

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	
1	2016 USATF Masters Long Distance Running Individual Grand Prix - Women 's Standings																	
2				2/6/2016	2/28/2016	4/24/2016	6/5/2016	8/26/2016	10/2/2016	10/29/2016	11/6/2016	12/10/2016						
3				Bend OR	Brea CA	Dedham MA	San Diego CA	Flint MI	Syracuse NY	Tulsa OK	Tallahassee FL	Tallahassee FL						
4																		
5	Women 40-44				1	2	3	4	5	6	7	8	9	A minimum of 3 events is needed for Place and Award				
6	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award	
7	1	Wakenda Tyler	41			80		80	75			75	310	310	4		1st	Champion Plaque
8	2	Stephanie Whitis	40			65			65		85	45	260	260	4		2nd	2nd place plaque
9	3	Melissa Senall	44			75		85				50	210	210	3		3rd	3rd place plaque
10	4	Janet McDevitt	43						100			100	200	200	2			
11	5	Melissa Gacek	40					95		100			195	195	2			
12	6	Nicole Hagobian	40		95	95							190	190	2			
13	7	Grace Padilla	44	100	85								185	185	2			
14	8	Heather Webster	42						85			95	180	180	2			
15	9	Mariam Ngo	41		90		90						180	180	2			
16	10	Alice Kassens	41								100	80	180	180	2			
17	11	DaBeth Manns	40					55	45		75		175	175	3	4th	Certificate	
18	12	Christy Peterson	42						80	90			170	170	2			
19	13	Ingrid Walters	44		70		80						150	150	2			
20	14	Kathy Wiegand	42								95	55	150	150	2			
21	15	Jamie Sweningson	41		60		65						125	125	2			
22	16	Amy King	40					60	50				110	110	2			
23	17	Dawn Kent	42			55			55				110	110	2			
24	18	Rachel Jaten	40				100						100	100	1			
25	19	Tammy Nowik	42					100					100	100	1			
26	20	Julie Ertel	43		100								100	100	1			
27	21	Renee Tolan	41			100							100	100	1			
28	22	Sascha Scott	41						95				95	95	1			
29	23	Hilary Corno	40				95						95	95	1			
30	24	Jennifer Anderson	41	95									95	95	1			
31	25	Melody Fairchild	43							95			95	95	1			
32	26	Ellen Kramer	40	90									90	90	1			
33	27	Jennifer Stuber	43					65				25	90	90	2			
34	28	Camille Shiflett	42									90	90	90	1			
35	29	Diana Bowser	42			90							90	90	1			
36	30	Amy Bartholomew-Koepp	42								90		90	90	1			
37	31	Holly Ortlund	42						90				90	90	1			
38	32	Serena Kessler	44					90					90	90	1			
39	33	Nancy Ellis	42									85	85	85	1			
40	34	Cate Fenster	44				85						85	85	1			
41	35	Tammie Robie	41			85							85	85	1			
42	36	Kristina Pham	43							85			85	85	1			
43	37	Marilyn Gregory	42								80		80	80	1			
44	38	Jennifer Pfaff	40							80			80	80	1			
45	39	Donna Mills-Honarvar	41		80								80	80	1			
46	40	Julie Swanson	40				75						75	75	1			
47	41	Meaghan Ridgway	43							75			75	75	1			
48	42	Jennifer Brown	44		75								75	75	1			
49	43	Jennifer Nieset	41					75					75	75	1			
50	44	Alexandra Bigelow	43									70	70	70	1			
51	45	Kathleen Goodberlet	42			70							70	70	1			
52	46	Kara Kowalik	40							70			70	70	1			
53	47	Kimberly Mueller	40				70						70	70	1			
54	48	Joanna White	40					70					70	70	1			
55	49	Mandy Plante	40						70				70	70	1			
56	50	Meredith Bazemore	41									65	65	65	1			
57	51	Heather Meehan	44							65			65	65	1			

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
58	52	Alison Horton	44		65								65	65	1		
59	53	Jill Duhaime	40			60							60	60	1		
60	54	Rebecca Leclair	44							60			60	60	1		
61	55	Laura Mitchell	40									60	60	60	1		
62	56	Caroline Bucci	43						60				60	60	1		
63	57	Zorica Rahovic	44				60						60	60	1		
64	58	Stephanie Born	42		55								55	55	1		
65	59	Megan Waterman	41						40				40	40	1		
66	60	Gretchen Loyd	43									40	40	40	1		
