Tap House (Walnut Street) in Philadelphia after Saturday's competition, just 4 blocks away from Franklin Field. We have reserved the "Tasting Room", but please feel free to explore

the outdoor rooftop space. There will be lots of craft beer, fire pits to cozy up to, and great company.

Who: all USATF club national competitors, coaches, friends, and family

Where: 3925 Walnut St, Philadelphia, PA 19104

When: Anytime after 9pm (we have the room til 2am)

Website: citytaphouseucity.com

Must be 21 years or older and have ID.

See you there!