

TEAM USA GOES 1-2 IN MEN'S 400 METERS

PARIS – Jerome Young (Fort Worth, Texas) and Tyree Washington (San Diego, Calif.) returned Team USA to the medal stand in the men's 400 meters Tuesday night at the 2003 USA Outdoor Track & Field Championships, placing first and second, respectively, at the Stade de France.

Young ran strongly in the final 200 meters of the race, winning convincingly in a season-best time of 44.50 seconds and earning his first individual World Outdoor medal. The 2003 World Indoor champion, Washington placed second in 44.77 seconds to earn the second World Outdoor medal of his career, building on the bronze he won in 1997. Marc Raquil of France thrilled the Parisian fans with a third-place time of 44.79. Calvin Harrison led through the first 200 meters of the race before falling back to sixth and finishing in 44.96.

In Tuesday's only other final with a Team USA athlete, 2003 U.S. champion Carl Brown placed ninth in the men's discus with a throw of 62.66m/205-7. Virgilijus Alekna of Lithuania won the event with a throw of 69.69m/228-7.

Tom Pappas (Knoxville, Tenn.) was in second place after day 1 of the decathlon, using a big personal best in the 400 meters to solidify his position. Pappas finished the day with 4,546 points and had individual event performances of 10.80 seconds in the 100 meters (906 pts), 7.62m/25-0 in the long jump (965), 16.11m/52-10.25 in the shot put (858), 2.09m/6-10.75 in the high jump (887), and 47.58 in the 400 meters (930). Pappas'

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Jerome Young

PAPPAS CONTINUES U.S. DECATHLON TRADITION

Everybody knew it was true. He was an NCAA champion. He even won the 2000 Olympic Trials. Tom Pappas was going to be the next great American decathlete, following in the footsteps of Bob Mathias, Rafer Johnson, Bruce Jenner, Dan O'Brien. He might even have a shot at a gold medal someday.

Someday could come very soon.

Pappas won the 1999 NCAA decathlon title, a year in which he also set the collegiate record of 8,463 points. Pappas kept rolling through 2000, winning the Olympic Trials in



Tom Pappas

a personal best of 8,467 and placing fifth in the Olympic Games, behind American teammate Chris Huffins' bronze medal.

Taking the next step up to the medal stand would have to wait, however. In 2001, a shoulder injury kept Pappas from completing the decathlon at the USA Outdoor Championships in a World Championships year. Despite the injury, he was ranked #10 in the world by Track & Field News, achieving his first world ranking.

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400m time was a huge improvement over his previous personal best of 48.22.

Paul Terek (Livonia, Mich.) was in fifth with 4,222 points, with marks of 10.99 (863) in the 100, 7.14m/23-5.25 (847) in the long jump, a personal best of 15.30m/50-2.5 (808) in the shot put, 2.03m/6-8, and 48.75 seconds (873) in the 400.

Bryan Clay (Azusa, Calif.) had a career day going, setting personal-best marks in the long jump (7.70m/25-3.25 – 985 pts) and shot put (15.05m/49-4.25 – 793 pts). He also ran 10.50 in the 100 (975) and led the competition after three events. After the afternoon break, he high jumped 1.97m/6-5.5 (776) but then pulled up about 50 meters into the 400 with injured right hamstring that he initially aggravated during the high jump.

In first after day 1 was Dmitry Karpov of Kazakhstan with 4,599. World record holder Roman Sebrle of the Czech Republic was third with 4,423.

Two women in Team USA uniforms will compete in the women's 100m hurdle final after Jenny Adams won her semifinal convincingly in 12.77 seconds and Miesha McKelvy was second in her semi in 12.78. Three-time world champion Gail Devers hit the fourth hurdle in the first heat, finishing third in 12.87 and failing to advance.

2003 USA champion Melissa Price (Lincoln, Neb.) and 2002 champion Anna Mahon (Orange, Conn.) advanced to Thursday's final of the women's hammer, Mahon with the seventh-best throw of 67.25m/220-7 and Price with the 10th-best throw of 66.13. Dawn Ellerbe (Columbia, S.C.) was 30th in qualifying and did not advance with a best distance of 61.66m/202-3.

2003 U.S. indoor champion Derek Miles (Jonesboro, Ark.) and 2002 indoor champion Tim Mack (Knoxville, Tenn.) both cleared 5.70m/18-8.25, moving on to Thursday's final of the men's pole vault. Four-time U.S. champion Jeff Hartwig did not qualify with a best clearance 5.50m/18-0.25. Hartwig apparently

injured his knee while attempting 5.60m/18-4.5, noting that he "popped something in my knee."

