

PROPOSALS TO AMEND THE IAAF COMPETITION RULES

APPROVED BY THE 47th IAAF CONGRESS ON 12 AUGUST 2009 IN BERLIN, GERMANY

(The final edited version of these amendments will be included in the new, 2010-2011 edition of the Competition Rules, which will be in force from 1st November 2009.)

CHAPTER 1 – INTERNATIONAL COMPETITIONS

N°	Rule	Page	Action	Current	Proposed
	1			International Competitions	International Competitions
1	1.1(e)(i)	17	Amend	(i) International Invitation Meetings which are included in the World Athletics Tour.	(i) International Invitation Meetings which are categorised by the IAAF as part of the global structure and approved by the Council.
2	1.1(h)	17	Add	(h) Matches between teams representing two or more Members or combinations thereof within the same Area.	(h) Matches between teams representing two or more Members or combinations thereof within the same Area, with the exception of Youth and Junior category competitions.
3	1.1(i)	17	Amend	(i) International Invitation Meetings and competitions, other than those referred to in Rule 1.1(e), where appearance fees, prize money and/or the value of non-cash prizes exceed USD 15,000 in total or USD 5,000 for any one event.	(i) International Invitation Meetings and competitions, other than those referred to in Rule 1.1(e), where appearance fees, prize money and/or the value of non-cash prizes exceed USD 15,000 in a total or USD 5,000 an individual amount for any one event, as determined by the Council.
	2			Authorisation to Stage Competitions	Authorisation to Stage Competitions
4	2.1	18	Add	1. The IAAF is responsible for supervising a global competition system in cooperation with the Area Associations. The IAAF shall coordinate its competition calendar and those of the respective Area Associations in order to avoid or minimise conflicts. All International Competitions must be authorised by the IAAF or an Area Association in accordance with this Rule 2. In the event that an Area Association fails properly to manage and control International Competitions in accordance with these Rules, the IAAF shall be entitled to intervene and take such steps as it deems necessary.	1. The IAAF is responsible for supervising a global competition system in cooperation with the Area Associations. The IAAF shall coordinate its competition calendar and those of the respective Area Associations in order to avoid or minimise conflicts. All International Competitions must be authorised by the IAAF or an Area Association in accordance with this Rule 2. Any combination or integration of International Meetings into a Series/Tour or League needs a permit from the IAAF or the concerned Area Association including the necessary regulation or contractual condition for such an activity. The operation may be delegated to a third party. In the event that an Area Association fails properly to manage and control International Competitions in accordance with these Rules, the IAAF shall be entitled to intervene and take such steps as it deems necessary.
5	2.6(a)	19	Amend	(a) ... where appearance fees, prize money and/or the value of non-cash prizes exceed USD 200,000 in total or USD 25,000 in any one event shall not be issued prior to the Area Association's consultation with the IAAF regarding the date.	(a) ... where appearance fees, prize money and/or the value of non-cash prizes exceed a total amount or an individual amount USD 200,000 in total or USD 25,000 in for any one event, as determined by the Council, shall not be issued prior to the Area Association's consultation with the IAAF regarding the date.
6	2.7	19	Amend	7. Members may authorise national competitions, and foreign athletes may participate in those competitions, subject to Rules 4.2 and 4.3. If foreign athletes do participate, appearance fees, prize money, and/or non-cash prizes for all athletes at such national competitions shall not exceed USD15,000 in total or USD5,000 for any one event. No athlete may participate in any such competition if he is ineligible to participate in the sport of Athletics under the rules of the	7. Members may authorise national competitions, and foreign athletes may participate in those competitions, subject to Rules 4.2 and 4.3. If foreign athletes do participate, appearance fees, prize money, and/or non-cash prizes for all athletes at such national competitions shall not exceed a total amount or an individual amount USD 15,000 in total or USD 5,000 for any one event, as determined by the Council. No athlete may participate in any such competition if he is ineligible to

				IAAF, the host Member, or the National Federation to which he is affiliated.	participate in the sport of Athletics under the rules of the IAAF, the host Member, or the National Federation to which he is affiliated.
	5			Citizenship and Changes in Citizenship	Citizenship and Changes in Citizenship
7	5.1 & 5.2	21/22	Amend	<p>1. In International Competitions under Rules 1.1(a) and (b), Members shall be represented only by Citizens of the Country or Territory which the affiliated Member represents.</p> <p>2. Having once represented a Member in an International Competition under Rules 1.1(a) and (b), no athlete may thereafter represent another Member in an International Competition under Rules 1.1(a) and (b), except in the following circumstances:</p> <p>(a) The incorporation of one Country or Territory in another.</p> <p>(b) The creation of a new Country ratified by Treaty or otherwise recognised at international level.</p> <p>(c) Acquisition of a new citizenship. In this case, the athlete shall not represent his new Member in an International Competition under Rules 1.1(a) and (b), for a period of three years following the date of acquisition of new Citizenship pursuant to the athlete's application. This period of three years may however be reduced or cancelled as set out below:</p> <p>(i) the period may be reduced to 12 months with the agreement of the Members concerned. The reduction shall be effective upon receipt by the IAAF Office of a written notification of the Members' agreement;</p> <p>(ii) the period may be reduced or cancelled in truly exceptional cases by the Council.</p> <p>(d) Dual Citizenship: In this case, an athlete who holds Citizenship of two (or more) Countries or Territories, may represent the Member of either (or any) of them, as he may elect. However, having represented the Member in an International Competition under Rules 1.1(a) and (b), he shall not represent another Member of which he is a Citizen in an International Competition under Rules 1.1(a) and (b), for a period of three years from the date he last represented the first Member. This period of three years may be reduced or cancelled as set out below:</p> <p>(i) the period may be reduced to 12 months with the agreement of the Members concerned. The reduction shall be effective upon receipt by the IAAF Office of a written notification of the Members' agreement which has been signed by both parties;</p>	<p>1. In International Competitions under Rules 1.1(a), and(b), and (f), Members shall be represented only by Citizens of the Country or Territory which the affiliated Member represents.</p> <p>2. Having once represented a Member in an International Competition under Rules 1.1(a), and(b) or (f), no athlete may thereafter represent another Member in an International Competition under Rules 1.1(a), and (b) or (f), except in the following circumstances:</p> <p>(a) The incorporation of one Country or Territory in another</p> <p>(b) The creation of a new Country ratified by Treaty or otherwise recognised at international level.</p> <p>(c) Acquisition of a new citizenship. In this case, the athlete shall not represent his new Member in an International Competition under Rules 1.1(a), and(b) or (f), for a period of three years following the date of acquisition of new Citizenship pursuant to the athlete's application. This period of three years may however be reduced or cancelled as set out below:</p> <p>(i) the period may be reduced to 12 months with the agreement of the Members concerned. The reduction shall be effective upon receipt by the IAAF Office of a written notification of the Members' agreement;</p> <p>(ii) the period may be reduced or cancelled in truly exceptional cases by the Council. This matter should be submitted to the Council for its dealing at least 30 days before the International Competition which the change concerns.</p> <p>(d) Dual Citizenship: In this case, an athlete who holds Citizenship of two (or more) Countries or Territories, may represent the Member of either (or any) of them, as he may elect. However, having represented the Member in an International Competition under Rules 1.1(a), and(b) or (f), he shall not represent another Member of which he is a Citizen in an International Competition under Rules 1.1(a), and (b) or (f), for a period of three years from the date he last represented the first Member. This period of three years may be reduced or cancelled as set out below:</p> <p>(i) the period may be reduced to 12 months with the agreement of the Members concerned. The reduction shall be effective upon receipt by the IAAF Office of a written notification of the Members' agreement which has been signed by both parties;</p> <p>(ii) the period may be reduced or cancelled in truly exceptional cases with the approval of the Council. This matter should be submitted to the Council for its dealing at least 30 days before the International Competition which the change concerns.</p>
<p><i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1st May 2008.</p>					

