

American U20 Records as of February 13, 2023

The following lists are the best performances by American U20 athletes as recognized by USA Track & Field. Under the rules of World Athletics and USA Track & Field, a U20 athlete is defined as an athlete who is 19 years old or younger at the end of the calendar year. Thus, in 2023, a U20 athlete must have been born in 2004 or later.

MEN

100	9.97	Trayvon Bromell (Baylor)	Eugene	13Jun14
200	19.69	Erriyon Knighton (USA)	Eugene	26Jun22
400	43.87	Steve Lewis (UCLA)	Seoul	28Sep88
800	1:43.55	Donavan Brazier (Texas A&M)	Eugene	10Jun16
1,500	3:36.1	Jim Ryun (Kansas)	Berkeley	17Jul66
	3:34.36p	Hobbs Kessler (Michigan HS)	Portland	29May21
Mile	3:51.3	Jim Ryun (Kansas)	Berkeley	17Jul66
3,000	7:49.16	Galen Rupp (Oregon)	Lignano	17Jul05
3,000SC	8:33.8	John Gregorek (Georgetown)	Philadelphia	20May79
5,000	13:25.46	German Fernandez (Oklahoma State)	Eugene	26Jun09
	13:24.26p	Nico Young (Northern Arizona)	Des Moines	23Apr21
10,000	28:15.52	Galen Rupp (Oregon)	Eugene	07May05
110H (42")	13.23	Renaldo Nehemiah (Maryland)	Zurich	16Aug78
110H (39")	13.08	Wayne Davis (North Carolina HS)	Port of Spain	31Jul09
400H	48.02	Danny Harris (Iowa St)	Los Angeles	17Jun84
	47.85p	Sean Burrell (LSU)	Eugene	11Jun21
4 x 100	38.62	National Team - PA U20 (Arian Smith, Justin Ofotan, Marcellus Moore, Matthew Boling)	San Jose, CR	20Jul19
4 x 400	2:59.30	National Team - PA U20 (Frederick Lewis, Matthew Boling, Matt Moorer, Justin Robinson)	San Jose, CR	21Jul19
10kWALK(tr)	41:23.14	Tyler Sorenson (California HS)	Lille	09Jul11
20k Walk	1:23:26	Trevor Barron (New York AC)	Eugene	26Jun11
HJ	2.31/7-7	Andra Manson (USA/Texas HS)	Kingston	18Jul02
PV	6.05/19-10.25	Armand Duplantis (Louisiana HS/SWE)	Berlin	12Aug18
LJ	8.34/27-4.5	Randy Williams (Sn Cal)	Munich	08Sep72
TJ	17.19/56-4.75	Will Claye (Oklahoma)	Fayetteville	13Jun09
SP (7.26kg)	20.38/66-10.5	Terry Albritton (Unat)	Walnut	27Apr74
SP (6kg)	22.06/72-4.5	Tripp Piperi (Texas)	Tampere	10Jul18
DT (2kg)	63.22/207-5	Brian Milne (Penn St)	Univ. Park	28Mar92
DT (1.75kg)	65.34/214-4	Mason Finley (Colorado HS)	Port of Spain	31Jul09
HT (7.26kg)	70.78/232-3	Conor McCullough (Princeton)	Princeton	15May10
HT (6kg)	80.79/265-0	Conor McCullough (Princeton)	Moncton	25Jul10
JT	77.84/255-4	Sam Crouser (Oregon HS)	Portland	12Jun10
DEC	7892	Gunnar Nixon (Arkansas)	Des Moines	07Jun12
DEC (Jr.)	8037	Harrison Williams (Stanford)	Edmonton	01Aug15

