

Proposed Amendments to the 2008 USATF Rules of Competition  
SCORECARD

| Item | Conf | Action | Item | Conf | Action | Item | Conf | Action | Item | Conf | Action | Item | Conf | Action |
|------|------|--------|------|------|--------|------|------|--------|------|------|--------|------|------|--------|
| 1    | 2    |        | 23   | 4    |        | 46   | 6    |        | 69   | 4    |        | 92   | 5    |        |
| 2    | 5    |        | 24   | 4    |        | 47   | 5    |        | 70   | 5    |        | 93   | 6    |        |
| 3    | 6    |        | 25   | 4    |        | 48   | 4    |        | 71   | 2    |        | 94   | 6    |        |
| 4    | 5    |        | 26   | 4    |        | 49   | 3    |        | 72   | 4    |        | 95   | 5    |        |
| 5    | 5    |        | 27   | 3    |        | 50   | 2    |        | 73   | 5    |        | 96   | 5    |        |
| 6    | 5    |        | 28   | 5    |        | 51   | 5    |        | 74   | 5    |        | 97   | 5    |        |
| 7    | 5    |        | 29   |      | W      | 52   | 4    |        | 75   | 5    |        | 98   | 2    |        |
| 8    | 5    |        | 30   | 4    |        | 53   |      | W      | 76   | 5    |        | 99   | 5    |        |
| 9    | 5    |        | 31   | 4    |        | 54   |      | W      | 77   | 5    |        | 100  | 5    |        |
| 9a   | 5    |        | 32   | 5    |        | 55   | 4    |        | 78   | 5    |        | 101  | 5    |        |
| 10   | 5    |        | 33   | 5    |        | 56   | 4    |        | 79   | 6    |        | 102  | 5    |        |
| 11   | 5    |        | 34   | 4    |        | 57   | 4    |        | 80   | 5    |        | 103  |      | W      |
| 12   | 5    |        | 35   | 2    |        | 58   | 3    |        | 81   | 5    |        | 104  |      | W      |
| 13   | 5    |        | 36   | 5    |        | 59   | 4    |        | 82   | 6    |        | 105  | 5    |        |
| 14   | 5    |        | 37   | 5    |        | 60   | 4    |        | 83   | 5    |        | 106  | 5    |        |
| 15   | 5    |        | 38   | 2    |        | 61   | 2    |        | 84   | 5    |        | 107  | 5    |        |
| 16   | 5    |        | 39   | 2    |        | 62   | 5    |        | 85   | 5    |        | 108  | 6    |        |
| 17   | 4    |        | 40   | 4    |        | 63   | 4    |        | 86   | 5    |        |      |      |        |
| 18   | 5    |        | 41   | 4    |        | 64   | 4    |        | 87   | 5    |        |      |      |        |
| 19   | 4    |        | 42   | 4    |        | 65   | 4    |        | 88   | 5    |        |      |      |        |
| 20   | 4    |        | 43   | 5    |        | 66   | 5    |        | 89   | 5    |        |      |      |        |
| 21   | 2    |        | 44   | 5    |        | 67   | 5    |        | 90   | 5    |        |      |      |        |
| 22   | 5    |        | 45   | 4    |        | 68   | 5    |        | 91   | 4    |        |      |      |        |

**Conference Call Actions:**

1=Grammar / Punctuation      2=Housekeeping      3=Current Practice      4=Recommend Approval  
 5=Discuss / Refer      6=Recommend Reject      7=Recommend Table      W=Withdrawn  
 a=amended

**Final Actions:** A=Accepted    AA= Accepted As Amended    R=Rejected    T=Tabled    W=Withdrawn

**Proposed Amendments to the 2008 USATF Rules of Competition**

((Double parentheses)) indicates removal. Underline indicates addition. *Italics* is a rationale note.

**Item 2** – Submitted by Steve Vaitones, Rules Committee, on behalf of George Regan, Adirondack Assoc.

Delete Rule 2.5:

~~((Resident aliens shall be permitted to compete in Regional Championships.))~~

**Reason:** *To have regional championships follow the same rules as national events.*

**Item 3** – Submitted by Don Lein, Chair Masters LDR on behalf of Bill Quinlisk, Masters LDR XC Amend the Note after Rule 4.2 as follows:

**NOTE:** *An athlete with historical membership (at least 3 continuous USATF membership years prior to January 1, 2008) in a club is eligible to compete for that club.*

**Reason:** *This would close a loophole in Rule 4 so that the 'historical membership' exception is not continued indefinitely.*

**Item 4** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.

Amend Rule 6.2 as follows:

All entries for Championships shall be made ~~((on the entry form))~~ using the entry format adopted by USATF. No entry ~~((form))~~ format for any Championship shall be distributed until it has been submitted to and approved by the Chair(s) of the sport committee(s) involved and the Chief Executive Officer of USATF. The entry ~~((form))~~ format shall include all pertinent information regarding filing dates, late entries, fees, entry appeal and protest procedures, and declaration procedures.

**Reason:** *This simply recognizes current practice as electronic based entry system has replaced actual entry hard copy forms. The new language is carried through the rule. Final addition addresses at the outset of the entry process critical details and procedures often involved in otherwise avoidable last minute disputes, petitions, and protests regarding final entry status.*

**Item 5** – Submitted by Steve Vaitones and Bob Podkaminer, Rules Committee

Amend Rule 6.2 as follows:

~~((All entries for Championships shall be made on the entry form adopted by USATF. No entry form for any Championship shall be distributed until it has been submitted to and approved by the Chair(s) of the sport committee(s) involved and the Chief Executive Officer of USATF. The entry form))~~ Entry material for USATF Championships shall be established by the appropriate sport committees and include all pertinent information regarding filing dates, qualifying requirements, late entries, fees, entry appeal, and declaration procedures. No entry material for any Championship shall be distributed until it has been submitted to and approved by the Chair of each sport committee involved and the Chief Executive Officer of USATF. The competition procedures, competition regulations, entry material and entry form should, as the preferred method, be available and processed electronically on the USATF website. All entries for Championships shall be made on the entry form approved by USATF.

**Reason:** *To clarify necessary availability of entry material and entry processing.*

**Item 6** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 10.3(a) as follows:

In the USA Track and Field Championships, all entered contestants shall have met the qualifying ~~((standards))~~ requirements adopted by the respective sport committee, or by the properly authorized subcommittee thereof, and listed ~~((on the entry blank))~~ in the published entry material, or must be approved by a special subcommittee appointed by the Chairs of the respective sport committees. The subcommittee shall make every effort to include representation from athlete, coach and the sport committees. Petitions to ~~((said special))~~ this subcommittee must be presented in writing, which includes electronic. Decisions of this subcommittee shall be final; there shall be no further appeals. Petitions and decisions shall be posted at the subcommittee work-site. The addition of an athlete by petition shall not deny an otherwise qualified athlete from participation.

*Reason: These modifications bring the written procedure into conformance with what was attempted.*

**Item 7** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.

Amend Rule 10.3(a) as follows:

In the USA Track and Field Championships, all entered contestants shall have met the qualifying ~~((standards))~~ requirements adopted by the respective sport committee or by the properly authorized subcommittee thereof and listed ~~((on the entry blank))~~ with the published entry format materials, or must be approved by a special subcommittee appointed by the Chair of the respective sport committee with the member names of the special subcommittee published with pertinent entry information and entry procedures. Petitions to said special subcommittee must be presented in writing, including electronic, and made available to all credentialed participants requesting access to the petition in question. The addition of an athlete by petition shall not deny an otherwise qualified athlete from participation.

*Reason: This recognizes that more than simple standards are current practice, and recognizes current practice as electronic based entry system has replaced actual entry hard copy forms. Also ensures in the eyes of participating athletes and coaches an open and fair entry process and additionally ensures the appearance of a fair entry process where and when exceptions might be made with respect to an entry.*

**Item 8** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.

Amend Rule 10.3(b) as follows:

Automatic Qualification

- i. Track and Field. ~~((Any athlete who has, in the current year or during the four previous calendar years, earned an individual medal in track and field in an Olympic Games or in an IAAF World Indoor or Outdoor Championship, or in the previous year won an individual USA Open Outdoor Championship event shall be afforded automatic qualification into all USA Open Indoor and Outdoor Track and Field Championships and Olympic trials in the same event in which the athlete has won the medal or championship. For this purpose, the indoor 60m, mile, and 3,000m distances are interchangeable with the outdoor 100m/ 110m, 1500m and 5,000m, respectively.))~~

(1) Any athlete in the ten (10) top athlete performances in each event for the calendar year immediately preceding a championship will be automatically granted entry into the current year's USA Outdoor Championships or Olympic Team Selection.

- (2) Any athlete who has attained a World or Olympic 'A' Standard in an event that would apply to the current championship team selection process would be automatically granted entry into the current year's USA Outdoor Championships or Olympic Team Selection.
- (3) Athletes who finish in the Top 5 finishers at the preceding year's respective national championships automatically will be granted entry into the current year's USA Outdoor Championships or Olympic Team Selection.
- (4) Athletes, other than those listed in paragraph (1), (2) and (3) of this rule, whose performances in the current calendar year rank them in the Top 5 in their respective events on the first Monday following the second Sunday in May shall be automatically qualified for that calendar years USA Outdoor Championships or Olympic Team Selection.
- (5) Athletes whose performances in the current calendar year not including athletes defined in paragraph (1), (2), (3) or (4) would be eligible in descending order of performance mark to complete the established fixed field sizes for each event as set by the respective Chairs.
- (6) The final day for an eligible performance mark in an athlete's respective event shall be 15 days before the start of the athlete's event at that year's USA Outdoor Championships or Olympic Team Selection.
- (7) All athletes must follow the established meet entry and declaration procedures regardless of qualification category.
- (8) Any scratches or entries vacated by an accepted athlete for any reason shall be filled by the next qualified and available athlete based on the current years descending order list of performances for that event.
- (9) Fixed field sizes will be maintained only by utilizing all available, eligible and qualified athletes.
- (10) Athletes filling fields due to scratches or vacated entries must have entered the meet and declared their intent to compete to be eligible on the descending order list.
- (11) The top three alternate athletes entered and declared for each event must be credentialed in advance of the start of the meet to efficiently accommodate their possible addition to the field of competition.
- (12) No athlete added to the competition by petition through Rule 10.3(a) shall preclude another otherwise eligible athlete from competition in the meet.

