WOMEN'S ALL-TIME U.S. 20K PERFORMANCE LIST

1	1:31:51	Michelle Rohl	Kenosha, WI	05/13/2000
2	1:32:27	Maria Michta	London, England	2012
3	1:32:39	Michelle Rohl	Sacramento	7/16/2000
4	1:32:49	Michelle Rohl	Eugene, OR	6/24/2001
5	1:32:55	Joanne Dow	USA 30K National Champs	1/11/2004
6	1:33:17	Michelle Rohl	Eugene, OR	6/27/1999
7	1:33:23	Teresa Vaill	Manassas , VA	4/1/2001
8	1:33:27	Joanne Dow	Manassas ,VA	3/20/1999
9	1:33:40	Yueling Chen	Sacramento	7/16/2000
10	1:33:48	Debbi Lawrence	Sacramento	7/16/2000
11	1:34:26	Michelle Rohl	Sydney	9/28/2000
12	1:34:31.1	Michelle Rohl	USATF Outdoor Champs	6/21/2003
13	1:34:41	Debbi Lawrence	Kenosha, WI	05/13/2000
14	1:34:44	Susan Armenta	Kenosha, WI	6/3/2000
15	1:34:44	Joanne Dow	Kansas City, KS	6/3/2000
16	1:34:50	Jill Zenner	Kenosha, WI	6/3/2000
17	1:34:52	Maria Michta	US Outdoor Champs	2011
18	1:34:57	Miranda Melville	Eugene, OR	7/1/2012
19	1:34:57.5	Joanne Dow	US Outdoor Champs	6/21/2003
20	1:35:22	Sara Stevenson	Kenosha, WI	05/13/2000
21	1:35:36	Teresa Vaill	US Outdoor Champs	2011
22	1:35:38	Lynn Weik	Hauppauge, NY	12/22/1991
23	1:35:40	Victoria Herazo	Albany	5/21/1995
24	1:35:41	Erin Gray	Eugene, OR	7/1/2012
25	1:35:48	Joanne Dow	Pan Am Games	8/6/2003
26	1:36:00	Amber Antonio	Palo Alto	6/22/2002
27	1:36:26	Gretchen Fishmen	Kenosha, WI	6/3/2000
28	1:36:32	Joanne Dow	World Champs	8/24/2003
29	1:36:34	Sara Standley	Kenosha, WI	06/03/2000
30	1:36:37.0	Amber Antonio	Eugene, OR	6/24/2001
31	1:36:38.4	Teresa Vaill	USATF Outdoor Champs	6/21/2003
32	1:36:46	Danielle Kirk	Naumburg	4/30/2000
33	1:36:49	Teresa Vaill	Kansas City	4/4/2004
34	1:37:01	Jill Cobb	Eugene, OR	7/1/2012
35	1:37:10	Joanne Dow	Eugene, OR	7/1/2012
36	1:37:10.0	Jill Zenner	Eugene, OR	6/24/2001
37	1:37:23	Teresa Vaill	Eastern Regional 20K	5/25/2003
38	1:37:35	Margaret Ditchburn	Manassas ,VA	3/20/1999
39	1:37:35	Teresa Vaill		2010
40	1:37:37	Michelle Rohl	Kansas City	4/4/2004
41	1:37:41	Lauren Forgues	US Outdoor Champs	2011
42	1:38:01	Miranda Melville	US Outdoor Champs	2011
43	1:38:04	Lauren Forgues	World Cup Trials	2012
44	1:38:20	Maria Michta		2010
45	1:38:34	Teresa Vaill	Long Island, NY	10/19/2003
46	1:38:41.0	Debbi Lawrence	Eugene. OR	6/24/2001
47	1:38:52	Joanne Dow	Eugene, OR	6/24/2001
48	1:39:50	Jolene Moore	USATF Outdoor Champs	6/21/2003
49	1:39:55.3	Amber Antonio	USATF Outdoor Champs	6/21/2003
50	1:39:56	Jolene Moore	Kansas City, KS	4/4/2004
51	1:40:03.8	Samantha Cohen	USATF Outdoor Champs	6/21/2003
52	1:40:11	Erin Gray	Pan Am Cup Trials	2011
53	1:40:33.5	Susan Armenta	USATF Outdoor Champs	6/21/2003
54	1:40:42	Katie Burnett		2011
55	1:40:52	Lauren Forgues		2010
56	1:41:09.2	Jolene Moore	USATF Outdoor Champs	6/21/2003
57	1:41:19	Katie Burnett	World Cup Trials	2012
58	1:41:20.8	Bobbi Jo Chapman	USATF Outdoor Champs	6/21/2003
59	1:41:25	Solomiya Login	World Cup Trials	2012
60	1:41:45	Solomiya Login	Pan Am Cup Trials	2011
61	1:41:58	Erin Taylor-Talcott	Pan Am Cup Trials	2011
62	1:41:59	Deb Huberty	Namburg, Germany	5/2/2004
63	1:42:14	Michelle Rohl	Chula Vista, CA	5/17/2003
64	1:42:35	Samantha Cohen	Kansas City, KS	8/6/2003
65	1:42:39	Samantha Cohen	UWP Spring Invitational	5/17/2003
66	1:42:45	Amber Antonio	Pan AM Games	8/6/2003
67	1:42:47	Samantha Cohen	Kenosha, WI	5/12/2001
68	1:42:47	Susan Randall		2012
69	1:42:53	Cheryl Rellinger	Eugene, OR	6/27/1999

70	1:43:19	Joanne Dow		2010
71	1:43:20	Susan Armenta	Kansas City	4/4/2004
72	1:43:25	Susan Randall	Pan Am Cup Trials	2011
73	1:43:54	Samantha Cohen	Namberg, Germany	5/2/2004
74	1:44:05	Solomiya Login		2010
75	1:44:07	Jolene Moore	Kenosha, WI	5/11/2002
76	1:44:09	Ali Bahr	Kenosha, WI	5/13/2000
77	1:44:20	Bobbi Jo Champman	USATF North Regional	4/13/2003
78	1:44:39	Susan Armenta	Kansas City	4/4/2004
79	1:44:53	Margaret Ditchburn	Namburg, Germany	5/2/2004
80	1:44:56	Samantha Cohen	Pan AM Cup	3/15/2003
81	1:45:01*	Jolene Moore	Ocean Twp, NJ	9/14/2003
82	1:45:17	Deb Huberty	Kansas City	4/4/2004
83	1:45:19*	Bobbi Jo Chapman	Ocean Twp, NJ	9/14/2003
84	1:45:20	Erin Gray		2010
85	1:45:38	Susan Armenta	Namberg, Germany	5/2/2004
86	1:45:46.4	Anne Favolise	USATF Outdoor Champs	6/21/2003
87	1:45:47	Bobbi Jo Chapman	Pan AM Cup	3/15/2003
88	1:45:51	Bobbi Jo Champman	Sacramento	7/16/2000
	1:46:37s	Erin Taylor-Talcott	US Oly Trials - 50k split	1/23/2012
	1:46:49	Nicole Bonk		2012
	1:47:01	Stephanie Casey	Eugene, OR	7/1/2012
	1:47:07	Stephanie Casey		2010
	1:47:32	Miranda Melville		2010
	1:47:39	Susan Randall		2010
	1:47:45	Rachel Zoyhofski		2012
	1:47:47	Erika Shaver		2012
	1:48:38	Maite Moscoso		2011
	1:49:45	Susan Armenta		2010