

**2010**



***Youth Guide***

*Cover Photo by USA Track & Field*

*Notes*

# **USA Track & Field Youth Guide**

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**2010**



***INTRODUCTION***





**USA**  
**TRACK & FIELD**

*President*  
**Stephanie Hightower**

*Chief Executive Officer*  
**Douglas G. Logan**

April 2010

On behalf of USA Track & Field (USATF) and the National Youth Athletics Division, we bring you the 2010 edition of the USATF Youth Guide. As a Youth Committee member, Association administrator, or supporter of USATF, we hope this resource serves to inform and enhance your ability to work on behalf of USATF youth programs.

USATF youth programs continue to grow as a result of your ongoing hard work and dedication. As track and field remains the #1 participatory sport among junior high and high school athletes, USATF youth numbers jumped to nearly 2000 youth clubs and over 62,000 youth athletes in 2009. We look forward to another outstanding year of youth participation as we head to Lisle, Illinois for the USA Youth Outdoor Championships, Sacramento, California for the National Junior Olympic Track & Field Championships and Hoover, Alabama for the National Junior Olympic Cross Country Championships.

Thank you for your continued dedication and support of USATF youth programs. In addition to the Youth Guide, the Youth Athletics Committee and the National Office liaisons (Andy Martin, Tricia Floyd, and Marilyn Turner) are always here to provide support and answer questions.

Good luck during the upcoming season!

Warm regards,

Lionel Leach  
National Youth Athletics Chair

Andy Martin  
Dir. of Grass Roots Programs

## **USA TRACK & FIELD GRASS ROOTS PROGRAMS**

### **MISSION STATEMENT:**

*USA Track & Field drives competitive excellence and popular engagement in our sport.*

The backbone of USATF's pursuit of excellence is its developmental programs -- grass roots outreach efforts shape the next generation of champions and maintain our status as the World's #1 Track & Field Team. These grass roots efforts include:

**USA Junior Outdoor Track & Field Championships:** A national championship with entry based upon qualifying standards. This event serves as a qualifier for international competitions (e.g. World Junior Championships, Junior Pan American Championships) and annually attracts 1,000 athletes ages 14 through 19. The USA Cross Country Championships also has a Junior division competition.

**USATF National Junior Olympic Track & Field Championships:** A national championship series consisting of preliminary meets, Association Championships, Regional Championships, and a National Championship. **Athletes advance on place and/or performance.** National Championships attract more than 9,000 entries and over 6,000 competitors. Junior Olympic Track & Field is the most visible developmental program in the world.

**USA Youth Outdoor Track & Field Championships:** A national championship with entry based upon achievement of performance standards per event. The USA Youth Outdoor T & F Championships is **club-oriented**, with team championships awarded in every age division. On average, the event attracts more than 2,500 participants and is well attended by many of USATF's more than 1,900 member-clubs each year.

**USATF National Junior Olympic Cross Country Championships:** Entry and advancement follows the model of the Junior Olympic Track & Field Championships with a progression series of competitions leading to the National Championships. Individual and team trophies are awarded at the National Championships that annually attracts more than 2,500 athletes.

**2010 Youth Olympic Games:** The 2010 Youth Olympic Games is an inaugural event that will take place in Singapore August 14 -26, 2010. Youth athletes will have the opportunity to balance sport, education, and culture. Over 3600 athletes are expected to compete. Selection to the Youth Olympic Team will be based on performance at the 2010 U.S. Area Youth Olympic Trials – Track & Field in Arlington, TX on April 3, 2010.

<b>Dates:</b>	<b><u>Junior Outdoor</u></b> June 23-27	<b><u>Youth Outdoor</u></b> June 29 – July 4	<b><u>Junior Olympic T&amp;F</u></b> July 27- August 1	<b><u>Junior Olympic CC</u></b> December 11
<b>Locations</b>	Des Moines, IA	Lisle, IL	Sacramento, CA	Hoover, AL
<b>Facility</b>	Drake Stadium	Benedictine University	Hughes Stadium - Sacramento City College	Veterans Park
<b>Entry Deadline</b>	TBD	June 22, 2010	Submitted through Regional Coordinators	Submitted through Regional Coordinators

To learn more about USA Track & field and to view up-to-date information link to

**[www.usatf.org](http://www.usatf.org)**

# 2010

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# 2011

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## **YOUTH ATHLETICS EXECUTIVE COMMITTEE**

### **Executive Chair**

Lionel Leach  
202 Maple Ave.  
Irvington, NJ 07111  
917-913-5505  
lionel@youthusatf.org

### **Executive Vice Chair**

Bob Flint  
8436 E. Hubbell  
Scottsdale, AZ 85257  
480-994-5132  
usatfaz@cox.net

### **Vice Chair of Operations**

Sam Germany  
8732 Pavia Dr.  
Las Vegas, NV  
702-363-0851  
redchazz@aol.com

### **Vice Chair of Administration**

Dorothy Dawson  
4816 S. Indiana Ave.  
Chicago, IL 60615  
773-624-4392  
dotmdawson@yahoo.com

### **Legal Advisor**

Norine Richardson  
1417 N. Woodside  
Chandler, AZ 85224  
480-330-5615  
judgenlhr@aol.com

### **Secretary**

Linda Ellis  
1889 Brigadoone Lane  
Florence, SC 29505  
843-665-6460  
lellis7354@aol.com

### **Immediate Past Youth Chair**

Linda Phelps  
73 Elmore Rd.  
Pittsburgh, PA 15221  
412-243-5504  
lindajafra@comcast.net

### **Northeast Zone Representative**

**Regions Covered: 1 & 2**  
Bruce Long  
109 Evans Dr.  
McMurry, PA 15317  
724-255-5444  
bdlong2@verizon.net

### **South Zone Representative**

**Regions Covered: 3, 4, 6, 12**  
Inez Finch  
3440 Winter Wood Ct.  
Marietta, GA 30062  
770-977-1850  
inezfinch@aol.com

### **Midwest Zone Representative**

**Regions Covered: 5, 7, 8, 9**  
Marc Jones  
436 Des Plaines Ave  
Forest Park, IL  
708-288-0221  
jones\_jdaddy5@aol.com

### **West Zone Representative**

**Regions Covered: 10, 11, 13, 14, 15**  
Ron Mascareñas  
PO Box 231  
Vandito, NM 87579  
505-950-9897  
ronaldmascarenas@aol.com

### **Regional Coordinator Representative**

Henry McCallum  
7949 Dellwood Avenue  
Glenarden, MD 20706  
301-322-7356  
hmcca77@verizon.net

**AT-LARGE DELEGATES**

**Frosty Anderson** – *Nebraska*

5408 Tipperary Trl.  
Lincoln, NE 68512  
402-423-0515  
forresta@aol.com

**Booker Woods** – *Southern California*

538 W. 121 St.  
Los Angeles, CA 90044  
323-779-8860  
lajets@sbcglobal.net

**Rubin Carter** – *Nebraska*

3110 N. 97<sup>th</sup> Street, #121  
Omaha, NE 68134  
402-203-9190  
coachc2009@yahoo.com

**Barbara Smith** – *Potomac Valley*

2522 Symphony Ln  
Gambrills, MD 21054  
301-621-9041  
Babs684@verizon.net

**Cassandra McKenzie** - *Arizona*

2661 E. Tamarisk St.  
Gilbert, AZ 85296  
480-279-5382  
cjcline@cox.net

## **REGIONAL COORDINATORS DESCRIPTION**

Regional Coordinators must possess knowledge, integrity, and a sense of fair play. Regional Coordinators' primary functions are those of service and information.

From time to time, a Regional Coordinator may be called upon to answer questions or even handle disputes, should they arise. Disputes that are not resolved by the Regional Coordinator can be presented to the Zonal Representative. If the dispute is still not resolved, the Zonal Representative will present the matter to the Youth Athletics Executive Committee for final resolution.

Duties of Regional Coordinators include (but are not limited to) the following:

1. Facilitate communication with member Associations to the benefit of all member clubs and athletes.
2. Manage situations that might be unique to the specific Region and affiliated Associations so long as they are in harmony with the National guidelines, rules and procedures.
3. Follow the USATF Rule Book. Requests for athlete waivers into the National competition must be presented to the Youth Executive Committee based on extraordinary circumstances for approval. Regional Coordinators cannot waive athletes into the National Championships.
4. Take responsibility for establishing the Regional Junior Olympic meet sites and meet directors in cooperation with the Association Youth Chairs of the Region. Assure that the Regional meet will be conducted on or prior to the date established by the Youth Calendar Committee.
5. The Regional Coordinator shall establish and publish rotation policies for the Region in cooperation with the Association Youth Chairs of the Region. A change to rotation policies or site locations can only take place under extraordinary circumstances or conditions. The Association hosting the Regional Junior Olympic meet must provide the Regional Coordinator with a maximum four nights housing and four days per diem at \$35.00 for track and field, and two nights housing and two days per diem at \$35.00 for cross country.
6. Establish a Regional schedule of events for the track in cooperation with the Association Youth Chairs of the Region. Review field events schedules which depend on facility make-up.
7. Verify that all entry forms and information flyers pertaining to the various competitions fully describe all necessary information, especially qualification criteria for all future subsequent competitions.
8. Serve as the Referee for the Regional Junior Olympic competition, if qualified, or appoint the Regional Junior Olympic Meet Referee(s) (requires certification as National or Master level official). (Rule 240-3-c). Establish the Youth Chairs or their designees as the Jury of Appeals.
9. Attend the Regional meet to collect, process and forward entry forms, fees and results from the Regional meet to the National meet in a timely fashion.
10. Attend the National Junior Olympic track and field and cross country meets to support the regional athletes and perform any duties assigned by the National Youth Chair.
11. Perform any and all duties that may be assigned by the National Youth Chair as needed.

## **REGIONAL COORDINATORS**

### **Region 1**

Adirondack, Connecticut, Long Island, Maine, Metropolitan, New England

*Bill Mongovan* 203-722-1276 *gatewaytc@aol.com*  
1169 Hope St B-4  
Stamford, CT 06907

### **Region 2**

Mid-Atlantic, New Jersey, Niagara, Three Rivers

*Cindy Long* 724-941-5639 *cjlong3@verizon.net*  
109 Evans Dr.  
McMurray, PA 15317

### **Region 3**

Georgia, North Carolina, Potomac Valley, South Carolina, Virginia

*Henry McCallum* 301-322-7356 *hmcca77@verizon.net*  
7949 Dellwood Ave.  
Glenarden, MD 20706

### **Region 4**

Florida

*Kathy Alvarez* 786-315-5225 *kathya@miamidade.gov*  
10901 SW 24 Street  
Miami, FL 33165

### **Region 5**

Kentucky, Lake Erie, Michigan, Ohio, West Virginia

*James Engel* 513-608-8766 *jim.engel@gmail.com*  
6565 Stewart Rd.  
Cincinnati, OH 45236

### **Region 6**

Alabama, Southern, Tennessee

*Mary Birdwell* 205-862-2477 *trakbird2@bellsouth.net*  
2430 Rockcreek Road  
Hoover, AL 35226

### **Region 7**

Illinois, Indiana

*Patrice Wilson* 773-568-1947 *patrice.wilson@comcast.net*  
534 E. 95<sup>th</sup> St.  
Chicago, IL 60619

**Region 8**

Dakotas, Iowa, Minnesota, Nebraska, Wisconsin  
*Rubin Carter* 402-203-9190  
3110 N. 97<sup>th</sup> Street, #121  
Omaha, NE 68134

*coachc2009@yahoo.com*

**Region 9**

Arkansas, Missouri Valley, Oklahoma, Ozark  
*Matthias Wicks* 918-814-3278  
P.O. Box 243  
Tulsa, OK 74101

*matthiaswicks@yahoo.com*

**Region 10**

Arizona, Border, Colorado, New Mexico, Utah  
*Liza Mascareñas* 575-550-9887  
PO Box 231  
Vandito, NM 87579

*ronaldmascarenas@aol.com*

**Region 11**

Montana, Snake River, Wyoming  
*Florence Erickson* 702-685-4693  
523 E. Spruce Street  
Caldwell, ID 83605

*flerickson1213@hotmail.com*

**Region 12**

Gulf, Southwestern, South Texas, West Texas  
*Toni Nichols* 972-283-1451  
430 Amelia  
Duncanville, TX 75137

*tnichols70@sbcglobal.net*

**Region 13**

Alaska, Inland Northwest, Oregon, Pacific Northwest  
*Char Engelhardt* 425-489-9433  
22321 3rd Ave SE  
Bothell, WA 98021

*cengelhardt@juno.com*

**Region 14**

Central California, Pacific  
*David Lawrence* 916-207-8842  
7887 Grandstaff Dr.  
Sacramento, CA 95823

*dlaw222@aol.com*

**Region 15**

Nevada, Hawaii, San Diego-Imperial, Southern California  
*Mobarik "Mo" Haneef* 949-395-4094  
PO Box 3395  
Laguna Hills, CA 92654

*trackcoach4@gmail.com*

*Regional Coordinators*

**Region 16**

National Junior Olympic Championships Host Association, the Department of Defense Dependent Schools (DODDS) Europe and Pacific.

## **ASSOCIATION YOUTH CHAIR DESCRIPTION**

Youth Chair is an elected position among most USATF Associations and responsibilities and duties may vary. Each youth chair must possess knowledge, integrity, and a sense of fair play. A youth chair's primary functions are those of service and information.

From time to time, a youth chair may be called upon to answer questions or even handle disputes, should they arise. Disputes that are not resolved by the Youth Chair may be passed on to the Regional Coordinator, and then to the Zonal Representative. If the dispute is still not resolved, the Zonal Representative will present the matter to the Youth Athletics Executive Committee for final resolution.

Duties of Youth Chairs may include (but are not limited to) the following (consult your local Association for specific responsibilities):

1. Facilitate communication within the Association to the benefit of all member clubs and athletes.
2. Manage situations that might be unique to the specific Association so long as they are in harmony with the national guidelines, rules and procedures.
3. Follow the USATF Competition Rule Book. No other interpretations are allowed.
4. Work with other youth chairs within the region to establish the event rotation policies for the region.
5. Take responsibility for establishing the Association Junior Olympic meet sites and meet directors, while adhering to the specific meet dates as reported each year by the Youth Calendar Committee. This also requires that all necessary documentation, including a USATF Sanction Application and the USATF Awards & Bib Order Request Form, has been completed.
6. Establish a schedule of events for the track meet. Review field events schedule, which depends on facility make up.
7. Verify that all entry forms and information flyers pertaining to the various competitions fully describe all necessary information, especially qualification criteria for all subsequent competitions.
8. Be prepared to serve on Jury of Appeals for your Regional meet.
9. Process and forward entry forms, fees and results from the Association meet to the Regional meet in a timely fashion.
10. Attend the Regional meet to support the Association's athletes and perform any duties assigned by the Regional Coordinator or meet director.
11. Perform any and all duties that may be assigned by the National Youth Chair as needed.

## **ASSOCIATION YOUTH CHAIRS & DESCRIPTION OF TERRITORIES**

### **Adirondack – Lisa Mills**

*State of New York east and north of Oswego, Onondaga, Cortland, Broome, Sullivan, Orange, and Dutchess counties.*

4 Manor Court

Ph: (518) 877-0927

Ballston Lake, NY 12019

Website: [www.usatfadir.org](http://www.usatfadir.org)

[screamingeagle@nycap.rr.com](mailto:screamingeagle@nycap.rr.com)

### **Alabama – Mary Birdwell**

*State of Alabama*

2430 Rockcreek Rd.

Ph: (205) 979-7591

Hoover, AL 35226

Cell: (205) 862-2477

Website: [www.alausatf.com](http://www.alausatf.com)

[trakbird2@bellsouth.net](mailto:trakbird2@bellsouth.net)

### **Alaska – David Todd**

*State of Alaska*

2510 Stern Circle

Ph: (907) 529-0704

Anchorage, AK 99515

Website: [www.usatf.org/assoc/ak/](http://www.usatf.org/assoc/ak/)

[todddm@gci.net](mailto:todddm@gci.net)

### **Arizona – Cassandra McKenzie**

*State of Arizona*

2661 E. Tamarisk Str

Ph: (480) 279-5382

Gilbert, AZ 85296

Website: [www.usatf.org/assoc/az/](http://www.usatf.org/assoc/az/)

[cjcline@cox.net](mailto:cjcline@cox.net)

### **Arkansas – TBD**

*State of Arkansas*

USATF Arkansas

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**2010**



***MEET RULES  
PROCEDURES  
STANDARDS***



## **USATF JUNIOR OLYMPIC PROGRAM**

### **Junior Olympic Track & Field**

With roots tracing back to Ancient Greece, track and field is the centerpiece of the Olympic Games. From the 100 meter dash to the discus throw, athletes set new standards for excellence in sports. USATF's Junior Olympic Track & Field program is a wellspring of this excellence.