Kelli White (Union City, Calif.) and Torri Edwards (Los Angeles, Calif.) moved onto the semifinals of the 200 meters by winning their quarterfinal heats in 22.67 and 22.66, respectively.

Allyson Felix (Santa Clarita, Calif.), who earlier in the day announced that she would pursue a professional track and field career while taking classes at the University of Southern California, was sixth in her heat in 23.33 and did not advance. In the first round, White won her heat in 22.97, Edwards was second in her section in 22.82, and Felix was fourth in the first heat in 23.46.

In first-round competition in the men's 400m hurdles, Joey Woody (Cedar Falls, Iowa) won his heat in 48.54 and U.S. champion Eric Thomas (Houston, Texas) was second in his heat in 48.87. Bershawn Jackson (Raleigh, N.C.) was disqualified from heat 5 when he ran out of his lane and also had a trail-leg violation as he attempted to negotiate the second hurdle.

Lauren Fleshman (Stanford, Calif.) ran 15:12.71 in the qualifying round of the women's 5,000 meters, placing 11th in her heat. Although she did not advance to the final, her time was a personal best.



Kirby Lee/The Sporting Image

Tyree Washington



Tom Surber's
Le Phrase Francaise du jour
Je vous aurais bien aide,
mais je ne vous aime pas.

I'd help you, but I don't like you.

FROM THE MIXED ZONE – TEAM USA QUOTES

Men's 400m final

Jerome Young: Today is a big moment for me. I'm very happy. This feels good. At two other World Championships I missed out on medals and I looked at those past years and realized that I just had to be patient. I told myself that I'm a champion if I keep on training. This is something I had to do for myself and for me to be the best I had to go out there and work hard and that's what I did.

Tyree Washington: I'm not going to make excuses. Jerome ran an excellent race. I started running in January and I think that caught up with me. I felt good in the semis and I thought I could come out today and pull it off. Jerome Young ran an excellent race. He was a better man today. I've had a blessed season. I lost in the final and it was my first loss this year. That hurts, man. It just wasn't meant to be.

Men's 400m hurdles qualifying

Eric Thomas: It was a little rough, but I made it through and that's the main thing.

Joey Woody: I had good rhythm and I'm glad to be going to the next round. My strength is really good right now and that's what I've been relying on toward the end of this year.

Bershawn Jackson: I felt confident coming into this race, but at the same time I've been feeling drowsy from the flight. This is my first big meet ever. I made the world junior team last year, but that's nothing like this.



Joey Woody



Allyson Felix

Women's 5,000m qualifying

Lauren Fleshman: I got in the back of the front pack and tried to hang on as long as possible. This gives me a preview of what it's going to be like in future years. France has been great, and the U.S. team treats us really well.

Women's 200m quarterfinals

Torri Edwards: I just felt relaxed. I wanted to go out there and make sure I won my race so I can get a good lane for the semifinals. It's been a long day.

Allyson Felix: This has been a good learning experience. It's been a long season, but I wouldn't trade this season for anything.

Men's pole vault qualifying

Derek Miles: was a little tentative and a little cautious in the very beginning, but after I got on the right poles things fell into place. It felt good, and I feel I could've jumped much higher tonight.

Tim Mack: I hit the qualifier, so I'm in for the final. All day none of my jumps were the same, and that's why I feel so good about making it (to the final).

Jeff Hartwig: I popped something in my knee. I need to see a doctor.

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Men's decathlon – Day 1

Tom Pappas: I was very, very pleased with that performance in the 400 meters. I wasn't happy after the high jump and I wanted to end it. It's great to end on a high note. I've got a little momentum going into tomorrow. s

Paul Terek: For the first day of the meet it went really well for me. I'm pretty happy with it. The 400 went well for me, but everything else was under par. It all starts tomorrow with the hurdles, where I've got to get the snowball rolling from one side of the mountain to the other.



Kirby Lee/The Sporting Image

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Gail Devers

Men's discus final

Carl Brown: I just didn't have it today, but I went for it and did the best I could. I made it here for this meet, now we'll see what happens next year. I did the best I could do and it wasn't meant for me to go any further.

Women's 100m hurdles semifinal

Jenny Adams: I feel very strong and I feel very good about tomorrow.

