

**USATF NATIONAL JUNIOR OLYMPICS**



**Saturday, December 13, 2003**

**The USATF New Mexico Association,  
In partnership with the  
Albuquerque Convention and Visitors Bureau  
*http://www.abqcvb.org/*  
at the Pueblo of Santa Ana's  
Lovelace New Mexico Soccer Tournament Complex  
in  
Bernalillo, New Mexico  
(just north of Albuquerque)**

***The National Junior Olympic Cross Country  
Championship is part of the Verizon Youth Series***

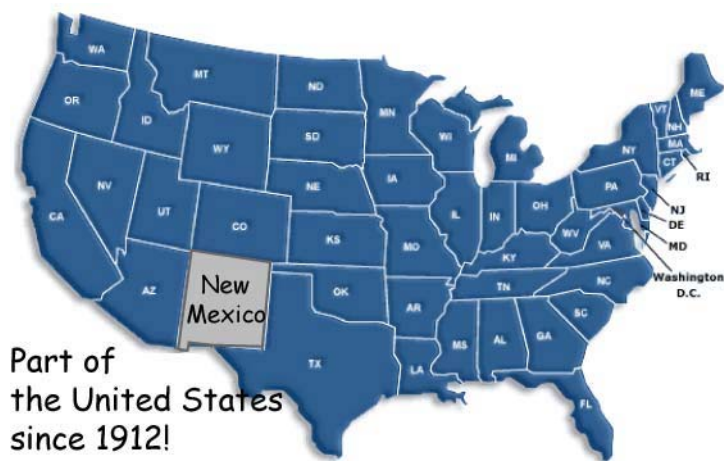
*Event website:  
[www.usatf.org/assoc/nm/nationals2003/passport](http://www.usatf.org/assoc/nm/nationals2003/passport)*

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## BIEN VENIDOS!

The USATF New Mexico Association, in partnership with the Albuquerque Convention and Visitors Bureau, welcomes you to the 2003 USATF National Junior Olympic Cross Country Championships, to be held at the Lovelace New Mexico Soccer Tournament Complex (the "Soccer Complex"), on December 13, 2003. The Soccer Complex is owned by the Pueblo of Santa Ana, and is located just west of Bernalillo, NM, and about 14 miles north of Albuquerque, at 1001 Tamaya Blvd. This Championship is part of the *Verizon Youth Series*.



### Meet Director

Ronald J Mascarenas 505-867-6885 [ronald.j.mascarenas@intel.com](mailto:ronald.j.mascarenas@intel.com)  
[NMJOXC2003@AOL.COM](mailto:NMJOXC2003@AOL.COM)  
[ronaldmascarenas@aol.com](mailto:ronaldmascarenas@aol.com)

### NM USATF Office

505-865-8612 [foneskna@aol.com](mailto:foneskna@aol.com)

**The New Mexico Association's website is [www.usatf.org/assoc/nm/](http://www.usatf.org/assoc/nm/)  
 See the online passport at  
[www.usatf.org/assoc/nm/nationals2003/passport/](http://www.usatf.org/assoc/nm/nationals2003/passport/)**

The **official meet headquarters** is the **Albuquerque Marriott** hotel, at 2101 Louisiana Blvd NE (take the Louisiana exit north off I-40). This is where the packet pickup, most merchandise sales, and the Friday night spaghetti dinner will be held.

## SCHEDULE

### Thursday, December 11th

**Packet Pick-up** Albuquerque Marriott 6:00 p.m.-9:00 p.m.  
**T-Shirt Sales** Albuquerque Marriott 6:00 p.m.-9:00 p.m.

### Friday, December 12th

**Packet Pick-up** Albuquerque Marriott 9:00 a.m.-9:00 p.m.  
**Course Walk** Soccer Complex 9:00 a.m.-4:00 p.m. *weather permitting*  
**Guided Walks:**  
 3K course: 1:00 pm *weather permitting*  
 4K course: 1:30 pm *weather permitting*  
 5K course: 2:30 pm *weather permitting*  
**T-Shirt Sales** Albuquerque Marriott 9:00 a.m.-9:00 p.m.  
**Spaghetti Dinner** Albuquerque Marriott 4:30 p.m.-6:30 p.m.  
*Dinner will have 2 seating times with advance ticket purchase required:  
 See the mail-in form at [www.usatf.org/assoc/nm/nationals2003/spaghetti.doc](http://www.usatf.org/assoc/nm/nationals2003/spaghetti.doc)*  
**Opening Ceremony** UNM Johnson Center 7:00 p.m.-8:30 p.m.

