The 2016 U.S. Olympic Team Trials - Marathon is conducted by USA Track & Field in cooperation with the LA Marathon. The rules, regulations and guidelines in this document are subject to change based on final approval of the United States Olympic Committee.
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Dear Olympic Hopefuls,

On behalf of USA Track & Field, it is with great pride that we congratulate you as qualified athletes for the 2016 U.S. Olympic Team Trials in the marathon.

Your achievements to date are a testament to your hard work, talent and drive. They also are a reflection of the support you have received from your coaches, families and support teams. We offer them our congratulations as well.

USATF is honored to partner with the LA Marathon to host the Olympic Trials on one of the biggest stages this country has to offer. With the high profile of the L.A. media market, the glory of the Olympic Trials and the expertise of LAM in providing athletes a first-rate experience, we are confident that these Olympic Trials will be memorable.

As race day approaches, this Athlete Entry Handbook will provide you with all the information and procedures necessary to complete your entry into the Olympic Trials.

We wish the best of luck and good health to all qualifiers. We look forward to seeing you in Los Angeles.

Warm Regards,

Stephanie Hightower  
President

Max Siegel  
CEO
Dear 2016 U.S. Olympic Trials Marathon Participants,

On behalf of LA MARATHON LLC and our esteemed Host Committee, we would like to congratulate you on your qualification and upcoming participation in the 2016 U.S. Olympic Team Trials - Marathon hosted in partnership with USA Track & Field and the U.S. Olympic Committee on Saturday, February 13, 2016.

Your achievement solidifies your place among our nation’s top runners and in less than one month you will toe the start line with an opportunity to earn a nomination to represent Team USA and our country in the 2016 Olympic Games in Rio de Janeiro.

The City of Los Angeles will unite for an epic week of running as your performance in the Olympic Trials - Marathon will inspire over 27,000 runners participating the following day in the 31st annual LA Marathon. No matter where you finish, know that your accomplishment will have a tremendous impact on those who follow and cheer you on.

Together with the U.S. Olympic Committee and USA Track & Field, our team has been working tirelessly to prepare for Marathon Week and we hope this information booklet provides you with the necessary tools and information to take your next step towards the start line.

We are honored to be a part of this great event and want you to know our dedicated volunteers, sponsors, broadcast partner and the City of Los Angeles stand ready to support you. We wish you the best in your final weeks of training and preparation and look forward to welcoming you to the entertainment capital of the world.

Sincerely,

[Signature]

Tracey Russell
Chief Executive Officer, LA MARATHON LLC
July 10, 2015

Dear 2016 U.S. Olympic Trials Marathon Participants,

On behalf of the City of Los Angeles, congratulations on your qualification and upcoming participation in the 2016 U.S. Olympic Team Trials Marathon hosted on behalf of USA Track & Field and the U.S. Olympic Committee on Saturday, February 13, 2016, one day prior to the annual L.A. Marathon.

The City of Los Angeles is deeply rooted in Olympic history, having successfully hosted the summer games in 1932 and again in 1984, when Joan Benoit Samuelson won gold at the first ever Olympic women’s marathon. This year’s trials will add another memorable moment to the storied past of the Olympics in Los Angeles.

It is a privilege to host the finest U.S. men and women long distance runners on a unique downtown Los Angeles loop course designed to provide ideal running conditions. The start/finish of the four-loop course is set against the L.A. Convention Center and includes the majestic Los Angeles Memorial Coliseum, site of both the 1932 and 1984 Olympic Games. The top three men and women finishers will be nominated to represent Team USA and our country in the marathon at the 2016 Olympic Games in Rio De Janeiro six months after the Trials.

Congratulations to you, your coaches, and your support teams for qualifying for the Olympic Trials. It is a source of great pride hosting an event that serves as the Road to Rio and features a guaranteed prize purse of $600,000.

Preparations are underway for an exciting and memorable experience in the City of Angels. I wish you the best in your training as you prepare for a successful race!

