

PM

2014 USATF National Club Track & Field Championships - 7/11/2014 to
7/12/2014

Mt Tahoma High School
Results

Event 1 Women 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Kelly, Ashley	Central Park	11.85	-1.5
2 Hale, Sharay	Central Park	11.99	-1.5
3 Swanson, Taylor	Seattle Spee	12.61	-1.5
4 Scavone, Susan	Central Park	12.94	-1.5

Event 2 Men 100 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Marcano, Andre	Central Park	10.76Q	-1.9	1
3 Williams, Paul	Central Park	10.71Q	1.0	2
4 Thompson, Kevin	Central Park	10.78Q	-1.9	1
5 Crichlow, Adrian	Central Park	10.89Q	-1.9	1
6 Williams, Peirre	Explosion Tr	11.02Q	1.0	2
7 Emeche, David	Flying Ajs T	11.13q	1.0	2
8 Robinson Jr, Thomas	Atlanta Trac	11.36q	-1.9	1
9 Badger, Tim	Denver Track	11.47	-1.9	1
10 Gunter, Tyson	Simplot Game	11.71	1.0	2

Event 2 Men 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Bascom, Jeremy	Central Park	10.59	-1.5
2 Williams, Paul	Central Park	10.76	-1.5
3 Thompson, Kevin	Central Park	10.78	-1.5
4 Marcano, Andre	Central Park	10.86	-1.5
5 Crichlow, Adrian	Central Park	11.04	-1.5
6 Williams, Peirre	Explosion Tr	11.18	-1.5
7 Emeche, David	Flying Ajs T	11.27	-1.5
8 Robinson Jr, Thomas	Atlanta Trac	11.43	-1.5

Event 3 Women 200 Meter Dash

Name	Year Team	Finals	Wind
1 Kelly, Ashley	Central Park	23.98	-0.4
2 Ruth, Asha	Shore Athlet	24.15	-0.4
3 Hale, Sharay	Central Park	24.45	-0.4
4 Green, Zafirah	Isaa (Intern	26.08	-0.4
5 Swanson, Taylor	Seattle Spee	26.70	-0.4

Event 4 Men 200 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Thompson, Kevin	Central Park	21.60Q	-0.6	2
2 Senesca, Gerkenz	Shore Athlet	22.07Q	-1.6	1
3 Crichlow, Adrian	Central Park	21.98Q	-0.6	2
4 Williams, Paul	Central Park	22.09Q	-1.6	1
5 Marcano, Andre	Central Park	22.21Q	-0.6	2
6 Williams, Peirre	Explosion Tr	22.51Q	-1.6	1
7 Emeche, David	Flying Ajs T	22.43q	-0.6	2
8 Duncan Jr, Derrhyl	Shore Athlet	22.63q	-1.6	1
9 Badger, Tim	Denver Track	23.12	-0.6	2
10 Robertson, Anthony	Zenith Veloc	24.26	-1.6	1
11 Otuonye, Chukwumereije	Isaa (Intern	24.59	-0.6	2

Event 4 Men 200 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Thompson, Kevin	Central Park	21.44	2.1
2 Senesca, Gerkenz	Shore Athlet	21.95	2.1
3 Crichlow, Adrian	Central Park	22.26	2.1
4 Williams, Paul	Central Park	22.51	2.1
5 Marcano, Andre	Central Park	22.57	2.1
6 Duncan Jr, Derrhyl	Shore Athlet	22.94	2.1
7 Emeche, David	Flying Ajs T	23.01	2.1

Event 5 Women 400 Meter Dash

Name	Year Team	Finals
1 Ruth, Asha	Shore Athlet	53.58
2 Kelly, Ashley	Central Park	54.45
3 Green, Zafirah	Isaa (Intern	59.95
4 Ramos, Angelina	Denver Track	1:12.19

Event 6 Men 400 Meter Dash

Name	Year Team	Finals
1 Hurtault, Erison	Central Park	47.12
2 Mbow, Elhadji	Central Park	49.25
3 Ma, Tyler	Seatown Expr	51.06
4 Otuonye, Chukwumereije	Isaa (Intern	51.75
5 Robertson, Anthony	Zenith Veloc	52.78

