

USATF RULES COMMITTEE SCORECARD – 2007 Annual Meeting, Honolulu, HI
 Committee Actions as of _____

Item	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action
1	5		21	4		41	4		61	4	
2	5		22	4		42	4		62	4	
3	5		23	5		43	4		63	4	
4	4		24	4		44	4		64	4	
5	W	W	25	4		45	4		65	4	
6	5		26	4		46	4		66	4	
7	6		27	5		47	6	W	67	4	
8	5		28	4		48	4		68	5	
9	5		29	4		49	4		69	4	
10	5		30	4		50	4		70	4	
11	4		31	4		51	5		71	4	
12	4		32	4		52	4		72	4	
13	4		33	4		53	4		73	4	
14	4		34	4		54	4		74	4	
15	5		35	4		55	4		75	4	
16	4		36	4		56	4				
17	5		37	4		57	4				
18	4		38	4		58	4				
19	4		39	4		59	4				
20	4		40	4		60	4				

Conference Call Actions:

1=Grammar / Punctuation 2=Housekeeping 3=Current Practice 4=Recommend Approval
 5=Discuss / Refer 6=Recommend Reject 7=Recommend Table W=Withdrawn a=amended

Final Actions: A=Accepted AA= Accepted As Amended R=Rejected T=Tabled W=Withdrawn

**Proposed Amendments to the USATF Rules of Competition
Resulting from 45th IAAF Congress in Osaka, Japan**

((~~Double parenthesis~~)) indicates removal. Underline indicates addition. *Italics* is a rationale note.

NOTE: Final wording of adopted IAAF amendments will be editorially revised to adhere to the final printed version of the IAAF Competition Rules.

Item 1 – Tabled 2006 Item 5 – Submitted by George Kleeman, Rules Committee, on behalf of Pacific Assoc. Masters Committee
Amend Rule 7 by adding the following to the beginning; Delete Rule 7.6; Renumber existing Rule.

RULE 7 – ((~~TEAM~~)) SCORING

1. For meets that have team scoring, the procedure for scoring, including events and calculation methods, shall be included in the entry material. Prior to the start of the event, the team coach or other representative shall declare the team entries eligible for scoring.
2. Regional Championships may be scored on the basis of Association teams instead of club teams at the option of the Games Committee.

Track and Field

3. The team score shall be the total of all points earned by eligible competitors for a given team. Scoring shall be five (5) points for each first place scored, three (3) points for second, two (2) points for third, and one (1) point for fourth. Events not included on the entry blanks, and events (other than novice events) not open to all USATF member athletes shall not count in the scoring for team point trophies. Relay races shall be scored as any other event. In combined events, the team score shall be the sum of the scores of the top three members of each team. For Masters exemption see Rule 331.2

Long Distance Running, Cross Country, and Race Walking

((+)) 4. Two methods exist for scoring team Championships: ...

Reason: To allow and define team scoring for Association and regional meets if it is wanted.

Item 2 – Tabled 2006 Item 13 – Submitted by Steve Vaitones, Rules Committee

Add new Rule 27.2(e) as follows:

No individual who has committed an adjudicated doping offense in their athletic or coaching career shall be eligible to serve in any positions described in this Rule.

Reason: Put teeth into the concept and consequences of a 'Zero Tolerance' policy.

Item 3 – Tabled 2006 Item 15 – Submitted by Steve Vaitones, Rules Committee

Amend Rule 32.6 by adding:

Individuals who have committed an adjudicated doping offense are ineligible for any future international competitions of any level where competitors represent the USA or are nominated or supported by USATF. They are also ineligible to serve on any USATF National teams in any capacity including, but not limited to coach, manager, medical staff, and athlete liaison for Athletes Advisory Committee.

Reason: Put teeth into the concept and consequences of a 'Zero Tolerance' policy

Item 4 – Tabled 2006 Item 23 – Submitted by Steve Vaitones, Rules Committee

Amend Rule 146.2 as follows:

Protests relating to matters which developed during the conduct of the competition must be made to the Referee at once and not later than 30 minutes after a result has been announced, except in the case of long distance (~~and cross country~~) races(,) where the time period shall be 24 hours, and cross country races where the time period shall be one hour. . .

Reason: In cross country, results are generally available and posted onsite far more quickly than after road races, therefore a 60 minute protest period is more appropriate than the 24 hour LDR period.

Item 5 – Tabled 2006 Item 39 – Submitted by Bob Podkaminer, Rules Committee

(Withdrawn)

Item 6 – Tabled 2006 Item 44 – Submitted by George Kleeman, Rules Committee on behalf of David Post, New England Assoc.

Amend Rule 195 as follows:

4. Head - The head shall be a solid sphere (~~(or a spherical bladder)~~).

~~((a))~~ The solid sphere shall be made of a metal not softer than brass, or of a shell of such metal or ~~(plastic)~~ suitable polymer filled with lead or other material (~~(, which will not deform on impact)~~). The polymer shell implement must deform on impact and then return to an approximate spherical shape after impact. If a filling is used, it must be inserted in such a manner that it is immovable (~~and that the center of gravity shall be not more than 9mm from the center of the sphere~~) to the degree that the center of gravity is located at the center of the sphere as determined by sight and feel. If the center of gravity can be measured, then it should be and shall not be more than 9 mm from the center of the sphere. Only one type of fill material is allowed per implement. The maximum diameter of a sphere with a polymer shell (~~(of plastic)~~) shall be no more than 15mm larger in diameter than the corresponding all metal implement and may only be used for indoor competitions. See table in 195.8 for specifications.

~~((b) Where indoor facilities dictate and for weights lighter than 56 lbs., a spherical bladder head may be used. The spherical bladder shall be made of a synthetic material which will return to its shape after impact. The bladder shall be filled with lead shot or other suitable material. The bladder shall surrounded by a harness and have no maximum diameter requirement.)~~

6. Connection - The handle shall be connected either directly to the head or to a harness.

~~((a))~~ The direction connection shall be by means of no more than two steel links (loops), whose diameters shall not exceed 9.5mm. The handle shall be connected to the steel links by a loop; a swivel may not be used. The head may be connected to the links by means of a swivel that may be either plain or with ball bearings for the solid sphere implement. For the polymer shell (~~(plastic filled)~~) implement, a swivel is allowed between the ball and the handle.