				(ii) the period may be reduced or cancelled in truly exceptional cases with the approval of the Council.	
	7			Athletes' Representatives	Athletes' Representatives
8	7	23	Amend	<p>1. Athletes may use the services of an authorised Athletes' Representative to assist them, in co-operation with the Member to which the athletes are affiliated, in planning, arranging and negotiation of their athletics programme and, in that connection, of sponsorship contracts.</p> <p>2. Members acting reasonably shall be responsible for the authorisation of Athletes' Representatives. Each Member shall have jurisdiction over Athletes' Representatives acting on behalf of their athletes and over Athletes' Representatives acting within their Country or Territory.</p> <p>3. To assist Members in this task, the Council may publish Regulations concerning Athletes' Representatives and their relationships with athletes, Members and meeting organisers. The Council may further provide a list of matters which shall be included in each Member's system of regulation of Athletes' Representatives, the IAAF's suggestions of best practice in these areas, and suggested forms of agreement between the athletes and their Representatives.</p> <p>4. It is a condition of Membership that each Member includes in its constitution, provisions to ensure that no athlete may use an Athletes' Representative, and no Athletes' Representative shall be authorised, unless a written agreement exists between the athlete and his Representative which complies with the IAAF Regulations concerning Athletes' Representatives. Privacy and data shall be protected in accordance with applicable law of the Member.</p> <p>5. The Athletes' Representative shall demonstrate sufficient education and knowledge for the activity of Athletes' Representative. He shall be honest and of good reputation.</p> <p>6. Each Member that has authorised any Athletes' Representatives shall annually provide to the IAAF a list of all Athletes' Representatives authorised by it. The IAAF shall annually publish an official list of authorised Athletes' Representatives.</p> <p>7. Any athlete who uses an unauthorised Athletes' Representative may be subject to sanctions in accordance with the Rules and Regulations.</p>	<p>1. Athletes may use the services of an authorised Athletes' Representative to assist them, in co-operation with the Member, in the planning, arranging and negotiation of their athletics programme and, in that connection, of sponsorship contracts. Alternatively, Athletes may represent themselves or delegate this task to a relative on a non-contractual basis.</p> <p>2. Athletes in the IAAF Top-30 List in a standard event as of the end of a calendar year shall not, during the following year, enter into or extend an agreement to use the services of an unauthorized Athlete's Representative.</p> <p>3. Members acting reasonably shall be responsible for the authorisation of Athletes' Representatives. Each Member shall have jurisdiction over Athletes' Representatives acting on behalf of their athletes, over Athletes' Representatives maintaining an office within their Country (or Territory) or over Athletes' Representatives who are nationals of their Country.</p> <p>4. To assist Members in this task, the Council will publish Regulations governing Athletes' Representatives. The regulations may provide mandatory requirements which shall be included in each Member's regulations governing Athletes' Representatives, including:</p> <ul style="list-style-type: none"> - the standard form "Athlete's Representative Agreement"; - the application for registration as an IAAF Member Federation authorised Athlete's Representative. <p>5. It is a condition of Membership that each Member includes in its constitution that all agreements between an athlete and an Athletes' Representative should comply with IAAF Rules and Regulations governing Athletes' Representatives.</p> <p>6. The Athletes' Representative shall have integrity and good reputation. He shall demonstrate sufficient education and knowledge for the activity of Athletes' Representative by successfully completing an Athletes' Representative examination established and organised in accordance with the IAAF Regulations.</p> <p>7. Each Member shall annually provide to the IAAF a list of all Athletes' Representatives which it has authorised. The IAAF shall annually publish an official list of authorised Athletes' Representatives.</p> <p>8. Any athlete or Athletes' Representative, who does not comply with IAAF Rules and Regulations, may be subject to sanctions in</p>

					accordance with the IAAF Rules and Regulations.
	9			Betting	Betting
9	9	25	New Rule		No person within the IAAF may take part, or attempt to take part, in any capacity either directly or indirectly, in any betting, gambling or similar event or transaction connected with competitions in Athletics held under the rules of the IAAF, its Areas or Members.
<i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1 st May 2008.					

CHAPTER 2 – ELIGIBILITY

N°	Rule	Page	Action	Current	Proposed
	22			Ineligibility for International and Domestic Competitions	Ineligibility for International and Domestic Competitions
10	22.1	29-30	Amend Add new passage to (i)	1. The following persons may be declared ineligible for competitions whether held under these Rules or the domestic rules of a Member. Any person: ... (i) who has been declared ineligible by virtue of a breach of any Regulations made under the Rules.	1. The following persons may be declared ineligible for competitions whether held under these Rules or the domestic rules of a Member. Any person: ... (i) who contravenes Rule 9 (Betting); and who has been declared ineligible by virtue of a breach of any Regulations made under the Rules.
<i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1 st May 2008.					

CHAPTER 5 – TECHNICAL RULES

N°	Rule	Page	Action	Current	Proposed
	100			General	General
12	100	109	Add	All International Competitions, as defined in Rule 1.1, shall be held under the Rules of the IAAF and this shall be stated in all announcements, advertisements, programmes and printed material. Note: It is recommended that Members adopt the Rules of the IAAF for the conduct of their own athletics competitions.	All International Competitions, as defined in Rule 1.1, shall be held under the Rules of the IAAF and this shall be stated in all announcements, advertisements, programmes and printed material. In all competitions, except the World Championships (Outdoor and Indoor) and Olympic Games, events may be held in a different format from that provided under the IAAF Technical Rules, but Rules giving more rights to the athletes cannot be applied. These formats shall be decided by the respective bodies having the control over the competition. Note: It is recommended that Members adopt the Rules of the IAAF for the conduct of their own athletics competitions.
	119			Jury of Appeal	Jury of Appeal
13	119	114	Add	At all competitions organised under Rules 1.1(a), (b), (c) and (f) a Jury of Appeal, which should normally consist of three, five or seven persons shall be appointed. One of its members shall be the Chairman and another the Secretary. If and when considered as appropriate, the Secretary may be a person not included in the Jury.	At all competitions organised under Rules 1.1(a), (b), (c) and (f) a Jury of Appeal, which should normally consist of three, five or seven persons shall be appointed. One of its members shall be the Chairman and another the Secretary. If and when considered as appropriate, the Secretary may be a person not included in the Jury. In instances where there is an appeal relating to Rule 230, at least one member of the Jury shall be a current member of the Panel of International (or Area) Race Walking Judges.
14	119	114	Add	At all competitions organised under Rules 1.1(a), (b), (c) and (f) a Jury of Appeal, which should normally consist of three, five or seven persons shall be appointed. One of its members shall be the Chairman and another the Secretary. If and when considered as appropriate, the Secretary may be a person not included in the Jury.	At all competitions organised under Rules 1.1(a), (b), (c) and (f) a Jury of Appeal, which should normally consist of three, five or seven persons shall be appointed. One of its members shall be the Chairman and another the Secretary. If and when considered as appropriate, the Secretary may be a person not included in the Jury. Members of the Jury of Appeal shall not be present during any deliberations of the Jury concerning any Appeal that affects, directly or indirectly, an athlete affiliated with his own Member Federation. The chair of the Jury shall ask any member implicated by this Rule to withdraw, in the event the Jury member has not already done so. The IAAF or other organisation responsible for the competition shall appoint one or more alternate Jury members to substitute for any Jury member(s) who are not able to