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WOMEN

100	10.75	Sha'Carri Richardson (LSU)	Austin	08Jun19
200	22.11	Allyson Felix (California HS)	Mexico City	03May03
400	49.89	Sanya Richards (Nike)	Sacramento	17Jul04
	49.57p	Athing Mu (Texas A&M)	Eugene	12Jun21
800	1:58.21	Ajee' Wilson (adidas)	Moscow	18Aug13
	1:57.73p	Athing Mu (Texas A&M)	Waco	17Apr21
	1:56.07p	Mu	Eugene	27Jun21
	1:55.21p	Mu	Tokyo	03Aug21
	1:55.04p	Mu	Eugene	21Aug21
1,500	4:03.39	Alexa Efraimson (Nike)	Eugene	30May15
Mile	4:35.24	Polly Plumer (Cal HS)	Los Angeles	16May82
3,000	8:57.27	Ceci Hopp (Stanford)	Durham	27Jul82
3000SC	9:46.48	Madison Boreman (Colorado)	Eugene	10Jun17
5,000	15:36.95	Molly Huddle (Notre Dame)	Walnut	17Apr03
	15:25.93p	Natalie Cook (Texas HS)	Stanford	01Apr22
10,000	32:51.20	Lindsey Scherf (Harvard)	New York City	07May05
100H	12.74	Dior Hall (USC)	Eugene	13Jun15
400H	53.82	Sydney McLaughlin (NJHS)	Sacramento	25Jun17
	53.60p	McLaughlin	Fayetteville	27Apr18
4 x 100	43.29	National Team	Eugene	08Aug06
4 x 400	3:24.04	(Bianca Knight, Jeneba Tarmoh, Elizabeth Olear, Gabby Mayo)		
		National Team - PA U20	San Jose, CR	21Jul19
		(Alexis Holmes, Kimberly Harris, Ziyah Holman, Kayla Davis)		
10k Walk	45:57.81	Taylor Ewert (Ohio HS)	Tampere	14Jul18
HJ	1.99/6-6.25	Vashti Cunningham (Nike)	Sacramento	23Jun17
PV	4.45/14-7.25	Desiree Freier (Texas HS)	Eugene	24Jul14
	4.46i/14-7.5i	Lexi Weeks (Arkansas HS)	Black Springs	04Jul15
	4.51/14-9.5p	Amanda Moll (Washington HS)	Austin	25Mar22
	4.53/14-10.25p	Chloe Timberg (Rutgers)	Columbia	23Apr22
LJ	6.83/22-5	Kate Hall (Maine HS)	Greensboro	21Jun15
TJ	14.15/46-5.25	Keturah Orji (Georgia)	Eugene	13Jun15
SP	18.35/60-2.5	Raven Saunders (Southern Illinois)	Eugene	13Jun15
DT	60.59/198-9	Shelbi Vaughan (Texas HS)	Bloomington	15Jun12
HT	68.12/223-6	Shelby Ashe (Throw 1 Deep)	Bloomington	16Jun12
JT	55.22/181-2	Haley Crouser (Oregon HS)	Beaverton	13Apr12
	56.59/185-8p	Madison Wiltrout (Pennsylvania HS)	North Huntington	07May15
HEP	6018	Kendell Williams (Georgia)	Athens	12Apr14

AMERICAN U20 INDOOR RECORDS

(as of February 13, 2023)