**Reason:** *Deletion and replacement of this entire section returns competitive integrity (if you are a champion and fit enough to compete in the championships, you are fit enough to qualify for the championships as required by all other athletes) to the entry process for these championships while Rule 10.3(a) remains and fully allows for a process to admit on petition any athlete of this caliber that for some unimaginable and/or unforeseen justifiable reason was unable to attain the meet entry requirements set for all other athletes admitted to the championships. Additionally, with athlete performances as the sole means by which fields are determined, athletes are empowered and the Olympic Dream that fuels the very essence of our athletic talent pool remains free from the inherent errors and bias of any committee. Objective elite athlete qualifications here still allow our best*

*veteran athletic talent to earn, by performance, the opportunity to prepare for the national championships from the outset of their respective national championship training cycle.*

**Item 9** – Submitted by Steve Vaitones, Rules Committee, and on behalf of Philip Dunn and Dave McGovern, Athletes

Amend Rule 10.3(b)ii as follows:

Race Walking. Any athlete who has, in the current year, or during the previous four calendar years in a race walking event (1) earned an individual medal in an Olympic Games or in an IAAF World (~~(Indoor or Outdoor)~~) Championships, (2) won an individual Championship at the USA Open (~~(Indoor or Outdoor)~~) Track Championships, (3) won a USA Championship in the Men's 50-Kilometer Walk, or (4) won an Olympic (~~(Trial)~~) Team Selection, shall be afforded automatic qualification into (~~(all USA Open Indoor and Outdoor Championships and Olympic Trials in a race walking event of his or her choice)~~) the USA Indoor or Outdoor Championships and Olympic Team Selection in the same Indoor or Outdoor race walking event respectively.

**Reason:** *The range in distance of the race walk events at USA track championships or Olympic Trials doesn't warrant automatic moving up or down. An indoor 3000 or 5000 meter race has little to do with the 20 kilometers or 50 kilometer distance, just as moving down from the 50 kilometer has minimal comparison with the 20K.*

**Item 9a** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 10.3(b) as follows:

~~((Automatic Qualification))~~ Automatic qualification, as listed in this section, shall not abrogate any entry requirements other than the qualifying requirements for a championship. Any athlete who attains any of the following shall be afforded automatic qualification into a USA Indoor, Outdoor, Race Walking or Marathon Championship or USA Olympic Team Selection in the same event in which the performance was attained:

i. Track and Field.

- During the current or four previous calendar years, earned an individual medal in track and field in an Olympic Games or in an IAAF World Championship.
- During the previous year won an individual USA Open Track and Field Championship.
- Has a World or Olympic 'A' Standard that would apply to the current championship team selection.
- Finish as one of the top 3 at the preceding year's respective national championship.

ii. Race Walking. During the current or four previous calendar years:

- Earned an individual medal in an Olympic Games or in an IAAF World Championships.
- Won an individual Championship at a USA Open Track Championships.
- Won a USA Championship in the Men's 50-Kilometer Walk.
- Earned a USA Olympic Team Selection.

iii. Marathon. During the current or four previous calendar years:

- Earned an individual medal in an Olympic Games or in an IAAF World Championships.
- Won an individual USA Championship.
- Earned a USA Olympic Team Selection.

**Item 10** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 10.4 as follows:

(a) The Meet Director, Games Committee, and/or sponsoring organization of the USA Track and Field Championships must:

i. Provide and make available ~~((entry blanks and information for members of the Track and Field Committees, and each Association president, secretary, and office as well as to clubs and individuals who request them. The materials shall be mailed to Association presidents, secretaries, and offices, and made available to others,))~~ all material specified in Rule 6.2 at least 60 days prior to the competition via a posting on the USATF website.

~~((ii. Provide to committee members, coaches, and individuals desiring to enter, the meet's procedures and regulations.))~~

~~((iii))~~ ii. Provide ((to the Track and Field Committee, its Chair, coaches, and other appropriate persons)) via a posting on the USATF website, by 9 p.m. two days prior to competition, a list of entrants in each event, arranged in order of their ((best)) performances, if any, used for entry into the competition. If there are any corrections or appeals necessary to the posted entries or performances, these shall be submitted in writing, which includes electronic, to the appropriate Track and Field Committee Chair, or the Chair's appointed representative, by 1 p.m. on the day prior to the start of the Championships.

~~((iv))~~ iii. Notify the entrant or his/her each representative of any irregularity in an application, which would prevent the individual from being considered for selection to compete in the Championship, at least three days before the meet. The posted status of an application on the USTAF website may serve as this notification.

~~((v))~~ iv. Together with the National Track and Field Committee Chair or the Chair's appointed representative(s), finalize all events, form the heats for competition, and present them ((to the Track and Field Committee, coaches, officials, or other concerned persons by)) at least 24 hours prior to the time of competition for each event via a posting on the USATF website.

(b) The coaches, athlete representatives ~~((or athletic directors of the teams))~~ or individual athletes in the USA Track and Field Championships must:

i. Properly submit entries on forms ~~((used))~~ provided for that purpose. All entries must be submitted in accordance with the ~~((guidelines))~~ procedure stated on the entry ~~((blank or accompanying event material))~~ form or in the entry material.

ii. Submit final declarations for or by each athlete for each entered event as stated ~~((on the entry blank))~~ in the entry material.

a. Declarations by officially designated website, ~~((telephone, including facsimile, or in person))~~ or other method authorized in the entry material, must be received ~~((at the designated declaration location))~~ no later than 8 p.m. ~~((where the Championship is held,))~~ two days prior to the start of the Indoor Championships and no later than 12 noon ~~((where the Championship is held))~~ two days prior to the start of the Outdoor Championships.

~~(( c))~~ The National Track and Field Committees shall establish late entry/declaration procedures and fees.)

**Reason:** *These modifications bring the written procedure into conformance with what is actually being done currently. There are no entry forms, materials, or methods other than those on the internet.*

**Item 11** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.  
Amend Rule 10.4(a) as follows:

The Meet Director, Games Committee, and/or sponsoring organization of the USA Track and Field Championships must:

- i. Provide and make available ~~((entry blanks and information))~~ the entry format to include all pertinent information regarding filing dates, late entries, fees, entry appeal and protest procedures, and declaration procedures, for members of the Track and Field Committees, and each Association president, secretary, and office as well as to clubs and individuals who request them. The materials shall be mailed to Association presidents, secretaries, and offices, and made available to others, at least 60 days prior to the competition.
- ii. Provide to committee members, coaches, and individuals desiring to enter, the meet's ~~((procedures and regulations))~~ entry format to include all pertinent information regarding filing dates, late entries, fees, entry appeal and protest procedures, and declaration procedures, along with all meet procedures and regulations.

**Reason:** *Both deletions are accompanied with an addition that accommodates current practice as an electronic based entry system has replaced actual entry hard copy forms and the added text for both sections reinforce proposed new Rule 6.2 language that ensures a clear detailing of the entry process' critical details and procedures often involved in otherwise avoidable last minute disputes, petitions, and protests regarding final entry status .*

**Item 12** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.  
Amend Rule 11.3(b) as follows:

~~((Where there are insufficient entrants who have met the qualifying standards and who have declared that they will compete, to make a final of an event competitive, the Games Committee or its representatives, prior to the day of the Championships, may approve for that final a limited number of additional entries from those who have entered the event prior to the closing date for entries, but who have not met the qualifying standards for that event, provided that such additional entries be approved in the order of best qualifying performance. The Games Committee shall exercise reasonable efforts to notify those entrants of the opportunity to compete.))~~

Event Qualification:

- i. Any athlete in the five (5) top athlete performances in each event for the calendar year immediately preceding a championship will be automatically granted entry into the current year's USA Indoor Championships.
- ii. Any athlete that has attained a World 'A' Standard in an event that would apply to the current championship team selection process would be automatically granted entry into the current year's USA Indoor Championships.
- iii. Athletes that finish in the Top 5 finishers at the preceding year's respective national championships automatically will be granted entry into the current year's USA Outdoor Championships or Olympic Team Selection.

iv. Athletes, other than those listed in paragraph i, ii and iii of this rule, whose performances in the current calendar year rank them in the Top 5 in their respective events on the first Monday following the first Sunday in February shall be automatically qualified for that calendar years USA Indoor Championships.

v. Athletes whose performances in the current calendar year not including athletes defined in paragraph i, ii, iii or iv would be eligible in descending order of performance mark to complete the established fixed field sizes for each event as set by the respective Chairs.

vi. The final day for an eligible performance mark in an athlete's respective event shall be 7 days before the start of the athlete's event at that year's USA Indoor Championships.

vii. All athletes must follow the established meet entry and declaration procedures regardless of qualification category.

viii. Any scratches or entries vacated by an accepted athlete for any reason shall be filled by the next qualified and available athlete based on the current years descending order list of performances for that event.

ix. Fixed field sizes will be maintained only by utilizing all available, eligible and qualified athletes.

x. Athletes filling fields due to scratches or vacated entries must have entered the meet and declared their intent to compete to be eligible on the descending order list.