					participate in an Appeal.
	125			Referees	Referees
15	125.1	117	Amend	A separate Referee shall be appointed for the Call Room, for Track Events, for Field Events, for Combined Events and for Running and Race Walking Events outside the stadium.	A separate One (or more) Referees as appropriate shall be appointed for the Call Room, for Track Events, for Field Events, for Combined Events and for Running and Race Walking Events outside the stadium.
16	125.5	117	Add	He shall have authority to warn or exclude from competition, any athlete guilty of acting in an unsporting or improper manner. Warnings may be indicated to the athlete by showing a yellow card, exclusion by showing a red card. Warnings and exclusions shall be entered on the result card.	He shall have authority to warn or exclude from competition, any athlete guilty of acting in an unsporting or improper manner. Warnings may be indicated to the athlete by showing a yellow card, exclusion by showing a red card. Warnings and exclusions shall be entered on the result card. Those warnings and exclusions decided by a Referee shall be communicated to the Competition Secretary and to the other Referees.
17	125	118	Add 8 as new		8. The Road Race Referee shall, wherever practicable, give a verbal warning prior to disqualification. If contested, the normal rules regarding protests will apply.
	127			Umpires (Running and Race Walking Events)	Umpires (Running and Race Walking Events)
18	127.4	119	Add Note (ii) as new	4. A sufficient number of Umpires shall also be appointed to supervise the take-over zones in relay races. Note: When an Umpire observes that an athlete has run in a different lane from his own, or that a relay take-over has taken place outside the take-over zone, he should immediately mark on the track with suitable material the place where the infringement took place.	4. A sufficient number of Umpires shall also be appointed to supervise the take-over zones in relay races. Note (i): When an Umpire observes that an athlete has run in a different lane from his own, or that a relay take-over has taken place outside the take-over zone, he should immediately mark on the track with suitable material the place where the infringement took place. Note (ii): The Umpire(s) shall report to the Referee any breach of the Rules, even if the athlete (or team, for relay races) does not to finish the race.
	132			Competition Secretary	Competition Secretary
19	132	122	Add new para		A Technical Information Centre (TIC) will be established for competitions held under 1.1 (a), (b), (c), (f), and (g) and is recommended for other competitions held over more than one day. The main function of the TIC is to ensure smooth communication between each team delegation, the organisers, the Technical Delegates and the competition administration regarding technical and other matters relating to the competition.
	137			Measurement Judge (Scientific)	Measurement Judge (Scientific)
20	137	123	Amend	A Measurement Judge shall be appointed when Electronic Distance Measurement or other scientific measurement device is to	A One or more Measurement Judges(s) shall be appointed when Electronic or Video Distance Measurement, or other scientific

				be used. ...	measurement device is to be used. ...
21	137	123	Amend	. To ensure that the equipment is operating correctly, he shall, before and after the event, supervise a set of measurements in conjunction with the Judges and Referee to confirm agreement with results achieved using a calibrated certified steel tape.	To ensure that the equipment is operating correctly, he shall, before and after the event, supervise a set of measurements in conjunction with the Judges and under the supervision of the Referee (and if possible, the ITO assigned to the event) , to confirm agreement with results achieved using a calibrated certified steel tape. A form of conformity shall be issued and signed by all those involved in the test and attached to the results card.
	141			Age Groups	Age Groups
22	141	125	Amend	. Master Men and Women: Any athlete who has reached his/her 35th birthday.	. Master Men and Women: Any athlete who has reached his/her 35th birthday for stadia events and 40th birthday for out of stadia events.
	143			Clothing, Shoes and Number Bibs	Clothing, Shoes and Number Bibs
23	143.7	128	Amend	Number bibs Every athlete shall be provided with two number bibs which, during the competition, shall be worn visibly on the breast and back, except in the High Jump and Pole Vault, where one number bib may be worn on the breast or back only. The number bib shall correspond with the number allocated to the athlete in the programme. If track suits are worn during the competition, number bibs shall be worn on the track suit in a similar manner. In competitions under 1.1(d) to (j), either the athletes' names or other suitable identification on the bibs will be allowed.	Number Athlete bibs Every athlete shall be provided with two number bibs which, during the competition, shall be worn visibly on the breast and back, except in the High Jump and Pole Vault, where one number bib may be worn on the breast or back only. The number bib shall correspond usually with the number allocated to the athlete on the start list or in the programme. If track suits are worn during the competition, number bibs shall be worn on the track suit in a similar manner. In competition under 1.1(d) to (j) either the athletes' names or other suitable identification on the bibs will be allowed instead of numbers on any or all of the bibs.
				<i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1 st May 2008.	
	144			Assistance to Athletes	Assistance to Athletes
24	144.1	129	Add	1. Intermediate times and preliminary winning times may be officially announced and/or displayed. Otherwise such times must not be communicated to the athletes by persons in the competition area without the prior approval of the appropriate Referee.	1. Intermediate times and preliminary winning times may be officially announced and/or displayed. Otherwise such times must not be communicated by persons in the competition area without the prior approval of the appropriate Referee. This permission shall only be given when there are no time displays visible to athletes at the relevant point and in circumstances where such times will be provided to all athletes in the race.
25	144.1	129	Add	Indication of Intermediate Times ...Otherwise such times must not be communicated to the athletes by persons in the competition area without the prior approval of the appropriate Referee.	Indication of Intermediate Times ...Otherwise such times must not be communicated to the athletes by persons in the competition area without the prior approval of the appropriate Referee. The competition area, which normally also has a physical barrier, is defined for this purpose as the area where the competition is being staged and which has an
				<i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1 st May 2008.	

					access restricted to the competing athletes and to personnel authorised in accordance with the relevant Rules and Regulations.
26	144.2(c)	130	Add new (c) and re-letter	The following shall not be considered assistance:	The following shall not be considered assistance: ... (c) Any kind of personal safeguard (e.g. bandage, tape, belt, support, etc.) for medical purposes. The Referee in conjunction with the Medical Delegate shall have the authority to verify any case should he judge that to be desirable. (See also Rule 187.4)
<div style="border: 1px solid black; padding: 5px;"> <p><i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1st May 2008.</p> </div>					
27	144.2	130	Amend	2. . For the purpose of this Rule the following shall be considered assistance, and are therefore not allowed: (f) use of any technical device that incorporates springs, wheels or any other element that provides the user with an advantage over another athlete not using such a device. (g) use of any appliance that has the effect of increasing the dimension of a piece of equipment beyond the permitted maximum in the Rules or that provides the user with an advantage which he would not have obtained using the equipment specified in the Rules.	2. . For the purpose of this Rule the following shall be considered assistance, and are therefore not allowed: (f) use of any technical device that incorporates springs, wheels or any other element that provides the user with an advantage over another athlete not using such a device. (f) except for shoes complying with Rule 143, the use of any technology or appliance that provides the user with an advantage which he would not have obtained by using equipment complying with the Rules. (g) use of any appliance that has the effect of increasing the dimension of a piece of equipment beyond the permitted maximum in the Rules or that provides the user with an advantage which he would not have obtained using the equipment specified in the Rules.
	146			Protests and Appeals	Protests and Appeals
28	146.3	132	Amend	3. Any protest shall, in the first instance, be made orally to the Referee by the athlete himself or by someone acting on his behalf. To arrive at a fair decision, the Referee should consider any available evidence which he thinks necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The Referee may decide on the protest or may refer the matter to the Jury. If the Referee makes a decision, there shall be a right of appeal to the Jury.	3. Any protest shall, in the first instance, be made orally to the Referee by the an athlete, himself or by someone acting on his behalf by someone acting on his behalf or by an official representative of a team. Such person or team must have a bona fide interest in the event(s) in question. To arrive at a fair decision, the Referee should consider any available evidence which he thinks necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The Referee may decide on the protest or may refer the matter to the Jury. If the Referee makes a decision, there shall be a right of appeal to the Jury. Where the Referee is not accessible or available, the protest should be made to him through the Technical Information Centre.
29	146.4(a)	132	Amend	4. (a) In a Track Event, if an athlete makes an immediate oral protest against having been charged with a false start, a Track	4. (a) In a Track Event, if an athlete makes an immediate oral protest against having been charged with a false start, a Track