America's next generation of track and field stars compete throughout the summer. Over 6,000 of these athletes qualify for the USATF National Junior Olympic Track & Field Championships held during the last week of July. Entry for the national championship is based on athlete performances at preliminary, Association, and Regional levels.

### **Advancement Process**

- ***Qualifying from Association Championships to Regional Championships***

Per USATF Rule 305.1(d): "An Association is allocated, by agreement with other Associations in its Region, a certain number of athletes and relay teams from the Association level to the Regional level through the Association Championships."

- ***Qualifying from Regional Championships to the National Championships***

Track and field shall advance three individuals and three relay teams from each Regional Championship to the National Championship. These shall be the top three finishers in each event, or successive event finishers who have achieved a performance standard (see pages 34-35) at the Regional Championship when fewer than three declare in the event from that Region for the National Championship.

The combined events shall advance the top two finishers. A third shall advance only after meeting a performance standard (see page 33) at the Regional Championship.

Athletes who qualify based on the performance standard MUST declare their intent to compete by completing the advancement paperwork at their Regional Championship. (No exceptions.)

### **Junior Olympic Cross Country**

Cross country dates back to the turn of the 20th century as an Olympic Sport when it was contested as a team and individual event at the 1904, 1912, 1920 and 1924 Summer Games. The Olympic spirit is still alive in the sport today as thousands of youth athletes compete throughout the fall in USATF's Junior Olympic Cross Country program.

The Junior Olympic Cross Country program culminates each December when more than 2,500 youth cross country runners hit the course to compete in the USATF National Junior Olympic Cross Country Championships. Entry for the national championship is based on athlete performances at preliminary, Association, and Regional levels.

*Junior Olympic Program*

**Advancement**

See USATF Competition Rule 305.3 for specific rules on qualifying for the National Championships. Generally, the first 20 individual finishers and first three teams in each age division at the Regional Championships will qualify for the National Championships. Athletes and teams from some Associations will qualify directly from their Association Championships as follows: top 10 individuals and 1st team in each age division. Contact your local association or regional meet director to learn more about how to qualify for the National Championships. Participant numbers are fixed and no alternate athletes may advance if qualifying athletes or teams choose not to enter the National Championships.

All entry forms for the National Championships will be submitted through the USATF Regional Coordinator at Regional Junior Olympic Championships – entries cannot be accepted by any other method.

## AGE DIVISIONS

Youth competitions typically take place in two-year age divisions. These age divisions provide young athletes the opportunity to compete with other athletes of similar ability. The age divisions for **competition year 2010** are as follows:

<u>Age Division</u>	<u>Year of Birth</u>
Bantam	2000 +
Midget	1998 - 1999
Youth	1996 - 1997
Intermediate	1994 - 1995
Young	1992 - 1993

## JUNIOR OLYMPIC AND USA YOUTH OUTDOOR CHAMPIONSHIPS MAXIMUM EVENT FEES

Competition <u>Level</u>	Individual <u>Events</u>	<u>Relays</u>	<u>Dec/Hep</u>	<u>Triathlon,</u>	<u>Cross</u>
				<u>Pentathlon</u>	<u>Country</u>
Association	\$6.00	\$24.00	\$16.00	\$10.00	\$10.00
Regional	\$7.00	\$28.00	\$20.00	\$15.00	\$15.00
National	\$8.00	\$32.00	\$24.00	\$20.00	\$20.00

## DEVELOPMENTAL VS. PRELIMINARY MEETS

A Junior Olympic Preliminary Meet is part of the Junior Olympic “progressional” program and as such athletes must participate in a Preliminary Meet in order to advance to the Association Junior Olympic Championships. If the meet does NOT have any qualifying implications to the JO program it should be called an Association Developmental Meet.

Both types of events are eligible for free ribbons and the reduced sanction fee of \$50.00.

## JUNIOR OLYMPIC COMBINED EVENTS PERFORMANCE STANDARDS

<u>Age Group</u>	<u>Standard</u>
Bantam Boys	623
Midget Boys	2001
Youth Boys	2484
Intermediate Boys	4847
Young Men	5936
Bantam Girls	833
Midget Girls	2297
Youth Girls	2780
Intermediate Girls	4047
Young Women	4114

*Revised December 2009*

## 2010 JUNIOR OLYMPIC PERFORMANCE STANDARDS BOYS

<b>Bantam Boys</b> (born 2000 or later)		<b>Youth Boys</b> (born 1996-97)		<b>Young Men</b> (born 1992-93)*	
100m	13.83	100m	11.74	100m	10.95
200m	28.29	200m	23.63	200m	21.89
400m	1:06.92	400m	52.76	400m	50.04
800m	2:35.41	800m	2:09.97	800m	1:58.66
1500m	5:14.44	1500m	4:26.03	1500m	4:08.32
1500m Race Walk	12:22.81	3000m	9:48.23	5000m	16:12.25
4x100 Relay	57.00	100m Hurdles (33")	14.61	110m Hurdles (39")	14.38
4x400 Relay	4:41.86	200m Hurdles (30")	27.27	400m Hurdles (36")	55.84
High Jump	1.25 m	3000m Race Walk	23:31.60	2000m Steeplechase	6:26.10
Long Jump	4.26 m	4x100 Relay	46.37	3000m Race Walk	22:39.30
Shot Put (6 lb.)	8.51 m	4x400 Relay	3:43.35	4x100m	42.74
Mini Javelin Throw (300 g)	28.65 m	4x800 Relay	9:16.15	4x400m	3:22.59
Triathlon	623	High Jump	1.70 m	4x800m	8:09.78
		Pole Vault	3.05 m	High Jump	2.00 m
		Long Jump	5.84 m	Pole Vault	4.65 m
<b>Midget Boys</b> (born 1998-99)		Triple Jump	11.78 m	Long Jump	7.05 m
100m	12.83	Shot Put (4 kg)	14.09 m	Triple Jump	14.29 m
200m	26.42	Discus Throw (1 kg)	42.48 m	Shot Put (12 lb.)	16.14 m
400m	1:02.77	Javelin Throw (600 g)	43.30 m	Discus Throw (1.6 kg)	49.02 m
800m	2:25.97	Pentathlon	2484	Hammer Throw (12 lb.)	50.02 m
1500m	4:52.02			Javelin Throw (800 g)	50.68 m
3000m	10:36.66	<b>Intermediate Boys</b> (born 1994-96)		Decathlon	5936
80m Hurdles (30")	13.15	100m	11.18		
1500m Race Walk	9:49.18	200m	22.36		
4x100 Relay	51.13	400m	49.87		
4x400 Relay	4:16.71	800m	2:06.90		
4x800 Relay	10:22.70	1500m	4:11.71		
High Jump	1.45 m	3000m	9:13.08		
Long Jump	4.84 m	110m Hurdles (39")	17.89		
Shot Put (6 lb.)	11.45 m	400m Hurdles (36")	58.75		
Discus Throw (1 kg)	28.65 m	2000m Steeplechase	6:44.05		
Mini Javelin Throw (300 g)	36.87 m	3000m Race Walk	19:57.73		
Pentathlon	2001	4x100 Relay	44.15		
		4x400 Relay	3:27.93		
		4x800 Relay	8:44.44		
		High Jump	1.85 m		
		Pole Vault	4.15 m		
		Long Jump	6.56m		
		Triple Jump	13.42 m		
		Shot Put (12 lb.)	14.83 m		
		Discus Throw (1.6 kg)	43.43 m		
		Hammer Throw (12 lb.)	42.50 m		
		Javelin Throw (800 g)	48.65 m		
		Decathlon	4847		

*Revised December 2009*

\*1991 if born on or after August 1

These standards are used solely to determine if the 4<sup>th</sup> place regional finisher may advance in place of a qualifier who is unable to do so.



## **USA YOUTH OUTDOOR CHAMPIONSHIPS**

The USA Youth Outdoor Track & Field Championships is more than competition--it is also about having fun! Whether these young athletes achieve a personal best, win a medal, or earn a shot at international competition, they will experience a first-class competition and have the opportunity to make new friends--and a lifetime of memories!

This championship event is a national competition with entry based upon performance standards for each event and has the same age divisions as the USATF Junior Olympic program. The USA Youth Outdoor Championships is also scored for team championships in all age divisions and is a popular competition for clubs around the country.

### **ELIGIBILITY REQUIREMENTS**

- Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the [USATF Rules](#) for more information and exceptions.
- The competition will be conducted in the following five age divisions:

Bantam	born 2000 and later
Midget	born 1998-1999
Youth	born 1996-1997
Intermediate	born 1994-1995
Young Men/Women	born 1992-1993*

*\*Athletes born in 1991 are also eligible if they do not turn 19 on or before 8/1/2010.*

- A competitor must compete in his/her age division only. "Moving Up" in age division will not be allowed for any event, including relays. Competitors in the Bantam and Midget divisions may compete in a maximum of three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four events, including relays. Combined events are not included in the event count.
- All athletes must be 2010 members of USATF in good standing. USATF memberships may be purchased online, through your local Association Office, or by calling the USATF National Office at 317-261-0500.
- All clubs must be 2010 USATF member organizations.
- All relay team members must be members of the same club, which must also be registered with the club's local USATF Association for 2010.

## **QUALIFYING GUIDELINES**

1. All qualifying performances for running events must be made on a standard indoor or 400m outdoor track.
2. Qualifying marks must be made and verifiable in a competition with at least five athletes competing in the given event.
3. All qualifying marks must be attained on or after Monday, July 6, 2009 through the meet's entry deadline.
4. Times shown are Fully Automatic Timing (F.A.T.) times. A manual time may also be used for qualifying. Qualifying manual times are always the F.A.T. qualifying time minus the last zero for events 800m and longer, the F.A.T time minus 0.14 for events 300m-400m, and the F.A.T time minus 0.24 for events 200m and shorter.
5. Times submitted in hundredths of a second must be F.A.T. times. Hand times must be rounded up to the next tenth of a second.
6. Composite scores may be computed for combined events using point scores for the athlete's best performance in each individual event during the qualifying window.
7. Imperial conversions for metric field event marks can be computed using the field event mark conversion calculator: **[www.usatf.org/statistics/calculator](http://www.usatf.org/statistics/calculator)**.
8. For questions concerning performance standards, call John Martin at 516-349-9157 or email [trackjunkie@optonline.net](mailto:trackjunkie@optonline.net). Leave your name and phone number, and clearly state your question.





## **YOUTH ATHLETICS PROCEDURES**

### **YA PROCEDURE 100: ENTRY INFORMATION PROCEDURES FOR THE JUNIOR OLYMPIC PROGRAM**

(per Rule 305.4)

1. USA Track & Field uses two forms, a multi-level individual entry form called Event Entry & Advancement Form and a Relay Roster Form for track and field or a Team Declaration Roster Form for cross country. These forms are available on local Association event websites or can be acquired by contacting your local youth chair. These forms are available for all athletes in the Junior Olympic Program and are necessary for registration at the first round of entry, either a preliminary meet or an Association meet. Once this form is processed, it passes on to the next level of competition.
  - (a) The Event Entry & Advancement Form is for registration of each individual athlete and requires the following:
    - (i) Athlete contact information including name, address, city, state, phone number, email address, and parent signature
    - (ii) USATF Membership Number and Club Number.
    - (iii) A verification of birth based on a copy of birth certificate, certified baptismal record, driver's license, passport or U.S. government identification. Do not attach birth verification to the entry form. **Reminder:** Make sure a copy of birth verification is sent to the athlete's Association membership chair to verify birth in the local Association membership database. The entry form is stamped as birth verified per the Association Membership Chair.
    - (iv) Must be accompanied by entry fees.
  - (b) In track and field, the Relay Roster Form is used to advance a club's relay team and requires the following:
    - (i) Contact information, including club name, club number, address, and phone number. Coaches must sign the form.
    - (ii) A list of all athletes by age division and sex.

Refer to Youth Athletics Procedure 103, Junior Olympic Relay Procedures, for detailed requirements of relay entry.

- (c) In cross country, the Team Entry/ Advancement Declaration Roster Form is submitted to declare and advance a cross country team and requires the following:
  - (i) Contact information, including club name, club number, address, and phone number. Coaches must sign the form.
  - (ii) A list of all athletes by age division and sex.

Refer to Competition Rule 305.3 for detailed entry procedures.

- 2. Once the Event Entry & Advancement Form and/or Track & Field Relay Roster Form or Cross Country Team Declaration Roster Form is submitted, it is not returned to the athlete, parent, or coach. Association Youth Chairs and/or Regional Coordinators advance the forms to the next level of competition.
- 3. Preliminary meet directors shall forward all individual entry forms, track and field club relay roster/cross country declaration roster forms, and complete results to their Association Youth Chair or Designee no later than the deadline set by the Association Championships' Youth Chair.
- 4. Association Youth Chairs shall forward all final individual entry forms, complete results, and track and field club relay roster /cross country declaration roster forms to their Regional Championships meet director no later than the deadline set by the Junior Olympics Regional Coordinators.
- 5. Regional Coordinators shall forward all final individual entry forms, complete results, and track and field club relay roster /cross country declaration roster forms to their National Championships meet director no later than the deadline set by the Junior Olympics National Organizing Committee.

**YA PROCEDURE 101: AWARDS (PER RULE 305.4)**

1. USATF will furnish awards for all recognized USATF Junior Olympic competitions. Awards will be furnished only if the following documents have been submitted to the National Office at least **60 days** prior to the competition:
  - a. Meet Information Flyer (this flyer must include the list of events by age group, and the location, date and time of competition),
  - b. Copy of Official USATF Sanction, and
  - c. Junior Olympic Award request application.

**NOTE:** *Items b. and c. are also available from USATF Associations.*

2. USATF Junior Olympics awards are provided free at no cost as follows:

	<b>Track &amp; Field</b>	<b>Combined Events</b>	<b>Cross Country</b>
Preliminary meets	top 6 ribbons	top 6 ribbons	top 6 ribbons
Association meets	top 3 medals	top 3 medals	top 10 medals
Regional meets	top 3 medals	top 3 medals	top 20 medals
National Championships	top 8 medals	top 8 medals	top 25 medals

3. Additional awards may be purchased from USATF.

## **YA PROCEDURE 102: USA YOUTH OUTDOOR CHAMPIONSHIPS RELAY PROCEDURES**

1. In order to enter a relay on-line in the USA Youth Outdoor Championships, all athletes must be USATF members and designated with a USATF Club Number in the USATF Membership Database. Participation of relay teams shall be limited to those clubs that hold a current valid club membership in USATF prior to the on-line registration deadline of the Championships. Any athlete listed in the USATF Membership Database with a club designated in the same division/sex is eligible to run on a relay team of that club.

**Reminder:** A club must be registered and approved through their local Association before it can be processed at the USATF National Office and put in the USATF Membership Database. This process takes a minimum of one week.

2. To change club affiliation in the USATF Membership Database, the parent/guardian must contact the association membership chair per the procedures outlined in Regulation 7 prior to on-line registration of the relay.
3. When registering on-line, select a relay - 4x100, 4x400, or 4x800 - age division, and sex.
  - a. A club's team roster will appear in alphabetical order on the screen.
  - b. Select a minimum of four (4) or a maximum of six (6) athletes for the relay.