Miesha McKelvy: It was better than yesterday. It takes a number of races for me to wake up. That's why I like the rounds

Gail Devers: I hit the fourth hurdle and it threw me off balance.

Women's hammer throw qualifying

Anna Mahon: My main goal was to make it to the second stage. This is the most comfortable I've ever felt in an international competition.

Melissa Price: I think I was a little bit shaky during the competition. I wasn't feeling the hammer so well due to a bit of nervousness.

Dawn Ellerbe: I didn't do what I came here to do today. I didn't do anything that I was doing in practice, so it just kind of fell apart.s



Kirby Lee/The Sporting Image

Anna Mahon



Kirby Lee/The Sporting Image

Derek Miles

WEDNESDAY TEAM USA EVENT PREVIEWS

FINALS

Men's 50 km race walk

7:50 a.m.

U.S. Entrant: Curt Clausen (Chula Vista, Calif.)

THE SCOOP: Clausen is the 1999 World Championships bronze medalist and a two-time Olympian. The 35-year-old was ranked #7 in the world in 2001 and #4 in 1999. He won the 1998,



Curt Clausen

'99, 2000 and 2002 U.S. 50 km titles and will draw on his experience in Paris. The men's 20 km walk featured a world best by winner Jefferson Perez of Ecuador; expect the 50 km also to be fast.

Women's 100m hurdles

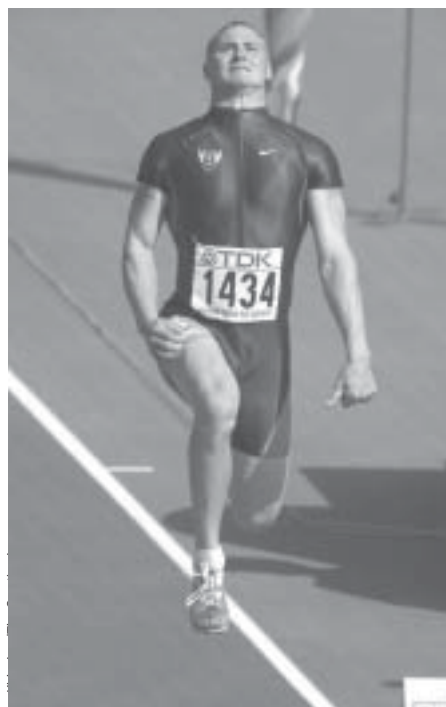
7:25 p.m.

U.S. entrants: Miesha McKelvy (San Diego, Calif.) Jenny Adams (Champaign, Ill.)

THE SCOOP: Jenny Adams soundly won her semifinal race and McKelvy has been running well all year. Team USA won two medals in this event in 2001 and will try for two more in 2003 as a new world champion is crowned.



Miesha McKelvy



Kirby Lee/The Sporting Image

Paul Terek

Decathlon Day 2 (110m hurdles, discus, pole vault, javelin, 1,500m)

10 a.m.

U.S. entrants: Tom Pappas (Knoxville, Tenn.), Paul Terek (Livonia, Mich.)

THE SCOOP: With Pappas in second after one day and Terek in fifth after Day 1, at least one medal looks likely in the decathlon for the U.S. Pappas looks for a medal to add to his 2003 World Indoor heptathlon gold.

QUALIFYING ROUNDS

Men's 200 meters 1st and 2nd rounds

1st round 12:20 p.m., 2nd round 8 p.m.

U.S. entrants: Darvis Patton (Fort Worth, Texas), John Capel (Gainesville, Fla.), J.J. Johnson (Garland, Texas)

THE SCOOP: A relatively untested but very dangerous group will try to bring home gold for Team USA. Patton is



John Capel

the U.S. champion and has shown blazing speed in the 100 this year, running 10.00 in Zurich. Capel is the 2000 Olympic Trials champion and was an Olympic finalist, but he slipped in the final in Sydney and hasn't yet had the opportunity to show the world his best form in the 200. Like Patton, he showed blazing speed in

Zurich with a personal-best time of 9.97. J.J. Johnson ran in the rounds of the 4x100m relay at the 2001 and, after first becoming a track and field athlete in 2000.



Dwight Phillips

Men's long jump qualifying

6:25 p.m.

U.S. entrants: Dwight Phillips (Mea Ariz.), Walter Davis (Baton Rouge, La.), Savante Stringfellow (Ridgeland, Miss.)

