

2003 USA NATIONAL MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Hayward Field
Eugene, Oregon
August 7-10, 2003



Presented By Oregon Track Club Masters and Oregon Track Club

Visit our Website at www.eugenechamps.com



**2003 USA NATIONAL MASTERS
OUTDOOR TRACK & FIELD CHAMPIONSHIPS
AUGUST 7-10, 2003
EUGENE, OREGON**

GENERAL INFORMATION

ELIGIBILITY: Competition is open to all men and women 30 years of age and older. Age on August 7, 2003 will determine a competitor's age group. Individual competition will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year increments.

Proof of registration with USA Track & Field will be required from all U.S. citizens. On-site registration will be available. However, we strongly urge you to obtain your USATF card in advance through your local Association or on-line at USATF.org.

Foreign competitors may compete as guests with no USATF registration required.

Proof of date of birth will be required from all competitors in advance. A photocopy of your passport or birth certificate must be sent with your entry form to ensure eligibility.

AWARDS: USATF Championships medals will be awarded to the top three U.S. citizens in each age division of each Championships final. Ribbons will be awarded to places 4-6. Individual winners will also receive a Champion's Patch (limit one per athlete). All competitors will receive a Certificate of Participation. Foreign guest competitors finishing in the top three will receive non-Championships medals.

ENTRY FEES AND PROCEDURES: Entry fee is \$35 for the first event, \$20 for the second event, \$20 for the third event, and \$15 for all subsequent events. Entry fee for the pentathlon is \$35, regardless whether you are also entered in other events. Relays are \$40 per team, payable on-site only, before the start of the first relay. (See "RELAYS".)

With the encouragement of the USA Masters Committee, an 8-kilometer road race will be held on Sunday, August 10th, primarily on the bike paths along the Willamette River. This event is not an official Championships event; however, non-Championships medals will be awarded to the top three in each age group. Cost of entry is \$20; or \$15, if you are also entered in three track and/or field events.

A commemorative USA National Masters T-shirt may be purchased for \$8.50 in advance, or \$12.00 on-site.

All entries must be RECEIVED BY MONDAY, JULY 21, 2003. Confirmation of entry will be sent to all competitors who have registered by July 21st. Late entries received after July 21st will be assessed a \$50 penalty. Absolutely no entries will be accepted after Monday, July 28, 2003.

No entry will be considered complete unless it is accompanied by full payment of fees. *There will be no refunds of entry fees for any reason.*

On-line registration is available at www.eugenechamps.com. All entry deadlines still apply. Proof of date of birth must be provided before you will receive your athlete's packet.

RELAYS: Relays must be comprised of duly accredited athletes from a single club or USATF Masters Region, or foreign national team (guest competitors). Teams will be divided into 10-year age groups. Entries will be taken on-site only. Entry fee is \$40 per team. If any relay team members have not entered an open event, they will be required to provide proof of date of birth and USATF registration.

PACKET PICK-UP: Competitors may pick up their packets at Hayward Field, beginning Wednesday at noon, August 6th

Wednesday, August 6	12 p.m. to 8 p.m.
Thursday, August 7	9 a.m. to 6 p.m.
Friday, August 8	9 a.m. to 6 p.m.
Saturday, August 9	9 a.m. to noon
Sunday, August 10	9 a.m. to noon

DECLARATIONS: Declarations must be made at least one hour before the scheduled start of the event. Events starting before 10 a.m. may be declared for on the prior evening. Declaration sign-up boards will be located at Hayward Field.

AIR TRAVEL: The Championships Organizing Committee has been able to obtain air discounts on United/United Express through Eugene Tour & Travel (1-800-905-4131) of at least five percent on an excursion fare. Travel dates are August 3 through August 14. Air can be ticketed into Eugene or Portland. Tickets are subject to all applicable restrictions imposed by the airlines. When calling ask for the "Masters Desk."

ACCOMMODATIONS - HOTEL/MOTEL: A complete listing of hotels and motels is available at our website (eugenechamps.com). For your convenience, here is a sampling of properties within walking distance of Hayward Field.

