

Starter Evaluation

Meet _____ Starter _____ Evaluator _____ Date _____

1. Knowledge of Track Rules

A. Knowledgeable

Fair ___ Good ___ Excellent ___ Comments _____

2. Facilities, Equipment and Personnel

A. Cooperates with meet management

Fair ___ Good ___ Excellent ___ Comments _____

B. Cooperates with fellow officials

Fair ___ Good ___ Excellent ___ Comments _____

C. Strives to maintain the schedule

Fair ___ Good ___ Excellent ___ Comments _____

D. Cognizant of noise, visibility and distractions

Fair ___ Good ___ Excellent ___ Comments _____

E. Uses available amplification if needed

Fair ___ Good ___ Excellent ___ Comments _____

F. Functions with FAT operator and equipment

Fair ___ Good ___ Excellent ___ Comments _____

G. Starter's equipment (proper pistol, sleeve, whistle, etc.)

Fair ___ Good ___ Excellent ___ Comments _____

H. Wears proper uniform for meet

Fair ___ Good ___ Excellent ___ Comments _____

3. Starting Techniques

A. Proper position for the starts

Fair ___ Good ___ Excellent ___ Comments _____

B. Proper voice commands to the runners

Fair ___ Good ___ Excellent ___ Comments _____

C. Controls the starting area and the runners

Fair ___ Good ___ Excellent ___ Comments _____

D. Aware of and adjusts to competition level

Fair ___ Good ___ Excellent ___ Comments _____

E. Gives "ON YOUR MARKS" as a command

Fair ___ Good ___ Excellent ___ Comments _____

F. Waits for runners to settle in before the SET command

Fair ___ Good ___ Excellent ___ Comments _____

G. Gives "SET" firm but not unsettling to runners

Fair ___ Good ___ Excellent ___ Comments _____

H. Holds until runners are up and steady
Fair ___ Good ___ Excellent ___ Comments _____

I. Average hold time
1.3 ___ - 1.7 ___ - 2.0 ___ - 2.4 ___

J. Uses the command "STAND UP" properly
Yes ___ No ___ Comment _____

K. Consistency of starts
Heats - Fair ___ Good ___ Excellent ___ Comments _____
Semis - Fair ___ Good ___ Excellent ___ Comments _____
Finals - Fair ___ Good ___ Excellent ___ Comments _____
Recalls - Fair ___ Good ___ Excellent ___ Comments _____

4. Recall Techniques

A. Assists in the control of start area and runners
Fair ___ Good ___ Excellent ___ Comments _____

B. Stands in proper recall positions
Fair ___ Good ___ Excellent ___ Comments _____

C. Uses proper hand signals when needed
Fair ___ Good ___ Excellent ___ Comments _____

D. Uses the command "STAND UP" properly
Fair ___ Good ___ Excellent ___ Comments _____