

USATF RULES COMMITTEE SCORECARD – 2009 Annual Meeting, Indianapolis, IN

Committee Recommendations following the pre-Annual Meeting Teleconference

Item	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action
1	5		21	4		41	5		61	4		81	4	
2	5		22	4		42	4		62	3		82	4	
3	5		23	4		43	5		63	4		83	4	
4	5		24	5		44	5		64	6		84	4	
5	5		25	4		45	4		65	4		85	5	
6	5		26	5a		46	4		66	4				
7	5		27	4a		47	5a		67	5				
8	5		28	4		48	4		68	4				
9	5		29	5		49	5a		69	5				
10	5		30	4		50	5		70	3				
11	5		31	5		51	2		71	4				
12	4a		32	4		52	5a		72	5				
13	5		33	5a		53	5a		73	4				
14	4a		34	5		54	5a		74	5				
15	5		35	5		55	4		75	4				
16	4		36	W	W	56	5		76	4				
17	4		37	5		57	4		77	5				
18	4		38	5a		58	4		78	4				
19	4a		39	3		59	4		79	5				
20	4		40	4		60	5		80	5				

Conference Call Actions:

1=Grammar / Punctuation

2=Housekeeping

3=Current Practice

4=Recommend Approval

5=Discuss / Refer

6=Recommend Reject

7=Recommend Table

W=Withdrawn a=amended

Final Actions: A=Accepted**AA= Accepted As Amended****R=Rejected****T=Tabled****W=Withdrawn**

**Proposed Amendments to the USATF Rules of Competition
Items tabled from 2008 and resulting from 47th IAAF Congress in Berlin, Germany**

((~~Double parenthesis~~)) indicates removal. Underline indicates addition. *Italics* is a rationale note.

NOTE: Final wording of adopted IAAF amendments will be editorially revised in order to adhere to the final printed version of the IAAF Competition Rules.

Item 1 – Tabled 2009 Item 2 – Submitted by Steve Vaitones, Rules Committee, on behalf of George Regan, Adirondack Assoc.

Delete Rule 2.5:

((~~Resident aliens shall be permitted to compete in Regional Championships.~~))

Reason: *To have regional championships follow the same rules as national events.*

Item 2 – Tabled 2009 Item 13 – Submitted by Bob Podkaminer, Rules Committee on behalf of Skip Stolley, Chair, USATF Club Council

Amend Rule 12.2(a) as follows:

The following relays are included as standard events:

4x100 Meters Relay

4x400 Meters Relay

((~~4x800 Meters Relay~~

Sprint Medley Relay (200-200-400-800)

Distance Medley Relay (1200-400-800-1600)));

Reason: *The National Track & Field Club Championships is a team scoring meet. Contesting the Sprint Medley, Distance Medley and 4x800 Meters Relays, in addition to the 4x100 Meters and 4x400 Meters, at these Championships creates a distinct unfair scoring advantage for clubs local to the meet site who do not have to incur the costs of traveling with large numbers of athletes. The Club Council may decide to contest these additional relays at The Club Championships as non-scoring events, or to expand the meet to include a non-scoring Club Relay Championships as provided for in Rule 13.1(b).*

Item 3 – Tabled 2009 Item 59 – Submitted by George Kleeman, Rules Committee on behalf of Ivars Ikstrums, Pacific Northwest

Amend Rule 188.4 as follows:

**The maximum diameter for all outdoor shots used in USATF Masters competition shall be 130mm for men and ((~~120mm~~)) 110mm for the women ((~~4kg~~)).*

((~~** For Masters competition, the minimum weight is 5.450 kg.~~))

Reason: *WMA Conformance and clarity that there is an exemption in USA competitions for men. The ** does not apply to Masters.*

Item 4 – Tabled 2009 Item 60 – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 189.3 Table as follows:

In the 0.75kg column: Outside Diameter max. mm from ((~~169~~)) to 182*; Thickness at center max. mm from ((~~37~~)) to 39*

NOTE: **US Masters competition exceptions to the WMA specifications for the discus.*

Reason: *The 0.75kg discus was designed for bantam children and is too small for the hands of masters throwers whose hands do not get smaller as they get older. 0.75kg implements are available in the same size as 1kg implements, so they are already available.*

Item 5 – Tabled 2009 Item 73b – Submitted by Bob Hersh, Rules Committee

Add New Rule 261.4 as follows:

4. If an athlete has admitted that, at some time prior to achieving an American Record, the athlete had used or taken advantage of a substance or technique prohibited at that time, then, subject to the advice of the appropriate Sport Committee, such record shall not continue to be regarded as a record by USATF.

Reason: Conform to IAAF rules. Most major nations now require doping control for national record recognition. Adding this requirement would be consistent with USATF's commitment to being a leader in the world-wide effort to eliminate doping in our sport.

Item 6 – Tabled 2009 Item 79 – Submitted by Glenn Fortune on behalf of Inez Finch, Youth Committee**Pee Wee Package** – Amend as follows:

Rule 300.1(b) –

The program is divided into (~~five~~) six divisions for boys and (~~five~~) six divisions for girls. ...

<u>Pee Wee Division</u>	<u>2000 – 2002</u>	<u>2001 – 2003</u>	<u>2002 – 2004</u>
<u>Bantam Division</u>	<u>1998 – 1999</u>	<u>1999 – 2000</u>	<u>2000 – 2001</u>

Rule 300.1(e) –

In track and field, a competitor in the Pee Wee, Bantam or Midget divisions may enter a maximum of ...

Rule 301 –

PEE WEE DIVISION

<u>100 Meter Dash</u>	<u>1500 Meter Run</u>	<u>Long Jump</u>
<u>200 Meter Dash</u>	<u>4x100 Meter Relay</u>	<u>Shot Put (6 lb.)</u>
<u>400 Meter Dash</u>	<u>4x400 Meter Relay</u>	<u>Mini Javelin (300g)</u>
<u>800 Meter Run</u>		

Rule 304.2 –

The Pee Wee, Bantam and Midget divisions shall run approximately 3km. ...