*Reason: Deletion and replacement of this entire section restores competitive integrity to the entry process for these championships. With athlete performances as the sole primary means by which fields are determined, athletes are empowered and the competition committees are free to focus on the fair and proper conduct of the championships in the critical final days and hours of meet preparation. Objective elite athlete qualifications here still allow our best veteran athletic talent to earn, by performance, the opportunity to prepare for the national championships from the outset of their respective national championship training cycle.*

**Item 13** – Submitted by Bob Podkaminer, Rules Committee on behalf of Skip Stolley, Chair, USATF Club Council

Amend Rule 12.2(a) as follows:

The following relays are included as standard events:

4x100 Meters Relay

4x400 Meters Relay

~~((4x800 Meters Relay~~

~~Sprint Medley Relay (200 200 400 800)~~

~~Distance Medley Relay (1200 400 800 1600) ));~~

*Reason: The National Track & Field Club Championships is a team scoring meet. Contesting the Sprint Medley, Distance Medley and 4x800 Meters Relays, in addition to the 4x100 Meters and 4x400 Meters, at these Championships creates a distinct unfair scoring advantage for clubs local to the meet site who do not have to incur the costs of traveling with large numbers of athletes. The Club Council may decide to contest these additional relays at The Club Championships as non-scoring events, or to expand the meet to include a non-scoring Club Relay Championships as provided for in Rule 13.1(b).*

**Item 14** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 27.1 as follows:

~~((All competitors in U.S. Olympic selection competition shall comply with entry procedures and shall have met qualifying standards approved by the applicable sport committee(s).))~~ The provisions of Rule 6, Rule 10.3(a) and Rule 10.4 pertaining to qualifying requirements, entry information, entry procedure, forms, fees, entry appeals, competition procedures and competition regulations of the USA Outdoor Championships shall be applicable to the USA Olympic Team Selection Competition unless otherwise provided in this Rule or prominently part of the entry information.

*Reason:* The original sentence allowed for continual variation every four years from the procedures normally followed yearly for the Senior Championship, including time tested guidelines for qualification, entry materials, entry method, entry postings, and procedures for appeal.

**Item 15** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 27.2(c) as follows:

The provisions of Rule 6.5 shall apply to the USA Olympic Team Selection Competition. However, Track and Field competition officials, for positions authorized by the applicable sport committee(s), ~~((except Referees and members of the Jury of Appeal))~~ shall be selected as described in Regulation 4-H~~((1))~~.

*Reason:* Currently, this is being done by a USATF staff member, but the responsibility lies with the sport committees. The authorized positions could include any official, including Referees and Jury members.

**Item 16** – Submitted by Steve Vaitones, Rules Committee

Add New Rule 32.6 as follows and renumber:

Individuals who have been disciplined for a doping offense as described in Rule 32.2 are ineligible to serve as a staff member in any capacity for a USA National Team, including any coaching, managerial, or athlete advisory liaison positions.

*Reason:* Winning with integrity means those having committed doping offenses should not be leading our national teams in any capacity. Competition achievements are addressed and so should administrative selections.

**Item 17** – Submitted by Bob Podkaminer, Rules Committee

Amend Rule 110.3 as follows:

The Games Committee shall appoint all Competition Officials~~((, except for National Championships, Olympic Trials and other event covered by Regulation 4-H))~~ except those appointed in accordance with USATF Regulation 4-H.

*Reason:* Amendment made to include all provisions, both procedure and events, contained within Regulation 4-H. No need to specify competitions separately, as already listed in 4-H.

**Item 18** – Submitted by Bill Roe, President USATF on behalf of Greg Harger, Indiana Assoc.

Amend Rule 119.1 as follows:

A Jury of Appeal composed of 3 or 5 persons, preferably certified officials, may be established by the Games Committees to consider appeals from decisions of the Referee as to matters that developed during the conduct of the event. In the case of indoor and outdoor national championships a Jury of Appeal must be established by the Games Committee to consider all appeals and protests.

(a) The indoor and outdoor national championships Jury of Appeal shall be composed of 3 individuals; one athlete who has competed in the indoor or outdoor national championships during his/her career but is not competing in the current championship, one national or master certified official not officiating in the championship and one individual, not employed by USATF, appointed at least 60 days before the start of competition by the Chief Executive Officer of USATF.

(b) The Jury of Appeal members may not serve in two consecutive championships or for the same championship in two consecutive years.

(c) All eligible athletes who are interested in serving on the Jury of Appeal shall submit their name in writing (email is an acceptable form of writing) to the USATF National office electronically at least sixty (60) days prior to the first event/race at the meet they are interested in serving. All athlete applicants and the randomly selected athlete to serve must be published with meet entry information.

(d) The official for the Jury of Appeal shall be selected by the Officials Committee at least sixty (60) days in advance of the start of competition.

(e) Members of the Jury of Appeal shall receive airfare to the event and a hotel room for the duration of their duties.

(f) For championships greater than two days in length, additional Jury of Appeal members, meeting the same criteria applicable to the original members, may be established to work in shifts to cover the championship.

(g) The Jury of Appeal must be located at the meet site and must be accessible in a published public location with a reasonable schedule of availability starting 48 hours before the start of the first event and remain available starting 90 minutes before the first scheduled event on each day of competition. In addition, the Jury of Appeal must be available after the conclusion of each day's competition for 2 hours. The published times and locations for the Jury of Appeal must be included with all athlete and athlete support credentialed check-in information.

(h) All decisions from the Jury of Appeal shall be issued in writing and promptly posted, including electronically, along with the corresponding written protest or appeal.

(i) The fee for filing a protest or an appeal must be affordable, consistent and published plus included with all athlete and athlete support credentialed check-in information.

*Reason: With respect to the participants view, establish integrity, transparency and credibility to the event appeals process at national championships. Additionally, the removal of double duty burdens on Jury of Appeal members will facilitate the timely and proper conduct of all aspects of competition.*

**Item 19** – Submitted by the Rules Committee

Amend Rule 122.4 as follows:

The Jury of Appeal shall consult with all relevant persons. If the Jury of Appeal is in doubt, other available evidence may be considered. If such evidence, including any available video evidence, is not conclusive, the decision of the Referee or the Chief Race Walking Judge shall be upheld. ...

*Reason: Conform to IAAF change.*

**Item 20** – Submitted by George Kleeman, Rules Committee

Amend Rule 110.4 as follows:

- \* Where adequate photofinish devices are available, this number should be reduced substantially.  
See Rules 126.2 and 128.4.

Amend Rule 126.2 by adding the following note:

**Note:** When two or more independent photofinish systems are being used, the number of finish line officials may be reduced to no less than four with Timers and Finish Judges acting in dual capacity.

Amend Rule 128.1 as follows:

When an approved imaging device is properly functioning at the finish of an event, the image must be referred to the Photo Finish Judges for the primary determination of the finish times for each competitor. (~~Timers shall act in a back-up capacity when fully Automatic Finish equipment is in use.~~) In the absence, or failure, of such a device, the primary determination of the finish times shall be made by the Timers at the finish in accordance with Rule 165.

Amend Rule 128.4 as follows:

There shall be three Official Timers and one or two Alternate Timers, who shall time the winner of each event. The time recorded ... time. Times for all finishers shall be recorded. Timers shall act in a back-up capacity when fully Automatic Photo Finish equipment is in use.

**Note 1:** *It is recommended that there be four more Timers than there are places being recorded (Chief Timer, two additional first place timers, and one alternate).*

**Note 2:** When two or more independent photofinish systems are being used, the number of finish line officials may be reduced to no less than four with Timers and Finish Judges acting in dual capacity.

**Reason:** *To provide a recommendation for the implementation of back-up Timers authorized within the Rule, when FAT timing systems are used.*

**Item 22** – Submitted by Steve Vaitones, Rules Committee on behalf of Jim Hanley

Amend last sentence of Rule 131.1 as follows:

No Lap Scorer shall be responsible for more than three (~~four~~) competitors (~~((six in the case of walking events and ultramarathons.))~~)

**Reason:** *The purpose of lap scoring is to be sure that athletes do the proper number of laps, not just to document that the right number of laps was completed after a race is concluded. When there are high ratios of competitors to lap scorers, the lap scorers lose the ability to communicate laps remaining to the runners or walkers as well as the ability to ‘do the math’, i.e. check lap times while a race is in progress to be absolutely sure that no error has been made. This is especially true with relatively experienced officials who often get this job in big meets. Likewise, lap scoring in walking events is usually tougher than in runs because walkers are more likely to be double- or triple-lapped. If anything, ratios should be less, not more, for walks than runs.*

**Item 23** – Submitted by George Kleeman, Rules Committee

Amend Rule 136 as follows:

**NOTE:** For wind gauge placement and operation see Rule 163.10 through Rule 163.14.

**Reason:** *To facilitate the finding of appropriate material for the wind gauge.*

**Item 24** – Submitted by the Bob Podkaminer, Rules Committee

Amend Rule 137 as follows:

**ELECTRONIC MEASUREMENT JUDGE**

1. An Electronic Measurement Judge shall be appointed when electronic distance measurement is to be ~~((made))~~ used.

*Reason:* This will bring the rule more in line with actuality.

**Item 25** – Submitted by George Kleeman, Rules Committee on behalf of Mark Heckel, Three Rivers  
Amend Rule 137.4 as follows:

To ensure that the equipment is operating correctly, the Judge shall, before and after each event, personally supervise or conduct a set of measurements in conjunction with the equipment operator ~~((and the Field Event Referee to confirm agreement with results achieved using a certified steel tape))~~ to verify the accuracy of the device against a known distance, such as a certified steel tape, or an independently certified distance such as the 100m, and shall report and certify the accuracy of the instrument to the Field Event Referee, particularly in the event of a record.

*Reason:* Since a steel tape may not be as accurate as a laser measurement device, certifying it against a steel tape would be counterproductive. Verifying the accuracy of the instrument against a known surveyed distance (such as the 100m of the track straight away), will determine the degree of accuracy of the instrument. In addition, if the Field Event Referee is involved in the setup and calibration of the measurement device, there is no logical reason for the electronic measurement judge to “report and certify” the accuracy of the instrument. This change simplifies the rule and removes the need for the referee to be part of the certification process.

**Item 26** – Submitted by the Rules Committee

Add New Rule 140 as follows:

**COMPETITION AREA**

The competition area is defined by the Games Committee. It is normally the area where the competition is being staged, physically separated from the area used by spectators. The designated areas, including those outside the stadium, shall be clearly marked with fencing, banners, flags or other suitable material to clearly indicate which area has access restricted to competing athletes and other authorized personnel.

