2007 USA MASTERS 5KM CROSS COUNTRY CHAMPIONSHIPS

Sunday, October 14, 2007

Saratoga Spa State Park, Saratoga Springs, New York

Meet Schedule

10:00am… Cross Country Classic Open
11:00am… USA Masters Men 40-49
11:30am… USA Masters Men 50-59
12:00pm… USA Masters Women
12:45pm… USA Masters Men 60+

Eligibility

All 2007 USATF members 40 years or older on race day are eligible to compete. Proof of age may be required.
2007 USATF membership is required. If you are not currently a member of USATF and wish to compete in this event, please visit www.usatf.org/membership/ to register for or renew your membership.

Individual Championship Awards

The top 3 athletes in each five-year age division, starting with 40-44, will receive regulation USATF medals. **Only US citizens are allowed to win USATF medals and other Championship awards, including prize money.**

Individual Championship Prize Money

The top three Age Graded male and female finishers will receive prize money as follows:

	1st	2nd	3rd
Men	$125	$75	$50
Women	$125	$75	$50

Team Competition

Team entries will be accepted from 2007 USATF registered club teams only. All team members must have a 2007 individual USATF membership & belong to the club for which they are competing. Team contact must submit a copy of 2007 club certificate. Contact your club administrator for details.
All team entry forms must be received by Oct. 6th.

The following will constitute club teams;
Men 40-49 & 50-59… 5 score, declare up to 8
Men 60-69 & 70+… 3 score, declare up to 5
All Women's Teams… 3 score, declare up to 5

Team Awards

Regulation USATF medals will be awarded to the scoring members of the 1st, 2nd and 3rd place teams. **Only US citizens are allowed to win USATF medals and championship awards and score for a club team.**

Team Prize Money will be distributed as follows:

Men	1st	2nd	3rd	Women	1st	2nd	3rd
40-49	$400	$250	$150	40-49	$240	$150	$90
50-59	$400	$250	$150	50-59	$240	$150	$90
60-69	$240	$150		60-69	$240		
70-79	$240			70-79	$240		

Individual Entry Fees

(no day of race entries)
Pre-Entry (mail & online) $ 25.00
Registrations must be received on or before October 8th.

Last Chance Registration: $ 40.00
10/13 Noon-4:00pm in the State Park Administration building next to the Little Spa Theatre.

Team Entry Fees

There is no additional team entry fee. Team entries must be submitted by October 6th.

Lodging

Holiday Inn Express of Clifton Park
18 Clifton Park Village Road
Clifton Park, NY 12065
Phone (518) 579-3000
This hotel is located just 15 minutes south of Saratoga. The special rate of $129 for a standard room with two queen beds is being offered to athletes in this event. This rate is only available by calling 518-579-3000. Mention "USA Masters Championship" when registering. Reservation requests should be received by October 1, 2007.
For other accommodations please visit:
www.albany.org, www.southernsaratoga.org
www.discoversaratoga.org

Event Information

Phone: (518) 273-5552 Fax: (518) 273-0647
info@usatfadir.org
www.usatf.org/events/2007/USAMasters5kmXCChampionships/

Registration Form

You **must** be a **current 2007 USATF member** in order to compete in this event

Name: _____ Age on race day:_____ Date of Birth:_____

Street Address: _____

City:_____ State:_____ Zip Code:_____ Sex: _____

Phone:_____ Email: _____

2007 USATF #: ☐☐☐☐☐☐☐☐☐☐ **2007 USATF Membership Number is Required. Subject to verification.**

Are you a member of a team: Yes No If yes see below.

Team Contact:_____ Daytime Phone:_____

Team Name:_____ Representing what Club?:_____

Club Number: ☐☐–☐☐☐☐ Association:_____

2007 USATF Club # is Required

Team Members: 1._____ 5._____

Subject to verification. 2._____ 6._____

3._____ 7._____

4._____ 8._____

PAYMENT OPTIONS:

Make checks payable to: USATF Adirondack, PO Box 1200 Troy NY 12181
Credit Card: We **do not** accept American Express
Card Number: _____
Expiration Date: _____
Name on Card: _____
Card Holder Signature: _____

AMOUNT ENCLOSED:

Entry Fee (non refundable)…… $ 25
Registrant Race Shirt($15)*……..__S__M__L__XL $___
Additional Shirt($20)……..……..__S__M__L__XL $___
Total Enclosed: $___

*A long sleeve shirt is available to each registrant for an extra $15 fee. Additional -shirts and those sold to non-registrants are $20 each. Only a small quantity of sizes small and extra large will be available.

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims to damages I may have against Saratoga Spa State Park, USATF, USATF Adirondack Association, The Saratoga National Bank, City of Saratoga Springs, any officials or promoters of this race, all sponsors, volunteers , successors and assigns for any and all injuries suffered by me in said event. I attest that I am physically fit and have trained for the completion of this race.

Signature:_____ Date:_____

The Championships will be conducted in accordance with USATF Rules of Competition.
For more information, please visit our website www.usatf.org/events/2007/USAMasters5kmXCChampionships/
or call us at (518) 273-5552. USATF Adirondack PO Box 1200 Troy NY 12181.