



***July 2-6, 2003  
University at Buffalo  
Amherst, New York***



## **Welcome to Buffalo**

The Niagara Association of USA Track & Field is proud to welcome the athletes, coaches, parents and spectators to the 2003 USA Youth Athletics National Championships. The University at Buffalo Amherst will once again host an exciting USATF youth competition. We are looking forward to a record turnout and plan to conduct a great national meet. This competition is an official youth USA Track & Field individual and club/team championship. The USATF Youth Athletics National Championships is also part of USATF's Verizon Youth Series.

## **Athlete Eligibility**

Athletes must be United States citizens or non-citizens residing in the United States born after August 3, 1984. The competition is conducted in five age divisions as follows:

<b>Bantam</b>	born 1993 and later
<b>Midgets</b>	born 1991 - 1992
<b>Youth</b>	born 1989 - 1990
<b>Intermediate</b>	born 1987 - 1988
<b>Young Men/Women</b>	born 1985 - 1986

**\*\*Athletes born in 1984 are also eligible if they do not turn 19 on or prior to August 3, 2003\*\***

All competitors must possess valid USATF membership numbers prior to entering the championships. All relay teams must also be registered club members of USA Track & Field. Individual membership numbers and club numbers, in the case of relay events, must be entered on all entry forms.

## **University at Buffalo Amherst**

The track facility at the University at Buffalo has a proud history of hosting major competitions, most recently the 2000 USATF National Junior Olympic Championships. The facility will seat 35,000 spectators around an eight lane all-weather track. All field events, with the exception of discus and javelin, are in full spectator view of stadium seating. A shaded concourse with restroom facilities and concession stands are located on each side of the stadium.

All straight away events, 100 meters and all hurdle events will be contested at the same time for boys and girls on both sides of the track. The facility is smoke and alcohol free and coolers are permitted in the stadium with plastic only containers. Tents are allowed in designated areas only.

## Entry Requirements and Fees

**Athletes entering by mail must attach a copy of their birth certificate and/or any other acceptable proof of age to the entry form. Electronic on-line entries must bring a copy of their birth certificate and signed athletes' waiver to packet pick-up to receive their competitor packet.** All entries must be submitted accurately and complete with the appropriate fee per the following schedule:

**Postmarked on or before June 18, 2003**

\$ 6.00 per individual event

\$24.00 per relay event

\$20.00 - Triathlon

\$24.00 - Pentathlon, Heptathlon, Decathlon

Entries postmarked per this schedule **must be** accompanied with the correct entry fee. Entries without the appropriate fee corresponding to the above postmark deadlines will be charged an additional \$5.00 surcharge.

**On Line Entries:** Athletes may enter on line through the official 2003 youth athletics web site at [www.2003youthathletics.org](http://www.2003youthathletics.org). On line fees can be paid with Visa, Discover Card, American Express and MasterCard. (USATF Prefers VISA.)

**No Late Entries** will be processed. Mailed entries postmarked after June 18 will not be opened and will be returned to sender. The on line entry link will be removed at 11:59 p.m. on June 18, 2003. **Phone calls and/or emails requesting entry consideration after June 18, 2003 will receive no response.**

**Payment Method:** No personal checks or cash will be accepted. On time entries with either of these two forms of payment will be charged the \$5.00 surcharge fee at packet-pick-up.

Certified checks, bank drafts or money orders are the only acceptable payment method for mailed entries. All such payments should be made payable to **Niagara USATF/Youth Athletics Championships**.

**Mail all entries to:** USATF Niagara/ Youth Athletics National Championships  
PO Box 699  
Jamestown, New York 14701

**For overnight or expedited delivery that requires a street address, send to:**  
USATF Niagara/ Youth Athletics National Championships  
c/o Chautauqua Striders  
101 East Fourth Street  
Jamestown, New York 14701

## Awards

**Awards:** National Championship medals will be awarded to first through eighth place in individual events. Awards will be presented following the posting of final results for each event. Team awards will be presented following the posting of meet results on Sunday, July 6, 2003.

**Team scoring and Awards:** Team scoring will be based on the following point structure with the top 8 places scored (10, 8, 6, 5, 4, 3, 2, 1 to indicate points from first through eighth place). Each male and female division will be scored separately. Awards will be presented to the first, second, and third place teams in each division. There will not be an overall team award. All teams will be scored automatically. Team-scoring declarations and fees are not required.

**Combined Events:** The team points earned by a club/team member in the combined events competition will be included in that team's overall score. IAAF scoring table will be used to score all combined competition (Triathlon, Pentathlon, Heptathlon, and Decathlon).

**Club/Team Relays:** All relay team members must be a member of the same club, which must also be registered with Club's resident USATF Association for 2003. A relay team consists of four (4) athletes entered into the meet on their respective INDIVIDUAL entry forms. Only those athletes listed on the team Entry Form "Roster" will be allowed to compete on a relay team. "Relay team member only" must be listed on this roster.

