

## USATF RULES COMMITTEE SCORECARD

Committee Actions as of \_\_\_\_\_30 October, 2017\_\_\_\_\_

	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action
1	7		21	4		41	4		60	6	
2	7		22	4		42	4		61	4	
3	W	W	23	4a		43	4		62	4	
4	7		24	4		44	4		63	4	
5	4		25	4		45	4		64	4	
6	3		26	4		46	4		65	4	
7	3		27	4		47	4		66	4	
8	2		28	4		48	4		67	4	
9	3a		29	4		49	3		68	5	
10	3		30	4a		50	4		69	4	
11	4		31	6		51	4		70	4	
12	6		32	4		52a	6		71	4	
13	4		33	6		52b	6		72	6	
14	4		34	4		53	6		73	4	
15	2		35	4		54	4		74	4	
16	2		36	4		55	4		75	4	
17	6		37	4		56	4		76	4	
18	4a		38	4		57	4				
19	4		39	4		58	4				
20	4		40	4		59	4				

**Conference Call Actions:**

1=Grammar / Punctuation    2=Housekeeping    3=Current Practice    4=Recommend Approval  
5=Refer    6=Recommend Reject    7=Recommend Table    W=Withdrawn    a=amended

**Final Actions: A=Accepted    AA= Accepted As Amended    R=Rejected    T=Tabled  
W=Withdrawn**

((~~Double parenthesis~~)) indicates removal. Underline indicates addition. \*\* - Adapted to USATF.  
## - Renumbering required.

**Item 1** – Tabled 2016 Item 1 – Submitted by Jeff Porter / Dwight Phillips, AAC. Amend Rule 1 as follows:

1. Eligibility:

- (a) In the Open Men's and Women's Indoor and Outdoor Track and Field Championships, the Junior Men's and Women's Track and Field Championships, the Men's and Women's Race Walking Championships, the Men's and Women's Open, Junior, and Masters Cross Country Championships, and the Men's and Women's Long Distance Running Championships, only citizens of the United States who are eligible to represent the United States in all levels of international competition and who have NOT been selected or accepted their selection by another federation are eligible to compete. (In the Men's and Women's Race Walking Championships, Men's Long Distance Running Championships, and Masters Cross Country Championships, others may compete in a separate non-scoring division or race.)
3. When a National Championship is used as a selection meet for an international competition, a Sport Committee may permit competition in the National Championship by a non-US citizen if the Sport Committee has been provided with proof that the competitor will acquire eligibility to represent the United States after the Championship but prior to the international competition. If a US citizen is eligible to be selected to represent another federation, the Chair of the Sport Committee, prior to the start of competition, may disqualify that athlete from participating in the National Championship.

**Item 2** – Tabled 2016 Item 4 – Submitted by Phil Greenwald, Rules Committee on behalf of Andy Carr / Jason Bryant. Amend Rule 21.1 as follows:

The Mountain/Ultra/Trail Running Council may annually conduct Junior, Open and Masters Mountain (~~(and/or Ultra-Marathon)~~) and Trail Running Championships and Open and Masters Ultra-Marathon Championships at such distances as it deems appropriate. These Championships shall be conducted using the rules for each type of race. See Rules 240 – 256.

**Rationale:** *Conform to current practice – the Junior category was omitted when this rule was re-written in 2014*

**Item 3** – Tabled 2016 Item 39 – Withdrawn by Submitter

**Item 4** – Tabled 2016 Item 41 – Submitted by Kenny Emerick, Rules Committee. Amend Rule 305.1(c) as follows:

There will be competition for boys and girls in preliminary meets and in Association (~~(, Regional and National)~~) Championships in age divisions by year of birth. Events and age divisions are the same as for the regular USATF Youth Athletics National Championships program. Regional Championships are in age divisions by year of birth 9-10, 11-12, 13-14, 15-16, 17-18 and National Championships are in age divisions by year of birth. Events and age divisions are 13-14, 15-16, 17-18.

**Item 5** – Tabled 2016 Item 45 – Submitted by Graeme Shirley, Rules Committee on behalf of Gary Snyder. Amend Rule 261.1(c) as follows:

An American Masters Record, which shall be the best performance made by an American citizen or relay team composed entirely of U.S. citizens and in each case also USATF members. ...

**Rationale:** *This submission is consistent with WMA Rule 260.1.1.2 stating only performances by registered members of an affiliated country shall be recognized as WMA world records and the application must be certified as being correct by the National Body of the Affiliate.*

### IAAF Compliance Items

**Item 6** – Add New Rule 9.2 ## as follows: IAAF # 1

In the case of mass participation events held outside the stadium, these rules should normally only be applied in full to those competitors, if any, who are designated as taking part in the elite or other defined section of the races such as age group categories for which there are placings for awards or prizes. Race organizers should outline, in the information provided to other competitors, which other rules will apply to their participation, particularly those pertaining to their safety.

**Item 7** – Amend Rule 119.4(a) as follows: IAAF # 20

The Jury of Appeal shall, as its sole function in matters resulting from a Referee decision, determine if the decision of the Referee or the Chief Race Walking Judge is based upon adequate evidence and within the scope of the authority given to such person. If such determination is in doubt, the Jury of Appeal shall consult with all relevant persons, including the relevant Referee except in cases in which the decision of the referee is to be confirmed, and may consider other available evidence, including any available video evidence. The decision of the Referee or the Chief Race Walking Judge shall be upheld unless shown to be clearly erroneous.

**Item 8** – Amend Rule 123.4 as follows: IAAF # 3

Ensuring that the necessary certification under Rule ((435)) 148.1 exists or has been received before the competition.

**Item 9** – Add New Rules 124.4 and 124.5\*\* as follows: IAAF # 4

4. The Announcer shall ensure that through announcements and the available technology the public is informed of information concerning the competitors taking part in each event, including the start lists, intermediate and final results. The official results (placings, times, heights, distances and points) of each event should be conveyed at the earliest possible moment after receipt of the information.

5. At competitions held under Rule 10 or Rule 11, the Announcers shall be approved by USATF.

**Item 10** – Amend Rule 125.1 as follows: IAAF # 5

... The Video Referee ((~~should~~)) shall operate from ((~~the~~)) a Video Control Room ((~~and~~)). This Referee shall be in communications with and should consult with appropriate other Referees.

**Item 11** – Amend Rule 125.2 as follows: IAAF # 6

... The Referee shall not act in a dual capacity but may take any action or decision according to the Rules based on personal observation and may overrule a decision of a Judge.

**Item 12** – Add New Rule 125.10 \*\* ## as follows: IAAF # 7

The appropriate Referee where practicable after consulting the Games Committee, shall have the authority to warn or to remove any person, not in competition but properly identified, that is present in the competition area and who is acting in an unsporting or improper manner or provides assistance to athletes.