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				Referee may allow the athlete to compete under protest in order to preserve the rights of all concerned. Such a protest cannot be accepted if the false start was detected by an IAAF approved false start control apparatus, unless for any reason the Referee determines that the information provided by the apparatus is obviously inaccurate. Note: The right of protest and appeal shall apply whether or not a false start control apparatus is used.	Referee may allow the athlete to compete under protest in order to preserve the rights of all concerned. Such a protest cannot be accepted Competing under protest shall not be allowed if the false start was detected by an IAAF approved false start control apparatus, unless for any reason the Referee determines that the information provided by the apparatus is obviously inaccurate. Note: The right of protest and appeal shall apply whether or not a false start control apparatus is used.
30	146.4(b)	133	Add	4.(b) In a Field Event, if an athlete makes an immediate oral protest against having a trial judged as a failure, the Referee of the event may, at his discretion, in the case of a horizontal field event, order that the trial be measured and/or the result recorded, in order to preserve the rights of all concerned. If the protested trial occurred during the first three rounds of trials of an event in which more than eight athletes are competing, and the athlete would advance to the final three rounds only if the protest was upheld, the Referee may allow the athlete to compete in the final three rounds under protest in order to preserve the rights of all concerned.	4.(b) In a Field Event, if an athlete makes an immediate oral protest against having a trial judged as a failure, the Referee of the event may, at his discretion, in the case of a horizontal field event, order that the trial be measured and/or the result recorded, in order to preserve the rights of all concerned. If the protested trial occurred (1) during the first three rounds of trials of a horizontal Field Event in which more than eight athletes are competing, and the athlete would advance to the final three rounds only if the protest or subsequent appeal was upheld; or (2) in a vertical Field Event, where the athlete would advance to a higher height only if the protest or subsequent appeal is upheld , the Referee may allow the athlete to continue competing in the final three rounds under protest in order to preserve the rights of all concerned. The protested performance of the athlete and any other performance achieved while competing under protest will become valid only if a subsequent decision to that effect is made by the Referee or an appeal to the Jury of Appeal is made and is allowed.
31	146.5	132	Add Note as new	5. An appeal to the Jury of Appeal must be made within 30 minutes of the official announcement of the decision made by the Referee, in writing, signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of USD100, or its equivalent, which will be forfeited if the appeal is not allowed.	5. An appeal to the Jury of Appeal must be made within 30 minutes: (a) of the official announcement of the decision made by the Referee, amended result of an event arising from the decision made by the Referee; or (b) of the advice being given to those making the protest, where there is no amendment of any result. It shall be in writing, signed by a responsible official on behalf of the athlete or team , and shall be accompanied by a deposit of USD100, or its equivalent, which will be forfeited if the appeal is not allowed. Note: The relevant Referee shall, after his decision on a protest, immediately inform the TIC of the time of the decision. If the Referee was unable to communicate this orally to the relevant team(s) /athlete (s), the official time of the announcement will be that of posting the decision at the TIC.

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32	146.6	133	Amend	The Jury of Appeal shall consult all relevant persons. If the Jury of Appeal is in doubt, other available evidence may be considered. If the Jury of Appeal is in doubt, other available evidence may be considered. If such evidence, including any available video evidence, is not conclusive, the decision of the Referee shall be upheld.	The Jury of Appeal shall consult all relevant persons. If the Jury of Appeal is in doubt, other available evidence may be considered. If the Jury of Appeal is in doubt, other available evidence may be considered. If such evidence, including any available video evidence, is not conclusive, the decision of the Referee or the Chief Race Walking Judge shall be upheld.
<div style="border: 1px solid black; padding: 5px;"> <p><i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1st May 2008.</p> </div>					
	150			Video Recording	Video Recording
33	150	134	Amend	In competitions held under Rules 1.1(a), (b) and (c) and, whenever possible, in other competitions, it is recommended that an official video recording of all events on which the accuracy of performances and violation of the Rules are recorded, be used as supporting documentation.	In competitions held under Rules 1.1(a), (b) and (c) and, whenever possible, in other competitions, it is recommended that an official video recording of all events to the satisfaction of the Technical Delegate(s) shall be made. It should be sufficient to demonstrate on which the accuracy of performances and any violation of the Rules. are recorded, be used as supporting documentation.
	160			Track Measurements	Track Measurements
34	160.1	135	Amend	1. The length of a standard running track shall be 400m. It shall consist of two parallel straights and two bends whose radii shall be equal. The inside of the track shall be bordered by a kerb of suitable material, approximately 5cm in height and minimum 5cm in width. If a section of the kerb has to be temporarily removed for field events, its place shall be marked with a white line 5cm in width and by cones or flags, minimum height 20cm, placed on the white line so that the edge of the base of the cone or flag pole coincides with the edge of the white line closest to the track, and placed at intervals not exceeding 4m to prevent any athlete running on the line. (Flags shall be placed at an angle of 60° with the ground away from the track.) This shall also apply to the section of the steeplechase track where athletes divert from the main track to negotiate the water jump. 2. The measurement shall be taken 30cm outward from the kerb or, where no kerb exists, 20cm from the line marking the inside of the track.	1. The length of a standard running track shall be 400m. It shall consist of two parallel straights and two bends whose radii shall be equal. The inside of the track shall be bordered by a kerb of suitable material, approximately 5cm in height and minimum 5cm in width. The kerb on the two straights may be omitted and a white line 5 cm wide substituted. If a section of the kerb on a bend has to be temporarily removed for field events, its place shall be marked with a white line 5cm in width and by cones or flags, minimum height 20cm, placed on the white line so that the edge of the base of the cone or flag pole coincides with the edge of the white line closest to the track, and placed at intervals not exceeding 4m to prevent any athlete running on the line. (Flags shall be placed at an angle of 60° with the ground away from the track.) This shall also apply to the section of the steeplechase track where athletes divert from the main track to negotiate the water jump and optionally to the straights, for this latter, at intervals not exceeding 10m. . 2. The measurement shall be taken 30cm outward from the kerb or, where no kerb exists on a bend , 20cm from the line marking the inside of the track.
	162			The Start	The Start
35	162.3	138	Amend	. Note: In competitions under Rules 1.1(a), (b) and (c), the commands of the Starter shall be given in English only.	. Note: In competitions under Rules 1.1(a), (b) and (c), (e) and (i), the commands of the Starter shall be given in English only.
36	162.5	138	Amend	5. On the command "On your marks" or "Set", as the case may be, all athletes shall at once and without delay assume their full and	5. On the command "On your marks" or "Set", as the case may be, all athletes shall at once and without delay assume their full and