### Saturday, December 13th

**Packet Pick-up** Soccer Complex 8:00 a.m.-11:00 a.m.  
**Course Walk** Soccer Complex 8:00 a.m.-9:00 a.m. *weather permitting*  
**T-Shirt Sales** Soccer Complex 8:00 a.m.-4:00 p.m.  
**Start of 1<sup>st</sup> Race** Soccer Complex 10:00 a.m. *subject to weather*  
**Awards Ceremony** Albuquerque Convention Center, Kiva Auditorium 7:00 p.m.-9:00 p.m.  
**T-Shirt Sales** Albuquerque Marriott 6:00 p.m.-9:00 p.m.

### Saturday RACE SCHEDULE

All athletes **MUST REPORT** to the staging area  
**30 MINUTES** before the start of their schedule race time.

Age Division	Year of Birth	Distance	Start Time
Bantam Girls	Born 1993 +	3,000 meters	10:00 a.m.
Bantam Boys	Born 1993 +	3,000 meters	10:30 a.m.
Midget Girls	Born 1991-1992	3,000 meters	11:00 a.m.
Midget Boys	Born 1991-1992	3,000 meters	11:30 a.m.
Youth Girls	Born 1989-1990	4,000 meters	12:00 p.m.
Youth Boys	Born 1989-1990	4,000 meters	12:30 p.m.
Intermediate Girls	Born 1987-1988	5,000 meters	1:00 p.m.
Intermediate Boys	Born 1987-1988	5,000 meters	1:30 p.m.
Young Women	Born 1985-1986	5,000 meters	2:00 p.m.
Young Men	Born 1985-1986	5,000 meters	2:30 p.m.

*All times listed are Mountain Standard Time*

# RULES AND GENERAL INFORMATION

## Entry Forms and Fees

The entry fee is \$6.00 per individual, nonrefundable, and must be submitted with the entry forms, through your USATF Regional Coordinator, at your Regional Junior Olympic Championship meet. **Entries cannot be accepted by any other method.** Your regional coordinator must verify all entry forms for completeness and accuracy. The birth date submitted must **be verified** and stamped as such by either the Association Chairman or the Regional Coordinator. Entry forms not meeting all of these requirements will be deemed incomplete and will only be processed after all missing information is provided along with an additional \$10.00 incomplete entry fee. **There are no late entries for this competition.**

## Packet Pickup

Athletes will be able to pick up their competition numbers and related materials at the **Albuquerque Marriott, Meet Headquarters**, on **Thursday Dec. 11 from 6:00 to 9:00 p.m.** and **Friday Dec 12, between 9:00 a.m. and 9:00 p.m.** On **Saturday, Dec. 13**, packets can be picked up **at the race site, the Soccer Complex, between 8:00 a.m. and 11:00 a.m.**

## Check-in Times

All athletes must report to the Staging Area **30 minutes before the start of their scheduled race time.**