Sincerely,

ERIC GARCETTI
Mayor
QUICK FACTS

Competition Date & Time: February 13, 2016
   Men - 10:06 am PST
   Women – 10:22 am PST

Site: Start: The start and finish lines are located on Gil Lindsay Drive in front of the Los Angeles Convention Center near the intersection of Pico Boulevard and Figueroa Street.
   Course: Starting on Gil Lindsay Drive, qualifiers will run an opening 2.2 mile loop north of the Convention Center through downtown Los Angeles. After passing through the Start Line at Gil Lindsay Plaza the course will then turn south on Figueroa for a six-mile loop through the University of Southern California campus and Exposition Park and the historic LA Coliseum. After completing this loop four times, the race finishes on Gil Lindsay Drive.
   Finish: The finish line is located on Gil Lindsay Drive in front of the Los Angeles Convention Center near the intersection of Pico Boulevard and Figueroa Street.


Entry Process Begins: July 28, 2015
Entry Deadline: Midnight, January 31, 2016
Status of Entries Web Page: Updates in real time - www.usatf.org/MarathonTrials

Mandatory Athlete’s Technical Meeting: Friday, February 12, 2016, 4:00 pm PST
   JW Marriott Los Angeles L.A. Live Gold Ballroom
   • Use third floor sky bridge to cross Georgia Street and take the escalators down to the first floor

Course Tours/Training Runs: Due to one-way streets and the inaccessibility of much of the course by car/bus, the course is best toured by running, walking or cycling. Limited shuttle service will run between the JW Marriott and Exposition Park on Thursday and Friday, February 11th and 12th, for athlete training runs. Shuttle service will be available following the schedule below:

Departing JW Marriott for Exposition Park: 8:00 am, 9:30 am, 11:00 am
Departing Exposition Park for JW Marriott: 9:00 am, 10:30 am, 12:00 pm

Seating is limited and on a first-come, first-served basis. Pending seat availability, training partners and coaches will be allowed to ride the shuttle, but priority on the bus will be given to athletes competing in the race. Exposition Park is a quick taxi ride or jog from the JW Marriott, approximately 2.5 miles south on Figueroa Street.
**Bib Number and Chip Pick-Up:** Friday, February 12, 2016, following Technical Meeting

**Athlete Hotel:** JW Marriott Los Angeles L.A. Live  
900 W Olympic Blvd, Los Angeles, CA 90015  
Tel: (213) 765-8600

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**QUALIFYING STANDARDS AND GUIDELINES**

**QUALIFYING STANDARDS**

Athletes are eligible to participate in the 2016 U.S. Olympic Team Trials – Marathon if they have met one of the following standards:

**Men**
- Olympic Trials “A” funded standard – 2:15:00 or better
- Olympic Trials “B” non-funded standard – 2:15:01 to 2:19:00
- Olympic Trials “B” non-funded standard – sub 1:05:00 for half marathon performances

**Women**
- Olympic Trials “A” funded standard – 2:37:00 or better
- Olympic Trials “B” non-funded standard – 2:37:01 to 2:45:00
- Olympic Trials “B” non-funded standard – sub 1:15:00 for half marathon performances

**QUALIFYING WINDOW**

The Olympic Trials Marathon standard must be met between August 1, 2013 and January 17, 2016.
QUALIFYING GUIDELINES

The following are the qualifying criteria that all entrants must meet in order to participate in the 2016 U.S. Olympic Team Trials – Marathon:

- Athletes must meet the "B" standard in order to enter the 2016 U.S. Olympic Team Trials – Marathon event.
- The qualifying mark must be made on a USATF certified course, in an event Sanctioned by USA Track & Field or a member federation of the International Association of Athletics Federations (IAAF). The course must be USATF/IAAF/AIMS certified with an active course certification and have an elevation loss no greater than 3.25 meters/km. All course configurations will be accepted (no minimum separation).
- The qualifying standards must be met from August 1, 2013 to January 17, 2016.
- All qualifying performances are subject to verification.
- "Gun" time is the only acceptable method of timing. Chip/net times cannot be used for qualifying. Consideration may be given to "chip/tag" times for competitors with "gun" times extremely close to the above qualifying standards.
- Athletes meeting the “A” standard will be provided funding support as described on page 10.

NOTE: In order to compete in the Olympic Trials, all athletes must meet the Eligibility Requirements in Rule 1 of the USATF Competition Rules
SPECIAL QUALIFYING REGULATIONS

AUTOMATIC QUALIFICATION [USATF RULES 10.3 (b) iii]
An Athlete is eligible for automatic qualification into the Olympic Marathon Trials if that Athlete has, during the four previous calendar years (2016, 2014, 2013, 2012), accomplished one of the following:

- Earned an individual medal in an Olympic Games or in an IAAF World Championship marathon.
- Won an individual USA Marathon Championship.
- Won a U.S. Olympic Team Trials - Marathon event.

