

2005 USA Outdoor Track & Field Championships, Presented by VISA



Carson, CA
June 23 – 26, 2005



Proud Sponsor



QUICK FACTS

Competition Dates: June 23 - 26, 2005

Site: The Home Depot Center, Carson, California

Qualifying Period: **Men's Track & Field** – July 19, 2004 – June 19, 2005
Women's Track & Field – May 1, 2004 – June 19, 2005
Combined Events – May 1, 2004 – June 19, 2005
Race Walk – June 1, 2004 – June 19, 2005
On or after November 20, 2004 for indoor competitions

Entry Process Begins: April 15, 2005, 9:00 a.m. ET
Entry Deadline: June 12, 2005, 11:59 p.m. ET
Late Entries Accepted Until: June 17, 2005, 11:59 p.m. ET
Status of Entries Web Page: Updates hourly

Declarations Begin: June 19, 2005, 9:00 a.m. ET
Declarations Deadline: June 20, 2005, 11:59 p.m. ET
Petition for Late Declarations Accepted: June 21, 2005, 9:00 a.m. – 12:00 noon ET
Status of Declarations Web Page: Updates hourly

Championships Headquarters Hotel: Westin Long Beach – 1-800-937-8461
Reference USA Track & Field

USATF Discounted Rate: \$105 (plus tax) single/double
\$ 20 each additional person

Reservation Deadline: May 27, 2005, 5:00 p.m. PT
See Housing Information for other hotel options

Prize Money:	1st Place \$4,000	2nd Place \$3,000	3rd Place \$2,000
	4th Place \$1,000	5th Place \$500	

Prize money will not be distributed until all drug testing results have become final

Tickets: For ticket information and seating charts visit www.usatf.org

WHAT'S MY USATF PASSWORD AND WHERE DO I FIND IT?

If you joined by paper application, it's:

- in the confirmation e-mail you received after registration (if you provided your e-mail address)
- on the membership card mailer (the backing your card was attached to when you received it in the mail)

If you joined online, it's also:

- on the confirmation web page displayed after registration
- the password you chose during the registration process

If you cannot remember your password, you can retrieve it by:

- visiting www.usatf.org/members-only and clicking on "Don't know your password?"
- calling USATF Member Services at 317-261-0478 x309

The following Championship Events for men and women will be contested at the 2005 USA Outdoor Track & Field Championships, presented by VISA:

100m
200m
400m
800m
1500m
5000m
10,000m
20,000m Race Walk
100m Hurdles (W)
110m Hurdles (M)
400m Hurdles
3000m Steeplechase
High Jump
Pole Vault
Long Jump
Triple Jump
Shot Put
Discus Throw
Hammer Throw
Javelin Throw
Heptathlon (W)
Decathlon (M)

FACILITY SPECIFICATIONS FOR THE HOME DEPOT CENTER

- Track** Mondo Super-X surface with nine 48 inch lanes and a radius of 37.0m.
- Field Events** Mondo Super-X surface with all runways and approaches in conformity with IAAF standards. The shot put and discus/hammer circles are brushed concrete.

Visit www.usatf.org
often for updated information
about the Championships



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2005 USA Outdoor Track & Field Championships, presented by VISA

Order of Events & Time Schedule

Tentative - Subject to Change

Thursday, June 23, 2005

11:15 am	Javelin Throw	women	final
1:00 pm	Dec 100m	men	decathlon
1:45 pm	Dec Long Jump	men	decathlon
3:30 pm	Dec Shot Put	men	decathlon
4:00 pm	400m	women	1 st round
4:20 pm	400m	men	1 st round
4:40 pm	800m	women	1 st round
5:00 pm	800m	men	1 st round
5:00 pm	Discus Throw	men	final
5:00 pm	Dec High Jump	men	decathlon
5:40 pm	Long Jump	men	final
5:55 pm	3000m Steeplechase	men	1 st round
6:20 pm	110m Hurdles	men	1 st round
6:30 pm	Pole Vault	men	final
7:15 pm	High Jump	women	final
7:15 pm	5000m	women	final
7:30 pm	Discus Throw	women	final
7:35 pm	400m Hurdles	women	1 st round
7:55 pm	Dec 400m	men	decathlon
8:10 pm	1500m	women	1 st round
8:25 pm	1500m	men	1 st round
9:15 pm	10,000m	men	final