## Uniforms

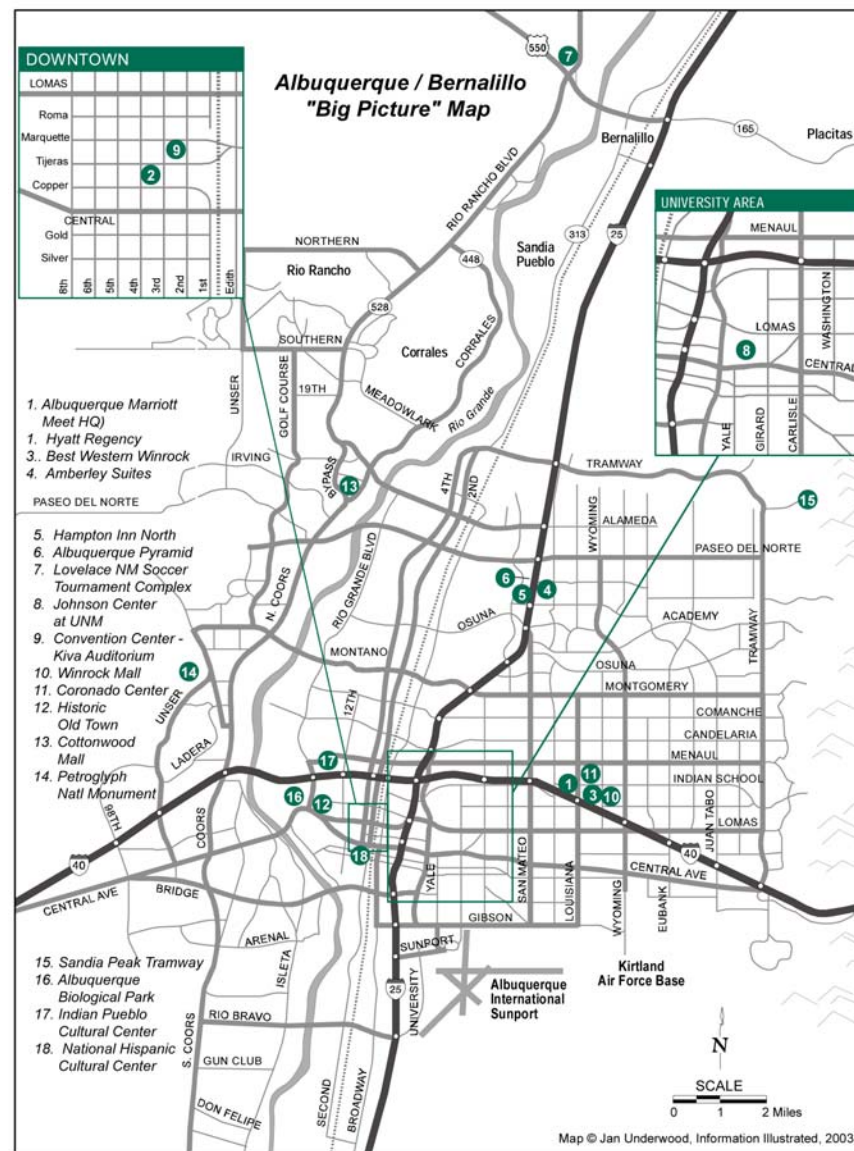
Each **competitor in the team competition** must have a jersey or singlet that is basically identical in color and style for each member and must be clearly visible throughout the race. This means that the team jersey must be worn on the outer layer if other garments are worn during the race. Athletes competing "unattached," or not in the team competition, will have the choice of any apparel item they choose, so long as the outer garment has the athlete's race bib attached to it.

## Bib Numbers

Each athlete will have a Bib Number, which designates her/his age division. The athletes must have the bib number attached to the clothes they will be racing in when they check in at the Staging Area. Numbers are to be worn **on the front**. Each bib number will have a pull tab at the bottom of the bib. Please **do not remove the pull tab**. Please **do not attach** the pull tab on the bib number to your jersey or to the outer layer of your race clothing. There will be a \$10.00 charge to replace lost or misplaced race bib numbers.

## Protests

A Protest Table will be available at the race site. All protests must be made in writing within 30 minutes of the posting of the results for each race. The protest fee is \$100.00, which will be returned if the protest is upheld.



## AT THE COURSE

### Location

The course is located north of Albuquerque on the Santa Ana Pueblo across from the Santa Ana Golf Course and Casino, just northwest of Bernalillo. Estimated travel time from the Albuquerque Marriott is 25 minutes for approximately 25 miles. **There is no bus service to the race site – you need to make your own travel arrangements!**

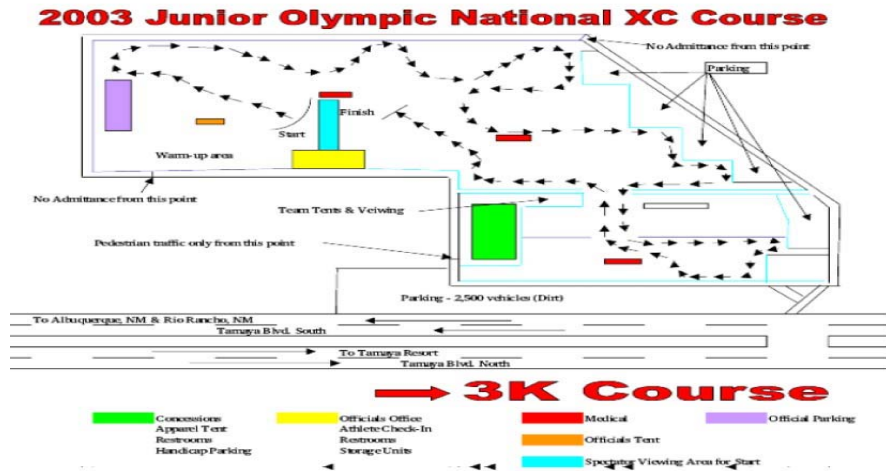
**Driving instructions:** (See the “Big Picture” map in this brochure.)

