



**Individual Entry Form
National High School Invitational 5 km Division
USA Track & Field**

2004 National Junior Olympic Cross Country Championships

Please print

Last Name _____ First _____

Address _____

City _____ State _____ Zip _____

USATF Club Name _____ Club # _____ - _____

USATF Association _____ USATF Region _____

2004 USATF Membership No. ____/____/____/____/____/____/____/____/____/____/____ (Required)

MALE FEMALE DOB ____/____/____

To be eligible to compete in this division, an athlete must be listed by name on a letter from either the principal or athletic director noting that the individual is eligible to represent their high school. This does not mean that the athlete had to be on the cross country team. It means the individual is in good standing and that there are no state interscholastic league prohibitions which would make the athlete's participation in the National Junior Olympic Cross Country Championships in the high school division a violation of state rules.

Athlete's Release: In consideration of your acceptance of my entry into the USA Track & Field Cross Country Championships, I voluntarily agree to participate in the 2004 USA Track & Field Cross Country Championships and knowingly assume any and all risk of loss, damage, property loss, injury (including death), both foreseen and unforeseen, of my attendance at and participation in the USA Track & Field Cross Country Championships, from any cause whatsoever. I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue USA Track & Field, Inc., the local USATF Association and the owner or lessee of any facility in which the USA Track & Field Cross Country Championships are held (collectively "Releases") from all liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in the Championships.

I/we grant permission to the Meet Directors or their designee or the assigned Chaperones of any USA Track & Field Cross Country Championships, competition or program to act as guardian/spokesman with full authorization and power to authorize emergency medical treatment, including hospitalization and anesthesia, if medically necessary, for my/our son or daughter while in route to/from or at the site of the USA Track & Field Cross Country Championships, competition or program. I/we understand that should a health emergency arise, I/we will be notified but if/we cannot be reached by phone such medical treatment as is deemed necessary by medical personnel under the circumstances presented is hereby expressly authorized.

Signature - ATHLETE _____

Signature - PARENT / GUARDIAN _____
(Must be signed if athlete is under 18 years of age.)

Telephone: _____

By entering this competition, I grant USA Track & Field the right to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability for the purposes of advertising or promoting the sport of Athletics.

Signature - ATHLETE _____

Signature - PARENT / GUARDIAN _____
(Must be signed if athlete is under 18 years of age.)

List allergies and current medications: _____

This Entry Form must be filed with the proper USATF Regional Coordinator no later than the end of the Regional Age Group Junior Olympic competition. There are no qualifying standards. The proper regional coordinator can be found by using the USATF.org website, the local USATF Association Offices or Youth Chairs, or by emailing the USATF Youth National Cross Country Chairman at ron_boemker@hotmail.com

****Proof of identity shall be required. (Birth certificate Baptismal Record, Driver's License, Passport, U.S. Military Identification, or some other certified US or state government document.)**

- This is not a national High School Championship nor is it a high school competition. Where USATF previously allowed competition only by age group, in response to high school coaches, USATF has created a division that will allow members of the same school to compete as a team, even if they do not fall within USATF age group categories.
- There is no individual competition in this division. This division requires a minimum of 5 and a maximum of 8 qualified athletes competing as a team
- Teams do not compete as a particular high school. Athletes from the same high school must be members of the same USATF club and must be individually registered USATF members of that club.
- Should there be more than 8 members of a particular school wishing to compete, "B," "C," etc. teams are allowed.
- Although this is not a high school competition it is expected that teams consult with their respective state interscholastic leagues to make sure that no state guidelines are violated.
- Even though rules concerning an individual's eligibility to represent a high school vary from state to state, it will be the principal or A.D.'s letter that will be accepted as a right to participate.