

Quick Facts

Competition Dates:	June 23 - 26, 2005
Site:	The Home Depot Center, Carson, California
Qualifying Period:	Outdoor competitions: June 25, 2004 – June 19, 2005 Indoor competitions: November 20, 2004 – June 19, 2005 Combined Events: March 1, 2004 – June 19, 2005
Entry Process Begins:	April 15, 2005, 9:00 a.m. ET
Entry Deadline:	June 12, 2005, 11:59 p.m. ET
Late Entries Accepted Until:	June 19, 2005, 11:59 p.m. ET
Status of Entries Web Page:	Updates hourly
Declarations Begin:	June 19, 2005, 9:00 a.m. ET
Declarations Close:	June 20, 2005, 11:59 p.m. ET
Petition for Late Declarations Accepted:	June 21, 2005, 9:00 a.m. – 12:00 noon ET
Status of Declarations Web Page:	Updates hourly
Junior Championships Headquarters Hotel:	Hilton Long Beach – 1-800-445-8667 Reference USA Track & Field
USATF Discounted Rate:	\$ 95 (plus tax) single/double \$ 20 each additional person
Reservation Deadline:	May 19, 2005, 5:00 p.m. PT
Tickets:	For ticket information and seating charts visit www.usatf.org

WHAT'S MY USATF PASSWORD AND WHERE DO I FIND IT?

If you joined by paper application, it's:

- in the confirmation e-mail you received after registration (if you provided your e-mail address)
- on the membership card mailer (the backing your card was attached to when you received it in the mail)

If you joined online, it's also:

- on the confirmation web page displayed after registration
- (the password you chose during the registration process)

If you cannot remember your password, you can retrieve it by:

- visiting www.usatf.org/members-only and clicking on "Don't know your password?"
- calling USATF Member Services at 317-261-0478 x309



Proud Sponsor



2005 USA Junior Outdoor Track & Field Championships

Order of Events & Time Schedule

Tentative - Subject to Change

Thursday, June 23, 2005

8:30 a.m.	Hammer Throw	jr. women	final
9:30	Shot Put	jr. men	final
11:00	High Jump	jr. men	final
11:00	Long Jump	jr. women	final
12:00 p.m.	Pole Vault	jr. men	final
1:30	100m Hurdles	jr. women	heptathlon
2:00	100m Hurdles	jr. women	1st round
2:15	110m Hurdles	jr. men	1st round
2:15	Discus Throw	jr. women	final
2:30	100m	jr. women	1st round
2:30	High Jump	jr. women	heptathlon
2:45	100m	jr. men	1st round
3:00	800m	jr. women	1st round
3:15	800m	jr. men	1st round
3:30	400m Hurdles	jr. women	1st round
3:45	400m Hurdles	jr. men	1st round
4:45	Shot Put	jr. women	heptathlon
5:20	110m Hurdles	jr. men	final
5:30	100m Hurdles	jr. women	final
5:40	200m	jr. women	heptathlon
6:40	100m	jr. women	final
6:50	100m	jr. men	final
7:00	3000m	jr. women	final
8:40	10,000m	jr. men	final

Friday, June 24, 2005

8:30 a.m.	Javelin Throw	jr. men	final
9:00	Shot Put	jr. women	final
10:00	Long Jump	jr. men	final
11:00	High Jump	jr. women	final
11:00	Pole Vault	jr. women	final
2:00	Long Jump	jr. women	heptathlon
2:40	200m	jr. women	1st round
2:55	200m	jr. men	1st round
3:10	1500m	jr. women	1st round
3:25	1500m	jr. men	1st round
3:30	Javelin Throw	jr. women	heptathlon
3:40	400m	jr. women	1st round

3:55	400m	jr. men	1st round
4:30	400m Hurdles	jr. men	final
4:40	400m Hurdles	jr. women	final
5:30	800m	jr. women	final
5:40	800m	jr. men	final
6:05	800m	jr. women	heptathlon
7:50	200m	jr. women	final
8:00	200m	jr. men	final
8:29	5000m	jr. women	final
8:46	5000m	jr. men	final

