



**2009 USA TRACK & FIELD
1 HOUR RACE WALK CHAMPIONSHIPS**
Junior M & W, Open M & W, Masters M & W



SUNDAY, OCTOBER 11, 2009
BENTLEY UNIVERSITY, WALTHAM, MA
9:30 a.m. Women 11:15 a.m. Men
10:45 a.m. – Youth (age 14 and under) Quarter Hour

HOSTED BY NE WALKERS

SANCTIONED & DIRECTED BY USATF NEW ENGLAND

Entry Fee: \$20.00 entry fee pre-entry received by Oct. 7, \$30 day of race. Checks payable to USATF-NE
USATF or foreign federation membership required for participation.
No fee for Youth race; medals to top finishers

Awards: Only USA citizens eligible for championship medals and prize money.
USATF Medals awarded to the first 3 Open men and women, first 3 junior men/women,
and first 3 masters men/women in 5 year divisions.
Team awards to the first 3 m/f clubs (must declare team on race morning). See Rulebook for details.

Prize money: Top 3 eligible finishers in the Open men's & women's races (\$100/75/50) and to 1st M/W Team (\$75)

Age Groups: Junior M&W (age 14 through born 1990), Open M&W, Masters M&W (5 year divisions, 40-44, etc)

Facility: 400m All-weather track – coned but no curb, record eligible. Display clocks at start and 200m mark.

Number Pickup On-site Registration and number pickup will start at 8:30 a.m. at the track.

Lap Counters: Will be provided – but if you bring your own, it will be a big help.

Post Race: A variety of refreshments will be available after the races. Random draw for merchandise prizes

Rest Rooms: Toilet facilities are available. No locker room or showering facilities available.

Mail entry form to → 1 Hour Racewalk USATF New England
USATF-NE 617 566 7600 Days
PO BOX 1905 office@usatfne.org
Brookline MA 02446 **More race info: www.usatfne.org/walk**

Online Registration: Available at www.usatf.org under National Championships

Cut Here – Send Bottom Portion -----

Assumption of risk : I understand that racewalking is a strenuous and potentially hazardous event. In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for my heirs, executors and administrators, waive and release any and all rights and claims for damages I might have against USATF, the New England Association of USATF, Bentley University, New England Walkers, and all sponsors, media representatives, and their representatives, successors and assigns for any and all injuries suffered by me in said event. Furthermore, I agree to indemnify and hold harmless same for any damages from any such claims or damages due to loss or destruction of my personal property while at the event site. I attest and verify that I will participate in this event as a race walker, and that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, or any record of this event for any legitimate purpose.
I realize that participants may be subjected to drug testing under USATF and IAAF rules, and those found positive for banned substances or who refuse testing will be disqualified from this meet and barred from future events. Some over-the-counter medications contain banned substances. For information on testing and banned substances, call the USOC hotline: (800) 233-0393.

Name: _____ Date of Birth _____ M ___ F ___
Address: _____ USATF Club: _____
City: _____ State: _____ Zip: _____ USATF # _____
Phone: (____) _____ - _____
Email: _____
Signature _____ Parent's Signature if under age 18:
(If under 18, a signature of parent or guardian is required)