

2004 USA Junior Outdoor Track & Field Championships

32nd Annual Edition



June 25-27, 2004
Texas A&M University
College Station, TX



Youth Series

Quick Facts

Competition Dates: June 25-27, 2004

Site: Texas A&M University - College Station, TX

Qualifying Period: Friday, July 4, 2003 to Sunday, June 20, 2004 for outdoor competitions
Saturday, November 29, 2003 to Sunday, June 20, 2004 for indoor competitions
Friday, January 3, 2003 to Sunday, June 20, 2004 for combined events

Entry Process Begins: Tuesday, May 6, 2004 (on-line: www.usatf.org)

Entry Deadline: Monday, June 14, 2004, Midnight CT

Last Entries Accepted until: Friday, June 18, 2004, Midnight CT (with late fee)

Status of Entries/Declarations Web Page: Updates hourly

Declarations Begin: Sunday, June 20th, 2004, 12:01 a.m. CT (on-line: www.usatf.org)

Declarations Close: Monday, June 21st, 2004, 5:00 p.m. CT

Status of Entries/Declarations Web Page: Updates hourly

Athlete Hotel: A Headquarters Hotel has not been designated for this event. Transportation to the track will be provided from the following hotels:

University Tower – 1-800-888-6937; \$65 + tax

La Quinta – 979-696-7777 (reserve directly with hotel or through central reservations); \$70 + tax

Hampton Inn – 979-846-0184; \$70 + tax

Super 8 Motel – 979-846-8800; \$52 + tax

Reservation Deadline (to receive the prices listed above) is Monday, June 10, 2004

Tickets: Tickets will be available at the gate on days of event. See enclosed ticket prices.

What's my USATF Password and where do I find it?

If you joined by paper application it's:

- in the confirmation e-mail you received after registration (if you provided your e-mail address)
- on the membership card mailer (the backing your card was attached to when you received it in the mail)

If you joined on-line, it's:

- on the confirmation web page displayed after registration
- the password you chose during the registration process

If you cannot remember your password, you can retrieve it by:

- visiting www.usatf.org/members-only and clicking on "Don't know your password?"
- calling USATF Member Services at 317-261-0478 x345

Athlete Entry Checklist

- Purchase USA Track & Field Membership at www.usatf.org
- Submit your entry on-line by Monday, June 14, 2004, Midnight CT
- Fax/Send a copy of valid Passport (information page) or Birth Certificate to 317-261-0481
- Agree to Drug Testing Information Form on-line
- Make housing and transportation reservation(s)
- Declare on-line between Sunday, June 20th at 12:01 a.m. CT and Monday, June 21st at 5:00 p.m. CT

2004 USA Junior Outdoor Track & Field Championships Qualifying Standards

Events in **bold** will be contested at the Championships. Events listed directly below those being contested may be used as alternates for qualifying. See Qualifying Guidelines below for full details.

Qualifying window: July 4, 2003 – June 20, 2004 (for outdoor competitions)
November 29, 2003 – June 20, 2004 (for indoor competitions)
January 3, 2003 – June 20, 2004 (for combined events)

Please Note: In order to be eligible to compete at the 2004 IAAF World Junior Championships, NO wind aided marks will be accepted and all qualifying standards must be met by June 29, 2004.

Men

100m	10.64	2000m Steeplechase	6:26.60
200m	21.64	1500m	3:58.14
400m	48.24	1600m	4:14.94
800m	01:53.14	Mile	4:15.24
1500m	3:58.14	3000m	8:40.00
1600m	4:14.94	3200m	9:15.00
Mile	4:15.24	5000m	15:05.00
5000m	15:05.00	10,000m Race Walk	55:15.00
1500m	3:58.14	3000m Race Walk	15:00.00
1600m	4:14.94	5000m Race Walk	25:30.00
Mile	4:15.24	High Jump	2.06 / 6-9
3000m	8:40.00	Pole Vault	4.90 / 16-0.75
3200m	9:15.00	Long Jump	7.28 / 23-10.75
10,000m	32:45.00	Triple Jump	14.63 / 48-0
1500m	3:58.14	Shot Put (6 kg)	17.60 / 57-9
1600m	4:14.94	Shot Put (12 lb. H.S.)	18.21 / 59-9
Mile	4:15.24	Shot Put (16 lb.)	16.15 / 53-0
3000m	8:40.00	Discus Throw (1.75 kg)	53.00 / 173-11
3200m	9:15.00	Discus Throw (1.6kg HS)	56.40 / 185-0
5000m	15:05.00	Discus Throw (2 kg)	49.90 / 163-8
110m Hurdles (42")	14.84	Hammer Throw (6 kg)	51.50 / 168-11
110m Hurdles (39")	14.24	Hammer Throw (16 lb.)	48.46 / 159-0
400m Hurdles (36")	53.94	Javelin Throw (800 g)	58.00 / 190-3
300m Hurdles (30")	37.10	Decathlon	5950
300m Hurdles (36")	37.60	Decathlon (H.S.)	6050
400m Hurdles (30")	53.70		
3000m Steeplechase	9:39.60		