**Item 13** – Add New Rule 126.1 ## as follows: IAAF # 8

Judges may reconsider any original decision made by them if the decision was made in error, provided the new decision is still applicable. Alternatively, or if a decision has subsequently been made by a Referee or the Jury of Appeal, they shall refer all available information to the Referee.

**Item 14** – Amend Rule 126.8 as follows: IAAF # 47

The appropriate Field Judge(s) shall, at the completion of a trial, indicate a valid performance by raising a white flag and shall indicate a foul or non-valid performance by raising a red flag. The judge may reconsider a decision if he/she believes an incorrect flag was raised. See Rules 180.11 & ~~((180.10))~~ Rule 180.12.

**Item 15** – Delete Rule 134 as follows: IAAF # 9

~~((In conjunction with the Event Presentation Manager and under the general direction of the Games Committee, the Announcer shall announce to the public the names and numbers of the competitors taking part in each event and all relevant information such as the composition of the heats or lanes drawn and intermediate times. The results (placings, times, heights, and distances) of each event should be announced at the earliest practical moment after the Announcer receives the information. The Announcer or an assistant shall keep a log that records the time of day of all results announcements and shall make this log available to the Referee, the Jury of Appeal and the Competition Secretary on request.))~~

**Item 16** – Delete Rule 135 as follows: IAAF # 10

~~((The Surveyor shall, immediately prior to the meet, survey the track and runways, and measure all distances that are to be contested, and also the circles, arcs, sectors, and other measurements relating to the field events. The Surveyor shall also measure the levelness of the track and of all runways and landing areas and shall furnish a written statement of such to the Games Committee or the Referee before the meet.))~~

**Item 17** – Amend Rule 142.3 as follows: IAAF # 13

In scored competitions, ~~((except as provided below,))~~ an athlete shall be disqualified from participation in all further events, including other events in which participation is occurring simultaneously, ~~((in the competition))~~ where:

(a) A final confirmation was given that the athlete would start in an event but then failed to participate;

**NOTE:** *A fixed time for the final confirmation of participation shall be published in advance.*

(b) A competitor qualified in a preliminary round of an event for further participation in that event but then failed to participate further;

(c) A competitor failed to compete honestly, with bona fide effort. The relevant Referee will decide on this and a corresponding reference made in the official results.

**NOTE 1:** *The situation foreseen in (c) shall not apply to the individual events of a Combined Event.*

**NOTE 2:** Passing in a field event is an allowable action by a competitor and does not constitute failure to participate.

~~((d) Passing in a field event is an allowable action by the athlete and does not constitute failure to participate.))~~

This rule shall not apply to track events in which only a final is held, but an athlete may be barred from such an event if previously he or she has not honestly participated in a track event within the purview of this rule.

**NOTE:** *For Youth Athletics exception, see Rule 302.2(g).*

**Item 18** – Amend Rule 143.3(a)\*\* as follows: IAAF # 14

A competitor may compete in bare feet or with footwear on one or both feet. The purpose of shoes for competition is to give protection and stability to the feet and a firm grip of the ground. Such shoes, however, must not be constructed so as to give the competitor any unfair ~~((additional))~~ assistance ~~((; including the incorporation of any technology which will give the wearer any unfair))~~ or advantage ~~((;~~

such as a spring or similar device. A shoe strap over the instep is permissible)). Any type of shoe used must be reasonably available to all.

NOTE 1: Adaption of a shoe to suit the characteristic of a particular competitor's foot is permitted if made in accordance with the general principles of these Rules.

NOTE 2: Where evidence is provided to USATF that a type of shoe being used in competition does not comply with the Rules, USATF may refer the shoe for study and if there is non-compliance may prohibit such shoes from being used in competition.

**Item 19**– Amend Rule 143.5 as follows: IAAF # 15

In the ((~~Pole Vault and High Jump~~)) Jumping Events, the competitors may wear the bib on the back or front only.

**Item 20** – Amend Rule 144.3(f) ## as follows: IAAF # 17

Verbal or other communication, without the use of any technical device, from an individual who is not in the competition area to a competitor who is in the competition area. In order to facilitate this communication and not to disturb the staging of the competition, it is recommended that a place in the stands, close to the immediate site of each field event, be reserved for the competitors' coaches.

NOTE: Coaches complying otherwise with Rule 241.2 may communicate with their athletes.

**Item 21** – Amend Rule 144.3(i) ## as follows: IAAF # 17

Any kind of personal safeguard (i.e., bandage, tape, belt, support, wrist cooler, breathing aid, etc.) for medical purposes. The Referee shall have the authority to verify any case should that be desired.

**Item 22** – Add New Rule 144.3(m) ## as follows: IAAF # 17

Hats, gloves, shoes and other items of clothing provided to competitors at official stations.

**Item 23** – Add New Rule 144.3(f) ## as follows: IAAF # 16

Receiving physical support from another (other than helping to recover to a standing position) that assists in making forward progression in the race.

**\*\*\* separate assist and not assist into 144.3(a) through (f) and 144.4(a) through (h) \*\*\***

**Item 24** – Amend Rule 144.7 as follows: IAAF # 35

(a) In races of 5000 Meters through 10,000 Meters, the meet organizers may furnish competitors with water and sponging stations on the track and in off-track events.

(b) In Track Events longer than 10,000m, ((~~water shall be provided and sponging stations may~~)) refreshments, water and sponging stations shall be provided. Refreshments may be provided either by the Games Committee or the athlete and shall be placed so that they are easily accessible to, or may be put by authorized persons into the hands of the athletes. Refreshments provided by the athletes shall be kept under the supervision of officials designated by the Games Committee from the time that the refreshments are lodged by the athletes or their representatives. See Rules 232 and 241.

(c) A competitor who receives or collects refreshment or water from a place other than the official stations, except where provided for medical reasons from or under the direction of race officials, or takes the refreshment of another competitor, should, for a first such offence, be warned by the Referee normally by showing a yellow card. For a second offense, the Referee shall disqualify the competitor, normally by showing a red card. The competitor shall then immediately leave the course.

**Item 25** – Amend Rule 146.6(b) as follows: IAAF # 19

Regarding an attempt during the first three rounds of trials of a horizontal field event that would have advanced the competitor to ~~((the final three))~~ any subsequent rounds of trials only if the protest or subsequent appeal was upheld; ...

**Item 26** – Add New Rule 146.6 ## as follows: IAAF # 18

If a protest or appeal is based on a competitor being incorrectly excluded from an event due to a false start and is upheld after the completion of the race then the competitor should be afforded the opportunity to run on their own to record a time in the event or be advanced to subsequent rounds. No competitor should be advanced to a subsequent event round without competing in all previous rounds.

