

USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE
2017-2020 National Level Race Walk
Certification Rules Review (v 1.1)



Purpose

The purpose of this open-book rules review is for officials to become familiar with the USATF rule book and the Race Walk Officiating Handbook to gain & demonstrate knowledge about selected rules governing race walk events.

Instructions

Use the 2016 USATF Competition Rules (<http://www.usatf.org/About/Competition-Rules.aspx>) and the 2016 Race Walk Officiating Handbook <https://my.usatfofficials.com/resources/race-walk-officiating-handbook/download/651> to answer the following questions. Enter your answers on the attached answer sheet and send it to your Association Certification Chair for grading.

Scoring

20 true/false questions, each worth 2 points; 20 multiple choice questions, each worth 2 points. Total: 40 questions; max score = 80; minimum passing score is 90% (36 correct).

Questions

PART 1: TRUE or FALSE

1. A resident alien member of an association cannot compete in that Association Championships.
2. If a judge is not completely satisfied that the athlete is fully complying with the rules of race walking, the judge, where possible, is to show the athlete the yellow paddle.
3. No race walk lap scorer shall be responsible for more than four competitors.
4. Videos may be used by a judge to assist in judging the competitors.
5. In walking events, the assigned Umpires shall perform their duties as in any other event, but shall not be responsible for technique rules, which are the responsibility of the Judges of Race Walking.
6. The times for races conducted partly or entirely outside the stadium (off the track) shall be read in 0.01 of a second and shall be converted to the next longer whole second, i.e., for the Marathon, 2:09:44.32 shall be recorded as 2:09:45.
7. (Handbook) Proof of a good judge is evidenced by how many competitors the judge has given red cards.
8. All judges shall confer with one another before making a call.
9. The failure to give prompt notification shall not result in the reinstatement of a disqualified competitor.
10. All walking events that qualify or advance a competitor to subsequent events must be competitive, race walk only, events that comply fully with race walk Competition Rules.
11. (Handbook) The race walking judge should know the position of the athletes during the race.
12. In walks where multiple distances are contested simultaneously, each competitor must declare on the entry form which distance is being entered. Times for other distances (but not placings) are valid only if the competitor finishes the distance entered.
13. (Handbook) On the road, it is recommended that the red card posting board be placed by the athletes' aid station.
14. (Handbook) The Red Card Collector should verify that the Race Walking Judge has completed the red card correctly.

15. When scoring by time, walkers of incomplete teams may have their times added for scoring purposes.
16. In instances where there is an appeal relating to Race Walking, at least one member of the Jury should be a certified Race Walk Judge as defined in Rule 230.1(e).
17. Pacing in running or walking events by persons not participating in the event, by competitors lapped or about to be lapped, or by any kind of technical device other than those permitted under Rule 144.3(i); is an example of “assistance”.
18. An athlete may set and obtain credit for any number of records in the same race.
19. A pit lane may be used as determined by the Chief Judge.
20. A race must have a minimum of five judges.

PART 2: MULTIPLE CHOICE

21. (Handbook) When showing the yellow paddle:
 - a. The judge may impede the athletes
 - b. The judge may run alongside the athletes
 - c. The judge may run to the athlete
22. Race bib numbers issued by event organizers:
 - a. Must be worn as issued
 - b. May be cut to fit the jersey
 - c. May be folded to fit the jersey
23. In Open classification:
 - a. The maximum age is 60
 - b. In men’s & women’s LDR, the athlete shall be at least 14 on the day of competition
 - c. In men’s & women’s race walking, the athlete shall be at least 14 on the day of competition
24. (Handbook) After the Red Card Collector has verified that the Judge has completed the red card correctly:
 - a. The Red Card Collector takes his time going to the Recorder
 - b. The Red Card Collector should keep the red card out of sight while delivering it to the Recorder
 - c. It’s not necessary for the Red Card Collector to deliver the red cards to the Recorder if it’s raining
25. (Handbook) A Race Walking Judge:
 - a. Makes decisions inside his viewing zone
 - b. May use optical devices to assist in judging
 - c. May talk to spectators during the competition while the athletes are passing
26. The Referee may disqualify an athlete from a race walk for:
 - a. Violating the definition of race walking
 - b. Leaving the course under the control of an official
 - c. Receiving refreshments at places on a course away from the officially designated refreshment stations
27. (Handbook) On disqualifications:
 - a. A red card is a judge’s proposal for disqualification
 - b. Any official may show the red paddle to signal disqualification
 - c. Two red cards from the Chief Judge and one other red card is necessary for disqualification
28. Water and refreshment:
 - a. For all events longer than 10km, refreshment stations shall be provided every lap
 - b. For all events up to and including 10km, a water only drinking /sponging station shall be provided
 - c. Both a and b above