Saturday, June 25, 2005

8:30	Javelin Throw	jr. women	final
9:05	10,000m Race Walk	jr. women	final
10:00	Triple Jump	jr. women	final
10:15	100m	jr. men	decathlon
11:00	Long Jump	jr. men	decathlon
11:00	Hammer Throw	jr. men	final
12:45	Shot Put	jr. men	decathlon
1:10	1500m	jr. women	final
1:20	1500m	jr. men	final
1:30	400m	jr. women	final
1:40	400m	jr. men	final
1:45	High Jump	jr. men	decathlon
1:45	Discus Throw	jr. men	final
3:05	Triple Jump	jr. women	final
3:40	3000m Steeplechase	jr. men	final
3:55	3000m Steeplechase	jr. women	final
5:10	400m	jr. men	decathlon

Sunday, June 26, 2005

9:00	110m Hurdles	jr. men	decathlon
9:20	10,000m Race Walk	jr. men	final
10:00	Discus Throw	jr. men	decathlon
10:30	Triple Jump	jr. men	final
11:45	Pole Vault	jr. men	decathlon
1:45	Javelin Throw A	jr. men	decathlon
2:45	Javelin Throw B	jr. men	decathlon
4:15	1500m	jr. men	decathlon

The USA Outdoor Track & Field Championships will be held in conjunction with the USA Junior Outdoor Track & Field Championships. For a complete schedule, visit www.usatf.org.

Qualifying Standards

Qualifying marks must be achieved as follows (see Qualifying Guidelines for full details):

Outdoor competitions qualifying period: June 25, 2004 - June 19, 2005

Indoor competitions qualifying period: November 20, 2004 - June 19, 2005

Combined events qualifying period: March 1, 2004 – June 19, 2005

Men		Women	
100m	10.64	100m	11.84
200m	21.54	200m	24.54
400m	47.84	400m	55.94
800m	1:52.94	800m	2:13.64
1500m	3:58.14	1500m	4:40.14
1600m	4:13.94	1600m	4:58.14
Mile	4:15.24	Mile	5:00.14
5000m	15:05.00	3000m	10:15.14
1500m	3:58.14	3200m	10:55.14
1600m	4:13.94	5000m	17:55.14
Mile	4:15.24	3000m	10:15.14
3000m	8:40.00	3200m	10:55.14
3200m	9:15.00	100m Hurdles (33")	14.24
5000m	15:05.00	100m Hurdles (30")	13.94
10,000m	32:45.00	400m Hurdles (33")	1:03.14
1500m	3:58.14	300m Hurdles (30")	44.14
1600m	4:13.94	3000m Steeplechase	10:50.14
Mile	4:15.24	1500m	4:40.14
3000m	8:40.00	1600m	4:58.14
3200m	9:15.00	Mile	5:00.14
5000m	15:05.00	3000m	10:15.14
110m Hurdles (42")	14.84	3200m	10:55.14
110m Hurdles (39")	14.24	5000m	17:55.14
400m Hurdles (36") (36")	53.94	2000m Steeplechase	7:05.14
300m Hurdles (30")	37.10	10,000m Race Walk	59:45.00
300m Hurdles (36")	37.60	5000m Race Walk	28:30.00
400m Hurdles (30")	53.70	High Jump	1.74 m
3000m Steeplechase	9:39.40	Pole Vault	4.00 m
2000m Steeplechase	6:26.40	Long Jump	5.90 m
1500m	3:58.14	Triple Jump	11.80 m
1600m	4:13.94	Shot Put (4 kg)	13.60 m
Mile	4:15.24	Discus Throw (1 kg)	45.00 m
3000m	8:40.00	Hammer Throw (4 kg)	48.00 m
3200m	9:15.00	Javelin Throw (600 g)	41.00 m
5000m	15:05.00	Heptathlon	4200 pts.
10,000m Race Walk	55:15.00		
3000m Race Walk	15:00.00		
5000m Race Walk	25:30.00		
High Jump	2.06 m		
Pole Vault	4.90 m		
Long Jump	7.28 m		
Triple Jump	14.65 m		
Shot Put (6 kg)	17.60 m		
Shot Put (12 lb. H.S.)	18.11 m		
Shot Put (16 lb.)	16.15 m		
Discus Throw (1.75 kg)	53.12 m		
Discus Throw (1.6 kg H.S.)	56.40 m		
Discus Throw (2 kg)	49.96 m		
Hammer Throw (6 kg)	51.50 m		
Hammer Throw (12 lb.)	by appeal		
Hammer Throw (16 lb.)	48.46 m		
Javelin Throw (800 g)	58.00 m		
Decathlon	5950 pts.		
Decathlon (H.S.)	6050 pts.		