Take I-25 north about 16 miles to Bernalillo/Rio Rancho exit 242. Exit and turn west (left). It will be about 2.5 miles through the town of Bernalillo, across the Rio Grande River, to the Tamaya Blvd-US 550 intersection. Turn north (right) onto Tamaya Blvd at the Hyatt Resort sign and travel 0.8 mile. Follow the signs and directions from volunteer staff into the parking area.

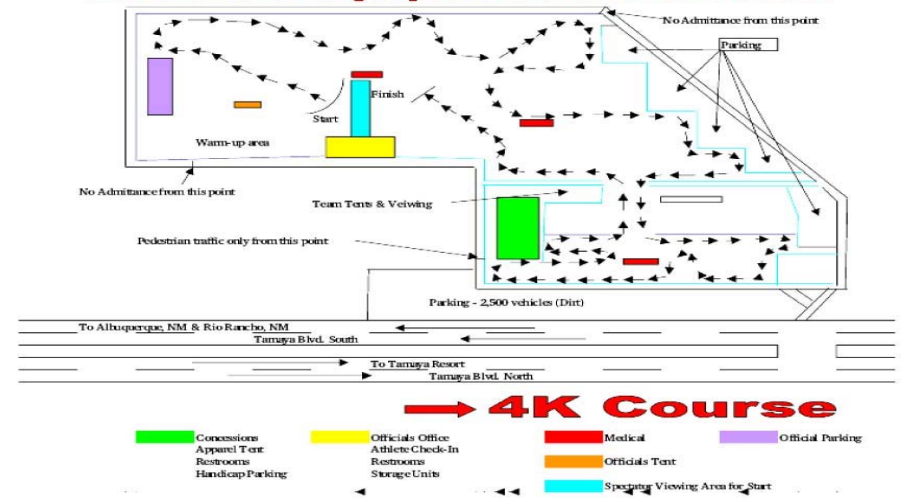
If parking at the race site overflows, shuttle buses will be on hand to transport spectators from the remote parking areas to the viewing area approximately ½ mile away. There will be handicapped and VIP parking at the race site.

Dressing facilities are not available at the Soccer Complex, so **competitors should arrive in racing uniforms and warm-ups.** Portable restrooms will be stationed around the complex.

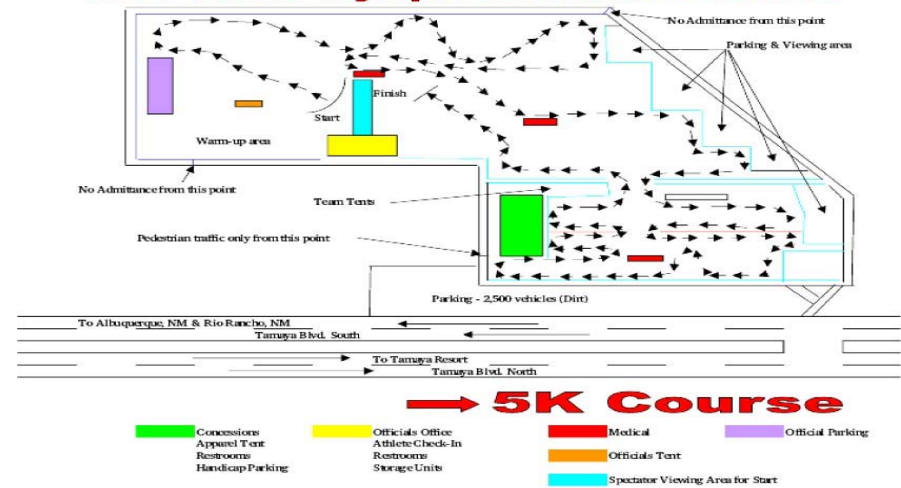
### Course and Facility Maps:



### 2003 Junior Olympic National XC Course



### 2003 Junior Olympic National XC Course



### Course Description

The courses at the Soccer Complex are spread across a long gentle slope, and include many rolling hills and gentle turns. The course is primarily grass, but competitors will cross one section of a gravel maintenance road. Spikes are recommended. The start and finish are within 100 meters of each other, and the courses loop out and around several times, allowing spectators many opportunities to view the runners. Be advised that this is a **closed course**, and spectators are required to stay within the fenced off areas.