Reason: USA Track and Field has been losing many younger athletes to AAU, Soccer, T-Ball and other sports that have an 8 and under program. Track and Field is the foundation of all sports and athletes should be able to start running in a younger program. The name of this Age Group will distinguish from the AAU Sub Groups. In the original Rule, the Bantam Age Division (10 and under Age Group) is defined as any age under 10. This means that an athlete can actually compete at the age of one in this age group. With the new rule change, an athlete must be at least 6 years of age to compete in the 8 and under.

Item 7 – Tabled 2009 Item 83 – Submitted by Ed Gorman, Rules Committee and Patti Petesch, President Pacific Northwest Assoc.

Amend Rule 301 as follows:

YOUTH DIVISION Hammer (B-4kg, G-3kg)

Reason: Coaching in the Youth Division is provided in the other three throwing events, and there is evidence to support introducing the Hammer for 13-14 year olds. It will afford greater opportunity to obtain college scholarships and greatly assist in becoming Olympic quality. It is becoming increasingly popular with younger athletes Boy and girl hammer throwers sufficiently advanced for inclusion on the national high school boys and girls top 50 ranking lists (120'+ girls and 150'+ boys) are training and competing in 24 states. Many other boys and girls 13 to 14 years of age of lesser throwing ability than those on the ranking lists are training and competing in additional states. The inclusion of the 4 kg hammer for boys and the 3 kg hammer for girls is to conform to IAAF recommendations for this age group.

Item 8 – Tabled 2009 Item 90 – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 331.1(b) as follows:

... Discus Throw, Javelin Throw, Hammer Throw, Weight Throw, Pentathlon.

Reason: *The Weight Throw is now an event at the WMA Outdoor Championships, at the NCCWMA Championships, and at an increasing number of other national championship meets around the world, including in Canada and Australia. Adding it to the Outdoor Championships will likely increase participation in the meet by providing a second event for hammer specialists (almost all of whom are also weight throwers), thus making it more likely that they will choose to participate. Several have cited the lack of a second event as a reason for not entering the Outdoor Championships in the past.*

Item 9 – Tabled 2009 Item 92 – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 331.1(h) Table as follows:

~~((Weight Throw))~~

Reason: *If this change is approved the event would now be contested at the Outdoor Championships*

Item 10 – Tabled 2009 Item 106 – Submitted by Steve Vaitones, Rules Committee

Amend Rule 340.1 as follows:

The Masters Long Distance Running Committee shall conduct and supervise a program for long distance running for all athletes over the age of 40. ~~((Effective 1/1/2011, the Masters Long Distance Running Committee shall conduct and supervise a program for long distance running for all athletes over the age of 35.))~~

Reason: *Keep masters distance running at age 40!*

Item 11 – Amend Classifications preceding Rule 1 as follows: (IAAF 22)

(d) Masters: ~~((In Track and Field, the))~~ The Masters classification shall be limited to athletes who are at least thirty-five (35) years old on the first day of the meet for events held entirely within a stadium, or who are at least forty (40) years old on the first day of the meet for events not held entirely within a stadium. ~~((In Long Distance Running, the Masters classification shall be limited to athletes who are at least forty (40) years old on the first day of the meet. (Effective January 1, 2011, the LDR limit shall be changed to 35 years old.))~~

Item 12 – New Rule 6.8 as follows: (IAAF 19)

A Technical Information Center shall be established for Championships in Rules 10 and 11, which are held over more than one day, and recommended for all other competitions. The main function of the Technical Information Center is to ensure smooth communication between the competitors, Games Committee and competition administration regarding technical and other matters relating to the competition.

Item 13 – Amend Rule 9.1 as follows: (IAAF 12)

So far as possible, the rules for the Championships shall apply to all other competitions conducted or sanctioned by USATF or any of its Associations. In competitions other than Championships in Rules 10 and 11, events may be held in a different format to that provided under the USATF Rules of Competition, but broader Rules, giving more rights to the athletes, cannot be applied. These formats shall be decided by the respective bodies having the control over the competition.

*** See Item 47, Item 49 and Item 53.

Item 14 – Amend Rule 119.1 as follows: (IAAF 13)

A Jury of Appeal composed of 3 or 5 persons, preferably certified officials, may be established by the Games Committees to consider appeals from decisions of the Referee as to matters that develop during the conduct of the event. In instances where there is an appeal relating to Rule Race Walking, at least one member of the Jury should be a certified Race Walk judge as defined in Rule 230.1(e).

Item 15 – Amend Rule 119.2 as follows: (IAAF 14)

One of its members shall be the Chair. If and when it is considered appropriate, a Secretary, who may be a non-member of the Jury, may be appointed. One or more alternates should also be named. Referees shall not serve as members of the Jury of Appeal. In no case shall any management personnel or competition official serve on a Jury of Appeal in considering any appeal where such person has previously performed an official function in respect of the matter being appealed. No member of the Jury of Appeal shall be present during any deliberations concerning an appeal that affects, directly or indirectly, an athlete affiliated with that member.

Item 16 – Amend Rule 125.1 as follows: (IAAF 15)

~~((A separate Referee may))~~ One or more Referees, as appropriate, shall be appointed for track events, ~~((for the start of track events,))~~ for field events, for Combined Events, and for running and Race Walking events outside the stadium, ...

Item 17 – Add a new Rule 125.9 and renumber as follows: (IAAF 17)

... The Referee for track events and for events outside the stadium shall have no jurisdiction over matters within the responsibilities of the Chief Judge of Race Walking events. See Rules 230 and 232. The Road Race Referee shall, wherever practicable, give a warning prior to disqualification. See Rule 243.3.

Item 18 – Amend Rule 125.3 as follows: (editorial)

A Track Referee when appointed to oversee the starts, is designated the Start Referee. ~~((When appointed, the))~~ The Start Referee has ...

Item 19 – Amend Rule 125.8 as follows: (IAAF 16 plus USATF omission)

A Referee shall have the authority to warn any competitor for acting in an unsporting or improper manner. Warnings may be indicated to the competitor by showing a yellow card, exclusions by showing a red card. Warnings and disqualifications shall be entered on the results card. Those warnings and disqualifications decided by the Referee shall be communicated to the Competition Secretary and to the other Referees.

