

USA Track & Field Records Report – 2014

This report includes all records reported / and or applied for since last years annual meeting. In the Long Distance Running sports, the report also includes a number of previously submitted performances pending Running USA recommendation for record ratification.

The Records Committee Chair gratefully acknowledges the work of the respective sports committee record keepers: Bob Hersh (Men's and Women's Track & Field), Andy Carr (Men's and Women's LDR), Donald H. Lein (Masters LDR), Denise Smotherman (Youth Athletics), Sandy Pashkin (Masters Track & Field, David Talcott (Masters Race Walking). Thanks are also due to Gene Newman, Neville Wood, Pete Riegel (Road Running Technical Council), Ryan Lamma, Linda Honikman (Running USA), David Katz and Steve Vaitones for their indispensable contributions to the record keeping process.

I. MEN'S TRACK AND FIELD

American Outdoor Records

1.	10,000m	26:44.36	Galen Rupp (Nike)	Eugene, OR	May 30, 2014
2.	3000m SC	8:04.71	Evan Jager (Nike)	Brussels, BEL	Sept. 5, 2014
3.	4x1500m Relay	14:40.80	USA National Team	Nassau, BAH	May 25, 2014

(Pat Casey, David Torrence, Will Leer, Leo Manzano)

American Outdoor All-Comers Records

4.	1 Mile	3:47.32	Ayanleh Suleiman (DJI)	Eugene, OR	May 31, 2014
5.	High Jump	2.42m (7'11 1/4")	Mutaz Essa Barshim (QAT)	New York, NY	June 14, 2014
6.	High Jump	2.42m (7'11 1/4")	Bogdan Bondarenko (UKR)	New York, NY	June 14, 2014

American Junior Records

7.	100m	10.01	Trayvon Bromell (Baylor)	Austin, TX	Mar. 29, 2014
8.	100m	9.97	Trayvon Bromell (Baylor)	Eugene, OR	June 13, 2014
9.	Shot Put	21.16m (69'5")	Braheme Days (UCLA)	Chula Vista, CA	June 14, 2014

American Junior Championship Records

10.	100m	10.00	Trentavis Friday (Gastonia Jaguars TC)	Eugene, OR	July 5, 2014
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American Indoor Records

11.	1000m	2:16.76	David Torrence (Nike)	Boston, MA	Mar. 2, 2014
12.	2000m	4:54.74	Bernard Lagat (Nike)	New York, NY	Feb. 15, 2014
13.	5000m	13:01.26	Galen Rupp (Nike)	Boston, MA	Jan. 16, 2014
14.	4x400m Relay	3:02.13	USA National Team	Sopot, POL	Mar. 9, 2014

(Kyle Clemons, David Verburg, Kind Butler, Calvin Smith)

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|-----|--------------|---------|---|------------|--------------|
| 15. | 4x800m Relay | 7:13.11 | USA All-Stars | Boston, MA | Feb. 8, 2014 |
| | | | (Richard Jones, David Torrence, Duane Solomon, Erik Sowinski) | | |
| 16. | 4x800m Relay | 7:13.22 | NJ*NY Track Club | Boston, MA | Feb. 8, 2014 |
| | | | (Kyle Merber, Brian Gagnon, Robby Andrews, Mike Rutt) | | |

American Indoor Championship Records

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|-----|----------|-------------------|---------------------|-----------------|---------------|
| 17. | Shot Put | 22.23m (72'11 ¼") | Ryan Whiting (Nike) | Albuquerque, NM | Feb. 23, 2014 |
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American Indoor All-Comers Records

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|-----|-------|----------|-----------------------|------------|---------------|
| 18. | 1000m | 2:16.76 | David Torrence (Nike) | Boston, MA | Mar. 2, 2014 |
| 19. | 5000m | 13:01.26 | Galen Rupp (Nike) | Boston, MA | Jan. 16, 2014 |

II. WOMEN'S TRACK AND FIELD

American Outdoor Records

1.	3000m SC	9:11.42	Emma Coburn (New Balance)	Glasgow, GBR	July 12, 2014
2.	4x800m Relay	8:01.58	USA National Team (Chanelle Price, Geena Lara, Ajee' Wilson, Brenda Martinez)	Nassau, BAH	May 25, 2014
3.	4x1500m Relay	16:55.33	USA National Team (Heather Kampf, Katie Mackey, Kate Grace, Brenda Martinez)	Nassau, BAH	May 24, 2014
4.	Discus T	69.17m (226'11")	Gia Lewis-Smallwood (Nike)	Angers, FRA	Aug. 30, 2014

American Outdoor All-Comers Records

5.	1500m	3:57.05	Hellen Obiri (KEN)	Eugene, OR	May 31, 2014
6.	3000mSC	9:11.39	Sofia Assefa (ETH)	Eugene, OR	May 31, 2014

American Outdoor Championship Meet Records

7.	3000mSC	9:19.72	Emma Coburn (New Balance)	Sacramento, CA	June 28, 2014
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American Junior Records

8.	Pole Vault	4.45m (14'7 ¼")	Desiree Freier (Texas HS)	Eugene, OR	July 24, 2014
9.	Heptathlon	6018	Kendell Williams (Georgia)	Athens, GA	Apr. 11-12, 2014

American Indoor Records

10.	400m	50.46	Phyllis Francis (Oregon)	Albuquerque, NM	Mar. 15, 2014
11.	4x400m Relay	3:24.93	USA National Team (Natasha Hastings, Joanna Atkins, Francena McCorory, Cassandra Tate)	Sopot, POL	Mar. 9, 2014

American Indoor All-Comers Record

12.	400m	50.46	Phyllis Francis (Oregon)	Albuquerque, NM	Mar. 15, 2014
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American Indoor Junior Records

13.	1000m	2:39.25	Mary Cain (Nike)	Boston, MA	Jan. 16, 2014
14.	1000m	2:35.80	Mary Cain (Nike)	Boston, MA	Feb. 8, 2014
15.	1500m	4:06.63	Mary Cain (Nike)	Boston, MA	Jan. 24, 2014
16.	1 Mile	4:24.11	Mary Cain (Nike)	Boston, MA	Jan. 24, 2014
17.	60mH	8.10	Sasha Wallace (Oregon)	Lexington, KY	Jan. 25, 2014
18.	60mH	8.10	Sasha Wallace (Oregon)	Albuquerque, NM	Feb. 15, 2014
19.	60mH	8.08	Sasha Wallace (Oregon)	Albuquerque, NM	Mar. 15, 2014
20.	Pole Vault	4:42m (14'6")	Desiree Freier (Texas HS)	Coppell, TX	April 17, 2014
21.	Pentathlon	4302 points	Kendell Williams (Georgia)	Albuquerque, NM	Jan. 24, 2014

22. Pentathlon 4635 points Kendell Wililams (Georgia) Albuquerque, NM Mar. 15, 2014

American Indoor Championship Records

23. Pentathlon 4805 points Sharon Day-Monroe (Asics) Albuquerque NM Feb. 21, 2014

III. RACE WALKING

Men's American Records – Track

No new Indoor marks during this period.