**Item 27** – Add New Rule 147.1 ## as follows: IAAF # 11, # 21, # 22

1. Universal competitions, such as relays, other team events in which men and women compete together or events in which men and women compete with a single set of results, are permitted in accordance with the published entry materials of the relevant body. A universal event shall have a single set of results.
2. Other than under Rule 147.1 for all other competitions held completely in the stadium, mixed events between male and female participants shall not normally be permitted. However, authorization for such mixed competition in field events and in races of 5000 meters or longer may be made for a competition by the Chair or designee of the appropriate sport committee or council. For mixed competitions conducted in Field Events, separate result cards shall be used and results declared for each gender. For races, the gender of each competitor shall be shown in the result.

**NOTE 1:** Mixed Competitions in Track Events as permitted under this Rule shall be conducted only where there are insufficient competitors of one or both genders competing to justify the conduct of separate races.

**NOTE 2:** Mixed Competitions in Track Events shall not, in any case, be conducted so as to allow competitors of one gender to be paced or assisted by competitors of another gender.

**NOTE 3:** See Rule 320.8 for Masters exception.

**Item 28** – Add New Rule 148.1 \*\* ## as follows: IAAF # 23

**SURVEYING, MEASUREMENTS AND WEIGHTS**

The accuracy of the markings and installations for athletics facilities as applicable under Rule 140, Rule 149.2, Rule 160, Rule 180 and Rule 187 shall be checked by an appropriately qualified surveyor who shall furnish appropriate certificates with any check measurements made to the relevant body and/or the facility owner or operator. The Surveyor shall be given full access to stadium plans and drawings and the latest measurement report for the purpose of this verification.

**Item 29** – Amend Rule 149.2 as follows: IAAF # 24

Performances made outside traditional athletics facilities (such as those held in town squares, other sporting facilities, beaches, etc.) or on facilities temporarily built inside a stadium shall only be valid, if all of the following conditions are met: ...

**Item 30** – Amend Rule 149.2(c) as follows: IAAF # 25

The event is conducted at a site or facility in conformity with the Rules, including a survey in accordance with Rule 148.1. ~~((where appropriate))~~ When possible this shall occur on the day of the event.

**Item 31**– Amend Rule 160.3 as follows: IAAF # 26

**NOTE:** The points at which the steeplechase track diversion for the water jump changes from curved to straight or straight to curved shall be marked by the surveyor and a cone placed at such points during a race.

**Item 32** – Amend Rule 161 as follows: IAAF # 28

1. (~~Starting blocks are to be used in track events, not as a material aid to the runner, but to protect the track and to expedite the carrying out of the meet. Hand supports are not allowed. Starting blocks must be made entirely of rigid materials and, while they may be adjustable, must be made without springs or other devices whereby the athlete can obtain artificial assistance or impetus. They should be so made as to easily and quickly be placed into position and removed without damage to the track. On all weather tracks, the organizers or Games Committee may refuse to allow a competitor to use any personal starting blocks that can be shown to cause damage to the track.~~)

Starting blocks shall comply with the following general specifications:

- (a) The starting blocks shall consist of two foot plates, against which the competitor's feet are pressed in the starting position and which shall be mounted on a frame. They shall be entirely rigid in construction and shall give no unfair advantage to the competitor. The frame shall in no way obstruct the competitor's feet as they leave the blocks.
  - (b) The foot plates shall be sloped to suit the starting position of the competitor, and may be flat or slightly concave. The surface of the foot plates shall accommodate the spikes in the competitor's shoes, either by using slots or recesses in the face of the foot plate or by covering the surface of the foot plate with suitable material permitting the use of spiked shoes.
  - (c) The mounting of the foot plates on a rigid frame may be adjustable, but it shall allow no movement during the actual start. In all cases, the foot plates shall be adjustable forward or backward in relation to each other. The adjustments shall be secured by firm clamps or a locking mechanism, which can be easily and quickly operated by the competitor.
  - (d) They shall be fixed to the track by a number of pins or spikes, arranged to cause the minimum possible damage to the track. The arrangement shall permit the starting blocks to be quickly and easily removed. The number, thickness and length of pins or spikes depend on the track construction. The anchorage shall permit no movement during the actual start.
  - (e) When an competitor uses his or her own starting blocks, the blocks shall comply with these Rules but otherwise may be of any design or construction, provided that the blocks do not interfere with other athletes and can be shown to cause no damage to the track
2. Starting blocks shall be used for all races up to and including 400 meters and the lead-off leg of relays where that leg does not exceed 400 meters. They shall not be used for any other race.  
**NOTE 1:** *For Youth Athletics exception, see Rule 302.2(e).*  
**NOTE 2:** *For Masters exception, see Rule 332.2(d).*
  3. No part of the starting block may overlap the starting line or extend beyond the lane in which it is placed, with the exception that, provided there is no obstruction to any other competitor, the rear part of the frame may extend beyond the outer lane line.

**Item 33** – Amend Rule 162.13(b) \*\* as follows: IAAF # 31

in races where starting blocks are used, there is initial movement prior to receiving the report of the pistol/starting device by one or more athletes that is not stopped and continues into a commencement of the start, (~~this shall be deemed a false start and~~) the race shall be immediately recalled, even though one or both hands have not yet lost contact with the ground or one or both feet have not yet lost contact with the foot plates of the starting blocks at the time of the report of the pistol/starting device. Such instances may be subject to a disciplinary warning or disqualification. See Rule 162.17.

**Item 34** – Amend Rule 162.14 as follows: IAAF # 30

... ~~((Unless the apparatus obviously was not working properly, the evidence from this equipment, coupled with any resulting loss of contact, Rule 162.12, normally shall be accepted as conclusive by the Starter and appropriate action shall be taken with respect to the athlete(s) with a reaction time faster than 0.100 of a second.))~~ The evidence from this equipment shall be used as a resource by the relevant officials to make a decision. See Rule 125.3.

**Item 35** – Amend Rule 162.15 as follows: IAAF # 32

Any competitor(s) charged with a false start shall be disqualified and a red and black (diagonally halved) card shall be raised in front of the respective competitor(s) , and when lane markers are being used, a corresponding indication ~~((, such as a red flag, may))~~ shall be placed on the respective lane marker(s). For Combined Events, see Rule 200.3(c); For Youth, see Rule 302.2(d); For Masters, see Rule 332.2(c).