**Note:** The on-line system prevents selecting an athlete from the wrong age group.

4. When registering an athlete in the meet as "roster" but he/she is not one of the six athletes entered on the relay and is not in any individual events, then, enter the athlete in the event called "other" (relay roster only) for the cost of one (1) individual event. This athlete will then be eligible to run on any relay.
5. When the club's relay team checks in at the clerking area, four athletes must be present to check in to be eligible to run. To change composition of the team, any athlete not listed on the heat sheet, can be substituted by the clerk provided he/she has a competitor number listing him/ her with the club in the right division/sex provided he/she does not exceed the eligible number of events.
  - a. An athlete may drop an event to compete on a relay team as long as he/she has not competed in any round of that event. A "no show" in an event does not constitute a drop in an event. A change form must be submitted at registration 1 ½ hours prior to the event to be dropped.

*Youth Athletics Procedures*

- b. If an athlete is listed in the USATF Membership Database with a club and is needed to run, but is not registered in the meet , he/she can be entered in relay “other” (relay roster only) and issued a competition number provided he/she pays the late fee listed in the meet information.
6. All participants shall wear a top of a same color as well as shorts of a same color at this National Championships. The Games Committee shall assign an individual to review colors of team uniforms in the clerking area.

## **YA PROCEDURE 103: JUNIOR OLYMPIC RELAY PROCEDURES**

1. To enter a relay in the Junior Olympic Program, a club coach or administrator must first complete a Relay Roster.
  - a. Complete the personal information, including club name, club number, address, and phone number. Coaches must sign the form.
  - b. In order for an athlete to be eligible on a club roster, he /she **MUST** be a member of USATF and **MUST** have the club number listed on his/her membership in the USATF Membership Database. Each club must be a current USATF registered club.
  - c. Coaches are encouraged to list every eligible athlete in the same division and sex of the club (whether participating in this relay or not) on the roster. Example: Make an alphabetical list all of Bantam Girls in the club. Note 1: There must be a minimum of four athletes in the same age division and sex to submit a Relay Roster.
  - d. Copy the completed relay roster for each age division and sex and enter one roster for each event:

- 4x100	A, B, C, etc.
-4x400	A, B, C, etc.
-4x800	A, B, C, etc.
2. The relay roster must be submitted at the first round of competition by the entry deadline of the meet as specified in the entry material whether the preliminary or the association meet. **Once this roster is submitted at the first level, no additions or alterations can be made and the roster may not be returned to the coach, parent or athlete.**
3. To declare a relay team into the meet, a club or coach administrator must do the following:
  - a. Check off a minimum of four (4) athletes and maximum of six (6) athletes on the relay roster in the column of the level (preliminary, association, regional or national) next to their name. Subsequently, complete the individual entry forms with entry into the relay for the cost of entering a relay.
  - b. When the club's relay team checks in at the event clerking area, four (4) athletes must be present to run. To change the composition of the team, any athlete can be substituted provided the athlete has a competitor number and is listed on the club's relay roster. To drop an event, a change form must be submitted at registration 1 ½ hours prior to the scheduled start of the event being dropped.

**Note:** The substituted athlete may not exceed the maximum number of events he/she is allowed to compete in at the meet per Rule 300.1(f).

*Youth Athletics Procedures*

4. To advance a Relay team to the next level of competition, a club's relay must **compete** and **qualify** at the current level. The makeup of the relay need not be the same throughout the rounds or various levels of competition as long as the athletes are listed on the original relay roster submitted at the first level.

## **YA PROCEDURES 104: HY-TEK ENTRY FOR JUNIOR OLYMPICS**

1. These are instructions for Entry Input into Hy-Tek 2.0 Meet Manager.
2. A meet set-up file will be sent to association youth chairs by the regional coordinator. This file should be forwarded to the individual assigned to input the entries for the meet. The file is set up for the national meet; it is the meet manager and/or timing company's responsibility to change the event set-up (entry fees, rounds & sessions) to the format used for the preliminary, association and/or regional championship meet as needed.
  - a. **DO NOT** change the event names or numbers.
  - b. Sub-Bantam events are included. You can delete or ignore these events if this age group is not contested.
3. Format for Entering Clubs
  - **Team Abbreviation** – Association # followed by two letter abbreviation
    - Example: 11PR
  - **Full Team Name** – Enter the team name (no assoc. # or region # needed)
  - **Alternate Abbreviation** – Enter the USATF Club # (optional)
    - This should be done at the association level
  - **Short Team Name** – Enter the same full name or abbreviated version if that does not fit in the field.
    - Make sure the abbreviated name can be distinguished from another team with the same name from a different region
  - Select the appropriate association and region from the drop down boxes
4. Entering Athletes
  - USATF Membership # should be entered for all athletes
    - Make sure the option is selected in the set-up
      - Select – Set-Up on the top toolbar
      - Select – Athlete/Relay Preferences
      - Select “Enter Registration Numbers”
5. Entering Relays
  - Enter Relay in the Relay Menu Screen or by selecting the relay event for each athlete
  - A minimum of four and a maximum of six athletes should be selected for the cost of the relay
  - Additional alternates should be entered by selecting the “Other” event from the list of eligible events
  - An entry fee is required for all athletes with the “Other” event selected.

NOTE: The “Other” event is for relay alternate athletes not entered into the meet in any other events and over the maximum of six athletes included in the cost of the relay.

## **HOW TO RESOLVE A CONFLICT**

Most conflicts can be resolved at the Association level. If you have a conflict, please first contact your Youth Chair (see Page 16). Second, please notify your Regional Coordinator (see Page 12). In cases where the first two communications are unsuccessful, please contact your Zonal Representative (see page 9). If further assistance is still needed, contact the Youth Executive Committee (See page 9).

**2010**



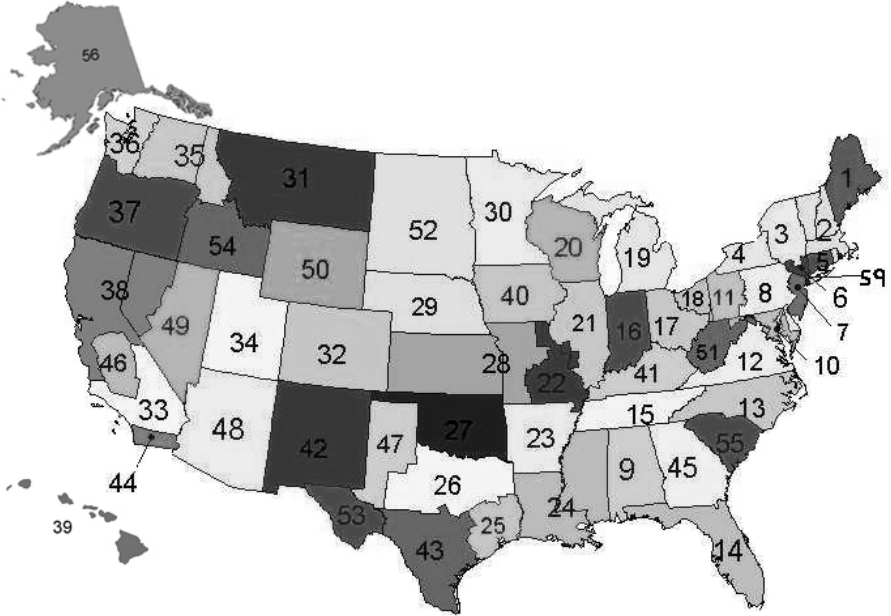
**ASSOCIATIONS/  
REGIONS**



## USATF LOCAL ASSOCIATIONS & MAP

USA Track & Field is comprised of 57 Associations that cover the full geographic territory of the United States. For additional local Association information, log onto [www.usatf.org](http://www.usatf.org).

(Reference page 16 for your local Association Youth Chair)



- |    |                |    |                     |    |                            |
|----|----------------|----|---------------------|----|----------------------------|
| 1  | Maine          | 21 | Illinois            | 41 | Kentucky                   |
| 2  | New England    | 22 | Ozark               | 42 | New Mexico                 |
| 3  | Adirondack     | 23 | Arkansas            | 43 | South Texas                |
| 4  | Niagara        | 24 | Southern            | 44 | San Diego-Imperial         |
| 5  | Connecticut    | 25 | Gulf                | 45 | Georgia                    |
| 6  | Metropolitan   | 26 | Southwestern        | 46 | Central California         |
| 7  | New Jersey     | 27 | Oklahoma            | 47 | West Texas                 |
| 8  | Mid-Atlantic   | 28 | Missouri Valley     | 48 | Arizona                    |
| 9  | Alabama        | 29 | Nebraska            | 49 | Nevada                     |
| 10 | Potomac Valley | 30 | Minnesota           | 50 | Wyoming                    |
| 11 | Three Rivers   | 31 | Montana             | 51 | West Virginia              |
| 12 | Virginia       | 32 | Colorado            | 52 | Dakotas                    |
| 13 | North Carolina | 33 | Southern California | 53 | Border                     |
| 14 | Florida        | 34 | Utah                | 54 | Snake River                |
| 15 | Tennessee      | 35 | Inland Northwest    | 55 | South Carolina             |
| 16 | Indiana        | 36 | Pacific Northwest   | 56 | Alaska                     |
| 17 | Ohio           | 37 | Oregon              | 57 | National Membership Center |
| 18 | Lake Erie      | 38 | Pacific             | 58 | National Clubs             |
| 19 | Michigan       | 39 | Hawaii              | 59 | Long Island                |
| 20 | Wisconsin      | 40 | Iowa                |    |                            |

## **YOUTH ATHLETICS REGIONS**

### **Region 1**

Adirondack  
Connecticut  
Long Island  
Maine  
Metropolitan  
New England

### **Region 2**

Mid-Atlantic  
New Jersey  
Niagara  
Three Rivers

### **Region 3**

Georgia  
North Carolina  
Potomac Valley  
South Carolina  
Virginia

### **Region 4**

Florida

### **Region 5**

Kentucky  
Lake Erie  
Michigan  
Ohio  
West Virginia

### **Region 6**

Alabama  
Southern  
Tennessee

### **Region 7**

Illinois  
Indiana

### **Region 8**

Dakota  
Iowa  
Minnesota  
Nebraska  
Wisconsin

### **Region 9**

Arkansas  
Missouri Valley  
Oklahoma  
Ozark

### **Region 10**

Arizona  
Border  
Colorado  
New Mexico  
Utah

### **Region 11**

Montana  
Snake River  
Wyoming

### **Region 12**

Gulf  
South Texas  
Southwestern  
West Texas

### **Region 13**

Alaska \*  
Inland Northwest  
Oregon  
Pacific Northwest

### **Region 14**

Central California  
Pacific

### **Region 15**

Hawaii \*  
Nevada  
San Diego-Imperial  
Southern California

**\*Note:** Alaska and Hawaii are assigned to Regions 13 and 15, respectively, for administrative purposes only and both may qualify athletes directly to National Junior Olympic competitions because of their geographic location. Advancement of athletes must be processed through the appropriate Regional Coordinator.

## **YOUTH ATHLETICS ZONES**

### **Northeast Zone**

#### **Regions Covered:**

#### **1 & 2**

Adirondack  
Connecticut  
Long Island  
Maine  
Metropolitan  
Mid-Atlantic  
New England  
New Jersey  
Niagara  
Three Rivers

### **South Zone**

#### **Regions Covered:**

#### **3, 4, 6, 12**

Alabama  
Florida  
Georgia  
Gulf  
North Carolina  
Potomac Valley  
South Carolina  
South Texas  
Southern  
Southwestern  
Tennessee  
Virginia  
West Texas

### **Midwest Zone**

#### **Regions Covered:**

#### **5, 7, 8, 9**

Arkansas  
Dakotas  
Illinois  
Indiana  
Iowa  
Kentucky  
Lake Erie  
Michigan  
Minnesota  
Missouri Valley  
Nebraska  
Ohio  
Oklahoma  
Ozark  
West Virginia  
Wisconsin

### **West Zone**

#### **Regions Covered:**

#### **10, 11, 13, 14, 15**

Alaska  
Arizona  
Border  
Central California  
Colorado  
Hawaii  
Inland Northwest  
Montana  
Nevada  
New Mexico  
Oregon  
Pacific  
Pacific Northwest  
San Diego-Imperial  
Snake River  
Southern California  
Utah  
Wyoming

## **JUNIOR OLYMPIC TRACK & FIELD ASSOCIATION CHAMPIONSHIPS DATES & LOCATIONS**

\*The most up-to-date information for Association Championships can be found at: <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>, by contacting your respective Association Youth Chairman, or by visiting your Association Website.

### **Adirondack**

[www.usatfadir.org](http://www.usatfadir.org)

### **Alabama**

[www.alausatf.com](http://www.alausatf.com)

### **Alaska**

[www.usatf.org/assoc/ak/](http://www.usatf.org/assoc/ak/)

### **Arizona**

[www.usatf.org/assoc/az/](http://www.usatf.org/assoc/az/)

### **Arkansas**

[www.usatf-ar.org](http://www.usatf-ar.org)

### **Border**

[www.usatf.org/assoc/border/](http://www.usatf.org/assoc/border/)

### **Central California**

[central-california.usatf.org](http://central-california.usatf.org)

### **Colorado**

[www.usatf-oregon.org](http://www.usatf-oregon.org)

### **Connecticut**

[www.usatf-ct.org](http://www.usatf-ct.org)

### **Dakotas**

[dakotas.usatf.org](http://dakotas.usatf.org)

### **Florida**

No Association Championships. See Region 4 Championships.  
[florida.usatf.org](http://florida.usatf.org)

### **Georgia**

[www.usatfga.org](http://www.usatfga.org)

### **Gulf**

[HTOSports.com/?USATFGULF](http://HTOSports.com/?USATFGULF)

### **Hawaii**

[www.usatf-hi.org](http://www.usatf-hi.org)

### **Illinois**

[www.usatfillinois.org](http://www.usatfillinois.org)

### **Indiana**

[www.inusatf.org](http://www.inusatf.org)

### **Inland Northwest**

[sites.google.com/site/inlandnwtrackanddfield](http://sites.google.com/site/inlandnwtrackanddfield)

### **Iowa**

[www.usatf-iowa.org](http://www.usatf-iowa.org)

### **Kentucky**

[www.kentucky.usatf.org](http://www.kentucky.usatf.org)

### **Lake Erie**

[www.lakeerie.org](http://www.lakeerie.org)

### **Long Island**

[long-island.usatf.org](http://long-island.usatf.org)

### **Maine**

[www.meusatf.org](http://www.meusatf.org)

### **Metropolitan**

[www.mactrack.org](http://www.mactrack.org)

### **Michigan**

[michigan.usatf.org](http://michigan.usatf.org)

### **Mid-Atlantic**

[www.mausatf.org](http://www.mausatf.org)

**Minnesota**

[www.usatfmn.org](http://www.usatfmn.org)

**Missouri Valley**

[www.usatf.org/assoc/mv/](http://www.usatf.org/assoc/mv/)

**Montana**

[www.mtusatf.org](http://www.mtusatf.org)

**Nebraska**

[www.nebraskausatf.org](http://www.nebraskausatf.org)

**Nevada**

[www.usatfn.org](http://www.usatfn.org)

**New England**

[www.usatfne.org](http://www.usatfne.org)

**New Jersey** 

[www.usatfnj.org](http://www.usatfnj.org)

**New Mexico**

[www.usatfnm.org](http://www.usatfnm.org)

**Niagara**

[www.usatf-niagara.org](http://www.usatf-niagara.org)

**North Carolina**

[www.ncusatf.org](http://www.ncusatf.org)

**Ohio**

[www.usatf.org/assoc/oh/](http://www.usatf.org/assoc/oh/)

**Oklahoma**

[www.usatf.org/assoc/ok/](http://www.usatf.org/assoc/ok/)

**Oregon**

[www.usatf-oregon.org](http://www.usatf-oregon.org)

**Ozark**

[www.usatf.org/assoc/ozark/](http://www.usatf.org/assoc/ozark/)