*Reason:* Conforming to an IAAF change, the term ‘competition area’ is used frequently in many sections but without definition. Since ‘competition area’ is used beyond just Rule 144, it seems a better fit in Rule 140, originally designated as Facility.

**Item 27** – Submitted by the Rules Committee

Amend Rule 143 as follows:

Replace all occurrences of ‘number bib’ with ‘bib’.

Amend Rule 143.9 as follows:

Once an ~~((number))~~ identifier has been assigned ...

Amend Rule 143.10 as follows:

... The ~~((numerals on the number))~~ characters on the bib identifying the competitor should be at least ...

*Reason:* Changing all references to include competitor identifiers other than numbers.

**Item 28** – Submitted by Don Lein, Chair Masters LDR on behalf of Lloyd Stephenson, Pacific Assoc

Amend Rule 143.10 Note as follows:

**NOTE:** Road races, except for the size of the name of the sponsor, may vary the overall size of the number bib and increase the height of the numeral.

*Reason:* In April 2008, the Masters LDR 10k Road Championship bibs were unreadable more than 10 feet away, with two inch high numerals. Oddly, this is legal. An alternative is also presented.

**Item 29 – WITHDRAWN**

**Item 30 –** Submitted by Bob Podkaminer, Rules Committee

Amend Rule 144.2 and Rule 144.3 as follows and renumber:

2. Except as provided in road races, Rule 241, and in long distance walking events, Rule 232, during the progress of an event, a competitor who has received any assistance whatsoever (~~from any other person~~) may be disqualified by the Referee. ‘Assistance’ is the conveying of advice, information or other direct help to an athlete by any means, including a technical device.

~~((NOTE 1: Pacesetting by a person entered in an event for that purpose is permitted, provided such pacesetters start in the event.~~

~~NOTE 2: Competitors may carry or wear articles of personal equipment such as wrist chronometers and heart rate monitors.))~~

3(d) ~~((Participation of an officially designated pacesetter in the race.))~~ Pacesetting by an officially designated person entered in an event for that purpose is permitted, provided such pacesetters start in the event.

3(e) Carrying or wearing articles of personal equipment such as wrist chronometers and heart rate monitors.

**The following shall be considered assistance ((and therefore not allowed)):**

*Reason:* Instead of Notes, place the permitted, non-assistance items under the already existing categories. Rule 144.2 defines and then specifies that a Referee may disqualify for assistance. The sections under Rule 144.3 only elaborate in the area of assistance. Indicating that these elaborations ‘are not allowed’ is not in coordination with Rule 144.2

**Item 31 –** Submitted by the George Kleeman, Rules Committee

Add New Rule 144.3(d) as follows and renumber:

Any kind of personal safeguard (e.g., bandage, tape, belt, support, etc.) for medical purposes. The Referee shall have the authority to verify any case should that be desired.

Amend Rule 187.3 as follows:

~~((d) A belt of leather or other suitable material may be worn at the waist by a competitor to protect the spine or back from injury.~~

~~(e) In the Javelin Throw, a competitor may wear elbow protection.~~

~~(f) A competitor may wear other protection, such as a knee support, provided it is approved by the Games Committee prior to the start of competition or Referee during the competition.))~~

*Reason:* Conforming to an IAAF change. Moved from Rule 187.3.

**Item 32 –** Submitted by David Katz and Phil Greenwald, Rules Committee; Don Lein, Chair Masters LDR

Amend Rule 144.3(f) as follows:

The visible possession or use by athletes of video or audio (~~(cassette)~~) recorders or players, TV’s, CD, MP3, or DVD players, radio transmitters or receivers, mobile phones, computers, or any similar devices in the competition area. The Games Committee for an LDR event may allow

limited use of portable listening devices not capable of receiving communication; however, those competing in Championships for awards, medals, or prize money may not use such devices.

*Reason: The current rule has not been enforced by most race directors of mass participation events with thousands of entries. At the same time, the need to prevent unfair communication to athletes actually competing for a championship position remains.*

**Item 33** – Submitted by Don Lein, Bill Roe, Fred Finke, Brian Mastel, Virginia Brophy-Achmam, Lloyd Stephenson, Bob Podkaminer

**Headphone Package** – Amend as follows:

Rule 144.3(f) –

The visible possession or use by athletes of ((video or audio cassette recorders or players, TV's, CD or DVD players, radio transmitters or receivers, mobile phones, computers, or any similar devices in the competition area.)) any device capable of, or used in connection with, recording, transmitting, receiving, playing, or viewing any video or audio material, including computers, in the competition area.

Rule 232.3(d) –

Athletes shall not use ((video or cassette recorders or players, TV's, CD or CD-ROM players, radio transmitters or receivers, mobile phones, computers, or any similar devices)) any device capable of, or used in connection with, recording, transmitting, receiving, playing, or viewing any video or audio material, including computers, during the competition.

Add New Rule 241.5 –

For the safety of all participants, the visible possession or use by athletes of any device capable of, or used in connection with, recording, transmitting, receiving, playing, or viewing any video or audio material, including computers, shall not be permitted in the competition area. Event Directors must disqualify participants competing in Championships for awards, medals, or prize money who are in violation.

*Reason: The current rule has not been enforced by most race directors of mass participation events with thousands of entries. At the same time, the need to prevent unfair communication to athletes actually competing for a championship position remains. Also, to give race directors the backing from the sport's governing body to set and enforce rules which are directly related to participant safety. By creating the new rule in the LDR section, it addresses the issue of mass participants causing safety hazards for themselves and other runners. The elite or lead runners generally are not the issue, but may also pose a safety hazard. The list of devices is ever-growing, therefore, a statement of device description eliminates further modifications.*

**Item 34** – Submitted by George Kleeman, Rules Committee

Amend Rule 144.6 as follows:

Any athlete giving or receiving assistance during any event other than as ((specified in 144.3(a))) permitted by Rule 144.3 must be cautioned by the Referee and ...

*Reason: Clarity since that has always been the intent.*

**Item 35** – Submitted by George Kleeman, Rules Committee

Delete Rule 144.9 and Rule 144.10 and renumber:

*Reason: These were moved to 144.3(c) and 144.3(b) respectively last year, and should have been deleted.*

**Item 36** – Submitted by Allan Steinfeld, President, Running USA

Amend Rule 146.2 as follows:

Protest relating to matters which developed during the conduct of the competition must be made to the Referee at once and no later than 30 minutes after a result has been announced, except in the case of long distance races, where the time period shall be 24 hours, and cross country races or the Professional Section of road races where the time period shall be one hour. However, in the case of events in which the final results are not announced on the day of competition, the Games Committee may determine, and announce in the results that are released, a period not to exceed seven (7) days during which protest may be made to the meet or race director.

***Reason:** In most mass participation road races there is a professional section of the race. These competing athletes are invited and will often leave within a few hours of the event. In order for the Referee to make a fair ruling they need to hear the protest as well as the rebuttal. Since most of the players have 'left town', this is often not possible. By limiting the time to an hour, the Referee will more than likely be able to get all parties and witnesses together to adjudicate the protest.*

**Item 37** – Submitted by Allan Steinfeld, President, Running USA

Amend Rule 146.8 as follows:

Where a Jury of Appeal has been established to consider appeals of decisions of the Referee as to matters which developed during the conduct of the event, appeals must be made in writing immediately and within 30 minutes after the action by the Referee has been officially announced. In the case of long distance (~~and cross country~~) races, the time shall be 24 hours. For cross country and the Professional Section of road races the time shall be 30 minutes.

***Reason:** For the same reasons cited for the amendment to Rule 146.2, the appeal time should be 30 minutes. Also, for consistency, the appeal time for cross country should also be 30 minutes after the Referee's ruling since the protest time is one hour.*

**Item 40** – Submitted by George Kleeman, Rules Committee

Amend Rule 161.2 as follows:

Starting blocks (~~must~~) shall be used for all races up to and including 400 meters and the lead-off leg of relays where that leg does not exceed 400 meters. They (~~must~~) shall not be used for any other race. (~~Where starting blocks are used, both of the runner's feet must be in contact with the starting blocks.~~)

***Reason:** Elimination of duplicate information, already contained in 162.6 as part of 'method'. This is not part of starting block description, placement or design.*

**Item 41** – Submitted by George Kleeman, Rules Committee

Amend Rule 162.6 as follows:

In all races that require the use of starting blocks, a crouch start (both hands and one knee in contact with the ground and both feet in contact with the starting blocks) must be used unless prohibited by a permanent physical disability. When a competitor uses a crouch start, the competitor must, after the "on your marks" command, assume a position completely within the assigned lane and behind the starting line. (~~Both hands and one knee must be in contact with the ground and both feet in contact with the starting blocks.~~) At the "set" command, the competitor should immediately rise to a final starting position retaining the contact of the hands with the ground and of the feet with the blocks. (~~(See Rule 162.1.) In all races up to and including the 400 Meters and lead-off relay legs not exceeding 400 meters, a crouch start and starting blocks must be used, unless prohibited by a permanent physical disability.~~) See Rule 161.

***Reason:** Together with amendment to 161.2, the elimination of duplicate information.*

**Item 42** – Submitted by the Bob Podkaminer, Rules Committee

Amend Rule 166.1(d) as follows:

~~((Principles of forming heats:))~~

When heats are being arranged, it is recommended that as much information as possible about the performances of all competitors be considered and the heats drawn so that, normally, the best performers reach the final. In the absence of extraordinary circumstances, the Games Committee shall use the following principles for forming heats.