Men's American Records – Road

No new Road marks during this period.

Men's American Indoor Records

No new Indoor marks during this period.

Men's American Junior Records – Track

No new Indoor marks during this period.

Women's American Records – Track

1)	25,000m	'2:16:54.9	Erin Taylor-Talcott	Shore A.C.	Banks, OR	Mar 9, 2014
2)	30,000m	'2:44:14.2	Erin Taylor-Talcott	Shore A.C.	Banks, OR	Mar 9, 2014
3)	35,000m	'3:11:49.4	Erin Taylor-Talcott	Shore A.C.	Banks, OR	Mar 9, 2014
4)	40,000m	'3:39:32.0	Erin Taylor-Talcott	Shore A.C.	Banks, OR	Mar 9, 2014
5)	50,000m	'4:34:46.5	Erin Taylor-Talcott	Shore A.C.	Banks, OR	Mar 9, 2014

Women's American Records – Road

6)	5km	'21:57	Maria Michta	Walk USA	Albany, NY	May 30, 2014
7)	15km	'1:07:51	Maria Michta	USA	Taicang, CNH Manchester	May 3, 2014
8)	20km	'1:31:11	Maria Michta	Walk USA	Township, NJ	Mar 30, 2014
9)	20km	'1:30:49	Maria Michta	USA	Taicang, CNH	May 3, 2014
10)	25km	'2:07:46	Maria Michta	Walk USA	Valley Cottage, NY	Sep 16, 2014

Women's American Indoor Records

No new Indoor marks during this period.

Women's American Junior Records – Track

No new Track marks during this period.

Women's American Junior Records – Road

No new Road marks during this period.

USA Track & Field Pending LDR Records and Bests as of 11/03/14

Compiled by USATF LDR Record Keeper, Andy Carr, 3097 E Shadowlawn Ave NE, c/o Atlanta Track Club, Atlanta, GA 30305
tel: (404) 231-9064x20 fax: (404) 364-0708 email: acarr@atlantatrackclub.org USATF website: www.usatf.org/groups/RoadRunning

- P = Pending - application or more information is needed from the race
 = No "P" code indicates that mark is ready to be recommended for ratification pending course verification report
 B = Proof of birth date and/or citizenship needed from athlete
 a = Performance possibly aided by wind and/or slope, can be "best", not eligible for record
 U = Unverifiable
 W = Women-only event
 F = Failed Verification
 a/comers = All-Comers Record or "Best" (non-U.S. citizen in U.S. race, must be faster than U.S. citizen mark)

IV. Men's Long Distance Running

Men's LDR Road Records

	AgeGroup	Distance	Mark		Athlete Name	Age	HST	Race Name	Race City	RST	Rdate
1	M open	25 km	1:14:18		Christo Landry	28	MI	5 th 3 rd Bank River Run	Grand Rapids	MI	05/10/14
2	M open	25 km	1:14:18	P	Mo Trafteh	27	CA	5 th 3 rd Bank River Run	Grand Rapids	MI	05/11/13
3	M open	144 hr	893745m		Joe Fejes	48	GA	Across The Years	Phoenix	AZ	01/03/14
4	M open	144 hr (i)	933902m		Joe Fejes	48	GA	6 Days in the Dome	Anchorage	AK	08/04/14
5	M a/comers	8 km	22:02	P	Stephen Sambu	25	KEN	BAA 10K	Boston	MA	06/22/14
6	M a/comers	Marathon	2:04:38	P	Tsegaye Kebede	25	ETH	BOA Chicago	Chicago	IL	10/07/12
7	M a/comers	Marathon	2:03:45	P	Dennis Kimetto	29	KEN	BOA Chicago	Chicago	IL	10/13/13

Men's LDR Track Records

8	M open	200 km	16:23:28	P	Zach Bitter	27	WI	SC 24 Hour	Florence	SC	03/16/14
9	M open	100 mi	11:47:21		Zach Bitter	27	WI	Desert Solstice	Phoenix	AZ	12/14/13
10	M open	12 hr	163605m		Zach Bitter	27	WI	Desert Solstice	Phoenix	AX	12/14/13
11	M open	12 hr	154800m		Jon Olsen	38	CA	Desert Solstice	Phoenix	AZ	12/15/12

Men's LDR Road Bests

12	M a/comers	8 km	21:56(a) 2:03:02(a)	P	Isaiah Koech	19	KEN	Crescent City (split)	New Orleans	LA	03/30/13
13	M a/comers	Marathon)	P	Geoffrey Mutai	32	KEN	Boston	Boston	MA	04/18/11

V. Women's Long Distance Running

Women's LDR Road Records

	AgeGroup	Distance	Mark		Athlete Name	Age	HST	Race Name	Race City	RST	Rdate
14	F Open	10 mi	52:12	W	Janet Bawcom	35	AZ	CU Cherry Blossom	Washington	DC	04/06/14
15	F Open	10 km	31:37	W	Molly Huddle	29	RI	Oakley NY Mini	New York	NY	06/14/14
16	F Open	15 km	47:00	W	Shalane Flanagan	33	OR	Gate River	Jacksonville	FL	03/16/14
17	F Open	25 km	1:22:36	P	Shalane Flanagan	33	OR	Berlin Marathon (split)	Berlin	GER	09/28/14
18	F Open	48 hr (i)	390024m		Traci Falbo	42	IN	6 Days in the Dome	Anchorage	AK	08/04/14