Day's Inn 541-342-6383
1859 Franklin Blvd. Fax: 541-342-8559

Best Western New Oregon Motel 541-683-3669
1669 Franklin Blvd. Fax: 541-484-5556

Best Western Greentree Motel 541-485-2727
1758 Franklin Blvd. Fax: 541-686-2094

Franklin Inn 541-342-4804
1857 Franklin Blvd. Fax: 541-342-3114

Phoenix Inn 541-344-0001
850 Franklin Blvd. 1-800-344-0131

Quality Inn & Suites 541-342-1243
2121 Franklin Blvd. 1-800-456-6487

ADDITIONAL HOTEL/MOTEL HOUSING: For additional general hotel/motel housing, contact the Convention and Visitors Association of Lane County, Oregon, Box 10286, Eugene, OR 97440. Telephone 1-800-547-5445; Fax: 541-343-6335; Website: www.cvalco.org.

DORMITORY HOUSING: To reserve dormitory housing at the University of Oregon, contact the University Housing Office directly at 1-800-280-6218 or 1-541-346-4303. Fax: 1-541-346-3545. To register on-line, go to eugenechamps.com and click on University housing. E-mail inquiries may be directed to roomres@darkwing.uoregon.edu. Room rates are \$41 per person per night double occupancy (3

meals included), and \$47 per person per night for a single (3 meals included). Room only rates are \$28.25 per person double occupancy, and \$34.25 single occupancy. **Please Note: dormitory housing must be arranged directly with the University Housing Office, not with the Championships organizers.**

SHUTTLE: Free shuttles for athletes and accompanying persons will be available from the Eugene airport to the University area on Wednesday 8/6 and Thursday 8/7. Free return shuttles to the Eugene airport will be available on Sunday 8/10 and Monday morning 8/11 from the dormitories.

SPECTATOR ADMISSION: Admission on all days will be free.

EQUIPMENT: Maximum spike length is 1/4" for all surfaces except the high jump and javelin runways, which may take 3/8" spikes.

Meet management will have field event implements (including a range of vaulting poles) and starting blocks available for use by all competitors.

Personal implements and blocks may be used by a competitor, subject to approval by Weights & Measures. Personal implements are exempt from the loss-of-identity rule; i.e., they need not be made available to other competitors.

CHAMPIONSHIPS DINNER: A dinner open to all athletes and accompanying persons will be held at the end of competition on Saturday, August 9. Cost is \$18.50 per person. Pre-purchase of tickets with your entry is encouraged.



ENTRY FEES

1st event entry fee	\$35.00
USATF Masters Committee fee (mandatory)	\$10.00
2nd event entry fee (\$20.00)	_____
3rd event entry fee (\$20.00)	_____
Additional events = _____ events x \$15.00.	_____
Pentathlon entry fee (\$35.00)	_____
8K Road Race entry fee (\$20; or \$15 if 3 other events entered)	_____
Late fee for entries received after July 21 (\$50.00)	_____
*Championships Supporter (optional - \$15.00)	_____
T-shirts = _____ T-shirts x \$8.50 (indicate sizes desired: S M L XL XXL)	_____
Athletes Dinner = _____ x 18.50 per person	_____
TOTAL AMOUNT DUE	

* Championships Supporter: Your voluntary \$15.00 contribution will help sponsor a thank-you party for the officials who generously donate their time and expertise in order to make this event possible. Championships Supporters will be recognized in the meet program.

To pay by check or money order, send full amount, payable to the Championships Organizing Committee, Post Office Box 10825, Eugene, OR 97440.

If you wish to enter by using a credit card please fill in the following information:

YOUR NAME (as it appears on credit card): _____
 VISA MC (Circle One) CARD NUMBER: _____
 EXPIRATION DATE: _____ SIGNATURE: _____

ABOUT THE SCHEDULE OF EVENTS

Listed elsewhere in this booklet is the schedule by day of the events for the 2003 USA National Masters Outdoor Track & Field Championships. Exact order of events and starting times will be determined after all entries have been received and entered into the computer (around August 1st). However, under no circumstances will an event be changed from the day listed.

