

Ballot information for voting for USATF Age Group Road Runners of the Year

For each age group runners are listed in order of their highest known age-graded performances.

Each athlete will have up to five performances listed in order of age-grade. (includes races that occurred after the previous year's voting)

Note: some performances in USATF Masters Road Championships may not be listed if they were not in the top five.

Performances in **BOLD** were run in a USATF Masters Road Championship.

Performances in **RED** indicate a time below the existing American Record for that age group.

Each listed athlete who competed in a USATF Masters Road Championship will have a summary of their National Championships listed below their name.

F 40-44

- Jen Rhines
- Perry Shoemaker
- Janet McDevitt

Name **Age** **Hometown**
 Jen Rhines 41/42 Boston, MA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
96.06%	5 km	15:53	Carlsbad 5000	4/3/2016		
94.56%	12 km	40:04	.US National 12K	11/15/2015		F40-44 AR (ran w/Open Women)
94.47%	10 km	33:30	Tufts Health Plan 10K for Women	10/10/2016		
94.23%	10 km	33:21	Cooper River Bridge Run	4/2/2016		
93.32%	H Mar	1:12:46	Rock 'n' Roll Philadelphia Half Marathon	11/1/2015		

Name **Age** **Hometown**
 Perry Shoemaker 44 Vienna, VA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 3rd age grade 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.15%	12 km	42:04	.US National 12K	11/15/2015	1st	3rd female age grade
91.42%	H Mar	1:16:03	Philadelphia Marathon, Half-Marathon	11/21/2015		
90.08%	H Mar	1:17:11	Houston Marathon, Half Marathon	1/17/2016		
86.36%	10 Mile	1:00:56	Cherry Blossom Ten Mile Run	4/2/2016		

Name **Age** **Hometown**
 Janet McDevitt 42 Bainbridge Island, WA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
87.50%	5 km	17:33	Carlsbad 5000	4/3/2016		
87.43%	8 km	28:39	Beat The Bridge 8K	5/15/2016		
86.84%	5 km	17:41	USATF Masters 5 km Championships	10/2/2016	1st	
85.54%	12 km	44:36	Rhody Run 12K	5/22/2016		

M 40-44

- **Meb Keflezighi**
- **Kevin Castille**
- **John Gardiner**

Name **Age** **Hometown**
Meb Keflezighi 40/41 San Diego, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.90%	H Mar	1:03:02	Akron Marathon, Half Marathon	9/24/2016		
95.54%	Marathon	2:12:20	U.S. Olympic Team Trials – Marathon	2/13/2016		M40-44 AR (pending)
94.68%	Marathon	2:13:32	NYC Marathon	11/1/2015		M40-44 AR
93.81%	7 Mile	33:40	Bix Quad City 7 Mile	7/30/2016		
92.74%	10 km	30:07	Bellin Run 10K	6/11/2016		

Name **Age** **Hometown**
Kevin Castille 43/44 Lafayette, LA

2016 record in USATF Masters Road Championships: 1st in age group - 2; top age grade - 1: 2nd age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.54%	5 km	14:46	USATF Masters 5 km Championships	10/2/2016	1st	2nd male age grade
95.15%	H Mar	1:04:33	Jacksonville Bank Marathon, Half Marathon	1/3/2016		
93.48%	12 km	36:59	Lilac Bloomsday Run	5/1/2016		
92.45%	H Mar	1:06:59	Garry Bjorklund Half Marathon	6/18/2016		
91.79%	H Mar	1:07:28	USATF Masters Half Marathon Championships	6/5/2016	1st	1st male age grade