Women's LDR Track Records

19	F Open	200 km	20:01:07	P	Katalin Nagy	34	FL	SC 24 Hour	Florence	SC	03/16/14
20	F Open	1 hr	16021m	WP	Katie Misuraca	33	MA	Lynn Parks	Lynn	MA	08/11/14
21	F Open	100 mi	14:11:26		Pam Smith	39	OR	Desert Solstice	Phoenix	AZ	12/14/13

Women's LDR Road Bests

No new Road Bests during this period

VI. Masters Long Distance Running

Masters LDR Road Records: Men

	AgeGroup	Distance	Mark		Athlete Name	Age	HST	Race Name	Race City	RST	Rdate
22	M50-54	5 km	15:05		Peter Magill	50	CA	Magic Shoe	Corona Del Mar	CA	05/19/12
23	M55-59	5 km	16:07		Brian Pilcher Thomas	56	CA	Magic Shoe	Corona Del Mar	CA	05/18/13
24	M60-64	5 km	16:58		McCormack	61	TN	Syracuse Festival	Syracuse	NY	10/05/14
25	M85-89	8 km	45:38	P	Lou Lodovico	85	PA	Butler	Butler	PA	06/26/10
26	M50-54	10 km	31:11	P	Peter Magill	50	CA	Cypress	Cypress	CA	07/23/11
27	M65-69	10 km	38:15	P	William Dixon	66	VT	St Patrick's Day	Holyoke	MA	03/22/14
28	M65-69	10 km	38:20		William Dixon	66	VT	James Joyce Ramble	Dedham	MA	04/27/14
29	M70-74	10 km	40:22	P	Doug Goodhue	70	MI	Dexter-Ann Arbor	Ann Arbor	MI	06/03/12
30	M90-94	10 km	1:13:40	U	Henry Sypniewski	90	NY	Depew-Lancaster B&G	Lancaster	NY	07/04/09
31	M40-49	15 km	44:58	P	Kevin Castille	40	KY	Gate River	Jacksonville	FL	03/09/13
32	M45-49	15 km	47:52	P	Paul Aufdemberge	45	MI	Fleet Feet Buffalo	Buffalo	NY	09/06/10
33	M85-89	15 km	1:29:04	U	Louis Lodovico	85	NY	Fleet Feet Buffalo	Buffalo	NY	09/07/09
34	M90-94	15 km	2:09:24	U	Henry Sypniewski	91	NY	Fleet Feet Buffalo	Buffalo	NY	09/07/09
35	M40-44	20 km	1:02:02	P	Kevin Castille	40	KY	New Haven	New Haven	CT	09/03/12

36	M60-64	20 km	1:12:36	P	Doug Winn	60	OR	New Haven	New Haven	CT	09/06/10
37	M65-69	20 km	1:20:05	P	Doug Goodhue	68	MI	New Haven	New Haven	CT	09/06/10
38	M85-89	25 km	2:52:55		Jerry Johncock	85	MI	5 th 3 rd Bank River Run	Grand Rapids	MI	05/11/13
39	M85-89	30 km	4:15:47	P	Jerry Johncock	85	MI	Milford Labor Day	Milford	MI	08/31/13
40	M70-74	50 km	5:12:50	U	Bill Dodson	73	CA	Jed Smith	Sacramento	CA	02/07/09
41	M65-69	Half mar	1:22:26	P	Lloyd Hansen	66	UT	Hobble Creek	Mapleton	UT	08/16/14
42	M85-89	Half mar	2:20:43	P	Jerry Johncock	85	MI	Borgess	Kalamazoo	MI	05/05/13
43	M85-89	Half mar	2:31:06	P	Jerry Johncock	86	MI	Borgess	Kalamazoo	MI	05/14/14
44	M90-94	Half mar	3:03:56	P	Mike Fremont	91	OH	Knoxville	Knoxville	TN	04/07/13
45	M90-94	Half mar	3:24:57	P	Mike Fremont	91	OH	Indy	Indianapolis	IN	11/02/13
46	M90-94	Marathon	6:35:47	P	Mike Fremont	90	OH	Marshall Univ	Huntington	WV	11/16/12
47	M65-69	48 hr	288982m		Jeff Hagen	66	WA	Across The Years	Phoenix	AZ	01/03/14
48	M50-54	144 hr	767038m		Ed Ettinghausen	51	CA	Across The Years	Phoenix	AZ	01/03/14
49	M65-69	144 hr	632182m		Bill Heldenbrand	67	SD	Across The Years	Phoenix	AZ	01/03/14
50	M70-74	144 hr	540980m		Ed Rousseau	74	MN	6 Days in the Dome	Anchorage	AK	08/04/14
51	M75-79	144 hr	513380m		Don Wrinkley	76	TX	Sri Chinmoy	New York	NY	04/29/14

Masters LDR Road Bests: Men

52	M45-49	15 km	47:27	P	Mbarak Hussein	48	NM	Mtn to Fountain	Fountain Hills	AZ	03/09/13
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Masters LDR Road Records: Women