#### Performance Standards

#### Terms and Conditions

1. Athletes who are 18 years old and will reach their 19<sup>th</sup> birthday on or before August 3, 2003, are ineligible to compete in Youth Athletics competition at any time during the 2003 competition year. Those who reach their 19<sup>th</sup> birthday after August 3 are eligible to compete as Young Men/Young Women in competitions held before August 4.
2. Qualification for this meet requires performances equal to or better than the published qualification standards. Qualifying performances must have been achieved in a meet held after July 7, 2002 with at least 5 athletes competing in the event. (Qualification standards are a long-term average of eighth place performance in this Championship.)
3. Starting heights for high jump will be 10 centimeters below the stated standard; starting heights for pole vault will be 30 centimeters below the standard.
4. Times submitted in hundredths of seconds must be Fully Automatic Times (FAT). Hand times must be rounded up to the next tenth of a second.
5. Composite scores may be computed for combined events using point scores for the athlete's best performance in each individual event since July 7, 2002.
6. Marks for the 1600m and 1 Mile are acceptable equivalents for the 1500; 3200m and 2 Mile marks for the 3000m; and 300 hurdle marks for the 400m hurdles.
7. In the Intermediate Boys' and Young Men's divisions, the 1500m, 1600m, 1-Mile, 3000m, 3200m and 2-Mile marks are also acceptable equivalents for the steeplechase.
8. In the Young Men's division, the 3000m, 3200m and the 2-Mile marks are also acceptable equivalents for the 5000m.
9. No standards are published for the mini-javelin (Bantams and Midgets) or the 5000m Race Walks (Intermediate Boys & Girls, Young Men/Young Women).

These are relatively new events and insufficient data are available to establish standards.

### **PLEASE NOTE**

The National Youth Executive Committee has reinstated performance standards. These are **STANDARDS** and **NOT GUIDELINES**. Coaches should consider the following:

All races contested in lanes, 100, 200, 400, 800 meters will qualify the eight (8) fastest overall times in the trials to a one heat final.

Starting Heights in the vertical jumps and vault shall be in accordance with rule 242.5(k) in the 2003 Rule Book.

### **For Further Information**

For questions concerning **performance standards** call James C. Duncan at (636) 528-4631. Leave your name and phone number, and clearly state your question. For **entry packets or information about the meet itself**, contact David Reinhardt at (716) 488-2203, extension 230, or by e-mail at david@chautauqua.striders.org.

## 2003 Youth Athletics Performance Standards

### YOUNG WOMEN (BORN 1985-86)\*

EVENTS	FAT	MANUAL
100m	12.84	12.6
200m	26.24	26.0
400m	59.34	59.2
800m	2:35.00	2:35.0
1500m	5:15.00	5:15.0
1600m	5:37.00	5:37.0
1 Mile	5:38.00	5:38.0
3000m	12:01.00	12:01.0
3200m	12:49.00	12:49.0
2 Mile	12:53.00	12:53.0
5000m Walk	new event	
100m H. (33")	16.34	16.1
300m H. (30")	50.54	50.4
400m H. (30")	1:10.14	1:10.0
Pole Vault	1.90	6-3
High Jump	1.50	4-11
Long Jump	5.05	16-7
Triple Jump	10.15	33-4
Shot Put (4 kg)	10.22	33-6
Discus (1 kg)	31.60	103-8
Javelin (600g)	25.52	83-9
400m Relay	50.74	50.6
440y Relay	50.94	50.8
1600m Relay	4:15.00	4:15.0
1 Mile Relay	4:18.00	4:18.0
3200m Relay	10:56.00	10:56.0
2 Mile Relay	11:00.00	11:00.0
Heptathlon	2853	

### INTERMEDIATE GIRLS (BORN 1987-88)

EVENTS	FAT	MANUAL
100m	12.84	12.6
200m	26.24	26.0
400m	58.54	58.4
800m	2:26.00	2:26.0
1500m	5:04.00	5:04.0
1600m	5:24.00	5:24.0
1 Mile	5:26.00	5:26.0
3000m	11:41.00	11:41.0
3200m	12:29.00	12:29.0
2 Mile	12:33.00	12:33.0
5000m Walk	new event	
100m H. (33")	16.34	16.1
300m H. (30")	53.34	53.2
400m H. (30")	1:12.94	1:12.8
Pole Vault	1.80	5-11
High Jump	1.45	4-9
Long Jump	4.86	15-11
Triple Jump	10.06	33-0
Shot Put (4 kg)	9.51	31-2
Discus (1 kg)	28.95	95-0
Javelin (600 g)	24.27	79-8
400m Relay	50.84	50.7
440y Relay	51.14	51.0
1600m Relay	4:17.00	4:17.0
1 Mile Relay	4:18.00	4:18.0
3200m Rel	1:18.00	11:18.0
2 Mile Rel	11:21.00	11:21.0
Heptathlon	2962	

### YOUTH GIRLS (BORN 1989-90)

EVENTS	FAT	MANUAL
100m	13.14	12.9
200m	26.54	26.3
400m	1:00.34	1:00.2
800m	2:28.00	2:28.0
1500m	5:05.00	5:05.0
1600m	5:25.00	5:25.0
1 Mile	5:27.00	5:27.0

3000m	11:18.00	11:18.0
3200m	12:04.00	12:04.0
2 Mile	12:08.00	12:08.0
3000m Walk	20:40.00	20:40.0
2 Mile Walk	22:13.00	22:13.0
100m H. (30")	16.84	16.6
200m H. (30")	31.54	31.3
Pole Vault	1.70	5-7
High Jump	1.45	4-9
Long Jump	4.71	15-5
Triple Jump	9.43	30-11
Shot Put (6 lb)	10.40	34-1
Shot Put (4 kg)	8.39	27-6
Discus (1 kg)	24.85	81-6
Javelin (600 g)	22.03	72-3
400m Relay	52.24	52.1
440y Relay	52.44	52.3
1600m Relay	4:19.00	4:19.0
1 Mile Relay	4:21.00	4:21.0
3200m Rel	11:08.00	11:08.0
2 Mile Rel	11:11.00	11:11.0
Pentathlon	2291	