67	61	Alexandra Newman	44									35	35	35	1		
68	62	Christina Alba	41									30	30	30	1		
69	63	Iwona Boruch	42									20	20	20	1		
70																	
71	Women 45-49																
72	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award
73	1	Sonja Friend-Uhl	45			100			100		100	100	400	400	4	1st	Champion Plaque
74	2	Cindy Abrami	47	100	95								195	195	2		
75	3	Fiona Bayly	49						95	100			195	195	2		
76	4	Desa Mandarino	45	90	85								175	175	2		
77	5	Susan Welch	49								90	45	135	135	2		
78	6	Andrea Haritos	47			60			70				130	130	2		
79	7	Nathalie Higley	46		100								100	100	1		
80	8	Erin Larusso	46					100					100	100	1		
81	9	Jessica Stanford	47				100						100	100	1		
82	10	Terri Rejimbai	48							95			95	95	1		
83	11	Nancy Thomas	47									95	95	95	1		
84	12	Kara Parker	47								95		95	95	1		
85	13	Emily Bryans	48			95							95	95	1		
86	14	Amy Nemeth	48					95					95	95	1		
87	15	Sonya Wilkerson	46	95									95	95	1		
88	16	Dana Parrot	46			90							90	90	1		
89	17	Rachel Hopkins	48									90	90	90	1		
90	18	Liz Boyer	49							90			90	90	1		
91	19	Cassandra Henkiel	46						90				90	90	1		
92	20	Nicole Derrick	45					90					90	90	1		
93	21	Jennifer Brennan	48	85									85	85	1		
94	22	Audra Naujokas-Knapp	46					85					85	85	1		
95	23	Caren Mangarelli	46									85	85	85	1		
96	24	Irma Dennard	45						85				85	85	1		
97	25	Ruthie Ireland	48			85							85	85	1		
98	26	Janet McDuffey	48					80					80	80	1		
99	27	Deborah Fletcher	46									80	80	80	1		
100	28	Olga Huber	46						80				80	80	1		
101	29	Sarah Dolven	46			80							80	80	1		
102	30	Kate Queeney	46			75							75	75	1		
103	31	Lavonne Rembert	45									75	75	75	1		
104	32	Kerry May	46		75								75	75	1		
105	33	Kathleen Wheeler	45						75				75	75	1		
106	34	Jill Lohmeier	48			70							70	70	1		
107	35	Angela Longworth	49									70	70	70	1		
108	36	Jennifer Lazio	47		70								70	70	1		
109	37	Kimberly Dwinell	46		65								65	65	1		
110	38	Linda Kelnock	49						65				65	65	1		
111	39	Nancy Kaiser	46									65	65	65	1		
112	40	Tammy McDonough	47			65							65	65	1		
113	41	Diana Keyes	46		60								60	60	1		
114	42	Nancy Latsch	45						60				60	60	1		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
115	43	Jill O'Grady	48									60	60	60	1		
116	44	Terri Powell	48			55							55	55	1		
117	45	Shiobbean Lemme	49									55	55	55	1		
118	46	Kristine Longshore	48						55				55	55	1		
119	47	Marcie Moline	47			50							50	50	1		
120	48	Kimberly Votava	49									50	50	50	1		
121																	
122	Women 50-54				1	2	3	4	5	6	7	8	9	A minimum of 3 events is needed for Place and Award			
123	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award
124	1	Marisa Sutura Strange	53			100		100	100		100	100	500	500	5	1st	Champion Plaque
125	2	Kathleen Cushing-Murray	51		95		100			95		85	375	375	4	2nd	2nd place Plaque
126	3	Trish Butler	54						95		90	80	265	265	3	3rd	3rd place Plaque
127	4	Carol Bischoff	52			40		75	45		75	25	260	260	5	4th	Certificate
128	5	Kelle Taylor	53		90		90					60	240	240	3	5th	Certificate
129	6	Kathleen Hayden	51						85		85	65	235	235	3	6th	Certificate
130	7	Gail Geiger	53			10		65		90	60	5	230	230	5	7th	Certificate
131	8	Julie Pangburn	52			55		80	70				205	205	3	8th	Certificate
132	9	Michelle Allen	53						60		80	55	195	195	3	9th	Certificate
133	10	Katherine Wolski	50								95	90	185	185	2		
134	11	Mary Lynch	50		80		95						175	175	2		
135	12	Tania Fischer	50		90							75	165	165	2		
136	13	Betsy Stewart	53			20		70	50				140	140	3	10th	Certificate