Item 20 – Amend Rule 127.4(c) as follows: (IAAF 18)

report, orally and in writing, to the Chief Umpire what he/she saw of the incident, even if the competitor or team does not finish the race.

Item 21 – Amend Rule 137.1 as follows: (IAAF 20)

~~((A Measurement Judge))~~ One or more Measurement Judges shall be appointed when technological or scientific distance measurement is to be used.

Item 22 – Amend Rule 137.4 as follows: (IAAF 21)

To ensure that the equipment is operating correctly, the Judge shall, before and after each event, personally supervise or conduct a set of measurements in conjunction with the equipment operator to verify the accuracy of the device against a known distance, such as certified steel tape or an independently certified distance such as 100m. A form of conformity shall be issued, signed by all those involved in the test and attached to the results card. ~~((and shall report and certify the accuracy of the instrument to the Field Event Referee, particularly in the event of a record.))~~

Item 23 – Amend Rule 144.3 as follows: (editorial)

Rearrange Rule 144.3. Start with ‘**The following shall be considered assistance:**’, and list the current (g) through (j) as (a) through (d). Follow that with ‘**The following shall not be considered assistance:**’ and list the current (a) through (f) as (e) through (j).

Item 24 – Amend Rule 144.3(i) and (j) as follows: (IAAF 27)

~~(((i) Use of any technical device that incorporates springs, wheels or any other element that provides the user with an advantage over another athlete not using such a device.~~

~~(((j) Use of any appliance that has the effect of increasing the dimension of a piece of equipment beyond the permitted maximum in the Rules or that provides the user with an advantage which would not have been obtainable using the equipment specified in the Rules.))~~

(i) Except for shoes complying with Rule 143, the use of any technology or appliance that provides the user with an advantage which would not have been obtainable using equipment complying with the Rules.

Item 25 – Amend Rule 144.7 as follows: (IAAF 24)

Intermediate times and preliminary winning times may be officially announced and/or displayed. Otherwise such times must not be communicated to the athletes by persons in the competition area without the prior approval of the Referee. This permission shall only be given when there are no time displays visible to athletes at the relevant point and in circumstances where such times will be provided to all athletes in the race.

Item 26 – Amend Rule 146.3 as follows: (IAAF 28)

Protests, at the discretion of the Games Committee or the Referee, may be made orally or in writing. For National Championships, they must be made in writing. Any protest may, in the first instance, be made orally to the Referee or to the Chief Official of the event by an athlete, or by an official representative of an athlete, who has a bona fide interest in the event.

Item 27 – Amend Rule 146.6(b) as follows: (IAAF 30)

Regarding an attempt during the first three rounds of trials of a horizontal field event that would have advanced the athlete to the final three rounds only if the protest or subsequent appeal was upheld; or regarding an attempt in a vertical field event that would advance the athlete to a higher height only if the protest or subsequent appeal was upheld; the Referee may allow the athlete to continue competing (~~(compete in the final three rounds)~~). If the protest is upheld, no athlete is disenfranchised from the final three rounds. The protested performance of the athlete and any other performance achieved while competing under protest will become valid only if a subsequent decision to that effect is made by the Referee or an appeal to the Jury of Appeal is made and is allowed.

Item 28 – Amend Rule 146.8 as follows: (IAAF 31)

Where a Jury of Appeal has been established to consider appeals of decisions of the Referee as to matters which developed during the conduct of the event, appeals must be made in writing immediately and within 30 minutes of the official announcement of the amended result of an event arising from the decision made by a Referee, or of the advice being given to those making the protest, where there is no amendment of any result. ((after the action by the Referee has been officially announced.)) In the case of long distance races, the time period shall be 24 hours. For cross country and the Professional Section of road races the time shall be 30 minutes.

NOTE: The relevant Referee shall, after making a decision on a protest, immediately inform the Competition Secretary of the time of the decision. If the Referee was unable to communicate this orally to the relevant teams/athletes, the official time of the announcement will be that of posting the decision at the Technical Information Center.

Item 29 – New Rule 150 as follows: (IAAF 33)**VIDEO RECORDING**

In competitions held under Rule 10 and Rule 11, and whenever possible in other competitions, an official video recording of all events to the satisfaction of the appropriate Sport Committees shall be made. The video recording should be sufficient to demonstrate the accuracy of performances and any violation of the Rules.

Item 30 – Amend Rule 160.2 as follows: (IAAF 34)

... For any track without a raised border on the curve, the measurement shall be made 20cm from the ...

Item 31 – Amend Rule 160.3 as follows: (IAAF 34)

The nominal length of an outdoor track shall preferably be 400 meters. It shall consist of two straights and two turns. The inside of the track shall be bordered by a raised curb of suitable material approximately 5cm high and 5cm wide. The curb may be raised to permit surface water to drain away, in which case the maximum height shall be 6.5cm. The curb on the two straights may be omitted and a white line 5cm wide substituted. If a section of the curb on the curve has to be removed temporarily for field event competitors, its place shall be marked with a white line 5cm wide and by plastic cones or flags (minimum height 20cm) placed on the white line so that the edge of the base of the cone or flag pole coincides with the edge of the white line closest to the track, and placed at intervals not exceeding 4m to prevent any athlete running on the line. This shall also apply for the section of the

steeplechase track where runners divert from the main track to negotiate the water jump, at intervals not exceeding 10m.

Item 32 – Amend Rule 162.6 as follows: (Conformity & clarity – IAAF Rule 162.4)

When a competitor uses a crouch start, the competitor must, after the "on your marks" command, assume a position completely within the assigned lane and behind the starting line. Both hands and at least one knee must be in contact with the ground and both feet in contact with the starting blocks. At the "set" command, the competitor should immediately rise to a final starting position retaining the contact of the hands with the ground and of the feet with the blocks. ~~((See Rule 162.1.))~~ In all races up to and including the 400 Meters and lead-off relay legs not exceeding 400 meters, a crouch start and starting blocks must be used, unless prohibited by a permanent physical disability. See Rule 161.