In addition, automatic qualification into the 2016 U.S. Olympic Team Trials - Marathon will be provided to those athletes who were members of a past U.S. Olympic Marathon Team.

An athlete whose entry into the 2016 U.S. Olympic Team Trials - Marathon is based solely on the “automatic qualification” provision is not eligible to receive funding to the Trials unless they have already met the Olympic Trials “A” standard.

ELIGIBILITY TO COMPETE

In addition to correctly entering the Trials and having equaled or bettered the Olympic Trials “A” or “B” qualifying standards during the stated qualifying period, the following criteria must be met:

- For all athletes, your USATF membership must be valid through 2016 USATF or entry will not be accepted. 2015 USATF members can extend their membership through 2016 by visiting www.usatf.org/membership (note: you will use your 2015 membership number to submit the entry). New USATF memberships for 2016 may be obtained online at www.usatf.org/membership. The fee is $30.
- Only citizens of the United States who are eligible to represent the United States in an Olympic competition under United States Olympic Committee and International Olympic Committee rules are eligible to compete in the Trials. Athletes who have citizenship questions should contact Sarah Austin at Sarah.Austin@usatf.org or (317) 713-4653.
- Athletes may enter the event even if they have not yet met the qualifying standard. However, athletes will not be permitted to compete unless they have:
  - Completed the entry process
  - Met the entry standard by January 17, 2016
  - Completed the declaration process
  - Have an updated athlete location form on file with USADA prior to competition if they are in the OUT-OF-COMPETITION (OOC) Drug-Testing Pool
ENTRY INFORMATION

To compete in the 2016 U.S. Olympic Team Trials – Marathon, you must complete the entry process as follows:

- All entries for the 2016 U.S. Olympic Team Trials – Marathon must be submitted online at [www.usatf.org](http://www.usatf.org). A USATF MEMBERSHIP VALID THRU 2016 IS REQUIRED TO ENTER.

- Online entry is the only method of entry. No other form of entry will be accepted.

- **On-time entries must be completed online by January 31, 2016 11:59 p.m. ET. Entry fee - $30.**

- The Status of Entries web page updates in real time: [www.usatf.org/MarathonTrials](http://www.usatf.org/MarathonTrials)

- All performances are subject to verification.

- In order to enter online, please have the following information available:
  - Your 2016 USATF membership number
  - Your USATF membership password
  - The qualifying mark
  - Name, location and date of event where qualified
  - Affiliation (club)
  - Coach and/or agent’s name and phone number
  - An updated athlete location form on file with USADA if you are in the OUT-OF-COMPETITION (OOC) Drug-Testing Pool. Athletes with questions about the OOC Drug Testing Pool should call Talia Mark, Associate Director of Anti-Doping, at (317) 713-4650.
FUNDING

Complete details about funding will be sent along with the “acknowledgement of receipt of entry” material, following the receipt of an athlete’s entry form.

- **Olympic Team Trials “A” Standard – Funded** – Men who have run 2:15:00 or faster for the marathon within the qualifying period; and Women who have run 2:37:00 or faster for the marathon within the qualifying period are eligible to enter and will receive a hospitality package that includes domestic air travel or automobile mileage reimbursement, airport ground transportation from LAX to the JW Marriott Los Angeles L.A. Live, housing and meals for three days/ nights. See Travel and Housing information for details.

- **Olympic Team Trials “B” Standard – Non-Funded** – Men who have attained a qualifying performance within the qualifying period of 2:15:01 to 2:19:00 for the marathon; or 1:05:00 or faster for the half marathon; and Women who have run 2:37:01 to 2:45:00 in the marathon; or 1:15:00 or faster for the half marathon are eligible to enter the 2016 Olympic Team Trials - Marathon but no funding for travel or housing.

TRAVEL

**FUNDED ATHLETES (Olympic Trials “A” standard)**

**Air Travel**
- Athletes who have met the Olympic Trials “A” standard must book their air travel to Los Angeles through National Travel Systems. Any changes to flights that are subject to “change fees” are the responsibility of the athlete.