~~((b) The connection to a harness for the bladder type implement shall be by means of no more than two steel links (loops), whose diameter shall not exceed 9.5mm and a swivel may be placed between the two links. The harness shall have a minimum of four straps, sewn together to form a sling. Netting of any kind shall not be used to form the harness. The harness must not show evidence of elasticity or malformation after the implement has been thrown.)~~

Reason: Since we have allowed the use of the bladder we have had continuing problem. It can continue to be used for practice but not in competition. To make clear what has been common practice but not covered in the rules.

Item 7 – Tabled 2006 Item 49 – Submitted by Gary Westerfield, President Long Island Assoc.

Amend Rule 232.2 as follows:

Definition of Race Walking. Race Walking is a progression of steps so taken that the walker makes contact with the ground so that no visible (to the human eye) loss of contact occurs. The advancing leg must be (~~straightened (i.e., not bent at the knee))~~ extended at the knee (not bent) from the moment of first contact with the ground until the leg is in the vertical (~~upright~~) position.

Reason: *Currently the event is judged by interpreting a definition. The definition is contradictory. Using correct biomechanical terms clears up problems of interpretation. Why replace the definition? What other event has a definition rather than a set of rules?*

Item 8 – Tabled 2006 Item 86 – Submitted by George Mathews, Chair, Masters Track & Field

Amend Rule 331.1(a) as follows:

National Indoor Track and Field

... Shot Put, Weight Throw, Superweight Throw (~~(, Pentathlon)~~).

Amend Rule 331.1(b) as follows:

National Outdoor Track and Field

... Discus Throw, Javelin Throw, Hammer Throw (~~(, Pentathlon)~~).

~~((Note: For events in the Pentathlon, see Rule 200.))~~

Add new Rule 331.1(i) as follows:

National Indoor Pentathlon. See Rule 222.

Add new Rule 331.1(j) as follows:

National Outdoor Pentathlon. See Rule 200.

Reason: *With the growth of our indoor and outdoor championships we have been unable to conduct our indoor championships in three days and the outdoor championships without overworking our officials, local organizing committees and facilities. We need to split the outdoor championships into two part days in order to eliminate competition during the hottest part of the day for the health and safety of our officials, athletes and spectators. Pentathletes will be able to maximize performances in both championships by separating these championships*

Item 9 – Tabled 2006 Item 89 – Submitted by George Mathews, Chair, Masters Track & Field, on behalf of Ken Weinbel *** *The originally submitted item has been amended and is replaced with:* ***

Amend Rule 331.1(h) as follows:

National Outdoor Weight Throws

Weight Throw

Superweight Throw

Ultraweight Pentathlon

The Ultraweight Pentathlon shall be conducted in accordance with Rule 202 using the first three attempts from the results of the Weight Throw and Superweight Throw, and three attempts each in the Ultraweights.

Reason: *There has been much demand for this event to be elevated to Championship status. It has been contested for many years in all parts of the country. Implements are widely owned by athletes and clubs. Masters Track & Field Committee has had this event on exhibition status. Officiating technique are well known by USATF officials. Additional event will make weight championship more economically viable and encourage more participation.*

Item 10 – Tabled 2006 Item 106 – Submitted by John Blackburn, Rules Committee on behalf of ADA Advisory *** *Placeholder item to define running as necessary.* ***

Item 11 – Amend Rule 119.4 as follows: (IAAF 33, 34)

The Jury of Appeal shall consult with all relevant persons (~~(officials)~~). If the Jury of Appeal is in doubt,
The decision of the Jury of Appeal shall be final. There shall be no further right to appeal. The Jury of Appeal may, however, ...

Item 12 – Amend Rule 125.4 as follows: (IAAF 34)

The decision of the Referee in all matters shall be final and without further right to appeal except in those meets or events for which a Jury of Appeal has been established for that special purpose.

Item 13 – Amend Rule 125.8 as follows: (IAAF 22)

A Referee shall have the authority to warn any competitor for (~~(improper conduct)~~) acting in an unsporting or improper manner.

Item 14 – Amend Rule 143.3c as follows: (IAAF 24)

When a competition is conducted on a synthetic surface, that part of each spike which projects from the sole or heel, must not exceed 9mm, except in the High Jump and Javelin Throw, where it must not exceed 12mm. (~~(These spikes shall have a maximum diameter of 4mm.)~~) Competitors shall also comply with any instruction from organizers as to length of spikes. For non-synthetic surfaces, the maximum length of spike shall be 25mm (~~(and the maximum diameter is 4mm. On synthetic tracks, competitors shall comply with the instructions of organizers as to length of spikes)~~). Each spike must be constructed so that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge.

Item 15 – Amend Rule 144.2; Amend Rule 144.3; Delete Rule 144.9; Delete Rule 144.10 as follows for closer format alignment with IAAF and implementation of new IAAF provisions. Renumber as appropriate; Change references in Rule 144.6 and Rule 144.8: (IAAF 26, 27)

Rule 144.2

Except as provided in road races (Rule 241) and in long distance walking events (Rule 232), during the progress of an event a competitor who has received any assistance whatsoever from any other person may be disqualified by the Referee. “Assistance” is the conveying of advice, information or direct help to an athlete by any means, including a technical device. (~~(It also includes pacing in running or walking events by persons not participating in the event, by competitors lapped or about to be lapped, or by any kind of technical device. It does not mean participation of an officially designated pacesetter in the race.)~~)

Note 1: ...

Note 2: ...