## Spectators

Spectators are encouraged to watch the races from several locations on the course. However, there are areas that will not be accessible to spectators and you are asked to please honor all roped-off areas as being “out-of-bounds” to spectators. Course Marshals will be at many locations throughout the course making sure that athletes and spectators honor the boundaries that are established. **The course itself will not be open to the public.** Violations of these boundaries may result in the disqualification of an athlete or a team.

## Weather

New Mexico winter weather is extremely variable, from T-shirt comfortable to icy wind and possible snow, sometimes in the same day. You will want to check the weather predictions before you pack. We suggest you consider packing a long-sleeve T-shirt or turtleneck, tights, gloves, and a knitted cap or ear band with your usual running gear “just in case”. And be sure to bring – and use -- your high-SPF sunscreen.

## Walk the Course

Coaches and athletes will be able to walk the course at the Soccer Complex, weather permitting, on Friday, Dec. 12 between 9:00 a.m. and 4:00 p.m. There will be guided course walks Friday, if the weather allows, at these times:

3K course: 1:00 p.m.

4K course: 1:30 p.m.

5K course: 2:30 p.m.

There will also be a course walk-through at 8:00 a.m. on Saturday, before the races begin, if the weather permits.

## Warm-up and Staging Areas

Warm-Up and Staging Areas will be designated by signs and will be accessible only by the athletes who are competing. Please observe all areas that are roped off and please obey all course monitor directions. Athletes will be asked to report to the Staging Area approximately *30 minutes prior to the start of their race.*

## Starting Line and Boxes

Each region will have a **Designated Starting Box at the Starting Line** for each race. The arrangements for the starting assignments will be different from age-group to age-group and race-to-race and are determined by a random drawing.

## First Aid

In the event of injuries, **First Aid** treatment will be available at the meet site in a tent between the start and finish line areas. First Aid will be administered by a large group of volunteer health care professionals.

## Results

Results for each race will be posted on boards in several locations at the Soccer Complex. Please do not remove these posted results, as there will be many coaches, athletes and their families looking for the results. Complete results for all of the races will be available in booklet form for \$5.00 or each individual division for \$1.00. Results will be sold at both the Soccer Complex and the Awards Ceremony. Results will also be posted on the USATF website and NM USATF website.

## AMENITIES

### Food Services

There will be a variety of food vendors at the race site. You may also bring your own food and drink. Please pick up after yourself – use the trash containers, or pack out your trash. We want to leave the Soccer Complex clean and in good condition.

### Memorabilia and Photographs

Event merchandise from **the Graphic Connection** with the meet logo will be on sale at the Albuquerque Marriott during packet-pick-up, at the races, and via the NM USATF meet website before and after the meet. These will include long- and short-sleeved T-shirts, sweatshirts, hats, and pins. Avoid long lines! You can pre-order items in advance, for pick-up before the meet. Call the Graphic Connection directly at **1-888-821-2725** toll-free, and see our website for further details:

<http://www.usatf.org/assoc/nm/nationals2003/passport/memorabilia.html>

### Lost & Found

A lost and found area will be located near the Results Area at the Soccer Complex. Before and following the meet, lost and found items can be reclaimed at the Albuquerque Marriott, Meet Headquarters, in the Packet Pickup area.

### Dining

You can get anything you want at Albuquerque's restaurants. For more information, check out the links on the event website. More details (and coupons!) will be provided in your packets when you check in.