Qualifying Guidelines

1. All qualifying performances for running events must be made on a standard indoor or 400m outdoor track. However, for Race Walk events only, road race times are acceptable.
2. Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:
 - a. USATF or IAAF sanctioned events,
 - b. collegiate meets in which events prescribe to or exceed USATF competition rules, or
 - c. high school meets, except dual and triangular meets
3. All qualifying marks from outdoor competitions must be attained between and including Friday, June 25, 2004 and Sunday, June 19, 2005. Qualifying marks from indoor competitions must be attained between and including Saturday, November 20, 2004 and Sunday, June 19, 2005. Qualifying marks for combined events must be attained between and including Monday, March 1, 2004 and Sunday, June 19, 2005.
4. A manual time may be used for qualifying only if no F.A.T. qualifying time exists for the race during the qualifying period. A manual time may not supersede any F.A.T. qualifying time for an event. Qualifying manual times are always the F.A.T. qualifying time without the last zero for events 3000m and longer, the F.A.T time minus 0.14 for events 400m - 1 Mile, and the F.A.T time minus 0.24 for events 300m and shorter.
5. Times submitted in hundredths of a second must be F.A.T. times.
6. An entered athlete attaining a qualifying mark within one-tenth percent (0.1%) of the standard for a running event, or 3 cm below the standard for the discus, javelin, or hammer, or 1 cm below the standard for other field events may declare their desire to compete during the normal declaration period. Athletes within this allowance may be accepted into the competition by the Sport Chair when positions are available in existing heats or sections in running events or when the number of competitors in a field event is fewer than 12.
7. Proof of qualifying performance, if required, must be submitted to USATF no later than 12:00 noon ET, Tuesday, June 21, 2005. Any submittal received after this date will not be accepted. Please contact stats@usatf.org for verification procedures or fax results to 603-908-0791.

Eligibility Requirements

In addition to correctly entering the meet and having equaled or bettered the qualifying standard(s) during the stated qualifying periods, the following criteria must be met:

- **For all athletes, a 2005 USATF membership number must be provided or entry will not be accepted.** USATF memberships may be purchased on-line at www.usatf.org, through your local USATF Association or by calling the USATF National Headquarters at 317-261-0478 x309. The fee is \$20.
- Only citizens of the United States who are eligible to represent the United States in all levels of international competition and who have met the published entry standards as stated elsewhere in this document are eligible to compete in these Championships. See USATF Rules for more information and exceptions.
- Athletes must be at least 14 years old on the day of competition but not turn 20 years old during 2005. All entries must be accompanied by a copy of a legal document (passport or birth certificate) in order to verify date of birth and citizenship. If you have a valid passport at the time of entry, please use a copy of the information page of your passport as verification of citizenship and birth date. These copies will not be returned. You must fax a copy of your passport or birth certificate to the "USA Junior Outdoor Track & Field Championships." At the USATF National Office at 317-261-0481 no later than June 19, 2005.
- Athletes are encouraged to enter an event(s) even if they have not yet met the qualifying standard for that event(s). However, athletes will not be permitted to compete unless they have:
 - a) Completed the entry process
 - b) Met the entry standard by June 19, 2005
 - c) Completed the declaration process
- Proof of qualifying performance, if required, must be submitted to USATF no later than 12:00 noon ET, Tuesday, June 21, 2005. Any submittal received after this date will not be accepted. Please contact stats@usatf.org for verification procedures or fax results to 603-908-0791.
- Athletes wishing to represent a branch of the Armed Forces of the United States must be registered with the Membership Committee of their local USATF Association.
- Athletes in the OUT-OF-COMPETITION (OOC) Drug-Testing Pool must have an updated athlete location form on file with USADA prior to competition.