**Item 36** – Amend Rule 162.17(c) as follows: IAAF # 29

in their judgment, after the command “on your marks” or “set”, disturbs other competitors in the race through sound, movement or otherwise; or

**Item 37** – Amend Rule 163.4 as follows: IAAF # 33

Any competitor or participant responsible for jostling, running across, or obstructing another competitor or participant so as to impede his or her progress shall be liable to disqualification in that event. The Referee shall have the authority to order the race ~~((to))~~ be re-held, excluding ~~((the))~~ any disqualified competitor(s) ~~((or, in the case of a heat, to permit any competitor(s)))~~ for one, some or all competitors seriously affected by jostling or obstruction ~~((other than the disqualified competitor))~~ or allow such competitors to compete in a subsequent round of the race. Normally, such competitor(s) should have completed the event with bona fide effort. ~~((Regardless of whether there has been a disqualification, the Referee, in exceptional circumstances,))~~ The Referee shall also have the authority to order the race be re-held or advance ~~((a competitor))~~ one, some or all competitors seriously affected by jostling or obstruction that is unintentional or caused otherwise than by a competitor ~~((or to order the race to be re-held))~~ if it is just and reasonable to do so.

**Item 38** – Amend Rule 163.5 as follows: IAAF # 34

... Excluding the above exceptions, the Referee shall disqualify a competitor if ~~((an Umpire reports that the competitor has stepped out of the lane))~~ material advantage is gained. ...

**Item 39** – Delete Rule 163.6(b) ## as follows: IAAF # 50

**Leaving Track~~((, Field,))~~ or Course**

~~((In field events and in the combined events, with the permission of the Chief Judge of the event and accompanied by an official, a competitor may leave the immediate area of the competition during the progress of the competition (other than during a race). Competitors excused to compete in another event need not be accompanied.))~~

**Item 40** – Amend Rule 165.15(g) as follows: IAAF # 36

The determination of the official ~~((winning))~~ finishing times are in accordance with Rule 165.4 when necessary; and

**Item 41** – Amend Rule 166 ## as follows: IAAF # 38

1. ~~((The heats or sections for all rounds in the running events in the Open National Track and Field Championship, and to the extent feasible in all other meets, shall be formed according to the following.))~~ The published entry material for Rule 10, Rule 11, Rule 27, other selection



competitions and all other meets to the extent feasible should include tables which shall, in the absence of extraordinary circumstances, be used to determine the number of rounds, the number of heats in each round and the qualification procedure, i.e. those to advance by place (P) and time (T), for each round. Such information shall also be provided for any preliminary qualification. The published tables shall be formed according to the applicable provisions of Rule 166.1(a) through Rule 166.1(g) in the absence of other published entry material:

(a) ...

(b) In all rounds before the final (~~((preliminary))~~ qualification rounds), (~~(unless otherwise provided by alternate tables permitted under Rule 166.1(h,))~~ where practical at least the first and second place in each heat shall qualify for the next round and it is recommended that at least three in each heat shall qualify. Except where Rule 167 applies, other athletes may qualify by place or by time according to this Rule (~~(Rule 166.1(h), the particular competition regulations, or as determined by the Games Committee)~~). When athletes are qualified according to times, only one system of timing shall be applied.

...

(f) Principles of assigning lanes.

i. For events of 100 meters to 800 meters, inclusive, and relays up to and including the 4x400 Meters:

a. In the first round, including a final if it is the first round and any additional qualification round, lanes will be drawn by lot, using the lanes designated by the Games Committee.

...

(h) On a six (6), eight (8), or nine (9) lane track, in the absence of extraordinary circumstances or published tables in the entry materials, the following table shall be used in determining the number of heats and advancement procedure for events run entirely or partially in lanes. On other tracks, the table should be modified to reflect the other provisions of this Rule. (~~For Championships and selection meets, alternate advancement procedures may be used as included in the published entry material.~~) ...

**Item 42** – Add New Rule 166.1 ## as follows: IAAF # 38 - March, 2016

Qualification rounds shall be held in track events in which the number of competitors is too large to allow the competition to be conducted satisfactorily in a single round (final). Where qualification rounds are held, all competitors must compete in, and qualify through, all such rounds except that the body having the control over a competition may, for one or more events, authorize the conduct of additional qualification round(s) either at the same or at one or more earlier competition(s) to determine some or all of the competitors who shall be entitled to participate and in which round of the competition. Such procedure and any other means (such as achieving entry standards during a specified period, by specified placing in a designated competition or by specified rankings) by which an athlete is entitled to participate, and in which round of the competition, shall be set out in the entry material for each competition.

**Item 43** – Add New Rule 166.2 ## as follows: IAAF # 38

In single day invitational competitions, competitors may be seeded, ranked and/or allocated to lanes in accordance with published procedure in the entry material for the competition or by any other method determined by the Games Committee but preferably notified to the competitors and their representatives in advance.

**Item 44** – Amend Rule 168.3 as follows: IAAF # 39, # 40

All races shall be run in lanes. Each athlete shall (~~(jump)~~) go over each hurdle and shall keep to his or her own lane throughout. In addition to the applicable provisions of Rule 163, a competitor shall be disqualified if:

- (a) His/her leg or foot is, at the instant of clearance, beside the hurdle (on either side) below the horizontal plane of the top of any hurdle; or
- (b) In the opinion of the Referee, he/she deliberately knocks down any hurdle.  
NOTE: Provided that this Rule is otherwise observed and the hurdle is not displaced or its height lowered in any manner including tilting in any direction, a competitor may go over the hurdle in any manner.
- (c) He/she directly or indirectly knocks down or significantly displaces a hurdle in another lane (unless there is no effect or obstruction upon any other competitor(s) in the race).

**Item 45** – Amend Rule 170.3 \*\* as follows: IAAF # 42

In the 4x100m, the 4x200m, the first and second exchanges in the ‘Swedish’ Medley and the outdoor Sprint Medley relays, each takeover zone shall be 30m long, of which the scratch line is 20m from the start of the zone. For the third exchange in the ‘Swedish’ Medley Relay and in the 4x400m and longer relays each exchange zone shall be 20m long of which the scratch line is the center. The zones shall start and finish at the edges of the zone lines nearest the start line in the running direction. ...

**Item 46** – Amend Rule 170.12 and Rule 170.13 ## as follows: IAAF # 44

- 12. ~~((In the 4x100m, 4x200m and other relay races where the distance of an incoming leg is 200m or less, the outgoing member of the team may commence running not more than 10m outside the exchange zone. A distinctive mark shall be made in each lane to denote this extended limit. If a runner does not follow this Rule, his/her team shall be disqualified.))~~
- ~~((13. In the 4x400m, 4x800m, 4x1500m races, the last two legs of the outdoor Sprint Medley Relay and the final takeover in the ‘Swedish’ Medley Relay,))~~ In all relay exchanges, runners are not permitted to begin running outside their exchange zones, and shall start within their exchange zone. If a runner does not follow this Rule, his/her team shall be disqualified.