Women

100m	12.04	1600m	4:58.14
200m	24.54	Mile	5:00.14
400m	56.14	3000m	10:15.14
800m	2:13.64	3200m	10:55.14
1500m	4:40.14	5000m	17:55.14
1600m	4:58.14	2000m Steeplechase	7:05.14
Mile	5:00.14	10,000m Race Walk	59:45.00
3000m	10:15.14	5000m Race Walk	28:30.00
3200m	10:55.14	High Jump	1.74 / 5-8.5
5000m	17:55.14	Pole Vault	3.85 / 12-7.5
3000m	10:15.14	Long Jump	5.85 / 19-2.5
3200m	10:55.14	Triple Jump	11.80 / 38-8.75
100m Hurdles (33")	14.44	Shot Put (4 kg)	13.60 / 44-7.5
100m Hurdles (30")	14.04	Discus Throw (1kg)	45.00 / 147-8
400m Hurdles (33")	63.14	Hammer Throw (4kg)	48.00 / 157-6
300m Hurdles (30")	44.14	Javelin Throw	41.00 / 134-6
3000m Steeplechase	10:45.14	Heptathlon	4200
1500m	4:40.14		

Qualifying Guidelines

1. All qualifying performances for running events must be made on a standard indoor or a 400m outdoor track. However, for Race Walk events only, road race times are acceptable.
2. Qualifying marks must be made and verifiable in one of the following:
 - a. USATF- or IAAF-sanctioned events,
 - b. events at collegiate meets which prescribe to or exceed USATF competition rules, or
 - c. high school meets, except duals and triangulars.
3. All qualifying marks from outdoor competitions must be attained between Friday, July 4, 2003 through Sunday, June 20, 2004. Qualifying marks from indoor competitions must be attained between Saturday, November 29, 2003 through Sunday, June 20, 2004. Qualifying marks for combined events must be attained between Friday, January 3, 2003 through Sunday, June 20, 2004.
4. A manual time may be used for qualifying only if no F.A.T. qualifying time exists for the race during the qualifying period. A manual time may not supersede any F.A.T. qualifying time for an event. Qualifying manual times are always the F.A.T. qualifying time minus the last zero for events 3000m and longer, the F.A.T time minus 0.14 for events 400m - 1 Mile, and the F.A.T time minus 0.24 for events 300m and shorter.
5. Times submitted in hundredths of a second must be F.A.T. times.
6. An entered athlete attaining a qualifying mark within one-tenth percent (0.1%) of the standard for a running event, or 3 cm below the standard for the discus, javelin, or hammer, or 1 cm below the standard for other field events may declare their desire to compete during the normal declaration period. Athletes within this allowance may be accepted into the competition by the Sport Chair when positions are available in existing heats or sections in running events or when the number of competitors in a field event is fewer than 12.

2004 USA Junior Outdoor Track & Field Championships Schedule of Events - Tentative-subject to change

Day 1 – Friday, June 25th

2:45pm	100m	m	dec
3:00pm	discus throw	w	final
3:10pm	hammer throw	m	final
3:30pm	long jump	m	dec
4:25pm	800m	m	1st rd.
4:30pm	shot put	m	dec
4:50pm	800m	w	1st rd.
5:15pm	400m hurdles	w	1st rd.
5:30pm	pole vault	m	final
5:40pm	400m hurdles	m	1st rd.
5:45pm	high jump	m	dec
6:05pm	1500m run	m	1st rd.
6:15pm	javelin throw	m	final
6:25pm	1500m run	w	1st rd.
6:30pm	long jump	m	final
6:45pm	400m dash	w	1st rd.
7:10pm	400m dash	m	1st rd.
7:36pm	5,000m	w	final
7:59pm	10,000m	m	final
8:38pm	400m dash	m	dec
8:58pm	10km racewalk	m	final