Entry Information

A 2005 USATF MEMBERSHIP IS REQUIRED TO ENTER.

- All entries must be submitted on-line at: <http://www.usatf.org/events/2005/> (Click on “USA Junior Outdoor Track & Field Championships”)
- On-line entry is the only method of entry. No other form of entry will be accepted.
- **On-time entries are those that are completed on-line between Friday, April 15, 2005 and Sunday, June 12, 2005, 11:59 p.m. ET.** An entry fee of \$10 must accompany the entry.
- A Help Line is available for those who need assistance with the entry process. Please call 317-261-0478 x351 during normal business hours, 8:30 a.m. - 5:00 p.m. CT, Monday – Friday.
- The Status of Entries/Declarations web page updates hourly: www.usatf.org
- In order to enter on-line, please have the following information available:
 - a) 2005 USATF membership number
 - b) 2005 USATF membership password (see: www.usatf.org/members-only/ for assistance)
 - c) The qualifying mark and qualifying event
 - d) Name, location and date of event where qualified
 - e) Athlete’s affiliation
 - f) Coach and/or agent name and phone number
 - g) Credit card information: “VISA, the only card accepted by USA Track & Field”
- **Late entries are those that are completed on-line after 11:59 p.m. ET on Sunday, June 12, 2005 through Sunday, June 19, 2005, 11:59 p.m. ET.** Late entries must be accompanied by the \$10 entry fee PLUS A LATE ENTRY FEE OF \$25.
- On-line entries and other fees must be paid by credit card. “VISA, the only card accepted by USA Track & Field”
- Upon completion of on-line entry, each athlete must fax (317-261-0481) or mail a copy of a valid passport (information page) or birth certificate to the USATF National Headquarters for verification of date of birth and citizenship. Athletes are not considered entered into the meet until ALL required documents have been submitted and will be listed as “pending” on the Status of Entries page of the USATF website until all such documents are received.
- All performances are subject to verification.
- Athletes are encouraged to enter even if they have not yet met the qualifying standard. However, athletes will not be permitted to compete unless they have:
 1. Obtained a 2005 USATF membership
 2. Completed the entry process
 3. Met the entry standard by June 19, 2005
 4. Submitted age/citizenship verification by June 19, 2005
 5. Completed the declaration process
- Proof of qualifying performance, if required, must be submitted to USATF no later than 12:00 noon ET, Tuesday, June 21, 2005. Any submittal received after this date will not be accepted. Please contact stats@usatf.org for verification procedures or fax results to 603-908-0791.

Declarations Process

Once properly entered, all athletes must complete the declaration process.

- Each athlete or his/her representative must declare whether that athlete will or will not compete in each event they have entered. The person declaring may submit any corrected or improved marks in each event entered.
- DECLARATIONS WILL BE CONDUCTED ON-LINE at www.usatf.org. On-line is the only method of declaration. No other form of declaration will be accepted.
- **Declarations begin at 9:00 a.m. ET on Sunday, June 19, 2005 and close at 11:59 p.m. ET on Monday, June 20, 2005.**
- A Help Line is available for those who need help with the declaration process. For assistance call 317-261-0478 x351 during normal business hours, 8:30 a.m. - 5:00 p.m. ET, Monday - Friday.
- The Status of Entries/Declarations web page updates hourly: www.usatf.org.
- In order to make a declaration, please have the following information available:
 - a) 2005 USATF membership number
 - b) USATF membership password (see www.usatf.org/members-only/ for assistance)
 - c) Athlete's name
 - d) Athlete's affiliation
 - e) Event(s) declaring
 - f) Event(s) scratching
 - g) Any updated qualifying mark(s) and qualifying event(s)
 - h) Name, location and date of event where qualified, and meet director
 - i) Phone number for call-back questions
 - j) Athletes not declaring by 11:59 p.m. ET, Monday, June 20, 2005 will be scratched from the competition.
- Petitions for late declaration will be accepted from 9:00 a.m. until 12:00 noon ET on Tuesday, June 21, 2005 and must be accompanied by a late declaration fee of \$25 payable by credit card only. Petitions may be filed by calling 317-261-0478 x351. Decisions on late declaration petitions will be acted upon by a special committee no later than Wednesday, June 22, 2005. An athlete, whose petition is successful, will be notified as soon as the decision is final. "VISA, the only card accepted by USA Track & Field".