53	F60-64	5 km	19:20	U	Sabra Harvey	60	TX	Heights Fun Run	Houston	NY	06/06/09
54	F65-69	5 km	20:27		Sabra Harvey	65	TX	Syracuse Festival	Syracuse	NY	10/05/14
55	F70-74	5 km	23:13	P	Lynette Walker	72	CT	Simsbury River Run	Simsbury	CT	04/29/12
56	F70-74	5 km	22:07	P	Jan Holmquist	70	MA	Evans Run	Norwell	MA	05/18/14
57	F70-74	5 km	22:03	P	Jan Holmquist	70	MA	Independence Day	Needham	MA	07/01/14
58	F70-74	5 km	22:16		Jan Holmquist	70	MA	Syracuse Festival	Syracuse	NY	10/05/14
59	F75-79	5 km	23:30	P	Libby James	75	CO	El Grito	Denver	CO	09/11/11
60	F85-89	5 km	41:26	P	Margaretta Lutz	85	PA	Mars Band	Mars	PA	05/24/14
61	F60-64	8 km	32:11	U	Sabra Harvey	60	TX	Law Week	Houston	TX	03/28/09
62	F60-64	8km	32:19	U	Sabra Harvey	60	TX	Park To Park	Houston	TX	02/21/09
63	F60-64	8 km	32:34	P	Kathryn Martin	62	NY	Join The Voice	New York	NY	08/10/14
64	F65-69	8 km	33:45	P	Sabra Harvey	65	TX	Law Week	Houston	TX	03/22/14
65	F80-84	8 km	48:29	P	Lois Gilmore	80	WI	Shamrock Shuffle	Chicago	IL	04/10/11
66	F40-44	10 km	33:17	W	Deena Kastor	41	CA	Oakley NY Mini	New York	NY	06/14/14
67	F40-44	10 km	32:21	P	Deena Kastor	41	CA	RnR Philadelphia (split)	Philadelphia	PA	09/21/14
68	F45-49	10 km	33:39	P	Linda Somers-Smith	49	CA	Heritage Oaks Bank	Paso Robles	CA	09/26/10
69	F50-54	10 km	34:14	P	Linda Somers-Smith	50	CA	Heritage Oaks Bank	Paso Robles	CA	09/25/11
70	F50-54	10 km	34:52	U	Monica Joyce	50	MI	Meteor	Dearborn Hts	MI	04/04/09
71	F50-54	10 km	35:32	P	Linda Somers-Smith	51	CA	Heritage Oaks Bank	Paso Robles	CA	09/30/12
72	F55-59	10 km	38:07	P	Joan Samuelson	55	ME	LL Bean	Freeport	ME	07/04/12
73	F55-59	10 km	38:20		Joan Samuelson	57	ME	Tufts	Boston	MA	10/13/14
74	F60-64	10 km	40:10		Kathryn Martin	62	NY	James Joyce Ramble	Dedham	MA	04/27/14
75	F65-69	10 km	42:37		Sabra Harvey	65	TX	James Joyce Ramble	Dedham	MA	04/27/14
76	F65-69	10 km	43:46	P	Nancy Rollins	65	IL	Lincolnwood	Lincolnwood	IL	11/20/11
77	F70-74	10 km	45:45	P	Jan Holmquist	70	MA	Lone Gull	Gloucester	MA	09/14/14

78	F70-74	10 km	48:29	U	Barbara Miller	70	CA	Heritage Oaks Bank	Paso Robles	CA	09/27/09
79	F70-74	10 km	48:53	P	Barbara Miller	72	CA	Heritage Oaks Bank	Paso Robles	CA	09/25/11
80	F75-79	10 km	49:43	P	Libby James	77	CO	Double Road Race	Denver	CO	07/21/13
81	F75-79	12 km	1:01:11		Libby James	78	CO	Lilac Bloomsday	Spokane	WA	05/04/14
82	F40-44	15 km	49:03	P	Deena Kastor	41	CA	RnR Philadelphia (split)	Philadelphia	PA	09/21/14
83	F50-54	15 km	52:38	U	Monica Joyce	50	MI	Gate River	Jacksonville	FL	03/14/09
84	F55-59	15 km	1:00:28	P	Christine Kennedy	56	CA	Fleet Feet Buffalo	Buffalo	NY	09/05/11
85	F55-59	15 km	1:00:06	P	Nancy Stewart	56	GA	Gate River	Jacksonville	FL	03/09/13
86	F55-59	15 km	59:51		Christine Kennedy	59	CA	Gate River	Jacksonville	FL	03/15/14
87	F60-64	15 km	1:00:43		Kathryn Martin	62	NY	Tulsa Run	Tulsa	OK	10/26/13
88	F70-74	15 km	1:17:10		Norma Thomas	71	CA	Semana Nautica Deleware Distance	Barbara	CA	07/04/13
89	F75-79	15 km	1:22:45	P	Sandra Folzer	75	PA	Classic	Deleware City	DE	10/12/14
90	F40-44	20 km	1:08:19	P	Deena Kastor	41	CA	RnR Dallas (split)	Dallas	TX	03/23/14
91	F40-44	20 km	1:05:52	P	Deena Kastor	41	CA	RnR Philadelphia (split)	Philadelphia	PA	09/21/14
92	F45-49	20 km	1:07:21	U	Colleen DeReuck	45	CO	New Haven	New Haven	CT	09/07/09
93	F60-64	20 km	1:28:01	P	Kathryn Martin	61	NY	New Haven	New Haven	CT	09/02/13
94	F45-49	25 km	1:31:06	P	Colleen DeReuck	47	CO	5 th 3 rd Bank River Run	Grand Rapids	MI	05/14/11
95	F50-54	25 km	1:36:45	P	Joan Samuelson	53	ME	BOA Chicago (split)	Chicago	IL	10/10/10
96	F60-64	25 km	1:51:47		Victoria Crisp	61	TN	5 th 3 rd Bank River Run	Grand Rapids	MI	05/10/14
97	F60-64	25 km	1:50:50	P	Edie Stevenson	61	CO	5 th 3 rd Bank River Run	Grand Rapids	MI	05/14/11
98	F50-54	30 km	1:57:01	P	Joan Samuelson	53	ME	BOA Chicago (split)	Chicago	IL	10/10/10
99	F50-54	50 km	3:56:09		Beth Moras	51	NJ	Chicago Lakefront	Chicago	IL	10/30/10
100	F50-54	100 km	7:41:52		Meghan Arbogast	51	OR	IAU World Champs	Seregno	ITY	04/22/12
101	F40-44	10 mi	55:13	P	Deena Kastor	41	CA	RnR Dallas (split)	Dallas	TX	03/23/14
102	F40-44	10 mi	52:41	P	Deena Kastor	41	CA	RnR Philadelphia (split)	Philadelphia	PA	09/21/14
103	F50-54	50 mi	6:19:06		Meghan Arbogast	50	OR	Jed Smith	Sacramento	CA	02/04/12
104	F40-44	Half mar	1:11:38		Deena Kastor	41	CA	MORE Half	New York	NY	04/13/14
105	F40-44	Half mar	1:09:36	P	Deena Kastor	41	CA	RnR Philadelphia	Philadelphia	PA	09/21/14
106	F65-69	Half mar	1:33:43	P	S Rae Baymiller	67	NY	Hilton Head	Hilton Head	SC	02/12/11
107	F65-69	Half mar	1:37:48	P	S Rae Baymiller	68	NY	Paris Half	Paris	FR	03/04/12
108	F70-74	Half mar	1:47:12	U	Barbara Miller	70	CA	Humboldt Redwoods	Weott	CA	10/18/09
109	F70-74	Half mar	1:49:34	U	Barbara Miller	70	CA	Clarksburg Country Run	Clarksburg	CA	11/08/09
110	F70-74	Half mar	1:42:03	P	S Rae Baymiller	70	NY	Grete's Gallop	New York	NY	10/06/13
111	F70-74	Half mar	1:47:42	P	Judy Fisher	71	WA	Fall City	Fall City	WA	10/11/14
112	F70-74	Half mar	1:50:21	P	Melody Ann Schultz	72	CA	Humboldt Redwoods	Weott	CA	10/20/13
113	F70-74	Half mar	1:47:38	P	Barbara Miller	73	CA	Clarksburg Country Run	Clarksburg	CA	11/11/12
114	F80-84	Half mar	2:14:58	P	Anne Garrett	80	CA	Maine	Portland	ME	10/05/14
115	F80-84	Half mar	2:21:20	P	Lynne Hurrell	80	CA	RnR San Jose	San Jose	CA	10/05/14
116	F80-84	Half mar	2:17:34	P	Ginette Bedard	81	NY	Grete's Gallop	New York	NY	10/05/14
117	F65-69	Marathon	3:31:02	P	Nancy Rollins	66	IL	BOA Chicago	Chicago	IL	10/13/13
118	F70-74	Marathon	3:39:58	P	Judy Fisher	71	WA	Portland	Portland	OR	10/05/14
119	F60-64	12 hr	100865m		June Gessner	60	CA	Across The Years	Phoenix	AZ	01/03/14
120	F75-75	12 hr	54171 m		Mary Ann Miller	77	TX	24 The Hard Way	Oklahoma City	OK	10/26/13
121	F60-64	24 hr	168950m		June Gessner	60	CA	Across The Years	Phoenix Oklahoma City	AZ	01/03/14
122	F75-79	24 hr	97510 m		Mary Ann Miller	77	TX	24 The Hard Way	City	OK	10/26/13