**Driving**
- Athletes who have met the Olympic Trials “A” standard that would like to drive to Los Angeles will be reimbursed for mileage – 54 cents per mile – and parking at the Athlete Hotel (JW Marriott Los Angeles L.A. Live) up to the cost of a 21-day advance domestic air ticket from the athlete’s home airport. If you plan to drive, please contact Sam Grotewold at samg.usot16@gmail.com to confirm that you are eligible to be reimbursed for mileage and parking.
HOUSING

ATHLETE HOTEL
The JW Marriott Los Angeles L.A. Live (900 W Olympic Blvd, Los Angeles, CA 90015) will serve as the Athlete Hotel, but please do not contact the hotel directly to make your reservation. Reservations per the information listed below must be made through the submission of the online form to ensure you are included in the 2016 U.S. Olympic Team Trials - Marathon room block.

Most U.S. Olympic Team Trials - Marathon pre-race and post-race activities will take place in or around the JW Marriott Los Angeles L.A. Live/L.A Live/Los Angeles Convention Center complex.

- Cancellations made less than 3 days prior to the attendee’s first scheduled arrival date will incur a penalty charge of one night’s stay, applied to the credit card provided.
- A credit card is required of all athletes and guests upon arrival and check-in at the hotel.

Additional Room Block

There are additional race weekend hotels with discounted blocks available for friends and family that may be reserved by visiting the link below. Hotels will be available September 1st:

LA Marathon Hotel Block
**AIRPORT TRANSPORTATION**

Ground transportation will be provided for athletes as described below:

"**A**" QUALIFIED ATHLETES:
- Athletes who have met the "A" qualifying standard will be provided complimentary roundtrip ground transportation from LAX Airport to the JW Marriott Los Angeles L.A. Live for themselves and one (1) guest.
- “A” qualifiers will have the opportunity to purchase up to two (2) additional roundtrip ground transportation passes from LAX Airport to the JW Marriott Los Angeles L.A. Live for $15 per person.

"**B**" QUALIFIED ATHLETES:
- Athletes who have met the "B" qualifying standard will be provided complimentary roundtrip ground transportation from LAX Airport to the JW Marriott Los Angeles L.A. Live for themselves provided they book a hotel room through National Travel Systems.
- “B” qualifiers that have booked a hotel room through National Travel Systems will have the opportunity to purchase one (1) additional roundtrip ground transportation pass from LAX Airport to the JW Marriott Los Angeles L.A. Live for $15 per person.

**MEALS**

**FUNDED ATHLETES:**
"**A**" qualified athletes
(Those who will enter the race and intend to participate, having attained the "A" Trials qualifying time):

A per diem of $40/day for a maximum of three days, less incremental amounts for served meals, will be provided to “A” qualifier athletes. Per Diem will be loaded onto personalized Visa check cards and can be collected at the Elite Athlete Hospitality Suite at the Athlete Hotel.
ALL ATHLETES:

The LOC will provide the following complimentary meals and food service to all athletes, according to the schedule below:

Thursday, February 11
- Athlete Welcome VIP Dinner and Reception
  California Science Center
  7:00 – 10:00 pm
  Athlete RSVP
  Guest/Family Ticket Purchase

Friday, February 12
- Continental breakfast
- Lunch per diem (“A” qualified athletes)
- Dinner per diem (“A” qualified athletes)

Saturday, February 13
- Continental breakfast
- Post-Race Athlete Celebration
  Tom’s Urban, L.A. Live
  2:00 – 5:00 pm
  Athlete RSVP
  Guest/Family Ticket Purchase

The JW Marriott Los Angeles L.A. Live is conveniently located within walking distance of numerous restaurants and less than a half-mile from a full-service food supermarket.
ATHLETE VIP EVENTS

ALL ATHLETES:

All qualified athletes are invited to attend two VIP events in conjunction with the Olympic Team Trials – Marathon. Entry into these events is guaranteed to all participating athletes. A limited number of additional tickets for friends and family are available for purchase for both events.*

ATHLETE WELCOME VIP RECEPTION*
Thursday, February 11, 2016
California Science Center

This VIP Reception will be held in the spectacular setting of the Space Shuttle Endeavour Exhibit of in the Samuel Oschin Pavilion at the California Science Center. Mingle with other qualified athletes and civic supporters as we welcome you to Los Angeles. Dinner and a hosted bar will be available for Reception attendees.