THE SCOOP: The United States has strength in the long jump that has not been seen since the early 1990s.

Dwight Phillips won the World Indoor title in March and is the 2003 U.S. outdoor champion. Stringfellow was ranked #1 in the world last year, won the 2002 World Cup title, and is the 2001 World Outdoor silver medalist. Known more for his triple-jumping prowess, Davis is the 2002 NCAA long jump champion and was runner-up to Phillips at USA Outdoors. Only world-leading Yago Lamela of Spain (8.53m/28-0) has jumped farther than Stringfellow (8.46m/27-9.25), Pate (8.46m/27-9.25) and Phillips (8.44m/27-8.25) thus far in 2003.

Women's 200 meters semifinal

7:40 p.m.

U.S. entrants: Kelli White (Union City, Calif.), Torri Edwards (Los Angeles, Calif.)

THE SCOOP: White and Edwards shrugged off lingering fatigue from Sunday's women's 100 meter final to cruise through the first two rounds of the 200 on Tuesday. Expect them to get stronger as the 200 rounds continue as they set their sights on two more medals.



Kirby Lee/The Sporting Image

Kelli White

Men's 400 meter hurdles semifinal

8:30 p.m.

U.S. entrants: Eric Thomas (Houston, Texas), Joey Woody (Cedar Falls, Iowa)

THE SCOOP: Woody and Thomas compete for the right to run in Thursday's final. Both men are showing good form and have excellent opportunities to advance.



Eric Thomas

Victah Howell/Photorum

Women's 1,500m first round

9:15 p.m.

U.S. entrant: Regina Jacobs

THE SCOOP: Regina Jacobs hopes to give herself an early birthday present by advancing to the semifinals of the women's 1,500 meters. The indoor world record holder (3:59.98) turns 40 on August 28, half a year after becoming the first woman ever to break 4 minutes indoors and after winning the World Indoor title.



Regina Jacobs

By 2002, Pappas was healthy, continuing his steady improvement and showing great consistency in the 8,400-8,500-point range. He set another personal best in taking second at Gotzis, the biggest decathlon event of the year, with 8,583 points. He won the U.S. championship and finished the year ranked #2 in the world.

It was all just a prelude to 2003, when Pappas has lit up the multi-events on the global stage. He won the 2003 World Indoor heptathlon title in Birmingham, scoring 6,361 and setting personal bests in five of the seven events. Pappas beat, among others, champion and outdoor decathlon world record holder Roman Sebrle of the Czech Republic. He then placed second at Gotzis with a new PR of 8,585, finishing behind Sebrle's 8,807.

"It was a big, big confidence booster," Pappas said of his World Indoor win. "Going into World Indoors, personally I thought I had a good opportunity to win it. It kind of started the outdoor season for me. My confidence is high."

He saved his best for his most recent competition, the USA Outdoor Track & Field Championships at Stanford. Before the meet, he had predicted that scoring "8,600 to 8,800 will definitely be possible in the next year." It became a reality at Stanford, where he

set a Day 1 personal best with 4,691 points en route to an overall PR of 8,784 – well within striking distance of Sebrle's 2003 best of 8,807 and a score that makes Pappas the #2 U.S. decathlete of all time.

Even before USA Outdoors, Pappas predicted that he would have "a good shot" at winning the 2003 World Outdoor title. After one day of competition in Paris, Pappas had scored 4,546 and was in 2nd place heading into Day 2.

No American has won an Olympic or World Championships competition in the decathlon since Dan O'Brien took the gold at the 1996 Olympic Games in Atlanta, and the last medals won by an American were Huffins' bronze medals at the 2000 Olympic Games and 1999 World Championships.

A medal of any color would be an achievement for Pappas in Paris. How does it feel to have the track world looking to you as the next person to bring glory to the decathlon?

"It means a lot," Pappas said. "To be thought of as one of the great athletes, it means a lot to me to go out there and do well and try to help the sport. The decathlon is a great event. We've got Bruce Jenner and Dan O'Brien and those guys. They helped the sport, and I want to continue that."

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ATHLETES OF THE DAY



JEROME YOUNG



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Each day of the 2003 World Outdoor Championships a men's and women's Xerox Athlete of the Day will be chosen and will be featured in Team USA's daily newsletter, *Xerox News of the Worlds*.

On the final day of the event, a Xerox Men's and Women's Athlete of the Meet will be announced and the winners will receive a Xerox WorkCentre M15 copier-printer.

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