## CEREMONIES AND SPECIAL EVENTS

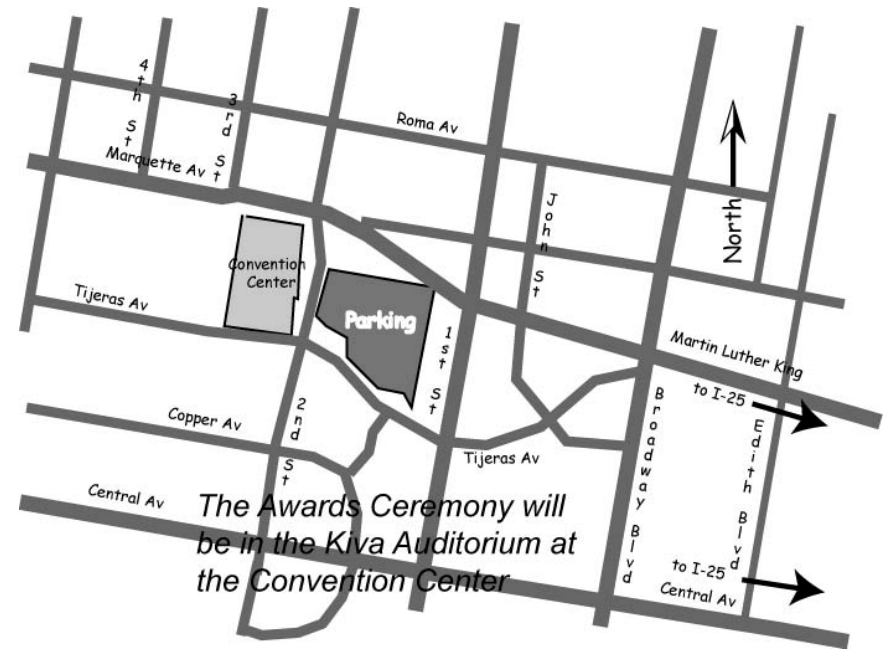
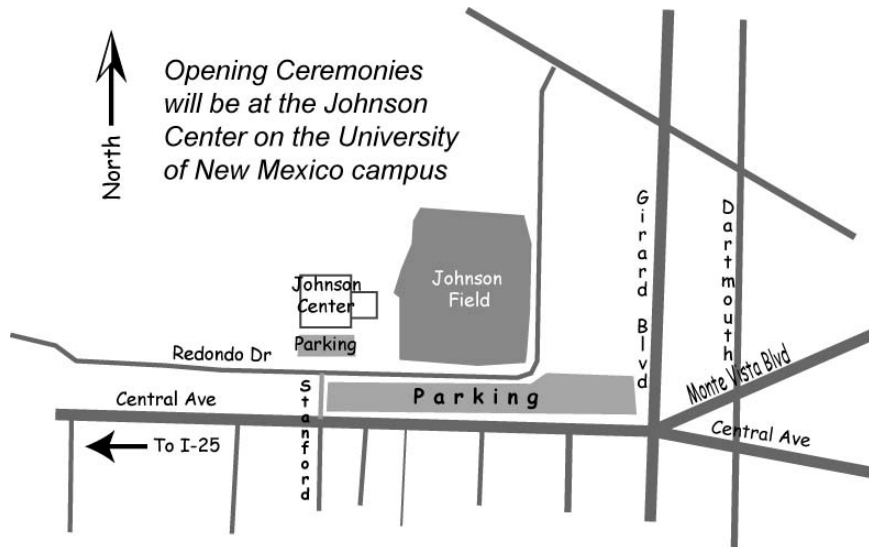
### Spaghetti Dinner

A spaghetti dinner will be held at the Albuquerque Marriott, Friday Dec. 12 from 4:30 - 6:30pm. (This will give you time to get to the Opening Ceremony at 7:00pm). Tickets must be purchased in advance from the Albuquerque Marriott. The cutoff date to purchase tickets is Friday, November 28, 2003. You can download a ticket form from the website at <http://www.usatf.org/assoc/nm/nationals2003/spaghetti.doc>

### Opening Ceremony

Opening ceremonies will be held at the **University of New Mexico's Johnson Center**, at **7:00pm Friday Dec. 12**, and will conclude by 8:30pm, so your athletes can get a good night's rest before their races.

**Driving directions:** UNM is on Central Avenue, mostly between University Drive and Girard Blvd. From I-25 south of the I-40 intersection, take the Central exit and head east (toward the mountains). Turn north (left) onto the campus at Stanford St. and follow the signs and directions from volunteers for parking.



### Awards Ceremony

The Awards Ceremony will be held at 7:00 p.m. at the Albuquerque Convention Center, in the Kiva Auditorium. The top 25 finishers in each race will receive a USATF medal, as well as a special locally designed award recognizing their All-American status. The top three teams in each division will receive a locally designed award, and each team member will be honored. The Youth Verizon Award will be presented to the top Male Athlete of the Meet and top Female Athlete of the Meet.