Name **Age** **Hometown**
John Gardiner 43/44 Rancho Santa Margarita, CA

2016 record in USATF Masters Road Championships: 1st in age group - 2; 2nd in age group - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.71%	5 km	15:13	USATF Masters 5 km Championships	10/2/2016	2nd	
91.24%	5 km	15:21	Carlsbad 5000	4/3/2016		
90.36%	Mile	4:31	USATF Masters 1 Mile Championships	8/26/2016	1st	
87.80%	H Mar	1:09:57	USATF Masters Half Marathon Championships	6/5/2016	2nd	
87.18%	15 km	50:00	USATF Masters 15 km Championships	10/29/2016	1st	

F 45-49

- Perry Shoemaker
- Kris Paaso
- Fiona Bayly

Name **Age** **Hometown**
 Perry Shoemaker 45 Vienna, VA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.07%	5 km	18:06	Celebrate Fairfax 5k	6/12/2016		
91.14%	10 Mile	58:16	Army Ten Miler	10/9/2016		
89.32%	H Mar	1:18:33	Navy Air Force Half Marathon	9/18/2016		
89.02%	5 km	17:39	Lucky Leprechaun 5K	3/12/2016		
88.97%	10 Mile	59:09	Reston 10 Miler	3/6/2016		

Name **Age** **Hometown**
 Kris Paaso 45 Menlo Park, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.35%	5 km	17:12	Pacific TherX 5K	5/22/2016		
90.59%	10 km	35:49	Marin Memorial Day 10K	5/30/2016		
90.56%	5 km	17:21	Reach for a Star 5K	3/13/2016		

Name **Age** **Hometown**
 Fiona Bayly 48/49 New York, NY

2016 record in USATF Masters Road Championships: 2nd in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
90.82%	4 Mile	23:31	Run as One 4 Mile	4/24/2016		
90.64%	5 km	18:02	USATF Masters 5 km Championships	10/2/2016	2nd	
90.39%	5 km	18:05	Percy Sutton Harlen 5K Run	8/27/2016		
89.94%	10 Mile	1:01:40	Bronx 10 Mile	9/25/2016		
88.84%	H Mar	1:21:31	Brooklyn Half Marathon	5/21/2016		

M45-49

- Christian Cushing-murry
- Jerome Vermeulen
- Mark Andrews

Name **Age** **Hometown**
 Christian Cushing-murry 48 Santa Ana, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.70%	5 km	15:11	Carlsbad 5000	4/3/2016		
93.65%	5 km	15:31	Plymouth Rock 'n' Run 5K	11/26/2016		
91.15%	8 km	25:50	USATF Masters 8 km Championships	2/28/2016	1	3rd male age grade
90.07%	H Mar	1:11:06	USATF Masters Half Marathon Championships	6/5/2016	1	2nd male age grade

Name **Age** **Hometown**
 Jerome Vermeulen 49 Simi Valley, CA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 3rd in age group - 1; 1st male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.75%	Mile	4:39	USATF Masters 1 Mile Championships	8/26/2016	1	1st male age grade
90.75%	5 km	16:08	Carlsbad 5000	4/3/2016		
89.14%	8 km	26:38	USATF Masters 8 km Championships	2/28/2016	3	

Name **Age** **Hometown**
 Mark Andrews

2016 record in USATF Masters Road Championships: 1st in age group - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
90.81%	5 km	15:39	USATF Masters 5 km Championships	10/2/2016	1	
89.10%	4 Mile	20:40	Buffalo Subaru 4 Mile Chase	7/15/2016		
88.03%	10 km	32:45	USATF Masters 10 km Championships	4/24/2016	1	

F 50-54

- Colleen De Reuck
- Marisa Sutera Strange
- Jenny Hitchings

Name **Age** **Hometown**
 Colleen De Reuck 51 Boulder, CO

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
96.94%	H Mar	1:17:25	Houston Marathon, Half Marathon	1/17/2016		
95.19%	30 km	1:53:43	U.S. Olympic Team Trials – Marathon (30K split)	2/13/2016		
91.94%	20 km	1:17:12	U.S. Olympic Team Trials – Marathon (20K split)	2/13/2016		
91.73%	Marathon	2:49:57	U.S. Olympic Team Trials – Marathon	2/13/2016		