Friday, June 24, 2005

11:00 am	Hammer Throw	men	final
1:00 pm	Dec 110m Hurdles	men	decathlon
1:45 pm	Dec Discus Throw	men	decathlon
3:30 pm	Dec Pole Vault	men	decathlon
4:10 pm	400m Hurdles	men	1 st round
4:50 pm	400m Hurdles	women	semifinal
5:00 pm	Shot Put	women	final
5:05 pm	3000m Steeplechase	women	1 st round
5:10 pm	Long Jump	women	final
5:50 pm	110m Hurdles	men	semifinal
6:00 pm	Dec Javelin Throw "A"	men	decathlon
6:20 pm	100m	women	1 st round
6:40 pm	100m	men	1 st round
7:00 pm	400m	women	semifinal
7:00 pm	Dec Javelin Throw "B"	men	decathlon
7:10 pm	400m	men	semifinal
7:20 pm	800m	women	semifinal
7:30 pm	800m	men	semifinal
7:30 pm	Javelin Throw	men	final
7:40 pm	110m Hurdles	men	final
8:10 pm	Dec 1500m	men	decathlon
8:15 pm	5000m	men	final
9:01 pm	10,000m	women	final

Saturday, June 25, 2005

7:00 am	20,000m Race Walk	women	final
11:00 am	Hep 100m Hurdles	women	heptathlon
11:00 am	Pole Vault	women	final
12:00 noon	Hep High Jump	women	heptathlon
12:25 pm	100m	women	semifinal
12:35 pm	100m	men	semifinal
12:45 pm	3000m Steeplechase	men	final
1:00 pm	Triple Jump	men	final
1:50 pm	400m Hurdles	women	final
2:00 pm	Hep Shot Put	women	heptathlon
2:02 pm	400m	women	final
2:12 pm	400m	men	final
2:22 pm	1500m	women	final
2:32 pm	1500m	men	final
2:42 pm	100m	women	final
2:52 pm	100m	men	final
3:10 pm	400m Hurdles	men	semifinal
3:25 pm	Hep 200m	women	heptathlon
4:00 pm	Hammer Throw	women	final
4:10 pm	100m Hurdles	women	1 st round
4:30 pm	200m	women	1 st round
4:50 pm	200m	men	1 st round

Sunday, June 26, 2005

7:00 am	20,000m Race Walk	men	final
10:00 am	Hep Long Jump	women	heptathlon
11:45 am	Hep Javelin Throw	women	heptathlon
1:00 pm	3000m Steeplechase	women	final
1:25 pm	100m Hurdles	women	semifinal
1:30 pm	Triple Jump	women	final
1:40 pm	High Jump	men	final
1:45 pm	200m	women	semifinal
2:00 pm	Shot Put	men	final
2:06 pm	200m	men	semifinal
2:25 pm	Hep 800m	women	heptathlon
2:57 pm	400m Hurdles	men	final
3:07 pm	800m	women	final
3:17 pm	800m	men	final
3:27 pm	100m Hurdles	women	final
3:37 pm	200m	women	final
3:47 pm	200m	men	final

The USA Junior Outdoor Track & Field Championships will be held in conjunction with the USA Outdoor Track & Field Championships. For a complete schedule with junior event times, visit www.usatf.org.

QUALIFYING STANDARDS

Marks must be achieved in an outdoor competition as follows:

Men's Track & Field Events qualifying period:	July 19, 2004 thru June 19, 2005
Women's Track & Field Events qualifying period:	May 1, 2004 thru June 19, 2005
Combined Events qualifying period:	May 1, 2004 thru June 19, 2005
Race Walk Events qualifying period:	June 1, 2004 thru June 19, 2005

Marks from indoor competitions must be made on or after November 20, 2004. See Qualifying Guidelines below for full details.