				<p>final set position. When an athlete, after the command “On your marks” or “Set”, and before the report of the gun or approved starting apparatus, causes the start to be aborted, for instance by raising a hand and/or standing in the case of a crouch start, without a valid reason, (such reason to be evaluated by the relevant Referee), the Referee will warn him for improper conduct. In this case, as well as when an extraneous reason was considered to be the cause for aborting the start, a green card shall be shown to all the athletes to indicate that a false start was not committed by any athlete.</p>	<p>final set position. Where an athlete in the judgement of the Starter, (a) after the command “On your marks” or “Set”, and before the report of the gun or approved starting apparatus, causes the start to be aborted, for instance by raising a hand and/or standing in the case of a crouch start, without a valid reason, (such reason to be evaluated by the relevant Referee); or (b) fails to comply with the commands “On your marks“ or “Set“ as appropriate, or does not place himself in his final starting position after a reasonable time; or (c) after the command “On your marks“ disturbs other athletes in the race through sound or otherwise, the Referee will warn him for improper conduct. the Starter shall abort the start. The Referee may warn the athlete for improper conduct (disqualify in case of a second infringement of the Rule during the same competition), according to Rules 125.5 and 145.2. In cases where an extraneous reason was considered to be the cause for aborting the start, or the Referee does not agree with the Starter’s decision, a green card shall be shown to all the athletes to indicate that a false start was not committed by any athlete.</p>
37	162.6	139	Amend	<p>6. An athlete, after assuming a full and final set position, shall not commence his starting motion until after receiving the report of the gun, or approved starting apparatus. If, in the judgement of the Starter or Recallers, he does so any earlier, it shall be deemed a false start. It shall also be deemed a false start if, in the judgement of the Starter: (a) an athlete fails to comply with the commands "On your marks" or "Set" as appropriate after a reasonable time. (b) an athlete after the command "on your marks" disturbs other athletes in the race through sound or otherwise.</p>	<p>6. An athlete, after assuming a full and final set position, shall not commence his starting motion until after receiving the report of the gun, or approved starting apparatus. If, in the judgement of the Starter or Recallers, he does so any earlier, it shall be deemed a false start. It shall also be deemed a false start if, in the judgement of the Starter: (a) an athlete fails to comply with the commands "On your marks" or "Set" as appropriate after a reasonable time. (b) an athlete after the command "on your marks" disturbs other athletes in the race through sound or otherwise.</p>
38	162.7	139		<p>7. Any athlete making a false start shall be warned. Except in Combined Events, only one false start per race shall be allowed without the disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified from the race.</p>	<p>7. Any athlete making a false start shall be warned. Except in Combined Events, only one false start per race shall be allowed without the disqualification of the athlete(s) making the false start any athlete making responsible for a false start shall be warned disqualified. Any athlete(s) making further false starts in the race shall be disqualified from the race.</p>
39	162.7	139		<p>7. . In Combined Events, if an athlete is responsible for two false starts, he shall be disqualified.</p>	<p>7. . In Combined Events, if an athlete is responsible for two false starts, he shall be disqualified. only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) making further</p>

					false starts in the race shall be disqualified from the race.
40	162.9	140	Amend	9. . The breakline for 800m described in Rule 163.5 indicates where the athletes in the outer group in 2000m and 10,000m may join the athletes using regular start. The track shall be marked at the entrance to the finish straight for group starts in 1000m, 3000m and 5000m to indicate where athletes starting in the outer group may join the athletes using the regular start. This mark may be a 5cmx5cm mark on the line between lanes 4 and 5 (lanes 3 and 4 in a six-lane track) on which a cone or flag is placed until the two groups converge.	9. . The breakline for 800m described in Rule 163.5 indicates where the athletes in the outer group in 2000m and 10,000m may join the athletes using regular start. The track shall be marked at the entrance to beginning of the finish straight for group starts in 1000m, 3000m and 5000m to indicate where athletes starting in the outer group may join the athletes using the regular start. This mark may be a 5cmx5cm mark on the line between lanes 4 and 5 (lanes 3 and 4 in a six-lane track) on immediately before which a cone or flag is placed until the two groups converge.
	163			The Race	The Race
41	163.11	143	Amend	11. Ultrasonic wind gauges shall be used at all International Competitions under Rules 1.1(a) to (h). A mechanical wind gauge should have appropriate protection to reduce the impact of any crosswind. Where tubes are used, their length on either side of the measuring device should be at least twice the diameter of the tube.	11. Ultrasonic wind gauges shall be used at all International Competitions under Rules 1.1(a) to (h) and for any performance submitted for ratification as a World Record. A mechanical wind gauge should have appropriate protection to reduce the impact of any crosswind. Where tubes are used, their length on either side of the measuring device should be at least twice the diameter of the tube.
	165			Timing and Photo Finish	Timing and Photo Finish
42	165.5	144	Amend	Hand Timing . 5. Timekeepers shall use either stopwatches or manually operated electronic timers with digital readouts. All such timing devices are termed "watches" for the purpose of the Rules.	Hand Timing . 5. Timekeepers shall use either stopwatches or manually operated electronic timers with digital readouts. All such timing devices are termed "watches" for the purpose of the Rules.
43	165.19	146	Amend	19.He shall supervise the positioning and testing of the equipment and the zero control operation.	19.He shall supervise the positioning and testing of the equipment and the zero control operation ensure that the camera(s) is correctly aligned. In cooperation with the Track Referee and the Starter, he shall initiate a zero control test before the beginning of each session to ensure that the equipment is started automatically by the Starter's gun or approved starting apparatus within the limit identified in Rule 165.14 (i.e. 1/1000th second).
44	165.24(c)	147	Amend	(c) The System is started by the Starter's gun or approved starting apparatus.	(c) The System is started by the Starter's gun or approved starting apparatus or synchronised with the start signal.
	166			Seedings, Draws and Qualification in Track Events	Seedings, Draws and Qualification in Track Events
45	166.2	149	Add as new para		The same philosophy shall be used on what concerns the best actual performers participating in a certain event.

46	166.2	149	Amend	<p>Whenever possible, representatives of each nation or team shall be placed in different heats in all rounds of the competition.</p>	<p>Whenever possible, representatives of each nation or team shall be placed in different heats in all preliminary rounds of the competition. In applying this rule after the first round, exchanges of athletes between heats should normally only be made where athletes are of similar ranking under Rule 166.3.</p>
	167			Ties	Ties
47	167	152	Add	<p>Ties shall be resolved as follows: In determining whether there has been a tie in any round for a qualifying position for the next round based on time, the Chief Photo Finish Judge shall consider the actual time recorded by the athletes to 1/1000th of a second. If it is thus determined that there has been a tie, the tying athletes shall be placed in the next round or, if that is not practicable, lots shall be drawn to determine who shall be placed in the next round.</p>	<p>Ties shall be resolved as follows: In determining whether there has been a tie in any round for a qualifying position for the next round based on time, the Chief Photo Finish Judge shall consider the actual time recorded by the athletes to 1/1000th of a second. If it is thus determined that there has been a tie, the tying athletes shall be placed in the next round or, if that is not practicable, lots shall be drawn to determine who shall be placed in the next round. In case of a tie in any round, and again, for a qualifying position in the next round, but now based on the finishing order, and it is not possible to qualify the tied athletes for the next round, lots shall be drawn to determine who shall be placed in that next round.</p>
48	167	152	Amend	<p>In the case of a tie for first place in any final, the Referee is empowered to decide whether it is practicable to arrange for the athletes so tying to compete again. If he decides it is not, the result will stand. Ties in other placings shall remain.</p>	<p>In the case of a tie for first place in any final, the Referee is empowered to decide whether it is practicable to arrange for the athletes so tying to compete again. If he decides it is not, the result will stand. Ties in other placings shall remain. In the case of a tie for any place in any final, including first place, the tie shall remain.</p>
	168			Hurdle Races	Hurdle Races
49	168.2	154		<p>2. Construction. The hurdles shall be made of metal or some other suitable material with the top bar of wood or other suitable material. They shall consist of two feet and two uprights supporting a rectangular frame, reinforced by one or more cross bars, the uprights to be fixed at the extreme end of each base. The hurdle shall be of such a design that a force at least equal to the weight of 3.6kg applied horizontally to the centre of the top edge of the top bar is required to tilt it. The hurdle may be adjustable in height for each event. The counterweights shall be adjustable so that at each height a force at least equal to the weight of 3.6kg and not more than 4kg is required to tilt it.</p>	<p>2. Construction. The hurdles shall be made of metal or some other suitable material with the top bar of wood or other suitable material. They shall consist of two feet and two uprights supporting a rectangular frame, reinforced by one or more cross bars, the uprights to be fixed at the extreme end of each base. The hurdle shall be of such a design that a force at least equal to the weight of 3.6kg applied horizontally to the centre of the top edge of the top bar is required to tilt it. The hurdle may be adjustable in height for each event. The counterweights shall be adjustable so that at each height a force at least equal to the weight of 3.6kg and not more than 4kg is required to tilt it. The maximum horizontal deflection of the top bar of a hurdle (including any deflection of the uprights) when subject to a centrally applied force equal to the weight of 10kg shall not</p>