**Pacific**

[www.pausatf.org](http://www.pausatf.org)

**Pacific Northwest**

[www.pntf.org](http://www.pntf.org)

**Potomac Valley** 

[www.usatf.org/assoc/pva/](http://www.usatf.org/assoc/pva/)

**San Diego-Imperial**

[www.sdusatf.org](http://www.sdusatf.org)

**Snake River**

[www.usatf.org/assoc/sr/](http://www.usatf.org/assoc/sr/)

**South Carolina**

[www.scusatf.org](http://www.scusatf.org)

**South Texas**

[www.usatfsouthtexas.org](http://www.usatfsouthtexas.org)

**Southern**

[www.usatfsouthern.org](http://www.usatfsouthern.org)

**Southern California**

[www.scausatf.org](http://www.scausatf.org)

**Southwestern**

[www.swusatf.org](http://www.swusatf.org)

**Tennessee**

[www.usatftn.org](http://www.usatftn.org)

**Three Rivers**

[www.usatf-threerivers.org](http://www.usatf-threerivers.org)

**Utah**

[www.utah.usatf.org](http://www.utah.usatf.org)

**Virginia**

[www.virginia.usatf.org](http://www.virginia.usatf.org)

**West Texas**

[west-texas.usatf.org](http://west-texas.usatf.org)

[www.usatf-oregon.org](http://www.usatf-oregon.org)

**West Virginia**

[www.leaguelineup.com/welcome.asp?url=wwusatf](http://www.leaguelineup.com/welcome.asp?url=wwusatf)

**Wisconsin**

[www.wiusatf.org](http://www.wiusatf.org)

**Wyoming**

[www.usatf.org](http://www.usatf.org)

## *Association Championships*



**Areas holding mandatory preliminary meets for advancement to Association Championships. Please check your association website or contact your youth chair for complete details and participation requirements.**

## **JUNIOR OLYMPIC TRACK & FIELD REGIONAL CHAMPIONSHIPS DATES & LOCATIONS**

\*The most up-to-date information for Regional Championships can be found at:  
<http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

### **Region 1**

Date: June 25-27, 2010  
Location: Bowdoin College  
Brunswick, ME

### **Region 2**

Date: July 8-11, 2010  
Location: Stockton State College of New Jersey  
Pomona, NJ

### **Region 3**

Date: July 8-11, 2010  
Location: Duke University  
Durham, NC

### **Region 4**

Date: June 16-19, 2010  
Location: Lake Brantley High School  
Altamonte Springs, FL

### **Region 5**

Date: July 8-11, 2010  
Location: Eastern Kentucky University  
Richmond, KY

### **Region 6**

Date: July 7-11, 2010  
Location: University of Louisiana  
Monroe, LA

### **Region 7**

Date: July 8-11, 2010  
Location: TBD

### **Region 8**

Date: July 8-11, 2010  
Location: Simpson College  
Indianola, IA

*Regional Championships*

**Region 9**

Date:

Location: TBD

**Region 10**

Date: July 8-11, 2010

Location: Colorado State University  
Pueblo, CO

**Region 11**

Date: June 24-26, 2010

Location: Montana State University  
Bozeman, MT

**Region 12**

Date: July 13-17, 2010

Location: Texas State University  
San Marcos, TX

**Region 13**

Date: July 8-11, 2010

Location: Chief Sealth High School  
Seattle, WA

**Region 14**

Date: June 25-27, 2010

Location: Tulare Union High School  
Tulare, California

**Region 15**

Date: June 25-27, 2010

Location: TBD  
Las Vegas, NV

**NATIONAL RECORDS****BOYS****BANTAM BOYS**

<b>Event</b>	<b>Performance</b>	<b>Date</b>	<b>Name - Location</b>
100 Meter Dash	11.69	6/5/2008	Darian Trout –Brown – Miami, FL
200 Meter Dash	25.83	8/2/2003	Rannell Hall – Miami, FL
400 Meter Dash	58.76	5/21/1989	William Obea Moore – Santa Ana, CA
800 Meter Run	2:19.00	5/20/1989	William Obea Moore – Santa Ana, CA
1500 Meter Run	4:43.70	7/31/2005	Robert Amick – Indianapolis, IN
1500 Meter Race Walk	7:13.01	7/2/1992	Tristan Ruoss – Auburn, AL
4x100 Meter Relay	51.63	8/2/2003	Metro Dade – Miami, FL
4x400 Meter Relay	4:11.54	7/30/2000	Speed City TC – Buffalo, NY
High Jump	1.55m	1/01/1977	David Mosley
Long Jump	4.97m	7/29/2004	Thomas Johnson –Eugene, OR
Shot Put 6 lb.	12.44m	8/3/2003	Jon Allen – Miami, FL
Javelin Throw 300g	41.16m	6/10/2007	Armand Shyne – Fair Oaks, CA
Triathlon	1032	7/24/2002	Rashad Rainey-Cox – Omaha, NE

**MIDGET BOYS**

100 Meter Dash	11.64	7/26/2009	Bryce Love – Greensboro, NC
200 Meter Dash	23.37	8/1/2009	Bryce Love – Greensboro, NC
400 Meter Dash	50.75	8/2/2009	Bryce Love – Greensboro, NC
800 Meter Run	2:07.21	7/29/2001	Reginald Warren – Sacramento, CA
1500 Meter Run	4:22.58	1980	Tony Perez – Eugene, OR
3000 Meter Run	9:38.52	8/1/1998	Chris Dominic – Seattle, WA
1500 Meter Race Walk	6:44.10	6/29/1994	Tristin Ruoss – Knoxville, TN
80 Meter Hurdles	11.74	7/27/1997	Kenny Lambe – Baton Rouge, LA
4x100 Meter Relay	47.54	7/16/2004	Dallas Blaze – Arlington, TX
4x400 Meter Relay	3:47.50	7/31/1994	Glenarden TC – Gainesville, FL
4x800 Meter Relay	9:19.96	7/29/2009	Speed City TC – Greensboro, NC
High Jump	1.75m	1/1/1979	David Mosley
Long Jump	5.92m	1/1/1974	Anthony Gibson
Shot Put 6 lb.	16.15m	6/28/1980	Troy Fowler
Discus Throw 1kg	48.65m	6/19/1982	Michael Stubblefield – Pleasant Hill, CA
Javelin Throw 300g	54.53m	7/21/2006	Aaron Potter – Eugene, OR
Outdoor Pentathlon	2802	6/29/2005	Devon Blackmon – Knoxville, TN

**YOUTH BOYS**

100 Meter Dash	10.94	7/28/2000	Michael Grant – Buffalo, NY
200 Meter Dash	21.84	7/29/2000	Michael Grant – Buffalo, NY
400 Meter Dash	47.16	8/1/1993	William Obea Moore – Baton Rouge, LA
800 Meter Run	1:56.36	7/21/2001	Cody Harper – Sacramento, CA
1500 Meter Run	4:04.72	7/10/1983	Jason Lienau – Eugene, OR
3000 Meter Run	9:08.13	8/1/2009	Erik Garcia – Greensboro, NC
3000 Meter Race Walk	13:42.07	7/22/2008	Tyler Sorensen – Omaha, NE
100 Meter Hurdles	12.94	7/28/1991	Tyrone Butterfield – Chapel Hill, NC
200 Meter Hurdles	23.99	8/3/2003	Trey Charles – Miami, FL
4x100 Meter Relay	43.25	8/3/2003	Florida Elite TC – Miami, FL
4x400 Meter Relay	3:23.96	8/1/1993	LA Jets – Baton Rouge, LA
4x800 Meter Relay	8:24.03	6/27/2005	Wildcat Youth Sports – Indianapolis, IN
High Jump	1.94m	7/24/1998	Donovan Kilmartin – Eugene, OR
Pole Vault	4.28m	1/1/1977	Bill Lange
Long Jump	7.02m	1/1/1976	Anthony Gibson
Triple Jump	13.41m	1/1/1980	Michael Martin
Shot Put 4kg	19.29m	7/28/1996	Chris Sprague –Houston, TX

## National Records

Event	Performance	Date	Name - Location
Discus Throw 1kg	61.52m	6/3/1995	Joel Armitage – Ralston, NE
Javelin Throw 600g	59.63m	6/7/2008	Adam Sparks – Hoover, AL
Outdoor Pentathlon	3548	7/29/2009	Joseph Delgado – Greensboro, NC
Hammer Throw	79.24m	6/28/2008	Conor McCullough – Charlotte, NC

### INTERMEDIATE BOYS

100 Meter Dash	10.51	7/28/2006	Jeremy Rankin – Baltimore, MD
200 Meter Dash	21.10	7/29/1995	William Obea Moore – San Jose, CA
400 Meter Dash	45.99	7/29/1995	William Obea Moore – San Jose, CA
800 Meter Run	1:50.51	7/28/2007	Howard Shepard – Walnut, CA
1500 Meter Run	3:54.02	7/29/2007	Nathan Mathabane – Walnut, CA
3000 Meter Run	8:27.00	7/23/1993	Billy Harper – Cambridge, MA
2000 Meter Steeplech.	6:02.84	7/31/1988	Jason Brown – Gainesville, FL
3000 Meter Race Walk	12:19.57	7/4/1999	Tristan Ruoss – Edwardsville, IL
110 Meter Hurdles	13.74	7/29/2007	Wayne Davis II – Walnut, CA
400 Meter Hurdles	51.56	7/30/2006	William Wynne – Baltimore, MD
5000 Meter Race Walk	23:15.46	7/12/2002	Zachary Pollinger – Buffalo, NY
4x100 Meter Relay	40.90	7/27/1997	LA Jets – Baton Rouge, LA
4x400 Meter Relay	3:13.40	7/29/2001	New Horizon A – Sacramento, CA
4x800 Meter Relay	7:41.30	7/25/2007	Texas Stars TC – Walnut, CA
High Jump	2.15m	8/1/1992	Eric Bishop – Walnut, CA
Pole Vault	5.12m	7/9/1994	Jacob Davis – San Antonio, TX
Long Jump	7.35m	1979	Steven Hansley
Triple Jump	15.08m	7/29/1995	Chris Hercules – San Jose, CA
Shot Put 12 lb.	19.24m	1975	Larry Rosen
Discus Throw 1.6kg	58.80m	1985	Kammy Keshmiri – Reno, NV
Javelin Throw 800g	61.81m	7/6/2001	Dustin Johnson – Decatur, IL
Hammer Throw	72.53m	7/3/2007	Conor McCullough – Lisle, IL
Decathlon	7000	7/29/2009	Gunnar Nixon – Greensboro, NC

### YOUNG MEN

100 Meter Dash	10.08	6/27/2005	J- Mee Samuels – Greensboro, NC
200 Meter Dash	20.50	7/25/1987	Quincy Watts - Provo, UT
400 Meter Dash	45.58	7/6/1996	William Obea Moore – Salt Lake City, UT
800 Meter Run	1:49.49	7/28/2000	Nick Davenport – Buffalo, NY
1500 Meter Run	3:51.21	1985	John Quade – Uniondale, NY
5000 Meter Run	14:27.14	7/28/2001	Yong-Sung Leal – Sacramento, CA
2000 Meter Steeplech.	5:53.17	1983	Orla Kastberg – Durham, NC
3000 Meter Race Walk	12:54.88	7/31/1994	Kevin Eastler – Gainesville, FL
110 Meter Hurdles	13.38	7/25/2009	Wayne Davis – Greensboro, NC
400 Meter Hurdles	49.77	7/29/2002	Kerron Clement – Omaha, NE
4x100 Meter Relay	39.73	8/1/1998	Track Houston – Seattle, WA
4x400 Meter Relay	3:06.22	7/29/2007	So. California Running Cougars
4x800 Meter Relay	7:35.27	8/2/1981	East Coast Classic – Lincoln, NE
High Jump	2.28m	1983	Dothel Edwards – Athens, GA
Pole Vault	5.31m	7/30/2006	Casey Roche – Baltimore, MD
Long Jump	7.87m	1/1/1977	Lamont King
Triple Jump	16.72m	7/29/2004	Kenneth Hall – Eugene, OR
Shot Put 12 lb.	20.43m	7/24/1997	Dwight Johnson – Provo, UT
Discus Throw 1.6kg	63.02m	1/1/1979	Clint Johnson
Javelin Throw 800g	70.94m	8/2/1998	Brian Kollar – Spokane, WA
Hammer Throw	79.24m	6/28/2008	Connor McCullough – Charlotte, NC
Decathlon	7405	7/25/2001	Donovan Martin – Sacramento, CA

Updated records and a records application can be found at  
<http://www.usatf.org/groups/youth/statistics.asp>

**NATIONAL RECORDS****GIRLS****BANTAM GIRLS**

<b>Event</b>	<b>Performance</b>	<b>Date</b>	<b>Name - Location</b>
100 Meter Dash	12.85	7/29/1990	Angela Williams – Lincoln, NE
200 Meter Dash	26.50	7/31/2004	Robin Reynolds – Eugene, OR
400 Meter Dash	59.81	8/1/1993	Monique Henderson – Baton Rouge, LA
800 Meter Run	2:22.78	7/4/2009	Daesha Rogers- Ypsilanti, MI
1500 Meter Run	4:50.97	7/5/2009	Daesha Rogers- Ypsilanti, MI
1500 Meter Race Walk	7:30.80	7/18/1993	Elizabeth Paxton – San Diego, CA
4x100 Meter Relay	53.62	7/31/2005	Los Angeles Jets – Indianapolis, IN
4x400 Meter Relay	4:19.00	7/29/1993	Fast Action – Baton Rouge, LA
High Jump	1.45m	7/29/2009	Carlie Queen – Greensboro, NC
Long Jump	4.78m	6/30/2005	Ramona Carryl – Knoxville, TN
Shot Put 6 lb.	10.46m	7/28/1995	Amber Curtis – San Jose, CA
Javelin Throw 300g	37.15m	7/29/2007	Mystasia Alexander – Walnut, CA
Triathlon	1460	7/27/20078	Victoria Powell – Omaha, NE

**MIDGET GIRLS**

100 Meter Dash	12.10	7/31/1992	Angela Williams – Walnut, CA
200 Meter Dash	24.47	8/1/1992	Angela Williams – Walnut, CA
400 Meter Dash	54.73	7/2/2006	Robin Reynolds – Greensboro, NC
800 Meter Run	2:13.12	7/26/2008	Raevyn Rodgers – Omaha, NE
1500 Meter Run	4:41.62	7/30/2005	Claudia Francis – Indianapolis, IN
3000 Meter Run	10:03.54	6/29/1988	Heather Burroughs – Walnut, CA
1500 Meter Race Walk	6:53.70	7/26/1990	Danielle Safran – Lincoln, NE
80 Meter Hurdles	11.85	7/21/2002	Jasmine Isley – Durham, NC
4x100 Meter Relay	49.17	7/28/1996	Texas Heat – Houston, TX
4x400 Meter Relay	3:57.26	7/28/1996	United Stars – Houston, TX
4x800 Meter Relay	9:30.72	6/14/1997	Los Angeles Jets – Long Beach, CA
High Jump	1.69m	7/24/2008	Stacey Destin – Omaha, NE
Long Jump	5.58m	6/20/1998	Gayle Hunter – Las Vega, NV
Shot Put 6 lb.	13.90m	7/11/1997	Johanna Gambill – Spokane, WA
Discus Throw 1kg	37.46m	7/24/1997	Amber Curtis – Baton Rouge, LA
Javelin Throw 300g	45.84m	6/30/2005	Hannah Carson – Knoxville, TN
Outdoor Pentathlon	3412	7/23/2008	Stacey Destin – Omaha, NE