Day 2 – Saturday, June 26th

1:30pm	110m hurdles	m	dec
2:15pm	discus throw	m	dec
2:45pm	hammer throw	w	final
3:00pm	100m hurdles	w	hep
3:15pm	javelin throw	w	final
3:45pm	pole vault	m	dec
3:45pm	high jump	w	hep
5:23pm	100m dash	w	1st rd.
5:45pm	javelin throw	m	dec
5:48pm	100m dash	m	1st rd.
6:00pm	shot put	w	hep
6:10pm	long jump	w	final
6:18pm	400m hurdles	w	final

6:20pm	high jump	w	final
6:30pm	400m hurdles	m	final
6:42pm	800m run	w	final
6:45pm	triple jump	m	final
6:51pm	800m run	m	final
6:59pm	200m	w	hep
7:05pm	shot put	m	final
7:20pm	400m	w	final
7:29pm	400m	m	final
7:38pm	1500m	m	dec
7:50pm	100m dash	w	final
7:59pm	100m dash	m	final
8:07pm	3000 steeple	w	final
8:23pm	5000m run	m	final
8:44pm	10km racewalk	w	final

Day 3 – Sunday, June 27th

2:00pm	long jump	w	hep
3:00pm	javelin throw	w	hep
3:00pm	200m	w	1st rd.
3:25pm	200m	m	1st rd.
3:45pm	pole vault	w	final
3:55pm	100m hurdles	w	1st rd.
4:00pm	high jump	m	final
4:15pm	triple jump	w	final
4:25pm	110m hurdles	m	1st rd.
4:30pm	shot put	w	final
4:45pm	discus throw	m	final
5:05pm	800m	w	hep
5:21pm	1500m	w	final
5:33pm	1500m	m	final
5:45pm	200m	w	final
5:54pm	200m	m	final
6:03pm	3000 steeple	m	final
6:23pm	3000m run	w	final
6:43pm	100m hurdles	w	final
6:53pm	110m hurdles	m	final

Eligibility to Compete

In addition to correctly entering the meet and having equaled or bettered the qualifying standard(s) during the stated qualifying periods, the following criteria must be met:

USATF Membership

A 2004 USATF membership number and password are required to enter. A USATF membership may be purchased on-line at www.usatf.org, through your local USATF Association or by calling the USATF National Headquarters at 317-261-0478 x345. The USATF Membership fee is \$20

Verification of Age/Citizenship (Passport or Birth Certificate)

All entries must be accompanied by a copy of a legal document (information page of passport or birth certificate) in order to verify date of birth and citizenship. If you have a valid passport at the time of entry, please use a copy of the information page of your passport as verification of date of birth and citizenship. These copies will not be returned. Upon entering on-line, you must fax or send a copy of your valid passport or birth certificate to the USATF National Headquarters (information listed below) no later than Monday, June 14th, 2004. **Please direct all faxes to the attention of the USA Junior Outdoor Championships at (317) 261-0481.**

Citizenship: All athletes must be United States citizens AND eligible to represent the U.S. at all levels of international competition in order to compete.

Date of Birth: In order to be eligible to compete as a Junior, you must be at least 14 years of age on the day of competition and not older than 19 years of age. **You may not turn 20 anytime during 2004; your birth year must be 1985 or later.**

Note: In order to compete at the 2004 IAAF World Junior Championships, each athlete must be under the age of 20, but of at least 16 years of age on December 31, 2004 (born in 1985, 1986, 1987, 1988).

Qualifying Standard

Athletes may enter an event(s) even if they have not yet met the qualifying standard for the event(s). However, athletes will not be permitted to compete unless they have:

- a) Completed the entry process
- b) Met the entry qualifying standard by Sunday, June 20, 2004
- c) Completed the declaration process

Drug Testing Information Form

Each athlete will be required to acknowledge that they are aware of the Drug Testing Information. This acknowledgement will be a part of the on-line entry process.

Drug Testing: Athletes who participate in the 2004 USA Junior Outdoor Track & Field Championships are subject to drug testing in accordance with IAAF Procedural Guidelines for Doping Control, the World Anti-Doping Code (WADA) and the United States Anti-Doping Agency (USADA) protocol for Olympic Movement Testing. USADA will be responsible for conducting comprehensive drug testing during the 2004 USA Junior Outdoor Track & Field Championships. Drug Testing and the adjudication of positive finding, will be carried out by USADA. Athletes found to have committed a doping violation will be disciplined according to the USADA Protocol and suspended, if appropriate, according to IAAF rules. Such penalties may result in a period of ineligibility as well as disqualification from the USA Junior Outdoor Track & Field Championships. Any substance taken by an athlete is at his/her own risk and may result in a positive sample. **(This includes cold medicines, nutritional supplements, and some over the counter medicines).**

Information on drugs and medications and about drug testing may be obtained by calling the USADA Drug Reference Hotline at **800-233-0393** or visiting the USADA or IAAF websites: www.usantidoping.org or www.iaaf.org

Please consider the time necessary for drug testing and processing paperwork following the final of your event when making travel arrangements.

