

**USA Track & Field Coaching Education**

**Level 1 School**

**Date: Date Location: Location**

**School Director:** Name, Phone #, and Email address of School Director

**For more information log on to:** [**www.usatf.org/groups/Coaches/education/**](http://www.usatf.org/groups/Coaches/education/)

**Schedule:**

Insert Schedule: include an hour-by-hour schedule to show start time/date, end time/date, and topics

**Registration:**

Register Online at [**www.usatf.org/groups/Coaches/education/schools**](http://www.usatf.org/groups/Coaches/education/schools)**/** by clicking the “**school details**” link**.**

**Pre-registration fee is $ 210.00** if received by **insert deadline** (14 days prior to beginning of the School)**;** **Late and on-site registration** (space is limited) **is $ 260.00.** Fee includes Level 1 Curriculum materials and the second edition of the Level 1 textbook.

*You must be a current member of USATF to register – for more information, go to* [**www.usatf.org/membership**](http://www.usatf.org/membership)**/**

**Refund policy**: 1/2 of the registration fee ($ 105.00) will be refunded after the pre- registration deadline and no refund will be given after the start date of the school.

*If you have any difficulties with the online registration process, please contact the School Director.*

**Lodging:**

Insert area lodging information

**Directions:**

Insert directions from major areas, highways and/or airport(s).

**Instructors:**

Insert the names of the instructors along with a brief description (100 words or less) of their background/resume; school must have at least three certified instructors to deliver the school schedule

**Level 1 Information:**

USATF Coaching Education Level 1 program is a starting point for all track and field coaches. One of the objectives is to put all coaches on common platform (i.e., speaking the same language). The Level 1 program covers all events in a foundational manner by emphasizing fundamentals, rules, safety/risk management, and instruction techniques. Level 1 prepares individuals to coach junior high school, high school, club, and age group athletes.

* Level 1 Schools are two-and-a-half-day courses (21-24 hours), including both classroom instruction and hands-on training.  Attendance at all sessions is required.
* After the school, participants are given access to online materials including the online exam that covers event-related materials and topics in the textbook. The exam window is 90 days from the close of the school.
* Upon attending the School and passing the exam, participants will print an online certificate as a Level 1 Certified Coach.

**Requirements**

* Be at least 18 years of age
* Attend a Level 1 coaching education school
* Earn certification by passing the online certification exam within 90 days of completing classroom portion of the program

**Benefits**

* Recognition as a USATF Level I Coach
* Curriculum book covering sport science and individual events
* Skills and knowledge to coach athletes at all levels