Event/Facility Information

Visit <http://www.usatf.org/events/2005/USAJuniorOutdoorTFChampionships/> often for updated information about the Championships.

The following Championship Events for men and women will be contested at the 2005 USA Junior Outdoor Track & Field Championships:

100m	High Jump
200m	Pole Vault
400m	Long Jump
800m	Triple Jump
1500m	Shot Put
3000m (W)	Discus Throw
5000m	Hammer Throw
10,000m (M)	Javelin Throw
10,000m Race Walk	3000m Steeplechase
110m Hurdles (M)	Decathlon (M)
100m Hurdles (W)	Heptathlon (W)
400m Hurdles	

Facility Specifications for The Home Depot Center

Track: Mondo Super-X surface with nine 48 inch lanes and a radius of 37.0m.

Field Events: Mondo Super-X surface with all runways and approaches in conformity with IAAF standards. The shot put and discus/hammer circles are brushed concrete.

Rules

USA Track & Field rules shall apply. Protests must be filed in writing within 30 minutes of the results being announced and must be accompanied by a \$50 cash deposit, refundable only if the protest is upheld.

Honest Effort

The Honest Effort rule (USATF Rule 142.3) will be enforced: "Any athlete declared to compete must honestly participate in each round (trial, heat or final, etc.) or each track event for which the athlete is declared or the athlete will be barred from further competition in that meet. This rule shall not apply to events in which only a final is held, but an athlete may be barred from such an event if previously he or she has not honestly participated in a track event within the purview of this rule."

Tickets

For ticket information and a seating chart visit www.usatf.org. A sellout crowd is expected; tickets should be purchased early!

Packet Pick-up

Athlete packet pick-up and purchase of athlete support credentials will take place based on the following schedule:

Hilton Long Beach Hotel – Malibu and Laguna

Wednesday, June 22 4:00 p.m. – 10:00 p.m.

ADT Event Center at The Home Depot Center(Indoor Velodrome) Located at near shuttle drop-off

Thursday, June 23 7:00 a.m. - 7:00 p.m.

Friday, June 24 7:00 a.m. - 7:00 p.m.

Saturday, June 25 7:00 a.m. - 3:00 p.m.

Sunday, June 26 8:00 a.m. - 10:00 a.m.

Credentials

Admission to the stadium will be by credential or admission ticket only. All “Athlete” and “Athlete Support” credentials must be picked up and/or purchased during packet pick-up. See Packet Pick-up schedule.

- Each athlete qualified and declared for the Championships will receive ONE “Athlete” (“A”) credential for him/herself.
- Each athlete may purchase one “Athlete Support” (“AS”) credential for personal coaches and/or medical personnel as follows:

Single Day Credential -	\$30
All Sessions Credential -	\$60

“Athlete Support” (“AS”) credentials are only valid when worn by an individual 18 years or older.

Athlete Credential (“A”) – An “Athlete” credential provides access to the following areas:

- The Home Depot Center Track & Field Complex
- The field of play when escorted by an official for the purpose of competition
- ADT Event Center (Indoor Velodrome) for warm-up, event day packet pick-up and other competition functions
- Athlete shuttle buses
- Event medical facilities
- Athlete seating

Athlete Support Credential (“AS”) – An “Athlete Support” credential provides access to the following areas:

- The Home Depot Center Track & Field Complex
- ADT Event Center (Indoor Velodrome) for warm-up, event day packet pick-up and other competition functions
- Athlete shuttle buses
- Event medical facilities for purpose of escorting an athlete
- Athlete seating

National Team Sign-up

The 2005 USA Junior Outdoor Track & Field Championships will serve as the selection meet for the 2005 Junior Pan American Championships. More information will be provided at Packet Pick-up. Visit www.usatf.org/events/2005/PanAmericanJuniorAthleticsChampionships/ for more event information.

Practice Hours

The Home Depot Center Track & Field Complex will be open for practice as follows:

Tuesday, June 21 – 12:00 noon – 6:00 p.m.
Wednesday, June 22 – 12:00 noon – 6:00 p.m.