**Reason:** *To conform to an IAAF adopted item.*

**Item 43** – Submitted by the Bob Podkaminer, Rules Committee

Amend Rule 168.3 as follows and renumber:

All races shall be run in lanes. Each athlete shall jump each hurdle and shall keep to his or her own lane throughout. ~~((Except as provided in Rule 163.5,))~~ In addition to the applicable provisions of Rule 163, a competitor shall be disqualified if he/she:

~~((c) jumps any hurdle not in his/her own lane;))~~ or

**Reason:** *This violation is already covered in Rules 163.4 and 163.5. The positive statement defining the requirements is in the beginning of Rule 168.3.*

**Item 44** – Submitted by Bob Podkaminer, Rules Committee on behalf of Wayne Armbrust, Missouri Valley Assoc.

Amend Rule 170.7 as follows:

In races of 4x100m, 4x200m, and ~~((the “Swedish” relay described in paragraph 21 below))~~ all races where the incoming runner is running a leg of 200m or less, members of a team other than the first runner may commence running not more than 10m outside the take-over zone (see paragraph 2 above). A distinctive mark shall be made in each lane to denote this extended limit.

**Reason:** *To extend the rule to cover the Sprint Relay, contested in the Club Championship. This is also present practice in Collegiate meets, see NCAA Rule 5-8.4.*

**Item 45** – Submitted by the Bob Podkaminer, Rules Committee

Amend Rule 180.4(f) as follows:

In the USA Indoor, Outdoor, Olympic Team Selection and Junior Outdoor Track and Field Championships, the order of competition for the fourth and fifth round shall be in reverse order of the best performance in the first three trials, and the order of competition for the final round shall be in reverse order of the best performance in the first five rounds. In all other competitions, the order of competition for the final three trials shall be in reverse order of the best performance in the first three trials, or in the order used for the above mentioned Championships, as determined by the Games Committee prior to the competition. When the competing order is to be changed and there is a tie for any position, those tying shall compete in the same relative order according to the original draw. A competitor, while competing in a round under protest, shall compete first in that round.

**Reason:** *This addition gives further guidance to establishing a competing order.*

**Item 46** – Submitted by Ed Gorman, Rules Committee on behalf of Scott Irving, Colorado Assoc.

Amend Rule 180.5(d) as follows:

A competitor who has achieved the qualifying standard shall not be allowed to continue in the qualifying competition, unless it is clear that additional attempts during the qualifying competition may allow said athlete to achieve standards that will qualify them for Olympic or international teams. In such case, said athlete will be given the option of taking additional attempts during the qualifying competition.

**Reason:** *The current rule diminishes opportunities for athletes to achieve standards in qualifying rounds, eliminates possible attempts at making the standard at a time when athletes are just beginning to reach a peak in performance and is diametrically opposed to the philosophy for athlete selection procedures as set forth by the USATF/USOC, 'The philosophy of USATF is to send the maximum number of athletes allowed by IAAF rules'.*

**Item 47** – Submitted by the Bob Podkaminer, Rules Committee

Amend Rule 180.8(d)v. as follows:

The official responsible for the event shall indicate by verbal and visual signal to ~~((the))~~ each competitor that the trial is to begin, and the period allowed for that trial shall commence from that moment. If the competitor ~~((then passes))~~ has passed, the official shall not require that the time ...

**Reason:** *Provides procedure and the limit when a competitor may change a previously announced pass.*

**Item 48** – Submitted by George Kleeman, Rules Committee

Amend last sentence of Rule 180.14 as follows:

... If the tie still remains and concerns first place, the competitors having achieved the same result ~~((with))~~ shall compete again in the same order in a new attempt until the tie is resolved.

**Reason:** *To make it clear as in the vertical jumps, that ties will be broken..*

**Item 49** – Submitted by Glenn Fortune, Rules Committee

Amend Rule 181.2 as follows:

All measurements must be made ~~((with a steel or fiberglass tape or bar graduated in centimeters, and shall be made perpendicularly))~~ in accordance with Rule 148, perpendicular from the ground to the lowest part of the upper side of the bar. Any measurement of a new.....

**Reason:** *I have been told a scientific measuring device is being used on regular basis even at championship meets and this makes it legal to use such device and not create any conflict or confusion with the Records Rule 264.2 allowing such device for vertical field event measurement.*

**Item 50** – Submitted by George Kleeman, Rules Committee

Add New Rule 181.6 as follows and renumber:

A competitor shall have the discretion to commence jumping or vaulting at the starting height or at any subsequent height. A competitor who forgoes a trial at a height thereby forfeits the right to jump again at that height. Such competitor may, however, jump at that height in a jump-off to break a tie for first place. Three consecutive failures, regardless of the height at which such failures occur, disqualifies the competitor from further competition except in the case of a jump-off to break a tie for first place.

**NOTE:** The effect of this Rule is that a competitor may forego second or third attempts at a particular height (after failing the first or second time) and still jump or vault at a higher height.

**Reason:** *Removed by mistake last year when a new 181.5 was added.*

**Item 51** – Submitted by George Kleeman, Rules Committee

Amend Rule 181.7 as follows

**NOTE:** It is a foul if the crossbar is knocked off by the pole hitting the crossbar unless in the judge's opinion, an effort was made by the competitor to push the pole away from the crossbar when the athlete releases the pole.

**Reason:** *Clarification of what is a foul.*

**Item 52** – Submitted by George Kleeman, Rules Committee

Amend Rule 181.9 as follows:

**NOTE:** The uprights and landing area of the High Jump should be positioned such that there is clearance of at least 10 cm between them and the pad when in use, to avoid accidental displacement of the crossbar by the movement of the landing area causing contact with the uprights.

**Reason:** *Compliance with Note following IAAF Rule 182.10.*

**Items 53 and 54** – WITHDRAWN

**Item 55** – Submitted by George Kleeman, Rules Committee

Amend Rule 187.3 (a) as follows:

No device of any kind, which in any way assists a competitor when making a throw, shall be allowed.

(a) Tape, continuous or in pieces, may be used on the hand or fingers provided the result is that no two or more fingers are taped together in such a way that the fingers cannot move individually. The use of tape on the wrist is allowed. The tape should be shown to the Chief Judge of the event before the event starts. ~~((The taping of individual fingers or multiple fingers together is not allowed. However, taping of individual fingers is permissible in the Hammer and Weight Throws. The use of tape on the hand shall not be allowed except in the case of need to cover an open cut. The use of tape on the wrist is allowed. The tape should be shown to the Chief Judge of the event before the event starts.))~~

**Reason:** *Conforming to an IAAF change.*

**Item 56** – Submitted by George Kleeman, Rules Committee

Amend Rule 187.18 as follows:

**Construction** - The rim of the circle shall be made of a band of iron, steel or other suitable material, painted white, the top of which shall be sunk flush with the ground outside. The ground surrounding the circle may be concrete, synthetic, asphalt, wood or any other suitable material. ~~((The surface within the circle shall be packed hard, firm, and level and 2cm(± 6mm) lower than the upper edge of the rim of the circle. The surface within the circle may be constructed of concrete or similar material. ))~~ The interior of the circle may be constructed of concrete, asphalt or some other firm but not slippery material. The surface of the interior shall be level and 2cm (± 6mm) lower than the upper edge of the rim of the circle. In the Shot Put, a portable circle meeting these specifications is permissible. ~~((For indoor competition on a wood floor surface, the circle may be marked on the floor.))~~

**Reason:** *Conforming to IAAF 187.5 and making it clear that portable, wood circles are legal indoors and outdoors. Move last sentence to Indoor Rule 221 (see item 65).*

**Item 57** – Submitted by George Kleeman, Rules Committee

Amend Rule 187.23 as follows:

**Arc** - All javelin throws shall be made from an arc of a circle drawn with a radius of 8m at the end of a runway 4m wide. This arc shall consist of a painted stripe or made of wood or other similar material, but not metal, ~~((similar material))~~ 7cm in width. It shall be white and sunk flush with the ground.

**Reason:** *The intention of the change several years ago was to get rid of metal toe arcs for the javelin. This is just clarity. Note the IAAF only allows paint or wood IAAF Rule 187.9.*

**Item 58** – Submitted by George Kleeman, Rules Committee

Amend Rule 188.3 as follows:

**NOTE 2:** Indentations due to a weight stamp on cast shots or engraving of weight or size should not normally be considered reason for the disqualification of a shot for roughness or hand hold.

**Reason:** *To clarify that such shots are normally considered legal if they meet all the other specifications.*

**Item 59** – Submitted by George Kleeman, Rules Committee on behalf of Ivars Ikstrums, Pacific Northwest

Amend Rule 188.4 as follows:

*\*The maximum diameter for all outdoor shots used in USATF Masters competition shall be 130mm for men and ~~((120mm))~~ 110mm for the women ~~((4kg))~~.*

*((\*\* For Masters competition, the minimum weight is 5.450 kg.))*

**Reason:** *WMA Conformance and clarity that there is an exemption in USA competitions for men. The \*\* does not apply to Masters.*

**Item 60** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 189.3 Table as follows:

In the 0.75kg column: Outside Diameter max. mm from ~~((169))~~ to 182\*; Thickness at center max. mm from ~~((37))~~ to 39\*

**NOTE:** \*US Masters competition exceptions to the WMA specifications for the discus.

**Reason:** *The 0.75kg discus was designed for bantam children and is too small for the hands of masters throwers whose hands do not get smaller as they get older. 0.75kg implements are available in the same size as 1kg implements, so they are already available.*

**Item 62** – Submitted by Ed Gorman, Rules Committee on behalf of Weight Throw Work Group

Amend Rule 195 as follows:

3. **Construction** - The weight shall consist of three parts: a head (ball), a handle, and a connection assembly which may contain a harness.

4. **Head** - ~~((The head shall be a solid sphere or a spherical bladder.~~

~~((a) The solid sphere shall be made of a metal not softer than brass, or of a shell of such metal or plastic filled with lead or other material, which will not deform on impact. If a filling is used, it must be inserted in such a manner that it is immovable and that the center of gravity shall be not more than 9mm from the center of the sphere. The maximum diameter of a sphere with a shell of plastic shall be no more than 15mm larger in diameter than the corresponding all metal implement and may only be used for indoor competitions. See table in 195.8 for specifications.~~

~~((b) Where indoor facilities dictate and for weights lighter than 56 lbs., a spherical bladder head may be used. The spherical bladder shall be made of a synthetic material which will return to its shape after impact. The bladder shall be filled with lead shot or other suitable material. The bladder shall surrounded by a harness and have no maximum diameter requirement.))~~

The head shall be a sphere. The sphere shall be (a) made of solid metal not softer than brass or (b) manufactured from a shell of such material, or a suitable polymer, entirely filled with lead or other material inserted in such a manner that the material is immovable. The center of gravity shall be not more than 6mm from the center of the sphere. A filled implement may deform upon impact, but must return to the shape of a sphere after such impact. See table in Rule 195.8 for specifications.