123	F45-49	144 hr	788410m	Pam Reed C Dipali	48	AZ	Sri Chinmoy	New York	NY	04/29/14
124	F55-59	144 hr	764438m	Cunningham	55	NY	Sri Chinmoy	New York	NY	04/29/14
125	F70-74	144 hr	300731m	Betty Smith	72	MD	Across The Years	Phoenix	AZ	01/03/14

Masters LDR Road Bests: Women

Masters LDR Track Records: Men

126	M40-44	20000m	1:04:47.2	John Mitchell	40	OR	40 th Birthday Track Runs	McMinnville	OR	09/13/13
127	M45-49	200 km	18:40:52	Joe Fejes	47	GA	Desert Solstice	Phoenix	AZ	12/15/12
128	M45-49	100 mi	14:41:09	Joe Fejes	47	GA	Desert Solstice	Phoenix	AZ	12/15/12
129	M45-49	12 hr	132000 m	Joe Fejes	47	GA	Desert Solstice	Phoenix	AZ	12/15/12
130	M45-49	24 hr	252065 m	Joe Fejes	47	GA	Desert Solstice	Phoenix	AZ	12/15/12

Masters LDR Track Records: Women

131	F40-44	15000m	59:54.0	WP Regina Loiacano	41	MA	Lynn Parks	Lynn	MA	08/11/14
132	F45-49	50 km	4:38:06	Connie Gardner	49	OH	Desert Solstice	Phoenix	AZ	12/15/12
133	F50-54	50 km	4:38:48	Connie Gardner	50	OH	Desert Solstice	Phoenix	AZ	12/14/13
134	F45-49	100 km	9:34:46	Suzanne Bon	47	CA	Desert Solstice	Phoenix	AZ	12/15/12
135	F50-54	200 km	22:19:03	Debra Horn	53	OH	Desert Solstice	Phoenix	AZ	12/15/12
136	F50-54	100 mi	16:52:28	Debra Horn	53	OH	Desert Solstice	Phoenix	AZ	12/15/12
137	F50-54	100 mi	16:54:58	Connie Gardner Jennifer	50	OH	Desert Solstice	Phoenix	AZ	12/14/13
138	F50-54	1 hr	14440m	WP Rapaport	50	MA	Lynn Parks	Lynn	MA	08/11/14
139	F75-79	1 hr	8683 m	P Tami Graf	75	MD	DCRRC Track Run	Alexandria	VA	05/14/12
140	F50-54	12 hr	123308m	Connie Gardner	50	OH	Desert Solstice	Phoenix	AZ	12/14/13
141	F50-54	144 hr	705784m	Liz Bauer	54	GA	British Ultra Festival	Abingdon	UK	08/11/13

VII. MASTERS TRACK AND FIELD

INDOOR - MEN

	Event	Group	Mark	Competitor	Site	Date
1	60	75-79	8.44	Robert Lida	Wichita	01/04/13
2	800	45-49	1:56.10	Nicholas Berra	New York	3/8/2014
3	800	80-84	3:06.18	Inocencio Cantu	Boston	3/16/2014
4	mile	80-84	6:42.10	Inocencio Cantu	Boston	3/15/2014
5	3000	45-49	8:26.15	Brad Barton	New York	1/18/2005
6	long jump	80-84	4.09	Robert Hewitt	Kenosha	3/8/2014
7	weight	70-74	20.93	Edward Burke	Boston	3/14/2014
8	superweight	40-44	11.52	Mark Landa	Boston	3/15/2014
9	superweight	70-74	11.67	Edward Burke	Boston	3/14/2014
10	superweight	80-84	9.01	Wayne Sabin	Boston	3/14/2014
11	pentathlon	35-39	3623	Jeferson Souza	Boston	3/14/2014
12	pentathlon	50-54	4062	Damon Blakemore	Budapest	3/25/2014
13	pentathlon	80-84	4349	Robert Hewitt	Boston	3/14/2014
14	heptathlon	35-39	4805	Jeferson Souza	Kenosha	3/9/2014
15	heptathlon	45-49	4985	Christopher Bates	Kenosha	3/9/2014
16	heptathlon	80-84	6153	Robert Hewitt	Kenosha	3/9/2014