Entry Information

To compete in the Championships, you must complete the entry process as follows:

On-line Entry Process

- All entries for the 2004 USA Junior Outdoor Track & Field Championships must be submitted on-line at www.usatf.org. Click on USA Junior Outdoor Track & Field Championships to enter.
- On-line entry is the only method of entry. A Help Line is available for those athletes who need assistance with the entry process. For assistance call the USATF National Headquarters at 317-261-0478 x351 during normal business hours, 8:30 a.m. – 5:00 p.m. CT Monday-Friday.
- In order to enter on-line, please have the following information available:
 - * 2004 USATF Membership number
 - * USATF Membership password
 - * Qualifying mark, qualifying event
 - * Name, location and date of event where qualified
 - * Affiliation
 - * Coach's name and phone number
 - * Credit card information: USATF prefers VISA
- An entry fee of \$10 per athlete must accompany the entry. Credit card payment only. USATF prefers VISA.
- Athletes will receive an on-line acknowledgement at the end of the entry process. Please print a copy of the entry confirmation as proof of entry

Entry Deadline

- On-time entries must be completed on-line by Monday, June 14, 2004, Midnight CT. Athletes should enter even if they have not yet met the qualifying standard; however, athletes will not be permitted to compete unless they have met the standard by Sunday, June 20, 2004.
- The Status of Entries/Declarations web page updates hourly: www.usatf.org. Click on 2004 USA Outdoor Junior Championships
- All performances are subject to verification. Proof of qualifying performance, if required, must be submitted to USATF no later than Sunday, June 20, 2004. Please contact stats@usatf.org for verification procedures.

Age/Citizenship Verification

Upon completion of on-line entry, each athlete must fax (317-261-0481) or mail a copy of a valid passport (information page) or birth certificate to the USATF National Headquarters for verification of date of birth and citizenship.

Athletes are not considered entered into the meet until ALL required documents have been received and verified. Athletes missing required documents will be listed as “pending” on the Status of Entries page of the USATF website until all such documents are received.

Late Entries

Late entries will be accepted if completed on-line by Friday, June 18, 2004, Midnight CT. Late entries must be accompanied by a non-refundable \$35 late entry fee (which is the \$10 entry fee plus the \$25 late entry fee). Fees must be paid by credit card. USATF prefers VISA. Athletes needing assistance may call the Help Line at 317-261-0478 x351.

Declarations Information

Once properly entered, all athletes must complete the declarations process.

On-line Declarations Process

- Declarations will be conducted on-line at www.usatf.org . Click on USA Junior Outdoor Track & Field Championships to declare.
- On-line is the only method of declaration. A Help Line is available for those athletes who need assistance with the declarations process. For assistance call the USATF National Headquarters at 317-261-0478 x351 during normal business hours, 8:30 a.m. – 5:00 p.m. CT Monday-Friday.
- Each athlete or his/her coach/parent must declare whether the athlete will or will not compete in each event they have entered. The person declaring may submit any corrected or improved marks at this time.
- In order to declare, please have the following information available:
 - * 2004 USATF membership number
 - * USATF membership password
 - * Athlete’s name
 - * Athlete’s affiliation
 - * Event(s) declaring
 - * Event(s) scratching
 - * Qualifying mark and qualifying event
 - * Name, location and date of event where qualified, meet director and facility name
 - * Phone number for callback questions

Declarations Deadline

- On-time declarations must be completed on-line between Sunday, June 20 2004 at 12:01 a.m. CT and Monday, June 21, 2004 at 5:00 p.m. CT
- The Status of Entries/Declarations web page updates hourly: www.usatf.org. Click on 2004 USA Outdoor Junior Championships

Late Declarations

Petitions for late declarations will be accepted from 9:00 a.m. - 1:00 p.m. CT on Tuesday, June 22, 2004 and must be accompanied by a \$25 late declaration fee payable by credit card only. Petitions may be filed by calling 317-261-0478 x351. Decisions on late declaration petitions will be acted upon by a special committee no later than 5:00 p.m. CT on Tuesday, June 22, 2004.

Track/Event Information

VISIT THE USATF WEBSITE FOR UPDATES ON THE 2004 USA JUNIOR OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Facilities Information

The Anderson Track & Field Complex has a nine-lane Spurtan surface identical to the one used at the 1988 Olympic Games in Seoul, South Korea. The hammer venue is located just south of the grandstands. The stadium seats approximately 3500 spectators.