Event 7 Women 800 Meter Run

Name	Year Team	Finals
1 Bell, R	Central Park	2:12.87
2 Miller, Ashley	Team Nebrask	2:13.26
3 Waller, Ruth	Denver Track	2:13.48

4	Agnew, Melissa	Twin Cities	2:13.82
5	Farthing, Amber	Club Northwe	2:15.43
6	Karnick, Ashley	M M Track Cl	2:28.42

Event 8 Men 800 Meter Run

Name	Year Team	Finals	H#
1 Reid, Nicholas	Shore Athlet	1:50.96	1
2 Ferris, Dylan	New Balance	1:51.12	1
3 Kamalu, Oscar	Central Park	1:51.20	1
4 Busienei, Kelvin	Kansas City	1:51.86	1
5 Brosnan, Sean	Cal Coast Tr	1:55.64	1
6 Ferede, Mesfin	Denver Track	1:55.92	2
7 Alexader Jr, Michael	Kansas City	1:56.04	2
8 Roux, Malcolm	Club Northwe	1:58.03	1
9 Wells, Bill	Central Park	1:58.31	2
10 Ricardi, John	Club Northwe	1:59.02	2
11 Umscheid, Jordan	Kansas City	1:59.95	2
12 Fletcher, Ben	Dukes Track	2:03.01	2

Event 9 Women 1500 Meter Run

Name	Year Team	Finals
1 Bell, R	Central Park	4:27.54
2 Heuer, Megan	Club Northwe	4:27.67
3 Agnew, Melissa	Twin Cities	4:28.93
4 Miller, Ashley	Team Nebrask	4:29.45
5 Keller, Lois	Club Northwe	4:32.54
6 Farthing, Amber	Club Northwe	4:40.40
7 Ricardi, Jane	Club Northwe	5:00.26
8 Haavikko, Hanna	Houston Elit	5:11.96

Event 10 Men 1500 Meter Run

Name	Year Team	Finals
1 Chinchar, Michael	Club Northwe	3:52.20
2 Clement, Tony	Dukes Track	3:55.21
3 Ferede, Mesfin	Denver Track	3:56.34
4 Hernandez, Michael	Kansas City	3:56.52
5 Wasinger, Randy	Kansas City	3:58.72
6 Ricardi, John	Club Northwe	4:01.04
7 Toepfer, Cole	Twin Cities	4:04.24
8 England, Jacob	Tacoma City	4:05.45
9 Fletcher, Ben	Dukes Track	4:10.81
10 Bywater, Joey	Club Northwe	4:15.32

Event 11 Women 10000 Meter Run

Name	Year Team	Finals
1 Garvue, Andrea	Club Northwe	37:07.22
2 Lemon, Kimberly	Club Northwe	37:14.36
3 Houk, Kristi	Club Northwe	37:15.62
4 Nichols, Ashley	Club Northwe	38:30.81

5	Lyle, Meghan	Club Northwe	38:55.47
6	Mandi, Alison	Club Northwe	39:12.47
7	McDevitt, Janet	Club Northwe	39:23.99
8	Ringer, Talia	Club Northwe	40:10.04
9	Long, Olivia	Denver Track	40:43.91
10	Salzwedel, Adrienne	Club Northwe	42:38.59

Event 12 Men 10000 Meter Run

Name	Year Team	Finals
1 Moore, Joe	Kansas City	30:33.29
2 Testa, Tim	Kansas City	31:33.50
3 Welch, Nick	Club Northwe	31:35.89
4 Garrard, Justin	Kansas City	31:43.09
5 Davidson, Aaron	Kansas City	32:14.65
6 Mangrum, Benjamin	Tacoma City	32:34.30
7 Perdomo, Salvator	Dukes Track	32:53.99
8 Mandi, Mark	Club Northwe	33:11.61
9 Reed, Chris	Club Northwe	33:30.32
10 Falcon, Peter	Team Nebrask	34:21.48