Rule 144.3

The following shall not be considered assistance:

- (a) Verbal or other communication, without the use of any technical device, from an individual who is not in the competition area to an athlete who is in the competition area (~~(shall not be considered assistance)~~). In order to facilitate this communication
- (b) Physiotherapy and/or medical treatment necessary to enable an athlete to participate, or continue participation once in the competition area, may be provided by members of the official medical staff appointed by the Games Committee and clearly identified as such. Accredited team medical personnel approved by the Meet Doctor specifically for this (~~(the above)~~) purpose may be

permitted in the medical treatment area outside the competition area. In neither case shall the intervention delay the conduct of the competition or a competitor's trial in the designated order.

***moved from 144.10*

- (c) Medical personal authorized by the Games Committee or Referee to do so may (~~examine~~) perform a hands-on medical examination during the progress of an event for any athlete who appears in distress. If in their opinion it is in the best interest of the athlete's health and welfare, they may remove the athlete from the competition. (~~A hands-on medical examination during the progress of an event by officially designated medical personnel shall not be considered assistance.~~) ***moved from 144.9*
- (d) Participation of an officially designated pacesetter in the race. ***moved from 144.2*

The following shall be considered assistance and therefore not allowed:

- (e) Pacing in running or walking events by persons not participating in the event, by competitors lapped or about to be lapped, or by any kind of technical device. ***moved from 144.2*
- (f) The visible possession or use by athletes of video or audio cassette recorders or players, TV's, CD or DVD players, radio transmitters or receivers, mobile phones, computers, or any similar devices in the competition area (~~shall not be permitted~~). ***moved from 144.3b*
- (g) Use of any technical device that incorporates springs, wheels or any other element that provides the user with an advantage over another athlete not using such a device.
- (h) Use of any appliance that has the effect of increasing the dimension of a piece of equipment beyond the permitted maximum in the Rules or that provides the user with an advantage which would not have been obtainable using the equipment specified in the Rules.

Item 16 – Amend Rule 145.2; Add Rule 145.3 as follows: (IAAF 28, 29)

2. ... If such disqualification occurs, any performance accomplished up to that time in the same event session shall not be considered valid. Performances accomplished in any previous event session, such as a qualifying round, or previous events of a combined event shall stand. If the Referee thinks ...
3. If an athlete is cited for a second (or subsequent) time under Rule 125.8 for acting in an unsporting or improper manner, in different rounds of one event, or in different events, the athlete shall be disqualified from such second (or subsequent) events in accordance with this Rule.

Item 17 – Amend Rule 146.4 as follows: (IAAF 30)

~~(In races where a false start control apparatus is used,)~~ If an immediate oral protest is made regarding a decision by the Starter to charge a false start, the Referee may allow an athlete to compete under protest in order to protect the rights of all concerned and, in races where a false start control apparatus is used, to provide the time required to determine if the information provided by the apparatus is obviously inaccurate.

*** Adoption of the above would require adoption of the following conformance to IAAF Rule 129.2.*

Amend Rule 129.2 as follows: (changed by IAAF in 2002)

The Starter shall have entire control of the competitors at their marks (~~and shall be the sole judge, except as herein otherwise provided, of whether or not any competitor has committed a false start~~). See Rule 162 for method of starting.

Item 18 – Add New Rule 146.5 as follows and renumber: (IAAF 31)

Where an IAAF approved false start control apparatus is used, a protest may be based on the failure of the Starter to recall a false start. The protest may be made only by, or on behalf of, an athlete who has completed the race. If the protest is upheld, any athlete who committed the false start, and who was subject to disqualification according to Rule 162.12, shall be disqualified. Where there is no

disqualification of any athlete according to Rule 162.12, the Referee shall have the authority to declare the event void and that it shall be held again if in his or her opinion justice demands it.

Item 19 – Amend Rule 146.5 as follows: (IAAF 32)

If an immediate oral protest is made, in order to protect the rights of all concerned:

(a) Regarding a decision of a Field Judge that a jump or throw is foul or is invalid, the jump or throw should be measured, if possible (~~(, in order to protect the rights of all concerned)~~). The measurement should be announced only if the protest is upheld.

(b) Regarding an attempt during the first three rounds of trials that would have advanced the athlete to the final three rounds, the Referee may allow the athlete to compete in the final three rounds. If the protest is upheld, no athlete is disenfranchised from the final three rounds.

Item 20 – Add Rule 147 as follows: (IAAF 37)

MIXED COMPETITION

For all competitions held completely in the stadium, mixed events between male and female participants shall not normally be permitted. However, authorization for such mixed competition in field events and in races of 5000 meters or longer may be made for a competition by the Chair or designee of the appropriate sport committee. See Rule 320.8 for Masters exception

Amend Rule 320.8

A mixed event containing male and female participants is allowed. Masters records may be made in mixed age and/or mixed sex competitions.

Item 21 – Amend Rule 160.3 as follows: (IAAF 38)

... If a section of the curb has to be removed temporarily for field event competition, its place shall be marked with a white line 5cm wide and by plastic cones (~~((minimum height 20cm))~~) or flags, minimum height 20cm, placed at intervals not exceeding 4m. This shall also apply ...

Item 22 – Amend Rule 160.8c as follows: (IAAF 43)

Whenever possible, the 800 Meters shall be run in lanes until the athletes have passed the nearer edge of the breakline at the end of the first turn (~~(, marked at each end by a flag or cone positioned outside the track at least 30cm from the nearest lane line)~~). The starts shall be so staggered that the distance from the start to finish shall be the same for each competitor. Small markers, such as cones or prisms 5cm x 5cm and no more than 15cm high preferably of a different color from the breakline and lane lines, (~~(may)~~) shall be placed on the lane lines immediately before the intersection of the lane lines and the breakline.

Item 23 – Amend Rule 162.8 as follows: (IAAF 40)

On the command "on your marks," or "set" as the case may be, all competitors shall at once and without delay assume their full and final "set" position. Failure to comply with this command after a reasonable time shall constitute a false start. When an athlete, after the command "on your marks" or "set" as appropriate, and before the report of the pistol/starting device, signals to abort the start by an action such as raising a hand or standing from a crouched position without a valid reason as determined by the appropriate Referee, the athlete shall be warned for improper conduct by the Referee. In this case, as well as when an extraneous reason was considered the cause for aborting the start, a green card shall be shown to all the athletes to indicate that a false start was not committed by any athlete.