INDOOR - WOMEN

	Event	Group	Mark	Competitor	Site	Date
17	60	35-39	7.75	Brandi Bernert	Budapest	3/26/2014
18	60	80-84	10.37	Irene Obera	Boston	3/15/2014
19	200	80-84	36.53	Irene Obera	Boston	3/16/2014
20	400	45-49	59.37	Charmaine Roberts	Budapest	3/30/2014
21	400	80-84	1:34.25	Irene Obera	Boston	3/16/2014
22	800	50-54	2:25.95	Lorraine Jasper	Budapest	3/28/2014
23	800	60-64	2:39.41	Kathryn Martin	Boston	3/16/2014
24	mile	60-64	5:47.25	Kathryn Martin	Boston	3/15/2014
25	shot put	65-69	9.25	Myrle Mensey	Upland	3/1/2014
26	shot put	80-84	7.58	Gloria Krug	Boston	3/15/2014
27	weight	35-39	15.35	Marilyn Coleman	Budapest	3/27/2014

28	weight	65-69	16.91	Myrle Mensey	Budapest	3/29/2014
29	weight	80-84	8.03	Gloria Krug	Boston	3/16/2014
30	superweight	35-39	8.71	Marilyn Coleman	Boston	3/16/2014
31	superweight	65-69	10.22	Myrle Mensey	Sterling	2/15/2014
32	superweight	80-84	6.16	Gloria Krug	Providence	1/26/2014
33	pentathlon	35-39	3499	Rachel Guest	Budapest	3/25/2014
34	heptathlon	45-49	3726	Rebecca Connolly	Kenosha	3/9/2014

OUTDOOR - MEN

	Event	Group	Mark	Competitor	Site	Date
35	3000	60-64	10:09.99	Dale Campbell	Los Angeles	3/8/2014
36	5000	90-94	36:13.57	Roy Englert	Winston-Salem	7/18/2014
37	steeplechase	45-49	9:06.68	Brad Wilson Barton	Nashville	6/28/2014
38	steeplechase	65-69	7:19.62	Nolan Shaheed	Winston-Salem	7/18/2014
39	200 hurdles	80-84	41.68	William Jankovich	Winston-Salem	7/20/2014
40	high jump	55-59	1.84	Bruce McBarnette	Winston-Salem	7/19/2014
41	long jump	85-89	3.53	William Platts	St. George	10/7/2013
42	shot put	60-64	16.69	Quenton Torbert	Winston-Salem	7/17/2014
43	hammer	90-94	23.58	George Riser	Canton	7/5/2014
44	javelin	85-89	35.64	William Platts	St. George	10/7/2013
45	superweight	40-44	11.53	Mark Landa	Scottsdale	2/23/2014
46	pentathlon	50-54	3639	Brian Couchay	Winston-Salem	7/17/2014
47	pentathlon	75-79	4060	Sherwood Sagedahl	Winston-Salem	7/17/2014
48	decathlon	50-54	7467	Brian Couchay	Neosho	7/5/2014
49	throws pent	85-89	3808	Harvey Lewellen	Seattle	8/23/2014
50	throws pent	90-94	3435	George Riser	Kent	9/13/2014

OUTDOOR - WOMEN

	Event	Group	Mark	Team	Site	Date
51	100	80-84	16.81	Irene Obera	Winston-Salem	7/19/2014
52	200	80-84	36.80	Irene Obera	Winston-Salem	7/20/2014
53	400	80-84	1:39.92	Irene Obera	Winston-Salem	7/17/2014
54	800	65-69	2:42.14	Sabra Harvey	Winston-Salem	7/17/2014
55	1500	65-69	5:29.85	Sabra Harvey	Winston-Salem	7/19/2014
56	mile	75-79	6:58.44	Jeanne Daprano	Pasadena	7/21/2012
57	5000	65-69	20:25.64	Sabra Harvey	Winston-Salem	7/18/2014
58	steeplechase	60-64	8:37.34	Kathryn Martin	Winston-Salem	7/18/2014
59	80 hurdles	80-84	19.77	Irene Obera	Winston-Salem	7/18/2014

60	200 hurdles	80-84	42.24	Irene Obera	Winston-Salem	7/20/2014
61	high jump	40-44	1.77	Gwendolyn Wentland	Olathe	7/14/2013
62	high jump	80-84	1.02	Florence Meiler	Winston-Salem	7/18/2014
63	pole vault	80-84	1.65	Florence Meiler	Winston-Salem	7/17/2014
64	long jump	80-84	2.94	Irene Obera	Winston-Salem	7/19/2014
65	shot put	70-74	8.91	Cindy Wyatt	Winston-Salem	7/20/2014
66	discus	70-74	25.25	Cindy Wyatt	Winston-Salem	7/19/2014
67	discus	80-84	18.36	Florence Meiler	Winston-Salem	7/19/2014
68	hammer	65-69	37.08	Myrle Mensey	Budapest	3/27/2014
69	hammer	80-84	22.30	Florence Meiler	Winston-Salem	7/17/2014
70	javelin	60-64	37.50	Linda Cohn	Northridge	5/2/2014
71	javelin	65-69	23.83	Mary Hartzler	Winston-Salem	7/18/2014
72	javelin	70-74	16.67	Mary Robinson	Winston-Salem	7/18/2014
73	weight	35-39	14.72	Marilyn Coleman	Columbia	6/28/2014
74	weight	65-69	16.54	Myrle Mensey	Winston-Salem	7/20/2014
75	weight	80-84	9.09	Florence Meiler	Winston-Salem	7/20/2014
76	superweight	35-39	9.32	Marilyn Coleman	Columbia	6/28/2014
77	superweight	65-69	8.99	Myrle Mensey	Raleigh	6/6/2014
78	pentathlon	40-44	3529	Anne Sluder	Winston-Salem	7/17/2014
79	pentathlon	80-84	4319	Florence Meiler	Winston-Salem	7/17/2014
80	decathlon	40-44	5515	Jessica Reifer	Neosho	7/5/2014
81	throws pent	65-69	4443	Myrle Mensey	Raleigh	6/6/2014