Event 13 Women 5000 Meter Run

Name	Year Team	Finals
1 Heuer, Megan	Club Northwe	17:03.17
2 Keller, Lois	Club Northwe	17:11.99
3 Vongvorachoti, Jane	Central Park	17:19.21
4 Lacey, Lana	Club Northwe	17:20.45
5 Miller, Ashley	Team Nebrask	17:43.04
6 O'Regan, Brittany	Club Northwe	17:50.42
7 Garvue, Andrea	Club Northwe	18:00.22
8 Mandi, Alison	Club Northwe	18:01.72
9 Ryan, Elizabeth	Greater Bost	18:12.30
10 Ramirez, Ivette	Central Park	18:17.94
11 Lemon, Kimberly	Club Northwe	18:24.10
12 Long, Olivia	Denver Track	19:08.49
13 Haavikko, Hanna	Houston Elit	20:13.82

Event 14 Men 5000 Meter Run

Name	Year Team	Finals
1 Testa, Tim	Kansas City	14:58.72
2 Garrard, Justin	Kansas City	15:00.99
3 Reynolds, Francis	Tacoma City	15:02.47
4 Grimes, Bennett	Club Northwe	15:05.31
5 Mandi, Mark	Club Northwe	15:30.52
6 Davidson, Aaron	Kansas City	15:40.33
7 Shakalia, Karim	Bowerman Tra	15:51.85
8 Perdomo, Salvator	Dukes Track	15:57.77

Event 15 Women 100 Meter Hurdles

Name	Year Team	Finals	Wind
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1 Miller, Heather	Central Park	14.03	NWI
2 Scavone, Susan	Central Park	14.60	NWI

Event 16 Men 110 Meter Hurdles

Name	Year Team	Finals	Wind
1 Senesca, Gerkenz	Shore Athlet	14.17	-1.2
2 Dembele, Moussa	Central Park	14.34	-1.2
3 Garcia, Esteban	Central Park	15.66	-1.2

Event 17 Women 400 Meter Hurdles

Name	Year Team	Finals
1 Karnick, Ashley	M M Track Cl	1:08.45
2 Waller, Ruth	Denver Track	1:08.56
3 Clark, Deanna	Central Park	1:12.95

Event 18 Men 400 Meter Hurdles

Name	Year Team	Finals
1 Mbow, Elhadji	Central Park	52.66
2 Lutterloh, Austin	South Sound	56.39

Event 19 Women 3000 Meter Steeplechase

Name	Year Team	Finals
1 Waller, Ruth	Denver Track	11:29.50
2 Farthing, Amber	Club Northwe	11:48.08
3 Clark, Deanna	Central Park	12:40.79

Event 20 Men 3000 Meter Steeplechase

Name	Year Team	Finals
1 Ricardi, John	Club Northwe	9:18.84
2 Reed, Chris	Club Northwe	9:37.32
3 Fisher, Christopher	Club Northwe	9:52.97
4 Jordan, Jeramey	Kansas City	11:24.26

Event 22 Men 5000 Meter Race Walk

Name	Year Team	Finals
1 DiBernardo, Steven	Club Northwe	26:53.18
2 Harper, Steve	World Class	29:03.22
3 Jordan, Jeramey	Kansas City	30:35.49
4 Ogelsby, Walter	Raleigh Walk	36:28.50

Event 23 Women 4x800 Meter Relay

Team	Finals
1 Club Northwest 'A'	9:44.39

Event 24 Men 4x800 Meter Relay

Team	Finals
1 Central Park Track Club (Cptc) 'A'	7:49.05
2 Kansas City Smoke 'A'	7:57.19
3 Club Northwest 'A'	7:58.63

Event 25 Women 4x100 Meter Relay

Team	Finals
1 Central Park Track Club (Cptc) 'A'	47.74

Event 26 Men 4x100 Meter Relay

Team	Finals
1 Central Park Track Club (Cptc) 'A'	41.95

Event 27 Women 1600 Sprint Medley

Team	Finals
1 Central Park Track Club (Cptc) 'A'	4:17.26

Event 28 Men 1600 Sprint Medley

Team	Finals
1 Central Park Track Club (Cptc) 'A'	3:29.93
2 Club Northwest 'A'	3:37.15
3 Kansas City Smoke 'A'	3:48.83

Event 29 Women Distance Medley

Team	Finals
1 Club Northwest 'A'	12:38.79

Event 30 Men Distance Medley

Team	Finals
1 Kansas City Smoke 'A'	10:29.04
2 Club Northwest 'A'	10:47.89

Event 31 Women 4x400 Meter Relay

Team	Finals
1 Central Park Track Club (Cptc) 'A'	3:51.91

Event 32 Men 4x400 Meter Relay

Team	Finals
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1	Central Park Track Club (Cptc)	'A'	3:24.47
2	Club Northwest	'A'	3:32.88
3	Kansas City Smoke	'A'	3:41.27