137	14	Kris Huff	52								70	35	105	105	2		
138	15	Gina Lanier	51					50			55		105	105	2		
139	16	Laura Stuart	50		100								100	100	1		
140	17	Mary Alico	53							100			100	100	1		
141	18	Carolyn Daubeny	51	100									100	100	1		
142	19	Lisa Lucas	50			95							95	95	1		
143	20	Liisa Miller	51									95	95	95	1		
144	21	Lisa Veneziano	51					95					95	95	1		
145	22	Mimi Fallon	50			90							90	90	1		
146	23	Suzanne La Burt	53						90				90	90	1		
147	24	Laurel Park	53			85							85	85	1		
148	25	Sue Davis	53		85								85	85	1		
149	26	Michelle Simonaitis	50				85						85	85	1		
150	27	Christine Vincent	52					85					85	85	1		
151	28	Karyl Sargent	53						80				80	80	1		
152	29	Kirsten Leetch	50				80						80	80	1		
153	30	Rosalva Bonilla	53		80								80	80	1		
154	31	Mary Zengo	50			80							80	80	1		
155	32	Debra Okano	54		75								75	75	1		
156	33	Kim Ionta	52			75							75	75	1		
157	34	Laurie Wharton	50						75				75	75	1		
158	35	Becky Burnett	54				75						75	75	1		
159	36	Marilyn Broady	52		70								70	70	1		
160	37	Christina Applegate	52				70						70	70	1		
161	38	Lori Kingsley	50			70							70	70	1		
162	39	Bonnie Lindblom	53			35			30			5	70	70	3	11th	Certificate
163	40	Joan Mabe	54									70	70	70	1		
164	41	Karina Bird	50		65								65	65	1		
165	42	Charlene Ragadale	54				65						65	65	1		
166	43	Chere Pepper	52					60				5	65	65	2		
167	44	Laura Delea	51						65				65	65	1		
168	45	Kimberly Anderson	51								65		65	65	1		
169	46	Katherine Lander	53		60								60	60	1		
170	47	Linda Lyons	54		55								55	55	1		
171	48	Robin Hoeffel	52					55					55	55	1		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
172	49	Kerry Monahan	53						55				55	55	1		
173	50	Janice Rempe	54			50							50	50	1		
174	51	Carla Kehoe	53									50	50	50	1		
175	52	Roberta Bonifacio	54		50								50	50	1		
176	53	Nancy Cook	51			45							45	45	1		
177	54	Cynthia Reysbergen	53		45								45	45	1		
178	55	Kristen Mossman	53									45	45	45	1		
179	56	Patricia Vandersloot	50						40				40	40	1		
180	57	Jennifer Gardelle	51		40								40	40	1		
181	58	Susan Ward	50									40	40	40	1		
182	59	Dawn Howard-Bailey	51						35				35	35	1		
183	60	Victoria Bok	54			30							30	30	1		
184	61	Gail Allen	51									30	30	30	1		
185	62	Jamie Henzy	53			25							25	25	1		
186	63	Susan Snyder	54						25				25	25	1		
187	64	Shellon McCallie	51						20				20	20	1		
188	65	Maureen Bischoff	50									20	20	20	1		
189	66	Karen Webster	51						15				15	15	1		
190	67	Barbara Jarnagin	51									15	15	15	1		
191	68	Joanne Hill	51			15							15	15	1		
192	69	Nancy Wilkins-Diehr	54									10	10	10	1		
193	70	Linda Manno	50									5	5	5	1		
194	71	Shahdokht Reeder	54									5	5	5	1		
195	72	Karen Conkling	53									5	5	5	1		
196	73	Lisa Colby	52									5	5	5	1		
197	74	Michele Keane	54									5	5	5	1		
198	75	Lynn Heumann	53			5							5	5	1		
199																	
200	Women 55-59				1	2	3	4	5	6	7	8	9	A minimum of 3 events is needed for Place and Award			
201	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award
202	1	Colleen Magnussen	56			75		95	70		85	45	370	370	5	1st	Champion Plaque
203	2	Susan Cooke	57						90		100	100	290	290	3	2nd	2nd place Plaque
204	3	Mary Sweeney	56			95	100				90		285	285	3	3rd	3rd place Plaque
205	4	Lorraine Jasper	55			65		90				95	250	250	3	4th	Certificate
206	5	Kelly Kruell	57	100	85							60	245	245	3	5th	Certificate
207	6	Margaret Sloan	57								95	90	185	185	2		
208	7	Mary Swan	55						100			80	180	180	2		