					exceed 35 mm.
50	168.7(b)	154	Amend and re-number	7. Each athlete shall jump each hurdle. Failure to do so will result in a disqualification. In addition, an athlete shall be disqualified, if he: (a) trails his foot or leg below the horizontal plane of the top of any hurdle at the instant of clearance, (b) jumps any hurdle not in his own lane, or (c) in the opinion of the Referee deliberately knocks down any hurdle.	7. Each athlete shall jump each hurdle. Failure to do so will result in a disqualification. In addition, an athlete shall be disqualified, if he: (a) trails his foot or leg below the horizontal plane of the top of any hurdle at the instant of clearance, (b) jumps any hurdle not in his own lane, or (b) in the opinion of the Referee deliberately knocks down any hurdle.
	180			Field Events: General Conditions	Field Events: General Conditions
51	180.5	162	Add Note		5. Note (i): If one or more athlete(s) is permitted by the Referee to continue in a competition under protest in accordance with Rule 146.4(b), such athletes shall compete in subsequent rounds before all other continuing in the competition and if more than one, in the same relative order according to the original draw.
52	180.6	162	Delete and renumber	6. In all International Competitions, except the World Championships (Outdoor, Indoor, Junior, and Youth) and Olympic Games, the number of trials in the horizontal Field Events may be reduced. This shall be decided by the National or International body having the control over the competition. Except in competitions held under Rules 1.1(a), (b), (c), the organisers may determine that Vertical Jump competitions be held in a different format to that provided under this Rule, including limiting the total number of heights or trials which an athlete may attempt.	6. In all International Competitions, except the World Championships (Outdoor, Indoor, Junior, and Youth) and Olympic Games, the number of trials in the horizontal Field Events may be reduced. This shall be decided by the National or International body having the control over the competition. Except in competitions held under Rules 1.1(a), (b), (c), the organisers may determine that Vertical Jump competitions be held in a different format to that provided under this Rule, including limiting the total number of heights or trials which an athlete may attempt.
53	180.17	164	Delete Note and *	17. . *When there is only one athlete left, the mentioned times will be followed in the first trial only if the previous trial was made by the same athlete. 1 2min* 3min* - Consecutive trials 2min 3min 2min	17. . *When there is only one athlete left, the mentioned times will be followed in the first trial only if the previous trial was made by the same athlete. 1 2min* 3min* 1 or consecutive trials 2min 3min 2min
54	180.20	165	Amend	Ties 20. Except for the High Jump and Pole Vault, the second best performance of the athletes tying shall resolve the tie. Then, if necessary, the third best, and so on. If the tie remains and concerns first place, the athletes having achieved the same results will compete again in the same order in a new trial until the tie is resolved. Note: For Vertical Jumps, see Rule 181.8.	Ties 20. Except for the High Jump and Pole Vault, the second best performance of the athletes tying having the same best distances shall resolve determine whether there has been the a tie. Then, if necessary, the third best, and so on. If the tie remains and concerns first place, the athletes having achieved the same results will compete again in the same order in a new trial until the tie is resolved. Except in Vertical

					<p>Jumps, in the case of a tie for any place, including first place, the tie shall remain. Note: For Vertical Jumps, see Rule 181.8.</p>
	181			General Conditions (Vertical Jumps)	General Conditions (Vertical Jumps)
55	181.8	168	Amend		<p>Ties Placings 8. Ties shall be resolved as follows If two or more athletes clear the same final height the procedure to decide the places will be the following: (a) The athlete with the lowest number of jumps at the height at which the tie occurs which was his best height in the competition shall be awarded the higher place. (b) If the tie still remains equal following the application of (a) above, the athlete with the lowest total of failures throughout the competition up to and including the height last cleared, shall be awarded the higher place. (c) If the tie still remains: still equal following the application of (b) above the athletes concerned shall be awarded the same place unless it concerns the first place. (i) (d) If it concerns the first place, the athletes tying shall have one jump at the next height, determined in accordance with Rule 181.1, after the height last cleared by the athletes tying, and if no decision is reached, the bar shall be raised if the tying athletes were successful, or lowered if not, 2cm for the High Jump and 5cm for the Pole Vault. They shall then attempt one jump at each height until the tie is resolved. Athletes so tying must jump on each occasion when resolving the tie (See example). a jump-off between these athletes shall be conducted in accordance with Rule 181.9, unless otherwise decided, either in advance according to the Technical Regulations applying to the competition, or during the competition by the Technical Delegate or the Referee if no Technical Delegate has been appointed. If no jump-off is carried out, including where the relevant athletes at any stage decide not to jump further, the tie for first place shall remain. (ii) If it concerns any other place, the athletes shall be awarded the same place in the competition.</p>
56	181	169	Add 9 as new and renumber current 9 as 10		<p>Jump-off 9. (a) Athletes concerned must jump at every height until a decision is reached. (b) Each athlete shall have one jump at each height. (c) The jump-off shall start at the next height determined in accordance with Rule 181.1 after the height last cleared by the athletes concerned. (d) If no decision is reached the bar shall be raised if more than one athlete concerned were successful, or lowered if all of</p>

					them failed, by 2 cm for the High Jump and 5 cm for the Pole Vault. (e) If an athlete is not jumping at a height he automatically forfeits any claim to the first place. If only one other athlete then remains he is declared the winner regardless of whether he clears that height.
	183			Pole Vault	Pole Vault
57	183.11	175	Amend	11. . The pole may have protective layers of tape at the grip and at the bottom end.	11. . The pole may have protective layers of tape at the grip and of tape and/or any other suitable material at the bottom end.
	185			Long Jump	Long Jump
58	185.1(f)	178	Amend	1. An athlete fails if: . (f) when leaving the landing area, his first contact with the ground outside the landing area is closer to the take-off line than the nearest break made in the sand on landing, including any break made on overbalancing on landing which is completely inside the landing area but closer to the take-off line than the initial break made on landing.	1. An athlete fails if: . (f) when leaving the landing area, his first contact by foot with the ground outside the landing area is closer to the take-off line than the nearest break made in the sand on landing, including any break made on overbalancing on landing which is completely inside the landing area but closer to the take-off line than the initial break made on landing.
	187			General Conditions (Throwing Events)	General Conditions (Throwing Events)
59	187.4	182	Amend and delete	Personal Safeguards (a) An athlete shall not use any device of any kind - e.g. the taping of two or more fingers together or using weights attached to the body - which in any way provides assistance when making a trial. An athlete shall not use tape on the hand except when tape is needed to cover an open cut or wound. However an athlete in the Hammer Throw may tape individual fingers. The taping should be shown to the Chief Judge before the event starts. (b) An athlete shall not use gloves except in the Hammer Throw. In this case, the gloves shall be smooth on the back and on the front and the tips of the glove fingers, other than the thumb, shall be open. (c) In order to obtain a better grip, an athlete may use a suitable substance on his hands only. In addition, hammer throwers may use such substances on their gloves, and shot putters may use such substances on their neck. (d) In order to protect the spine from injury, an athlete may wear a belt of leather or other suitable material. (e) In the Shot Put an athlete may wear a bandage at the wrist in order to protect it from injury. (f) In the Javelin Throw, an athlete may wear an elbow protection.	Personal Safeguards Assistance (a) An athlete shall not use any device of any kind - e.g. the taping of two or more fingers together or using weights attached to the body - which in any way provides assistance when making a trial. If taping is used on the hands and fingers, it may be continuous provided that as a result no two or more fingers are taped together in such a way that the fingers cannot move individually. An athlete shall not use tape on the hand except when tape is needed to cover an open cut or wound. However an athlete in the Hammer Throw may tape individual fingers. The taping should be shown to the Chief Judge before the event starts. (b) An athlete shall not use gloves except in the Hammer Throw. In this case, the gloves shall be smooth on the back and on the front and the tips of the glove fingers, other than the thumb, shall be open. (c) In order to obtain a better grip, an athlete may use a suitable substance on his hands only. In addition, hammer throwers may use such substances on their gloves, and shot putters may use such substances on their neck. (d) In order to protect the spine from injury, an athlete may
	<div style="border: 1px solid black; padding: 5px;"> <i>Interim Amendment</i> Approved as per Article 6.11(c) and published by Circular M/13/08. Rule in force from 1st May 2008. </div>				