Packet/Credential Pick-Up

All athlete packet pick-up and athlete support credential sales will take place at the Anderson Track & Field Complex of Texas A&M University. The Packet Pick-up Table will be located directly behind the Softball Complex at the north end of the track. The Packet-Pick-up Schedule is as follows:

Thursday, June 24	3:00 p.m. – 8:00 p.m.
Friday, June 25	1:00 p.m. – 8:00 p.m.
Saturday, June 26	1:00 p.m. – 8:00 p.m.
Sunday, June 27	1:00 p.m. – 3:00 p.m.

Credentials

All credentials must be picked up or purchased at the Packet Pick-up Table. (See Packet Pick-up information above.)

- Each athlete qualified and declared for the Championships will receive one "Athlete" (A) credential.
- Each athlete may purchase a maximum of two (2) "Athlete Support" Credential (AS) for \$25 each for personal coaches, parents or medical personnel traveling with them. The AS Credential is good for all 3 days of competition, and allows access to the following:
 - * Warm-up facility
 - * Sports medicine areas, admission to the athlete seating area
 - * Access to the event shuttle service which will operate between the hotels listed in this book

Tickets

Tickets may be purchase on site beginning 2 hours prior to the start of the first event of the day. Prices are as follows and may be purchased with cash or check only. No credit card services are available. All seating is general admission seating.

Adults	\$10 daily
Children 12 & under	\$5 daily
3 day pass – Adults	\$20
3 day pass – Children	\$10

Practice Schedule

The Anderson Track & Field Complex is open for practice as follows: A shuttle schedule for practice sessions will be available at Packet Pick-up.

Thursday, June 24	12:00 noon – 8:00 p.m.
Friday, June 25	9:00 a.m. – 12:00 noon
Saturday, June 26	9:00 a.m. – 12:00 noon

Note: During practices, due to safety issues, throwers may not release implements and jumpers may not leave the ground.

Implement Weigh-In

Implement Weigh-In will take place at the track under the south end of the grandstands. A schedule for implement weigh-in will be available at Packet Pick-up. Please be advised that only the international implements will be thrown. In the men's competition, the 2002 IAAF rule change will be in effect; the weights of the implements are: 6 kg Shot, 6 kg Hammer and the 1.75 kg Discus. **PLEASE NOTE:** Women will contest the 3,000m steeplechase to comply with the event being contested at the 2004 IAAF World Junior Championships.

Vaulting Pole Transportation/Storage

It is suggested that athletes ship their vaulting poles to Texas A&M University due to security issues at airports and the size restraints that many airplanes have. See shipping information below. (Note: airplanes flying into College Station airport are not equipped to accept pole vault poles.) Athletes will be responsible for transporting their poles to/from the airport. Poles may be stored at the Anderson Track & Field Facility beginning Thursday, June 24, 2004. Poles should be taken to the Implement Weigh-in area under the south end of the grandstand for storage.

Gateway International	800-338-8017	
Fedex Freight	800-463-3339	Local 979-779-0055
Roadway Shipping	979-822-0181	
Central Freight Lines	254-772-2120	
Watkins Motor Lines	800-274-9099	
R & L Shipping	800-543-5589	

Shipping Address: Texas A&M University
Track & Field
922 Olsen Blvd.
College Station, TX 77842

Honest Effort

The Honest Effort rule (USATF Rule 77) will be enforced: "Any athlete declared to compete must honestly participate in each round (trial, heat or final, etc.) or each track event for which the athlete is declared or the athlete will be barred from further competition in that meet. This rule shall not apply to events in which only a final is held, but an athlete may be barred from such an event if previously he or she has not honestly participated in a track event within the purview of this rule."

Awards

A gold medal, emblematic of the USA Junior Outdoor Track & Field Championships will be awarded to the winner of each event; a silver medal awarded to second place and a bronze medal to third-eighth places. The top eight finishers will also receive a Verizon Junior All-American t-shirt.

Travel Information

Athletes traveling by air to the Championships may find it most convenient to fly into College Station, TX (the distance from the airport to the host hotels is 2 miles and takes approximately 5 minutes). The alternative option is to fly into Houston Intercontinental Airport in Houston, TX (the distance from the airport to the host hotels is 93 miles and takes approximately 1 hour 45 minutes).