Reason: *There is a need to not have a false start charged against the field for an action of improper conduct by a single competitor. The solution should be for the starter to abort the start and then make a determination regarding proper conduct instead of continuing and charging a false start.*

Item 24 – Amend Rule 163.5 as follows: (IAAF 42)

Each competitor must keep in the lanes outside the line or curb marking the inside of the track, including the diversion from the track for the steeplechase water jump. In races run entirely in lanes, each competitor must keep in the allotted lane from start to finish. In races run partially in lanes, each competitor must keep in the allotted lane from the start to the marked cut-in points. Unless a material advantage has been gained, a competitor shall not be disqualified if he or she: ...

Item 25 – Move Note from Rule 164.5 to Rule 164.4; Delete Rule 164.5; Amend Rule 165.15 as follows: (IAAF 45, 48)

... The system must record the finish through a camera with a vertical slit, positioned in the extension of the finish line, producing a continuous image. ~~((The image must also be synchronized with a uniformly marked time scale graduated in 1/100th of a second.))~~ In order to confirm that the camera is correctly aligned and to facilitate the reading of the photo finish image, the intersection of the lane lines and the finish line shall be colored black in a suitable design. Any such design must be solely confined to the width of the intersection and not extending before the leading edge or more than 2cm beyond the finish line. *** Deleted sentence is Rule 165.10d.*

Item 26 – Amend Rule 166.1f.i.b as follows: (IAAF 50)

For all other rounds, competitors shall be ranked after each round in accordance with the procedures set forth in Rule 166.1(d)ii. ~~((Two))~~ Three draws will then be made.

(1) The first draw is for those preferred lanes as determined by the Games Committee, ~~((according to the following schedule.))~~ for a number equal to and not exceeding one-half the number of lanes used, for the highest ranked competitors in the race based on the ranked list for forming heats for the round.

~~((On an 8 or 9 lane track, the four highest ranked competitors in the race based on the ranked list for forming heats for the round.~~

~~On a 6 or 7 lane track, the three highest ranked competitors in the race based on the ranked list for forming heats for the round.~~

~~On a 4 or 5 lane track, the two highest ranked competitors in the race based on the ranked list for forming heats for the round.))~~

(2) The second draw is for ~~((the remaining competitors in the race and the remaining lanes))~~ those preferred lanes as determined by the Games Committee, for a number equal to and not exceeding one-half those competitors remaining after the first draw.

(3) The third draw is for the remaining competitors in the race and the remaining lanes.

Reason: **** IAAF item 122, which would have exempted the indoor 800 meters from this new procedure, was not approved, therefore an exemption is not part of the compliance package. If an exemption is desired, an amendment to Rule 214.1.b.iii is needed. ****

Item 27 – Amend Rule 166.1h-table as follows: (IAAF 49)

Replace the table for Eight Lanes Where Fully Automatic Timing Is Used to reflect a normal use of 3 semi sections, instead of 2, and a normal advancement to the final which includes a majority of advancers based on place, instead of all based on place. Races of 1500 meters and longer are already covered in Rule 166.1c.

WHERE FULLY AUTOMATIC TIMING IS USED FOR EIGHT LANES

100m, 200m, 400m, 800m, 100mH, 110mH, 400mH, 4x100m, 4x400m

No. of Entries	No. Trial Heats	No. Qualifying	No. Semi-Final Heats	No. Qualifying	No. in Final
1 to 8	0	-	0	-	1 to 8
9 to 16	0	-	2	3 + next 2 best times	8
17 to 24	((3)) 0	((4 + next 4 best times)) -	((2)) 3	((4)) <u>2 + next 2 best times</u>	8
25 to 32	4	3 + next 4 best times	2	((4)) <u>3 + next 2 best times</u>	8
33 to 40	5	((2 + next 6 best times)) <u>4 + next 4 best times</u>	((2)) 3	((4)) <u>2 + next 2 best times</u>	8
41 to 48	6	((2 + next 4 best times)) <u>3 + next 6 best times</u>	((2)) 3	((4)) <u>2 + next 2 best times</u>	8
<u>49 to 56</u>	<u>7</u>	<u>3 + next 3 best times</u>	<u>3</u>	<u>2 + next 2 best times</u>	<u>8</u>

Item 28 – Amend Rule 168.3a; Amend Rule 169.4a as follows: (IAAF 52, 56)

~~((does not))~~ fails to jump ((any hurdle)) one or more hurdles;

Item 29 – Amend Rule 168.8 as follows: (IAAF 51)

Top Bar - The top bar shall be 7cm wide and shall be striped in black and white or in some other strong distinctive contrasting colors, also in contrast with the surrounding environment, in such a manner that the lighter stripes appear for at least 22.5cm at each end of the bar. The thickness of this bar shall be between 10 and 25mm and the top edges should be rounded. The bar should be firmly fixed at the extremities. The top bar shall be of a length equal to the width of the lane in which it is placed.

Item 30 – Amend Rule 169.3 as follows: (IAAF 53)

... All hurdles are to be painted with white and black stripes, or in other strong distinctive contrasting colors, also in contrast with the surrounding environment, in such a manner that the lighter stripes, which will be at least 22.5cm wide, are on the outside. ...

Item 31 – Amend Rule 169.5a and Illustration Figure 4 as follows: (IAAF 54, 55)

... The depth of the water pit closest to the hurdle shall be uniform between 50cm and 70cm. This depth shall be maintained for approximately 30cm. From there, the bottom shall have a uniform slope upwards to the level of the track at the farther end of the water pit. ...