Event 42 Men Javelin Throw

Name	Year	Team	Finals
1 Koch, Ryan		Central Park	53.96m
2 Keller, Levi		Club Northwe	53.71m
3 Frizzell, Drew		Kansas City	43.27m

Event 43 Women Javelin Throw

Name	Year	Team	Finals
1 Gruszecki, Monika		Club Northwe	45.58m
2 Riettie, Kateema		Central Park	45.08m
3 Garrett, Britlyn		Club Northwe	44.69m
4 Miller, Heather		Central Park	38.09m
5 Baxter, Aubrey		Team Nebrask	34.55m

Event 44 Women Discus Throw

Name	Year	Team	Finals
1 Baxter, Aubrey		Team Nebrask	42.16m
2 King, Chanel		Central Park	40.76m
3 Garrett, Britlyn		Club Northwe	35.16m

Event 45 Men Discus Throw

Name	Year	Team	Finals
1 Frizzell, Drew		Kansas City	48.06m
2 Koch, Ryan		Central Park	35.68m
3 Brown, Ryan		Club Northwe	29.21m

Event 46 Pole Vault Power Women Pole Vault

Name	Year	Team	Finals
1 Weiler, Abby		Columbia Str	3.50m
2 Carnahan, Danielle		Pro Vault NW	3.35m

Event 47 ProVaultNW Men Pole Vault

Name	Year	Team	Finals
1 Brown, Ryan		Club Northwe	5.05m
2 Keller, Levi		Club Northwe	5.05m
3 Koch, Ryan		Central Park	4.45m
4 Weiler, Joey		Columbia Str	4.15m

Event 48 Women Triple Jump

Name	Year Team	Finals	Wind
1 Sinkler, April	Chula Vista	13.22m	0.6
2 Smith, Toni	Chula Vista	13.01m	0.8
3 Miller, Heather	Central Park	13.00m	-0.6
4 Oliver, Imani	Central Park	12.90m	-0.3
5 Richey, Tamara	Flying Ajs T	11.42m	0.2
6 Shakoor, Kenya	Flying Ajs T	11.25m	1.6

Event 49 Men Triple Jump

Name	Year Team	Finals	Wind
1 Young Jr, Terrence	Greater Bost	13.79m	NWI
2 Braithwaite, Rolston	Central Park	13.77m	-0.6
3 McGowen, Caleb	Flying Ajs T	13.57m	NWI
4 Sallee, Mason	Flying Ajs T	13.38m	1.1
5 Colbert, Joshua	Flying Ajs T	13.18m	1.0

Event 50 Women Long Jump

Name	Year Team	Finals	Wind
1 Smith, Toni	Chula Vista	6.08m	-1.0
2 Miller, Heather	Central Park	5.91m	-0.1
3 Sinkler, April	Chula Vista	5.84m	0.2
4 Ruth, Asha	Shore Athlet	5.78m	-1.3
5 Rogers, Anita	Central Park	5.73m	NWI
6 Richey, Tamara	Flying Ajs T	5.67m	0.6
7 Bouyer, Kennadi	Flying Ajs T	5.60m	-0.1
8 Oliver, Imani	Central Park	5.49m	0.9
9 Lake, Katherine	Seatown Expr	5.28m	1.0
10 Shakoor, Kenya	Flying Ajs T	4.91m	1.3
11 Power, Jenny	Flying Ajs T	4.88m	2.2

Event 51 Men Long Jump

Name	Year Team	Finals	Wind
1 Keller, Levi	Club Northwe	6.79m	1.2
3 Koch, Ryan	Central Park	J6.57m	1.8
4 Braithwaite, Rolston	Central Park	J6.55m	-0.2
5 Sinsheimer, Jared	Flying Ajs T	J6.48m	-0.3
6 Gunter, Tyson	Simplot Game	J6.43m	0.8
7 Young Jr, Terrence	Greater Bost	J6.33m	1.0