INDOOR RELAYS - MEN

	Event	Group	Mark	Team	Site	Date
82	800	55-59	1:41.30	USA Smith,James,Lindsay,Chinn	Budapest	3/30/2014
83	800	75-79	2:03.45	USA Whilden,Summerlin,Cozens,Lida	Bloomington	3/17/2012
84	1600	60-69	3:58.03	Houston Elite Riddle,Allie,Haywood,Blake	Boston	3/16/2014
85	3200	35-39	7:55.13	Central Park TC Hogue,Gill,Brady,Hornsby	Boston	3/2/2014

INDOOR RELAYS - MEN

	Event	Group	Mark	Team	Site	Date
86	3200	40-49	7:49.90	USA Winslow,Blondin,Williams,Berra	Boston	3/2/2014
87	3200	60-69	9:55.96	Shore AC	Toms River	2/16/2014

88	3200	70-79	11:33.66	Nolan,Rossiter,Gravesande,Plaster USA	Boston	3/15/2014
				Howard,Lieberman, Malacznski,McDonald		

INDOOR RELAYS - WOMEN

Event	Group	Mark	Team	Site	Date
89	800	35-39	1:48.60 USA	Walles,Moulds,Burke,Bernert Budapest	3/30/2014
90	800	45-49	1:57.63 Mass Velocity	Boston	3/15/2014
			Connolly,Clark,Pomeroy,Konrad		
91	800	50-54	1:53.81 USA	Budapest	3/30/2014
			Hanscom,Williams,Hoffman,Upshaw		
92	1600	50-59	4:26.18 Athena TC	New York	2/15/2014
			Hoffman,Jasper,Hayden,Hunter		

OUTDOOR RELAYS - MEN

Event	Group	Mark	Team	Site	Date
93	400	45-49	47.26 USA	San Jose	8/24/2014
			Padgett,Fields,Thomas,Pye		
94	400	75-79	1:03.00 Houston Elite	Winston-Salem	7/20/2014
			Sims,Cozens,Bennett,Lida		
95	400	90-94	2:22.37 USA	Winston-Salem	7/29/2014
			Ross,Rogers,Englert,Goldy Sr		
96	1600	35-39	3:19.45 SW Sprinters TC	Winston-Salem	7/20/2014
			Bullard,DeSio,Winslow,Dussett		
97	1600	70-74	4:54.64 USA	Olathe	7/14/2013
			Sims,Rose,Stewart,Lida		
98	1600	75-79	5:01.88 USA	Winston-Salem	7/20/2014
			Sims,Sagedahl,Stewart,Lida		
99	1600	90-94	12:41.69 USA	Winston-Salem	7/20/2014
			Ross,Rogers,Englert,Boyle		
100	3200	90-99	28:17.10 USA	Winston-Salem	7/20/2014
			Ross,Rogers,Englert,Boyle		
101	shuttle hurdles	60-69	1:08.07 USA	Winston-Salem	7/19/2014
			Jacquet-Acea,Lapp,Snodgrass,Wilson		

OUTDOOR RELAYS - WOMEN

Event	Group	Mark	Team	Site	Date
102	400	60-64	1:01.75 SC Striders	Winston-Salem	7/20/2014
			Cohn,Bowma,Hanscom,Berg		

				en		
103	400	70-74	1:34.04	Atlanta TC	Winston-Salem	7/20/2014
				Carter,Radle,Daprano,Hodges-Hite		
104	1600	60-64	5:55.31	Playmakers Elite	Olivet	6/7/2014
				Bolley,Thelen,Levack,Feltz		
105	1600	70-74	8:40.08	Atlanta TC	Winston-Salem	7/20/2014
				Carter,Radle,Daprano,Hodges-Hite		
106	3200	60-69	11:06.02	USA	Winston-Salem	7/20/2014
				Harvey,Richards,Steinbach,Martin		
107	shuttle hurdles	40-49	55,65	USA	Winston-Salem	7/19/2014
				Sluder,Scott,Richardson,Wierner		
108	shuttle hurdles	60-69	1:08.26	USA	Winston-Salem	7/19/2014
				Hanscom,Lowery,Cohn,Matthews		

Masters Race Walk

	Group	Event	Mark	Athlete	Location		Date
1	W40-44	35 km	3:41:08	Tamara Stevenson	Houston	TX	1/7/2012
2	W45-49	40 km	4:12:13	Kathryn Grimes	Houston	TX	1/7/2012
3	M40-44	3,000m indoors	11:52.31	Tim Seaman	S. Huntington	NY	12/21/2013
4	M65-69	5,000m indoors	29:42.74	James Miner	Henrietta	NY	1/28/2013
5	F55-59	5,000m indoors	30:40.29	Carol Bendall	Henrietta	NY	1/28/2013
6	F60-64	5,000m indoors	30:59.10	Debbie Topham	Henrietta	NY	1/28/2013
7	F45-49	5,000m indoors	31:26.75	Rebecca Benjamin	Henrietta	NY	1/28/2013
8	M70-74	5,000m indoors	34:08.45	James Carmines	Henrietta	NY	1/28/2013
9	F65-69	5,000m indoors	37:06.98	S. Kay Carmines	Henrietta	NY	1/28/2013
10	M40-44	3,000m outdoors	11:42.08	Tim Seaman	San Diego	CA	1/25/2014
11	M85-89	3,000m outdoors	21:44.34	William Moremen	San Diego	CA	1/25/2014
12	F60-64	1 Mile	9:29.52	Elizabeth Pasquale	New Haven	CT	2/9/2014
13	F60-64	3,000m indoors	17:13.04	Elizabeth Pasquale	Toms River	NJ	2/16/2014
14	M40-44	3,000m outdoors	11:38.5	Tim Seaman	Pharr	TX	1/3/2014
15	F55-59	1 Mile	8:10.19	Maryanne Daniel	New Haven	CT	2/9/2014
16	F55-59	1 Mile	8:10.27	Maryanne Daniel	Suffolk	NY	1/18/2014