				(g) An athlete may wear other protection e.g. knee support, provided the athlete has IAAF approval on medical advice for its use in competition.	wear a belt of leather or other suitable material. (e) In the Shot Put an athlete may wear a bandage at the wrist in order to protect it from injury. (f) In the Javelin Throw, an athlete may wear an elbow protection. (g) An athlete may wear other protection e.g. knee support, provided the athlete has IAAF approval on medical advice for its use in competition.
60	187.4(c)	183	Amend	. (c) In order to obtain a better grip, an athlete may use a suitable substance on his hands only. In addition, hammer throwers may use such substances on their gloves, and shot putters may use such substances on their neck.	. (c) In order to obtain a better grip, an athlete may use a suitable substance on his hands only or in the case of hammer throwers on their gloves. Shot putters may use such substances on their neck. In addition, in the Shot Put and Discus Throw, athletes may place chalk or a similar substance on the implement. In addition, hammer throwers may use such substances on their gloves, and shot putters may use such substances on their neck.
	188			Shot Put	Shot Put
61	188.2	189		2. Construction. The board shall be white and made of wood or other suitable material in the shape of an arc so that the inner edge coincides with the inner edge of the rim of the circle. It shall be placed so that its centre coincides with the centre line of the landing sector (see Rule 187.6, Figure 12), and shall be firmly fixed to the ground or to the concrete surrounding the circle.	2. Construction. The board shall be white and made of wood or other suitable material in the shape of an arc so that the inner edge surface coincides aligns with the inner edge of the rim of the circle and is perpendicular to the surface of the circle. It shall be placed so that its centre coincides with the centre line of the landing sector (see Rule 187.6, Figure 12), and shall be firmly fixed to the ground or to the concrete surrounding the circle.
	191			Hammer Throw	Hammer Throw
62	191.7	195	Amend	7. Handle. The handle shall be rigid and without hinging joints of any kind. The total deformation of the handle under a tension load of 3.8kN shall not exceed 3mm. It shall be attached to the wire in such a manner that it cannot be turned within the loop of the wire to increase the overall length of the hammer. The handle may have a curved or straight grip with a maximum length inside of 110mm. The minimum handle breaking strength shall be 8kN.	7. Handle. The handle shall be rigid and without hinging joints of any kind. The total deformation of the handle under a tension load of 3.8kN shall not exceed 3mm. It shall be attached to the wire in such a manner that it cannot be turned within the loop of the wire to increase the overall length of the hammer. The handle shall have a symmetric design and may have a curved or straight grip and/or brace with a maximum length inside of 110mm. The minimum handle breaking strength shall be 8kN.
	211			The Indoor Stadium	The Indoor Stadium
63	211.3 Notes (211.4)	210 - 211		3. All the tracks, runways or take-off surface areas shall be covered with a synthetic material or have a wooden surface. The former should preferably be able to accept 6mm spikes in running shoes. Alternative thicknesses may be provided by the stadium management, who will notify athletes of the permissible length of	3. All the tracks, runways or take-off surface areas shall be covered with a synthetic material or have a wooden surface. The former which should preferably be able to accept 6mm spikes in running shoes. Alternative thicknesses may be provided by the stadium management, who will notify athletes of the permissible length of

				<p>spikes. (See Rule 143.4). Indoor Track and Field competitions under Rules 1.1(a), (b), (c), and (f) should be held only on facilities that have a current IAAF Indoor Athletics Facility Certificate. It is recommended that, when such facilities are available, competitions under Rules 1.1(d), (e), (g), (h), (i) and (j) should also be held on these facilities.</p> <p>Note (i): A "sprung section" is any deliberately engineered or constructed section designed to give extra assistance to an athlete. Note (ii): The IAAF Track and Field Facilities Manual contains more detailed and defined specifications for planning and construction of indoor stadia. Note (iii): Standard forms of Facility Certification Application and Indoor Track and Field Facilities Measurement Report are available, on request, from the IAAF Office or may be downloaded from the IAAF website.</p>	<p>spikes. (See Rule 143.4). Indoor Track and Field competitions under Rules 1.1(a), (b), (c), and (f) should be held only on facilities that have which hold a current valid IAAF Indoor Athletics Facility Certificate. It is recommended that, when such facilities are available, competitions under Rules 1.1(d), (e), (g), (h), (i) and (j) should also be held on these facilities.</p> <p>Note (1): A "sprung section" is any deliberately engineered or constructed section designed to give extra assistance to an athlete. Note (2): The IAAF Track and Field Facilities Manual, which is available from the IAAF Office, or may be downloaded from the IAAF website, contains more detailed and defined specifications for planning and construction of indoor stadia including diagrams for track measurement and marking. Note (3): The current standard forms required to be used for the certification application and measurement report as well as the Certification System Procedures are available, on request, from the IAAF Office, or may be downloaded from the IAAF website.</p>
	213			The Oval Track and Lanes	The Oval Track and Lanes
64	213.2	212	Amend	<p>2. The track should have a minimum of four and a maximum of six lanes. The lanes should all have the same width with a minimum of 0.90m and a maximum of 1.10m including the lane line on the right. The lanes shall be separated by white lines 5cm wide.</p>	<p>2. The track should have a minimum of four and a maximum of six lanes. The lanes should all have the same width with a minimum of 0.90m and a maximum of 1.10m including the lane line on the right. The nominal width of the lanes shall be between 0.90m and 1.10m including the lane line on the right. All lanes shall be of the same width with a tolerance of +/-0.01m to the selected nominal width. The lanes shall be separated by white lines 5cm wide.</p>
65	213.3	212	Amend	<p>3. The angle of banking in all the lanes should be the same at any cross section of the track. In order to ease the change from the flat straight to the banked bend, the change may be made with a smooth gradual horizontal transition which may be extended into the straight. In addition, there should be a vertical transition.</p>	<p>3. The angle of banking in all the lanes should be the same at any cross section of the track. The straight may be flat or have a maximum lateral inclination of 1:100 towards the inside lane. In order to ease the change from the flat straight to the banked bend, the change may be made with a smooth gradual horizontal transition which may be extended into the straight. In addition, there should be a vertical transition.</p>
	214			Start and Finish on the Oval Track	Start and Finish on the Oval Track
66	214.6	213	Amend	<p>6. For races of 400m or less, each athlete shall have a separate lane at the start. Races of up to, and including, 300m shall be run entirely in lanes. Races over 300m, and less than 800m shall start and continue in lanes until the end of the second bend. In races of 800m each athlete may be assigned a separate lane or a group start</p>	<p>6. For races of 400m or less, each athlete shall have a separate lane at the start. Races of up to, and including, 300m shall be run entirely in lanes. Races over 300m, and less than 800m shall start and continue in lanes until the end of the second bend. In races of 800m, each athlete may be assigned a separate lane, or up to two</p>