Event 52 Women High Jump

Name	Year Team	Finals
1 Miller, Heather	Central Park	1.70m
2 Wood, Alison	Oregon Track	J1.70m
3 Almen, Sara	Willamette S	J1.70m
4 Eaton, Sydney	Willamette S	1.65m

Event 53 Men High Jump

Name	Year Team	Finals
1 Hightower, Dakarai	Flying Ajs T	2.24m
2 Keller, Levi	Club Northwe	1.97m
3 Gunter, Tyson	Simplot Game	1.92m
4 Sinsheimer, Jared	Flying Ajs T	J1.92m
5 Koch, Ryan	Central Park	1.82m

Event 54 Women Hammer Throw

Name	Year Team	Finals
1 Baxter, Aubrey	Team Nebrask	58.77m
2 King, Chanel	Central Park	45.93m
3 Boivin, Erica	Club Northwe	16.42m

Event 55 Men Hammer Throw

Name	Year Team	Finals
1 Frizzell, Drew	Kansas City	55.90m
2 Brown, Ryan	Club Northwe	28.70m

Event 56 Lexcaliburs Women Shot Put

Name	Year Team	Finals
1 Baxter, Aubrey	Team Nebrask	14.04m
2 King, Chanel	Central Park	12.67m
3 Boivin, Erica	Club Northwe	12.15m

Event 57 Lexcaliburs Men Shot Put

Name	Year Team	Finals
1 Frizzell, Drew	Kansas City	16.32m
2 Langhauser, John	Central Park	15.42m
3 Keller, Levi	Club Northwe	13.33m

Event 58 Women 5000 Meter Race Walk

Name	Year Team	Finals
1 Tuberg, Ann	Club Northwe	30:51.57

Women - Team Rankings - 24 Events Scored

1) Central Park Track Club (C 204	2) Club Northwest	161
3) Team Nebraska	4) Chula Vista Elite	34
5) Denver Track Club	6) Shore Athletic Club	23
7) M M Track Club	8) Flying AJS Track Club	12
9) Twin Cities Track Club	9) Willamette Striders Track	11
9) ISAA (International Studen	12) Columbia Striders Track C	10
12) Seattle Speed Track Club	14) Oregon Track Club	8
14) Pro Vault NW	16) Houston Elite	1

Men - Team Rankings - 24 Events Scored

1) Central Park Track Club (C	204	2) Club Northwest	158
3) Kansas City Smoke	141	4) Flying AJS Track Club	39
5) Shore Athletic Club	31	6) Greater Boston Track Club	13
7) Dukes Track Club	11	8) Simplot Games	10
8) Tacoma City Running Club	10	10) Denver Track Club	9
11) World Class Racewalking	8	11) New Balance Silicon Valle	8
11) South Sound Track Club	8	14) Seatown Express Track Clu	6
15) Raleigh Walkers	5	15) Columbia Striders Track C	5
15) ISAA (International Studen	5	18) Cal Coast Track Club	4
18) Zenith Velocity Internatio	4	20) Explosion Track Club	3
21) Twin Cities Track Club	2	21) Bowerman Track Club	2
23) Atlanta Track Club	1		

Combined Team Scores - 48 Events Scored

1) Central Park Track Club (C	408	2) Club Northwest	319
3) Kansas City Smoke	141	4) Shore Athletic Club	54
5) Team Nebraska	51	5) Flying AJS Track Club	51
7) Denver Track Club	38	8) Chula Vista Elite	34
9) ISAA (International Studen	16	10) Columbia Striders Track C	15
11) Greater Boston Track Club	13	11) M M Track Club	13
11) Twin Cities Track Club	13	14) Willamette Striders Track	11
14) Dukes Track Club	11	16) Seattle Speed Track Club	10
16) Tacoma City Running Club	10	16) Simplot Games	10
19) Pro Vault NW	8	19) South Sound Track Club	8
19) Oregon Track Club	8	19) World Class Racewalking	8
19) New Balance Silicon Valley	8	24) Seatown Express Track Clu	6
25) Raleigh Walkers	5	26) Zenith Velocity Internati	4
26) Cal Coast Track Club	4	28) Explosion Track Club	3
29) Bowerman Track Club	2	30) Atlanta Track Club	1
30) Houston Elite	1		