**YOUTH GIRLS**

100 Meter Dash	11.73	7/31/2009	Kendall Baisden – Greensboro, NC
200 Meter Dash	23.69	8/1/2009	Kendall Baisden – Greensboro, NC
400 Meter Dash	53.10	7/8/2007	Robin Reynolds – Lisle, IL
800 Meter Run	2:06.90	7/4/2009	Raevyn Rogers – Ypsilanti, MI
1500 Meter Run	4:28.61	7/31/2005	Jordan Hasay – Indianapolis, IN
3000 Meter Run	9:35.12	7/30/2005	Jordan Hasay – Indianapolis, IN
3000 Meter Race Walk	14:46.46	7/30/1992	Anya Marie Ruoss – Walnut, CA
100 Meter Hurdles	13.85	7/27/2008	Trinity Wilson – Omaha, NE
200 Meter Hurdles	26.63	7/31/1994	Char Foster – Gainesville, FL
4x100 Meter Relay	46.58	7/29/2003	Quiet Fire – Mission Viejo, CA
4x400 Meter Relay	3:45.90	7/29/1993	SoCal Sports Club – Baton Rouge, LA
4x800 Meter Relay	9:15.68	7/30/2003	United Stars – Miami, FL
High Jump	1.74m	6/8/1986	Chrissy Mills – Irvine, CA
Pole Vault	3.41m	7/26/2007	Carissa Culver – Walnut, CA
Long Jump	6.07m	6/20/1998	Tracee Thomas – Las Vegas, NV
Triple Jump	11.92m	4/24/1999	Nicole Duhart – Riverside, CA
Shot Put 6 lb.	15.88m	1/1/1976	Susie Ray

## National Records

Event	Performance	Date	Name - Location
Discus Throw 1kg	46.32m	6/23/1990	Suzy Powell – Concord, CA
Javelin Throw 600g	52.90m	7/26/2007	Hannah Carson – Walnut, CA
Outdoor Pentathlon	3521	7/24/2001	Alyissa Hasan – Sacramento, CA

### INTERMEDIATE GIRLS

100 Meter Dash	11.34	7/28/1995	Angela Williams – San Jose, CA
200 Meter Dash	23.06	7/31/2004	Bianca Knight – Eugene, OR
400 Meter Dash	52.11	7/29/2004	Stephanie Smith – Sacramento, CA
800 Meter Run	2:04.83	7/26/2008	Phillis Francis – Omaha, NE
1500 Meter Run	4:25.57	7/22/1984	Suzy Favor – Baton Rouge, LA
3000 Meter Run	9:37.09	7/30/2005	Caitlin Lane – Indianapolis, IN
2000 Meter Steeplech.	6:56.97	7/22/2008	Eleanor Fulton – Omaha, NE
3000 Meter Race Walk	13:41.25	7/2/1994	Ana-Maria Ruoss – Knoxville, TN
100 Meter Hurdles	13.81	7/14/1984	Yolanda Johnson – Provo, UT
400 Meter Hurdles	57.85	7/1/2005	Ebony Collins – Knoxville, TN
4x100 Meter Relay	45.45	7/30/2006	Quiet Fire – Greensboro, NC
4x400 Meter Relay	3:38.37	7/30/2000	United Stars – Buffalo, NY
4x800 Meter Relay	8:54.95	7/30/2005	United Stars – Indianapolis, IN
High Jump	1.82m	7/29/2007	Shanay Briscoe – Walnut, CA
Pole Vault	4.01m	7/1/2008	Morgann LeLeux – Hoover, AL
Long Jump	6.16m	7/10/1999	Jill Bell – Cheney, WA
Triple Jump	12.94m	7/30/2009	Ciarra Brewer – Greensboro, NC
Shot Put 4kg	15.20m	7/21/2001	Michelle Carter – Sacramento, CA
Discus Throw 1kg	50.12m	5/12/1997	Elizabeth Debartolo – Aurora, IL
Javelin Throw 600g	46.53m	7/29/2000	Rachel Walker – Buffalo, NY
Hammer Throw	46.84m	7/29/2007	Lauren Chambers – Walnut, CA
Heptathlon	5052	7/27/2004	Shana Woods – Eugene, OR

### YOUNG WOMEN

100 Meter Dash	11.10	6/2/1980	Michelle Glover
200 Meter Dash	23.24	7/26/2007	Victoria Jordan – Walnut, CA
400 Meter Dash	51.31	7/27/2000	Monique Henderson – Buffalo, NY
800 Meter Run	2:05.27	7/30/2005	Sarah Bowman – Indianapolis, IN
1500 Meter Run	4:26.39	8/2/1981	Cecilia Hopp – Lincoln, NE
3000 Meter Run	9:53.83	7/30/1998	Dana Boyle – Seattle, WA
2000 Meter Steeplech.	6:54.37	7/22/2008	Alyssa Allison – Omaha, NE
3000 Meter Race Walk	14:20.80	6/17/1993	Lisa Chumbley – Houston, TX
100 Meter Hurdles	13.35	7/29/2006	April Williams – unattached
400 Meter Hurdles	57.67	7/27/2008	Turquoise Thompson – Omaha, NE
4x100 Meter Relay	44.43	7/28/2007	Dallas Gold Track Club – Walnut, CA
4x400 Meter Relay	3:35.51	7/29/2001	United Stars – Sacramento, CA
4x800 Meter Relay	8:50.72	7/25/2007	United Stars – Walnut, CA
High Jump	1.85m	7/24/1997	Adrienne Sims – Baton Rouge, LA
Pole Vault	4.211m	7/25/2008	Natalie Willer – Omaha, NE
Long Jump	6.36m	7/29/1994	Angee Henry – Gainesville, FL
Triple Jump	13.01m	7/28/1996	Alicia Broussard – Houston, TX
Shot Put 4kg	15.82m	7/31/2003	Michelle Carter – Miami, FL
Discus Throw 1kg	53.42m	7/9/1995	Suzy Powell – Joplin, MO
Javelin Throw 600g	48.35m	7/24/1999	Sarah Malone – Eugene, OR
Hammer Throw	53.55m	7/28/2009	Lauren Chambers – Greensboro, NC
Heptathlon	5365	7/25/2001	Diana Pickler – Sacramento, CA

Updated records and a records application can be found at  
<http://www.usatf.org/groups/youth/statistics.asp>

# JUNIOR OLYMPIC TRACK & FIELD MEET RECORDS

## BOYS

### Bantam Boys

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Home City</b>	<b>Date</b>
100m	12.73	Richard Washington	Inglewood, CA	07/28/91
200m	25.83	Rannell Hall	Miami, FL	08/02/03
400m	58.74	Jules Noel	Boynton Beach, FL	07/25/97
800m	2:19.74	Robert Amick	Sunnyvale, CA	07/30/05
1500m	4:43.70	Robert Amick	Sunnyvale, CA	07/31/05
1500m Race Walk	7:13.01	Tristan Ruoss	Fayetteville, AR	07/02/92
4x100m Relay	51.63	Miami Metro-Dade (Leo Simmons, Darryl Brown, Shaquille Kearse, Rannell Hall)	Miami, FL	08/03/03
4x400m Relay	4:11.54	Speed City TC (Kwame Morgan, Anthony Williams, Tariq Adams, Mishawn Cummings)		07/30/00
High Jump	1.55m / 5' 1	David Mosley	Sunnyvale, CA	1977
Long Jump	4.97m / 16' 3¾	Thomas Johnson	Dallas, TX	07/29/04
Shot Put	12.44m / 40' 9¾	Jon Allen	Houston, TX	08/02/03
Mini Javelin Throw	40.47 / 132'9	Otis Statum	Castro Valley, CA	07/26/08
Triathlon	1032 pts.	Rashad Rainey-Cox	Moreno Valley, CA	07/24/02

### Midjet Boys

100m	11.70	Darian Trout-Brown	Omaha, NE	07/27/08
200m	23.37	Bryce Love	Wake Forest, NC	08/01/09
400m	50.75	Bryce Love	Wake Forest, NC	08/02/09
800m	2:06.51	Elias Gedyon	Los Angeles, CA	07/30/05
1500m	4:30.87	Elias Gedyon	Los Angeles, CA	07/31/05
3000m	9:38.52	Chris Dominic	San Lorenzo, CA	08/01/98
80m Hurdles	11.74	Kenny Lambe	Hilton Head, SC	07/26/97
1500m Race Walk	6:44.01	Tristan Ruoss	Fayetteville, AR	07/02/92
4x100m Relay	47.75	Glenarden TC (Bruce Haigler, Kenneth Lewis, Howard Jefferson, Adrian Washington)	Upper Marlboro, MD	07/31/94
4x400m Relay	3:47.50	Glenarden TC (Bruce Haigler, Kenneth Lewis, Howard Jefferson, Adrian Washington)	Upper Marlboro, MD	07/31/94
4x800m Relay	9:25.90	Titans (De'Marea Hawkins, Julian Lavender, Darian Vereen, Cameron Washington)		07/26/06
High Jump	1.75m / 5' 8¾	David Mosley	Palo Alto, CA	1979
Long Jump	5.51m / 18' 1	Matthew Green	Belle Vernon, PA	07/30/05
Shot Put	15.77m / 51' 09	Aaron Hanna	Miami, FL	08/02/09
Discus Throw	39.32m / 129'0	Aaron Hanna	Miami, FL	07/30/09
Mini Javelin Throw	50.58m / 165' 11	Zachary Ochs	Mahomet, IL	07/31/03
Pentathlon (new)	2730 pts.	James Douglas		07/27/05
Pentathlon (old)	3120 pts.	M. Nation	Manhattan, NY	07/26/96
	3120 pts.	Bradley Rupsis	Downers Grove, IL	07/29/92

### Youth Boys

100m	10.94	Michael Grant	Decatur, GA	07/28/00
200m	21.84	Michael Grant	Decatur, GA	07/28/00
400m	47.16	W. Obea Moore	Los Angeles, CA	08/01/93
800m	1:56.36	Cody Harper	Albuquerque, NM	07/28/01
1500m	4:05.25	Elias Gedyon		07/28/07
3000m	9:08.13	Erik Garcia	McFarland, CA	07/31/93
100m Hurdles	12.94	Tyrone Butterfield	Miami, FL	07/28/91
200m Hurdles	23.99	Trey Charles	Smyrna, GA	08/03/03
3000m Race Walk	13:42.07	Tyler Sorenson	Lafayette, CA	07/22/08
4x100m Relay	43.25	Florida Elite Track Club (Walter Dix, Michael Dowdell, Joshua Wimbley, David Owen)	Orlando, FL	08/03/03

## Junior Olympic Track & Field Meet Records

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Home City</b>	<b>Date</b>
4x400m Relay	3:23.96	LA Jets (Lonie Cruel, Aaron Dean, Patrick McCall, Obea Moore)	Los Angeles, CA	08/01/93
4x800m Relay	8:24.03	Wildcat Youth Sports (T Wilson, S Warren, J Burkley, H Shephard III)		07/27/05
High Jump	1.94m / 6' 4"	Grayson Galloway	Brevard, NC	07/29/93
Pole Vault	4.28m / 14' 0½"	Bill Lange	Bridgewater, NJ	1977
Long Jump	6.68m / 21' 11"	Javier Rodriguez	Miami, FL	07/26/07
Triple Jump	13.19m / 43' 3¾"	Kasen Covington	Boise, ID	07/27/06
Shot Put	17.66m / 57' 11¾"	Van Mounts	Bakersfield, CA	07/30/94
Discus Throw	57.63m/189' 01"	Grant Hill	Huntsville, AL	07/28/09
Javelin Throw(new)	56.23m / 184' 5"	David Reinhardt	Bradford, PA	07/25/08
Javelin Throw (old)	56.11m / 184' 1"	Brandon Racca	Iowa, IA	08/02/98
Pentathlon	3584 pts.	Joseph Delgado	Ontario, OR	0728/09

### Intermediate Boys

100m	10.51	Jeremy Rankin	Aurora, CO	07/28/06
200m	21.10	W. Obea Moore	South Pasadena, CA	07/29/95
400m	45.99	W. Obea Moore	Los Angeles, CA	07/29/95
800m	1:50.51	Howard Shepard	Dallas, TX	07/28/07
1500m	3:54.02	Nathan Mathabane	Portland, OR	07/29/07
3000m	8:27.0	Billy Harper	Philomath, OR	07/23/93
110m Hurdles	13.74	Wayne Davis	Raleigh, NC	07/29/07
400m Hurdles	51.71	Baynad Kamani	Missouri City, TX	07/28/96
2000m Steeplech.	6:02.84	Jason Brown	Provo, UT	07/31/88
3000m Race Walk	12:55.18	Tristan Ruoss	Fayetteville, AR	08/01/99
5000m Race Walk	23:30.93	Jared Swehosky	Salem, OR	07/30/03
4x100m Relay	40.90	LA Jets (Daniel Mentuhotep, Warren Rogers, Dashaun McCullough, Travon Walton)	Lancaster, CA	07/27/97
4x400m Relay	3:13.40	New Horizon A (Lawrence Jackson, Cedric Goodman, Reginald Witherspoon, Michael Grant)	Georgia	07/29/01
4x800m Relay	7:41.30	Texas Stars TC (Sirron Warren, Jodale Burkley, Eric Gosset, Howard Shepard III)		07/28/07
High Jump	2.15m / 7' 0½"	Eric Bishop	Chatsworth, GA	08/01/92
Pole Vault	4.88m / 16' 0"	Jayson Lavender	Wichita Falls, TX	07/25/87
Long Jump	7.35m / 24' 1½"	Steven Hansley	East Orange, NJ	1979
Triple Jump	15.08m / 49' 5¾"	Chris Hercules	Palatine, IL	07/29/95
Shot Put	19.29m / 63' 3¾"	Chris Sprague	Eugene, OR	07/26/96
Discus Throw	54.58m / 179' 1"	David Block		07/28/07
Hammer Throw	63.73m / 209' 1"	Bradley Bolton	Lake Forest, CA	07/22/08
Javelin Throw	58.66m / 192' 5"	Brandon Racca	Iowa, IA	07/28/00
Decathlon	7000 pts.	Gunnar Nixon	Edmond, OK	07/29/09

### Young Men

100m	10.30	Quincy Watts	Woodland Hills, CA	07/25/87
200m	20.50	Quincy Watts	Woodland Hills, CA	07/25/87
400m	45.63	Jerome Young	Hartford, CT	07/30/95
800m	1:49.49	Nick Davenport	Texas	07/27/00
1500m	3:54.71	Paul Kinser	Greensboro, NC	07/28/91
5000m	14:27.14	Yong-Sung Leal	San Leandro, CA	07/28/01
110m Hurdles	13.41	Booker Nunley	Track Eastern	07/27/08
400m Hurdles	49.77	Kerron Clement	Missouri City, TX	07/29/02
2000m Steeplech	5:53.71	Orla Kastberg	Durham, NC	07/29/83
3000m Race Walk	12:54.88	Kevin Eastler	Farmington, ME	07/31/94
5000m Race Walk	21:58.42	Matt Boyles	Yellow Springs, OH	07/26/01
4x100m Relay	39.73	Track Houston	Houston, TX	08/01/98

(R. Beard, B. Gay, J. Harris, T. Williams)

*Junior Olympic Track & Field Meet Records*

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Home City</b>	<b>Date</b>
4x400m Relay	3:06.22	So. Ca. Running Cougars	Los Angeles, CA	07/29/07
		(Joey Hughes, Nevin Gutteriez, Jeshua Anderson, Reggie Wyatt)		
4x800m Relay	7:35.27	East Coast Classics	Lincoln, NE	08/02/81
		(Names not available)		
High Jump	2.23m / 7' 3¾"	Maurice Crumby	San Francisco, CA	07/31/83
	2.23m / 7' 3¾"	Rick Noji	Seattle, WA	07/85
Pole Vault	5.31m / 17' 5"	Casey Roche	Los Gatos, CA	07/30/06
Long Jump	7.60m / 24' 11¼"	Sheddrick Fields	Dallas, TX	07/25/91
Triple Jump	16.72m / 54' 10¾"	Kenneth Hall	Baker, LA	0729/04
Shot Put	20.43m / 67' 0½"	Dwight Johnson	Phoenix, AZ	07/24/87
Discus Throw	63.20m / 207' 4"	Clint Johnson	Overland Park, KS	1979
Hammer Throw	77.67m / 254' 10"	Conor McCollough	Canoga Park, CA	07/28/07
Javelin Throw	66.94m / 219' 7"	Patrick Ramsey	Simsboro, LA	07/26/97
Decathlon	7405 pts.	Donovan Kilmartin	Meridian, ID	07/29/09