Item 32 – Amend Rule 170.5; Amend Rule 170.8 as follows: (IAAF 58)

Rule 170.5

The breakline arc across the track at the entry to the back straight showing the positions at which the second stage runners (4x400) and third stage runners (4x200) are permitted to leave their respective lanes, shall be marked and identical to the breakline arc for the 800 Meters event, described in Rule 160.8(c).

NOTE: *For rule applicable to relays for Indoor competitions, see Rule 217.*

Rule 170.8

... The second runners in each team shall run in lanes as far as the nearer edge of the breakline after the first turn where the runner may leave their respective lanes. ~~((The breakline shall be an arc of line 5cm wide across the track, marked at each end by a flag or cone, positioned outside the track, at least 30cm from the nearest lane line.))~~

NOTE: *To assist competitors in identifying the breakline, small cones or prisms (5cm x 5cm no more than 15cm high), preferably of a different color from the breakline and the lane lines, ~~may~~ shall be placed on the lane lines immediately before the intersection of each lane line and the breakline.*

Item 33 – Amend Rule 170.18 as follows: (IAAF 60)

Any four athletes from among those entered for the competition, whether for the relay or any other event, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, only two additional athletes may be used as substitutes in the composition of the team for subsequent rounds. ~~((Substitutions in a relay team may only be made from the list of athletes already entered for the meet, whether for that or any other event.))~~ The composition of the relay team and the order of running shall be officially declared no later than one half hour before the published starting time for the first heat of each round of the competition. Further alterations may be made only on medical grounds (verified by a medical officer appointed by the Games Committee) and only until the final call for the particular heat in which the team is competing. ~~((Once the athlete, who has started in a previous round, has been replaced by a substitute, the athlete may not return to the team.))~~ Should a team not comply with this rule, it shall be disqualified.

NOTE: *For Youth Athletics exceptions, see Rule 302.3(~~(a)~~).*

Item 34 – Add New Rule 180.4a; Delete Rule 180.9 as follows and renumber: (IAAF 68)

No competitor shall have more than one trial recorded in any one round of the competition.

Item 35 – Add to the end of Rule 180.4e as follows: (IAAF 66)

When the competing order is to be changed and there is a tie for any position, those tying shall compete in the same relative order according to the original draw.

Item 36 – Add New Rule 181.4 as follows and renumber: (IAAF 69)

In non-championship competition, in the discretion of the Games Committee, vertical jump competitions may be held in a different format to that provided under this rule, including limiting the total number of heights or trials which a competitor may attempt.

Item 37 – Amend Rule 180.8d and renumber as follows: (IAAF 72, 73)

ii. It is a matter for the Referee to decide, having regard to all the circumstances, what is an unreasonable delay. The times in the following chart should not normally be exceeded: ***the chart goes here*

iii. In the High Jump and Pole Vault, any change in the time period allowed for a trial shall not be applied until the bar is raised to a new height, except when time specified for consecutive trials shall be applied whenever any athlete has two or more consecutive trials. The time allowed shall be the greater if more than one situation is applicable. For the first attempt of any competitor upon entering the competition, the time allowed for such attempt shall be one minute. The number of competitors remaining in the competition includes those who could be involved in a jump-off for first place.

Item 38 – Add New Rule 180.9; Amend Rule 126.8 as follows: (IAAF 68)

Rule 180.9

The completion of valid trial shall be once the Chief Judge has determined that:

(a) for vertical jumps there is no failure according to Rules 182.3, 183.5 or 183.6,

(b) the competitor leaves the landing area in the horizontal jumps according to Rule 185.4, or

(c) the competitor leaves the circle or runway in the throwing events according to Rule 187.5 or Rule 193.1(e).

Rule 126.8

The appropriate Field Judge(s) shall, at the completion of a trial, indicate a valid performance by raising a white flag and shall indicate a foul or non-valid performance by raising a red flag. See Rule 180.9.

Item 39 – Amend Rule 180.17 as follows: (IAAF 94)

In the Javelin Throw, the length of the runway (~~should be not more than 36.5m, but~~) shall be not less than 30m. For Championships, the minimum length should be 33.5m. The runway shall be marked by two parallel lines 5cm wide and 4m apart.

Item 40 – Amend Rule 180.18 as follows: (IAAF 76, 81, 83, 93)

(a) The maximum allowance for inclination of runways for jumping events and the Javelin Throw shall not exceed 1:100 laterally ((and 1:1000 in the running direction)).

(b) The maximum allowance for overall downward inclination in the last 40m of runway((s)) for jumping events and in the last 20m of runway for the Javelin Throw shall not exceed 1:1000 in the running direction.

(c) In the High Jump, the maximum overall inclination of the runway in the last 15m shall not exceed 1:250 along any radius in the direction of the center of the semicircular area located midway between the uprights and having the minimum distance specified in Rule 180.16. The landing area should be placed so the competitor's approach is up the inclination.

Item 41 – Amend Rule 181.8c.i as follows: (IAAF 75)

If it concerns first place, the competitors tying shall have one more jump ~~((at the lowest height attempted above the tying height at which any of those involved in the tie has lost the right to continue jumping))~~ at the next height, determined in accordance with Rule 181.1, after the height last cleared by the competitors, and if no decision ...

EXAMPLE

Heights announced by the Chief Judge at the beginning of the competition:

1.75m, 1.80m, 1.83m, 1.86m, 1.88m, 1.90m,.....

Competitor	Height and Performance							Total Fails	Jump Off			Final Place
	1.75m	1.80m	1.83m	1.86m	<u>1.88m</u>	((1.88m)) <u>1.90m</u>	((1.90m)) <u>1.92m</u>		1.88m	1.86m	1.88m	
A	0	X0	0	X0	--	((XXX))	<u>X</u>	2	X	0	X	2
B	X0	0	--	X0	--	--	XXX	2	X	0	0	1
C	--	X0	X0	X0	--	XXX		3				3

0 = cleared x = failed -- = did not jump

All jumpers, A, B, and C, cleared 1.86m, and all three failed the next height that they attempted ~~((A and))~~ C going out at 1.90 ~~((1.88m))~~, A and B at ~~((1.90m))~~ 1.92m. Since C had more total failures than A and B up to and including the height last cleared, C is awarded third place (see subparagraph ~~((40))~~ §(b)). Since A and B have the same number of failures, they must jump off to determine first place. ~~((The lowest height missed by either A or B above 1.86m, the tying height, was 1.88m, which was failed by A.))~~ The next height in the announce progression, after the tying height of 1.86, is 1.88m. 1.88m, therefore, is the height at which the jump-off must start.