**Item 47** – Amend Rule 170.20 as follows: IAAF # 43

In all relay races, not more than six (6) athletes may be entered for each team. Any four athletes from among those entered for the competition, whether for the relay or any other event, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, only two additional athletes may be used as substitutes in the composition of the team. The composition of the relay team and the order of running shall be officially declared no later than one hour before the published first call time (the time by which the athletes must be present in the call room) for the first heat of each round of the competition. Further alterations may be made only on medical grounds (verified by a medical officer appointed by the Games Committee) and only until the final call (the time at which the athletes are listed to depart the call room) for the particular heat in which the team is competing. Each member of a relay team may run one leg only. Except for Youth competitions, the team shall compete as named and in the declared order. If a team does not follow this Rule, it shall be disqualified.

**Item 48** – Amend Rule 180.4 ## as follows: IAAF # 45, # 46

In all field events other than the High Jump and Pole Vault:

- (a) No competitor shall have more than one trial recorded in any one round of the competition.
- (b) When there are more than eight competitors, each competitor shall be allowed three trials. The eight competitors with the best performances (or nine if nine lanes are used around the track) shall be allowed three additional trials, unless the entry material provides otherwise. Ties for the final qualifying position for ~~((three))~~ additional trials shall be broken by applying Rule 180.17. If it is determined that there is a tie, the tying competitors shall be allowed any additional trials.  
NOTE: The Games Committee may specify an alternate number (more or less) of athletes who may have additional trials provided the number of such trials is no more than six.

- (c) When there are eight or fewer competitors (or nine if nine lanes are used around the track), all shall be allowed six trials, unless the entry material provides otherwise. Athletes failing to achieve a valid trial during the first three rounds of trials shall compete in any subsequent rounds of trials before those with valid trials, and in the same relative order according to the original draw, excepting paragraph (f).
- ~~((d) In non-championship competition, in the discretion of the Games Committee, the number of trials may be reduced so that each competitor is allowed four trials. The Entry Material shall include the procedure for the competing order of the last round.))~~
- (e) In the competition proper, in a Championship competition, if there are resident and/or non-resident aliens among the leading competitors after the completion of the preliminaries, American citizens in order of placement equal to the number of full lanes around the track, but not to exceed nine (9) shall advance to the finals for three (3) additional attempts.
- (f) In all competitions, the order of competition for ~~((the final three))~~ any subsequent rounds of trials shall be in reverse order of the best performance in the first three rounds of trials, unless the entry material provide otherwise. When the competing order is to be changed and there is a tie for any position, those tying shall compete in the same relative order according to the original draw. If a competitor is permitted by the Referee to continue in a competition under protest in accordance with Rule 146.6(b), such competitor shall compete in subsequent rounds before all others continuing in the competition and if more than one, then in the same relative order according to the original draw.
- (g) All competitors shall take their first trials in order; then all shall take their second trials in like order, etc. unless other provisions of this rule apply.
- NOTE:** *For Youth Athletics exception, see Rule 302.5(p).*
- (h) All fair attempts in horizontal jumps and throws competitions should be measured immediately after each attempt.

**Item 49** – Amend Rule 180.5 as follows: IAAF # 49

If, for any reason, a competitor is hampered in a trial, is unable to take it for any reason beyond his/her control or the trial cannot be correctly recorded, the Referee shall have the authority to award the competitor a substitute trial or to re-set the time either partially or in full. No change in the competition order shall be permitted. A reasonable time shall be allowed for ~~((the replacement))~~ any substitute trial according to the particular circumstances of the case. In cases when the competition has progressed before the substitute trial is awarded, the substitute trial should be taken before any other subsequent trials are then made by the competitor.

**Item 50** – Amend Rule 180.7 ## as follows: IAAF # March, 2016

~~((If the Games Committee deems it necessary, a separate qualifying competition may precede the competition proper to determine which of the athletes entered in the event shall compete in the competition proper.~~

~~(a) In Championship competitions, when sixteen (16) or more competitors entered report prior to the qualifying competition, qualifying rounds shall be held))~~ A qualification round shall be held in field events in which the Games Committee determines the number of competitors is too large to allow the competition to be conducted satisfactorily in a competition proper. Where a qualification round is held, all competitors must compete in, and qualify through, that round except that the body having the control over a competition may, for one or more events, authorize the conduct of additional qualification round(s) either at the same or at one or more earlier competition(s) to determine some or all of the competitors who shall be entitled to participate and in which round of the competition. Such procedure and any other means (such as achieving entry standards during a specified period, by specified placing in a designated competition or by specified rankings) by which an athlete is entitled

to participate, and in which round of the competition, shall be set out in the entry material for each competition.

**Item 51** – Amend Rule 180.10(c) Note 1 as follows: IAAF # 12

In Field Events, the Referee shall not allow an athlete to take a trial in a different order in the final round of trials but the Referee may allow an athlete to do so during any earlier round of trials. This subsection applies to one attempt at a time (~~((within any of the six rounds of competition))~~). It does not permit an athlete to take a given attempt after the next round of trials (or next trial in the vertical jumps) has begun.

**Item 52a** – Amend Rule 180.11 as follows: IAAF # 48

(b) It is a matter for the Referee to decide, having regard to all the circumstances, what is an unreasonable delay. The times in the following chart should not normally be exceeded.

**TIME IN MINUTES FOR INITIATING A FIELD EVENT TRIAL**

Total # of Athletes Competing at the Start of the Round	Individual Event			Combined Event		
	HJ	PV	Other	HJ	PV	Other
More than 3	<del>((4))</del> <u>0.5</u>	1	<del>((4))</del> <u>0.5</u>	<del>((4))</del> <u>0.5</u>	<del>((4))</del> <u>0.5</u>	<del>((4))</del> <u>0.5</u>
2 or 3	1.5	2	1	1.5	2	1
1	3	5	-	2	3	-
Consecutive Trials	2	3	2	2	3	2

(c) In the High Jump and Pole Vault, any change in the time period allowed for a trial shall not be applied until the bar is raised to a new height, except (~~(when))~~ the time specified for consecutive trials shall be applied whenever (~~(any))~~ a competitor has two or more consecutive trials. The time allowed shall be the greater if more than one situation is applicable. For the first attempt of (~~(any))~~ a competitor upon entering the competition the time allowed for such attempt shall be (~~(one))~~ 0.5 minute. The number of competitors remaining in the competition includes those who could be involved in a jump-off for first place. When only one competitor, who has won the competition and remains in High Jump or Pole Vault, is attempting a World Record or other record directly relevant to the competition, the time limit shall be increased by one minute to those set out above.

