



2014 USATF Junior Outdoor Championship
July 5-6 • Historic Hayward Field • University of Oregon
Athlete Manual

Practice Schedule

Hayward Field

Practice for athletes will be held at Hayward Field on July 4th at the following times:

Friday, July 4 1:00 p.m. – 5:00 p.m.

Practice will NOT be allowed on the competition track on July 5-6.

For safety purposes, practice for field events will be allowed only during the following times:

Track	1:00 p.m. – 5:00 p.m.
Long Jump	1:00 p.m. – 5:00 p.m.
Triple Jump	1:00 p.m. – 5:00 p.m.
Pole Vault	1:00 p.m. – 5:00 p.m.
High Jump	1:00 p.m. – 5:00 p.m.
Javelin	3:00 p.m. – 5:00 p.m.
Discus	1:00 p.m. – 3:00 p.m.
Shot Put	1:00 p.m. – 5:00 p.m.
Hammer	1:00 p.m. – 5:00 p.m.

All competition equipment will be available for athlete use during these practice periods.

Championship Meet Information

Check-in At Call Room 1

All athletes must check in at Call Room 1 (i.e. the Clerks' Tent) according to the following schedule:

Running events	at least 45 minutes prior to the event
Throwing events	at least 70 minutes prior to the event
Horizontal jumps	at least 70 minutes prior to the event
High jump	at least 70 minutes prior to the event
Pole vault	at least 120 minutes prior to the event

Final Report Times (Running Events)

Running event athletes must report to Call Room 1 20 minutes prior to the scheduled start of the event. Athletes will be escorted to the competition venue.

Final Report Times (Field Events)

Field event athletes must report to Call Room 1 according to the following schedule:

Throwing events	60 minutes prior to the event
Horizontal jumps	60 minutes prior to the event
High jump	60 minutes prior to the event
Pole vault	100 minutes prior to the event

Field Event Warm-up Procedures

Field event athletes will be escorted to the competition venue by flight. Athletes in the horizontal jumps and throwing events will receive a 30-minute flight-specific warm-up. Athletes in the High Jump will receive a 60-minute warm-up period. Those in the Pole vault will receive 90 minutes of warm-up period.

Warm-up will cease approximately 5 minutes prior to competition for site preparation. Subsequent flights will be called to report to the Clerks' tent, escorted to the competition site, and receive 30 minutes of warm-up time.

Exiting the Field of Play

After competition, athletes will be escorted off the field of play. Some athletes may be asked to do an interview with media. All athletes will be escorted directly into the Awards area. Clothing baskets and fluids will be located in Awards Area. No athlete may leave the field of play except with an official through the designated athlete exit path.

Access to the field of play

During scheduled competition, the Stadium field of play is restricted to:

- Athletes competing in the specific event (who have been processed through the call room)
- Officials and volunteers required for the specific event.
- Accredited and scheduled media.
- Marshals are to ask any other people to leave the field of play, including officials and volunteers who are not required for the event.
- Coaches are not permitted in the field of play.

Implement Inspection

Implement Inspection Procedures

Implements must be presented at the Implement Inspection Room, located in the garage beside the 1,500 meter starting line, ***no later than the day prior to the start of the event.***

Hours of Operation

Implement inspection will be open at the following times:

Friday, July 4	1:00 p.m. – 5:00 p.m.
Saturday, July 5	12:00 p.m. – 7:00 p.m.
Sunday, July 6	12:00 p.m. – 7:00 p.m.

IMPLEMENTS must be picked up by 7:00pm JULY 6th.

Spike Regulation

Spike Regulations

Athletes may only use pyramid or Christmas tree spikes no larger than 7mm (1/4") in length. High jumpers and javelin throwers may use a 9 mm (3/8") or less spike. Spikes will be checked at the initial check-in and those not meeting the regulations must be replaced by the athlete. No pin spikes will be allowed on the competition, warm-up or practice tracks.

Competition Information

Competition Bibs

Athletes will receive one bib. Pole Vaulters and High Jumpers may choose to wear a single bib on either the front or back. Bibs may not be folded or altered in any manner. Bibs and safety pins will be picked up at Call Room 1.

Protests

The protest tent will be located on Field 2. Protests must be made in writing on the official protest form that will be available at the protest table.

Results

Official results will be posted at the Protest Table and underneath the South Video Board.

Awards Area

Clothing baskets and fluids will be located in the Awards Area. Athletes who are selected for drug testing will be instructed to by the courier. Athletes must take all clothing and bags upon exiting the Awards Area since they will not be permitted to return inside the tent. Coaches will not have access to the Recovery Tent or the Mixed Zone.

Media Mixed Zone

All athletes will pass from the Mixed Zone for media interviews into the Recovery Tent.

Awards Presentation

After competition, the top three finishers will be honored on the awards podium and fourth through six will receive their medals. Individual champions will take a victory lap to be honored by the crowd. After awards, athletes will be escorted to the Mixed Zone.

Severe Weather

In the event of severe weather (rain/lightning), athletes and coaches will be advised via a public address announcement to seek shelter at the Knight Law School (across Agate Street from the East Grandstands).

In the event of other evacuation scenarios, athletes, coaches and spectators will be advised via the public address announcer.

Video/Wireless Communications

The viewing of videotape or photos or the use of any wireless communication device by a competitor during the competition is prohibited. The use by competitors of video or audio devices, radio transmitters or receivers, mobile phones, computers, or any similar devices in the competition is prohibited.