	Group	Event	Mark	Athlete	Location		Date
17	M90-94	3,000m indoors	30:21.93	Charles Boyle	Boston	MA	3/16/2014
18	F55-59	3,000m indoors	16:14.01	Maryanne Daniel	Boston	MA	3/16/2014
19	M50-54	25,000m	2:14:25.4	Ray Sharp	Banks	OR	3/9/2014
20	M50-54	30,000m	2:41:11.4	Ray Sharp	Banks	OR	3/9/2014
21	M50-54	35,000m	3:08:29.0	Ray Sharp	Banks	OR	3/9/2014
22	M50-54	40,000m	3:38:29.6	Ray Sharp	Banks	OR	3/9/2014
23	M50-54	50,000m	4:41:46.5	Ian Whatley	Banks	OR	3/9/2014
24	F35-39	25,000m	2:16:54.9	Erin Taylor-Talcott	Banks	OR	3/9/2014
25	F35-39	30,000m	2:44:14.2	Erin Taylor-Talcott	Banks	OR	3/9/2014
26	F35-39	35,000m	3:11:49.4	Erin Taylor-Talcott	Banks	OR	3/9/2014
27	F35-39	40,000m	3:39:32.0	Erin Taylor-Talcott	Banks	OR	3/9/2014
28	F35-39	50,000m	4:34:46.5	Erin Taylor-Talcott	Banks	OR	3/9/2014
29	M40-44	3,000m indoors	11:40.75	Tim Seaman	Albuquerque	NM	2/23/2014
30	M85-89	10 km	1:15:44	William Moremen	Huntington Beach	CA	3/9/2014
31	F60-64	1 Mile	9:25.2	Elizabeth Pasquale	New York	NY	2/28/2014
32	F50-54	5 km	23:37	Teresa Vaill	Albany	NY	6/1/2013
33	F35-39	3,000m outdoors	14:38.2	Erin Taylor-Talcott	Ottawa, ON	CAN	3/23/2014
34	M85-89	15 km	1:55:23	John 'Jack' Starr	Riverside	CA	5/18/2014
35	F55-59	5,000m outdoors	27:20.85	Maryanne Daniel	Philadelphia	PA	4/26/2014
36	F55-59	3,000m outdoors	16:22.8	Maryanne Daniel	Albany	NY	5/21/2014
37	F50-54	20,000m outdoors	2:04:39.7	Kathryn Grimes	Banks	OR	5/4/2014
38	M85-89	5,000m outdoors	36:37.35	William Moremen	Pasadena	CA	6/7/2014
39	M85-89	5,000m outdoors	36:16.84	John 'Jack' Starr	Winston-Salem	NC	7/17/2014
40	M85-89	10 km	1:14:06	John 'Jack' Starr	Winston-Salem	NC	7/19/2014
41	M85-89	1 hour	8009 meters	John 'Jack' Starr	Gloucester	MA	8/10/2014
42	F40-44	25 km	2:12:08	Susan Randall	Valley Cottage	NY	9/14/2014
43	M50-54	25 km	2:09:41	Dave Talcott	Valley Cottage	NY	9/14/2014
44	M70-74	40 km	4:37:44	Leon Jasionowski	Ocean Twp	NJ	10/12/2014

VIII. YOUTH ATHLETICS

American Youth Outdoor Records

8 & Under Girls

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
1	Stacey Onyepunuka Arizona Cheetahs	100 Meters	14.25	Humble TX	7/24/2014
2	Jayla Cigar-Dingle Los Angeles Jets	400 Meters	`1:07.91	Humble TX	7/27/2014
3	Kori Martin Pasadena Running Roses	Long Jump	`3.99M/13'-01.25	Humble TX	7/25/2014
4	Octavia Gee Unattached	Shot Put	`8.11M/26'-07.25	Humble TX	7/27/2014

11 – 12 Girls

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
5	North Texas Cheetahs Alyssa Harris-Cierra Wash-Destini Jeter- Ja Era Griffin	4x400 Meter Relay	`3:55.54	Humble TX	7/27/2014

13 – 14 Girls

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
6	Daloria Boone Baldwin County Lightning Jets	Long Jump	6.07M/19'11"	Humble TX	7/25/2014

15 – 16 Girls

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
7	Tairyn Montgomery Los Angeles Jets	Javelin Throw	51.23M/168-01	Humble TX	7/26/2014

17 – 18 Girls

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
8	Lena Gieger Unattached	Hammer Throw	55.80M/183'-7/8"	Bloomington IN	6/29/2014

8 & Under Boys

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
9	Cameron Walker High Point	100 Meters	13.65	Humble TX	7/24/2014
10	Jackrabbit TC Ga. Chad Gaffney- Devin Williams- William Zyon Davis- Jaiden Patterson	4x400 Meter Relay	`4:40.82	Humble TX	
11	Everett Capelle South Orange County Wildcats	1500 Meters	`5:09.44	Bloomington IN	6/29/2014

9 – 10 Boys

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
12	Dorian Friend Northside Striders	200 Meters	25.77	Humble TX	7/28/2014
13	Kendrick Law Spar TC	Long Jump	5.08m/16-08	Humble TX	

11 – 12 Boys

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
14	Brandon Miller Ultimate Tc	800 Meters	`2:05.42	Humble TX	7/23/2014
15	Pacific Coast Shock Waves Alex Mainvielle- Erick Steward - Devin Lanier-Kirkwood - Phillip Jefferson	4X800 Meter Relay	`9:06.50	Humble TX	7/23/2014
16	Dylan Carter Unattached	Shot Put	16.42m/53'-10½"	Humble TX	7/23/2014

13 – 14 Boys

	NAME	EVENT	PERFORMANCE	LOCATION	DATE
17	Sean Lee USA High Jump	High Jump	1.96m/6-05	Norwalk, CA	6/1/2014

American Youth Indoor Records

See USATF Annual Meeting Document Library for a list of Youth Indoor marks.

Respectfully submitted

A handwritten signature in black ink that reads "Justin F. Kuo". The signature is written in a cursive style with a long horizontal stroke extending to the right from the end of the name.

Justin F. Kuo
Chair USATF Records Committee

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