I. Call to Order/Welcome: Women's LDR Chair, Ms. Kim Keenan-Kirkpatrick, convened the meeting at 8:08am.

II. Introduction of Attendees: At the request of Ms. Keenan-Kirkpatrick, she had everyone in attendance introduce themselves and their role with USATF.

III. Approval of 2016 General Session Minutes: Women's LDR Secretary, Ms. Camille Herron, made the 2016 General Session Minutes available online in the document library for review. Ms. Mickey Piscitelli made a motion and Mr. Darren De Reuck seconded to approve the minutes. The minutes were unanimously approved.

IV. WLDR Awards: Ms. Piscitelli (WLDR Vice-Chair for Awards) talked about the two awards our committee gives: the Runner of the Year Award and the Marja Bakker Contributor of the Year. The awards are given at the breakfast on Saturday around 8:20am.

Ms. Aliphine Tuliamuk - Runner of the Year. Objectively given to the top point scorer of the USA Running Circuit. Ms. Tuliamuk will be honored at the first Championship she participates in for 2018.

Dave Smisek - Marja Bakker Contributor of the Year. Mr. Smisek has been the elite coordinator for the Twin Cities in Motion Events (mile, 10 miler, marathon) for over a decade. He will be in attendance for the breakfast.

Ms. Keenan-Kirkpatrick mentioned that we've had so many other great women's performances this year, including by marathoners Jordan Hasay, Shalane Flanagan, and Amy Hastings.

V. 2017 Championship Review: Mr. De Reuck (WLDR National Championships Chair) gave an overview of the Championships in 2017. He proceeded to go through the list of Championships and winners. The Marathon Championship, held on the weekend of the 2017 USATF meeting, is giving bonuses for A and B Olympic Marathon Trials qualifiers. Results for the USATF Running Circuit can be found at the following link:

Ms. LeeAnn Meyer, who served as a liaison at the Bix 8K had a newspaper to show Ms. Tuliamuk winning the 8K.

VI. **2017 Upcoming Championship Bids:** Darren proceeded to mention all of the accepted bids for 2018 so far, which can be found in the following link: http://www.usatf.org/groups/EventDirectors/bids/openBids.asp

Ms. Keenan-Kirkpatrick suggested expanding the opportunities for athletes, including a Philly Half/8K possibly the weekend before the NYC Marathon. She mentioned how to grow the series, create a sub-series, and increase the prize money opportunities. Ms. Piscitelli mentioned the 12K, as formerly held as the final Championship. We would encourage more races to take an interest and hopefully not on conflicting dates. Mr. Matt Weingardt, National Office Events Manager (Matthew.Weingardt@usatf.org), said the events for 2018 will be updated at the following link. There’s a rights fee of $1,000 to bid. http://www.usatf.org/Events---Calendar/National-Championships.aspx

Mr. De Reuck said there’s a $20,000 minimum for prize money (women’s-only) and $40,000 for both genders, plus hotel and travel assistance. As Ms. Keenan-Kirkpatrick mentioned we want to be more inclusive and have events help out developmental athletes. As an example, she worked with the New Haven 20K to accommodate people who deserved to be there.

Committee athlete, Ms. Leslie Higgins, asked what is the purpose of the Circuit? What is their philosophy? Ms. Keenan-Kirkpatrick mentioned it’s a way to increase prize money into the pockets of athletes and help developmental athletes as well. Mr. Weingardt said there was $558,000 in prize money, of which $100,000 comes from USATF. Mr. De Reuck mentioned the Championships serve as a stepping stone for many athletes.

VII. **Half Marathon World Championship:** The World Half Marathon Championships will be held in March in Valencia, Spain. As of now, two auto-qualifiers have accepted positions (Natosha Rogers-Half Marathon, Jordan Hasay- 20K). They will go off a performance list of times for selecting additional athletes. Selection procedures can be found at the following: http://www.usatf.org/Events---Calendar/2018/IAAF-World-Half-Marathon-Championships/Selection-Procedures.aspx

The 2020 Half Marathon World Championship will be in Poland. Attendee, Mr. Greg Evans, asked about adding a wheelchair division?

VIII. **2020 Olympic Marathon Trials:** A Request for Proposal (RFP) was put together the past year with the help of athlete feedback. They will look at a lot of criteria to select the best host. The timeline for selections consists of: Jan. 5th due date for bids; March 19th a request for materials; and, site visits. The right time window to allow for recovery, the course, and having good weather are important factors for the athletes. We can reflect back on past Olympic Trials to create the ideal experience. The RFP can be found at the following: http://www.usatf.org/usatf/files/b3/b3a6aad3-3470-4051-8d5e-9ccca49d18f5.pdf
IX. **Records Report:** Our Records liaison, Andy Carr, couldn’t attend the meeting this year. He later sent the WLDR records to be ratified (see Addendum).