Men

	"A"	"B"	Field Size
100m	10.28	10.34	32
200m	20.71	20.80	32
400m	46.03	46.10	32
800m	1:48.00	1:48.35	24
1500m	3:41.60	3:42.00	24
<i>Mile</i>	<i>3:59.10</i>	<i>3:59.50</i>	
5000m	13:51.00	13:52.30	18
10,000m	28:40.00	29:01.00	18
110m Hurdles	13.80	13.86	32
400m Hurdles	50.65	50.70	24
3000m Steeplechase	8:44.50	8:45.50	26
20,000m Race Walk	1:36:00.00	--	18
High Jump	2.31 m	2.23 m	18
Pole Vault	5.70 m	5.54 m	18
Long Jump	8.00 m	7.80 m	18
Triple Jump	16.35 m	16.00 m	18
Shot Put	19.10 m	18.59 m	18
Discus Throw	61.00 m	58.90 m	18
Hammer Throw	65.76 m	64.50 m	18
Javelin Throw	71.00 m	70.12 m	18
Decathlon	7850 pts.	7650 pts.	20

Women

	"A"	"B"	Field Size
100m	11.40	11.45	32
200m	23.30	23.35	32
400m	52.40	52.60	32
800m	2:04.80	2:05.00	24
1500m	4:15.00	4:16.00	24
<i>Mile</i>	<i>4:35.00</i>	<i>4:36.00</i>	
5000m	15:50.00	15:56.00	18
10,000m	33:50.00	34:00.00	18
100m Hurdles	13.20	13.25	32
400m Hurdles	57.70	57.85	24
3000m Steeplechase	10:13.00	10:18.00	24
20,000m Race Walk	1:50:00.00	--	18
High Jump	1.84 m	1.83 m	18
Pole Vault	4.27 m	4.20 m	18
Long Jump	6.40 m	6.30 m	18
Triple Jump	13.20 m	13.00 m	18
Shot Put	16.20 m	16.00 m	18
Discus Throw	55.00 m	54.50 m	18
Hammer Throw	62.50 m	61.00 m	18
Javelin Throw	50.00 m	48.00 m	18
Heptathlon	5500 pts.	5450 pts.	20

"A" and "B" Standards

"A" - athletes who attain the "A" standard will automatically be included in the event. *

Additional competitors, from those who have submitted entries and have attained the "B" standard, will also be allowed to declare if they are needed to fill an event for competitiveness. For notification purposes a current phone number must be provided during the entry process.

* Those who have submitted entries and have attained the "B" standard will be allowed to declare, but will be notified if allowed to compete in order to fill an event for competitiveness. For notification purposes, a current phone number must be provided during the declaration process.

Field sizes are approximate.

QUALIFYING GUIDELINES

1. All qualifying performances for running events must be made in competition on a standard indoor or a 400m outdoor track.
2. Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:
 - 1) USATF- or IAAF-sanctioned events
 - 2) Events at collegiate meets which prescribe to or exceed USATF competition rules, or
 - 3) High school meets, except duals and triangular meets
3. All qualifying marks from outdoor competitions must be attained on or after July 19, 2004 through Sunday, June 19, 2005 **for men's track & field** or May 1, 2004 through June 19, 2005 **for women's track & field**. **Combined events** qualifying marks must be attained on or after May 1, 2004 through June 19, 2005. **Race Walk events** qualifying marks must be attained on or after June 1, 2004 through June 19, 2005. Qualifying marks from indoor competitions must be attained on or after November 20, 2004.
4. Fully automatic timing (F.A.T.) is the only method of timing acceptable for qualifying marks for events equal to or shorter than 400 meters.
5. A manual time may be used for qualifying for events of 800 meters and longer only if no F.A.T. qualifying time exists for the race during the qualifying period. A manual time may not supersede any F.A.T. qualifying time for an event. Qualifying manual times, for eligible events, are always the F.A.T. qualifying time without the last zero. The seed time for a submitted manual time will be in accordance with Rule 76.
6. Times submitted in hundredths of a second must be F.A.T. times.
7. For Race Walk events, road race times are acceptable.
8. An entered athlete attaining a qualifying mark within one-tenth percent (0.1%) of standard for a running event, or 3 cm below the standard for the discus, javelin or hammer, or 1 cm below the standard for all other field events may declare their desire to compete during the normal declaration period. Athletes within this allowance may be accepted into the competition by the Sport Chair when positions are available in existing heats or sections in running events or when the number of competitors in a field event is fewer than 16.