POST-RACE ATHLETE CELEBRATION*
Saturday, February 13, 2016 – 2:00 pm – 5:00 pm
Tom’s Urban, L.A. Live

Once finished with your race, celebrate your athletic accomplishment at Tom’s Urban in L.A. Live, a place to “MEET, EAT + DRINK”! Join us for music and camaraderie as we wrap up the 2016 Olympic Team Trials – Marathon in a casual, but fun setting. A lunch buffet and hosted bar will be available for Celebration attendees.

PACKET PICK-UP

Athlete packet pick-up, including schedule, gift bag, USATF uniform check, and credential(s), will take place at the Elite Athlete Hospitality Suite on the third floor (Plaza Ballroom) of the JW Marriott Los Angeles L.A. Live. The hours of operation are:

Thursday     8 am to 6:00 pm
Friday       8 am to 6:00 pm
*tentative, subject to adjustment
**BIB NUMBER AND CHIP PICK-UP**

Bib Number and Chip Pick-Up will take place following the Technical Meeting on Friday, February 12. The Technical Meeting will begin at 4:00 p.m., and last approximately one hour. **This is the only time that bibs and chips will be distributed, so please plan your schedule accordingly.** No bibs will be handed out without confirmation of a completed uniform check.

**SPECIAL FLUIDS**

Athletes using special fluids may provide their own personal bottle that can include standard manufacturer’s logo, unbranded with personal designs, or use bottles that are provided. All athletes who wish to provide their own special fluid bottles for the race must have RSVP’d by January 20th. This deadline is final, and any athlete who misses this cut off will not be allowed to submit bottles for the race. An accurate count of program participants is important to its success, so please only request a position if you fully intend to use it.

**Elite Fluid Collection**
Friday 10:00 am to 3:00 pm
*A limited number of plastic “bicycle-style” bottles will be available on a first come, first serve basis in the Hospitality Suite beginning Thursday morning.*

**UNIFORM ADVERTISING AND LOGOS**

As a U.S. Olympic Committee event, the U.S. Olympic Team Trials – Marathon are subject to IOC and USOC advertising regulations for athletes’ apparel and uniforms.

As required by the USOC:

*With the exception of standard manufacturers’ equipment identification permitted by Rule 50 of the Olympic Charter (or the manufacturers’ equipment identification permitted by the NGB’s International Federation’s rules, if applicable), the equipment, uniforms and the bibs/numbers of the competitors and officials at the Trials may not bear any commercial identification or promotional material of any kind (whether commercial or noncommercial).*

*Competitor uniforms may bear the name of his or her track club, provided the club is a registered member and in good standing with USA Track & Field (as of November 1, 2015) and has been approved by the USOC.*

*Any violation of the rules may result in disqualification.*
For the U.S. Olympic Team Trials – Marathon, Race Walk, and Track & Field, these rules are applied as follows:

COMPETITION TOPS (vests/singlets)
The name/Logo of the Manufacturer of the attire may be displayed once on the front of the vest. Such display shall be in a rectangular form with a maximum size of 30cm² and with the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm.

COMPETITION BOTTOMS (shorts/half-tights)
The name/Logo of the Manufacturer of the attire may be displayed once on the front of the bottoms. Such display shall be in a rectangular form with a maximum size of 30cm² and with the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm.

LEOTARDS (one piece speed suits, including upper body and lower body)
The name/Logo of the Manufacturer of the attire may be displayed as follows:

- Once on the front of the leotard. Such display shall be in a rectangular form with a maximum size of 30cm² and with the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm;

or

- Twice on the front of the leotard: once above and once below the waist, but not immediately adjacent to each other. Such displays shall be identical, in rectangular form with a maximum size of 20cm² and with the lettering a maximum height of 3cm and the total Logo a maximum height of 4cm.

Competition Tops and Bottoms
A graphic or figurative Logo of the Manufacturer (not including name or any text) may also be used as a decorative “design mark” once or repeatedly as a strip not exceeding 10cm in width in one of the following positions, provided such use does not, in the opinion of USATF, in its discretion, dominate or unduly detract from the appearance of the garment:

- Across the bottom of the sleeves;
- On the outer seam of the sleeves;
- Down the outer seams of the garment.
Clubs
The club name or the club logo may be displayed on the front of the vest/leotard on the right chest.

