



## USA Cross Country Championships Individual Entry Form



This form must be completed by all runners, including each member of a team; photocopy additional forms as needed. Please type or print all information clearly.

<b>Last Name</b>		<b>First Name</b>	
<b>USATF Number</b>		<b>Affiliation</b>	
<b>Address</b>			
<b>City</b>		<b>State</b>	<b>Zip Code</b>
<b>Day Phone:</b>		<b>Night Phone</b>	
<b>Date of Birth</b>	<b>Age on Race Day</b>	<b>Best Recent 10k Time</b>	
<b>Sex (Circle one):</b>		<b>Age Group (Circle one):</b>	
<input type="radio"/> Male <input type="radio"/> Female		<input type="radio"/> Junior <input type="radio"/> Senior <input type="radio"/> Masters	

**Event**

**(circle one):**

- Junior Women's 6k     Senior Women's 4k     Senior Women's 8k     Masters Women's 6k  
 Junior Men's 8k       Senior Men's 4k       Senior Men's 12k       Masters Men's 6k

**T-Shirt Size (circle one):**

- M     L     XL

**Waiver** (please read and sign): I know that running, regardless of the distance, includes an element of risk. I should not enter and participate in the 2003 USA Cross Country Championships (herein after called this event) unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to compete in this event safely and I further agree that the event officials may authorize necessary emergency treatment for me. I also understand any and all risks associated with this event including, but not limited to, illness, traveling to and from this event, falls, contact with spectators and other participants, the effects of weather (including temperature and humidity extremes) and the surface of the event's course, all such risks being understood by me. Having read this waiver and knowing the facts, and in consideration of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, Gulf Association, Houston Harriers, City of Houston, event officials, volunteers, and any and all sponsors, suppliers, agents, independent contractors, employees and any other personnel in any way assisting or connected with this event, even though the liability may arise out of negligence or carelessness on the part of persons or parties in this waiver.

I also understand and agree that any sponsor may subsequently use, for publicity purposes, my name and pictures of me participating in this event without liability or obligation due me. I also understand that as a result of my participation in this event that I may be drug tested by USADA and, if found positive, may be disqualified from this event and suffer other consequences in accordance with USATF and IAAF rules.

**Athlete Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent's Signature (if under 18 years old)** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Make checks payable to: Houston Harriers and mail to: Jon Warren  
Rice University-Dept. of Athletics-MS-548  
PO Box 1892  
Houston, TX 77251**

**Entry Fees and deadlines:**  
Early entry fee: \$30.00 if received by Feb. 7, 2003  
Late entry fee: \$50.00 if received between Feb. 8-14

**NO REFUNDS**