



RELAY DECLARATION CARD

Instructions: Coaches are to fill this card out completely and submit it to the clerking area **no later than 2:30pm on Saturday.**

Relay cards will only be accepted from teams that are properly entered in the meet.

Men: 4x100m Relay 4x400m Relay 4x800m Relay Sprint Med. Distance Med.
Women: 4x100m Relay 4x400m Relay 4x800m Relay Sprint Med. Distance Med.

Club name: _____

Relay A B C

Name

USATF Membership #

(if not competing in individual events at this meet)

Leg 1 _____

Leg 2 _____

Leg 3 _____

Leg 4 _____

I verify that each of the athletes listed are eligible to compete in this championship and represent the club listed above.

Coach's signature

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