X. **Law and Legislation:** Our L&L liaison, Ms. Claire Tafelski, gave an update on pertinent legislation, including a proposal for the addition of another athlete to the Board of Directors. As of right now it takes a 75% vote by the Board of Directors (BOD) to override the membership. With the additional athlete it would take 80% vote of the BOD. The BOD is against the proposal, which would give the athletes more power on the BOD.

XI. **Coaches Advisory:** Liaison, Ms. Mary Shea, spoke on behalf of the Coaches Advisory Committee. She mentioned the importance of collaboration and coming together to get change. How do we communicate and reach out to coaches? There’s currently $673,000 to handle coaches within USATF Coaches Education. More information about Coaches Education can be found here: [http://www.usatf.org/Resources-for---/Coaches/Coaching-Education.aspx](http://www.usatf.org/Resources-for---/Coaches/Coaching-Education.aspx)

Ms. Keenan-Kirkpatrick asked how we educate college coaches about opportunities (ex. post-collegiate opportunities). Sarah Wilhelm was hired at the USOC to help bridge the gap for athletes. Attendee, Mr. Mitchell Garner (RRCA), mentioned the RRCA’s Run Pro Camp as being a great way to educate post-collegiate athletes on how to transition after college (see: [https://www.rrca.org/our-programs-services/programs/roads-scholars](https://www.rrca.org/our-programs-services/programs/roads-scholars)). Attendee, Mr. Andy Martin, who used to work for USATF, mentioned he would set up a tent at the NCAA Championships and give out information promoting the USATF Championships.

LDR Division Chair, Mr. Mike Scott, said that communication is key. Is there a mailing list for coaches? It would help to advocate for communication between the collegiate coaches and USATF.

XII. **Collegiate Running Association:** Mr. Steve Taylor spoke on behalf of the Collegiate Running Association for helping to bring together USATF and the NCAA. They have their own Championships, which creates additional competitive opportunities for regular students taking at least one course. Athletes who have participated and gone on to be successful include Kellyn Taylor and Paul Chelimo. More information about the Collegiate Running Association can be found here: [https://www.collegiaterunning.org/](https://www.collegiaterunning.org/)

XIII. **Other Reports:** The bid from the NYRRs to host the 2018 5K US Championship was accepted. Mr. Sam Grotewold said they are excited to host the 5K once again.

XIV. **New Business:** Ms. Keenan-Kirkpatrick mentioned adding sub-committees to WLDR. Possible additions include communication; sports medicine- assisting with staff selections for Teams to make sure we’re taking care of the athletes; and, agents.

There was a motion by Ms. Piscitelli to recess, and it was seconded by Mr. Bob Latham. The meeting recessed at 9:21am until the Joint Men’s and Women’s LDR Session at 10am.
Addendum

V. Women’s Long Distance Running

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Distance</th>
<th>Mark</th>
<th>Athlete Name</th>
<th>Age</th>
<th>HST</th>
<th>Race Name</th>
<th>Race City</th>
<th>RST</th>
<th>Route</th>
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<td>Half Mar</td>
<td>1:07:41</td>
<td>WP Molly Huddle</td>
<td>30</td>
<td>RI</td>
<td>NYC Hall</td>
<td>New York</td>
<td>NY</td>
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<tr>
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<td>12:42:40</td>
<td>P Camille Heron</td>
<td>35</td>
<td>OK</td>
<td>Tunnel Hill</td>
<td>Vienna</td>
<td>IL</td>
<td>11/11/17</td>
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<tr>
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<td>246970m</td>
<td>Katalin Nagy</td>
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<td>IAU World Champs</td>
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<td>24 hr</td>
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<td>Gina Stoly</td>
<td>36</td>
<td>WA</td>
<td>IAU World Champs</td>
<td>Belfast</td>
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Women’s LDR Track Records

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<th>Mark</th>
<th>Athlete Name</th>
<th>Age</th>
<th>HST</th>
<th>Race Name</th>
<th>Race City</th>
<th>RST</th>
<th>Route</th>
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<tbody>
<tr>
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<td>5:18:43:33</td>
<td>Courtney</td>
<td>32</td>
<td>CO</td>
<td>Riverbank One Day</td>
<td>Riverbank</td>
<td>CA</td>
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<tr>
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<td>13:45:49</td>
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<td>12/10/16</td>
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<tr>
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<td>Courtney</td>
<td>32</td>
<td>CO</td>
<td>Riverbank One Day</td>
<td>Riverbank</td>
<td>CA</td>
<td>02/25/17</td>
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Women’s LDR Road Bests

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<th>Age</th>
<th>HST</th>
<th>Race Name</th>
<th>Race City</th>
<th>RST</th>
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<td>Fall 50</td>
<td>Door</td>
<td>WI</td>
<td>10/24/15</td>
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</table>

V. Women’s Long Distance Running

7. Defer-application
7a Approve
8. Approve
9. Approve
10. Approve
11. Approve
12. Approve
13. Defer-application