Discounts

USA Track & Field is pleased to announce that it has secured special airfare discounts on Continental Airlines and American Airlines. Several pricing options are available to serve your needs:

Continental Airlines to College Station and Houston Intercontinental Airport

You may choose a 10% discount off selected domestic published airfares or you may choose Area Pricing (a fixed airfare rate based on geographical location). Area Pricing must be purchased at least 7 days in advance and is based on availability. Call 1-800-468-7022 to obtain the best fares and schedule information. Make sure you refer to agreement code VZL27Y.

American Airlines to College Station

You may choose a 5% discount off any American Airlines domestic published airfare or a 10% discount off the unrestricted, fully refundable coach fare. Receive an additional 5% discount on tickets purchased at least 30 days in advance of travel, or you may choose Area Pricing (a fixed airfare rate based on geographical location). Area Pricing must be purchased at least 7 days in advance and is based on availability. Call 1-800-955-5822 to obtain the best fares and schedule information (Note: there is a \$25 ticketing fee).

Car Rental at College Station Airport

Avis	800-831-2847
Hertz	800-654-3131
Advantage	800-777-5500

Car Rental at Houston Intercontinental Airport

Avis	800-831-2847	Hertz	800-654-3131
Advantage	800-777-5500	Budget	800-527-0700
National	800-227-7368	Dollar	800-800-4000
Thrifty	800-847-4389	Enterprise	800-726-8227
Alamo	800-462-5266		

Airport Shuttles

College Station

Free shuttle service is provided by all hotels listed in this booklet. You may call prior to your arrival in College Station to arrange a pick-up or you may call from the hotel phone at the airport upon arrival.

Houston Intercontinental Airport – Houston, TX

Ground Shuttle Airport Service operates a daily shuttle service between Houston Intercontinental Airport and College Station. Reference USA Track & Field to receive a special \$15 one way fare. This service operates on a reservation only basis. To make a reservation visit www.groundshuttle.com or call 979-739-2836.

Driving Directions to Anderson Track & Field Complex

from Houston Intercontinental Airport

- Follow the exit signs to Beltway 8
- Right (west) on Beltway 8 -- will become Sam Houston Tollway
- Continue on Sam Houston Tollway until intersection with U.S. 290
- Right (west) on U.S. 290 [Austin exit]
- Continue on U.S. 290 to Hempstead
- Right (north) on Texas 6 [Bryan exit]
- Left Exit on Business 6 [College Station/Texas A&M Univ exit]
- Left (west) at the second light [F.M. 2818]
- Continue several miles until you pass the high school on the right
- Take the next right (north) on to Wellborn Road [F.M. 2154]
- Left (west) at the third light, George Bush Drive [F.M. 2347]
- Right (north) at the first light (Olsen Blvd.) - the track will be to your immediate left

from Houston (Hobby Airport)

- Follow the exit signs to I-45
- North on I-45 for a few miles until intersection with I-610
- West on I-610
- Follow I-610 all the way around the city, past Reliant Stadium and the Galleria, until the intersection with U.S. 290
- Left (west) on U.S. 290 [Austin exit]
- Continue on U.S. 290 to Hempstead
- Right (north) on Texas 6 [Bryan exit]
- Left Exit on Business 6 [College Station/Texas A&M Univ exit]
- Left (west) at the second light [F.M. 2818]
- Continue several miles until you pass the high school on the right
- Take the next right (north) on to Wellborn Road [F.M. 2154]
- Left (west) at the third light, George Bush Drive [F.M. 2347]
- Right (north) at the first light (Olsen Blvd.) - the track will be to your immediate left

from Dallas

- South on I-35 to Waco
- At Waco, Left (east) on Texas 6 to College Station
- At College Station, Right (west) at University Drive [F.M. 60] exit
- Continue on University Drive until the intersection with Business 6 [Texas Avenue]
- Left (south) on Texas Ave.
- Right (west) at third light - George Bush Drive (just past the golf course on the right)
- Continue on George Bush Drive, past the football stadium on your right, and across the railroad tracks
- Right (north) at the first light past the railroad tracks (Olsen Blvd.) - the track will be to your immediate left

from Austin/Bergstrom International Airport

- East on Texas 71 towards Bastrop
- Once in Bastrop, go through the city and take a left on Texas 95 [should indicate "to Texas 21"]
- Right (east) on Texas 21 [about 1/4 mile ahead]
- Continue on Texas 21 towards Bryan
- Near Bryan, right exit on Texas 47 [College Station/Texas A&M Univ exit]
- Continue south on Texas 47 until you reach F.M. 60 [University Drive]

- Left (east) on F.M. 60 past Easterwood Airport (on the right)
- Right (south) exit on F.M. 2818
- Continue south on F.M. 2818 until you reach George Bush Drive [F.M. 2347, first light]
- Left (east) on George Bush Drive
- The track will be on the left when you get to the first light [Olsen Blvd.]

from San Antonio

- North on I-35 to San Marcos
- Exit Texas 21 and turn right (east)
- Near Bryan, right exit on Texas 47 [College Station/Texas A&M Univ exit]
- Continue south on Texas 47 until you reach F.M. 60 [University Drive]
- Left (east) on F.M. 60 past Easterwood Airport (on the right)
- Right (south) exit on F.M. 2818
- Continue south on F.M. 2818 until you reach George Bush Drive [F.M. 2347, first light]
- Left (east) on George Bush Drive
- The track will be on the left when you get to the first light [Olsen Blvd.]