Visit www.usatf.org
often for updated information
about the Championships



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ELIGIBILITY TO COMPETE

In addition to correctly entering the meet and having equaled or bettered the qualifying standard(s) during the stated qualifying periods, the following criteria must be met:

- **For all athletes, a 2005 USATF membership number must be provided or entry will not be accepted.** USATF memberships may be purchased on-line at www.usatf.org, through your local USATF Association or by calling the USATF National Headquarters at 317-261-0478 x309. The fee is \$20.
- Only citizens of the United States who are eligible to represent the United States in all levels of international competition and who have met the published entry standards as stated elsewhere in this document are eligible to compete in these Championships. See USATF Rules for more information and exceptions.
- Female athletes must be 14 years or older to compete in these Championships.
- Athletes are encouraged to enter if they have not yet met the qualifying standard. However, athletes will not be permitted to compete unless they have:
 - 1) Completed the entry process
 - 2) Met the entry standard by June 19, 2005
 - 3) Completed the declaration process
- Proof of qualifying performance, if required, must be submitted to USATF no later than Tuesday, June 21, 2005 at 12:00 noon ET. Any submittal received after this date will not be accepted.
- Athletes wishing to represent a branch of the Armed Forces of the United States must be registered with the Membership Committee of their local USATF Association.
- Athletes in the OUT-OF-COMPETITION (OOC) Drug-Testing Pool must have an updated athlete location form on file with USADA prior to competition.
- USATF Rule 10.3 (a) concerning adding athletes to make a competitive field and USATF Rule 10.3 (b) i and ii concerning automatic qualifications will be used.

ENTRY INFORMATION

To compete in the Championships, you must complete the entry process as follows:

A 2005 USATF MEMBERSHIP IS REQUIRED TO ENTER

- All entries must be submitted on-line at www.usatf.org (click on Elite Athletes then on USA Outdoor Championships).
- On-line entry is the only method of entry. No other form of entry will be accepted.
- On-time entries are those that are completed on-line between Friday, April 15, 2005 and Sunday, June 12, 2005, 11:59 p.m. ET. An entry fee of \$25 must accompany the entry.
- A Help Line is available for those who need help with the entry process. For assistance call 317-261-0478 x337 during normal business hours, 8:30 a.m. – 5:00 p.m. CT, Monday – Friday.

- The Status of Entries/Declarations web page updates hourly: www.usatf.org
- In order to enter on-line, please have the following information available:
 - 1) 2005 USATF membership number
 - 2) USATF membership password (see www.usatf.org/members-only/ for assistance)
 - 3) The qualifying mark and qualifying event
 - 4) Name, location and date of event where qualified
 - 5) Athlete's affiliation
 - 6) Coach and/or agent phone number
 - 7) An updated athlete location form on file with USADA if you are in the Out-Of-Competition (OOC) Drug-Testing Pool
 - 8) Credit card information: "VISA, the only card accepted by USA Track & Field"
- Late entries are those that are completed on-line after 11:59 p.m. ET on Sunday, June 12, 2005 through Friday, June 17, 2005, 11:59 p.m. ET. Late entries must be accompanied by the \$25 entry fee PLUS A LATE ENTRY FEE OF \$50.
- On-line entries and other fees must be paid by credit card. "VISA, the only card accepted by USA Track & Field"
- All performances are subject to verification.
- Athletes are encouraged to enter even if they have not yet met the qualifying standard. However, athletes will not be permitted to compete unless they have:
 - 1) A 2005 USATF membership
 - 2) Completed the entry process
 - 3) Met the entry standard by June 19, 2005
 - 4) An updated athlete location form on file with USADA if in the Out-Of-Competition (OOC) Drug-Testing Pool
 - 5) Completed the declaration process
- Proof of qualifying performance, if required, must be submitted to USATF no later than 12:00 noon ET, Tuesday, June 21, 2005. Any submittal received after this date will not be accepted. Please contact stats@usatf.org for verification procedures or fax results to 603-908-0791.

DECLARATIONS PROCESS

Once properly entered, all athletes must complete the declaration process.

Each athlete or his/her representative must declare whether that athlete will or will not compete in each event they have entered. The person declaring may submit any corrected or improved marks in each event entered.