### MIDGET GIRLS (BORN 1991-92)

EVENTS	FAT	MANUAL
100m	13.64	13.4
200m	28.04	27.8
400m	1:06.14	1:06.0
800m	2:39.00	2:39.0
1500m	5:18.00	5:18.0
1600m	5:39.00	5:39.0
1 Mile	5:41.00	5:41.0
3000m	11:56.00	11:56.0
3200m	12:44.00	12:44.0
2 Mile	12:48.00	12:46.0
1500m Walk	9:58.00	9:58.0
1 Mile Walk	10:43.00	10:43.0
80m H. (30")	14.84	14.6
High Jump	1.30	4-3
Long Jump	4.12	13-6
Shot Put (6 lb)	7.91	25-11
Discus (1 kg)	16.83	55-3
Mini Javelin	new event	
400m Relay	56.14	56.0
440y Relay	56.34	56.2
1600m Relay	4:45.00	4:45.0
1 Mile Relay	4:46.00	4:46.0
3200m Relay	12:00.00	12:00.0
2 Mile Relay	12:03.00	12:03.0
Pentathlon	1995	

### BANTAM GIRLS (BORN 1993 or later)

EVENTS	FAT	MANUAL
100m	14.94	14.7
200m	31.14	30.9
400m	1:11.94	1:11.8
800m	2:51.00	2:51.0
1500m	5:50.00	5:50.0
1600m	6:14.00	6:14.0
1 Mile	6:16.00	6:16.0
1500m Walk	11:10.00	11:10.0
1 Mile Walk	11:59.00	11:59.0
High Jump	1.05	3-5
Long Jump	3.50	11-6
Shot Put (6 lb)	5.52	18-1
Mini Javelin	new event	
400m Relay	1:04.04	1:03.9
440y Relay	1:04.34	1:04.2
1600m Relay	5:40.00	5:40.0
1 Mile Relay	5:41.00	5:41.0
Triathlon	632	

**YOUNG MEN (BORN 1985-86)\***

EVENTS	FAT	MANUAL
100m	11.34	11.1
200m	22.54	22.3
400m	50.94	50.8
800m	2:04.00	2:04.0
1500m	4:22.00	4:22.0
1600m	4:40.00	4:40.0
1 Mile	4:41.00	4:41.0
3000m	10:08.00	10:08.0
3200m	10:49.00	10:49.0
2 Mile	10:53.00	10:53.0
5000m	16:50.00	16:50.0
5000m Walk	new event	
110m H. (39")	15.94	15.7
300m H. (36")	42.94	42.7
400m H. (36")	59.54	59.39
2000m SC	7:00.00	7:00.0
Pole Vault	4.00	13-2
High Jump	1.85	6-1
Long Jump	6.56	21-6
Triple Jump	12.79	42-0
Shot Put (12 lb)	14.00	45-11
Discus (1.6 kg)	41.76	137-0
Javelin (800g)	43.43	142-6
400m Relay	44.04	43.8
440y Relay	44.24	44.1
1600m Relay	3:30.00	3:30.0
1 Mile Relay	3:31.00	3:31.0
3200m Relay	8:41.00	8:41.0
2 Mile Relay	8:43.00	8:43.0
Decathlon	4609	

**INTERMEDIATE BOYS (BORN 1987-88)**

EVENTS	FAT	MANUAL
100m	11.64	11.4
200m	23.54	23.3
400m	52.44	52.3
800m	2:04.00	2:04.0
1500m	4:23.00	4:23.0
1600m	4:40.00	4:40.0
1 Mile	4:42.00	4:42.0
3000m	9:47.00	9:47.0
3200m	10:27.00	10:27.0
2 Mile	10:30.00	10:30.0
5000m Walk	new event	
110m H. (39")	16.74	16.5
300m H. (36")	44.54	44.4
400m H. (36")	1:01.74	1:01.6
2000m SC	7:31.00	7:31.0
Pole Vault	3.65	12-0
High Jump	1.75	5-9
Long Jump	6.00	19-8
Triple Jump	11.64	38-2
Shot Put (12 lb)	12.78	42-11
Discus (1.6 kg)	37.45	122-10
Javelin (800 g)	38.68	126-11
400m Relay	45.64	45.5
440y Relay	45.94	45.8
1600m Relay	3:40.00	3:40.0
1 Mile Relay	3:41.00	3:41.0
3200m Relay	9:28.00	9:28.0
2 Mile Relay	9:31.00	9:31.0
Decathlon	4066	

**YOUTH BOYS (BORN 1989-90)**

EVENTS	FAT	MANUAL
100m	12.24	12.0
200m	24.74	24.5
400m	55.84	55.7
800m	2:14.00	2:14.0
1500m	4:36.00	4:36.0
1600m	4:55.00	4:55.0