Name **Age** **Hometown**
 Marisa Sutera Strange 52/53 Pleasant Valley, NY

2016 record in USATF Masters Road Championships: 1st in age group - 3; 1st female age grade - 2; 3rd female age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.51%	5 km	17:41	Freihofer's Run For Women 5k	6/4/2016		
95.40%	10 km	36:48	USATF Masters 10 km Championships	4/24/2016	1	1st female age grade
95.34%	5 km	17:55	USATF Masters 5 km Championships	10/2/2016	1	3rd female age grade
91.27%	Mile	5:27	USATF Masters 1 Mile Championships	8/26/2016	1	1st female age grade

Name **Age** **Hometown**
 Jenny Hitchings 52/53 Sacramento, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.97%	Marathon	2:49:50	California International Marathon	12/6/2015		
92.74%	10 Mile	1:02:46	Buffalo Stampede	8/28/2016		
91.43%	H Mar	1:23:05	Clarksburg Country Run Half Marathon	11/8/2015		
91.43%	H Mar	1:23:05	Clarksburg Country Run Half Marathon	11/8/2015		
90.55%	10 Mile	1:03:30	NorCal John Frank Memorial 10-Mile	3/5/2016		

M50-54

- Nat Larson
- Carl Combs
- Robert Arsenault

Name **Age** **Hometown**
 Nat Larson 53/54 Shelbourne, MA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 2nd in age group - 2; 3rd in age group - 1; 2nd male age grade - 2;

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.39%	5 km	15:57	USATF Masters 5 km Championships	10/2/2016	3	2nd male age grade
91.73%	Mile	4:50	USATF Masters 1 Mile Championships	8/26/2016	1	2nd male age grade
91.04%	10 km	33:51	USATF Masters 10 km Championships	4/24/2016	2	
87.97%	10 Mile	57:58	Crim 10 Mile Run	8/27/2016		
87.68%	15 km	54:07	USATF Masters 15 km Championships	10/29/2016	2	

Name **Age** **Hometown**
 Carl Combs 50/51 Cheney, WA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 2nd in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
93.39%	5 km	15:55	USATF Masters 5 km Championships	10/2/2016	2	
90.89%	8 km	26:20	USATF Masters 8 km Championships	2/28/2016	1	
89.45%	5 Mile	26:54	St. Paddy's Day Five Mile	3/16/2016		
88.25%	12 km	41:10	Lilac Bloomsday Run	5/1/2016		

Name **Age** **Hometown**
 Robert Arsenault 50 Riverside, CA

2016 record in USATF Masters Road Championships: 3rd in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.44%	5 km	16:08	USATF Masters 5 km Championships	10/2/2016		
89.36%	8 km	26:47	USATF Masters 8 km Championships	2/28/2016	3	
87.72%	5 km	16:49	Carlsbad 5000	4/3/2016		

F 55-59

- Joan Samuelson
- Cindy Conant
- Laura Bruess

Name **Age** **Hometown**
 Joan Samuelson 59 Freeport, ME

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
97.35%	10 km	39:25	LL Bean 10K	7/4/2016		
95.20%	7 Mile	45:32	Quad Cities Bix 7	7/30/2016		
94.05%	10 km	40:16	Bellin Run 10K	6/11/2016		
93.84%	5 km	19:31	Freihofer's Run For Women 5k	6/4/2016		
93.36%	7 Mile	46:26	Falmouth Road Race 7 Mile	8/21/2016		

Name **Age** **Hometown**
 Cindy Conant 55 Kensington, MD

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
93.78%	15 km	59:13	Great Allegany Run, 15K	10/1/2016		
92.67%	10 km	39:19	Pike's Peek 10K	4/25/2016		
92.37%	10 Mile	1:04:37	Broad Street Run 10 Mile	5/1/2016		
90.03%	10 Mile	1:06:18	Army Ten Miler	10/9/2016		
88.29%	H Mar	1:29:19	Rock Hall Half Marathon	8/14/2016		

