

**USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE**  
**2017-2020 Association Level Race Walk**  
**Certification Rules Review (v 1.0)**



**Purpose**

The purpose of this open-book rules review is for officials to become familiar with the USATF rule book, and to gain & demonstrate knowledge about selected rules governing race walk events.

**Instructions**

Use the current USATF Competition Rules (<http://www.usatf.org/About/Competition-Rules.aspx>) to fill in the missing word(s) in the following questions. Questions are in sequential order as they appear in the rule book.

Enter your answers on the attached answer sheet and send it to your Association Certification Chair for grading. If you are taking the test online, see the directions for recording your answers electronically.

**Scoring**

30 fill-in-the blank questions, each worth 2 points; minimum passing score is 87% (26 correct)

**Questions**

1. In Long Distance Running and Race Walking, US citizens who are not eligible to represent the USA in International competition are \_\_\_\_\_ to participate in any USA National Championship that is not the sole selection event for an international team.
2. Athletes who are not members of a particular Association may compete as invited guests on a \_\_\_\_\_ basis at the discretion of the meet director or the appropriate Association sports committee.
3. It is recommended that there be \_\_\_\_\_ Race Walking Judges, plus a sufficient number of Race Walking Officials.
4. In walking events, the assigned \_\_\_\_\_ shall perform their duties as in any other event, but shall not be responsible for technique rules, which are the responsibility of the Judges of Race Walking.
5. No Lap Scorer should be responsible for more than \_\_\_\_\_ competitors (\_\_\_\_\_ in the case of ultra marathons and road walking events).
6. The competitors \_\_\_\_\_ wear clothing that could impede the view of the judges.
7. If \_\_\_\_\_ bib is provided, it must be worn visibly on the front.
8. Pacing in running or walking events by persons \_\_\_\_\_ in the event, by competitors lapped or about to be lapped, or by any kind of technical device other than those permitted under Rule 144.3(i); is an example of assistance.
9. Personally carrying or wearing articles of equipment such as wrist chronometers, heart rate monitors, speed distance monitors, stride sensors or similar devices during a race provided that such a device \_\_\_\_\_ be used to communicate with any other person.
10. In any track event of 20,000 meters or more or in any road race, a competitor may leave the marked course with the permission and \_\_\_\_\_ of a judge or other authorized official, provided that by going off course or returning to the course the athlete does not lessen the distance to be covered.
11. To be considered a finisher, a competitor must \_\_\_\_\_ the race.
12. The times for races conducted partly or entirely outside the stadium (off the track) shall be read in 0.01 of a second and shall be converted to the next longer whole second, i.e., for the Marathon, 2:09:44.32 shall be recorded as \_\_\_\_\_.
13. The Judges of Race Walking shall have the sole authority to determine the fairness or unfairness of walking, and their rulings thereon \_\_\_\_\_ and without appeal. Judging decisions are made as seen by the human eye.
14. The \_\_\_\_\_ shall assign the Judges to their respective judging areas and explain the judging procedure to be used during the race.
15. All Judges shall act in an \_\_\_\_\_ capacity.
16. All Judges Tally Sheets shall be turned into the \_\_\_\_\_ at the end of the race.
17. An athlete cannot be given a \_\_\_\_\_ yellow paddle by the same judge for the same offence.

18. When a Judge observes a competitor who fails to comply with Rule 232.2, the Judge \_\_\_\_\_ a red card.
19. Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 230.3(j) to enter and remain for the required period in the Pit Lane may be liable to further \_\_\_\_\_ in accordance with Rule 145.2.
20. The failure to give prompt notification \_\_\_\_\_ result in the reinstatement of a disqualified competitor.
21. The Chief Judge and, when applicable, the Chief Judge's Assistant, shall use a \_\_\_\_\_ for signaling disqualification.
22. A Pit Lane may be used as determined by the \_\_\_\_\_. In such cases an athlete will be required to enter the Pit Lane and remain there for the applicable period as set out in the entry material once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him. If, at any time, the athlete receives an additional Red Card from a judge other than one of the three who had previously sent a Red Card, he shall be disqualified. An athlete who fails to enter the Pit Lane when required to do so shall be disqualified by the Referee.
23. Race Walking is a progression of \_\_\_\_\_ so taken that the walker makes contact with the ground so that no visible (to the human eye) loss of contact occurs.
24. The advancing leg must be \_\_\_\_\_ (i.e., not bent at the knee) from the moment of first contact with the ground until the leg is in the vertical upright position.
25. In walks where multiple distances are contested simultaneously, each competitor must declare on the entry form which distance is being entered. Time for other distances (but not placings) are valid only if the competitor \_\_\_\_\_ the distance entered.
26. A race must have a minimum of \_\_\_\_ Judges as prescribed in Rule 230.1(e). For record requirements, see Rule 266.
27. Water and / or refreshment stations shall be provided at the beginning \_\_\_\_\_ of the race.
28. In Road Championships, the circuit for events of 10km and longer shall be a maximum of 2000m. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit should be shorter than \_\_\_\_\_.
29. All walking events that qualify or advance a competitor to subsequent events must be \_\_\_\_\_, race walk only, events that comply fully with race walk Competition Rules.
30. For records, track races require five Judges and road races require a minimum of \_\_\_\_\_ judges, as prescribed in Rule 230.1(e). At least half of these judges shall have National or higher certification, and at least one of these judges must have Master or IAAF certification.

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**Answer Sheet** (v 1.0)  
(Please Print)

Name:		Phone:	
Address, City, State, Zip Code:			
Email Address:		Certification # (if recertifying)	
<b>2 points for each correct answer; max score = 60. 26 correct answers - 52 points (87%) needed to pass.</b>			
Enter (print) the Correct Answer		Enter (print) the Correct Answer	
1.		16.	
2.		17.	
3.		18.	
4.		19.	
5.		20.	
6.		21.	
7.		22.	
8.		23.	
9.		24.	
10.		25.	
11.		26.	
12.		27.	
13.		28.	
14.		29.	
15.		30.	
<b>Association Certification Chair Use Only</b>		# Correct	Score %
Official Notified of Score – Date _____		Notes:	