**Item 52b** – Amend Rule 180.11 ## as follows: IAAF # 49

~~((a) A competitor in a field event who unreasonably delays making a trial is liable to have the trial disallowed, and recorded as a foul.)~~

~~((b) It is a matter for the Referee to decide, having regard to all the circumstances, what is an unreasonable delay. The times in the following chart should not normally be exceeded.))~~

(a) ((e)) The official responsible for the event shall indicate by verbal and visual signal to the competitor that all is ready for the trial (~~(is))~~ to begin, and the period allowed for that trial shall commence from that moment. If the competitor confirms his or her pass (~~(, or then passes,))~~ the official shall not require that the time for the next competitor commence until the time period for the passing competitor has elapsed. In the Pole Vault, the trial and the time allowed for it shall commence when the uprights have been adjusted to previous wishes of the competitor (see Rule 183.1(b)), at which time the official responsible for the event shall so indicate to the competitor. If the competitor wishes to make further adjustments of the uprights, it should be done during the applicable time limit.

(b) ((d)) A clock that shows the remaining time allowed should be visible to the competitor. In addition, an official shall raise overhead and keep raised a yellow flag, or another suitable indicator, for the final 15 seconds remaining of the time allowed. When the time expires, the

yellow flag shall be lowered. In addition to the use of flags and/or a clock, a verbal indication of time remaining is acceptable.

(c) If after the time for a trial has begun, a competitor subsequently decides not to attempt that trial, it shall be considered a failure once that period allowed for the trial has elapsed.

(d) ~~((g))~~ If the time allowed lapses once the competitor has started a trial, that trial should be allowed.

(e) The following times shall not be exceeded. If the time is exceeded, unless a determination is made under Rule 180.5, the trial shall be recorded as a failure:

**TIME IN MINUTES FOR INITIATING A FIELD EVENT TRIAL**

# of Athletes Competing at the Start of the Round	Individual Event			Combined Event		
	HJ	PV	Other	HJ	PV	Other
More than 3	1	1	1	1	1	1
2 or 3	1.5	2	1	1.5	2	1
1	3	5	-	2	3	-
Consecutive Trials	2	3	2	2	3	2

(f) ~~((e))~~ In the High Jump and Pole Vault, any change in the time period allowed for a trial shall not be applied until the bar is raised to a new height, except when time specified for consecutive trials shall be applied whenever any competitor has two or more consecutive trials. The time allowed shall be the greater if more than one situation is applicable. For the first attempt of any competitor upon entering the competition the time allowed for such attempt shall be one minute. The number of competitors remaining in the competition includes those who could be involved in a jump-off for first place.

(g) ~~((f))~~ When the clock or the time set forth above is started, the time should not be restarted except as provided in Rule 180.5 or in cases where the Chief Official of the event judges that there is good cause to do so. During that time, an athlete may not pass a height in the High Jump or Pole Vault or an attempt or trial in any other event without being charged with a trial unless otherwise provided by the Chief Official of that event.

**Item 53** – Add New Rule 180.11 \*\* ## as follows: IAAF # 50

A competitor may not leave the immediate area of a field event during the progress of the competition ~~((other than during a race))~~ for reasons other than effecting the provisions of Rule 144.3(f) or Rule 144.3(l), unless the competitor has the permission of the Chief Judge and is accompanied by an official. If possible, a warning should first be given but for subsequent instances or in serious cases the athlete shall be disqualified. Competitors excused to compete in another event need not be accompanied.

**Item 54** – Amend Rule 181.11 as follows: IAAF # 51

**Crossbar** - The crossbar shall be of fiberglass or other suitable material, circular in cross-section. The diameter of the circular bar shall be at 3cm (± 1mm). It shall be colored so as to be visible. ...

**Item 55** – Amend Rule 181.19 as follows: IAAF # 52

~~((Where it is feasible, the))~~ The landing area for the High Jump should measure not less than 6m long (parallel to the crossbar) by 4m wide; for the Pole Vault it should measure not less than 6.15m long (perpendicular to the crossbar) by 6m wide. ~~((There shall be a minimum of 5 m of landing surface behind the box.))~~ ...

**Item 56** – Amend Rule 185.5(a) as follows: IAAF # March, 2016

While taking off, touches the ground (including any part of the plasticine board) beyond the take-off line with any part of his or her body, whether running up without jumping or in the act of jumping; or

**Item 57** – Amend Rule 187.1 as follows: IAAF # 54

(b) Touches with any part of the body the top of the iron band (~~((or stopboard))~~) or painted circle, including the top inside edge of each, or the surface outside the circle.

**NOTE:** *It, however, will not be considered a failure if the touch happens during the rotation, backward of the white line which is drawn outside the circle running, theoretically, through the center of the circle.*

(c) In the Shot Put, touches with any part of the body ((the surface outside the circle)) any part of the stopboard other than its inner side. The top inside edge is considered to be part of the top.

**Item 58** – Amend Rule 187.2 as follows: IAAF # 55

In all throwing events, a competitor who has not otherwise committed a foul may interrupt a trial once started, may lay the implement down, inside or outside the runway or circle, may leave the runway or circle before returning to the runway or to a stationary position in the circle, and begin a fresh trial.

~~((When leaving a circle, the competitor must do so from the rear half as provided in Rule 187.5.))~~

**Item 59** – Amend Rule 188.3 as follows: IAAF # 56

**Construction** - The shot shall be a solid sphere of iron, brass, or any metal not softer than brass, or a shell of such metal filled with lead or other material. It must be spherical in shape, its surface shall have no roughness, and the finish shall be smooth. **Information for manufacturers only:** To be smooth, the surface average height must be less than 1.6µm, i.e., a roughness number N7 or less.

**Item 60** – Add New Rule 190 Note 3 as follows: IAAF # 58

**NOTE 3:** *The maximum danger sector for hammer throws is approximately 53°, when used by both right and left-handed throwers in the same competition. The position and alignment of the cage in the arena is, therefore, critical for its safe use. See Figure 12. \*\*\* Make needed modification to Figure 12 \*\*\**

**Item 61** – Amend Rule 200.3(c) as follows: IAAF # 32

False starts are called on individuals, not on the field. For a first false start by a competitor, a yellow and black (diagonally halved) card shall be raised in front of the respective competitor(s), and when lane markers are being used, a corresponding indication (~~((, such as a yellow flag, may))~~) shall be placed on the respective lane marker(s). For a second false start, the respective competitor(s) shall be disqualified.

