



10:00 am--Sunday, April 6<sup>th</sup>, 2008  
Hauppauge, NY



USATF  
WORLD RACE WALK CUP  
JUNIOR MEN & WOMEN 10 km TRIALS  
(Aged 14 to may not turn 20 in 2008)

also

USATF-LI & Open M&W 10km Race Walk Championship  
Open 4km & 20km Divisions

Presented by

USATF-Long Island ---- Walk USA ---- PowerBar®

**Site and Directions:** At the H.Lee Dennison County Executive Bldg., Veterans Memorial Highway (NYS 454/347), Hauppauge NY. Use, R. Warrenberg Drive/NYS Complex to enter from Vets (take first right into Dennison Bldg.) or the LI Expressway (Exit 56, go west on service road to government buildings sign, turn right follow signs to Dennison Bldg.) **Comfort Facilities:** Porta-Johns only, come dressed to race. Building closed. **Course:** 2.0 km USATF/AIMS certified circuit entirely on Constitution Blvd., next to the H. Lee Dennison Building. **Sanction:** By USATF-Long Island. **Eligibility:** World Cup Trial-US citizens/USATFmembers only; USATF-LI-Members only; Open-anyone. **World Cup Trials 10km Junior Men & Women:** Plaques to top 3. USATF-Long Island medals to all finishers. Open 20km a hand shake for qualifying for the race of your dreams.

**Registration & Entry Fees:** \$10 postmarked before 03/31/08. Late Entry \$25 received by 7 pm 04/05. No day of race entries. **Make Entries payable to USATF-LI.** **Event Registration and Packet Pick-up:** 04/05 6-7pm at host hotel. **Race Director & Information:** Gary Westerfield: Tel. (631) 979-9603, E-mail: [garyw@optonline.net](mailto:garyw@optonline.net) **Host Hotel:** Hampton Inn, 650 Commack Road, Commack, NY (631-462-5700) \$119 + tax per night, free breakfast buffet. To guarantee double rooms, make reservations by 03/18/08 with **Code #:** 81141929; Long Island (ISP) airport pickup; many restaurants including full service diner and pasta establishments nearby.

*To qualify for the World Cup May 10 & 11, 2008 in Cheboksary, Russia the top three US citizen finishers must meet the following qualifying times: 10K Men-49:00, 10km Women-53:00. Athletes must also be at least 16 years of age on 31 December in the year the competition is held (born in 1989 thru 1992) to represent their county at the World RW Cup in Russia. Athletes in this age group intent on representing the USA at the World RW Cup in Russia must bring a passport valid for 6 months after the end of travel that has two blank side-by-side Visa pages and a 2" x 2" passport-type photograph, so that USATF may apply for Visas required for travel to Russia. Qualifiers must declare their intent to compete before leaving the competition site on 4/6. Travel is planned for 5/6 through 5/11*

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USATF World Cup Junior Trial and USATF-LI 10 km Race Walks....April 6, 2008  
Hauppauge, NY

Check all that apply:

USATF World Cup Jr 10km , USATF-LI 10km , Open 4km , Open 10km , Open 20km

Name \_\_\_\_\_ M  F  Age(04/06/2008) \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Country \_\_\_\_\_ Telephone(\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

USATF# \_\_\_\_\_ Team \_\_\_\_\_ or Federation \_\_\_\_\_

(USATF Membership Required for USATF World Cup Trial and USATF-LI Championships)

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for my heirs, executors and administrators, waive and release any and all rights and claims for damages I might have against Long Island Track & Field, Inc, Walk USA, Suffolk County, NY and its Governmental Divisions, the Town of Islip and all sponsors, media representatives, and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a race walker, and that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, or any record of this event for any legitimate purpose.