Item 33 – Amend Rule 162.8 as follows: (IAAF 36)

On the command "on your marks," or "set" as the case may be, all competitors shall at once and without delay assume their full and final "set" position. ~~((Failure to comply with this command after a reasonable time shall constitute a false start.))~~ When an athlete in the judgment of the Starter,

(a) after the command "on your marks" or "set" as appropriate, and before the report of the pistol/starting device, signals to abort the start by an action such as raising a hand or standing from a crouched position, without a valid reason as determined by the appropriate Referee; or

(b) fails to comply with the command "on your marks" or "set" as appropriate, or does not attain a full and final starting position after a reasonable time; or

(c) after the command "on your marks", disturbs other competitors in the race through sound or otherwise, the Starter shall abort the start.

The Referee may warn (disqualify in case of a second infringement of the Rule during the same competition) the athlete ((shall be warned)) for improper conduct, according to Rule 125.8 and Rule 145.2 ((by the Referee)). In ((this case)) these cases, as well as when an extraneous reason was considered the cause for aborting the start, or the Referee does not agree with the Starter's decision, a green card shall be shown to all the athletes to indicate that a false start was not committed by any athlete.

Delete Rule 162.10

Item 34 – Amend Rule 162.9 as follows: (IAAF 37)

If in the judgment of the Starter a competitor commences the start ~~((ing motion))~~ after assuming a full and final set position, and before receiving the report of the pistol/starting device, it shall be considered a false start.

Item 35 – Amend Rule 162.9 as follows: (editorial)

If in the judgment of the Starter or a Recall Starter, one or more competitors ((a competitor)) commences the starting motion after assuming a full and final set position, and before receiving the report of the pistol/starting device, it shall be considered a false start.

Item 36 - Withdrawn

Item 37 – Amend Rule 162.11 as follows: (IAAF 162.8 – Conformity & clarity)

The Starter or any Recall Starter, who is of the opinion that the start was not fair, shall recall the competitors by firing a pistol or sounding a distinctive false start tone.

NOTE: Except for Rule 252.1, a recall, for a fall by a competitor, shall occur only when the opinion of a member of the start team is such that the fall is wholly part of an 'unfair start'.

Item 38 – Amend Rule 162.12 as follows: (IAAF 38)

~~((No penalty shall be imposed for the first false start in a race. The competitor(s) responsible for the false start shall be warned with a yellow card/flag placed on the respective lane marker(s). At the same time, all the other competitors taking part in the race shall be warned with a yellow card/flag raised in front of them to notify them that anyone committing further false starts will be disqualified. This last mentioned basic system (to raise a card/flag in front of the athlete(s) responsible for the false start) will also be followed in case lane markers are not~~

~~being used. In case of further false starts, the))~~ Except in Combined Events, any competitor(s) responsible for the false start shall be disqualified and a red card/flag shall be placed on the respective lane marker(s), or raised in front of the respective athlete(s).

Item 39 – Amend Rule 165.5 as follows: (IAAF 42)

Hand times shall be taken by ~~((using either mechanical stopwatches or))~~ manually operated ~~((stopwatches or))~~ electronic devices with digital readouts. ...

Item 40 – Amend Rule 165.10(a) as follows: (IAAF 44)

The timing equipment must be fully automatic and certified to be accurate prior to the competition. It must be started automatically by the discharge of the Starter's pistol or authorized starting device at the instance of the flash/smoke from the charge, or it must be synchronized with the start signal, and it must record the finish times automatically when any part of the competitor's body or torso (as distinguished from the head, neck, arms, hands, legs, or feet) reaches the perpendicular plane of the nearer edge of the finish line. The overall delay between the report from the pistol or the initial sound of the electronic tone and the start of the timing system must be constant and less than 1 millisecond.

Item 41 – Amend Rule 165.15 as follows: (technical material)

... The system must record the finish through a camera with a vertical slit, positioned in the extension of the finish line, producing a ~~((continuous image))~~ composite of at least 100 component images per second. ...

Item 42 – Amend Rule 166.4 as follows: (technical regulations)

... Sections shall be contested in reverse order, slowest to fastest. The final results of athletes in the event shall be overall according to the results of all sections.

Item 43 – Amend Rule 167.1 as follows: (IAAF 47)

~~((Ties shall be decided as follows:))~~

In determining whether there has been a tie for a qualifying position for the next round based on time, the Photo Finish Judge shall consider the actual time recorded by the competitors without regard to the rule that the time should be read to the next longer 1/100th of a second.

Whether by time or finishing place, if it is ~~((If it is thus))~~ determined that there has been a tie, the tying competitors shall be placed in the next round if it is practical to do so. ~~((If that is not practical, the tying competitors shall compete again.))~~ If that is not practical, lots shall be drawn to determine who shall be placed in the next round.

Item 44 – Amend Rule 167.2 as follows: (IAAF 48)

In case of a tie for ~~((first))~~ any place in any final, including first place, the tie shall remain. ~~((if the Referee decides that it is practicable for the tying competitors to compete again, they shall do so. If the Referee decides it is not practicable, the result shall stand. Ties other than for first place shall remain.))~~

Item 45 – Amend Rule 168.3 as follows: (IAAF 50)

All races shall be run in lanes. Each athlete shall jump each hurdle and shall keep to his or her own lane throughout. In addition to the applicable provisions of Rule 163, a competitor shall be disqualified if he/she:

~~((a) fails to jump one or more hurdles;))~~

(a) ~~((b))~~ trails the leg or foot below the horizontal plane of the top of any hurdle at the instant of clearance; or

(b) ~~((c))~~ in the opinion of the Referee, deliberately knocks down any hurdle.

Item 46 – Amend Rule 168.5 by adding to end: (IAAF 49)

The maximum horizontal deflection of the top bar of a hurdle (including any deflection of the uprights) when subject to a centrally applied force equal to the weight of 10kg shall not exceed 35mm.