- DECLARATIONS WILL BE CONDUCTED ON-LINE at www.usatf.org. On-line is the only method of declaration. No other form of declaration will be accepted.
- Declarations begin at 9:00 a.m. ET on Sunday, June 19, 2005 and close at 11:59 p.m. ET on Monday, June 20, 2005.
- A Help Line is available for those who need help with the declaration process. For assistance

call 317-261-0478 x337 during normal business hours, 8:30 a.m. - 5:00 p.m. CT, Monday - Friday.

- The Status of Entries/Declarations web page updates hourly: www.usatf.org.
- In order to make a declaration, please have the following information available:
 - 1) 2005 USATF membership number
 - 2) USATF membership password (see www.usatf.org/members-only/ for assistance)
 - 3) Athlete's name
 - 4) Athlete's affiliation
 - 5) Event(s) declaring
 - 6) Event(s) scratching
 - 7) Any updated qualifying mark(s) and qualifying event(s)
 - 8) Name, location and date of event where qualified, and meet director
 - 9) Phone number for call-back questions
 - 10) Athletes not declaring by 11:59 p.m. ET, Monday, June 20, 2005 will be scratched from the competition.
- Petitions for late declaration will be accepted from 9:00 a.m. until 12:00 noon ET on Tuesday, June 21, 2005 and must be accompanied by a late declaration fee of \$100 payable by credit card only. Petitions may be filed by calling 317-261-0478 x337. Decisions on late declaration petitions will be acted upon by a special committee no later than Wednesday, June 22, 2005. An athlete, whose petition is successful, will be notified as soon as the decision is final. "VISA, the only card accepted by USA Track & Field".

RULES

USA Track & Field rules shall apply. Protests must be filed in writing within 30 minutes of the results being announced and must be accompanied by a \$50 cash deposit, refundable only if the protest is upheld.

USATF Rule 10.3(b) Automatic Qualification.

- i) Any athlete who has, in the current year or during the four previous calendar years, earned an individual medal in track and field in an Olympic Games or in an IAAF World Indoor or Outdoor Championships, or in the previous year won an individual USA Open Outdoor Championship event shall be afforded automatic qualification into all USA Open Indoor and Outdoor Track & Field Championships and Olympic Trials in the same event in which the athlete has won the medal or championship. For this purpose, the indoor 60m, 60m hurdles, mile and 3000m distances are interchangeable with the outdoor 100m, 100m hurdles, 110m hurdles, 1500m and 5000m, respectively.
- ii) Any athlete who has, in the current year or during the four previous calendar years in a race walking event (1) earned an individual medal in an Olympic Games or in an IAAF World Indoor or Outdoor Championships, (2) won an individual Championships at the USA Open Indoor or Outdoor Track Championships (3) won a USA Championships in the 50-kilometer Walk, or (4) won a USA Olympic Trials shall be afforded automatic qualification into all USA Open Indoor and Outdoor Championships and Olympic Trials in a race walking event of his or her choice.

PACKET PICK-UP

Athlete packet pick-up and purchase of athlete support credentials will take place based on the following schedule:

Westin Long Beach Hotel – Salon C

Wednesday, June 22 4:00 p.m. – 10:00 p.m.

ADT Event Center at the Home Depot Center (Indoor Velodrome) - Located near shuttle drop-off

Thursday, June 23 9:00 a.m. - 7:00 p.m.

Friday, June 24 9:00 a.m. - 7:00 p.m.

Saturday, June 25 9:00 a.m. - 4:00 p.m.

Sunday, June 26 11:00 a.m. - 1:00 p.m.

CREDENTIALS

Admission to the stadium will be by credential or admission ticket only. All “Athlete” and “Athlete Support” credentials must be picked up and/or purchased during packet pick-up. See Packet Pick-up schedule.

- Each athlete qualified and declared for the Championships will receive ONE “Athlete” (“A”) credential for him/herself.
- Each athlete will receive one complimentary “Athlete Support” (“AS”) credential as part of the entry fee good for all sessions.
- Each athlete may purchase one additional “AS” credential for personal coaches and/or medical personnel as follows:

Single Day Credential -	\$30
All Sessions Credential -	\$60

“Athlete Support” (“AS”) credentials are only valid when worn by an individual 18 years or older.

