

Coaching Education
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The 2015-16 period was used to experiment with online coaching resources. A 5 minute introduction to RW technique video was recorded and shared on YouTube where it had about 65,000 views. Local HS and JO teams in Sc were given the address. As a result, the field sizes for both the HS and JO events increased and there was a substantial reduction in the number of DQs. A new training video with better production values has been uploaded to allow expansion of the effort. There are now about 12 videos gathered on a single playlist that easily be shared with coaches or athletes.

Association chairs are encouraged to share this link with coaches at HS, JO, club and NAIA teams. Please ask that they subscribe to the channel so that they will see new videos as they are added:

tinyurl.com/walk2020

During the coming year, I hope to produce and upload videos on sport psychology for racewalkers, and a video explaining how running coaches can apply their knowledge to the coaching of racewalkers. Thanks to the efforts of John Nunn and Talia Mark, we have been invited to provide material for inclusion in the Run-Jump-Throws program. I am working on producing this.