Event Shuttle

An event shuttle will operate from the Hampton Inn, University Towers, Super 8 and LaQuinta hotels mentioned under housing in this booklet. A shuttle schedule will be available at Packet Pick-up.

Housing Information

A Headquarters Hotel has not been designated for this event. USATF has arranged housing blocks at the following hotels. **Reservations deadline (to receive the prices listed below) for all hotels is June 10, 2004. Rooms are available on a first come first served basis. Reservations must be booked with the individual hotel not through central reservations unless noted.**

University Tower – \$65 + tax
 410 South Texas Ave.
 College Station, TX 77840
 1-800-888-6937

Super 8 Motel – \$52 + tax
 301 South Texas Ave.
 College Station, Texas 77840
 979-846-8800

La Quinta - \$70 + tax
 607 South Texas Ave.
 College Station, Texas 77840
 979-696-7777

Hampton Inn – \$70 + tax
 320 South Texas Ave.
 College Station, Texas 77840
 979-846-0184

(reserve directly with hotel or through central reservations)

Note: Shuttle service will be provided from each of these hotels to the track.

IAAF World Junior Championships

The USA Junior Outdoor Track & Field Championships will be used to select the USA National Team for the IAAF World Junior Championships in Grosseto, Italy, July 13-18, 2004. Tentative travel dates will be July 5th outbound and Monday, July 19th return (**Please note that these dates are tentative and are subject to change**). Any athlete who is selected to the team must be able to make this time commitment.



Team Sign-up

USA National Team sign-up will take place at the track following the final of each event at the 2004 Junior Outdoor Track & Field Championships. Team Sign-up is located in the Softball Building, next to the track, in room D 106.

Selection Procedure

The two highest placing finishers in each final at the 2004 USA Junior Outdoor Track & Field Championships may select themselves to represent the USA National Team, provided that they have met the following criteria:

1. Meet the qualifying standard set by the IAAF for the 2004 World Junior Championships (see below). **Please note: In order to be eligible to compete, NO wind aided marks will be accepted and all qualifying standards must be met by Monday, June 29, 2004.**
2. Be eligible to represent the USA in international competition based on the 2004 Bylaws and Competition Rules of USATF and the IAAF.
3. Each athlete must be under the age of 20, but of at least 16 years of age on December 31, 2004 (born in 1985, 1986, 1987, 1988).
4. **MUST have a current passport in order to be eligible for travel to the IAAF World Junior Championships.** The Team Staff can assist the athlete in obtaining a passport by providing the necessary paperwork and instructions to the athlete, and providing any information that will assist the athlete in obtaining a passport as quickly as possible. However, USATF will NOT assist the athlete by:
 - * Paying passport fees
 - * Paying passport expedition fees
 - * Traveling to a passport office to assist an athlete with obtaining a passport
 - * Paying for passport photographs
 - * Paying for an athlete's transportation to a passport office

PLEASE NOTE:

- * There are new passport rules dealing with minors, which makes processing more difficult. For more information on acquiring a passport, please visit <http://travel.state.gov> or your local post office.
- * Due to heightened security, passport rules have changed—if your passport expires any time during 2004, please verify with the US Passport Agency that no problems will occur during your travels.

USA Track & Field will provide to each athlete competing in the above competitions their airfare, housing and meals. Each athlete will also receive a complete package of USA National Team uniform gear.

The USATF contract with the National Team uniform supplier stipulates certain rules regarding the Team Uniforms, and what the athlete may and may not wear on the field of competition. Sanctions may be levied against an athlete who fails to comply with official uniform regulations. The terms of the official regulations regarding athlete uniform use and other athlete responsibilities are detailed in the USA National Team Statement of Conditions, which must be signed by all athletes prior to their acceptance as a member of a USATF National Team.