Name **Age** **Hometown**
 Laura Bruess 56 Austin, TX

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.40%	5 km	19:07	Carlsbad 5000	4/3/2016		
90.69%	5 km	19:16	Evergreen Town Race 5K	8/7/2016		
89.60%	10 km	40:40	Bolder Boulder	5/23/2016		
88.70%	5 km	19:42	Sharin 'O' the Green 5k	3/12/2016		

M55-59

- Brian Pilcher**
- Mark Reeder**
- Dave Bussard**

Name **Age** **Hometown**
 Brian Pilcher 59 Ross, CA

2016 record in USATF Masters Road Championships: 2nd in age group - 1; 3rd in age group - 1; 1st male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
93.90%	5 km	16:52	Freedom Fest 5K	7/4/2016		
93.80%	10 km	34:39	Marin Memorial Day 10K	5/30/2016		
92.86%	10 km	35:00	USATF Masters 10 km Championships	4/24/2016	2	1st male age grade
92.80%	5 km	17:04	Carlsbad 5000	4/3/2016		
91.76%	12 km	42:52	Bay to Breakers	5/15/2016		

Name **Age** **Hometown**
 Mark Reeder 56 Brighton, MA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.47%	5 km	16:54	An Ras Mor 5K	3/6/2016		
90.57%	10 km	34:56	USATF Masters 10 km Championships	4/24/2016	1	
88.95%	H Mar	1:17:16	New Bedford Half Marathon	3/20/2016		
88.17%	10 km	35:53	Lone Gull 10K	9/25/2016		

Name **Age** **Hometown**
 Dave Bussard 55/56 Elkhart, IN

2016 record in USATF Masters Road Championships: 1st in age group - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.38%	5 km	16:55	USATF Masters 5 km Championships	10/2/2016	1	
89.31%	12 km	42:29	.US National 12K	11/15/2015	1	
87.58%	5 km	17:39	Brian Diemer 5K	6/11/2016		

F 60-64

- Kathryn Martin
- Julie Virkus
- Nancy Stewart

Name **Age** **Hometown**
 Kathryn Martin 64 Northport, NY

2016 record in USATF Masters Road Championships: 1st in age group - 1; top age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
100.27%	12 km	49:25	.US National 12K	11/15/2015	1st	1st female age grade
93.67%	5 Mile	34:43	NYRR Team Championships 5 Mile	7/30/2016		
94.96%	8 km	34:00	France Run 8K	8/21/2016		

Name **Age** **Hometown**
 Julie Virkus 63/64 Minneapolis, MN

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.68%	10 Mile	1:12:43	Medtronic TC 10 Mile	10/8/2016		
92.16%	10 km	44:36	MDRA Victory 10K	9/11/2016		
91.38%	10 km	44:21	Get In Gear 10K	4/30/2016		
90.23%	H Mar	1:37:17	Garry Bjorklund Half Marathon	6/18/2016		
89.36%	5 km	21:32	Torchlight 5K	7/20/2016		

Name **Age** **Hometown**
 Nancy Stewart 60 Atlanta, GA

2016 record in USATF Masters Road Championships: 1st in age group - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.45%	5 km	20:03	USATF Masters 5 km Championships	10/2/2016	1	
91.07%	10 km	42:42	USATF Masters 10 km Championships	4/24/2016	1	

M60-64

- Brian Pilcher**
- Tom Bernhard**
- Rick Becker**

Name **Age** **Hometown**
 Brian Pilcher 60 Ross, CA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 1st male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.90%	5 km	16:39	USATF Masters 5 km Championships	10/2/2016	1	M60-64 AR (pending), 1st male age grade
93.86%	30 km	1:50:53	Chicago Marathon (30K split)	10/9/2016		M60-64 AR (pending)
93.41%	25 km	1:31:41	Chicago Marathon (25K split)	10/9/2016		M60-64 AR (pending)
92.69%	20 km	1:12:52	New Haven 20K	9/5/2016		
92.37%	Marathon	2:42:40	Chicago Marathon	10/9/2016		M60-64 AR (pending)