1 Mile	4:56.00	4:56.0
3000m	10:13.00	10:13.0
3200m	10:55.00	10:55.0
2 Mile	10:58.00	10:58.0
3000m Walk	20:00.00	20:00.0
2 Mile Walk	21:30.00	21:30.0
100m H. (33")	16.24	16.0
200m H. (30")	28.94	28.8
Pole Vault	2.50	8-2
High Jump	1.55	5-1
Long Jump	5.31	17-7
Triple Jump	10.11	33-2
Shot Put (4 kg)	11.90	39-1
Discus (1 kg)	35.45	116-4
Javelin (600 g)	33.23	109-0
400m Relay	49.74	49.6
440y Relay	49.94	49.8
1600m Relay	3:59.00	3:59.0
1 Mile Relay	4:00.00	4:00.0
3200m Relay	9:55.00	9:55.0
2 Mile Relay	9:58.00	9:58.0
Pentathlon	2143	

**MIDGET BOYS (BORN 1991-92)**

EVENTS	FAT	MANUAL
100m	13.54	13.3
200m	27.64	27.4
400m	1:02.44	1:02.3
800m	2:32.00	2:32.0
1500m	5:03.00	5:03.0
1600m	5:23.00	5:23.0
1 Mile	5:25.00	5:25.0
3000m	11:06.00	11:06.0
3200m	11:51.00	11:51.0
2 Mile	11:54.00	11:54.0
1500m Walk	10:43.00	10:43.0
1 Mile Walk	11:31.00	11:31.0
80m H. (30")	14.34	14.1
High Jump	1.35	4-5
Long Jump	4.46	14-8
Shot Put (6 lb)	9.35	30-8
Discus (1 kg)	22.25	73-0
Mini Javelin	new event	
400m Relay	55.94	55.8
440y Relay	56.14	56.0
1600m Relay	4:35.00	4:35.0
1 Mile Relay	4:37.00	4:37.0
3200m Relay	11:13.00	11:13.0
2 Mile Relay	11:17.00	11:17.0
Pentathlon	1714	

**BANTAM BOYS (BORN 1993 or later)**

EVENTS	FAT	MANUAL
100m	14.64	14.4
200m	29.64	29.4
400m	1:11.54	1:11.4
800m	2:44.00	2:44.0
1500m	5:33.00	5:33.0
1600m	5:55.00	5:55.0
1 Mile	5:57.00	5:57.0
1500m Walk	11:05.00	11:05.0
1 Mile Walk	11:55.00	11:55.0
High Jump	1.15	3-9
Long Jump	3.73	12-3
Shot Put (6 lb)	6.50	21-4
Mini Javelin	new event	
400m Relay	1:01.14	1:01.0
400y Relay	1:01.44	1:01.3
1600m Relay	5:19.00	5:19.0
1 Mile Relay	5:21.00	5:21.0
Triathlon	436	

\* See Terms &amp; Conditions

## **Event Time Schedule and Check-in**

Athletes must report to the designated check-in area 45 minutes prior to the scheduled event time. Check the website and at packet pickup for any schedule modifications.

## **USATF Rules and Regulations**

**USATF Rules:** The meet will be conducted in accordance with USATF rules, including those applicable and specific to Youth Athletics.

**Event Limits:** A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Bantam and Midget Division may compete in a maximum of three (3) events, including relays. Youth, Intermediate, and Young Men/Women Division may compete in a maximum of four (4) events, including relay. Combined Events are not included in the event count.

**Relay Uniforms:** Relay participants must wear a top of the same color(s) and shorts of the same color(s).

**Sprint Relays:** In sprint relays, the outgoing runners may place white tape on the track, as per meet management. If the athlete does not have the tape, it will be supplied by meet management.

**Protest Table:** Protests must be filed within 30 minutes following the announcing of results. A cash fee of \$100.00 will be required, along with an official Protest Form, to be obtained from the protest referee. Fees will be refunded only if the appeal is upheld.

## **Registration/Package Pick-up**

Athletes and/or coaches can pick-up their competition packets at Alumni Arena, adjacent to U.B. Stadium. **Athletes submitting an entry on-line must also bring a copy of their birth certificate or other acceptable form of proof of age with them to packet pick-up.**

### **Packet pick-up hours are as follows:**

Tuesday, July 1, 2:00-7:00 p.m.  
Wednesday, July 2, 7:00 a.m.-7:00 p.m.  
Thursday, July 3, 7:00 a.m.-9:00 p.m.  
Friday, July 4, 7:00 a.m.-5:00 p.m.  
Saturday, July 5, 7:00 a.m.-5:00 p.m.  
Sunday, July 6, 7:00 a.m.-5:00 p.m.

# USATF Youth Athletics National Championships

## Order of Events

**Wednesday, July 2<sup>nd</sup>**

**Day One: Combined Events, Steeplechase and Race Walks**

<b>8:00 AM</b>	<b>Heptathlon Day 1:</b> 100m Hurdles, High Jump, Shot Put, 200m	IG	YW	
<b>9:00 AM</b>	<b>Pentathlon:</b> 100m Hurdles, SP, High Jump, Long Jump, 800/1500m	YG	YB	F
<b>10:00 AM</b>	<b>Decathlon Day 1:</b> 100m, Long Jump, Shot Put, High Jump, 400m	IB	YM	
<b>10:45 AM</b>	2000m Steeplechase	IB	YM	F
<b>11:30 AM</b>	3000m Race Walk		YG	F
<b>12:30 PM</b>	3000m Race Walk		YB	F
<b>1:30 PM</b>	1500m Race Walk		BG	F
<b>2:15 PM</b>	1500m Race Walk		BB	F
<b>3:00 PM</b>	1500m Race Walk		MG	F
<b>3:45 PM</b>	1500m Race Walk		MB	F