The order of events within each day may change from that listed, however. In other words, do not assume that since an event is listed first, that it will be held in the morning. The time of day an event is held will depend upon the number of entries in that event and the availability of the various competition areas at the venue.*

Most running events will be contested as Finals only, with no preliminary rounds required. Where there are age groups which—because of the large number of athletes entered—do require preliminary rounds (usually the younger age groups in the sprints and some middle distance events), following is an explanation of the procedure:

If a Round 1 is needed in an age group in an event, it will be run on the day listed as "Prelims", with the next round in that age group held later in the schedule, noted by "Round 2, if necessary" for that event. For example, if a first Round in the men's 40-44 200 meters is required, these races will be run on Saturday, with Round 2 on Sunday, and the Finals later in the day on Sunday.

Should any of the age groups in an event require one preliminary round only, that round will also be held where it says "Prelims". For example, if the men's 40-44 200 meters does not require both a Round 1 and a Round 2, but only one preliminary round, that round will be held on Saturday (where it says "Prelims"), with no race on Sunday where the schedule says "Round 2 if necessary". The qualifiers from that Saturday Round will advance to the Finals in that event on Sunday, where it says "Finals".

Wherever there are potential doubling conflicts (eg. Men's LJ finals and 100 prelims on Friday), the final time schedule will (if possible) stagger the two events between age groups, so that M30-59 in the LJ, for example, will not overlap the M30-59 in the 100 prelims.

While we have generally listed the women preceding the men in an event, the final time schedule may have the men preceding the women or alternate men's and women's events. Field events may not always be scheduled oldest to youngest, nor women before men. The Games Committee, in an effort to avoid doubling conflicts and having the same age groups start early each day, has elected to vary the order of events.

*Note—A question sometimes asked is, "Can you tell me what time my event will be over? I have to make my airline arrangements, and I want to know if I have time to catch a plane on that day." Until we have received all the entries (estimated at between 1,500-1,700) and entered them into the computer, we will not have that information available. Our recommendation is to schedule your flight out of Eugene or Portland for the day after your final event.

2003 USA National Masters Outdoor Track & Field Championships

On-Line Registration is available at www.eugenechamps.com

COMPETITION ENTRY FORM

ALL ENTRIES MUST BE RECEIVED BY JULY 21, 2003

FAMILY NAME <input style="width: 100%;" type="text"/> ADDRESS <input style="width: 100%;" type="text"/> CITY <input style="width: 100%;" type="text"/> STATE <input style="width: 25%;" type="text"/> POSTAL CODE <input style="width: 25%;" type="text"/> COUNTRY <input style="width: 100%;" type="text"/> USATF CLUB AFFILIATION _____ (For Non-Championships Club Scoring.)	FIRST NAME <input style="width: 100%;" type="text"/> TELEPHONE <input style="width: 25%;" type="text"/> — <input style="width: 25%;" type="text"/> — <input style="width: 25%;" type="text"/> DAYTIME <input style="width: 25%;" type="text"/> — <input style="width: 25%;" type="text"/> — <input style="width: 25%;" type="text"/> EVENING 2003 USATF # <input style="width: 25%;" type="text"/> E-MAIL <input style="width: 100%;" type="text"/> U.S. CITIZEN (Y/N) <input type="checkbox"/> MALE FEMALE (M/F) <input type="checkbox"/> DATE OF BIRTH MO <input style="width: 20px;" type="text"/> DAY <input style="width: 20px;" type="text"/> YEAR <input style="width: 20px;" type="text"/> AGE <input style="width: 20px;" type="text"/> AS OF AUGUST 7, 2003
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Mark Event here with an "X"