Item 47 – Delete Rule 180.4(d) and renumber: (IAAF 52)

~~((In non-championship competition, in the discretion of the Games Committee, the number of trials allowed to each competitor may be reduced to four.)) ***Exception now provided in Rule 9. See Item 12.***~~

Item 48 – Amend Rule 180.4(f) as follows: (IAAF 51)

In the USA Indoor, Outdoor, Olympic Team Selection, and Junior Outdoor Track and Field Championships, the order of competition for the fourth and fifth round shall be in reverse order of the best performance in the first three trials, and the order of competition for the final round shall be in reverse order of the best performance in the first five rounds. In all other competitions, the order of competition for the final three trials shall be in reverse order of the best performance in the first three trials, or in the order used for the above mentioned Championships, as determined by the Games Committee prior to the competition. When the competing order is to be changed and there is a tie for any position, those tying shall compete in the same relative order according to the original draw. ~~((A competitor while competing in a round under protest shall compete first in that round.))~~ If a competitor is permitted by the Referee to continue in a competition under protest in accordance with Rule 146.6(b), such competitor shall compete in subsequent rounds before all others continuing in the competition and if more than one, then in the same relative order according to the original draw.

Item 49 – Amend Rule 180.4(f) as follows: (editorial)

~~((In the USA Indoor, Outdoor, Olympic Team Selection, and Junior Outdoor Track and Field Championships, the))~~ The order of competition for the fourth and fifth round shall be in reverse order of the best performance in the first three trials, and the order of competition for the final round shall be in reverse order of the best performance in the first five rounds. ~~((In all other competitions, the order of competition for the final three trials shall be in reverse order of the best performance in the first three trials, or in the order used for the above mentioned Championships, as determined by the Games Committee prior to the competition.))~~ When the competing order is to be changed and there is a tie for any position, those tying shall compete in the same relative order according to the original draw. A competitor while competing in a round under protest shall compete first in that round. ***Exception now provided in Rule 9. See Item 12.***

Item 50 – Amend Rule 180.8(a) as follows: (published interpretation)

Except as provided in subparagraphs (b) and (c), if a competitor misses a turn in a field event for any reason, (e.g., arriving late, unexcused absence, etc.) that competitor shall not be permitted to have warm-ups using the competition area (see Rule 180.13(c)) or take the trial or trials so missed, but may be permitted to take his/her remaining trials if he/she was entered in the event before it began. If a competitor by his or her own decision makes a trial in an order different from that previously determined, the competitor shall be warned (or disqualified in case of a second infringement) according to Rule 125.8, but the result of the trial (valid or failure) will stand in the case of a warning.

Item 51 – Amend Rule 180.14 as follows: (IAAF 54)

In horizontal field events where the result is determined by distance, the second-best performance of the ~~((tied))~~ competitors having the same best distance shall ~~((resolve the))~~ determine whether there has been a tie. ~~((If the tie still remains, the third best performance of the tied competitors shall resolve the tie))~~ Then, if necessary, the third best, and so on. ~~((If the tie still remains and concerns first place, the competitors having achieved the same result must compete again in the same order in a new attempt until the tie is resolved.))~~ After applying this procedure, in the case of a tie for any place, including first place, the tie shall remain. For vertical jumps, see Rule 181.9.

Item 52 – Amend Rule 180.16 Note as follows: (technical material)

Along the runway: mark lines 2.5cm wide and 15cm long from 6.0m from the back of the top of the stop board to the end of the runway in ~~((1.5m))~~ one meter intervals. Stenciled numbers may be added to show the distance from the take off board or top of the back of the stop board.

Item 53 – Delete Rule 181.5 and renumber: (IAAF 52)

~~((In non-championship competition, in the discretion of the Games Committee, vertical jump competitions may be held in a different format to that provided under this rule, including limiting the total number of heights or trials which a competitor may attempt.)) ***Exception now provided in Rule 9. See Item 12.***~~

Item 54 – Amend Rule 181.9 as follows: (IAAF 55, 56)

Placings (~~(Ties)~~) – High Jump and Pole Vault:

If two or more competitors have the same best heights, the procedure to decide places is the following:

(a) The competitor with the lowest number of jumps at the height (~~(at which the tie occurs)~~) which was their best height in the competition shall be awarded the higher place.

(b) If (~~(the tie still remains)~~) applying (a) will not decide, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.

(c) (~~(If the tie still remains:)~~) If applying (b) will not decide, the competitors involved shall be awarded the same place unless it concerns first place.

(i. If it concerns first place, the competitors tying shall have one more jump at the next height, determined in accordance with Rule 181.1, after the height last cleared by the competitors, and if no decision is reached, the bar shall be lowered (if all have failed) or raised by 2cm (if two or more have cleared) in the High Jump and 5cm in the pole vault. The tying competitors shall then attempt one jump at each height until the tie is decided. The tying competitors must jump on each occasion when deciding the tie. See the example below.

ii. If it concerns any other place, the competitors shall be awarded the same place in the competition.)

(d) If it concerns first place, the competitors tying shall jump-off, described as follows, unless otherwise decided either in advance according to the Technical Regulations applying to the competition, or by the appropriate Referee. If no jump-off is held, including where the relevant competitors at any stage decide not to jump further, the tie for first place shall stand. This rule shall not apply to the Combined Events.

i. Tying competitors must make a trial at every height until a decision is reached.

ii. Each competitor has one trial at each height.

iii. The jump-off shall start at the next height, determined in accordance with Rule 181.1, after the height last cleared by the tying competitors.

iv. If no decision is reached, the bar shall be lowered (if all have failed) or raised (if two or more have cleared) by 2cm in the High Jump and 5cm in the pole vault.

v. A competitor who does not jump at any height, automatically forfeits any claim to first place. If only one other competitor remains, and has made an attempt, that competitor is declared the winner regardless of whether that height is cleared or not.

NOTE: *The following illustrates the application of subparagraph 9d (~~(8(e))~~) resolving ties for first place in the High Jump and Pole Vault.*

Item 55 – Amend Rule 183.8 as follows: (IAAF 57)

Pole Construction - The pole may be of any material or combination of materials and of any length or diameter, but the basic surface must be smooth. (~~(At the grip and at the bottom end, the)~~) The pole may have protective layers of tape at the grip and of tape and/or any other suitable material at the bottom end.