Name **Age** **Hometown**
 Tom Bernhard 64 Castro Valley, CA

2016 record in USATF Masters Road Championships: 2nd in age group - 2; 1st male age grade - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.54%	5 km	17:17	Freedom Fest 5K	7/4/2016		
92.70%	12 km	44:28	.US National 12K	11/15/2015	2	1st male age grade
91.70%	8 km	29:28	USATF Masters 8 km Championships	2/28/2016	2	1st male age grade
91.29%	10 km	37:18	Marin Memorial Day 10K	5/30/2016		
90.31%	5 km	18:17	Pacific TherX 5K	5/22/2016		

Name **Age** **Hometown**
 Rick Becker 60 Selah, WA

2016 record in USATF Masters Road Championships: 1st in age group - 3; 2nd male age grade - 2; 3rd male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
92.11%	12 km	43:30	.US National 12K	11/15/2015	1	2nd male age grade
91.61%	8 km	28:42	USATF Masters 8 km Championships	2/28/2016	1	2nd male age grade
90.95%	10 km	36:24	USATF Masters 10 km Championships	4/24/2016	1	3rd male age grade

F 65-69

- Sabra Harvey
- Edie Stevenson
- Nancy Rollins

Name **Age** **Hometown**
 Sabra Harvey 66/67 Houston, TX

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
100.08%	5 km	20:15	Heights Run 5K	6/4/2016		
95.48%	Mile	6:06	Run One San Jacinto, Mile	1/30/2016		
95.47%	5 km	20:57	ABB 5K	1/17/2016		

Name **Age** **Hometown**
 Edie Stevenson 66/67 Boulder, CO

2016 record in USATF Masters Road Championships: 1st in age group - 4; 2nd in age group - 1; 1st female age grade - 2; 2nd female age grade - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
94.74%	12 km	53:50	.US National 12K	11/15/2015	1	F65-69 AR, 2nd female age grade
93.74%	10 km	45:08	USATF Masters 10 km Championships	4/24/2016	1	2nd female age grade
92.69%	8 km	35:49	USATF Masters 8 km Championships	2/28/2016	1	1st female age grade
92.60%	H Mar	1:38:59	USATF Masters Half Marathon Championships	6/5/2016	1	1st female age grade
92.40%	5 km	21:56	USATF Masters 5 km Championships	10/2/2016	2	

Name **Age** **Hometown**
 Nancy Rollins 69 Evanston, IL

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
93.63%	8 km	37:02	Shamrock Shuffle 8K	4/3/2016		
92.47%	5 km	22:31	The Race That's Good For Life 5K	4/10/2016		
91.16%	H Mar	1:45:13	Door County Half Marathon	5/7/2016		
90.31%	H Mar	1:46:12	March Madness Half Marathon	3/20/2016		
90.07%	5 km	23:07	Lew Blond Memorial 5K	5/21/2016		

M65-69

- Tom Bernhard
- Doug Winn
- William Dixon

Name **Age** **Hometown**
 Tom Bernhard 65 Castro Valley, CA

2016 record in USATF Masters Road Championships: 1st in age group - 3; 3rd male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.07%	5 km	17:31	USATF Masters 5 km Championships	10/2/2016	1st	M65-69 AR
91.56%	Mile	5:18	USATF Masters 1 Mile Championships	8/26/2016	1st	M65-69 AR; 3rd male age grade
90.71%	Mile	5:21	Miracle Mile	7/30/2016		
86.57%	15 km	1:00:44	USATF Masters 15 km Championships	10/29/2016	1st	