6. **Connection** - The handle shall be connected either directly to the head or to a harness.
- (a) The direct connection shall be by means of no more than two steel links (loops), whose diameters shall not exceed 9.5mm. ~~((The handle shall be connected to the steel links by a loop; a swivel may not be used.))~~  
For the solid implement, the handle shall be connected to a steel link. A swivel may not be used at this connection. The head may be connected to the links by means of a swivel that may be either plain or with ball bearings ~~((for the solid sphere implement)).~~  
For the ~~((plastic-filled))~~ polymer shell implement, a swivel is allowed between the ~~((ball))~~ head and the handle without the use of links.
- (b) The connection to a harness ~~((for the bladder type implement shall))~~ may be by means of no more than two steel links (loops), whose diameter shall not exceed 9.5mm and a swivel ~~((may be placed between the two links. The harness shall have a minimum of four straps, sewn together to form a sling)).~~ Netting of any kind shall not be used to form the harness. The harness must not stretch or show any evidence of elasticity where the overall length of the implement would increase while being thrown ~~((or malformation after the implement has been thrown)).~~ A protective sleeve may be used around the links and/or swivel.

7. **Length** -

**NOTE 2:** An implement presented for inspection must be measured for length with all components at their maximum lengths as designed by the manufacturer. The Connection cannot be switched to shorten or elongate the length. Implements shall not be altered or adjusted once inspected and approved for competition.

**Reason:** *This recommendation from the work group is designed to clearly define what is allowable for the implement.*

**Item 63** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 201 as follows:

**THROWS** ~~((WEIGHT))~~ **PENTATHLON**

**Reason:** *This will bring USATF rules into line with WMA, which made this change last year.*

**Item 64** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 202.3 Table as follows:

For Women, add a 25# column and delete the 300# column.

For Women 70+, add an 'x' for 25# and delete the 'x' for 56#.

**Reason:** *Brings this age group into line with the pattern for all other age groups for the Ultraweight Pentathlon (weight, superweight, next three weights up the ladder)*

**Item 65** – Submitted by George Kleeman, Rules Committee

Add New Rule 221.4 as follows and renumber:

~~((For indoor competition on a wood floor surface,))~~ The circle may be marked on the floor.

**Reason:** *Rule pertaining to indoor moved from Rule 187.18 and weight throw included.*

**Item 66** – Submitted by George Kleeman, Rules Committee on behalf of Gary Westerfield, Long Island

Amend Rule 230.1(h) as follows:

~~((In road races, depending on the size layout of the course there should be a minimum of six to a maximum of nine Judges including the Chief Judge. In track races, indoors and outdoors, there should be five Judges including the Chief Judge. At International Selection Competitions there shall be six judges (including the Chief Judge) when the trial is conducted on a track, and there shall be no more than 9 judges (including the Chief Judge) when the trial is conducted on a road course.))~~ For records, championships, international selection, and international qualifying events, there shall be five judges, including a Chief Judge for track races (for international selection events there shall be six), and depending on the size of the loop, a minimum of six and a maximum of nine judges including the chief judge for road races. Three race walk judges are required for disqualification.

*Reason:* Consolidate all of the requirements for judges in one location and clarify the number of judges needed to have an event qualify for other events.

**Item 67** – Submitted by George Kleeman, Rules Committee on behalf of Gary Westerfield, Long Island

Delete Rule 232.3(c):

~~((A race must have a minimum of three Judges as prescribed in Rule 230.1(e). For record requirements, see Rule 266.))~~

*Reason:* Consolidate all of the requirements for judges in one location. Included in new 230.1(h).

**Item 68** – Submitted by George Kleeman, Rules Committee on behalf of Ron Daniels, New England  
Amend Rule 232.3(c) as follows:

A race must have a minimum of three Judges as prescribed in Rule 230.1(e) or as prescribed in Rule 230.1(h) for Regional, National and International Trials. For record requirements, see Rule 266.

*Reason:* To make it clear what is the requirement for a valid race.

**Item 69** – Submitted by George Kleeman, Rules Committee

Delete Rule 232.3(d):

~~((Athletes shall not use video or cassette recorders or players, TV's, CD or CD-ROM players, radio transmitters or receivers, mobile phones, computers, or any similar devices during the competition.))~~

*Reason:* This is a duplicate. The ban is currently covered by Rule 144.3(f).

**Item 70** – Submitted by George Kleeman, Rules Committee on behalf of Ron Daniels, New England  
Amend Rule 232.6 as follows:

All walking events that qualify or advance a competitor to subsequent events must be competitive, race walk only, events that comply fully with race walk Competition Rules and meet the requirements for judges stated in Rule 266.3.

*Reason:* Because meet directors this past year have gone with the minimum number of judges as stated in 232.3(c) which I believe is too lenient.

**Item 72** – Submitted by Bob Hersh, Rules Committee

Amend Rule 261.3 as follows:

... that record may be ratified based on the official results of the meet without the need for a formal record application pending the outcome of doping control testing. However, ...

**Reason:** *The addition of a doping control testing for a National Record cannot allow automatic ratification solely on the posted results of the competition.*

**Item 73** – Submitted by Bob Hersh, Rules Committee

Add New Rule 261.3 and New Rule 261.4 as follows and renumber:

3. Each athlete who achieves a National Record shall submit to a doping control at the end of the event, to be conducted in accordance with IAAF Rules and Procedural Guidelines currently in force. In the case of a relay record, all members of the team shall be tested. The sample(s) collected shall be sent for analysis to a WADA-accredited laboratory and the results sent, as indicated in Rule 261.2, to be added to other information required for the ratification of the record. If such testing results in a doping violation, or if such testing is not conducted, USATF will not ratify this record.

4. If an athlete has admitted that, at some time prior to achieving a National Record, the athlete had used or taken advantage of a substance or technique prohibited at that time, then, subject to the advice of the Board of Directors, such record shall not continue to be regarded as a National Record by USATF.

**Reason:** *Conform to IAAF rules. Most major nations now require doping control for national record recognition. Adding this requirement would be consistent with USATF's commitment to being a leader in the world-wide effort to eliminate doping in our sport.*

**Item 74** – Submitted by Glenn Fortune, Rules Committee on behalf of Denise Smotherman, Youth Records

Amend Rule 262.6 Note as follows:

**NOTE:** *For Masters exception, see Rule 320.8. For Youth exception, see Rule 300.1(d).*

**Item 75** – Submitted by George Kleeman, Rules Committee on behalf of Mark Heckel, Three Rivers  
Add New Rule 264.3 as follows and renumber:

When an electronic measurement device is used, the Electronic Measurement Judge shall verify the accuracy of the sighting of the laser measurement device, read and verify the measurement as displayed on the electronic recording or measuring device, and report the distance to the Chief Field Judge of that event and the Field Event Referee or Head Field Judge. The Chief Field Judge of that event shall also read the distance as it is displayed on the electronic recording or measuring device and report it to the Field Event Referee or Head Field Judge.

**Reason:** *This addition, in conjunction with rule 137.4, adds specific language concerning the use of electronic measurement devices. Since the Electronic Measurement Judge is most familiar with the measuring device, this judge is best qualified to verify that the device is accurately sighted or positioned. This also complies with the spirit of 264.2, in that the device operator, under the supervision of the Electronic Measurement Judge, and the Chief Event Judge of the event meet the requirement for having three judges read the mark. This also allows for the use of both distance measurement devices in the long throws, and for other means of electronic measurement as used in the horizontal jumps and/or the vertical jumps.*

**Item 76** – Submitted by Steve Vaitones, Rules Committee on behalf of Justin Kuo, Records Committee

Amend Rule 265.3 as follows

Road running performances will not be accepted if a ((~~re~~measurement)) validation shows that the actual course distance was shorter than the stated record. Course ((~~re~~measurement)) validation is mandatory for a record to be accepted. Validation is defined as an independent measurement

conducted by a designee of the Road Running Technical Committee prior to or after the event, or the course having been originally measured by an IAAF measurer.

Alternative language to replace 265.3 as follows:

A post validation may require a remeasurement if the original measurement has not met the criteria established by the validation chairman, approved by the executive committee of the RRTC, and publicly available on the USATF website.

*Reason: Some road race courses may not require a separate additional remeasurement if it is determined that the original measurer has a given level of expertise.*

**Item 77** – Submitted by Steve Vaitones, Rules Committee and Don Lein, Chair Masters LDR  
Amend Rule 267 as follows:

- Men’s Long Distance Running**
- Women’s Long Distance Running**
- Masters Long Distance Running (Men and Women)**
- Road Events**

~~((Road Mile))~~     4 Miles

*Reason: Most if not all road miles contested in the USA are on courses that are not record-standard, not meeting either a) start-finish separation of less than 30% of the race distance or b) the course drop minimum of 1 meter per kilometer. The Road Mile is not a listed distance or even a contested Championship event in Rule 16 or Rule 20. The 4 mile distance is run throughout the USA on courses that are record-standard with many races that have been run for many years on the same course: Steamboat 4-Miler, Peoria, IL, 35<sup>th</sup> running in 2008; Buffalo-Subaru 4-Miler, Buffalo, NY, 28<sup>th</sup> running in 2008; Gordon Snowflake 4-Miler, New York, NY, 30<sup>th</sup> running in 2008*

**Item 78** – Submitted by Steve Vaitones, Rules Committee  
Amend Rule 300 through Rule 306 inclusive as follows:

Remove all reference to the ~~((Youth Athletics Championship meet))~~.