Item 56 – Amend Rule 187.3 as follows and renumber: (IAAF Rule 59)

(~~(No device of any kind, which in any way assists a competitor when making a throw, shall be allowed.)~~)

A competitor shall not use any device of any kind, including the taping of two or more fingers together or the use of weights attached to the body, which in any way provides assistance when making a trial, except:

(~~(a) The taping of individual fingers or multiple fingers together is not allowed.)~~)

(a) If taping is used on the hands and fingers, it may be continuous provided that as a result, no two or more fingers are taped together in such a way that the fingers cannot move individually. The use of tape on the wrist is allowed. The tape should be shown to the Chief Judge of the event before the event starts.

(~~(b) If taping is used on the hand and fingers, it may be continuous provided that as a result no two or more fingers are taped together in such a way that the fingers cannot move individually.)~~)

(c) The use of gloves is not allowed, except for protection of the hands in the Hammer and Weight Throw. The gloves must be smooth on the back and the front and the glove fingertips, other than the thumb, shall be cut to expose the fingers. Taping the glove to or at the wrist is permitted.

(d) In order to obtain a better grip, competitors may use a suitable substance on their hands only. Additionally, in the Hammer Throw and Weight Throw, such substance may be applied to the gloves, and in the shot put, such substance may be applied to the shot and the neck area.

~~((e) The use of weights attached to the body is not permitted.))~~

(f) For throws made from a circle, a competitor may use one marker only. This marker may be placed only on the ground in the area immediately behind or adjacent to the circle. The marker must be temporary, in position only for the duration of each competitor's own trial, and shall not impair the view of the judges. No personal markers may be placed in or beside the landing area.

NOTE: *For Youth Athletics, see Rule 302.5(f).*

Item 57 – Amend Rule 187.3(d) as follows: (IAAF 60)

In order to obtain a better grip, competitors may use a suitable substance on their hands only or in the case of hammer or weight throwers, on their gloves. Shot putters may use such substances on their neck. ~~((Additionally, in the Hammer Throw and Weight Throw, such substance may be applied to the gloves, and in the shot put, such substance may be applied to the shot and the neck area.))~~ Additionally, in the Shot Put and the Discus Throw, competitors may place chalk or a similar substance on the implement.

Item 58 – Amend Rule 187.21 as follows: (IAAF 61)

Shot Put Stop Board - The stop board shall be made of wood or other suitable material in the shape of an arc so that the inner ~~((edge coincides))~~ surface aligns with the inner edge of the rim of the circle and is perpendicular to the surface of the circle. The stop board shall be centered midway between the sector lines, and be so made that it can be firmly fixed to the ground. The board shall measure not less than 11.2cm wide, and have a chord between the ends of the board of 1.15m to 1.21m (± 0.01 m) in length. The board shall be 10cm (± 2 mm) high in relation to the level of the inside of the circle. The board shall be painted white. A diagram showing the layout of the Shot circle appears in Figure 9.

Item 59 – Amend Rule 191.7 as follows: (IAAF 62)

Handle - The handle shall have a symmetric design, be rigid and without hinging joints of any kind, may have a curved or straight grip and/or brace and shall have a maximum length inside of 110mm. Per IAAF specifications, the minimum handle breaking strength shall be 8kN (800kgf) and the handle shall be designed such that the total deformation of the handle under a tension load of 3.8kN shall not exceed 3mm. See Figure 14.

Item 60 – Amend Rule 200.3(c) as follows: (IAAF 39)

~~((No penalty shall be imposed for the first false start, but the Starter shall disqualify the offender or offenders on the second false start. False starts are called on individuals, not on the field.))~~ Only one false start per race shall be allowed without the disqualification of the athlete(s) responsible. Any athlete(s) making further false starts in the race shall be disqualified from the race.

Item 61 – Amend Rule 200.8 as follows: (IAAF conformity, editorial)

A competitor failing to attempt to start or take a trial in any event of the competition ~~((shall be considered to have abandoned the competition and))~~ shall not be allowed to participate in any following events. Such competitor shall ~~((therefore))~~ not be included in the final placing or scoring, but shall have his/her performances before withdrawing recorded in the results of the competition. Any competitor deciding to withdraw from the competition shall immediately inform the Referee of his/her decision to do so.

Item 62 – Amend Rule 200.12 as follows: (Conformity & clarity – IAAF Rule 200.13)

The winner shall be the competitor who has scored the highest total number of points ~~((in all events))~~. In case of a tie, the winner shall be the competitor ~~((scoring the greatest number of points in a majority of events))~~ who, in the greater number of events, has scored more points than others involved in the tie. If the tie still continues, the winner shall be the competitor scoring the highest ~~((greatest))~~ number of points in any one of the events. If the tie

remains, the winner is the competitor with the highest number of points in a second event, etc. This procedure shall apply to ties for any place in the competition.

Item 63 – Add New Rule 200.15 as follows: (published interpretation)

Changes in the number of days defined for a Combined Events competition are not allowed except in extreme and/or unusual circumstances, including weather, as determined by the Referee. If the competition is held for a longer period than defined in Rules 200.1, 200.2 and 222, then a Combined Events points record cannot be claimed.

Item 64 – Amend Rule 211.3 as follows: (IAAF 63)

All tracks, runways and take-off surface areas shall be covered with a synthetic material which (~~or have a wooden surface. The synthetic material~~) should preferably be able to accept 6mm spikes in running shoes. Alternative thicknesses may be provided by the stadium management, who will notify athletes of the permissible length of spikes. See Rule 143.3.

Item 65 – Amend Rule 212.4 as follows: (IAAF 64)

The oval should have a minimum of 4 and a maximum of 6 lanes. (~~The lanes should all have the same width with a minimum of 0.90m and a maximum of 1.10m including the lane line on the right.~~) The nominal width of the lanes shall be between 0.90m and 1.10m including the lane line to the right. All lanes shall be of the same width with a tolerance of ± 0.01 m to the selected nominal width. The lanes shall be separated by white lines 5cm wide.

Item 66 – Amend Rule 212.9 as follows: (IAAF 65)

The angle of banking in all lanes should be the same at any cross section of the oval. The straight may be flat or have a maximum lateral inclination of 1:100 toward the inside lane. In order to ease the change from the (~~flat~~) straight to the banked turn, the change may be made with a smooth gradual horizontal transition which may be extended up to 5m into the straight. In addition, there should be a vertical transition.