**Item 62** – Amend Rule 200.12 as follows: IAAF # 60

The winner shall be the competitor who has scored the highest total number of points. If two or more competitors achieve an equal number of points for any place in the competition, it shall be a tie. ~~((the procedure to determine whether there has been a tie is the following:~~

- ~~(a) If only two are tied, the athlete who, in the greater number of events, has received more points than the other athlete concerned shall be awarded the higher place.~~
- ~~(b) If the athletes are equal following the application of Rule 200.12(a) or if more than two are tied, the athlete who has the highest number of points in any one event shall be awarded the higher place.~~
- ~~(c) For any athletes still equal following the application of Rule 200.12(b), the athlete who has the highest number of points in a second event, etc. shall be awarded the higher place.~~
- ~~(d) If the athletes are still equal following the application of Rule 200.12(c), it shall be determined to be a tie.~~

~~NOTE: Rule 200.12(a) shall not be applied when more than two competitors are tied for total points:))~~

**Item 63** – Amend Rule 214.1(b)i. as follows: IAAF # March, 2016

Within each race, for all rounds of all events (~~other than the 800 meters~~), run wholly or partly ...

**Item 64** – Amend Rule 230.3(j) as follows: IAAF # 61

A Pit Lane may be used as determined by the Sport Committee. In such cases an athlete will be required to enter the Pit Lane and remain there for the applicable period (~~as set out in the entry material~~) once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him.

The applicable period in the Pit Lane will be the following. For races:

Up to 5km: 0.5 min	Up to 10km: 1 min	Up to 20km: 2 min
Up to 30km: 3 min	Up to 40km: 4 min	Up to 50km: 5 min

If, at any time, the athlete receives an additional Red Card from a judge other than one of the three who had previously sent a Red Card, he shall be disqualified. An athlete who fails to enter the Pit Lane when required to do so shall be disqualified by the Referee.

**Item 65** – Amend Rule 232.4(d) and 241.2(g) as follows: IAAF # 62

NOTE: A competitor may receive from or pass to another competitor refreshment, water or sponges provided it was carried from the start or collected or received at an official station. However any continuous support from a competitor to one or more others in such a way may be regarded as unfair assistance and warnings and/or disqualifications as outlined above may be applied.

**Item 66** – Add New Rule 243.2(a) ## as follows: IAAF # 64

Umpires should be placed at regular intervals and in each key point. Other umpires should move along the course during the race.

**Item 67** – Add New Rule 251.6 as follows: IAAF # 65

For Cross-Country Relays, lines 50mm wide 20m apart shall be drawn across the course to denote the takeover zone. All takeover procedures, which, unless otherwise specified by the Games Committee, shall comprise a physical contact between the incoming and outgoing athletes, shall be completed within this zone.

**Item 68** – Amend Rule 253 ## as follows: IAAF # 67

1. **Course**

- (a) Mountain (~~Races~~) Running take place on terrain that is mainly off-road, unless there is significant elevation gain on the route in which case a macadamized surface is acceptable;
- (b) (~~Competitors shall not use supplementary aid(s) to assist their progress on course~~) Each Mountain Running course is a specific one with the natural conditions dictating the basic course route. Existing roads and trails should preferably be used. The Organizers are responsible to care for the environment.
- (c) (~~The profile of the course involves either considerable amounts of ascent (for mainly uphill races), or ascent/descent (for up and down races with start and finish at the same level)~~) The course length may vary from 1km to the marathon distance respecting required technical details. Courses can be mostly uphill, up and down or a mix.

- (d) The average incline should include a minimum of 5% (or 50 meters per kilometer) The most preferable average elevation gain is approximately 100m/km provide that the course remains runnable.
- (e) The entire course shall be clearly marked;
- ~~((f) Natural obstacles or challenging points along the course should be additionally marked;))~~
- (g) The Games Committee shall, prior to the race, announce the distance and total ascent / descent of the course which must have been measured. The Games Committee shall also provide a map and detailed profile of the course together with a description of the technical difficulties to be confronted during the race.
2. **Race Types**
- (a) ~~((Classic Mountain Races of 5km to 20km))~~ Most Mountain Running races are mass starts in which all athletes start together or are separately by sex or age categories.
- (b) ~~((Long Distance Mountain Races: Long distance mountain race courses include distances of approximately 20km to 42km. Participants under the age of 18 should not compete at distances exceeding 25km.))~~ For the relays, the composition, course distances and course types could vary widely, depending on the natural conditions and the plans of the Organizers.
- (c) ~~((Relay Mountain Races~~
- ~~(d) Time Trial Mountain Races))~~
- Mountain races with individual start times at various intervals are considered time trials. The results are ordered by the individual finish times.
3. **Water, Sponging, Refreshment**
- Water and other suitable refreshments shall be available at the start and finish of all races. Additional drinking / sponging stations ~~((may))~~ should be provided at suitable places along the course ~~((, if the length and difficulty of the race and the weather conditions warrant such provision))~~.
4. **Safety**
- Organizing Committees of Mountain Races shall ensure the safety of athletes and officials. Specific conditions like high altitude in relation to the weather conditions and available infrastructure should be respected.

**Item 69** – Delete Rule 254.1(d) ## as follows: IAAF # 68  
~~((The course must represent the logical discovery of a region.))~~

**Item 70** – Amend Rule 262.6 as follows: IAAF # 69  
No performance shall be recognized as a record if it has been accomplished in or during a mixed competition of men and women, except field events conducted as provided in Rule 147 and ~~((in track events longer than 10,000 meters or in road races))~~ competitions held outside the stadium under Rule 230 or Rule 240.

**Item 71** – Amend Rule 265.4(c) as follows: IAAF # 71  
For World and National Open Records, the course, measurement and verification shall comply with the provision of IAAF Rule 260.20 and IAAF Rule 260.21.

**Item 72** – Amend Rule 267 as follows: IAAF # 72  
**MEN'S AND WOMEN'S LONG DISTANCE RUNNING –  
DIVISIONS: 16 - 19\*, OPEN AND MASTERS**

	Track Events	
15,000 Meters	100,000 Meters	1 Hour
20,000 Meters	200,000 Meters	2 Hours
25,000 Meters	10 Miles	12 Hours



30,000 Meters	50 Miles	24 Hours
50,000 Meters	100 Miles	

**Road Events**

5 km	( <del>(25-km)</del> )	10 Miles
( <del>(8-km)</del> )	( <del>(30-km)</del> )	50 Miles
10 km	50 km	100 Miles
( <del>(12-km)</del> )	100 km	12 Hours
( <del>(15-km)</del> )	200 km	24 Hours
( <del>(20-km)</del> )	1 Mile – Masters Only	Half-Marathon Marathon

**Road and/or Track Events**

1000 Miles	48 Hours	144 Hours
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\* For 18 and 19: Ultra-Marathon and 2 hours and longer.

**Item 73** – Add New Rule 268 ## as follows: IAAF # 74

1. Games, championships, meeting and other similar records may be established by the body having control over the competition or the organizing committee.
2. The record should recognize the best performance achieved at any edition of the applicable competition in accordance with the Rules, with the exception that wind velocity readings may be ignored, unless it is specifically provided otherwise in the applicable Entry Material for the competition.