*Reason: Do youth really need two “National Championships” within USATF in a 4 week period? Multiple National Championships for youth will be an even greater issue if restructuring places other organizations under the auspices of the USATF Youth Committee as accommodations would need to be made to those groups as well.*

**Item 79** – Submitted by Glenn Fortune on behalf of Inez Finch, Youth Committee

**Pee Wee Package** – Amend as follows:

Rule 300.1(b) –

The program is divided into ~~((five))~~ six divisions for boys and ~~((five))~~ six divisions for girls. ...

|                         |                    |                    |                    |
|-------------------------|--------------------|--------------------|--------------------|
| <u>Pee Wee Division</u> | <u>2000 – 2002</u> | <u>2001 – 2003</u> | <u>2002 – 2004</u> |
| <u>Bantam Division</u>  | <u>1998 – 1999</u> | <u>1999 – 2000</u> | <u>2000 – 2001</u> |

Rule 300.1(e) –

In track and field, a competitor in the Pee Wee, Bantam or Midget divisions may enter a maximum of ...

Rule 301 –

**PEE WEE DIVISION**

|                       |                          |                            |
|-----------------------|--------------------------|----------------------------|
| <u>100 Meter Dash</u> | <u>1500 Meter Run</u>    | <u>Long Jump</u>           |
| <u>200 Meter Dash</u> | <u>4x100 Meter Relay</u> | <u>Shot Put (6 lb.)</u>    |
| <u>400 Meter Dash</u> | <u>4x400 Meter Relay</u> | <u>Mini Javelin (300g)</u> |

800 Meter Run

Rule 304.2 –

The Pee Wee, Bantam and Midget divisions shall run approximately 3km. ...

**Reason:** *USA Track and Field has been losing many younger athletes to AAU, Soccer, T-Ball and other sports that have an 8 and under program. Track and Field is the foundation of all sports and athletes should be able to start running in a younger program. The name of this Age Group will distinguish from the AAU Sub Groups. In the original Rule, the Bantam Age Division (10 and under Age Group) is defined as any age under 10. This means that an athlete can actually compete at the age of one in this age group. With the new rule change, an athlete must be at least 6 years of age to compete in the 8 and under.*

**Item 80** – Submitted by Glenn Fortune, Rules Committee on behalf of Denise Smotherman, Youth Records

Amend Rule 300.1(d) as follows:

Competitors must compete in their own age division only. (~~No athlete may compete in younger or older divisions in~~) This applies to individual, relay or team events. A National Youth Record may not be set in any mixed age division competition.

**Reason:** *There appears to be confusion from some involved in Youth Athletics. This should make it clearer regarding performances submitted for approval as a national record.*

**Item 81** – Submitted by Glenn Fortune on behalf of Inez Finch, Youth Committee

Replace Rule 300.1(g) with the following:

A Youth Athlete must compete in the Association of residence in which they permanently reside. 'Permanent Residency' is defined as the address of residence of the youth athlete's parent/legal guardian on the day of the close of registration. Proof of residency can be provided by Tax Statements, or utility bills at the place of residency. Youth athletes can compete in their Association of Permanent Residency as an unattached athlete or as a member of a club and represent the said club by wearing a team uniform and participating on a relay. The following are exceptions to this rule:

i. Athletes that live with one custodial parent/legal guardian in the summer in one Association and another custodial parent/legal guardian in another Association during the school year, shall be considered permanent residents of both Associations. These athletes may choose to only have one membership number under one Association, but will have the right to run with a different club in the residence of summer and have all rights and privileges of that Association. Proof of legal guardianship may be requested for proof of residency. It shall be the sole responsibility of the applying athlete to secure and furnish all necessary documentation to substantiate any request for consideration of an application of this rule.

ii. Athletes that have no parent/legal guardian residing in an Association may compete in that Association for 'just cause' with the approval of both the Youth Chair and Membership Chair of both the Association of 'Permanent Residency' and the association of 'Non-Residency'. Non-Residence athletes may not represent a club or wear a club uniform in the Association of 'Non-Residency'.

**Reason:** *There was a lot of confusion about temporary versus permanent residency. This re-write is to define and explain that a non-resident can run in another association and to give a name or position to the person who actually does the approval.*

**Item 82** – Submitted by Glenn Fortune on behalf of Inez Finch, Youth Committee  
Add New Rule 300.5 and Amend Rule 143 as follows:

**Apparel and Bibs**

In addition to other requirements, uniform tops used in Youth Athletics shall be full length with no midriff showing and the shorts must completely cover the buttocks. The numerals or name on the bib should be visible from 10 feet away, and may be scaled appropriately to accommodate the physical size of the competitor.

Amend Rule 143 as follows:

1. Add **NOTE: For Youth Athletics exception, see Rule 300.5.**

10. Add **NOTE: For Youth Athletics exception, see Rule 300.5.**

**Reason:** *Some uniform for little children are too provocative. If we are preparing our Youth for High School and College, then we should prepare them in the proper attire and conform to the High School rules. Additionally, the size of the numbers is too large for the Youth Athletics' bibs and under the current Rules, the size cannot be scaled down.*

**Item 83** – Submitted by Ed Gorman, Rules Committee and Patti Petesch, President Pacific Northwest Assoc.

Amend Rule 301 as follows:

**YOUTH DIVISION** Hammer (B-4kg, G-3kg)

**Reason:** *Coaching in the Youth Division is provided in the other three throwing events, and there is evidence to support introducing the Hammer for 13-14 year olds. It will afford greater opportunity to obtain college scholarships and greatly assist in becoming Olympic quality. It is becoming increasingly popular with younger athletes Boy and girl hammer throwers sufficiently advanced for inclusion on the national high school boys and girls top 50 ranking lists (120'+ girls and 150'+ boys) are training and competing in 24 states. Many other boys and girls 13 to 14 years of age of lesser throwing ability than those on the ranking lists are training and competing in additional states. The inclusion of the 4 kg hammer for boys and the 3 kg hammer for girls is to conform to IAAF recommendations for this age group.*

**Item 84** – Submitted by Patti Petesch, President Pacific Northwest Assoc.

Amend Rule 301 as follows:

**YOUNG MEN'S/WOMEN'S DIVISION** 3000 Meter Run (~~((G) 5000 Meter Run (B))~~)

**Reason:** *It is not fair to ask high school runners to come from running 3200m in high school to run 5000m in the summer programs. They have not been training for that distance and the short turnaround from H.S. track to the first preliminary meets is not enough time to get them in condition for the 5000m.*

**Item 85** – Submitted by Patrick Pretty, President Wisconsin Assoc.

Amend Rule 302.6 as follows:

In the 800 meter run, the maximum number per heat shall be 12. When the number of competitors exceeds the number of lanes, the excess competitors shall share the even-numbers lanes starting from lane 8 working into lane 2. In the 1500 meters, the maximum number per heat shall be ~~((18))~~ 24.

**Reason:** *As with most combined events, you want to have all the competitors, if possible, in one section. Since these athletes are usually average or below in the running of the 1500, it would allow the groupings to stay together for all five (pentathlon) or ten (decathlon) events.*

**Item 86** – Submitted by Patrick Pretty, President Wisconsin Assoc.

Amend Rule 303.2 as follows:

Unless otherwise provided by the Games Committee((;));

(a) Whenever the number of entries or scratches reduces the number of actual participants in any heat or round of heats so as to eliminate the element of competition or creates a situation whereby the number of heats can be reduced, the Referee or designee shall redraw in the best interest of the competition.

(b) Whenever the number of competitors reporting for an event makes heats, as required in this Rule, unnecessary, the event shall be run as a final at the time in the program so scheduled for the heats.

Add a Note to Rule 166.2 indicating an exception for Youth in Rule 303.2.

*Reason: To put in the rules the current practice that is being used by the Youth Committee and in smaller meets. It does not make sense to run the heats when the finals are listed due to other events and the athletes have shown-up and are ready to run at the time of heats are scheduled.*

**Item 87** – Submitted by George Kleeman, Rules Committee on behalf of Jimmy Stuart, Southwestern

Amend Rule 303.1(j) as follows:

The following procedure shall be used in assigning lanes:

i. In the first round, lanes will be drawn by lot.

ii. For all other rounds, ((two)) three draws will be made:

a. ((Draw for lanes 3, 4, 5, 6 for qualifiers with the four best times.)) The first draw is for those preferred lanes as determined by the Games Committee, for a number equal to and not exceeding one-half the number of lanes used, for the highest ranked competitors in the race based on the ranked list for forming heats for the round.

b. ((Draw remaining lanes for remainder of qualifiers.)) The second draw is for those preferred lanes as determined by the Games Committee, for a number equal to and not exceeding one-half those competitors remaining after the first draw.

c. The third draw is for the remaining competitors in the race and the remaining lanes.

*Reason: For 2008, the corresponding rule in the General section of the book (166.19(f)) was modified to move from two draws to three. Prior to 2008 these two sections were ostensibly the same and thus it follows that the Youth section should be updated to the new procedure.*

**Item 88** – Submitted by George Kleeman, Rules Committee on behalf of Jimmy Stuart, Southwestern

Add New Rule 303.5 as follows:

At the Association-level meet, if the Games Committee determines that there are an insufficient number of seed times and/or a majority of the times submitted are believed to be inaccurate, the following procedure may be used in the interest of fair competition:

(a) For preliminary rounds only, both heat and lane assignments shall be drawn by lot.

Advancement from the preliminary round shall be done by time without consideration of place.

(b) All other rounds, including timed finals, will adhere to the established rules for forming heats and advancement.