Athlete Credential (“A”) – An “Athlete” credential provides access to the following areas:

- The Home Depot Center Track & Field Complex
- The field of play when escorted by an official for the purpose of competition
- The ADT Event Center (Indoor Velodrome) for warm-up, event-day packet pick-up and other competition functions
- Athlete shuttle buses
- Event medical facilities
- Athlete seating
- Athlete hotel hospitality lounge

Athlete Support Credential (“AS”) - An “Athlete Support” credential provides access to the following areas:

- The Home Depot Center Track & Field Complex
- The ADT Event Center (Indoor Velodrome) for warm-up, event-day packet pick-up and other competition functions
- Athlete shuttle buses
- Event medical facilities for purpose of escorting an athlete
- Athlete seating
- Athlete hotel hospitality lounge

PRACTICE HOURS

The Home Depot Center Track & Field Complex will be open for practice as follows:

Tuesday, June 21 – 12:00 noon – 6:00 p.m.

Wednesday, June 22 – 12:00 noon – 6:00 p.m.

There will be no practice in the competition facility on days of competition. A designated field will be used for practice on these days.

DOPING CONTROL

Athletes who participate in this competition are subject to drug testing in accordance with the United States Anti-Doping Agency (USADA) Protocol for Olympic Movement Testing (USADA Protocol). Testing may take place after any round--preliminary, qualifying, or final. USADA will be responsible for conducting comprehensive drug testing, as well as the adjudication of positive findings. Athletes selected for doping control are required to sign a testing notification form by the assigned doping control chaperone, who will remain with each athlete until she or he arrives at the doping control testing center. Athletes have one hour from the time of notification before they must report to the doping control testing center. Once athletes complete the drug testing process, they are free to leave. Athletes with positive drug test results will have their cases adjudicated according to the USADA Protocol and will be penalized, if appropriate, according to applicable IAAF or World Anti-Doping Agency rules. Such penalties may include, but not be limited to, a period of ineligibility from competition, as well as disqualification from past competitions and cancellation of awards and prizes previously awarded. Any substance taken by an athlete is at his/her own risk and may result in a positive sample. **BEWARE:** some nutritional supplements, prescription, cold medicines and over-the-counter medications contain prohibited substances. Information regarding specific drugs and substances may be obtained by calling the USADA Drug Reference Line at 800-233-0393, visiting the www.usantidoping.org or visiting www.888athlete.org.

PLEASE CONSIDER THE TIME NECESSARY FOR PROVIDING A SAMPLE AND PROCESSING PAPER WORK AT THE END OF YOUR EVENT WHEN MAKING TRAVEL ARRANGEMENTS.

AIRPORT INFORMATION

Athletes traveling by air to the USA Outdoor Championships will find it convenient to fly into either Los Angeles International Airport (LAX) or the Long Beach Airport (LGB). The airline discounts listed below are valid for the Championships.

United Airlines (LAX only)

Call 800-521-4041 and ask for Meeting ID code 529OZ and USATF Outdoors. Discounts: 5% off lowest applicable fare including first class, or 10% off full fare with a 7-day advance. An additional 5% discount will be awarded for travel booked 30 days prior to the travel. Applicable travel dates are June 18-June 30, 2005.

American Airlines (LAX and LGB)

Call 800-433-1790 and ask for Meeting ID code A4865BE and USATF Outdoors for the 5% discount off of applicable fares. Applicable travel dates are June 18-June 30, 2005.

AIRPORT GROUND TRANSPORTATION

COMPLIMENTARY AIRPORT SHUTTLE

Los Angeles International Airport

The Local Organizing Committee will provide a complimentary airport shuttle from the **Los Angeles International Airport ONLY** to the Westin Long Beach and the Long Beach Hilton during specific scheduled hours during the day from Tuesday, June 21 thru Monday, June 27.

Visit www.usatf.org for further information about the complimentary Los Angeles International Airport shuttle. Scheduled pick-up times will be available on the USATF website at a later date.

Long Beach Airport

Athletes flying into the Long Beach Airport will be responsible for their own ground transportation. Shuttles will not operate from the Long Beach Airport. Cabs are readily available at the Long Beach Airport.