The tie for first was broken in the jump-off when B cleared 1.88m, and A failed that height. B, therefore, was awarded first place and A second place.

Item 42 – Amend Rule 183.5 Note 2 as follows: (IAAF 78)

NOTE 2: *It is not a foul solely because the pole touches the vaulting pad, in the course of an attempt, ~~((when))~~ after properly being planted in the box.*

Item 43 – Amend Rule 185.4e and Rule 185.4-Note 1 as follows: (IAAF 85)

(e) when leaving the landing area, makes first contact by foot, which is considered leaving, with its border or the ground outside the pit closer to the take-off line than the nearest break made in the sand.

NOTE 1: *Except as described in Rule 185.4(c), if the competitor takes off before reaching the take-off line, it shall not for that reason be counted a failure or foul.*

Item 44 – Add Rule 187.3h as follows: (IAAF 63)

For throws made from a circle, a competitor may use one marker only. This marker may be placed only on the ground in the area immediately behind or adjacent to the circle. The marker must be temporary, in position only for the duration of each competitor’s own trial and shall not impair the view of the judges. No personal markers may be placed in or beside the landing area.

Item 45 – Amend Rule 187.5 as follows: (IAAF 103)

The competitor must not leave the circle until the implement has touched the landing surface. When leaving the circle, the competitor's first point of contact with the top of the iron band and/or the surface outside the circle must be completely behind the white line that is drawn outside the circle running theoretically through the center of the circle. The first contact with the top of the iron band or the ground outside the circle is considered leaving.

Item 46 – Amend Rule 187.6; Amend Rule 193.1c as follows: (IAAF 101)

Rule 187.6

For a throw to be valid in the Shot Put, Hammer Throw, Weight Throw, and Discus Throw, the implement, excluding the handle and wire, and connection, as appropriate, must ~~((make first contact with the ground))~~, in contacting the ground when it first lands, be completely within the inner edges of the lines of the sector (see Rule 187.22). For the javelin see Rule 187.24 and 193.1c.

Rule 193.1c

No throw shall be valid or counted in which the tip or the point of the metal head, in contacting the ground when it first lands, is not ~~((does not ((strike)) make first contact with the ground))~~ completely within the inner edges of the lines of the sector before any other part of the javelin, or where the competitor touches with any part of the body, the arc as marked or the lines drawn from the extremities thereof at right angles to the parallel lines, or the ground beyond the arc or such lines.

Item 47 – Add Rule 187.10-Note 2 as follows: (IAAF 88)

(Withdrawn - was not part of the final IAAF approved package)

Item 48 – Amend Rule 187.15 as follows: (IAAF 97)

Landing Area - The landing area for outdoor throwing events shall consist of ~~((cinder, grass, or a similar suitable material on which the implement makes an imprint))~~ suitable material with an even surface soft enough to ensure that the place of the initial imprint of the implement can be clearly established by the judges. These areas shall be on ...

Reason: This item was approved to be part of the Facilities Manual instead of the Competition Rules.

Item 49 – Amend Rule 187.18 as follows: (IAAF 91)

Construction - The circle shall be made of a band of iron, steel, or other suitable material, painted white, the top of which shall be sunk flush with the ground outside. The ground surrounding the circle may be concrete, synthetic, asphalt, wood or any other suitable material. The surface within the circle shall be packed ...

Item 50 – Amend Rule 188.2 as follows: (IAAF 106)

... The shot must not at any time be brought behind the line of the shoulders. Cartwheeling techniques are not permitted.

Item 51 – Amend Rule 188.4-Table as follows: (WMA compliance, NFHS compliance)

Name	16 lb	6 kg	12 lb	5 kg	4 kg	3 kg	6 lb
Nominal Wt kg	7.26	6.00	5.45	5.00	4.00	3.00	2.72
Record Wt. Min. kg	7.260	6.000	((5.450)) <u>5.443</u>	5.000	4.000	3.000	2.720
Diameter min. mm	110	105	98.4	100	95	85	-
Diameter max. mm	130	125*	117.5	((115*)) <u>120*</u>	110*	((100*)) <u>110</u>	-

*The maximum diameter for all outdoor shots used in Masters competition shall be 130mm for men and ((110mm for women)) 120mm for the women 4kg.

Item 52 – Amend Rule 189.3-Table as follows: (WMA compliance)

Name	2kg	1.75kg	1.6kg	1.5kg	1 kg	<u>0.75kg</u>
Nominal Wt kg	2.0	1.75	1.6	1.5	1.0	<u>0.75</u>
Minimum Record Wt. kg	2.000	1.750	1.600	1.500	1.000	<u>0.750</u>
Outside Diameter min. mm	219	210	209	200	180	<u>166</u>
Outside Diameter max. mm	221	212	211	202	182	<u>169</u>
Diameter of Flat Area min. mm	50	50	50	50	50	<u>50</u>
Diameter of Flat Area max. mm	57	57	57	57	57	<u>57</u>
Thickness at center min. mm	44	41	40	((37)) <u>38</u>	37	<u>33</u>
Thickness at center max. mm	46	43	42	((39)) <u>40</u>	39	<u>37</u>
Thickness of Rim at 6 mm from edge, min. mm	12	12	12	12	12	<u>10</u>
Thickness of Rim at 6mm from edge, max. mm	13	13	13	13	13	<u>13</u>

Item 53 – Amend Rule 190-Note 1 as follows: (IAAF 115)

An effective hammer cage should have moveable panels at the front where the operative positions of these panels are marked, either permanently or temporarily, on the ground. These should be ...