Credentials Terms & Conditions

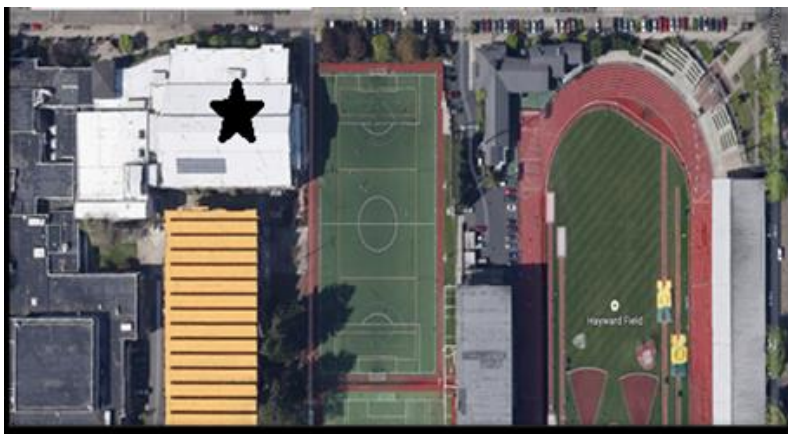
Notice of Credential Terms and Conditions for Use can be found at <http://www.usatf.org/Credentials.aspx>.

Team Processing

World Junior Championships Team Sign-up

Athletes, who have met the IAAF World Junior Championships standard, in rank order of finish (top 4 finishers in all events except 100m and 400m top 6) will have the opportunity to declare their intent to compete at the 2014 IAAF World Junior Championships.

To be considered for a position on the 2014 IAAF World Junior Championships Team you should report to team sign-up located in Esslinger Hall's Bonus Room (next to the the Lacrosse Fields, behind the Bowerman Building) during the earliest available time immediately following your final.



★ Team Signup located in Esslinger Hall's Bonus Room

Athletes should come prepared with their schedule so they can book their travel during team sign-up.

Please bring your passport (needed for proof of age)

Located in Esslinger Hall's Bonus Room
(next to the Lacrosse Fields, behind the Bowerman Building)

- Saturday, July 5 4:00 p.m. - 9:00 p.m.
- Sunday, July 6 4:00 p.m. - 8:00 p.m.

All athletes are **required** to complete team processing in order to be eligible for the 2014 IAAF World Junior Championships Team. **Those who do not complete team sign up by 8:00 pm on Sunday, July 6th will forfeit their rank for selection to the 2014 IAAF World Junior Championships.**

Medical Services

Emergency Facilities

Sacred Heart Medical Center

University District
1255 Hilyard St., Eugene, OR
541-686-7300 Urgent Care

Sacred Heart Medical Center at RiverBend

3333 RiverBend Drive, Springfield, OR
541-222-7300

Eugene Urgent Care

598 E 13th Ave Eugene, OR
541-636-3473; 9:00 a.m. to 9:00 p.m.

Sacred Heart Medical Group Urgent Care

3321 West 11th Ave., Eugene, OR
541-222-7200; 10:00 a.m. to 8:00 p.m.

Emergency Medical Services

The primary EMS station for Hayward Field is located on the north side of the west grandstands near gate 1.

Competition Schedule

DAY ONE- Saturday, July 5, 2014

Time	Event	Gender	Round
7:30 AM	10,000m RW	W	Final
8:45 AM	10,000m RW	M	Final
2:30 PM	Hammer Throw	W	Final
	400m Hurdles	W	1st Rd
2:40 PM	Discus Throw	M	Final
2:50 PM	400m Hurdles	M	1st Rd
	Long Jump	M	Final
3:10 PM	100m Dash	W	1st Rd
3:35 PM	100m Dash	M	1st Rd
4:00 PM	Pole Vault	M	Final
	400m Dash	M	1st Rd
4:25 PM	400m Dash	W	1st Rd
4:30 PM	Shot Put	W	Final
4:55 PM	100m Hurdles	W	1st Rd
5:15 PM	High Jump	W	Final
5:25 PM	110m Hurdles	M	1st Rd
5:45 PM	Javelin Throw	M	Final
	Triple Jump	W	Final
5:50 PM	800m Run	W	1st Rd
6:10 PM	800m Run	M	1st Rd
6:30 PM	100m Dash	W	Final
6:40 PM	100m Dash	M	Final
6:50 AM	1500m Run	M	1st Rd
7:06 PM	1500m Run	W	1st Rd
7:22 PM	3000m Run	W	Final
7:37 PM	5000m Run	M	Final

DAY TWO- Sunday, July 6, 2014

Time	Event	Gender	Round
2:15 PM	Discus Throw	W	Final
2:30 PM	Triple Jump	M	Final
2:45 PM	200m	W	1st Rd
3:00 PM	Hammer Throw	M	Final
3:10 PM	200m	M	1st Rd
3:30 PM	Pole Vault	W	Final
3:35 PM	3000 Steeple	W	Final
3:50 PM	400m	W	Final
4:00 PM	Shot Put	M	Final
	400m	M	Final
4:15 PM	100m Hurdles	W	Final
4:25 PM	110 m Hurdles	M	Final
4:30 PM	High Jump	M	Final
4:35 PM	800m	W	Final
4:45 PM	800m	M	Final
5:00 PM	400m Hurdles	M	Final
	Javelin Throw	W	Final
5:10 PM	400m Hurdles	W	Final
5:15 PM	Long Jump	W	Final
5:20 PM	1500m	M	Final
5:30 PM	1500m	W	Final
5:45 PM	3000 Steeple	M	Final
6:00 PM	200m	W	Final
6:10 PM	200m	M	Final
6:20 PM	5000m Run	W	Final
6:45 PM	10,000m Run	M	Final