				preferably using lane 1 and 3 may be used.	athletes may be assigned per lane , or a group start preferably using lane 1 and 3 may be used.
	215			Clothing, Shoes and Athlete Bibs	Clothing, Shoes and Athlete Bibs
67	215	216		When a competition is conducted on a synthetic surface, that part of each spike which projects from the sole or the heel shall not exceed 6mm (or as required by the Organising Committee).	When a competition is conducted on a synthetic surface, that part of each spike which projects from the sole or the heel shall not exceed 6mm (or as required by the Organising Committee subject always to the maxima provided in Rule 143.4).
	230			Race Walking	Race Walking
68	230.3(a)	222	Add	3. (a) In competitions held under Rules 1.1(a), (b), (c), (d) and (f), the Chief Judge has the power to disqualify an athlete inside the stadium when the race finishes in the stadium or in the last 100m when the race takes place solely on the track or on the road course, when his mode of progression obviously fails to comply with the Rule 230.1 regardless of the number of previous Red Cards the Chief Judge has received on that athlete. An athlete who is disqualified by the Chief Judge under these circumstances shall be allowed to finish the race.	3. (a) In competitions held under Rules 1.1(a), (b), (c), (d) and (f), the Chief Judge has the power to disqualify an athlete inside the stadium when the race finishes in the stadium or in the last 100m when the race takes place solely on the track or on the road course, when his mode of progression obviously fails to comply with the Rule 230.1 regardless of the number of previous Red Cards the Chief Judge has received on that athlete. An athlete who is disqualified by the Chief Judge under these circumstances shall be allowed to finish the race. He shall be notified of this disqualification by the Chief Judge or a Chief Judge's Assistant by showing the athlete a red paddle at the earliest opportunity after the athlete has finished the race.
69	230.3(b)	223		(b) The Chief Judge shall act as the supervising official for the competition, and act as a Judge only in the special situation noted in Rule 230.3(a) in competitions under Rules 1.1(a), (b), (c), (d) and (f). In competitions held under Rules 1.1(a), (b) (c) and (f), a maximum of two Chief Judge's Assistants shall be appointed. The Chief Judge's Assistant(s) are to assist with the notification of disqualifications only and shall not act as Race Walking Judges.	(b) The Chief Judge shall act as the supervising official for the competition, and act as a Judge only in the special situation noted in Rule 230.3(a) in competitions under Rules 1.1(a), (b), (c), (d) and (f). In competitions held under Rules 1.1(a), (b) (c) and (f), a maximum of two or more Chief Judge's Assistants shall be appointed. The Chief Judge's Assistant(s) are to assist with the notification of disqualifications only and shall not act as Race Walking Judges.
70	230.6(e)	223	Add	6. . (e) For all Rule 1.1(a) competitions, hand held computer devices with transmission capability must be used by the judges to communicate all Red Cards to the Recorder and the Posting Board(s).	6. . (e) For all Rule 1.1(a) competitions, hand held computer devices with transmission capability must be used by the judges to communicate all Red Cards to the Recorder and the Posting Board(s). In all other competitions, in which such a system is not used, the Chief Judge, immediately after the end of the event, shall report to the Referee the identification of all athletes disqualified under Rule 230.3(a) or 230.6(a), indicating the bib number, the time of the notification and the offences; the same shall be done for all the athletes who received red cards.
71	230.7	223	Amend	The Start 7. The races shall be started by the firing of a gun. The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-	The Start 7. The races shall be started by the firing of a gun. The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-

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				minute warning before the start of the race should be given, with additional warnings if required.	minute, three-minute and one-minute warnings before the start of the race should be given, with additional warnings if required.
72	230.9(b)	223	Add	Drinking / Sponging and Refreshment Stations 9. . (b) For all events up to and including 10km, drinking / sponging stations shall be provided at suitable intervals if weather conditions warrant such provision.	Drinking / Sponging and Refreshment Stations 9. . (b) For all events up to and including 10km, water only drinking / sponging stations shall be provided at suitable intervals if weather conditions warrant such provision. Note: Mist stations may also be arranged, when considered appropriate under certain organisational and/or climatic conditions.
	240			Road Races	Road Races
73	240.2	225	Add Note (ii) as new	2. The races shall be run on made-up roads. However, when traffic or similar circumstances make it unsuitable, the course, duly marked, may be on a bicycle path or footpath alongside the road, but not on soft ground such as grass verges or the like. The start and finish may be within an athletic arena. Note: It is recommended that, for road races staged over standard distances, the start and finish points, measured along a theoretical straight line between them should not be further apart than 50% of the race distance.	2. The races shall be run on made-up roads. However, when traffic or similar circumstances make it unsuitable, the course, duly marked, may be on a bicycle path or footpath alongside the road, but not on soft ground such as grass verges or the like. The start and finish may be within an athletic arena. Note (i): It is recommended that, for road races staged over standard distances, the start and finish points, measured along a theoretical straight line between them should not be further apart than 50% of the race distance. Note (ii): It is acceptable for the start and/or finish of a race to be conducted on grass or other soft ground.
74	240.6	226	Amend	The Start 6. The races shall be started by the firing of a gun. The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-minute warning before the start of the race should be given, with additional warnings if required.	The Start 6. The races shall be started by the firing of a gun. The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-minute, three-minute and one-minute warnings before the start of the race should be given, with additional warnings if required.
75	240.6	226	Amend	The Start 6. The races shall be started by the firing of a gun. The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-minute warning before the start of the race should be given, with additional warnings if required.	The Start 6. The races shall be started by the firing of a gun, canon, air horn or like device . The commands and procedure for races longer than 400m shall be used (Rule 162.3). In races which include a large number of athletes, a five-minute warning before the start of the race should be given, with additional warnings if required.
76	240.8	227	Add	Drinking / Sponging and Refreshment Stations 8. . (b) For all events up to and including 10km, drinking / sponging shall be provided at suitable intervals of approximately 2-3km if weather conditions warrant such provision.	Drinking / Sponging and Refreshment Stations 8. . (b) For all events up to and including 10km, drinking / sponging shall be provided at suitable intervals of approximately 2-3km if weather conditions warrant such provision. Note: Mist stations may be also arranged when it may be

					considered as appropriate under certain organizational and/or climatic conditions.
77	240.8	227	Add (e) as new and amend existing (e) as new (f)	Drinking / Sponging and Refreshment Stations 8. . (e) An athlete who collects refreshment from a place other than the refreshment stations renders himself liable to disqualification.	Drinking / Sponging and Refreshment Stations 8. . (e) Such authorised persons may not enter the course nor obstruct any athlete. They may hand the refreshment to the athlete either from behind, or from a position no more than one metre in front or to the side of, the table.
	260			World Records	World Records
78	260.11	232		11. Records made in heats or qualifying competitions, in deciding ties, in any event which is subsequently decreed void under the provisions of Rule 125.6, or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.	11. Records made in heats or qualifying competitions, in deciding ties, in any event which is subsequently decreed void under the provisions of Rule 125.6, in a track event or a field event trial pursuant to and Rules 146.4(a) and (b) , or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.
79	260.22(b)	233	Amend plus consequential amendment to Rules 261, 262, 263	(b) For races up to and including 400m, only performances timed by an approved Fully Automatic Photo Finish System conforming to the relevant sections of Rule 165 shall be accepted.	(b) For races up to and including 800m , only performances timed by an approved Fully Automatic Photo Finish System conforming to the relevant sections of Rule 165 shall be accepted.
80	260.27	235	Delete (a) and lettering (b)	For World Records in Combined Events: The conditions shall have been complied with in each of the individual events, except that, in events where wind velocity is measured, at least one of the following conditions shall be satisfied: (a) The velocity in any individual event shall not exceed plus 4 metres per second. (b) The average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.	For World Records in Combined Events: The conditions shall have been complied with in each of the individual events, except that, in events where wind velocity is measured, at least one of the following conditions shall be satisfied: the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second. (a) The velocity in any individual event shall not exceed plus 4 metres per second. (b)
81	260.28(e)	235	Amend	28. For World Records in Road Running Events: . (e) The course must be verified (i.e. re-measured) within two weeks preceding the race, on the day of the race or as soon as practical after the race, ...	28. For World Records in Road Running Events: . (e) The course must be verified (i.e. re-measured) within two weeks preceding the race, as late as possible before the race, on the day of the race or as soon as practical after the race, ...