Such display shall be rectangular in shape, with a maximum size of $40\text{cm}^2$ and with the lettering a maximum height of $4\text{cm}$ if printed directly onto the vest/leotard or the size of the patch.

The club name may appear on the back of the vest/leotard with the lettering a maximum height of $4\text{cm}$, and no restriction in width.

Club logos which are part of traditional club names and have been registered as such with USATF prior to 1 January 1980 and without relation to a company or product shall remain and the size at the time the club was approved and may not be increased. Club logos including a Logo or lettering representing a company or product are subject to the dimension as stated under this Clause.

Long Standing/Traditional Clubs
USATF Longstanding Clubs
Atlanta Track Club
Boston Athletic Association
Central Park Track Club
Club Northwest
Florida Track Club
Greater Boston Track Club
Impala Racing Team
Liberty Athletic Club
New York Athletic Club
Santa Monica Track Club
Southern California Striders
Shore Athletic Club of New Jersey
West Valley Track Club

TOPS, T-SHIRTS, SWEATSHIRTS, RAIN JACKETS
The Advertising or other identification displayed on tops, t-shirts, sweatshirts and rain jackets must comply with the following requirements, in respect of all Competitions (unless otherwise specified).
Manufacturer’s Name/Logo
The name/Logo of the Manufacturer of the attire may be displayed once on the front of the garment. Such display shall be rectangular in shape, with a maximum size of 40cm$^2$ and the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm.
A graphic or figurative Logo of the Manufacturer (not including name or any text) may also be used as a decorative “design mark” once or repeatedly as a strip not exceeding 10cm in width in one of the following positions, provided such use does not, in the opinion of USATF, in its discretion, dominate or unduly detract from the appearance of the garment:
- Across the bottom of the sleeves;
- On the outer seam of the sleeves;
- Down the outer seams of the garment.

Clubs
Either the club name or the club logo or may be displayed on the front of each garment on the right chest. Such display shall be rectangular in shape, with a maximum size of 40cm$^2$ and with the lettering a maximum height of 4cm.

The club name may appear on the back of the vest/leotard with the lettering a maximum height of 4cm and no restriction in width.

Club logos which are part of traditional club names and have been registered as such with an USATF prior to 1 January 1980 and without relation to a company or product shall remain at the time the club was approved and the size may not be increased. Club logos including a Logo or lettering representing a company or product are subject to the dimension as stated under this Clause.

**LOWER BODY ATTIRE**
Advertising or other identification being displayed on lower body attire (e.g. socks, shorts, tights, but excluding leotards) must comply with the following requirements:

Manufacturer’s Name/Logo
The name/Logo of the Manufacturer of the attire may be displayed once. The maximum size of such display shall be 20cm$^2$, with a maximum height of 4cm.

A graphic or figurative Logo of the Manufacturer (not including name or any text) may also be used as a decorative “design mark” once or repeatedly as a strip not exceeding 10cm in width in one of the following positions, provided such use does not, in the opinion of USATF, in its discretion, dominate or unduly detract from the appearance of the garment:
- Across the bottom of the legs;
- Down the outer seams of the legs.
**Socks**
The name/Logo of the Manufacturer of the socks may be displayed once on each sock. The maximum size of such display shall be $6cm^2$, with a maximum height of $3cm$. A graphic or figurative Logo of the Manufacturer (not including name or any text) may also be used on socks as a decorative “design mark” once or repeatedly as a strip not exceeding $5cm$ in width across the top edge of each sock, provided such use does not, in the opinion of USATF, in its discretion, dominate or unduly detract from the appearance of the socks.

**SCHOOLS, UNIVERSITIES, AND MILITARY EXEMPTIONS**
Size restrictions shall not apply to uniforms of colleges, universities, or military units or branches whose names do not include any sponsor identification.

Uniforms will be inspected on February 11th and 12th during packet pick up at the Athlete Hospitality Lounge in Los Angeles to ensure compliance.

Please bring your attention to Rule 40 and Rule 50 for in depth USOC and IOC uniform regulations.

These regulations are subject to change.

For any questions, contact events@usatf.org.
**DRUG TESTING**

* Athletes who participate in this competition are subject to drug testing performed by the U.S. Anti-Doping Agency (USADA) in accordance with the USADA Protocol for Olympic and Paralympic Movement Testing.