**Driving directions:** The Convention Center is on 2<sup>nd</sup> street, between Marquette and Tijeras. From I-25, take the Martin Luther King exit west (away from the mountain) and follow directly into the Convention Center Parking Structure (bear left into the entrance). There will be volunteers and signs to guide you in. You may also park on the streets, or in the lot east of the Convention Center.

## THINGS TO DO BESIDES THE RACES

Albuquerque has a variety of **Things to See and Do** during your stay, or if you decide to return when you have more time. Go to our website for more information and links. Information on restaurants is also available on the website, and will be provided in your race packets. You may also want to take time to do a little holiday shopping.

[www.usatf.org/assoc/nm/nationals2003/passport/tourism.html](http://www.usatf.org/assoc/nm/nationals2003/passport/tourism.html)

## TRAVEL ARRANGEMENTS

### Where is Albuquerque, Anyway??

Albuquerque is in north-central New Mexico, one of the “square western states,” located between Arizona, Colorado, and Texas. We’ve been part of the United States since 1912, so you won’t need any “Passport” but this one to get in, and you don’t have to exchange your currency. Albuquerque is located at the intersection of I-25 (north-south) and I-40 (east-west), for your convenience. The public transit system here is minimal to non-existent, so please make arrangements for rental vehicles, as necessary.

### Airlines

**SOUTHWEST AIRLINES** is the official meet airline, and is offering up to 10% off most fares for air travel to and from the event, with the convenience of Ticket less Travel. To qualify, call Southwest Airlines Group and Meetings Reservations at **800-433-5368** and reference the assigned ID code: **X0140**. The reservations sales agents are available 7:00 a.m. - 8:00 p.m. M-F or 8:30 a.m. - 5:30 p.m. CST on weekends. Special rates are available for Dec. 5-18 travel.

### Train

Amtrak offers daily and direct service to Albuquerque from Los Angeles, Chicago, and Kansas City, and connecting service from other cities.

### Get Help from AAA

AAA is a sponsor of the meet; for help with your travel arrangements, call them at **1-800-846-0377, toll free** and use the password “**cross country**.”

### Rental Vehicles

**THRIFTY** and **HERTZ** are official sponsors of the meet. We have negotiated reduced rates, and encourage you to patronize these rental agencies.

**Thrifty:** Call **1-866-254-1044** to make reservations and reference **Source Code USA**. To guarantee the rates listed, you must call before November 1, 2003. Vehicles include unlimited mileage within the state and surrounding areas. *Rates cited do not include taxes.*

Vehicle Type	Daily	Weekly
Compact	\$29.89	\$159.89
Mid-Size	34.89	179.89
Full-Size	39.89	199.89
MiniVan/4x4	59.89	329.89
12 passenger*	99.89	549.89

- (\*) *The 12 passenger van has a mileage cap of 100 miles/day and 700 miles/week, after which 25 cents per mile is assessed.*

**Hertz:** Call **1-800-654-2240** to make reservations and reference **Meeting CV#022Q1238**. You may also make reservations online at [www.hertz.com](http://www.hertz.com). The rates below are based on round trip rentals and will apply from Dec. 5-20, 2003. You are encouraged to make reservations well in advance, as blackout dates may apply, and rentals are subject to car availability. Minimum rental age is 25; standard rental conditions and qualifications apply. *Rates cited do not include taxes.*

Vehicle Type	Daily (per day)	Weekend* (per day)	Weekly** (5-7 days)
A. Economy 2DR	\$35.99	\$21.99	\$135.99
B. Compact 4DR	40.99	25.99	149.99
C. Midsize 2/4 DR	44.99	27.99	169.99
D. Special Sporty	46.99	32.99	183.99
F. Full size 4DR	49.99	34.99	199.99
G. Premium	54.99	39.99	209.99
I. Towncar	65.99	62.99	274.99
R. Minivan	69.99	64.99	289.99
U. Convertible	65.99	62.99	274.99
L. 4-Wheel Drive	65.99	62.99	274.99

- (\*) *Weekend rentals are available for pick-up between noon Thursday and noon Sunday and must be returned no later than Monday at 11:59PM. Weekend rentals have a minimum 2-day rental; Thursday pick-up requires a minimum 3-day rental.*
- (\*\*) *Weekly rentals are from five to seven days. Extra day rate for weekly rentals will be charged at ¼ of the weekly rate.*