IAAF World Junior Championships Qualifying Standards



Men		Event	Women	
10.4	10.64	100 m	11.7	11.94
21.3	21.54	200 m	24.2	24.44
47.9	48.04	400 m	54.5	54.64
1:50.00		800 m	2:08.00	
3:48.00		1500 m	4:25.00	
		3000 m	9:30.00	
14:15.00	8:15.00	5000 m	16:30.00	
30:30.00		10000 m		
9:10.00		3000 m SC	11:45.00	
14.4	14.64	110 m/ 100 m h	13.9	14.14
52.8	52.94	400 m h	59.9	60.04
NES		4 x 100 m Relay	NES	
NES		4 x 400 m Relay	NES	
2.15		High Jump	1.82	
5.10		Pole Vault	3.90	
7.55		Long Jump	6.15	
15.50		Triple Jump	12.90	
17.90 (16.30)		Shot Put	14.50	
56.00 (51.50)		Discus Throw	47.00	
67.50 (60.00)		Hammer Throw	56.00	
66.50		Javelin Throw	49.50	
7050 (6875)		Decathlon/Heptathlon	5275	
44:05.00		10000 m Walk	50:55.00	

1. Performances must be achieved during the period 1 January 2003 to 29 June 2004.
2. Performances must be achieved during an official competition organized in conformity with IAAF Rules.
3. Performances must be achieved during competitions organized or sanctioned by the IAAF, its Area Association and its National Member Federations. Thus, results achieved at school competitions must be certified by the National Federations of the country in which the competition was organized.
4. Performances achieved in mixed events (between male and female participants), held completely in the stadium, will not be accepted (see IAAF Rule 147).
5. Wind assisted performance (over 2m/sec) will not be accepted (see IAAF Rules).
6. Indoor performance will be accepted.

USA Track & Field Programs

Junior Elite Camps

The Men's and Women's Camps will be held at the USOC ARCO Olympic Training Center in San Diego, CA. Dates and standards for the Junior Elite Camps will be posted on the USA Track & Field website (www.usatf.org) as soon as they are available.

USATF National Junior Olympic Track & Field Championships

This is the largest of our National Championships; over 6,000 athletes will compete for national titles. The National Junior Olympics in track & field is a progressional meet format. Athletes advance from preliminary meets to Association Championships to Regional Championships to the National Championships. The age requirement ranges from those aged ten and under to those who are still eighteen through the final day of the National Junior Olympic Track & Field Championships. **The 2004 Championships will be conducted July 27-August 1 in Eugene, OR.**

USA Youth Outdoor Track & Field Championships (Youth Athletics)

This is an age group national track & field meet. The age requirement is the same as the National Junior Olympic Championships. There are performance standards for athletes, which are available on the USATF website. **The 2004 meet will be held June 30-July 4 in Landover, MD.**

USATF National Junior Olympic Cross Country Championships

The Junior Olympic Cross Country series has the same qualifying procedures as the Junior Olympic Track & Field series. Qualifying follows the progressional meet format. **The 2004 Championships will be held December 11th in Busse Woods – Schaumburg, IL.**

USA Cross Country Championships

The USA Cross Country Championships serve as a selection meet for the IAAF World Cross Country Championships. The meet does have a Junior component for both Men and Women with the women racing 6 km and the men racing 8 km. The ages for this competition are 14-19. An athlete cannot turn 20 during the year of the competition. **The 2005 USA Cross Country Championships will be held on February 12-13 in Portland, OR.**

Coaching Education

USA Track & Field offers a wide variety of Coaching Education schools. A list of current schools as well as program information is available on the "coaches" portion of the USATF website at www.usatf.org/coaches/education/

For more information about our Junior, Youth or Coaching Education programs, please contact your local USATF Association or:

USA Track & Field National Headquarters
One RCA Dome, Suite 140
Indianapolis, IN 46225
317-261-0500
www.usatf.org

Important Contact Information

USA Track & Field National Headquarters

USA Track & Field National Headquarters One RCA Dome, Suite 140 Indianapolis, IN 46225	Ph: 317-261-0500 Fax: 317-261-0481 www.usatf.org
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Glen McMicken Statistics, USATF	stats@usatf.org
USADA Drug Reference Hotline	800-233-0393 www.usantidoping.org

Sports Committee Representatives

Rita Somerlot Women's Track & Field Junior Representative	614-523-0635 Ritasomerlot@aol.com
Harry Groves Men's Track & Field Junior Representative	814-863-3147 maa1@psu.edu

Local Organizing Committee

Brian Bancroft Technical/Meet Director	979-229-5691 bbancroft@athletics.tamu.edu
Jeanette Thomas Director, Brazos Valley Sport Foundation	979-680-0124 jt@bvssf.org

Official Youth Sponsors



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