* **BE ALERT** - Knowing your rights and responsibilities may save you from making a mistake that could jeopardize your athletic career. The use of ALL dietary supplements is "at the athlete's own risk of committing a doping violation."

* **BE AWARE** - Testing may take place at any time or after any round - preliminary, qualifying, or final - USADA typically selects place finishers and random athletes. Once notified, you will be accompanied by a chaperone until you report to the Doping Control Station. Athletes must report to the Doping Control Station immediately after notification unless there is an approved reason for delay. Reasons for delay that will be considered include, but are not limited to, retrieving identification, attending an awards ceremony, locating an Athlete Representative, cooling down, media obligations and preparing for another event. If there is a valid reason for delay, inform the Notifying Chaperone so he/she can confirm with a Doping Control Officer.

* **BE CLEAN** - Checking to see if the medication you take is allowed could be the difference between passing your test and serving a doping ban. A search on USADA's easy-to-use Global Drug Reference Online™, or a quick call to USADA's Drug Reference Line™ (1-800-233-0393), or a review of the Therapeutic Use Exemption procedure will help you understand if a medication is allowed or prohibited.

* **BE INFORMED** - Watching USADA's short testing video will familiarize you with the drug testing process. When making travel arrangements please allow enough time for drug testing at the end of your event. This will include providing a sample and processing paperwork.

The adjudication of anti-doping rule violations or refusals to test will be carried out by USADA. Athletes found to have committed a doping violation will be disciplined according to penalties specified by the World Anti-Doping Code and, if appropriate, applicable IAAF rules. Such penalties may result in a period of ineligibility as well as disqualification from the event.

**BE AWARE. BE INFORMED. BE ALERT. BE CLEAN.**
OLYMPIC GAMES TEAM SIGN-UP

Athletes who are to be nominated to the 2016 Olympic Team must declare their intent to represent the U.S. at the Olympic Games during team sign-up to be conducted in the Elite Athlete Hospitality Suite, Plaza I-III – at the JW Marriott L.A. Live at 4:00 p.m. on Saturday February 13th, 2016, immediately following the Awards Ceremony. Athletes must commit during the designated hours. Marathon Team Members will finalize their team processing at the U.S. Olympic Trials – Track & Field in Eugene, Oregon. More information about Eugene processing will be sent at a later date.

EXCLUSIVE COMMERCIAL RIGHT OF THE UNITED STATES OLYMPIC COMMITTEE

All commercial rights to the United States Olympic Team Trials, including but not limited to broadcast, internet, photography, sponsorship and advertising, are under the exclusive jurisdiction of the United States Olympic Committee (USOC). For the participating athletes in the U.S. Olympic Team Trials – Marathon, this includes the following:

1. All broadcast rights, including but not limited to television, film, radio and the internet, are strictly controlled by the USOC. All persons are prohibited from using any photographs, videotape or other audio and/or audiovisual recordings of the U.S. Olympic Team Trials on the Internet or for commercial purposes without prior written consent of the USOC. In other words, no one is allowed to make commercial use of any photographs or videos or any digital recordings/pictures of the competition on the internet or in any other medium.

2. Participating athletes must follow the “Competitor’s Clothing” policy outlined on pages 12-13 of this entry handbook. This must be strictly adhered to, and a participant will not be permitted to run in a uniform that does not meet these requirements.

3. All participating athletes must explicitly sign or acknowledge a “Name and Likeness” waiver that provides the USOC the right to reproduce, publish and otherwise distribute, in any medium, the names, pictures, likenesses and voices, as well as any biographical material (as applicable) of the participants in the Team Trials. The USOC, however, is NOT permitted to use this right in a manner that suggests an endorsement of any product or service, or of any other event, without the written consent of the individual involved. This will be done during the entry process online or via a document signed at the competition site.
4. A sponsor, supplier or licensee of any participant is not permitted to publicize its association with the participating athlete in a manner that suggests a relation to the 2016 Olympic Games, the Team Trials, the U.S. Olympic Team or the USOC, and is not permitted to use any Olympic-related marks, words or designations in advertising or other promotional activities. *No sponsor, supplier or licensee may use any Olympic marks or trademarked terminology in any publicity.*