**Thursday, July 3<sup>rd</sup>**

**Day Two: Combined Events, Race Walks and 3200 M Relays**

<b>8:00 AM</b>	<b>Decathlon Day 2:</b> 110m Hurdles, Discus, Pole Vault, Javelin, 1500m	IB	YM	F
<b>9:00 AM</b>	<b>Pentathlon:</b> 80m Hurdles, SP, High Jump, Long Jump, 800m/1500m	MG	MB	F
<b>10:00 AM</b>	5000m Race Walk	IG	YW	F
<b>10:30 AM</b>	<b>Heptathlon Day 2:</b> Long Jump, Javelin, 800m	IG		F
<b>11:00 AM</b>	5000m Race Walk	IB	YM	F
<b>11:15 AM</b>	<b>Heptathlon Day 2:</b> Long Jump, Javelin, 800m		YW	F
<b>12:00 Noon</b>	4x800m Relay	MG	MB	F
<b>12:30 PM</b>	<b>Triathlon</b> Shot Put, High Jump, 200m/400m	BG	BB	F
<b>1:00 PM</b>	4x800m Relay	YG	YB	F
<b>2:00 PM</b>	4x800m Relay	IG	IB	F
<b>3:00 PM</b>	4x800m Relay	YW	YM	F

**Friday, July 4<sup>th</sup>**

**Day Three: Track Events**

<b>8:00 AM</b>	3000m Run	MG	MB	F				
<b>8:45 AM</b>	1500m Run	YG	YB	IG	IB	YW	YM	T
<b>10:15 AM</b>	100m Dash	All Divisions				T		
<b>11:30 PM</b>	110m Hurdles	IB	YM	T				
<b>12:00 Noon</b>	100m Hurdles	IG	YW	YB	YG	T		
<b>12:30 PM</b>	80m Hurdles	MG	MB	T				
<b>1:00 PM</b>	800m Run	All Divisions				T		
<b>2:00 PM</b>	200m Dash	All Divisions				T		
<b>4:00 PM</b>	4x400 Relay	BG	BB	T				
<b>4:30 PM</b>	4x400 Relay	MG	MB	T				
<b>5:00 PM</b>	4x400 Relay	YG	YB	T				
<b>5:30 PM</b>	4x400 Relay	IG	IB	T				
<b>6:00 PM</b>	4x400 Relay	YW	YM	T				

**Friday, July 4<sup>th</sup>****Day Three: Field Events**

<b>8:00 AM</b>	Long Jump	YG	
	Triple Jump	YB	
	High Jump	YM	
	Shot Put	BG	MG
	Discus	IB	
	Javelin	BB	IG
<b>9:00 AM</b>	Pole Vault	YG	YB
<b>12 Noon</b>	Long Jump	BG	MG
	High Jump	IB	
	Shot Put	BB	MB
	Discus	IG	
	Javelin	YG	
<b>2:30 PM</b>	Pole Vault	IG	
<b>4:00 PM</b>	Long Jump	BB	MB
	High Jump	IG	YW
	Shot Put	YG	YB
	Discus	YM	
	Javelin	MG	IB

**Saturday, July 5<sup>th</sup>****Day Four: Track Events**

<b>8:00 AM</b>	5000m Run	YM		F
<b>8:30 AM</b>	3000m Run	YG YB IG IB YW		F
<b>10:30 AM</b>	800m Run	All Divisions		F
<b>11:30 AM</b>	200m Dash	All Divisions		F
<b>12 Noon</b>	400m Hurdles	IB	YM	T
<b>12:30 PM</b>	400m Hurdles	IG	YW	T
<b>1:00 PM</b>	200m Hurdles	YG	YB	T
<b>1:15 PM</b>	400m Dash	All Divisions		T
<b>3:15 PM</b>	4x100m Relay	BG	BB	T
<b>3:45 PM</b>	4x100m Relay	MG	MB	T
<b>4:15 PM</b>	4x100m Relay	YG	YB	T
<b>4:45 PM</b>	4x100m Relay	IG	IB	T
<b>5:15 PM</b>	4x100m Relay	YW	YM	T

**Saturday, July 5<sup>th</sup>****Day Four: Field Events**

<b>8:00 AM</b>	Long Jump	YB	
	Triple Jump	YG	
	High Jump	BB	MB
	Shot Put	IG	YW
	Discus	MG	
	Javelin	BG	YM
<b>9:30 AM</b>	Pole Vault	IB	
<b>12 Noon</b>	Long Jump	YM	
	Triple Jump	YW	
	High Jump	BG	MG
	Shot Put	IB	
	Discus	YG	
	Javelin	MB	YB
<b>2:30 PM</b>	Pole Vault	YW	
<b>4:00 PM</b>	Long Jump	IB	
	Triple Jump	IG	
	High Jump	YG	YB
	Shot Put	YM	
	Discus	MB	
	Javelin	YW	