209	8	Lynelle Paulick	59	85	90								175	175	2		
210	9	Paula Johnson	55						85			75	160	160	2		
211	10	Teresa Quan	55				90		65				155	155	2		
212	11	Patrice Combs	59						80			70	150	150	2		
213	12	Amanda King	55			60						85	145	145	2		
214	13	Liane Pancoast	58			70						50	120	120	2		
215	14	Robin Tanner	55								80	35	115	115	2		
216	15	Beth Stalker	56			100							100	100	1		
217	16	Terri Cassel	55							100			100	100	1		
218	17	Maryellen Stornant	56					100					100	100	1		
219	18	Louise Davis	55		100								100	100	1		
220	19	Karen Lein	58			55			40				95	95	2		
221	20	Carmen Ayala-Troncoso	57						95				95	95	1		
222	21	Janet Smith	55				95						95	95	1		
223	22	Betsy Miller	57	95									95	95	1		
224	23	Suzanne Morris	58		95								95	95	1		
225	24	Joanna Harper	59	90									90	90	1		
226	25	Nancy Briskie	58			90							90	90	1		
227	26	Karen Laverdiere	55			85							85	85	1		
228	27	Julie McKinney	59		80								80	80	1		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
229	28	Ena Weinstein	57						75				75	75	1		
230	29	Yen Darcy	59		75								75	75	1		
231	30	Valerie Tomolonis	57			65							65	65	1		
232	31	Gail Hall	57									65	65	65	1		
233	32	Marie White	56						60				60	60	1		
234	33	Nora Mann	57			60							60	60	1		
235	34	Dianna Hinton	59						55				55	55	1		
236	35	Mary Lenzi	56									55	55	55	1		
237	36	Wende Cleary	55						50				50	50	1		
238	37	Mickey Piscitelli	59						45				45	45	1		
239	38	Lynn Pinyerd	58									40	40	40	1		
240	39	Cindy Daly	58						35				35	35	1		
241	40	Drusilla Pratt-Otto	58									30	30	30	1		
242																	
243	Women 60-64			1	2	3	4	5	6	7	8	9	A minimum of 3 events is needed for Place and Award				
244	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award
245	1	Jill Miller-Robinett	62	100		85		100	90	95		95	565	480	6	1st	Champion Plaque
246	2	Cynthia Williams	60			80					100	60	325	325	4	2nd	2nd place Plaque
247	3	Cynthia Lucking	63			70		80			95	80	325	325	4	3rd	3rd place Plaque
248	4	Margaret Taylor	61					90	80			65	235	235	3	4th	Certificate
249	5	Terry Ozell	63					85			90	50	225	225	3	5th	Certificate
250	6	Honor Fetherston	61		100		100						200	200	2		
251	7	Nancy Stewart	60			100			100				200	200	2		
252	8	Mo Bartley	61			95						100	195	195	2		
253	9	Mary Richards	62					95				85	180	180	2		
254	10	Susan Stirrat	61			75			75				150	150	2		
255	11	Elizabeth Unislawski	61			65						45	110	110	2		
256	12	Andriette Wickstrom	61							100			100	100	1		
257	13	Nora Cary	61						95				95	95	1		
258	14	Madson Buchbinder	61		95								95	95	1		
259	15	Laurel Collins	64				95						95	95	1		
260	16	Sandy Robbins-Sydner	64		90								90	90	1		
261	17	Janet Richard	60							90			90	90	1		
262	18	Sidney Letendre	61			90							90	90	1		
263	19	Sue Macdonald	64				90						90	90	1		
264	20	Debbie Lee	60									90	90	90	1		
265	21	Elizabeth Sponagle	61		85								85	85	1		
266	22	Tina Breen	60					85					85	85	1		
267	23	Alda Cossi	60			80							80	80	1		
268	24	Kathi Guiney	62		80								80	80	1		
269	25	Jean Bolley	64					75					75	75	1		
270	26	Ruth Rainero	62									75	75	75	1		
271	27	Sharon Moore	62									70	70	70	1		
272	28	Luana Pesco Koplowitz	61					70					70	70	1		
273	29	Pamela Wusthof	63		65								65	65	1		
274	30	Marleen Grandia	60			60							60	60	1		
275	31	Patricia Humphrey	60		60								60	60	1		
276	32	Claire McManus	60									55	55	55	1		
277	33	Susan Jones	62									40	40	40	1		
278	34	Pamela Lee	63									35	35	35	1		
279	35	Elizabeth Trinkler	63									30	30	30	1		
280																	