CAR RENTAL

Avis*	800-331-1212
Budget*	800-212-1203
Dollar	800-800-3665
Enterprise*	800-736-8222
Hertz*	800-331-1212
National*	800-227-7368
Thrifty	800-847-4389
Alamo	800-462-5266

*Rental companies marked with an asterisk * are available at both the Los Angeles International Airport and the Long Beach Airport. The other companies are only available at Los Angeles International.

OTHER GROUND TRANSPORTATION OPTIONS

For van service, shuttle service, limousines and other ground transportation options, please visit the airport website of your choice. Los Angeles International (www.los-angeles-lax.com); Long Beach Airport (www.lgb.org)

DIRECTIONS TO THE HOME DEPOT CENTER

18400 Avalon Blvd, Carson, CA 90746

Visit www.mapquest.com for driving directions from your hometown to The Home Depot Center

HOUSING INFORMATION

Headquarters Hotel

The Westin, Long Beach will serve as the Athlete Headquarters hotel for elite athletes, agents and coaches only. The Westin is located at 333 East Ocean Blvd. in Long Beach. A limited number of rooms are available for reservations at the USATF special rate. **Contact the hotel directly at 1-800-937-8461 or 562-436-3000 and mention “USA Track & Field” for the single/double rate of \$105 per night (plus tax).** A \$20 per night per person charge will be assessed for more than 2 occupants per room. The cutoff date for special rate reservations is **May 27, 2005 at 5:00 p.m. PT.** After this date, rooms will be on a “space-available” basis at a higher rate.

If reservations are cancelled within 72 hours of arrival or reservation is a “NO SHOW”, guests will be charged one night’s room rate per each room being held.

Guests who checkout prior to the reservation check-out date will be charged an early departure fee of \$50.

Overflow Hotel

The Long Beach Hilton located at 701 W. Ocean Blvd has been designated as the overflow hotel for the Championships. A limited number of rooms are available for reservations at the USATF special rate of \$95 (plus tax) per night for a single/double room. A \$20 per night per person charge will be assessed for more than 2 occupants per room. The cutoff date for special rate reservations is **May 19, 2005 at 5:00 p.m. PT.** After this date, rooms will be on a “space-available” basis at a higher rate. **Contact the hotel directly at 1-800-445-8667 and reference USA Track & Field and the code UTS.**

If reservations are cancelled within 72 hours of arrival or reservation is a “NO SHOW”, guests will be charged one night’s room rate per each room being held.

Guests who checkout prior to the reservation check-out date will be charged an early departure fee of \$50.

Driving Directions from the Westin and Hilton to the Home Depot Center

Both hotels are located on Ocean Boulevard and have direct access to the 710 (Long Beach) Freeway. From the Westin, turn onto Ocean Boulevard and head toward the Long Beach Hilton (west) to access the on-ramp. From the Hilton, follow the signage to obtain on-ramp access.

Once on the 710 going north,
Merge onto the 405 (San Diego) Freeway going north,
Take the Avalon Boulevard (North) exit,
Continue on Avalon to reach The Home Depot Center.

TICKETS

For ticket information and a seating chart visit, www.usatf.org. A sellout crowd is expected; tickets should be purchased early!

STATEMENT OF CLUB MEMBERSHIP

Athletes must be bona fide members of a 2005 USATF club in order to represent a club. An athlete's current club affiliation can be viewed in his/her membership profile (www.usatf.org/membership/edit/) and as part of the online entry process. Athletes wishing to change affiliations can make such a request through their local USATF Association (note that this request must be made by the athlete - see Regulation 7 in the USATF Governance Manual, Section III).

SPONSOR AFFILIATION

In addition to a club affiliation, athletes are able to represent one (1) corporate sponsor. This corporate sponsor must be a registered USATF Corporate Member and be part of the athlete's membership profile. Corporate Membership applications can be obtained by sending an e-mail to membership@usatf.org.

THROWING IMPLEMENTS

- Athletes will be permitted to use their own implements for competition provided they pass the implement inspection. All implements will be impounded after inspection. Implements not passing inspection will be returned after the completion of competition.
- Implement weigh-in and inspections will be held at the ADT Event Center (Indoor Velodrome) from 12:00pm – 6:00pm on Wednesday, June 22 and during all competition hours.
- Personal implements that are accepted for use in the competition lose identity as privately owned implements for the duration of the competition and may be used by any competitor.
- Meet organizers will provide a limited supply of implements for use by competitors not wishing to use their own implements or whose implements have not passed inspection.
- Athletes must provide their own implements for practice.