There will be no practice in the competition facility on days of competition. A designated field will be used for practice on these days.

Doping Control

Athletes who participate in this competition are subject to drug testing in accordance with the United States Anti-Doping Agency (USADA) Protocol for Olympic Movement Testing (USADA Protocol). Testing may take place after any round--preliminary, qualifying, or final. USADA will be responsible for conducting comprehensive drug testing, as well as the adjudication of positive findings. Athletes selected for doping control are required to sign a testing notification form by the assigned doping control chaperone, who will remain with each athlete until she or he arrives at the doping control testing center. Athletes have one hour from the time of notification before they must report to the doping control testing center. Once athletes complete the drug testing process, they are free to leave. Athletes with positive drug test results will have their cases adjudicated according to the USADA Protocol and will be penalized, if appropriate, according to applicable IAAF or World Anti-Doping Agency rules. Such penalties may include, but not be limited to, a period of ineligibility from competition, as well as disqualification from past competitions and cancellation of awards and prizes previously awarded. Any substance taken by an athlete is at his/her own risk and may result in a positive sample. BEWARE: some nutritional supplements, prescription, cold medicines and over-the-counter medications contain prohibited substances. Information regarding specific drugs and substances may be obtained by calling the USADA Drug Reference Line at 800-233-0393, visiting the www.usantidoping.org or visiting www.888athlete.org.

PLEASE CONSIDER THE TIME NECESSARY FOR PROVIDING A SAMPLE AND PROCESSING PAPER WORK AT THE END OF YOUR EVENT WHEN MAKING TRAVEL ARRANGEMENTS.

Medical Services

A full complement of medical professionals will be available at the Home Depot Center during the Championships. "Athlete Support" credentialed medical/training personnel will have a designated area inside the ADT Event Center (Indoor Velodrome) adjacent to the track for their use.

Statement of Club Membership

Athletes must be bona fide members of a 2005 USATF club in order to represent a club. An athlete's current club affiliation can be viewed in his/her membership profile www.usatf.org/membership/edit/ and as part of the online entry process. Athletes wishing to change affiliations can make such a request through their local USATF Association (note that this request must be made by the athlete--see Regulation 7 in the USATF Governance Manual, Section III).

Sponsor Affiliation

In addition to a club affiliation, athletes are able to represent one (1) corporate sponsor. This corporate sponsor must be a registered USATF Corporate Member and be part of the athlete's membership profile. Corporate Membership applications can be obtained by sending an e-mail to membership@usatf.org.

Filming of Championships

The 2005 USA Junior Outdoor Track & Field Championships is being filmed for broadcast. By entering this competition an athlete grants USA Track & Field, the right to use the athlete's name, likeness, voice, biographical and other information, in any format whatsoever, in connection with the distribution of the Championships or the advertising or promotion of the sport of track & field.

Event Shuttle Buses

- Complimentary shuttle bus service will operate from the Long Beach Westin and the Long Beach Hilton to and from The Home Depot Center from Thursday-Sunday of the Championships.
- A practice shuttle bus will operate on Tuesday, June 21 and Wednesday, June 22 beginning 30 minutes before practice and ending 30 minutes after practice.
- Shuttles will be for the exclusive use of athletes, coaches, officials and media. A valid Championships credential will be necessary to gain admittance to the bus during competition days. No credential will be needed for the practice shuttle.
- A shuttle bus schedule will be available at packet pick-up.

Awards

A Gold Medal, emblematic of the Championships of the United States of America, will be given to the winner of each Championship event, a Silver Medal to second place and a Bronze Medal to third thru sixth places.

All champions will be honored in a medal ceremony following the conclusion of their event.

Vaulting Poles

The Local Organizing Committee will provide airport pick-up at Los Angeles International Airport and the Long Beach Airport for vaulting poles **by reservation only**. Athletes wishing to have their poles picked up must contact Rich Perelman no later than June 14, 2005 at 5:00 p.m. PT at rperelman@perelman-pioneer.com to schedule pick-up.