281	Women 65-69			1	2	3	4	5	6	7	8	9	A minimum of 3 events is needed for Place and Award				
282	Place	Name	Age	USA XC	8K	10K	Half	Mile	5K	15K	5K XC	Club XC	Total Pts	Best 5 Pts	# events	Place	Award
283	1	Eddie Stevenson	67		100	100	100		95	100			495	495	5	1st	Champion Plaque
284	2	Jo Anne Rowland	68	100	95	90	95		80	95			555	475	6	2nd	2nd place Plaque
285	3	Donna Chan	65	95	70	70		100					335	335	4	3rd	3rd place Plaque

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
286	4	Kathryn Martin	65						100			95	195	195	2		
287	5	Maggie Fillmore	66		85					90			175	175	2		
288	6	Nonie Hudnall	66						85			90	175	175	2		
289	7	Catherine Lempesis	65						75		100		175	175	2		
290	8	Janet Cain	65		75		90						165	165	2		
291	9	Susan Burkett	67								90	75	165	165	2		
292	10	Jane Williams	68		75		85						160	160	2		
293	11	Kathleen Doswell	66		90	65							155	155	2		
294	12	Kathleen Allen	67			85			70				155	155	2		
295	13	Joy Oakey	67			60			65				125	125	2		
296	14	Sabra Harvey	67									100	100	100	1		
297	15	Terry Foody	68								95		95	95	1		
298	16	Mary Sharkey	66			95							95	95	1		
299	17	Patricia Degnan	66					95					95	95	1		
300	18	Coreen Steinbach	65						90				90	90	1		
301	19	Jeanne Herrick	65									85	85	85	1		
302	20	Mary Harris	68			80							80	80	1		
303	21	Cindy Ingalls	65									80	80	80	1		
304	22	Linda Usher	67			75							75	75	1		
305	23	Chary Griffin	67						60				60	60	1		
306	24	Mary Rosado	66						55				55	55	1		
307	25	Mary Tyler	68			55							55	55	1		
308																	
309	Women 70-74																
310	Place	Name	Age	1 USA XC	2 8K	3 10K	4 Half	5 Mile	6 5K	7 15K	8 5K XC	9 Club XC	Total Pts	A minimum of 3 events is needed for Place and Award			
311	1	Dianne Anderson	70		80	95		95	100			100	470	Best 5 Pts 470	# events 5	Place 1st	Award Champion Plaque
312	2	Irene Terronez	72		95		95			100			290	290	3	2nd	2nd place Plaque
313	3	Norma Thomas	74		100		100						200	200	2		
314	4	Ruth Thelen	71					100					100	100	1		
315	5	Jan Holmquist	71			100							100	100	1		
316	6	Sue Gardinier	74						95				95	95	1		
317	7	Mary Casey	70						90				90	90	1		
318	8	Cora Hill	73					90					90	90	1		
319	9	Jean Gardner	72		90								90	90	1		
320	10	Rosemary Laquidari	72						85				85	85	1		
321	11	Carol Rider	74						80				80	80	1		
322																	
323	Women 75-79																
324	Place	Name	Age	1 USA XC	2 8K	3 10K	4 Half	5 Mile	6 5K	7 15K	8 5K XC	9 Club XC	Total Pts	A minimum of 3 events is needed for Place and Award			
325	1	Madeline Bost	77		85						100	100	285	Best 5 Pts 285	# events 3	Place 1st	Award Champion Plaque
326	2	Ellen Nitz	76					100					100	100	1		
327	3	Kathy Kusner	75	100									100	100	1		
328	4	Pat Herr	78		100								100	100	1		
329	5	Margie Stoll	75						100				100	100	1		
330	6	Veronica Noguer	77		95								95	95	1		
331	7	Fran Rowe	76						95				95	95	1		
332	8	Donna Gookin	79		90								90	90	1		
333	9	Estelle Hahn	76						90				90	90	1		
334	10	Christa Maier	76						85				85	85	1		
335	11	Dorothy Strand	76		80								80	80	1		
336																	
337	Women 80-84																
338	Place	Name	Age	1 USA XC	2 8K	3 10K	4 Half	5 Mile	6 5K	7 15K	8 5K XC	9 Club XC	Total Pts	A minimum of 3 events is needed for Place and Award			
339	1	Libby James	80						100	100			200	Best 5 Pts 200	# events 2	Place	Award
340	2	Tami Graf	80						95	95			190	190	2		
341	3	Anny Stockman	84						90				90	90	1		
342	4	Edna Hyer	82						85				85	85	1		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
343																	