*Reason: At the Association level meet, due to a number of factors, many athletes tend to be entered with seed marks of NT. For those athletes with entry times it is clear that a good portion of them have been fudged or are simply just a guess. This is especially true in the younger divisions. These*

*missing/inaccurate times create a good chance that the use of serpentine seeding and place-and-time advancement would lead to unfair competition. In addition there tends to be a lot of no-shows at the Association level meet which then requires the reseeding of a lot of events in order to keep the heats assignments fair. By adding this rule we 1) give these young kids a more fair way at making the finals and moving on to the Regional meet, 2) protect the kids from coaches who might not have submitted their entries properly, 3) relieve a large burden from what can often be an inexperienced clerking crew and 3) formalize a process that is undoubtedly already practiced at some of the Association meets. It is realized that this may not be an issue at all Association meets, especially smaller ones, but this is a yearly issue at some meets.*

**Item 89** – Submitted by Ken Emerick, Rules Committee

Amend Rule 305.2(d) as follows:

Track and field shall advance three placed individuals and three placed relay teams from each Regional to National. These shall be the top three finishers in each event (~~or successive event finishers who have achieved a performance standard at the Regional Championship when fewer than three declare in the event from that Region for National~~) with no additions to that group.

The combined events shall ...

**Reason:** *We keep lowering the quality of the meet.*

**Item 90** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 331.1(b) as follows:

... Discus Throw, Javelin Throw, Hammer Throw, Weight Throw, Pentathlon.

**Reason:** *The Weight Throw is now an event at the WMA Outdoor Championships, at the NCCWMA Championships, and at an increasing number of other national championship meets around the world, including in Canada and Australia. Adding it to the Outdoor Championships will likely increase participation in the meet by providing a second event for hammer specialists (almost all of whom are also weight throwers), thus making it more likely that they will choose to participate (several have cited the lack of a second event as a reason for not entering the Outdoor Championships in the past.*

**Item 91** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 331.1(f) as follows:

National Throws (~~Weight~~) Pentathlon. See Rule 201.

**Reason:** *This will bring USATF rules into line with WMA, which made this change last year.*

**Item 92** – Submitted by Graeme Shirley, Rules Committee on behalf of Jerry Bookin-Weiner, Masters Throws Committee

Amend Rule 331.1(h) Table as follows:

(~~Weight Throw~~)

**Reason:** *If this change is approved the event would now be contested at the Outdoor Championships*

**Item 93** – Submitted by Graeme Shirley, Rules Committee on behalf of Ray Feick and Jerry Bookin-Weiner

Add Rule 331.1(i) Table as follows:

National Throw-a-Thon

**Reason:** *Throwers seldom compete in the Stadia area observed by the normal spectators-the competition is usually in outlying areas. There exists camaraderie with throwers because they are*

away from the spectator area and “out of the limelight”. There is equality with the throwers-both men and women follow the same order of throwing and compete with similar implements-weight varies with age.

**Item 94** – Submitted by Steve Vaitones, Rules Committee

Add New Rule 331.4 as follows:

A time schedule which includes the starting time of each event on each day (not just an order of events) shall be included as part of the information distributed with the entry materials

**Reason:** *Currently, Masters Games Committee policy is to publish a list of events for each day of competition with no starting times. Despite posting a “true” time schedule several days before the meet begins, this non-time policy inconveniences athletes in a number of ways, particularly not knowing how to economically plan for travel and lodging. And even in this day and age, there are masters athletes who do not have daily access to the internet. The Masters championships have enough of a history regarding participation and number of sections to produce a reasonable time schedule with the initial meet information; even if time schedules are set conservatively, no officials or volunteers have ever complained about a few minutes of “down time” when working this meet. A sampling of entrants at the 2008 Indoor USA Masters Championship shows a preference for a time schedule.*

**Item 95** – Submitted by David Dunbar, President South Texas Assoc. on behalf of Jeff Brower

Amend Rule 332.1(c) as follows:

Except as noted in 332.2(k), every ((Every)) Championship ((, including combined event championships,)) event will use the implement weight, hurdle height and spacing, and race length approved by WMA as of January 1 of the current year. ...

**Reason:** *Clarifies the existing exception in 332.2(k), removes the unnecessary combined event reference, and requires all hurdle specifications to be used, not just some. This eliminates all other exceptions.*

**Item 96** – Submitted by Patrick Pretty, President Wisconsin Assoc.

Add New Rule 332.2(c) as follows and renumber:

Unless otherwise provided by the Games Committee, whenever the number of competitors reporting for an event makes heats, as required in this Rule, unnecessary, the event shall be run as a final at the time in the program so scheduled for the heats.

Add a Note to Rule 166.2 indicating an exception for Masters in Rule 332.2(c).

**Reason:** *To put in the rules the current practice that is being used by the Masters Committee and in smaller meets. It does not make sense to run the heats when the when the finals are listed due to other events and the athletes have shown-up and are ready to run at the time of heats are scheduled.*

**Item 97** – Submitted by Steve Vaitones, Rules Committee

Amend Rule 332.2(e) as follows:

In outdoor events of ((1500)) 800 meters or longer and in the 300 and 400 meter hurdles, timed finals shall be run. Indoors, timed finals shall be run in events of 400 meters or longer. In events of 2000 meters or longer, the number of participants per section ...

**Reason:** *Seeding in those events in masters meets can adequately create appropriately seeded sections. Masters attend meets and often do multiple events where walk-overs are common. And this may help condense the meet for economic reasons as well.*

**Item 99** – Submitted by Steve Vaitones, Rules Committee

Amend Rule 332.2(g) by adding to the end as follows:

Non-club relay teams shall not be eligible for awards at National championships.

*Reason: Awards should not be handed out to a random collection of individuals who decide to run a relay together.*

**Item 100** – Submitted by Graeme Shirley, Rules Committee on behalf of Bob Fine, Florida Assoc.

Amend Rule 332.2(g) by adding to the end as follows:

Participants on non-club teams shall receive non-USATF Championship medals.

*Reason: Non-club (ad hoc) teams are non-scoring and may include non-Americans. Top award these ad hoc teams lessens the awards given to the club teams. A comparable award should be given.*

**Item 101** – Submitted by Graeme Shirley, Rules Committee

Amend Rule 332.2k as follows:

~~The Masters Track & Field Committee may approve exceptions to the use of listed specifications if items are unavailable.~~ The tables which follow ((~~on the following pages~~)) show WMA race specifications:

*Reason: This provision was primarily for the 27-inch hurdles. These hurdles are available. Eliminating the statement emphasizes that Championship events will use, without exception, the implement weights, hurdle heights and spacings, and race lengths approved by WMA as stated in Rule 332.1.c.*

**Item 102** – Submitted by Graeme Shirley, Rules Committee

Amend Rule 332.2k Table and Note as follows:

**WOMEN'S OUTDOOR LONG**

|       |       |                 |    |     |     |     |
|-------|-------|-----------------|----|-----|-----|-----|
| 30-49 | 400m  | 0.762m ( 30 " ) | 10 | 45m | 35m | 40m |
| 50-59 | 300m* | 0.762m ( 30 " ) | 7  | 50m | 35m | 40m |
| 60-69 | 300m* | 0.686m ( 27 " ) | 7  | 50m | 35m | 40m |
| 70&up | 200m* | 0.686m ( 27 " ) | 5  | 20m | 35m | 40m |

*\*The locations for the hurdles in the 300m event are the same as those of the last seven hurdles of the 400m event. They are not same as the high school 300m hurdle race, which uses eight hurdles. The locations for the hurdles in the 200m event are the same as those of the last five hurdles of the 400m event.*

*Reason: This WMA rule change has been confirmed orally by Rex Harvey, Vice President-Stadia, WMA, as having been passed by the Executive Council mid-2008, effective immediately. The 200m event is on the meet schedule for the 2009 World Championships. For incorporation under Rule 332.1.c, the WMA Rule must be published in the IAAF/WMA Handbook. This has not been done, nor has the rule been published online. This submission is for an action item at the Annual Meeting to determine if the conditions of Rule 332.1.c have been met at that time.*

**Item 103** – WITHDRAWN

**Item 104** – WITHDRAWN

**Item 105** – Submitted by Graeme Shirley, Rules Committee on behalf of Bob Fine, Florida Association

Add Rule 333.3 as follows:

**Team Championships**

Team Championships in race walking shall be conducted in 5-year age divisions for men and women. For all divisions three (3) individuals shall score. The number of entries for each team shall be unlimited. Team Championships at the Association level are optional.

**Item 106** – Submitted by Steve Vaitones, Rules Committee

Amend Rule 340.1 as follows:

The Masters Long Distance Running Committee shall conduct and supervise a program for long distance running for all athletes over the age of 40. ~~((Effective 1/1/2011, the Masters Long Distance Running Committee shall conduct and supervise a program for long distance running for all athletes over the age of 35.))~~

**Reason:** *Keep masters distance running at age 40!*

**Item 107** – Submitted by Don Lein, Chair Masters LDR on behalf of Bill Quinlisk, Masters LDR XC

Amend Rule 341.1 as follows:

Team Championships in cross country shall be conducted in 10-year age divisions, 40+, 50+, 60+ and 70+, for men and women ~~((: 40+, 50+, 60+ and 70+))~~. Team Championships in these same divisions may be conducted in other Masters long distance events. The maximum number of entries per team shall be unlimited. In Association championships, the maximum number of entries for a team, and the number of members of each team to finish for scoring may be determined by the Games Committee.

Team scoring for distances up to and including 25 kilometers shall be as follows:

- M40+ and M50+ five (5) individuals shall score with a maximum of eight (8) individuals declared per team;
- M60+, M~~((en))~~ 70+, and all women's teams three (3) individuals shall score with a maximum of five (5) individuals declared per team.

For distances over 25 kilometers all teams shall have three scoring members with a maximum of five (5) individuals declared per team.

~~((In Association championships, the maximum number of entries for a team, and the number of members of each team to finish for scoring may be determined by the Games Committee.))~~

**Reason:** *Restructure paragraph for clarity and add definition to the number of entries, declared and the number allowed to score.*

**Item 108** – Submitted by Don Lein, Chair Masters LDR on behalf of Lloyd Stephenson, Pacific Assoc.

Add New Rule 341.12 as follows:

In a Regional Championship, the above Rules shall apply.

**Reason:** *Regional LDR champs for masters: back bibs, teams scoring, eligibility, etc. should match the National Championship. This is simple, and will reduce confusion. There are no rules or guidelines I can find on this.*