Name **Age** **Hometown**
 Doug Winn 66 Portland, OR

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
91.88%	5 km	19:36	Pacific Crest Sports Festival 5K	6/26/2016		
90.50%	H Mar	1:23:36	Foot Traffic Flat Marathon & Half Marathon	7/4/2016		
90.40%	10 km	38:24	USATF Masters 10 km Championships	4/24/2016	1	

Name **Age** **Hometown**
 William Dixon 68 Brattleboro, VT

2016 record in USATF Masters Road Championships: non podium

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
90.84%	15 km	59:38	Stockade-athon 15K	11/8/2015		
90.32%	5 km	18:56	An Ras Mor 5K	3/6/2016		
88.98%	10 km	39:47	USATF Masters 10 km Championships	4/24/2016	non podium	

F 70-74

- Jan Holmquist
- Elizabeth Gonnerman
- JoAnn Hall

Name **Age** **Hometown**
 Jan Holmquist 71 Burlington, MA

2016 record in USATF Masters Road Championships: 1st in age group - 1; 3rd female age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.71%	5 km	22:22	An Ras Mor 5K	3/6/2016		
93.62%	5 km	22:52	Run For All Ages	11/7/2015		
93.38%	10 km	48:53	USATF Masters 10 km Championships	4/24/2016	1	3rd female age grade
91.36%	5 km	23:46	Charles River YMCA Independence Day 5K	7/4/2016		
90.28%	5 km	24:03	Run For All Ages 5K	11/5/2106		

Name **Age** **Hometown**
 Elizabeth Gonnerman 70 Hanover, NH

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
86.07%	12 km	1:03:56	Bedford Rotary Memorial 12K Road Race	5/21/2016		
81.97%	5 km	26:07	Shamrock Shuffle 5K	3/19/2016		

Name **Age** **Hometown**
 JoAnn Hall 73 Redding, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
85.65%	10 Mile	1:31:51	NorCal John Frank Memorial 10-Mile	3/5/2016		
82.69%	5 km	27:02	Women's Fitness Festival 5K	6/5/2016		
81.99%	H Mar	2:06:46	Humboldt Redwoods HalfMarathon	10/16/2016		

M70-74

- Ron Legg
- Doug Goodhue
- Gary Patton

Name **Age** **Hometown**
 Ron Legg 70/71 Beach City, OH

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
88.40%	5 Mile	32:35	North Canton YMCA 5 Mile	7/4/2016		
87.81%	5 Mile	32:48	Johnnycake Jog, 5 Mile	7/10/2016		
87.30%	5 km	20:15	Jeep Davis Memorial 5K	9/3/2016		
87.57%	H Mar	1:31:02	Akron Half Marathon	9/24/2016		
87.09%	H Mar	1:31:32	Columbus Marathon, H Mar	10/15/2016		

Name **Age** **Hometown**
 Doug Goodhue 73/74 Milford, MI

2016 record in USATF Masters Road Championships: 3rd in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
88.03%	5 km	20:57	Burns Park Run 5K	5/1/2016		
87.78%	20 km	1:29:28	Volkslaufe 20K	7/4/2016		
86.11%	5 km	21:25	Prove It 5k	5/15/2016		
82.46%	12 km	55:08	.US National 12K	11/15/2015	3rd	
72.22%	10 Mile	1:26:43	Crim 10 Mile	8/27/2016		

Name **Age** **Hometown**
 Gary Patton 70 Rock Rapids, IA

2016 record in USATF Masters Road Championships: 1st in age group - 2; 2nd in age group - 2

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
87.12%	5 km	20:03	USATF Masters 5 km Championships	10/2/2016	1st	
84.08%	8 km	34:04	USATF Masters 8 km Championships	2/28/2016	2nd	
83.97%	10 km	43:03	USATF Masters 10 km Championships	4/24/2016	2nd	
83.31%	5 km	20:58	Sioux Falls Marathon/Half-Marathon, 5K	9/11/2016		
83.21%	Mile	6:07	USATF Masters 1 Mile Championships	8/26/2016	1st	

