

USATF SuperClinic - Tuesday, July 5, 2016

Please note recording or filming any of the session material is prohibited. Video of all sessions will be available on demand on www.usatf.tv.

Session	Room	Speaker	Topic
Session 1 (9:00-10:15am)	Crater Lake A	Curtis Taylor	100m Race Modeling, Cues and Concerns
	Crater Lake B	Kevin Reid	Finding the Zone: Elite Performances by Combined Events Athletes
	Mallard	Jeremy Fischer	Coaching Elite Jumpers to the Podium
	Dusty Miller	Dr. Joe Vigil	800-1500m Training Programs
Session 2 (10:30-11:45am)	Crater Lake A	Tonja Bailey	Practical Coaching Strategies 400 and 400Hurdles
	Crater Lake B	John Newell	Psychological Factors of Peaking Athletes
	Mallard	Jim Radcliffe	"From Start thru the Finish" Training concepts for healthy and efficient development
	Dusty Miller	Danny Mackey	The Other Ten Percent
Session 3 (12:00-1:15pm)	Crater Lake A	Brooks Johnson	Coaching LaShawn Merritt - Critical Zone Model
	Crater Lake B	Dr. Larry Judge	Kinematic Indicators of Elite Performance In The Glide Shot Put: Building The Technical Model
	Mallard	Cliff Rovelto	Overtraining Avoidance for the "Multiple" Event Athlete
	Dusty Miller	Drew Wartenburg	Championship Culture For Any Level
Lunch (1:15-2:30pm)			
Session 4 (2:30-3:45pm)	Crater Lk A & B	Brooks Johnson and John Smith	The Importance of Creativity and Intuition Coaching Athletes to the Podium
	Dusty Miller	Dr. Jill McNitt-Gray	Factors that Affect Performance in the Horizontal Jumps
Session 5 (3:45-5:00pm)	Crater Lk A & B	Ross Tucker	Talent Hardware and Software: The Role Of Environment and Genes In High Performance
	Dusty Miller	Scott Hudson	Injury Prevention for Athletes During The Season