**Sunday, July 6<sup>th</sup>****Day Five: Track Events**

<b>9:00 AM</b>	400m Hurdles	IB	YM	F				
<b>9:15 AM</b>	400m Hurdles	IG	YW	F				
<b>9:30 AM</b>	200m Hurdles	YG	YB	F				
<b>10:00 AM</b>	1500m Run	BG	BB	MG	MB	F		
<b>11:00 AM</b>	100m Dash	All Divisions	F					
<b>11:30 AM</b>	400m Dash	All Divisions	F					
<b>12 Noon</b>	1500m Run	YG	YB	IG	IB	YW	YM	F
<b>1:30 PM</b>	110m Hurdles	IB	YM	F				
<b>1:40 PM</b>	100m Hurdles	IG	YW	YB	YG	F		
<b>2:15 PM</b>	80m Hurdles	MG	MB	F				
<b>2:30 PM</b>	4x100m Relay	All Divisions	F					
<b>3:15 PM</b>	4x400m Relay	All Divisions	F					

**Sunday, July 6<sup>th</sup>****Day Five: Field Events**

<b>8:00 AM</b>	Long Jump	YW
	Triple Jump	YM
	Discus	YB
<b>9:30 AM</b>	Pole Vault	YM
<b>12 Noon</b>	Long Jump	IG
	Triple Jump	IB
	Discus	YW

**Meet Administration**

**Registration/Packet Pickup** Check-in for all athletes will be at UB Alumni Arena adjacent to the track. Each athlete will be assigned a competitor bib number, which must be pinned to the athlete's chest and "worn as issued" (i.e., no folding, etc.) The bib number must be worn at all times while the athlete is inside the gates of the track facility. Lost bib numbers can be replaced for a \$10 fee.

**Admission Fee** The daily admission fee for the competition is \$6.00 starting on July 2<sup>nd</sup>. Three (3) day passes will be available for \$15.00 and five (5) day passes are available for \$25.00 each. All children age 6 and under will be admitted FREE.

**Note: Coaches without a current USATF Membership Card with the category designation of "COACH" are required to pay the standard admissions fee.** According to USATF national policy, **no coaches' passes will be issued.** Coaches will be admitted **free** upon showing a current "USATF Membership Card" or official USATF membership verification form with the coaches' category marked.

**Meet Management**

Ron Graham – LOC/Meet Chairman	716-664-2465 ext. 234
<a href="mailto:ron@artscouncil.com">ron@artscouncil.com</a>	
Perry Jenkins - Meet Director	716-645-6801
<a href="mailto:pjenkins@acsu.buffalo.edu">pjenkins@acsu.buffalo.edu</a>	
Dave Reinhardt - Youth Chair/Entries	716-488-2203ext. 230
<a href="mailto:david@chautauqua-striders.org">david@chautauqua-striders.org</a>	
Josephine Cross - Registration	716-851-3790
<a href="mailto:Jocross@localnet.com">Jocross@localnet.com</a>	

## Hotel Accommodations

The LOC has negotiated room blocks and best rates with the hotels listed. All of the properties listed have agreed to a June 18<sup>th</sup> cut-off date for making reservations. After June 18<sup>th</sup> the rates list will increase and the block of rooms returned to the hotel inventories. When making hotel reservations you must refer to the **2003 Niagara Youth Athletics** block at each respective hotel. The Four Points Sheraton Hotel has been designated as the **meet headquarters**.