F 75-79

- Libby James
- Heide Moebius
- Sylvia Quinn

Name **Age** **Hometown**
 Libby James 79 Fort Collins, CO

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
95.68%	5 km	25:13	Firecracker 5K	7/4/2016		
94.87%	10 km	55:07	Bolder Boulder	5/23/2016		
94.62%	5 km	25:30	Freihofer's Run For Women 5k	6/4/2016		
83.60%	H Mar	2:17:08	Horsetooth Half Marathon	4/17/2016		

Name **Age** **Hometown**
 Heide Moebius 77 Lancaster, PA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
90.29%	12 km	1:07:20	.US National 12K	11/15/2015	1	
86.20%	10 Mile	1:36:09	Cherry Blossom Ten Mile Run	4/2/2016		
85.96%	5 Mile	46:05	Saunders Easter Egg Run 5 Mile	3/26/2016		
82.44%	H Mar	2:13:06	Garden Spot Village Half Marathon	4/9/2016		

Name **Age** **Hometown**
 Sylvia Quinn 77/78 Spokane, WA

non-USATF member

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
89.04%	H Mar	2:05:52	Yakima River Canyon Half Marathon	3/28/2016		
89.85%	12 km	1:10:16	Lilac Bloomsday Run 12K	5/1/2016		
88.02%	Marathon	4:39:26	Coeur d'Alene Marathon	5/29/2016		

M75-79

- John Ouweleen**
- Hans Schmidt**
- Harry Carter**

Name **Age** **Hometown**
 John Ouweleen 75/76 Sebastian, FL

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
87.24%	10 km	44:26	Sunrunners 10k	2/26/2016		
86.32%	5 km	21:43	Downtown Melbourne 5k	3/26/2016		
86%	Marathon	3:29:51	TCS Amsterdam Marathon	10/16/2016		
83.33%	Marathon	3:32:56	Jacksonville Bank Marathon	1/3/2016		

Name **Age** **Hometown**
 Hans Schmidt 76 Greenbrae, CA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
87.15%	8 km	35:53	USATF Masters 8 km Championships	2/28/2016	1	
86.51%	5 km	22:03	Freedom Fest 5K	7/4/2016		
85.86%	5 km	22:13	Reach for a Star 5K	3/13/2016		
84.63%	10 km	46:37	Marin Memorial Day 10K	5/30/2016		
83.80%	Mile	6:38	Miracle Mile	7/30/2016		

Name **Age** **Hometown**
 Harry Carter 79 Blackstone, MA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
86.03%	5 km	23:33	An Ras Mor 5K	3/6/2016		
82.78%	10 km	50:38	Lone Gull 10K	9/25/2016		
81.32%	5 km	24:55	B.A.A. 5K	4/16/2016		
80.88%	5 km	25:03	CVS Health Downtown 5k	9/18/2016		
80.84%	10 km	51:51	USATF Masters 10 km Championships	4/24/2016	2	

F 80-84

- Libby James
- Anne Garrett
- Ginette Bedard

Name **Age** **Hometown**
 Libby James 80 Fort Collins, CO

2016 record in USATF Masters Road Championships: 1st in age group - 2; 1st female age grade - 1; 2nd female age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
97.52%	5 km	25:11	USATF Masters 5 km Championships	10/2/2016	1	F80-84 AR; 2nd female age grade
96.57%	15 km	1:25:06	USATF Masters 15 km Championships	10/29/2016	1	F80-84 AR; 1st female age grade

Name **Age** **Hometown**
 Anne Garrett 81/82 Oceanside, CA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
86.24%	5 km	29:40	Carlsbad 5000	4/3/2016		
82.96%	H Mar	2:21:49	San Diego Half Marathon	3/13/2016		
73.87%	5 km	33:54	Oceanside Turkey Trot	11/26/2015		