29. (Handbook) When judging:
 - a. A judging decision made for one or two steps is good judging
 - b. When making a bent knee call, it is important to wait for the lead leg to be in contact with the ground
 - c. One should judge the rear leg
30. (Handbook) Race Walking Judges:
 - a. Must operate independently
 - b. Should not hide from the competitors
 - c. Both a and b above
31. A race walk course shall be certified:
 - a. Before the competition begins
 - b. At anytime
 - c. Before the entry blank is printed
32. (Handbook) Judges of Race Walking.
 - a. When a Judge observes a competitor who fails to comply with Rule 232.2, the judge should wait to see if the athlete improves
 - b. Each Judge shall use two yellow paddles for signaling cautions
 - c. All Judges' tally sheets shall be turned into the Referee at the end of the race
33. In walks where multiple distances are contested simultaneously, such as a 30km, 40km and 50km competition, each competitor must:
 - a. Provide their own personal refreshments
 - b. Declare the distance they shall compete
 - c. Limit any records to the longest distance entered
34. In Masters race walking, competitors should:
 - a. Be given consideration by the judges for their age
 - b. Submit to a USATF sponsored physical before entering
 - c. Compete in age groups
35. Rules applicable to race walking records.
 - a. Race Walking records may be set in races with race walkers and runners
 - b. For records, road races need a minimum of seven judges
 - c. For records, at least half of the judges shall have National or higher certification, and at least one of these judges must have Master or IAAF certification
36. The correct starting command for road races is:
 - a. On your marks and then fire the gun or starting device
 - b. On your marks, set, and then fire the gun or starting device
 - c. Five, four, three...
37. (Handbook) Infractions based on the definition of race walking.
 - a. It is required that the judge see loss of contact
 - b. Bent knee; wait for the lead leg to be in contact with the ground before making this call
 - c. Both a & b above
38. (Handbook) Infractions based on the definition of race walking.
 - a. The decision to show a yellow paddle or write a red card is because the Judge thought he saw a violation
 - b. The Race Walking Judge issues a red card because he observed a violation of a progression of steps
 - c. Both a & b above

39. (HB) Method for judging.
- a. The Race Walking Judge should first look at an approaching group of competitors from a distance for motions that distinguish individuals from the group
 - b. As the group approaches the Judge's viewing area, the judge should focus his attention on those walkers who stood out
 - c. Both a & b above
40. The Referee of an Association 20km road championship is selected by or subject to the approval of:
- a. The Games Committee
 - b. The officials selection committee
 - c. None of the above

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Answer Sheet (v 1.1)
 (Please Print)

Name:			Phone:		
Address, City, State, Zip Code:					
Email Address:			Certification # (if recertifying)		
2 points for each correct answer; max score = 80. 36 correct answers - 72 points (90%) needed to pass.					
Question	True or False Answer	Rule Number(s)	Question	Multiple Choice Answer	Rule Number(s)
1.			21.		
2.			22.		
3.			23.		
4.			24.		
5.			25.		
6.			26.		
7.			27.		
8.			28.		
9.			29.		
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15.			35.		
16.			36.		
17.			37.		
18.			38.		
19.			39.		
20.			40.		
Association Certification Chair Use Only			# Correct	Score %	
Official Notified of Score – Date _____			Notes:		