### Four Points Sheraton

2040 Walden Ave.

Buffalo, NY 14225

Rate: \$99.00 Single/Double

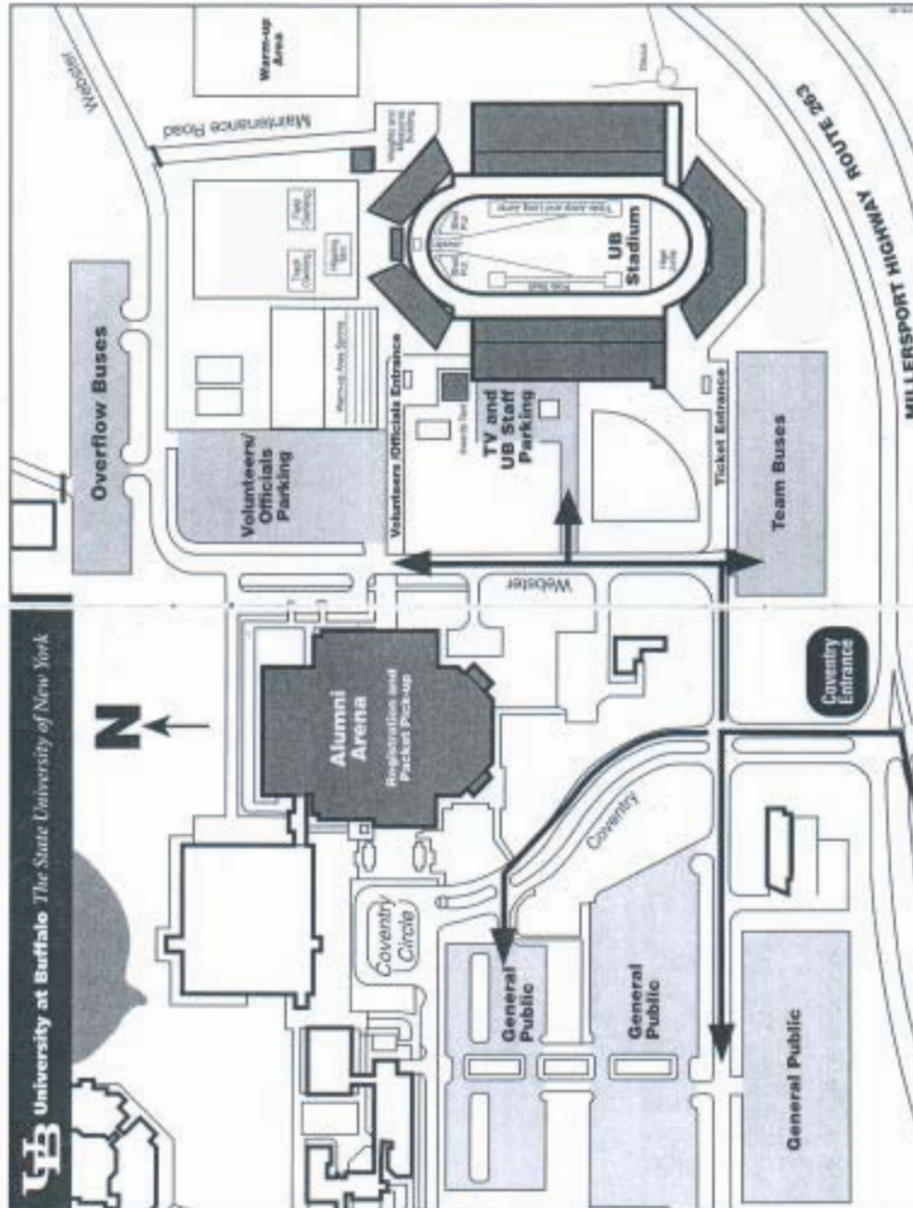
716-681-2400

<p><b>The Pillars Hotel</b> 716-845-2005 125 High Street Buffalo, NY 14203 Rate: \$89.00 Single/Double</p> <p><b>Sleep Inn &amp; Suites</b> 716-626-4000 100 Hoitz drive Cheektowaga, NY 14225 Rate: \$89.00 Per Room</p> <p><b>Hampton Inn &amp; Suites</b> 716-716-855-2223 220 Delaware Ave. Buffalo, NY 14202 Rate: \$99.00 Single/Double</p> <p><b>Holiday Inn Grand Island</b> 716-733-1111 100 Whitehaven Road (at East River Rd) Grand Island, NY 14072 Rate: \$109.00 Per Room</p> <p><b>Hampton Inn Amherst</b> 716-689-414410 Flint Road Amherst, NY 14226 Rate: \$99.00 Per Room</p> <p><b>Days Inn Airport</b> 716-626-1500 4345 Genesee Street Buffalo, NY 14225 Rate: \$79.00 Per Room</p> <p><b>Holiday Inn Airport</b> 716-634-6969 4600 Genesee Street Cheektowaga, NY 14225 Rate: \$99.00 Per Room</p>	<p><b>Adam's Mark Hotel</b> 716-845-5100 120 Church Street Buffalo, NY 14202 Rate: \$99.00 Single/Double</p> <p><b>Courtyard Marriott/ Amherst</b> 716-626-2300 4100 Sheridan Drive Buffalo, NY 14221 Rate: \$89.00 Per Room/Night</p> <p><b>Hyatt Regency Buffalo</b> 716-855-4952 2 Fountain Plaza Buffalo, NY 14202 Rate: \$99.00 Per Room</p> <p><b>Holiday Inn Amherst</b> 716-691-8181 1881 Niagara Falls Blvd. Amherst, NY 14228 Rate: \$99.00 Per Room</p> <p><b>Radisson Airport</b> 716-634-2300 4243 Genesee Street. Buffalo, NY 14225 Rate: \$89.00 Per Room</p> <p><b>Quality Inn Airport</b> 716-633-5500 4217 Genesee Street Buffalo, NY 14225 Rate: \$79.00 Per Room</p>
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## Directions to the University at Buffalo Stadium Complex

From East or West I-90 (portions are toll road) to I-290 west. Proceed **west on the I-290** (Youngman Expressway) until **exit 5B, Millersport Highway north**. When you exit onto Millersport Highway, proceed through one traffic light (Flint Road intersection), past the Maple Road exit, and continue to **Coventry Entrance** to UB's North.

## Map of the University at Buffalo



### **Attractions/Activities**

There are many exciting attractions to see and experience during your stay in the Buffalo area, including nearby Niagara Falls. Visit our web site at [www.2003youthathletics.org](http://www.2003youthathletics.org) for a complete list of sights to see and places to visit during your stay in Buffalo. **Birth certificates and/or passports are required of everyone who plans to visit Canada.**

### **Food Services**

Numerous fast food and national chain restaurants are available within 5 to 10 minutes from the stadium. Concession stands located within the stadium are also available. The Local Organizing Committee has no control over UB concession pricing. Coaches and parents are encouraged to bring food items in approved containers into the stadium. A list of restaurants and dining facilities in the greater Buffalo area will be posted on the 2003 Youth Athletics web site.

### **Practice Facilities**

An 8-lane practice track is available on the University at Buffalo campus a short 1/4 mile walk from the main competition site. A practice track is also available adjacent to the Sheridan Four Points meet headquarters hotel. There are ample warm-up areas adjacent to the competition site.