Item 54 – Amend Rule 191.7; Amend Rule 191.8; Replace Figure 14 as follows: (IAAF 110, 113)

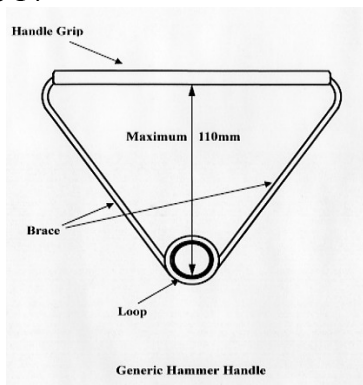
Rule 191.7

Handle - The handle shall be rigid and without hinging joints of any kind, may have a curved or straight grip and shall have ((with a maximum width inside of 130mm and)) a maximum length inside of 110mm. ((The sides of the handle may be straight or slightly curved where the sides meet the grip.)) Per IAAF specifications, the ((maximum)) minimum handle breaking strength shall be 8kN (800kgf) and the handle shall be designed such that the total deformation of the handle under a tension load of 3.8kN shall not exceed 3mm. See Figure 14.

Rule 191.8

Connection - The wire shall be connected to the head by means of a swivel which may be either plain or ball bearing. The handle shall be connected to the wire by means of a loop in such a manner that it cannot be turned within the loop of the wire to increase the overall length of the hammer. A swivel may not be used.

Figure 14



Item 55 – Amend Rule 191.9-Table as follows: (WMA compliance, NFHS compliance)

Name	16 lb	6 kg	12 lb	5 kg	4 kg	3 kg
Nominal Wt. kg	7.26	6.00	5.45	5.00	4.00	3.00
Min. Record Wt. kg	7.260	6.000	((5.450)) <u>5.443</u>	5.000	4.000	3.000
Diameter min. mm	110	105	98.4	100	95	85
Diameter max. mm	130	125	117.5	((115)) <u>120</u>	110	100
Length* min. mm	1175	1175	1175	1165	1160	1160
Length* max. mm	1215	1215	1215	1200	1195	1195
Loop Size max. mm	19.5	19.5	19.5	19.5	19.5	19.5

Item 56 – Amend Rule 193.1d as follows: (IAAF 99)

Competitors may not in the course of an attempt((;)) touch with any part of their body((;)) the lines which mark the ((boundaries of the throwing area)) runway or the ground outside.

Item 57 – Amend Rule 193.1e as follows: (IAAF 103, 104)

Competitors shall not leave the runway until the Javelin has touched the landing surface. When leaving the runway, the competitor's first point of contact with the parallel lines or the surface outside the runway must be completely behind the arc and the lines drawn from its extremities. The first contact with the parallel lines or the surface outside the runway is considered leaving.

A competitor shall also be considered to have left the runway in a valid manner once the implement has touched the ground and the competitor makes contact with or behind an identified line 4m back from the ends of the throwing arc, or if a competitor is already behind such line and inside the runway at the moment the implement touches the ground.

Item 58 – Amend Rule 193.7-Table as follows: (WMA compliance)

Name	800 g	700g	600 g	500g	400 g
Overall Length max. mm	2700	2400	2300	((2200)) <u>2100</u>	1950

Item 59 – Add Rule 195.7-Note as follows: (WMA compliance)

Note: The overall length for Masters is 41.00cm.

Item 60– Add Rule 195.8-Note as follows: (WMA compliance)

Note: Maximum diameter for Masters indoor implements is 15mm larger.

Item 61 – Amend Rule 211.4 as follows: (IAAF 118)

The foundation on which the surface of the track, runways and take-off area is laid shall either be solid or, if of suspended construction (such as wooden boards or plywood sheets mounted on joists), without any special sprung sections and, as far as technically possible, each runway and take-off area shall have a uniform resilience throughout. This shall be checked before each competition. ((See Rules 218.1 & 2, 219.1, 220.1.)) A 'sprung section' is any deliberately engineered or constructed section designed to give extra assistance to a competitor.

Item 62 – Amend Rule 214.2b and Rule 214.2c as follows: (IAAF 120)

(b) Races of up to and including ~~((200m))~~ 300m shall be run entirely in lanes.

(c) Races over ~~((200m))~~ 300m and less than 800m shall start and continue in lanes until the end of the second turn.

Item 63 – Amend Rule 217.1 as follows: (IAAF 121)

In the 4x200 Meter Relay all of the first stage and the first turn of the second stage shall be run in lanes. At the end of this turn, there shall be a 5cm wide line (breakline) ~~((distinctively marked across all the lanes at this point))~~ marked as specified in Rule 160.8 to indicate where each athlete can break from their lane. Rule 170.7 shall not apply.

Item 64 – Add Rule 217.4 as follows: (IAAF 123)

The runners in the third and fourth legs of the 4x200 Meters Relay and in the second, third and fourth legs of the 4x400 Meters Relay and 4x800 Meters Relay shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they enter the last turn before the exchange. Once the incoming runners have passed this point, the waiting runners shall maintain their order, and shall not exchange positions at the beginning of the take-over zone. Should any runner not comply with this paragraph, his/her team shall be disqualified.

Item 65 – Amend Rule 218 as follows: (IAAF 124)

1. ~~((The take-off area shall be level with a maximum overall slope (up or down) of 1:250.))~~ If portable ~~((take-off))~~ mats are used, all references in the Rules to the level of the take-off area must be construed as referring to the level of the top surface of the mat. ~~((The foundation on which the surface of the take-off area is laid shall either be solid or, if of suspended construction (such as wooden boards mounted on joists), without any special sprung sections.))~~
2. ~~((The runway, outside the take-off area, shall be level and unsprung in exactly the same way as the take-off area. However, the))~~ An athlete may start an approach on the banking of the oval track provided that the last ((§)) 15 meters of the run up is on ((the level runway)) a runway complying with Rule 180.16 and Rule 180.18.