MEN

60	6.52	D'Angelo Cherry (Mississippi State)	Boston	01Mar09
200	20.37	Walter Dix (Florida State)	Fayetteville	11Mar05
400	44.93	LaShawn Merritt (East Carolina)	Fayetteville	11Feb05
800	1:47.84	John Marshall (Villanova)	New York City	12Feb82
	1:45.93p	Donavan Brazier (Texas A&M)	College Station	16Jan16
	1:45.24p	Brandon Miller (Texas A&M)	College Station	26Feb22
1000	2:23.68	Alan Webb (Virginia HS)	Fairfax	03Mar01
	2:19.53p	Robby Creese (Penn State)	University Park	14Jan12
1500	3:41.93	Drew Hunter (Virginia HS)	New York City	20Feb16
	3:41.17p	Hobbs Kessler (adidas)	Staten Island	06Feb22
Mile	3:55.02	German Fernandez (Oklahoma State)	College Station	28Feb09
3000	7:56.31	Chris Derrick (Stanford)	College Station	14Mar09
	7:42.39p	Parker Wolfe (North Carolina)	Winston-Salem	05Feb22
5000	13:48.26	Chris Derrick (Stanford)	College Station	13Mar09
	13:22.59p	Nico Young (Northern Arizona)	Boston	04Dec21
	13:19.73p	Parker Wolfe (North Carolina)	Boston	03Dec22
60H (39")	7.40	Trey Cunningham (Alabama HS)	New York City	12Mar17
(42")	7.55	Leonard Mustari (North Carolina A&T)	Clemson	11Feb22
HJ	2.29/7-6	Kenny Evans (Arkansas)	Indianapolis	13Mar98
PV	5.88/19-3.5	Armand Duplantis (Sweden)	Clermont-Ferrand	25Feb18
LJ	8.09/26-6.5	Dion Bentley (Pennsylvania HS)	University Park	18Feb89
TJ	16.98/55-8.5	Christian Taylor (Florida)	College Station	14Mar09
SP (7.26kg)	21.05/69-0.75	Terry Albritton (unattached)	New York City	22Feb74
(6kg)	21.89/71-10p	Jordan Geist (Pennsylvania HS)	Greensburg	07Feb17
Hept	6022	Gunnar Nixon (Arkansas)	Fayetteville	27Jan12

AMERICAN U20 INDOOR RECORDS

(as of February 13, 2023)

WOMEN

60	7.16	Bianca Knight (Texas)	Fayetteville	14Mar08
	7.11p	Teahna Daniels (Texas)	Birmingham	12Mar16
200	22.40	Bianca Knight Texas)	Fayetteville	14Mar08
400	50.36	Sydney McLaughlin (Kentucky)	College Station	10Mar18
800	2:01.78	Sammy Watson (New York HS)	New York City	11Feb17
	1:58.40p	Athing Mu (Texas A&M)	Fayetteville	27Feb21
1000	2:35.80	Mary Cain (Nike)	Boston	08Feb14
1500	4:06.63	Mary Cain (Nike)	Boston	24Jan14
Mile	4:24.11	Mary Cain (Nike)	Boston	24Jan14
3000	9:04.51	Mary Cain (New York HS)	Boston	02Feb13
	8:58.88p	Elise Cranny (Stanford)	Fayetteville	14Mar15
5000	15:42.81	Lindsey Scherf (Harvard)	Cambridge	03Dec05
	15:20.57p	Sarah DiSanza (Wisconsin)	Boston	06Dec14
60H	8.08	Sasha Wallace (Oregon)	Albuquerque	15Mar14
	7.91p	Grace Stark (Florida)	College Station	29Feb20
HJ	1.99/6-6.25	Vashti Cunningham (Nevada HS)	Portland	12Mar16
PV	4.35/14-3.25	Natalie Willer (Nebraska)	Fayetteville	18Apr09
	4.50/14-9p	Chloe Cunliffe (Washington HS)	Tacoma	17Mar19
	4.50/14-9p	Amanda Moll (Washington HS)	Spokane	27Feb22
	4.61/15-1.5p	Amanda Moll (Washington HS)	Reno	13Jan23
LJ	6.59/21-7.5	Carol Lewis (New Jersey HS)	Dallas	31Jan81
	6.68/21-11p	Tara Davis (California HS)	Frisco	10Feb17
TJ	13.90/45-7.25	Erica McLain (Stanford)	Seattle	26Feb05
	13.98/45-10.5p	Keturah Orji (Georgia)	Lexington	24Jan15
SP	18.62/61-1.25	Raven Saunders (Southern Illinois)	Fayetteville	14Mar15
Pent	4635	Kendell Williams (Georgia)	Albuquerque	15Mar14