

NINTH ANNUAL THROW-A-THON
ULTRA WP & SUPER WEIGHT
ALBRIGHT COLLEGE, READING, PENNSYLVANIA
May 30, (9 AM) and May 31 (9:30 AM), 2009

Name _____ Phone _____
Address _____ Age _____ Sex _____ (M/F)

USATF# _____

EVENTS:(Check the events)

- * #1 Throw-a-thon _____ \$ 30 May 30
#2 Weight Pentathlon _____ 10 May 30-best effort
of #1-age graded-
2nd implement.
- ** #3 Team WP _____ 5 two per team-total score
#4 Super Weight _____ 10 May 31
- *** #5 Ultra Weight Pentathlon _____ 25 May 31

NOTE: May enter single event(s) @ \$10 _____
Per event-six throws
Events _____; _____; _____

TOTAL _____

AWARDS:

- #1 Top Three men & Women-ten year age brackets, i.e. M30-39, W30-39
- #2 Top three men M 30-49; M50-69; M70 +; Top three women-same
- #3 Top three teams for men and women
- #4 Top three men M40-49; M50-59; M60-69; M70-79; M80 +
Same for women.
- #5 Same as # 1

- 15 implements-three different hammers, sp, discus, javelin, weight

** Team members-coed or same sex

*** In 2007 approved as a National Masters Championship-will be held
in August, 2009 in Portland, Oregon.

In consideration of this entry in the throw-a-thon, SW and Ultra WP, I waive all
claims for myself and heirs, and sponsors with these events and will not hold them
responsible for any and all injuries which may result from my participation.

Signature _____ Date _____

May obtain applications via e-mail rayfeick@dejazzd.com. Entries are due May 16,
2009. Late entry fee \$ 15. Make checks payable to Philadelphia MASTERS and send
entry and check to Ray Feick, 2987 Lutheran Road, Gilbertsville, PA. 19525.