5. No “Ambush Advertising” is allowed. This means there can be no commercial identification of any product or service or any promotional matter of any kind (e.g., name, logo, trademark or trade name of any third party) to appear in: (a) camera-visible competition areas of the Team Trials, (b) on the uniforms or on the bibs/numbers of the competitors, except as outlined in the “Competitor’s Clothing” policy on pages 12-13, or (c) in camera-visible areas that are located in proximity to the site of the Trials (e.g., warm up area, start and finish areas, etc.) that are controlled by the organizers. *Only commercial identification outlined in the competitor’s clothing policy is allowed in or near the competition site. An on-course sign (hand-held or otherwise) with any commercial identification is not allowed.*

If you have any questions regarding these rights, please contact Jim Estes in the USATF National Office at 317-713-4661.
2016 OLYMPIC GAMES INFORMATION
31st Olympiad; Rio de Janeiro, Brazil; August 5 - 21, 2016
Women’s Marathon – August 14th | Men’s Marathon August 21st

QUALIFYING PERIOD
The qualifying period for the 2016 Olympic Games in Rio de Janeiro is different than the qualifying period for the 2016 U.S. Olympic Team Trials - Marathon. The 2016 Olympic Games qualifying period for the Men’s and Women’s Marathon is January 1, 2015 through the end of the athlete's individual event at the 2016 U.S. Olympic Team Trials – Marathon. There is no chasing of the standard.

QUALIFYING STANDARDS GUIDELINES
The Olympic Games qualifying standards are not the same as the 2016 U.S. Olympic Team Trials - Marathon qualifying standards. An athlete must compete in the 2016 U.S. Olympic Team Trials - Marathon in order to be selected to the 2016 U.S. Olympic Track and Field Team.

The 2016 Olympic Games qualifying standards for the marathon are:

   Men’s Olympic Standard - 2:19:00
   Women’s Olympic Standard - 2:45:00

All standards must be met on IAAF approved marathon courses.

2016 OLYMPIC GAMES MARATHON SCHEDULE

Women’s Olympic Marathon
Rio de Janeiro, Brazil
9:30 a.m., Sunday, August 14, 2016

Men’s Olympic Marathon
Rio de Janeiro, Brazil
9:30 a.m., Sunday, August 21, 2016
2016 U.S. OLYMPIC GAMES MARATHON TEAM SELECTION PROCEDURES

The U.S. Olympic Marathon Team will be selected as follows:

Only athletes who finish the U.S. Olympic Team Trials - Marathon in Los Angeles, CA on February 13, 2016 and who have achieved the Olympic Standard, on an IAAF approved marathon course, during the prescribed period will be eligible for selection to the 2016 U.S. Olympic Team.

The following criteria will be used to nominate athletes to the 2016 U.S. Olympic Marathon Team:

1. The top three (3) finishers, in Performance Rank Order at the 2016 U.S. Olympic Team Trials - Marathon (Trials) will automatically select themselves to Team USA for the 2016 Olympic Games (Team), provided that each has, by the end of their event at the 2016 U.S. Olympic Team Trials - Marathon, achieved the applicable 2016 Olympic Games Qualifying Standard. If all three have, by the end of their event at the Trials, achieved the 2016 Olympic Games Qualifying Standard then the fourth ranked order finisher shall serve as the replacement, provided that he or she has, by the end of their event, achieved the applicable 2016 Olympic Games Qualifying Standard. There will be NO chasing of the standard.

2. If after the close of the Trials, there remain places on Team USA or replacement positions, USATF may, in its discretion, in rank order of finish at the Trials, enter athletes and/or designate athletes as replacements based on their having achieved the applicable 2016 Olympic Games Qualifying Standard.

3. If no U.S. athletes achieve the 2016 Olympic Games Qualifying Standard in the Marathon during the qualifying period, USATF will enter no athletes in that event.

4. No invitations from the IAAF will be issued for the Marathon to fulfill the quota.

ALTERNATE SELECTION

An athlete who withdraws from the team due to illness, injury or for any other reason, or fails to abide by the USATF Statement of Conditions and the USOC Code of Conduct, will be replaced by the next eligible nominated candidate who has achieved the Olympic Games qualifying standard, in rank order of finish from the 2016 U.S. Olympic Team Trials – Marathon.
**IMPORTANT PHONE NUMBERS**

<table>
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<tr>
<th>Name</th>
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