### Lodging

The following Albuquerque, New Mexico hotels have set up room blocks for the USA Track and Field – National Junior Olympic Cross Country Championships and have paid sponsorship fees to USA Track & Field/New Mexico to help offset the costs of this meet. *Please patronize these hotels first.* The room blocks have been set up for the convenience of runners, coaches, and family in making reservations. You must contact each Hotel individually. *Rates cited do not include taxes.*

Albuquerque Marriott	Single	Double	Triple	Quad
2102 Louisiana Blvd, N.E	\$79.00	\$79.00	\$79.00	\$79.00
<b>Meet HQ</b> , 20 mi from course	Indoor Pool	Dining	On-site	
Rooms Available, by date	12/11	12/12	12/13	12/14
# rooms	100	250	250	100
1-800-228-9290: ask for the National Junior Olympic Cross Country Rate.				
Cutoff date: 12/1 Local phone: (505) 881-6800 <a href="http://www.marriott-hotels.com/abqnm">www.marriott-hotels.com/abqnm</a>				

Hyatt Regency Albuquerque	Single	Double	Triple	Quad
330 Tijeras, NW	\$79.00	\$79.00	\$89.00	\$89.00
6.5 Mi from HQ, 21 mi from Course	Dining On-site			
Rooms Available, by date	12/11	12/12	12/13	12/14
# rooms	315	315	315	315
1-800-233-1234: ask for the National Junior Olympic Cross Country Rate.				
Cutoff Date 11/26 Local Phone: (505) 842-1234				

Alb. Marriott Pyramid-North	Single	Double	Triple	Quad	
5151 San Francisco Rd NE	\$79.00	\$79.00	\$79.00	\$79.00	
6.2 Mi from HQ, 14 mi from Course	Indoor Pool Dining On-site				
Rooms Available, by date	12/10	12/11	12/12	12/13	12/14
# rooms	20	250	250	250	100
1-800-262-2043: ask for National Junior Olympic Cross Country Rate					
Cutoff Date 11/26 Local Phone: (505) 821-3333 ext1142					
<a href="http://www.marriott.com/dpp/PropertyPage.asp?MarshaCode=ABQMC">www.marriott.com/dpp/PropertyPage.asp?MarshaCode=ABQMC</a>					
Enter OCCOCCA in the corporate/promotional box for group rate on line					

<b>Best Western Winrock Inn</b>	<b>Single</b>	<b>Double</b>	<b>Triple</b>	<b>Quad</b>
18 Winrock Center, N.E.	\$69.00	\$69.00	\$69.00	\$69.00
0.6 Mi from HQ, 21 Mi from Course		Free Breakfast	Dining On-site	
Rooms Available, by date	12/11	12/12	12/13	12/14
# rooms	50	50	50	50
1-800-866-5252: ask for the National Junior Olympic Cross Country Rate				
Cutoff date: 12/4 Local Phone: (505) 883-5252				

<b>Amberley Suites</b>	<b>Quad</b>	<b>King</b>		
7620 Pan American, N.E.	\$76.00	\$76.00		
5.6 Mi from HQ, 14 Mi from Course		Free Breakfast	Dining On-site	
Rooms Available, by date	12/11	12/12	12/13	12/14
#rooms	50	70	70	70
1-800-333-9806: ask for the National Junior Olympic Cross Country rate				
Cutoff date: 12/4 Local Phone: (505) 823-1300				
<a href="http://www.amberleysuite.com">http://www.amberleysuite.com</a>				

<b>Hampton Inn</b>	<b>Single</b>	<b>Double</b>	<b>Triple</b>	<b>Quad</b>
5101 Ellison, N.E.	\$66.00	\$66.00	\$66.00	\$66.00
5.4 Mi from HQ, 14 Mi from Course		Free Breakfast		
Rooms Available, by date	12/11	12/12	12/13	12/14
#rooms	50	50	50	50
(505) 344-1555: Ask for the National Junior Olympic Cross Country rate				
Cutoff date: 12/1				

**Dining**

You can get anything you want at Albuquerque's restaurants. Additional information will be provided in your packets when you arrive, and also check our website,

<http://www.usatf.org/assoc/nm/nationals2003/passport/>

**Gracias to our New Mexico Sponsors:**



Albuquerque  
Convention &  
Visitors Bureau



and many others – see

[http://www.usatf.org/assoc/nm/nationals2003/our\\_sponsors.html](http://www.usatf.org/assoc/nm/nationals2003/our_sponsors.html)

**And also to USATF's National Sponsors:**

