



**IAAF WORLD U20 CHAMPIONSHIPS
TAMPERE, FINLAND – 10-15 JULY 2018**

MEN		WOMEN
Proposed Entry Standard	Event	Proposed Entry Standard
10.55	100m	11.80
21.35	200m	24.20
47.70	400m	55.00
1:50.00	800m	2:08.70
03:48.00	1500m	4:27.00
	3000m	09:35.00
14:15.00 / 8:15.00 (3000m)	5000m	16:40.00
31:00.00	10,000m	
09:10.00	3000m SC	10:43.00
	100mH	14.10
14.20 (0.995m)	110mH	
53.00	400mH	60.75
44:00.00	10,000m RW	51:00.00
No standard	4x100 Relay	No standard
No standard	4x400 Relay	No standard
	Heptathlon	5300
7200	Decathlon	
2.16	High Jump	1.82
5.10	Pole Vault	4.05
7.55	Long Jump	6.15
15.60	Triple Jump	12.85
18.25 (6kg)	Shot Put	14.50
56.00	Discus	48.00
68.00 (6kg)	Hammer	57.00
68.70	Javelin	50.00