**Updated records and a records application can be found at  
<http://www.usatf.org/groups/youth/statistics.asp>**

## JUNIOR OLYMPIC TRACK & FIELD MEET RECORDS

### GIRLS

#### Bantam Girls

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Home City</b>	<b>Date</b>
100m	12.85	Angela Williams	Ontario, CA	07/29/90
200m	26.70	Robin Reynolds	Miami, FL	07/31/04
400m	59.81	Monique Henderson	San Diego, CA	07/30/93
800m	2:23.16	Daesha Rogers	Miami, FL	08/01/09
1500m	4:51.62	Daesha Rogers	Miami, FL	08/02/09
1500m Race Walk	7:30.8	Elizabeth Paxton	Cypress, CA	07/18/93
4x100m Relay	53.62	Los Angeles Jets	Los Angeles, CA	07/31/05
		(M George, T Robertson, T Bellows, J Billoups)		
4x400m Relay	4:19.0	Fast Action TC	Los Angeles, CA	07/29/93
		(Angela Perkins, Nissa Rahim, Lashinda Demus, Quiana Powell)		
High Jump	1.42m / 4' 7½"	Dorothy Holt	Hinesville, GA	07/24/97
Long Jump	4.45m / 14' 7½"	Gail Hunter	San Bernardino, CA	07/25/96
Shot Put	10.46m / 34' 4"	Amber Curtis	Monroe, WI	07/28/95
Mini Javelin Throw	37.15m / 121' 10"	Mystasia Alexander	Lynwood, CA	07/28/07
Triathlon	1460 pts.	Victoria Powell	Montclair, LA	07/23/08

#### Midjet Girls

100m	12.10	Angela Williams	Ontario, CA	07/31/92
200m	24.47	Angela Williams	Ontario, CA	08/01/92
400m	55.01	Robin Reynolds	Miami, FL	07/31/05
800m	2:13.12	Raevyn Rogers	Missouri City, TX	07/26/08
1500m	4:41.62	Claudia Francis	Laurelton, NY	07/31/05
3000m	10:12.47	Claudia Francis	Laurelton, NY	07/29/05
80m Hurdles	11.94	Jasmyne Graham	Moreno Valley, CA	08/02/09
1500m Race Walk	6:53.70	Danielle Safran	Brentwood, NY	07/26/90
4x100m Relay	49.17	Texas Heat	Ft. Worth, TX	07/28/96
		(Chauntae Bayne, Genece Glover, Donette Chambers, Terrika Warren)		
4x400m Relay	3:57.26	United Stars TC	Philadelphia, PA	07/28/96
		(Tiffany Abney, Alyce Williams, Evelyn Dwyer, Alycia Williams)		
4x800m Relay	9:38.94	United Stars TC	Philadelphia, PA	07/27/96
		(Alish Jackson-Bowser, Tiffany Abney, Evelyn Dwyer, Alycia Williams)		
High Jump	1.69m / 5' 6½"	Stacey Destin	Boynton Beach, FL	07/24/08
Long Jump	5.52m / 18' 1½"	Myra Combs	Lake Charles, LA	07/27/91
Shot Put	13.51m / 44' 4"	Ashlie Blake	Las Vegas, NV	07/26/08
Discus Throw	37.46m / 122' 10"	Amber Curtis	Monroe, WI	07/24/97
Mini Javelin Throw	42.88m / 140' 8"	Hannah Carson	Mesa, AZ	07/28/05
Pentathlon (new)	3412 pts.	Stacey Destin	Boynton Beach, FL	07/23/08
Pentathlon (old)	3291 pts.	Gayle Hunter	Rialto, CA	07/29/98

#### Youth Girls

100m	11.61	Sanya Richards	Pembroke Pines, FL	08/01/99
200m	23.63	Sanya Richards	Pembroke Pines, FL	07/31/99
400m	53.40	Brandi Cross	Houston, TX	07/28/02
800m	2:08.17	Raevyn Rogers	Houston, TX	08/01/09
1500m	4:28.61	Jordan Hassay	Arroyo Grande, CA	07/29/05
3000m	9:35.12	Jordan Hassay	Arroyo Grande, CA	07/30/05
100m Hurdles	13.85	Trinity Wilson	Oakland, CA	07/27/08
200m Hurdles	26.63	Char Foster	Clearwater, FL	07/31/94
3000m Race Walk	14:46.46	Any-Maria Ruoss	Fayetteville, AR	07/30/92
4x100m Relay	46.74	Young Achievers		08/01/99
		(Sarah Davis, Ashlee Ward, Micaela Simmons, Sanya Richards)		

*Junior Olympic Track & Field Meet Records*

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Home City</b>	<b>Date</b>
4x400m Relay	3:45.90	Southern California SC <i>(Myleik Teele, Regine Caruthers, Malika Edmunson, Roshana Payne)</i>	Inglewood, CA	08/01/93
4x800m Relay	9:15.68	United Stars,Track Club <i>(La Vaugh Jones, Kameesha Worthington, Benita Taylor, Clara Vines)</i>	Philadelphia, PA	07/29/03
High Jump	1.71m / 5' 7½"	Sondra Biere	Des Moines, IA	07/27/90
Pole Vault	3.41m / 11' 2¼"	Carissa Culver	Bueana Park, CA	07/27/07
Long Jump	5.84m / 19' 2"	Karynn Dunn	Diamond Bar, CA	07/29/05
Triple Jump	11.68m / 38' 4"	Nefertiti Smith	Portsmouth, VA	07/28/06
Shot Put	15.59m / 51' 1¼"	Teri Steer	Crete, NE	07/29/89
Discus Throw	42.92m / 140' 9"	Suzy Powell	Modesto, CA	07/25/96
Javelin Throw(new)	52.90 / 173' 6"	Hannah Carson	Mesa, AZ	07/28/07
Javelin Throw(old)	41.04m / 134' 7"	Katy Polanski	Eugene, OR	07/25/96
Pentathlon	3521 pts.	Alyssa Hasan	Williamsville, NY	07/24/01

**Intermediate Girls**

100m	11.34	Angela Williams	Ontario, CA	07/28/95
200m	23.06	Bianca Knight	Ridgeland MS	07/31/04
400m	52.11	Stephanie Smith	Macon, GA	07/29/01
800m	2:04.83	Phillis Francis	Laurelton-Queens, NY	07/26/08
1500m	4:25.57	Suzy Favor	Stevens Point, WI	07/22/84
3000m	9:37.09	Caitlin Lane	Gansevoort, NY	07/30/05
100m Hurdles	13.87	Yolanda Johnson	Denver, CO	07/29/94
400m Hurdles	58.26	Ebony Collins	Los Angeles, CA	07/31/05
2000m Steeplech.	6:56.97	Eleanor Fulton	Lone Tree, CO	07/22/08
3000m Race Walk	14:29.81	Lisa Kutzing	Port Jefferson, NY	07/30/95
5000m Race Walk	26:46.00	Dana Vered	Paramus, CA	07/28/04
4x100m Relay	45.51	Dallas Gold TC <i>(Keondra Mallard, Jerneshia Mergerson, Tiffany Hines, Ashley Collier)</i>	Dallas, TX	07/26/08
4x400m Relay	3:38.37	United Stars <i>(Devon Williams, Channelle Price, Syeeda Gee, Benita Taylor)</i>	Indianapolis, IN	07/28/05
4x800m Relay	8:58.85	United Stars <i>(Blaire Dinsdale, Betsy Flood, Colette Gnade, Brooke Dinsdale)</i>	07/26/06	
High Jump	1.82m / 5' 11½"	Shanay Briscoe		07/28/07
Pole Vault	4.00m / 13' 1½"	Katie Veith	Fort Wayne, IN	07/29/05
Long Jump	6.15m / 20' 2¼"	Kathy Harrison	East Point, GA	08/15/80
Triple Jump	12.94m / 42' 5½"	Ciarra Brewer	Union City, CA	07/30/09
Shot Put	15.19m / 49' 10"	Michelle Carter	Ovilla, TX	07/27/01
Discus Throw	46.40m / 152' 2"	Natalie Baird	Sterling, VA	07/28/06
Hammer Throw	46.84m / 153' 8"	Lauren Chambers	Acworth, GA	07/26/07
Javelin Throw	46.53m / 152' 8"	Rachel Walker		07/29/00
Heptathlon	5052 pts.	Shana Woods	Long Beach, CA	07/29/04

**Young Women**

100m	11.1	Michelle Glover	Pennsauken, NJ	1980
200m	23.24	Victoria Jordan	Fortworth, TX	07/29/07
400m	51.45	Erica Harris	Gig Harbor, WA	08/02/81
800m	2:07.73	Tamieka Grizzle	Bronx, NY	07/30/94
1500m	4:26.39	Cecilia Hopp	Cos Cob, CT	08/02/81
3000m	9:37.24	Dana Boyle	Carbondale, CO	07/30/98
100m Hurdles	13.35	April Williams	Dallas, TX	07/29/06
400m Hurdles	57.67	Turquoise Thompson	Lakewood, CA	07/27/08
2000m Steeplech.	6:54.37	Alyssa Allison	HUC, MO	07/22/08
3000m Race Walk	14:49.26	Robyn Stevens	Vacaville, CA	07/27/00
5000m Race Walk	25:20.51	Robyn Stevens	Vacaville, CA	07/25/01
4x100m Relay	44.43	Dallas Gold Track Club	Dallas, TX	07/29/07

*(Lakeidra Stewart, Alex Pedram, Brittany Carr, Victoria Jordan)*

### *Junior Olympic Track & Field Meet Records*

<b>Event</b>	<b>Performance</b>	<b>Name</b>	<b>Location</b>	<b>Date</b>
4x400m Relay	3:35.51	United Stars A (Evelyn Dwyer, Dominique Darden, Danielle Rogers, Tiffany Abney)	Philadelphia, PA	07/29/01
4x800m Relay	8:50.72	United Stars (Ije Iheoma, Benita Taylor, Syeeda Gee, Channelle Price)		07/29/07
High Jump	1.85m / 6' 0¾"	Adrienne Sims	Fayetteville, NC	07/25/96
Pole Vault	4.21m / 13' 9¾"	Natalie Willer	Omaha, NE	07/25/08
Long Jump	6.36m / 20' 10½"	Angela Henry	Omaha, NE	07/29/94
Triple Jump	13.01m / 42' 8¾"	Alicia Broussard	Houston, TX	07/28/96
Shot Put	15.82m / 51' 11"	Michelle Carter	Ovilla, TX	07/31/03
Discus Throw	52.49m / 172' 2"	Cindy Johnson	Mesa, AZ	08/01/82
Hammer Throw	53.55m / 175' 8"	Lauren Chambers	Acworth, GA	07/28/09
Javelin Throw	45.27 / 148' 6"	Ashley Aldredge	Ruston, LA	08/02/09
Heptathlon	5365 pts.	Diana Pickler	Sache, TX	07/25/01

Pentathlon (new) = new scoring with 80m Hurdles

**Updated records and a records application can be found at  
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**2010**



***BY-LAWS/  
OPERATING  
PROCEDURES***



**YOUTH ATHLETICS COMMITTEE OPERATING PROCEDURES**  
**Approved Revision - December 2005**

**SECTION 1**

**NAME**

The name of this Committee shall be the Youth Athletics Division of USA Track & Field (USATF), hereinafter referred to as "this Division".

**SECTION 2**

**PURPOSES**

The purpose of this Committee is to act as the Youth Athletics arm of USATF, the national governing body for the sport of Athletics in the United States. In connection with such purpose, this Committee shall have the purposes and duties as defined in Article 3 of the USATF Bylaws insofar as they relate to Youth Athletics.

**SECTION 3**

**AUTHORITY**

- A. Autonomy:** As the Youth Athletics arm of USATF, this Committee shall exercise the following powers insofar as they relate to Youth Athletics.
- 1. Goals:** Establish national goals and encourage the attainment of those goals in the sport of Athletics;
  - 2. Coordination:** *Serve* as the coordinating body for activity in Athletics in the United States; and
  - 3. Supervision:** Supervise development and competition in the sport of Athletics, including national championships in the United States, and establish procedures for the determination of eligibility standards for participation in such competitions.
- B. Limitation:** This Committee, in its governance of Youth Athletics in the United States, shall act only pursuant to and in accordance with the authority granted by the USATF.

## **SECTION 4 CHAMPIONSHIPS**

In addition to those duties set forth elsewhere in these rules, this Committee shall:

- A. Jurisdiction:** Have jurisdiction over the national, regional, and/or association championships for Youth Athletics, including junior Olympics, and shall institute, locate, conduct, and manage all such championships.
- B. Championships:** Award championship events for Youth Athletics.
- C. Entries:** Have the right to reject any entries for unqualified competitions at any national championship, or may delegate this right to a subcommittee.
- D. Expenses:** Have the right to pay expenses of athletes and/or teams taking part in the championship with funds for that purpose.
- E. Subcommittees:** Have the right to appoint subcommittees, whose members need not be members of the Youth Athletics Committee, to manage but not conduct the various championships.
- F. Officials:** Approve officials for championships and international meetings involving Youth Athletics.
- G. International relations:** Administer all matters involving foreign countries in relation to Youth Athletics by working in close cooperation with the USATF Board.
- H. Open meetings:** Except upon majority vote of those present, allow the attendance at its meetings of athletic coaches, officials, or representatives of any group engaged in the sport, allowing such invitees voice but no vote.
- I. National sports organization representation:** With appropriate approval, authorize additional members on the committee to insure proper representation of national sports organizations involved in Youth Athletics. Any organization that considers its representation inadequate may appeal to the USATF Board.

## **SECTION 5 COMMITTEE MAKE-UP**

The Youth Athletics Committee shall be constituted as defined in Article 13 of the USATF Bylaws with the following clarification:

- A. Elected officers and other positions:** This section varies from Article 13, B.2.g. There will be five (5) elected officers and four (4) zonal representatives as defined in Sections 8 and 11, respectively, of these operating procedures.

## **SECTION 6 MEETINGS**

- A. General:** This Committee shall meet annually in conjunction with and at the time and place fixed for the annual meeting of USATF as provided in Article 8 of its Bylaws. This Committee shall hold special meetings as may be called by the chair at his or her own invitation or that of 20 percent (20%) of the membership of this Committee, upon two (2) weeks prior written notice.
- B. Notice of Meetings:**
  - A. Annual meeting notice: Notice of annual meeting of USATF as provided in Article 8 of its Bylaws shall constitute notice of the annual meeting of this Committee; and
  - B. Special meetings: Special meetings of this Committee shall be held upon call by its executive committee.
- C. Order of Business:** Business of this committee shall include but not necessarily be limited to the agenda items as listed in USATF Article 8, Section G.