Item 67 – Amend Rule 214.2(d) as follows: (IAAF 66)

In races of 800m each athlete may be assigned a separate lane, or no more than two per lane, or a group start may be used, preferably using lanes 1 and 3, continuing in the same lane or group until the end of the first turn.

Item 68 – Amend Rule 215 as follows: (IAAF 67)

When a competition is conducted on a synthetic surface, that part of each spike which projects from the sole or the heel shall not exceed 6mm, or as required by the Games Committee, in addition to the provisions of Rule 143.3. (~~These spikes shall have a maximum diameter of 4mm.~~)

Item 69 – Amend Rule 230.1(d) as follows: (IAAF 69)

A Chief Judge's Assistant may be appointed to assist with the notification of disqualifications. At International Selections Competitions, two or more appointments to the position (~~is~~) are required. The Chief Judge's Assistant shall not act as a Race Walking Judge.

Item 70 – Amend Rule 230.1(i) as follows: (IAAF 70)

All Judges' Tally Sheets shall be turned in to the Recorder at the end of the race. A copy of the completed Judges' Summary Sheet, identifying competitors, offenses, disqualifications and time of notifications, shall be certified by the Chief Judge/Referee and posted as soon after the event as possible. The original of this sheet shall be delivered to the Competition Secretary and made part of the official event records.

Item 71 – Amend Rule 230.3(f) as follows: (IAAF 68)

... A competitor who is disqualified under these circumstances shall be allowed to finish the race. The competitor shall be notified of this disqualification in accordance with Rules 230.3(d) and 230.3(f).

Item 72 – Amend Rule 232.4 as follows: (IAAF 72)

(a) (~~In addition to the water~~) Water and/or refreshment stations shall be provided at the beginning and end of the race(~~for~~).

(b) For all events up to and including 10km, water only drinking/sponging stations shall be provided at suitable intervals if weather conditions warrant such provision. Mist stations may also be provided, when considered appropriate by the Organizing Committee.

(c) For all events (~~(of 10km or)~~) longer than 10km, refreshment stations shall be provided every lap. (~~In addition to refreshments provided by the Organizing Committee, athletes shall be permitted to provide their own refreshments at refreshment stations. A competitor who collects refreshment from a place other than a refreshment station is liable to disqualification by the Referee.~~) In addition, water only drinking/sponging stations (~~(for water only)~~) shall be placed approximately midway between the refreshment stations or more frequently if weather conditions warrant such provision.

(d) Athletes shall be permitted to provide their own refreshments at refreshment stations. A competitor who collects refreshment from a place other than a refreshment station is liable to disqualification by the Referee.

Item 73 – Add New Rule 232.7 as follows: (IAAF 71)

The races shall be started in accordance with Rule 162.2. The commands and procedures for races longer than 400m, Rule 162.3, shall be used. In races which include a large number of competitors, a five-minute, three-minute and one-minute warning before the start of the race should be given.

Item 74 – Amend Rule 241 as follows: (IAAF 76, 77)

1. The organizers of road races must ensure the safety of all competitors and officials.

~~((a) Medical examinations:))~~

~~((i)) (a) A hands-on medical examination during the progress of an event by official (~~designated~~) medical personnel clearly identified by the organizers (armband, vest, or similar distinctive apparel) shall not be considered assistance.~~

~~((ii)) (b) A competitor must retire at once from the race if ordered to do so by a duly authorized official of the race or a member of the official medical staff (~~who is clearly identified by the organizers (armband, vest, or similar distinctive apparel)~~)).~~

(c) During hot weather, races should be scheduled in the early morning or evening hours and additional aid stations should be made available.

(d) Adequate first aid facilities should be provided, preferably by use of a mobile unit or units on the running course.

~~((b))~~ 2. Drinking/Sponging and Refreshment Stations:

~~((i))~~ (a) Water and other suitable refreshments shall be available at the start and finish of all races.

(b) For all events up to and including 10km, water only drinking/sponging stations shall be provided at suitable intervals of approximately 2-3km if weather conditions warrant such provision. Mist stations may also be provided, when considered appropriate by the Organizing Committee.

(c) For all events longer than 10km, refreshment stations shall be provided at approximately every 5km. In addition, water only drinking/sponging stations shall be placed approximately midway between the refreshment stations or more frequently if weather conditions warrant such provision.

(d) Athletes shall be permitted to provide their own refreshments at refreshment stations. A competitor who collects refreshment from a place other than a refreshment station is liable to disqualification by the Referee.

(e) Any person authorized at a station to dispense water or refreshment may not enter the course nor obstruct any competitor. They may hand the water or refreshment to the competitor either from behind, or from a position no more than one meter in front or to the side of, the dispensing table.

~~((ii. Drinking/Sponging or refreshment stations shall be provided at suitable intervals of approximately 2-3km based upon weather conditions.))~~

~~((iii. In all events 10km or longer, water shall be provided at intervals of no more than 5km. In addition, race management may provide refreshments (other than water) and/or sponging stations at positions approximately midway between water stations.))~~

~~((e) During hot weather, races should be scheduled in the early morning or evening hours and additional aid stations should be made available.))~~

~~((2. Adequate first aid facilities should be provided, preferably by use of a mobile unit or units on the running course.))~~

3. If a race is longer than 5 miles and the athlete is under 18 years of age, a statement signed by the athlete's parent or legal guardian permitting the athlete to compete is required.

~~((4. A competitor must retire from a race immediately if directed to do so by a duly authorized official of the race or by a member of the race medical staff. (See Rule 144.9.))~~

Item 75 – Amend Rule 242.5 as follows: (IAAF 74, 75)

The races shall be started in accordance with Rule 162.2, including the use of a cannon, air horn or like device. The commands and procedures for races longer than 400m, Rule 162.3, shall be used. ((should be used. See Rule 162.3.)) The method of starting to be used must be explained prior to the start in such a manner that all participants will receive and understand the information. In races which include a large number of competitors, a five-minute, three-minute and one-minute warning before the start of the race should be given. False starts in road races should not be recalled.