Throwing Implements

- Athletes will be permitted to use their own implements for competition provided they pass the implement inspection. Implements will be impounded after inspection. Implements not passing inspection will be returned after the completion of competition.
- Implement weigh-in and inspections will be held at the ADT Event Center (Indoor Velodrome) from 12:00 p.m. – 6:00 p.m. on Wednesday, June 22 and during all competition hours.
- Personal implements that are accepted for use in the competition lose identity as privately owned implements for the duration of the competition and may be used by any competitor.
- Meet organizers will provide a limited supply of implements for use by competitors not wishing to use their own implements or whose implements have not passed inspection.
- Athletes must provide their own implements for practice.

Driving Directions to The Home Depot Center

18400 Avalon Blvd, Carson, CA 90746

Visit www.mapquest.com for driving directions from your hometown to The Home Depot Center.

Airport Information

Athletes traveling by air to the USA Junior Outdoor Championships will find it convenient to fly into either Los Angeles International Airport (LAX) or the Long Beach Airport (LGB). The airline discounts listed below are valid for the Championships.

United Airlines (LAX only)

Call 800-521-4041 and ask for Meeting ID code 529OZ and USATF Outdoors. Discounts: 5% off lowest applicable fare including first class, or 10% off full fare with a 7-day advance. An additional 5% discount will be awarded for travel booked 30 days prior to the travel. Applicable travel dates are June 18-June 30, 2005.

American Airlines (LAX and LGB)

Call 800-433-1790 and ask for Meeting ID code A4865BE and USATF Outdoors for the 5% discount off of applicable fares. Applicable travel dates are June 18-June 30, 2005.

Airport Ground Transportation

Complimentary Airport Shuttle

Los Angeles International Airport

The Local Organizing Committee will provide a complimentary airport shuttle from the **Los Angeles International Airport ONLY** to the Westin Long Beach and the Hilton Long Beach during specific scheduled hours during the day from Tuesday, June 21 thru Monday, June 27.

Continue to check the USATF website (www.usatf.org) for exact scheduled times of operation for airport shuttle from the Los Angeles International Airport to the host hotels.

Long Beach Airport

Athletes flying into the Long Beach Airport will be responsible for their own ground transportation. Shuttles will not operate from the Long Beach Airport. Cabs are readily available at the Long Beach Airport.

Car Rental

Avis*	800-331-1212
Budget*	800-212-1203
Enterprise*	800-736-8222
Hertz*	800-331-1212
National*	800-227-7368
Thrifty	800-847-4389
Alamo	800-462-5266
Dollar	800-800-3665

Rental companies marked with an asterisk * are available at both the Los Angeles International Airport and the Long Beach Airport. The other companies are only available at Los Angeles International.

Other Ground Transportation Options

For van service, shuttle service, limousines and other ground transportation options please visit the airport website of your choice. Los Angeles International (www.los-angeles-lax.com) or Long Beach Airport (www.lgb.org).

Housing Information

The Hilton Long Beach located at 701 W. Ocean Blvd. has been designated as the host hotel for the Junior Championships. A limited number of rooms are available for reservations at the USATF special rate of \$95 (plus tax) per night for a single/double room. A \$20 per night per person charge will be assessed for more than 2 occupants per room. The cutoff date for special rate reservations is **May 19, 2005 at 5:00 p.m. PT**. After this date, rooms will be on a "space-available" basis at a higher rate. **Contact the hotel directly at 562-983-3400 or 1-800-445-8667 and reference USA Track & Field and the code UTS.**

If reservations are cancelled within 72 hours of arrival or reservation is a "NO SHOW", guests will be charged one night's room rate per each room being held.

Guests who checkout prior to the reservation check-out date will be charged an early departure fee of \$50.

Driving Directions from the Hilton to The Home Depot Center

Start out by driving east on W. Ocean Blvd. toward Daisy Ave. Make a U-TURN onto W. Ocean Blvd. Turn right onto Golden Ave. Turn onto I-710 North and go 3.8 miles. Merge onto I-405 North and drive for 4.0 miles. Take the Avalon Blvd. North then exit onto Avalon Blvd. and go 1.8 miles. Arrive at The Home Depot Center on the right.

Important Phone Numbers

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LOC Meet Director

213-365-7965
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Ticket Information

www.usatf.org

USADA Drug Reference Hotline

800-233-0393
www.usantidoping.org

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