EVENT SHUTTLE BUSES

- Complimentary shuttle bus service will operate from the Long Beach Westin and the Long Beach Hilton to and from The Home Depot Center from Thursday through Sunday of the Championships.
- A practice shuttle bus will operate on Tuesday, June 21 and Wednesday, June 22 beginning 30 minutes before practice and ending 30 minutes after practice.
- Shuttles will be for the exclusive use of athletes, coaches, officials and media. A valid Championships credential will be necessary to gain admittance to the bus during competition days. No credential will be needed for the practice shuttle.
- A shuttle bus schedule will be available at packet pick-up.

AWARDS

A Gold Medal, emblematic of the Championships of the United States of America, will be given to the winner of each Championship event, a Silver Medal to second place and a Bronze Medal to third through sixth places.

All champions will be honored in a medal ceremony following the conclusion of their event.

FILMING OF CHAMPIONSHIPS

The 2005 USA Outdoor Track & Field Championships, presented by VISA, is being filmed for broadcast. By entering this competition an athlete grants USA Track & Field, the right to use the athlete's name, likeness, voice, biographical and other information, in any format whatsoever, in connection with the distribution of the Championships or the advertising or promotion of the sport of track & field.

PRIZE MONEY

For the 2005 USA Outdoor Track & Field Championships, presented by VISA, USA Track & Field will pay prize money to the first- through fifth-place finishers in each championship event. The prize structure is as follows:

First Place	\$4,000
Second Place	\$3,000
Third Place	\$2,000
Fourth Place	\$1,000
Fifth Place	\$ 500

Athletes with remaining **collegiate eligibility** are not eligible to receive this prize money. Athletes are eligible to receive prize money in more than one event. Athletes who are over the income cap (over \$125,000) are not eligible to receive these basic grant funds. Funds will only be distributed to persons who are eligible to represent the United States in all levels of international competition. Funds will not be distributed until all drug testing results have become final.

TRAVEL ALLOCATIONS

Funding will be allocated to the top five (5) athletes entered in each event, provided first to the defending Outdoor Champion in each event, and then to the top four ranked outdoor performers. If the defending U.S. Outdoor Champion is not entered in the Outdoor Championships by the on-time entry deadline, funding will be allocated to the top five (5) performers in each event. In addition to the payments as described above, funding is provided to all athletes who are not allocated funding prior to the Outdoor Championships but who place in the top 4 at the event.

In order to be eligible for the Outdoor Championships travel allocations, an athlete must be a current USATF member, in good standing; must enter by the on-time entry deadline; must have met the qualifying standard set by USATF; and must be a citizen of the United States of America.

MEDICAL SERVICES

A full complement of medical professionals will be available at the Home Depot Center during the Championships. "Athlete Support" credentialed medical/training personnel will have a designated area inside the ADT Event Center (Indoor Velodrome), adjacent to the track, for their use.

VAULTING POLES

The Local Organizing Committee will provide airport pick-up at Los Angeles International Airport and the Long Beach Airport for vaulting poles **by reservation only**. Athletes wishing to have their poles picked up must contact Rich Perelman no later than June 14, 2005 at 5:00 p.m. PT at rperelman@perelman-pioneer.com to schedule pick-up.

NATIONAL TEAM SIGN-UP

The 2005 USA Outdoor Track & Field Championships, presented by VISA, will serve as the selection meet for the following international competition:

2005 IAAF World Championships in Athletics – Helsinki, Finland – August 6 – 14

(All athletes attempting to qualify for the World Championship team must bring their current passport, or a photocopy of the picture/information page, to the Outdoor Championships for team sign-up purposes.)

Athletes wishing to participate in the 2005 Pan American Jr. Championships must compete in the 2005 USA Junior Outdoor Track & Field Championships.

Visit www.usatf.org/elite for more information.



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Ticket Information

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USADA Drug Reference Hotline

800-233-0393
www.usantidoping.org/dro

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