Name **Age** **Hometown**
 Ginette Bedard 82/83 Howard Beach, NY

non-USATF member

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
84.92%	H Mar	2:26:21	MORE/SHAPE Women's Half-Marathon	4/17/2016		
84.62%	15 km	1:42:24	Ted Corbitt 15K	12/12/2015		
84.36%	Marathon	5:19:46	NYC Marathon	11/1/2015		
82.95%	10 km	1:07:32	Scotland Run 10K	4/2/2016		
82.47%	4 Mile	41:20	NYRR Retro 4-Miler	6/5/2016		

M80-84

- William Riley**
- Witold Bialokur**
- Bill Dodson**

Name **Age** **Hometown**
 William Riley 80 Centerville, MA

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
85.43%	5 km	24:16	FINISH FOR A GUINNESS 5K	9/4/2016		
83.59%	5 km	24:48	Cape Cod 5K Championship	7/16/2016		
83.25%	5 km	24:54	Harwich 5K Road Race	6/25/2016		
80.12%	7 Mile	1:00:35	Falmouth Road Race 7 Mile	8/21/2016		

Name **Age** **Hometown**
 Witold Bialokur 81/82 Rego Park, NY **non-USATF member**

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
85.15%	4 Mile	32:38	Run as One 4 Mile	4/24/2016		
83.76%	10 Mile	1:26:02	Bronx 10 Mile	9/25/2016		
83.30%	5 km	25:30	Washington Heights Salsa, Blues, and Shamrocks 5K	3/6/2016		
82.25%	4 Mile	33:47	Retro 4 Miler	6/5/2016		
82.13%	10 km	53:33	NYRR Spring Classic 10K	3/26/2016		

Name **Age** **Hometown**
 Bill Dodson 80/81 Mountain View, CA

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
81.04%	10 km	54:16	Marin Memorial Day 10K	5/30/2016		
80.87%	8 km	43:06	USATF Masters 8 km Championships	2/28/2016	1	
80.46%	5 km	26:24	Freedom Fest 5K	7/4/2016		
78.29%	5 km	27:08	Reach for a Star 5K	3/13/2016		
76.50%	Marathon	4:16:03	California International Marathon	12/6/2015		

F 85-89

- Ella Jane Custer**
- June Machala**

Name **Age** **Hometown**
 Ella Jane Custer 85 Wheeling WV

non-USATF member

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
75.76%	H Mar	3:09:02	Pittsburgh Marathon, Half Marathon	5/1/2016		
71.48%	H Mar	3:20:21	Columbus Marathon, Half Marathon	10/16/2016		
70.41%	10 km	1:30:20	City of Pittsburgh Great Race, 10K	9/25/2016		
65.83%	H Mar	3:37:32	Ogden Newspapers Half Marathon	5/28/2016		

Name **Age** **Hometown**
 June Machala

non-USATF member

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
84.14%	12 km	1:28:34	Lilac Bloomsday Run	5/1/2016		

M85-89

- Gunnar Linde**
- Jerry Johncock**

Name **Age** **Hometown**
 Gunnar Linde 87 Santee, MN

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
80.71%	8 km	52:12:00	USATF Masters 8 km Championships	2/28/2016	1	

Name **Age** **Hometown**
 Jerry Johncock 88 Shelbyville, MI

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
75.49%	5 km	35:15	Brian Diemer 5K	6/11/2016		
69.51%	H Mar	2:52:26	Go The Extra Mile, H Mar	4/24/2016		

M90-94

Willis Moses

Name **Age** **Hometown**
Willis Moses 90 Vestal, NY

2016 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
81.55%	5 km	35:37	Greater Binghamton Bridges 5K Run	5/1/2016		
78.32%	5 km	37:05	Pink Elk 5K	5/15/2016		
74.06%	5 km	39:13	USATF Masters 5 km Championships	10/2/2016	1	