## **SECTION 7 VOTING**

- A. Oversight:** The Organizational Committee of USATF shall oversee all elections and balloting of this Committee.
- B. General:** Each Committee member shall have one (1) vote. Committee members representing an Association of *USATF* who are absent during any vote may be replaced by an alternate member of said Association whose name is, at *any* time during the meeting, given to the secretary, in writing by the ranking association officer present. No committee member shall vote in more than one capacity. Except as otherwise provided in these Operating Procedures or the USATF Bylaws, all matters shall be decided by a majority vote of those present and voting.
- C. Issue voting:** Motions and resolutions shall generally be by voice vote. If the voice vote is inconclusive to the chair or the chair's determination is challenged, there shall then be a vote by show of hands. A roll call vote or, if specifically requested, a written ballot shall be taken instead of a voice vote upon oral motion and seconded by members of this committee.
- D. Uncontested Elections:** When only one (1) candidate or site is nominated, a voice or hand vote shall be permitted.
- E. General Elections:** Contested elections to be decided at the annual meeting of this Committee shall be conducted in the following manner
  - 1. Nominations:**
    - a. Subcommittee:** The chair of this Committee shall, as part of his or her report, appoint a Nominations Subcommittee, in the odd years, which shall include the Youth Athletics vice chair for administration, who shall serve as chair;
    - b. Process:** Nominations shall be made orally at the annual meeting of this Committee or in writing submitted to the chair with a copy

submitted to the secretary at least ten (10) days prior to the annual meeting or presented to the Nominations Subcommittee during the annual meeting prior to the time for nominations designated in the order of business. The secretary shall present the Nominations Subcommittee, prior to the time for nominations as designated in the order of business, with any written nominations received prior to the annual meeting;

- c. **Order of nominations:** At the time for nominations as designated in the order of business, nominations shall be opened for all positions in the following order:

- i. Secretary
- ii. Vice chair for administration
- iii. Vice chair for operations
- iv. Executive vice chair
- v. Chair

Before nominations for the next position can be considered, this Committee must approve closing the nominations for the previous position; and

- d. **Speeches:** Immediately following all nominations, the vice chair for administration shall call upon one (1) nominator to speak for each candidate for a period not to exceed three (3) minutes. If the candidate wishes to speak to his or her nomination, his or her time shall come from the nominator's allocation. All speeches for each position shall be called alphabetically. A candidate shall not use his or her time allocation to promote a candidate for another office.

## 2. **Election Process:**

- a. **Posting requirement:** All elections shall commence with nominations which shall take place at a predetermined time which shall be announced and posted at least twenty-four (24) hours prior to the nominations;
- b. **Voting process:** Ballots shall be collected, counted, and held secure by the Nominations Subcommittee. The list of elected persons and still contested offices shall be immediately announced to this Committee; and
- c. **Runoffs:** Runoff elections shall be held if no candidate receives a majority of the votes cast for any office. The run-off election shall be contested by the two candidates receiving the greatest number of votes cast for the office in question.

## **SECTION 8**

### **OFFICERS AND THEIR DUTIES**

- A. Positions:** The officers of this committee shall be: the chair, executive vice chair, vice chair for operations, vice chair for administration/treasurer, and secretary, all to be elected biennially in the even-numbered years annual meeting of this Committee, by the members of this Committee.
- B. Vacancy:** In the event a vacancy occurs, the executive council shall select a person to fill the vacancy from without or within the executive council. If the vacancy involves the position of chair, this position shall be filled by the executive vice chair. For the purpose of consecutive terms, an unexpired term of sixteen (16) months or more shall count as a full term.
- C. Removal:** Any officer of this Committee may be removed for good cause by a two-thirds vote of those members of this Committee present and voting at an annual meeting or special meeting called for that purpose and provided that the prerequisite notice of such meeting is given, properly setting forth on its agenda the proposed removal.
- D. Duties of officers:** The officers shall perform the following duties and any other duties prescribed by these Operating Procedures, the executive council, or the Committee of the whole.
  - 1. Chair:** The duties of chair of this Committee shall be as follows:
    - a. preside** at all meetings of this committee;
    - b. ensure** that all duties and responsibilities of this Committee are properly and promptly carried out;
    - c. appoint** subcommittees, with the approval of this Committee, as may be necessary to fulfill the duties and responsibilities of this Committee;
    - d. communicate** with this Committee's members to keep them fully informed of happenings and needed decisions to carry out this Committee's responsibilities;
    - e. keep** the USATF President and CEO informed on all Committee actions and recommendations;
    - f. cause** to be kept and promptly forward to all Committee members and the CEO of USATF, a copy of the minutes of all meetings of this Committee;
    - g. attend** all the Youth Athletics national meets;
    - h. conduct** executive council meetings;
    - i. provide** a quarterly report to all Association Youth Athletics chairs, regional coordinators, and zonal representatives; and
    - j. actively** seek a national sponsor for the activities of this Committee.

All appointments to be made by the chair shall be made no later than January 15 of the year following election.

2. **Executive vice chair:** The executive vice chair shall, in the case of disability of the chair, succeed to the office of and perform the duties of chair; in the absence of the chair, assume all of the responsibilities of the chair and execute the authority of that office; may serve as a member of the Site Evaluation Subcommittee; and serve as ex-officio member of all special committees.
3. **Vice chair for operations:** The vice chair for operation may serve as a member of the Site Evaluation Subcommittee; coordinate the activities of regional coordinators; provide the executive committee a written report of the activities of each sport subcommittee; and shall serve as ex-officio member of each sports committees.
4. **Vice chair for administration:** The vice chair for administration may serve as a member of the Site Evaluation Subcommittee; serve as ex-officio member of each administrative and operations committee; report as needed to the executive committee the activity and progress of each administrative subcommittee; and serve as nominations supervisor.
5. **Secretary:** The secretary shall record the minutes of all meetings of this Committee and upon adjournment shall as soon as possible mail a copy of the written minutes to each member of this Committee; and, in general, perform all duties normally pertaining to the office of secretary.

## **SECTION 9**

### **EXECUTIVE COMMITTEE**

There shall be an executive committee which shall be empowered to conduct the business of the Youth Athletics Committee between meetings. This committee shall consist of the chair, the immediate past chair as an ex-officio member, executive vice chair, vice chair for operations, vice chair for administration, secretary, and the four zonal representatives.

There shall be two non-voting members, legal counsel and regional coordinator representative, who shall serve as advisors to the executive committee.

The chair, at the annual meeting, shall give a report of any action taken by the Executive committee while the committee as a whole was in recess.

## **SECTION 10**

### **REGIONAL COORDINATORS**

- A. **Appointment:** The chair of the Youth Committee shall appoint a regional coordinator from each USATF Region to serve, at the pleasure of the chair, a two-year term to run concurrently with the term of the chair.
- B. **Replacement:** A regional coordinator may be replaced by the chair of this committee or by a 2/3 vote of the executive committee.
- C. **Regional Coordinator Representative:** The regional coordinators will elect a representative to act as an advisor to the executive committee. This election will occur in the year of the executive committee election.

## **SECTION 11**

### **ZONAL REPRESENTATIVES**

- A. Elections:** The Youth Athletic representatives of the Associations within each zone shall elect a zonal representative and an alternate zonal representative to serve a two (2) year term. Elections of a zonal representative and an alternate zonal representative shall be held in the year following the election of the Youth Athletics chair. A second vote shall be conducted to select an alternate zonal representative.
- B. Representation:** The zonal representatives shall be considered members of the executive committee and have the power to vote on all matters placed before that committee. In the event that a zonal representative is unable to attend an executive committee meeting, the elected alternate zonal representative shall represent the zone. In the event the Zonal Representative can no longer serve this position, the alternate zonal representative will success to the office of and perform the duties of the Zonal Representative.
- C. Duties:** The zonal representatives shall:
1. **Serve** on the executive committee;
  2. **Communicate** with the regional coordinators within the respective zones;
  3. **Assist** the regional coordinators within the respective zones with the coordination of regional activity;
  4. **Attend** when feasible, the Youth Athletics and Junior Olympic national track & field meets, and the Junior Olympic cross country national meet and assist in the operation of these meets;
  5. **Assist** the Site Evaluation Subcommittee when any national championships meet is proposed in the zone;
  6. **Represent** without bias, the consensus of opinion of the zone on matters placed before the executive committee;
  7. **Develop**, with the cooperation of the regional coordinators and the Associations, plans to strengthen the Associations within the respective zones; and
  8. **Provide** a written report of zonal activities to the members of this Committee at each annual meeting.

## **SECTION 12**

### **SUBCOMMITTEES**

- A. General:** Subcommittees of this Committee shall be of two types, sport and administrative, and shall be detailed as follows:

**Sport**

**Subcommittees:**

Track

Field

Combined Events

Race Walk

Cross Country

**Representation to/from**

**Other Committees:**

Associations

Athletics for the Disabled

Coaches Advisory

Coaching Education

Organizational Committee

Men's Development

Officials

Women's Development

**Administrative**

**Subcommittees:**

Awards

Calendar

Communications

Computer Information

Cultural Exchange

Development

Equipment & Facilities

Specifications

Ethics

International Competition

Law & Legislation

Officials

Parliamentary

Records

Referee Protest

Rules

Site Evaluation

Sports Medicine

Standards

Training & Development

- B. Special subcommittees:** Special subcommittees may be created from time to time by the chair with the approval of the members as may be necessary to fulfill the duties and responsibilities of this Committee.
- C. Chairs:** Subcommittee chairs shall be appointed by the chair of this Committee to serve a two-year term to run concurrently with the term of the chair. Subcommittee chairs may be removed for good cause by the chair of this Committee or by a vote of two-thirds of the members of the Committee.
- D. Members:** Unless otherwise determined by these Operating Procedures or the USATF Bylaws, the chair of this Committee or the subcommittee chairs may appoint any number of members of this Committee to serve on a subcommittee.

## **SECTION 13**

### **SITE SELECTION**

- A. Award:** All Youth national championship meets, including the Junior Olympics, shall be awarded at the annual meeting of this Committee. Selection shall be made from those bids properly filed, in writing, with the chair of this Committee, and a copy with the secretary prior to the Youth Athletics Track & Field Championships. Bids beyond two upcoming years shall not be considered.
- B. Submission:** Bids shall be submitted, in writing, in the form prescribed by the USATF for bids for national championship meets, or as otherwise approved by this Committee in absence of a USATF prescribed bid form.
- C. Subcommittee:** One or more Site Evaluation Subcommittee(s) for JO T&F, JO CC or YA T&F shall be selected by the chair of this Committee to evaluate each proposed national championship site that qualifies. The Site Evaluation Subcommittee shall consist of members of this Committee chosen from the executive committee and the chairs of the subcommittees.
- D. Evaluation:** The Site Evaluation Subcommittee shall evaluate each site personally or by any other means deemed reasonable or practical by a majority of the members of said committee. The Site Evaluation Committee shall notify, in writing, the organization filing each bid of its approval or disapproval of the proposed site in a timely manner. Notice of disapproval shall include the specific reason for disapproval. Only those organizations whose proposed sites have been approved by the Site Evaluation Subcommittee shall be permitted to present their bid proposal for vote of the members of this Committee at the annual meeting.
- E. Voting:** A national championship meet shall be awarded to the organization whose bid received a majority of the votes cast. If no proposal receives a majority of the votes, a runoff shall be held between the two proposals receiving the greatest number of votes. In the event that the organization submitting the winning proposal is subsequently unable to run the meet or the site is for any reason determined to be unacceptable, the executive council shall select a site from applicants previously approved as alternative emergency championship sites.
- F. Alternative sites:** Organizations otherwise qualifying as sites for national championship meets may apply to the Youth Athletics Committee to be considered as an alternative emergency championship site. Following site evaluation and approval as such by the Site Evaluation Subcommittee and the executive committee, the organization and site shall file its notice of intent to be considered as an alternative championship site annually, no later than 45 days preceding the opening day of the USATF annual meeting. If no alternative sites are available, the executive committee shall contact sites which have held meets in previous years.

## **SECTION 14 SAVING CLAUSE**

Failure of literal or complete compliance with the provisions of these Operating Procedures in respect to dates and times of notice, or the sending or receipt of the same, or errors in phraseology of notice of proposals, which in the judgment of the members of this Committee at meetings held do not cause substantial injury to the rights of members, shall not invalidate the actions or proceedings of members at any meeting.

## **SECTION 15 CONFLICTS**

In the event that any provision of these Operating Procedures conflicts with any applicable federal, state, or local laws, or the Bylaws, Operating Regulations, or Rules of Competition of the USATF, said provision of these Operating Procedures shall be void and of no *effect*. If any provision of these Operating Procedures is rendered void for conflict with law or the Bylaws, Operating Regulations, or Rules of Competition of USATF, all other provisions of these Operating Procedures shall be unaffected thereby and continue in full force and effect.

## **SECTION 16 AMENDMENTS**

- A. **General Rule:** Amendments to these Operating Procedures shall be considered by this Committee as follows:
  - 1. **Consideration:** Amendments to the Operating Procedures of this Committee shall be considered at the annual meeting of this Committee in every odd-numbered year; and
  - 2. **Super majority:** Amendments to the Operating Procedures shall require a two thirds vote of those members present and voting.
- B. **Exceptions:** Notwithstanding paragraph (A) above, amendments may be considered at any meeting of this Committee in any of the following circumstances:
  - 1. **Tabled items:** To act on a tabled amendment proposal;
  - 2. **Conform to law:** To make the Operating Procedures conform to federal or local law or regulation;
  - 3. **Conform to Bylaws:** To make the Operating Procedures conform to the USATF Bylaws or Operating Regulations;
  - 4. **Conform to Rules:** To make the Operating Procedures conform to the USATF Rules of Competition; or
  - 5. **Emergencies:** In emergency circumstances, upon ninety percent (90%) vote at any meeting of this Committee.
- C. **Submission:** Amendments shall be submitted at least ninety (90) days prior to the meeting at which they are to be considered, so as to allow proper review and submittal to the members of this Committee. They are to be submitted to the USATF Law & Legislation representative from the Youth Athletics Committee.

- D. **Form of Submission:** The proposed amendments shall be in such form as to show the entire section, subsection, or paragraph, as the case may be, as it will read if adopted, with all proposed additional language underlined, and all proposed deleted language in double parentheses or shaded.
- E. **Persons Submitting:** All proposed amendments must be first recommended for approval at the time of submission by someone other than the submitter who shall be either the chair of any subcommittee of Youth Athletics, any member of the Law & Legislation Subcommittee, the Youth Athletics representative of any Association, or any *officer* of this Committee. Such approval must be in writing, dated, and placed on the proposal when submitted.
- F. **Effective Date:** Unless otherwise specified at the time of adoption, amendments to the Operating Procedures shall be effective immediately.

## **USATF BYLAW/REGULATION INTERPRETATION ADVISORY**

*(Consult USATF Governance Handbook for Regulation 4)*

**The following is information on eligibility to compete in Youth Athletic Competitions with respect to the athlete's USATF Association and Club Affiliation.**

### **REGULATION 4 REPRESENTATION**

A. General: An athlete shall be considered a member of the Association in which the athlete is a bona fide resident except as otherwise provided in paragraph B below:

B. Residency exceptions:

1. Residency exceptions: Except as provided in Article VI, Section 1, Youth Athletics, Rule 300, General Rules, 1 (h) of the USATF Competition Rules, USATF shall permit an athlete to transfer membership to an Association other than the one in which the athlete resides.

Below you will find USATF Legal Council advisory, in Q&A form. Hopefully, this will help provide a consistent interpretation of what constitutes "representation of a club" and thus allow our associations to deal with this situation in a more efficient manner.

1. **How long must an athlete wait prior to transferring from one club to another?** There is a 90 day "waiting" period for transferring from one USATF member club to another USATF member club (See Regulation 4-C-2). The 90 days is measured from the date the athlete last competed in a USATF sanctioned competition. An athlete is not eligible to represent a club in a USATF sanctioned competition if he/she has represented another club during the previous 90 days.
2. **Where can representation occur?** Representation can only occur in a USATF sanctioned competition. (See USATF Regulation 4-C-2). Thus, competition in an event not sanctioned by USATF does not constitute representation.
3. **What factors may determine the intent of an athlete to represent a club?** The following may be used to determine the athlete's intention to represent a club: a) club name appears on a submitted entry form or seed card, b) club affiliation is indicated in the results, and c) club uniform is worn by the person. A USATF membership application that indicates a club on it may be used to show intent if the date of application is proximate to the date of the competition in question.

4. **Does an athlete and/or club have to be a member of USATF at the time of representation?**

Yes, Pursuant to Regulation 4-A-1, "An athlete may compete as a representative of a local club, educational institution, or other organization, and additionally may be listed as competing for a club and/or sponsor, subject to USOC Regulations. The club and athlete must be members in good standing of USATF."

If a club is not a current member organization, athletes may not officially represent that club in competition.

**Rule 300 1 (h)**

A Youth Athlete must compete in the Association of residence in which they permanently reside. 'Permanent Residency' is defined as the address of residence of the youth athlete's parent/legal guardian on the day of the close of registration. Proof of residency can be provided by Tax Statements, or utility bills at the place of residency. Youth athletes can compete in their Association of Permanent Residency as an unattached athlete or as a member of a club and represent the said club by wearing a team uniform and participating on a relay.