Item 66 – Amend Rule 219 as follows: (IAAF 125)

~~((1. The foundation on which the surface of the runway is laid shall either be solid or, if of suspended construction (such as wooden boards mounted on joists), without any special sprung sections.))~~

~~((2. The))~~ An athlete may start an approach on the banking of the oval track provided that the last 40 meters of the run up is on ((the level runway)) a runway complying with Rule 180.16 and Rule 180.18.

Item 67 – Amend Rule 220 as follows: (IAAF 126)

~~((1. The foundation on which the surface of the runway is laid shall either be solid or, if of suspended construction (such as wooden boards mounted on joists), without any special sprung sections.))~~

~~((2. The))~~ An athlete may start an approach on the banking of the oval track provided that the last 40 meters of the run up is on ((the level runway)) a runway complying with Rule 180.16 and Rule 180.18.

Item 68 – Amend Rule 221.2 as follows: (IAAF 127)

The landing sector shall be surrounded at the far end and on the two sides, as close to the circle as may be necessary for safety of the other athletes and officials, by a stop barrier and/or protective netting of approximately 4m high which should stop a shot whether in flight or bouncing from the landing surface.

Item 69 – Amend Rule 232.5a as follows: (IAAF 128)

In Championships, the circuit for events of 10km and longer shall be a maximum of 2500m. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit shall be shorter than 1000m.

Item 70 – Amend Rule 260.3c as follows: (IAAF 132)

In case of a track record, the photo finish picture and the zero control test where fully automatic timekeeping was the official recorder of the event,

Amend Rule 128.6 as follows: *** This provides conformance with IAAF Rule 165.19 and explanation of 260.3c*

... At the beginning of each session, the Chief Photo Finish Judge, in cooperation with the Chief Photo Finish Operator, the Starter and the Referee, shall initiate and supervise ~~((control))~~ tests to ensure that the fully automatic timing equipment ~~((i) is started automatically by the Starter's pistol/starting device and (ii) is correctly aligned with the finish line))~~ complies with the alignment, automation and zero control function specified in Rule 165.10a. ***Editorially, add (Zero Control Function) to the end of 165.10a.*

Item 71 – Add Rule 260.3d as follows and renumber: (IAAF 133)

The reaction times, where available, shall be provided in all races where a crouch start and the use of starting blocks is compulsory. For all records up to and including 400 meters under IAAF Rule 261 and IAAF Rule 263, starting blocks linked to an IAAF approved false start control apparatus under Rule 161.4 and Rule 162.17 must have been used and have functioned correctly so that reaction times were obtained.

Note: Effective January 1, 2009.

Item 72 – Amend Rule 265.1b as follows: (IAAF 137)

No performance shall be accepted as an Open American record unless it was timed in accordance with Rule 165. Net timing provided by a transponder system shall not be accepted for any record set in road events, except as described in Rule 265.10.

Item 73 – Amend Rule 267 as follows:

Add the Decathlon in the Combined Events section of the Women’s Track and Field Outdoor Events
Add the Decathlon in the Combined Events section of the Women’s Track and Field Junior Records

Item 74–Amend Rule 260 by adding a new Rule 260.1, as follows, and re-numbering the remaining paragraphs of Rule 260:

The recognition of World Records is within the jurisdiction International Association of Athletics Federations (IAAF). IAAF Rule 260 sets forth the conditions for the recognition of World Records. This Rule 260 is intended only as a helpful summary of some of the important provisions and not as an official source.

Reason – to make it clear that it is IAAF rules, and not USATF rules, that govern this subject. This is similar to our treatment of doping under Rule 32.

Item 75 – Amend Rule 260, as follows:

1. Under IAAF Rule 260, there are three (3) categories of world records, as follows:
 - (a) World Records
 - (b) World Junior Records
 - (c) World Indoor Records
 2. World Record Application Forms can be downloaded from the IAAF's web site (<http://www.iaaf.org/downloads/RecAppForms/index.html>). When a World Record is claimed, the application ~~blank~~ must be completed without delay and forwarded to the National Office of USATF or to the Chair of the Records Committee. If, after due investigation, the Chair of the Records Committee is satisfied that no reasonable doubt exists as to the validity of the record, the Chair shall so inform the Chief Executive Officer of USATF, who shall have the authority to endorse the application and forward the same to the IAAF. If there are grounds for reasonable doubt as to the validity of the record, the Records Chair shall so inform the Chief Executive Officer, and any communication to the IAAF shall disclose those grounds and shall advise that the application shall be reviewed and ruled upon at the next Annual Meeting of USATF.
 3. The application must be accompanied by:
 - (a) The printed program of the meet,
 - (b) The complete results of the event,
 - (c) In case of a track record, the photo finish picture where fully automatic timekeeping was the official recorder of the event,
 - (d) In the case of a field event record, the complete results sheet,
 - ~~—(e) In the case of a women's record, a medical certificate as to sex drawn up by a qualified medical doctor,~~
 - (f) In the case of the first application on behalf of an athlete for a Junior record, an official document that confirms the date of birth (a copy of the athlete's passport or birth certificate),
 - ~~—(g) Newspaper clipping(s) reporting the record, and~~
 - ~~—(h) A videotape of the performance, if one is available.~~
- NOTE:** *Except for the One Mile Run, World Records are recognized only in the metric running events listed in IAAF Rules 261, 262, and ~~264~~ 263.*
4. Each athlete who ~~achieves~~ sets a World Record shall submit to a doping control at the end of the event, to be conducted in accordance with IAAF Rules and Procedural Guidelines currently in force. The sample(s) collected shall be sent for analysis to a WADA-accredited laboratory and the results sent to the IAAF to be added to other information required for the ratification of the record. If such testing results in a doping violation, or if such testing is not conducted, the IAAF will not ratify this record.
 5. Where relevant, the requirements of World Masters Athletics (WMA) shall be complied with to assure appropriate ratification of records recognized by that organization.

Reason – To conform to current IAAF Rules.