### **IMPORTANT REMINDER**

**Entry deadline is June 18! No LATE ENTRIES will be accepted!**



# YOUTH SERIES

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## 2003 USATF Youth Athletics National Championships Individual Event Entry Form

*please print*

Last Name, First Name																												
Street Address																												
City, State, Zip																												
Full USATF Club Name																												
USATF Association																												
2003 USATF Membership #															<b>Required</b>													

**AGE DIVISION**  
Carefully check appropriate boxes

**Male**       **Female**

Bantam                      (Born 1993 and Later)  
 Midget                         (Born 1991 - 1992)  
 Youth                            (Born 1989 - 1990)  
 Intermediate                 (Born 1987 - 1988)  
 Young Men/Women         (Born 1985 - 1986)

Date of Birth:    /    /

**2003 USATF Youth Athletics Entry Fees**

**ENTRY DEADLINE IS June 18th**      **NO LATE ENTRIES TO BE ACCEPTED!!**

\$ 6.00	For Each Individual Event
\$24.00	All Relays
\$20.00	Triathlon
\$24.00	Pentathlon, Heptathlon & Decathlon

Name of Event	Seed Performance
1	
2	
3	
4	

**Athletes entering on-line must bring signed copy of this form and proper birth certification to registration.**

Athlete's Release: In consideration of your acceptance of my entry into the USA Track & Field Youth Athletics National Championship, I voluntarily agree to participate in the 2003 USA Track & Field Youth Athletics National Championships and knowingly assume any and all risks of loss, damage, property loss, injury (including death), both foreseen and unforeseen, of my attendance at and participation in the 2003 USA Track & Field Youth Athletics National Championships, from any cause whatsoever. I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue USA Track & Field, Inc., the local USATF Association and the owner or lessee of any facility in which the 2003 USA Track & Field Youth Athletics National Championships are held (collectively "Releases") from all liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in the Championships. I/we grant permission to the Meet Directors or their designee or the assigned Chaperones of any USA Track & Field Youth Athletics National Championship, competition or program to act as guardian/spokesman with full authorization and power to authorize emergency medical treatment, including hospitalization and anesthesia, if medically necessary, for my/our son or daughter while in route to/from or at the site of the 2003 USA Track & Field Youth Athletics National Championships, competition or program. I/we understand that should a health emergency arise, I/we will be notified but if we cannot be reached by phone such medical treatment as is deemed necessary by medical personnel under the circumstances presented is hereby expressly authorized.

\_\_\_\_\_  
Signature - ATHLETE

\_\_\_\_\_  
Signature - PARENT/GUARDIAN  
(Must be signed if athlete is under 18 years old)

Telephone: (    ) \_\_\_\_\_

List allergies and current medications: \_\_\_\_\_

\*\*Proof of age: (based on Birth Certificate, Certified Baptismal record, Passport, Driver's License, or U.S. Military Identification)

**On-Line Entries at [www.2003youthathletics.org](http://www.2003youthathletics.org)  
Entry Deadline is June 18, 2003. No Late Entries will be accepted.**



## 2003 USATF Youth Athletics National Championships Relay Roster Form

### Junior Olympic Rule 245(3) - Relays:

- (a) A relay team shall consist of four (4) members. Qualification of a relay team entitles the club represented by that team to enter a team in the same event at the next higher level of competition. (This shall apply to both the Youth Athletics and Junior Olympics Championships.) The compositions of the team need not be the same throughout the rounds or various levels of competition. To become a relay team member, an athlete must have been declared as a potential member on the official relay roster submitted at the Association level. No alterations may be made after it has been submitted at this level.
- i. To enter a relay, a club must enter four primary members of the team in that event on its individual entry forms.
  - ii. Up to two additional primary members may be entered by entering them in the event on their individual entry forms for the cost of entering the relay team.
  - iii. All competitors listed on the official roster are eligible to compete if they are entered in the meet in individual events or other relays. If an individual is not entered in the meet by either of the methods stated above, that individual must complete and submit an entry form placing the word "roster" in the event section. An additional cost equal to the cost of a single event entry may be charged for each member entering by this method.
  - iv. The primary entrants of the club will determine the composition of the team. Changes to the composition of a relay may be made prior to the start of the event by submitting the appropriate change form to the Clerk of Course no later than one hour prior to the scheduled check-in time for the event. The Clerk will validate the number of events in which the athlete is competing. Only athletes listed on the official roster of the club, who are entered in the meet, are eligible to run. Where an athlete has only "roster" as an event on the competition number, no further validation is required.
  - v. An athlete may drop an event to compete on a relay team as long as he/she has not changed in any round of that event. This should be noted in the proper space on the change form. The Clerk shall make the appropriate change on the competition number.
  - vi. Violation of the above rules shall be reason for disqualification.
  - vii. An athlete may drop an event to compete on a relay team as long as he/she has not changed in any round of that event. This should be noted in the proper space on the change form. The Clerk shall make the appropriate change on the competition number.
  - viii. Violation of the above rules shall be reason for disqualification.

USATF CLUB \_\_\_\_\_ USATF CLUB NUMBER \_\_\_\_\_

DISTANCE 4X \_\_\_\_\_ AGE DIVISION \_\_\_\_\_ SEX \_\_\_\_\_

COACH \_\_\_\_\_ PHONE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

REGION \_\_\_\_\_ ASSOCIATION \_\_\_\_\_

### COACHES DECLARATION

I certify that all listed athletes on the back are USATF members of my club, comply with the rules, and are in compliance with their age division. I am aware that to be properly entered, each must file an individual entry form and specify their entry for this relay event. To compete in the relay, each must be listed on the Relay Roster.

SIGNED \_\_\_\_\_

**COACHES:** This Relay Roster Form must be completed and submitted with your meet entry form.