**Item 74** – Amend Rule 302.2(d) as follows: IAAF # 32

False starts are called on individuals, not on the field. For the 8 and under, 9-10, 11-12 and 13-14 year old divisions, for a first false start by a competitor, a yellow and black (diagonally halved) card shall be raised in front of the respective competitor(s), and when lane markers are being used, a corresponding indication (~~(, such as a yellow flag, may))~~ shall be placed on the respective lane marker(s). For a second false start, the respective competitor(s) shall be disqualified.

**Item 75** – Amend Rule 332.2(c) as follows: IAAF # 32

False starts are called on individuals, not on the field. For a first false start by a competitor, a yellow and black (diagonally halved) card shall be raised in front of the respective competitor(s), and when lane markers are being used, a corresponding indication (~~(, such as a yellow flag, may))~~ shall be placed on the respective lane marker(s). For a second false start, the respective competitor(s) shall be disqualified.

**Item 76** – Corrections / Editorial Changes for Clarification

**Rule 184.8** – The measurement of each jump shall be made immediately after the trial. The measurement of the jumps shall be made at right angles from the take-off line, or the take-off line extended, to the nearest break in the landing area made by any part of the body of the competitor or anything (~~(that was))~~ while attached to the body at the time it made a mark. The measurement mark in the landing area, for each attempt, shall be preserved until removal is authorized by the Chief Judge for the event.

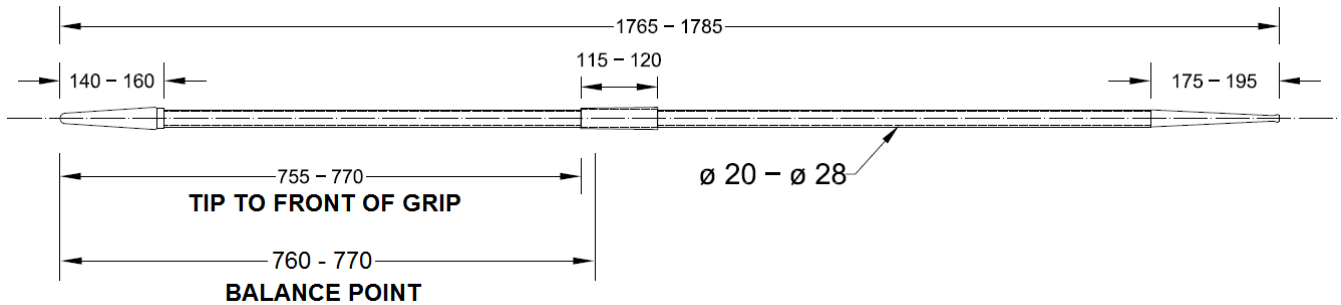
**Reason:** *The use of past tense implies that the use of the landing point AFTER an item has left contact, such as a hat falling off, is the mark to be used for measurement ... and this is not the case.*

**Rule 180.11(c)** – In the High Jump and Pole Vault, any change in the time period allowed for a trial shall not be applied until the bar is raised to a new height, except (~~(when))~~ the time specified for consecutive trials shall be applied whenever any athlete has two or more consecutive trials within or between a bar height. The time allowed shall be the greater if more than one situation is applicable

**Reason:** This submission is intended to solicit discussion and then add clarification to the rule upon consensus. There are those who feel that the current rule implies that the exception only applies within a height. Others contend that 'consecutive' means 'consecutive' and that there is no implication otherwise. The clarification should either be the addition of 'within a bar height' or 'within and between a bar height'.

**Rule 193.11** – The shaft, tip and tail ... The profiles of the head and tail are not specified. See [Figure 17](#).

**Reason:** The figure was not previously available. Add the following as Figure 17:

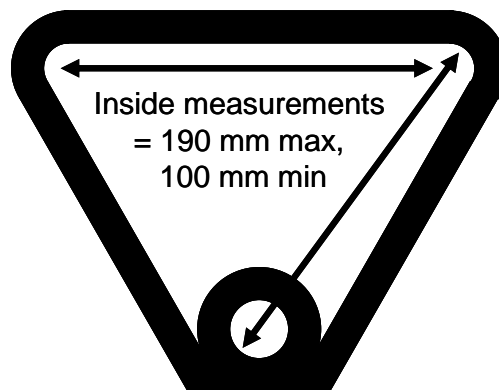


**Rule 195.5** – The handle shall be made of round steel metal rod, bent in a triangular shape with straight sides. The handle may include an internal brace or loop. The handle must be rigid and not show evidence of elasticity or malformation before, during or after the competition. Hammer handles are not allowed. See [Figure 15](#). ...

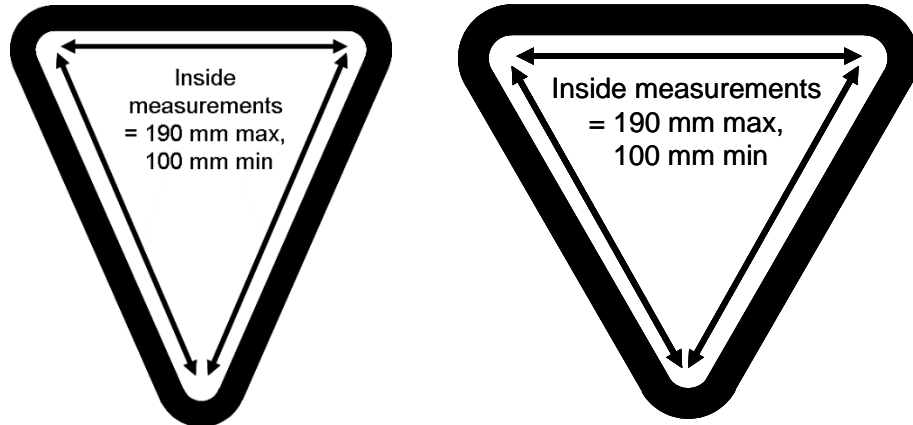
**Reason:** The weight handle rule, as written, implies that hammer handles cannot be used but does not specifically say that. This addition addresses the issue. The reference to Figure 15 is reinstated as it was inadvertently omitted. The bottom sketches (Handle for Weight with All-Metal Head) in current Figure 15 go beyond the detail in the text in Rule 195.5(b). To correct, replace these bottom sketches with the following;

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### HANDLE FOR WEIGHT WITH ALL-METAL HEAD



Handle with internal brace



Handle without internal brace

**Rule 180** +++ – Where applicable, change ‘round’ to ‘round of trials’ to eliminate any confusion regarding the use of the word ‘round’ where it means a round of the competition.