

Men's American U20 Records as of September 26, 2025

The following lists are the best performances by American U20 athletes as recognized by USA Track & Field.

MEN					
100	9.93	Christian Miller (Florida HS)	Clermont		20Apr24
	9.92p	Tate Taylor (Texas HS)	Austin		03May25
	9.92p	Maurice Gleaton (Georgia HS)	Eugene		01Aug25
200	19.69	Erriyon Knighton (USA)	Eugene		26Jun22
400	43.87	Steve Lewis (UCLA)	Seoul		28Sep88
800	1:43.55	Donavan Brazier (Texas A&M)	Eugene		10Jun16
1,500	3:34.36	Hobbs Kessler (Michigan HS)	Portland		29May21
Mile	3:51.3	Jim Ryun (Kansas)	Berkeley		17Jul66
3,000	7:49.16	Galen Rupp (Oregon)	Lignano		17Jul05
3,000SC	8:33.8	John Gregorek (Georgetown)	Philadelphia		20May79
5,000	13:24.26	Nico Young (Northern Arizona)	Des Moines		23Apr21
10,000	28:15.52	Galen Rupp (Oregon)	Eugene		07May05
110H (42")	13.18	Ja'Kobe Tharp (Auburn)	Gainesville		11May24
	13.18	Ja'Kobe Tharp (Auburn)	Eugene		07Jun24
110H (39")	13.05	Ja'Kobe Tharp (Auburn)	Lima		30Aug24
400H	47.85	Sean Burrell (LSU)	Eugene		11Jun21
4 x 100	38.62	National Team - PA U20	San Jose, CR		20Jul19
		(Arian Smith, Justin Ofotan, Marcellus Moore, Matthew Boling)			
4 x 400	2:59.30	National Team - PA U20	San Jose, CR		21Jul19
		(Frederick Lewis, Matthew Boling, Matt Moorer, Justin Robinson)			
10kWALK(tr)	41:23.14	Tyler Sorenson (California HS)	Lille		09Jul11
20k Walk	1:23:26	Trevor Barron (New York AC)	Eugene		26Jun11
HJ	2.31/7-7	Andra Manson (USA/Texas HS)	Kingston		18Jul02
PV	6.05/19-10.25	Armand Duplantis (Louisiana HS/SWE)	Berlin		12Aug18
LJ	8.34/27-4.5	Randy Williams (Sn Cal)	Munich		08Sep72
TJ	17.19/56-4.75	Will Claye (Oklahoma)	Fayetteville		13Jun09
SP (7.26kg)	20.38/66-10.5	Terry Albritton (Unat)	Walnut		27Apr74
SP (6kg)	22.06/72-4.5	Tripp Piperi (Texas)	Tampere		10Jul18
DT (2kg)	63.22/207-5	Brian Milne (Penn St)	Univ. Park		28Mar92
DT (1.75kg)	65.34/214-4	Mason Finley (Colorado HS)	Port of Spain		31Jul09
HT (7.26kg)	70.78/232-3	Conor McCullough (Princeton)	Princeton		15May10
HT (6kg)	80.79/265-0	Conor McCullough (Princeton)	Moncton		25Jul10
JT	77.84/255-4	Sam Crouser (Oregon HS)	Portland		12Jun10
DEC	7892	Gunnar Nixon (Arkansas)	Des Moines		07Jun12
DEC (Jr.)	8037	Harrison Williams (Stanford)	Edmonton		01Aug15

Women's American U20 Records as of September 26, 2025

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WOMEN

100	10.75	Sha'Carri Richardson (LSU)	Austin	08Jun19
200	22.08	JaMeesia Ford (South Carolina)	Eugene	08Jun24
400	49.57	Athing Mu (Texas A&M)	Eugene	12Jun21
800	1:55.04	Athing Mu (Texas A&M)	Eugene	21Aug21
1,500	4:03.39	Alexa Efraimson (Nike)	Eugene	30May15
Mile	4:35.24	Polly Plumer (Cal HS)	Los Angeles	16May82
	4:23.50p	Jane Hedengren (Utah HS)	St. Louis	05Jun25
2000SC	6:18.41	Angelina Napoleon (New York HS)	Middletown	10Jun23
3,000	8:57.27	Ceci Hopp (Stanford)	Durham	27Jul82
	8:40.03p	Jane Hedengren (Utah HS)	Eugene	21Jun25
3000SC	9:42.22	Karrie Baloga (Northern Arizona)	Eugene	08Jun24
5,000	15:25.93	Natalie Cook (Texas HS)	Stanford	01Apr22
	14:57.93p	Jane Hedengren (Utah HS)	Azusa	17Apr25
10,000	32:51.20	Lindsey Scherf (Harvard)	New York City	07May05
	32:20.60p	Ruth White (New Hampshire)	Eugene	12Jun25
100H	12.74	Dior Hall (USC)	Eugene	13Jun15
400H	53.82	Sydney McLaughlin (New Jersey HS)	Sacramento	25Jun17
4 x 100	42.88	National Team - Pan Am U20	Mayagüez	05Aug23
		(Kaila Jackson, Camryn Dickson, Avery Lewis, Shawnti Jackson)		
4 x 400	3:24.04	National Team - Pan Am U20	San Jose, CR	21Jul19
		(Alexis Holmes, Kimberly Harris, Ziyah Holman, Kayla Davis)		
10k Walk	45:57.81	Taylor Ewert (Ohio HS)	Tampere	14Jul18
HJ	1.99/6-6.25	Vashti Cunningham (Nike)	Sacramento	23Jun17
PV	4.65/15-3	Hana Moll (Washington HS)	Budapest	21Aug23
LJ	6.86/22-6.25	Alyssa Jones (Stanford)	Austin	08Jun23
	6.86/22-6.25	Sophia Beckmon (Illinois)	Champaign	04May24
TJ	14.15/46-5.25	Keturah Orji (Georgia)	Eugene	13Jun15
SP	18.35/60-2.5	Raven Saunders (Southern Illinois)	Eugene	13Jun15
DT	60.59/198-9	Shelbi Vaughan (Texas HS)	Bloomington	15Jun12
HT	68.12/223-6	Shelby Ashe (Throw 1 Deep)	Bloomington	16Jun12
JT	56.59/185-8	Madison Wiltrout (Pennsylvania HS)	North Huntington	07May15
HEP	6018	Kendell Williams (Georgia)	Athens	12Apr14