	Name of Event	Women's Age Groups	Men's Age Groups	Best Mark 2002-2003	Date & Location
1.	100 METER DASH	All Age Groups	All Age Groups		
2.	200 METER DASH	All Age Groups	All Age Groups		
3.	400 METER DASH	All Age Groups	All Age Groups		
4.	800 METER RUN	All Age Groups	All Age Groups		
5.	1,500 METER RUN	All Age Groups	All Age Groups		
6.	2,000 STEEPLECHASE	All Age Groups	M60 and Older		
7.	3,000 STEEPLECHASE	—————	M30 through M55		
8.	5,000 METER RUN	All Age Groups	All Age Groups		
9.	10,000 METER RUN	All Age Groups	All Age Groups		
10.	80 METER HURDLES	W40 and Older	M70 and Older		
11.	100 METER HURDLES	W30 and W35	M50 through M65		
12.	110 METER HURDLES	—————	M30 through M45		
13.	300 METER HURDLES	W50 and Older	M60 and Older		
14.	400 METER HURDLES	W30 through W45	M30 through M55		
15.	10 KM WALK (Road)	All Age Groups	All Age Groups		
16.	5 KM WALK (Track)	All Age Groups	All Age Groups		
17.	HIGH JUMP	All Age Groups	All Age Groups		
18.	POLE VAULT	All Age Groups	All Age Groups		
19.	LONG JUMP	All Age Groups	All Age Groups		
20.	TRIPLE JUMP	All Age Groups	All Age Groups		
21.	SHOT PUT	All Age Groups	All Age Groups		
22.	DISCUS THROW	All Age Groups	All Age Groups		
23.	JAVELIN THROW	All Age Groups	All Age Groups		
24.	HAMMER THROW	All Age Groups	All Age Groups		
25.	PENTATHLON	All Age Groups	All Age Groups		
26.	8 KM Road Race	All Age Groups	All Age Groups		

ALL RELAYS WILL BE ENTERED AT ON-SITE REGISTRATION ONLY. SEE GENERAL INFORMATION.

Please send this entry form, proof of birth date, and fees to:

USATF NATIONAL MASTERS OUTDOOR CHAMPIONSHIPS / Northwest Event Mgt., Inc. / Box 10825 / Eugene, OR 97440
FOR TECHNICAL INFORMATION ABOUT THE COMPETITION, VISIT THE WEB SITE @ eugenechamps.com, E-MAIL MEET DIRECTORS BARBARA KOUSKY OR TOM JORDAN AT NEM@nwevent.com, or call 541-687-1989.

W A I V E R

I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application. I absolutely relieve Northwest Event Management, Inc., Oregon Track Club, USA Track and Field, USATF Oregon, the corporate sponsors, and the University of Oregon of any responsibility for any injury, loss or damage to myself or my property which I may sustain in the course of (or in connection with) the 2003 USATF National Masters Outdoor Championships. I also verify that I am registered or will register for the year 2003 with USA Track & Field.

Signature _____ Date _____

— PLEASE TURN OVER —

Oregon Track Club Masters
USA Track & Field National Masters Championships
Post Office Box 11364
Eugene, Oregon 97440

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**2003 USA NATIONAL MASTERS OUTDOOR
TRACK & FIELD CHAMPIONSHIPS
Hayward Field • Eugene, Oregon**

TENTATIVE EVENT SCHEDULE

(Age/gender order, and final times, to be decided after entries are received)

August 7 - 10, 2003

Thursday Track

5000 Finals W/M
800 Prelims M
400 Prelims W/M

Thursday Field

Pent (M) LJ, JT, 200, DT, 1500
Pent (W) HH, HJ, SP, LJ, 800
Pole Vault W, M70+
Shot Put W/M

Friday Track

5000 Race Walk W/M
High Hurdle Prelims M
100 Prelims W/M
1500 Prelims M
400 Finals W/M
High Hurdle Finals W/M
Steeplechase W/M

Friday Field

Long Jump W/M
Discus W
Javelin M 70+
Hammer M30-69
Pole Vault M50-69
High Jump M30-49

Saturday Track

10K Run W/M
100 Round 2, if necessary, M
Int. Hurdle Prelims M30-64
100 Finals W/M
800 Finals W/M
200 Prelims W/M

Saturday Field

Pole Vault M30-49
High Jump M50+

Triple Jump W/M

Javelin W
Discus M

Sunday Road

10K Road Walk W/M
8K Road Race W/M (non champs)

Sunday Track

200 Round 2, if necessary, M
1500 Finals W/M
Int. Hurdles Finals W/M
200 Finals W/M
Relays 400, 3200, 1600, W/M

Sunday Field

High Jump W
Hammer W, M70+
Javelin M30-69