**The following are exceptions to this rule:**

- i. Athletes that live with one custodial parent/legal guardian in the summer in one Association and another custodial parent/legal guardian in another Association during the school year, shall be considered permanent residents of both Associations. These athletes may choose to only have one membership number under one Association, but will have the right to run with a different club in the residence of summer and have all rights and privileges of that Association. Proof of legal guardianship may be requested for proof of residency. It shall be the sole responsibility of the applying athlete to secure and furnish all necessary documentation to substantiate any request for consideration of an application of this rule.
- ii. Athletes that have no parent/legal guardian residing in an Association may compete in that Association for 'just cause' with the approval of both the Youth Chair and Membership Chair of both the Association of 'Permanent Residency' and the association of 'Non-Residency'. Non-Residence athletes may not represent a club or wear a club uniform in the Association of 'Non-Residency'.
- iii. Athletes that have no parent/legal guardian residing in an Association may compete in a bordering Association for 'just cause' with the approval in writing of both the Youth Chair and Membership Chair of both the Association of 'Permanent Residency' and the Association of 'Non-Residency', and placed on file in the National office.

*USATF Bylaw/Regulation Interpretation Advisory*

Prior to being able to compete in an Association of Non-Residence, youth athletes must complete and submit a “Waiver to compete in Association of Non-Resident Application.”

Please contact your youth chair to obtain this form.

**2010**



**ORGANIZING**



## **SUGGESTIONS FOR ORGANIZING AND PROMOTING A YOUTH COMPETITION**

**ORGANIZING COMMITTEE** This committee should bring together a representative cross section of a community or area - track and field leaders and coaches, newspaper and radio, business, service clubs, Conventions & Visitors Bureau, industry, civic officials and labor - to consider the idea to bid on a youth competition.

Items to be discussed include type of meet, date of competition, facilities available, tentative list of teams and available athletes, tentative budget and the recommendation for selection of a chairman. After a chairman is selected, the committee should choose a meet director-someone who has a thorough understanding of track and field and has a good relationship with schools, colleges and clubs of the region.

**MEET DIRECTOR** In the smallest or the largest meet, the Meet Director is the key to the entire presentation. He/She must be a person who not only understands the sport but must also be able to direct the efforts of others and have a general understanding of all aspects of meet planning. Subsequently, the Organizing Committee should create and select a Games Committee as the working organization for the Meet Director.

**GAMES COMMITTEE** Many of the members of the Organizing Committee will have a desire to serve on the Games Committee. The primary purpose of the Games Committee is to give the Meet Director assistance and guidance in specialized areas of track and field promotion. This committee should have as members, individuals who have experience in finance, housing, transportation, publicity, radio and television, advertising, printing, community leadership, etc. This group will offer technical know-how as well as contacts and personal relationships for the overall meet promotion.

### **CHECKLIST OF HELPFUL SUGGESTIONS**

**SANCTION:** Obtain sanction for participation of athletes and teams as required by the local Association of USA Track & Field. Remember that your competition must be conducted exclusively under the auspices of USA Track & Field.

**DATE:** Notify athletes, schools and clubs through proper channels of the event date. This should be done several months in advance of the event date.

**ENTRY SHEETS:** Prepare a proper entry form to comply with requirements of your USATF Association.

**ENTRY FEES:** Determine fee, if any, to be charged. This should be in line with fees charged by other meets and in accordance with the national guidelines.

**PROMOTION:** Select a publicity director who is well versed with the sport and who has a good relationship with local newspapers in sports and general news. Early releases relating to the planning and progress of the meet are important.

**TENTATIVE SCHEDULE OF EVENTS:** As soon as the format of the meet has been developed, the Meet Director should organize a tentative schedule of events. The best guidance for this task is knowledge of the events and the rule book. The schedule must not only follow a proper order but the interval of time between each event must allow for the completion of the previous event and the calling of the next event. Other details should acknowledge the variety of events to maintain spectator interest.

**AWARDS:** The Games Committee should appoint an awards committee early in the planning stages to determine appropriate awards for all events and places.

**PROGRAM:** The program is one of the strongest aspects of a meet. A good program brings spectators back next year and is also a document which athletes prize. Advertising sales, program editing, and program sales are all important. An editor should be selected. The Games Committee should take on the task of personal contacts for advertising. Sometimes a local service organization such as the Junior Chamber of Commerce will assist with the task for the public service recognition.

**OFFICIALS:** Working with your local USATF officials association is very important. No meet can be properly conducted without competent officials. The supervisor of track and field officials for your local Association of USA Track & Field's Officials Committee should be notified of your requirements at least three months before your meet is presented. All officials, including the referee and starter, should be requested.

**INFORMATION FOR ATHLETES, TEAMS AND COACHES:** Make certain that detailed information is mailed in advance to all persons concerned with the actual competition and that up-to-date information is being posted to your website.

**TRANSPORTATION AND HOUSING:** If out of district athletes are participating in your meet, a sub-committee should arrange all arrangements for their arrival and departure. Again, local service groups like to assist with transportation. Your convention bureau or motel-hotel association can be a great help.

**STADIUM:** Preparation of stadium and track should be arranged sufficiently in advance to permit modifications and improvements of facilities if necessary.

**CEREMONIES AND PAGEANTRY:** The Games Committee should determine what ceremonies and pageantry should go with the meet. Remember that the most important aspect of the affair is the competition.

**POLICING:** A local police representative should be invited to serve on your Games Committee. With this relationship you may avoid off-duty officer charges. They will assist with traffic and crowd control.

**TRAINERS:** First aid, medical and training facilities for athletes are important. Local school and club trainers are often willing to assist if supplies and facilities are provided by the meet. You should also have a doctor on your Games Committee.

**PRESS BOX SERVICE:** Have a competent person in charge of the Press Box during the meet. Results from the field should reach the press box immediately after each event. The press steward should have sufficient secretarial help with duplicating equipment to get results to all press as soon as possible.

**ANNOUNCER:** Do not select someone who likes to talk for the job. Get a genuine authority on the microphone, one that is impartial and has a good voice. He will help your meet. He should have adequate assistance.

**PARKING:** Plan ahead for special parking for officials, press, competitors and spectators. This is your problem to work out with the local police officials.

**SURVEYOR'S REPORT:** Have your facilities surveyed before your meet. Have starts and finishes properly marked, as well as staggers for relays. Check elevation and levels of field events areas and runways.

**BRIEFING OF OFFICIALS:** Immediately before start of meet. The meeting is important because they are the persons who carry out the dictates of the rulebook. They should know all about your facilities as related to the assignment.

**MEET MANAGER:** A meet manager should be appointed to direct the mechanics of the meet on the day of competition. He should have three assistants: equipment supervisor, field supervisor and track supervisor. They are concerned with the equipment and mechanics of their assignment, which is determined by the Meet Director.

**MEET EQUIPMENT:** The Games Committee, through the Meet Director, shall determine that all equipment specified in the USA Track & Field Competition Rules be available and in proper working order at the time of the meet. This includes starting blocks, standards, finishing tape, public address system, jumping pits, lap scoring cards, lights, etc.

**RESULTS:** Compile meet results for prompt distribution to all competing organizations and the press. If necessary, personally deliver results to local media if they cannot attend the meet.

**NAME OF MEET:** Finally, always refer to your competition as a USATF Junior Olympics or USATF Youth Athletics meet to avoid confusion. The proper title should appear in all written correspondence, press releases, etc.

### **QUESTIONS AND INQUIRIES**

From time to time there are many unanswered questions or simply a need for clarification. Most of your questions will be answered after studying the USATF Youth Guide, USATF's Competition Rules or the USATF Governance Handbook. (The Governance Handbook includes the Bylaws and Operating Rules of USA Track & Field.) In the event your questions are not fully answered by these three publications, contact your Youth Athletics Association Chair. You may also direct your question to your Regional Coordinator, the USATF National Office, or the Youth Athletics Committee.

## **BID TIMELINE FOR USATF YOUTH CHAMPIONSHIPS**

To receive a bid proposal packet for the championships listed below, please send an e-mail request to: [tricia.floyd@usatf.org](mailto:tricia.floyd@usatf.org)

### **The following USATF Youth Championships are up for bid in 2010:**

2012 USA Youth Outdoor Track & Field Championships  
*(Open to all Associations for bid)*

2012 USATF National Junior Olympic T & F Championships  
*(Association from the EAST area may bid)*

2012 USATF National Junior Olympic Cross Country Championships  
*(Association from the WEST area may bid)*

## **BID AREAS**

### **CENTRAL**

Arkansas  
Alabama  
Dakotas  
Gulf  
Illinois  
Indiana  
Iowa  
Minnesota  
Missouri Valley  
Nebraska  
Oklahoma  
Ozark  
South Texas  
Southern  
Southwestern  
Tennessee  
West Texas  
Wisconsin

### **EAST**

Adirondack  
Connecticut  
Florida  
Georgia  
Kentucky  
Lake Erie  
Long Island  
Maine  
Metropolitan  
Michigan  
Mid-Atlantic  
New England  
New Jersey  
Niagara  
North Carolina  
Ohio  
Potomac Valley  
South Carolina  
Three Rivers  
Virginia  
West Virginia

### **WEST**

Alaska  
Arizona  
Border  
Central California  
Colorado  
Hawaii  
Inland Northwest  
Montana  
Nevada  
New Mexico  
Oregon  
Pacific  
Pacific Northwest  
San Diego-Imperial  
Snake River  
Southern California  
Utah  
Wyoming

## **TIPS ON BIDDING FOR A NATIONAL CHAMPIONSHIP**

1. **DETERMINE THE SCOPE OF THE BID** - The scope, essential characteristics and requirements for staging successful USA National Championship events vary greatly. Some championships are part of a larger existing event, while others are stand alone events organized entirely from scratch. Some are large sports and entertainment productions that feature Olympic-caliber athletes, are televised internationally, and pay varying prize purses to the winning athletes, while others are smaller intimate events.
2. **DECIDE WHICH CHAMPIONSHIP(S) TO BID FOR** - It may be possible to bid for more than one Championship at a time. If this is your first time bidding for a National Championship, and your organization has never conducted a major track & field or road racing competition, we recommend that you consider bidding on a smaller Championship in order to gain experience.
3. **CONTACT YOUR LOCAL ASSOCIATION of USA TRACK & FIELD** - USA Track & Field is geographically divided into 57 local Associations, all of which conduct local track & field activities in their respective geographic areas. These USATF Associations are experts in conducting local, and in some instances, national-level competitions and may have many of the answers to your questions. We encourage you to work closely with your local USATF Association.
4. **CONSIDER ANY SPECIAL REQUIREMENTS** - Depending on the type of National Championship event you are bidding for, there will be special requirements and considerations. For example, the USA Youth Track & Field Championships have an anticipated competition pool of over 3,000 athletes. Weather conditions are always a consideration for outdoor Championships and special attention is paid to scheduling of long distance races. Some Championships may require a rights fee and/or minimum prize purse. We recommend that you consult the appropriate USATF Sports Committee Chairperson or the USATF Director of Special Events at the National Office at (317) 261-0500 for assistance with these important requirements and considerations.
5. **CONTACT PERSONS WITH KNOWLEDGE AND EXPERTISE** - Please feel free to contact any of the national officers - all of whom have had experience with Championships - or the appropriate USATF National Office staff, for assistance with your bid.
6. **MINORITY PARTICIPATION** - It is the policy of USATF to encourage the use of Minority Business Enterprises ("MBE's"). The purpose of this program is to promote full and equal business opportunities for MBE's in bid contracting for championship events in accordance with the goals outlined at USATF's Annual Meeting. USATF serves a racially, culturally, socio-economically and otherwise diverse constituency. The organization seeks to create meaningful opportunities for participation of women, racial and ethnic minorities, and persons with disabilities, as well as encourage their participation in all its activities.

More information can be found on the USATF website at:  
<http://usatf.org/groups/EventDirectors/bids/>



**2010**



***OUTREACH &  
ANTI-DOPING  
PROGRAMS***



## **WIN WITH INTEGRITY**

**USATF's "Win With Integrity" reaches kids from coast to coast.**

The *Win With Integrity* program is a USA Track & Field (USATF) program initiative aimed at educating youth, parents, educators, and coaches about the positive results that come from leading a physically active, drug-free lifestyle while living with integrity. A program in which the champions of track and field work directly with young people around the nation, the *Win With Integrity* program has evolved from a start-up program in 2004 into one of USA Track & Field's most successful initiatives.

"My motto is hard work knows no limit," says World Champion and 2006 Visa Humanitarian Athlete of the Year Lauryn Williams. "I always tell kids that no matter what your circumstances don't use that as an excuse. Work hard."

At each Win With Integrity visit, athletes speak to children about living with integrity, staying away from drugs of all kinds, being healthy and staying fit. Children interact with the athletes, asking them questions relevant to their own lives.

For more information on USATF's Win With Integrity program, visit [www.usatf.org](http://www.usatf.org)



## **WIN WITH INTEGRITY: CLEAN KIDS PROGRAM**

### **Win With Integrity - Clean Kids Program Continues for 2010**

USA Track & Field will continue its youth-focused anti-doping efforts in 2010 by conducting in-competition drug testing at youth championship events. The Win With Integrity - Clean Kids Program is a partnership with the U.S. Anti-Doping Agency (USADA) and is tied to USATF's Win With Integrity youth outreach program.

In 2008, USATF worked with USADA to distribute educational materials on drug testing and other anti-doping information to youth athletes at USATF's three youth national championship events. Additionally, athletes in the Youth, Intermediate, and Young divisions were required to view USADA's Doping Control Process video, which highlights the processes and procedures that occur during an in-competition drug test. In 2009, USATF officially began testing at all Youth National Championships. In 2010, USATF will continue to provide educational materials.

"Clean Kids' is critical to our mission of eradicating performance enhancing drugs from our sport and positively impacting society as a whole," said USATF CEO Doug Logan. "If we can help these young athletes understand that using drugs is an unethical choice that is wrong for them, wrong for the sport and wrong for their health, then we have taken one step forward in this fight."

In 2010, drug testing will be conducted at the U.S Area Youth Olympic Selections Trials in Arlington, TX, USA Youth Outdoor Track & Field Championships in Lisle, IL; USATF National Junior Olympic Track & Field Championships in Sacramento, CA; and the USATF National Junior Olympic Cross Country Championships in Hoover, AL. Athletes in the Intermediate and Young divisions will be subject to drug testing conducted by USADA.

To learn more about the Win with Integrity - Clean Kids Program visit [www.usatf.org/youth](http://www.usatf.org/youth).



**2010**



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Association Information.....<http://www.usatf.org/associations/>

By-Laws & Operating Procedures ..... <http://www.usatf.org/about/governance/2010/>

Calendar of Events .....<http://www.usatf.org/calendars/search/>

Clubs ..... <http://www.usatf.org/clubs>

Coaches..... <http://www.usatf.org/groups/Coaches/>

Coaching Education .....<http://www.usatf.org/groups/Coaches/education/>

Competition Rules .....<http://www.usatf.org/about/rules/2010/>

Course Certification .....<http://www.usatf.org/events/courses/>

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Event Directors ..... <http://www.usatf.org/groups/EventDirectors/>

Hall of Fame..... <http://www.usatf.org/HallOfFame/TF/>

How to Organize an Event ..... <http://www.usatf.org/groups/EventDirectors/eventAdmin/>

Junior Olympics..... <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/>

Meet Records..... <http://www.usatf.org/groups/youth/statistics.asp>

Membership ..... <http://www.usatf.org/membership/>

News & Notes .....<http://www.usatf.org/news/>

Programs..... <http://www.usatf.org/about/programs>

Publications .....<http://www.usatf.org/store/showProducts.asp?category=Publications>

Records .....<http://www.usatf.org/statistics/records/>

Youth Athletics.....<http://www.usatf.org/groups/Youth/>