Item 76 – Amend Rule 262.4(a) as follows: (IAAF 41)

... This wind information shall be provided on the record application. An ultrasonic wind gauge is required for any performance submitted for ratification as a World Record. If the average ...

Item 77 – Amend Rule 262.4(b) as follows: (IAAF 80)

The conditions for recognizing a Combined Events record shall have been complied with in each of the individual events, except that, in events where wind velocity is measured, ~~((at least one of the following conditions shall be satisfied:~~

~~i. The velocity in any individual event shall not exceed plus 4.0 meters per second.~~

~~ii. The))~~ the average velocity (i.e., the sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2.0 meters per second.

Item 78 – Amend Rule 262.7 as follows: (IAAF 78)

Records made in heats or qualifying trials, in deciding ties, in any event which is subsequently decreed void under the provisions of Rule 125.9, Rule 146.4, Rule 146.5 or Rule 146.6 ((or Rule 146.5)), or in individual events in the combined events, regardless of whether the competitor completes the combined events competition, ((will be accepted)) may be submitted for ratification.

Item 79 – Amend Rule 263.1 as follows: (IAAF 63 – IAAF Rule 260.19, 260.21)

Outdoor track records may be made only on a track which conforms to Rule 160, is not banked and ~~((which))~~ is composed of a substance on which normal running spikes can be used. Indoor running and walking records may be made on any type of surface provided it is indoors. Indoor Records may be made on tracks of ~~((wooden))~~ composition and/or banked tracks which conform to Rules 211 and 212. Other records may not.

Item 80 – Amend Rule 263.5 as follows: (IAAF 79)

For races up to and including the ~~((440 yards))~~ 880yards, only performances timed by an approved fully automatic timing device shall be approved as records.

Item 81 – Add new Rule 265.5(c) as follows: (IAAF 81)

The course must be verified (i.e. re-measured) as late as possible before the race, on the day of the race or as soon as practical after the race.

Item 82 – Amend Rule 331.1(b) and 331.1(d) as follows: (WMA)

(b) National Outdoor Track and Field

..., 200/300/400 Meter Hurdles, 2000/3000 Meter Steeplechase, ...

(d) Regional and Association Outdoor Track and Field

The following events shall be held:

..., 200/300/400 Meter Hurdles, 5000 Meter Walk, ...

Item 83 – Amend Rule 332.2(j) as follows: (WMA)

Point of Information: *In following Rule 332.1(c), these tables are being updated in concert with changes implemented by the WMA. These changes are listed for information.*

HURDLE HEIGHTS AND SPACINGS						
MEN'S INDOOR						
Ages	Distance	Height	#	To 1st	Between	to Finish
30-49	60m	0.991m (39")	5	13.72m	9.14m	9.72m
50-59	60m	0.914m (36")	5	13.00m	8.50m	13.00m
60-69	60m	0.840m (33")	5	((+6)) <u>12.00m</u>	8.00m	((+2)) <u>16.00m</u>
70-79	60m	0.762m (30")	5	12.00m	7.00m	20.00m
80&up	60m	0.686m (27")	5	12.00m	7.00m	20.00m
MEN'S OUTDOOR SHORT						
Ages	Distance	Height	#	To 1st	Between	to Finish
30-49	110m	0.991m (39")	10	13.72m	9.14m	14.02m
50-59	100m	0.914m (36")	10	13.00m	8.50m	10.50m
60-69	100m	0.840m (33")	10	((+6)) <u>12.00m</u>	8.00m	((+2)) <u>16.00m</u>
70-79	80m	0.762m (30")	8	12.00m	7.00m	19.00m
80&up	80m	0.686m (27")	8	12.00m	7.00m	19.00m
MEN'S OUTDOOR LONG						
Ages	Distance	Height	#	To 1st	Between	to Finish
30-39	400m	0.914m (36")	10	45m	35m	40m
50-59	400m	0.840m (33")	10	45m	35m	40m
60-69	300m*	0.762m (30")	7	50m	35m	40m
70(((&up))) <u>-79</u>	300m*	0.686m (27")	7	50m	35m	40m
80&up	<u>200m*</u>	<u>0.686m (27")</u>	<u>5</u>	<u>50m</u>	<u>35m</u>	<u>40m</u>

Item 84 – Amend Rule 332.3(g) as follows: (WMA)

Point of Information: *In following Rule 332.1(c), these tables are being updated in concert with changes implemented by the WMA. These changes are listed for information.*

WMA IMPLEMENTS					
WOMEN					
Ages	Shot	Discus	Hammer	Javelin	Weight
30-49	4 kg	1 kg	4 kg	600 g	9.08 kg (20 lb)
50-59	3 kg	1 kg	3 kg	500 g	7.26 kg (16 lb)
60- ((79)) <u>74</u>	3 kg	1 kg	3 kg	400 g	5.45 kg (12 lb)
75+	<u>2 kg</u>	<u>0.75 kg</u>	<u>2 kg</u>	400 g	4 kg (8.8 lb)
((80+))	((3 kg))	((0.75 kg))	((3 kg))	((400 g))	((5.45 kg (12 lb)))
MEN					
Ages	Shot	Discus	Hammer	Javelin	Weight
30-49	7.26 kg (16 lb)	2 kg	7.26 kg (16 lb)	800 g	15.88 kg (35 lb)
50-59	6 kg	1.5 kg	6 kg	700 g	11.34 kg (25 lb)
60-69	5 kg	1 kg	5 kg	600 g	9.08 kg (20 lb)
70-79	4 kg	1 kg	4 kg	500 g	7.26 kg (16 lb)
80&up	3 kg	1 kg	3 kg	400 g	5.45 kg (12 lb)

Item 85 – Amend Rule 110.4 and Rule 110.8 as follows: (emergency action, at request of National Office)

Rule 110.4

The following personnel are recommended as a minimum, including Chief Judges where applicable, for the ~~((conduct of track and field meets))~~ USATF National Championships specified in Rule 10 and Rule 11:

Rule 110.8

Where feasible, no official should act in a dual capacity within the decision making chain of officials. A coach should not serve as an official or Referee for any single event(s) in which an athlete whom he/she coaches competes.