

MISCELLANEOUS

DOPING CONTROL

Athletes who participate in these championships may be subject to formal drug testing in accordance with USA Track & Field IAAF rules, and in accordance with IAAF and/or U. S. Olympic Committee protocol. Athletes found, after a disciplinary hearing, to be positive for prohibited substances, as defined by the IOC and IAAF, or who refuse to be drug tested, will be disqualified from this event and may lose eligibility for future competitions. Any prize money payable to an athlete who has tested positive shall be held until the final determination of the disciplinary process.

TIMELINE & EVENT SCHEDULE

Friday, December 6, 2002: 6:00 PM

Deadline for *RECEIPT* of on-time entries. Early registration mail in forms and online registration must be received no later than 12/6/02!

Wednesday, December 11, 2002: 6:00 PM

Final day for receipt of faxed, mail in or online submission of team entries

Friday, December 13, 2002

Course Preview – 10:00 a.m. – dark

Late Registration/packet pick-up, host hotel – 12:00 – 7:00 p.m. Final deadline for late entries!

**Note you must have in your possession your 2002 or 2003 USATF card if you are registering late. If you do not have the card, you will be required to purchase a new one!*

Technical Meeting, host hotel – 7:00 p.m.

Saturday, December 14, 2002

10:00 a.m. – 2:00 p.m. – **Number & Packet Pick-up-Sierra College**

9:00 a.m. **Community 4k Fun Run.** Open to all men and women competitors. Experienced and non-experienced athletes are encouraged to participate.

10:00 a.m. **Community (19 and under) 4K Race.** Open to all men's and women's competitors. 19 years of age or under (born on or after 12/15/83).

11:00 a.m. **Masters Women 10K Championship.** Women age-40 and older competing for individual National Championships in 5-year age groups and USATF National Team titles in the 40-49, 50-59, 60-69 and 70+ age categories. Online Pre-registration highly recommended!

12:15 p.m. **Masters Men 10K Championship.** Men age-40 and older competing for individual National Championships in 5-year age groups and USATF National Team titles in the 40-49, 50-59, 60-69 and 70+ age categories. Online Pre-registration highly recommended!

1:15 p.m. **Open Women's 6K Championship.** America's top Club Runners competing for National Team titles with cash awards for the top individuals and teams totaling \$2500. Online Pre-registration highly recommended!

1:45 p.m. **Open Men's 10K Championship.** America's top Club Runners competing for National Team titles with cash awards for the top individuals and teams totaling \$2500. Online Pre-registration highly recommended!

5:00 p.m. **BBQ/Awards Ceremony.** Rocklin Community Center, 5480 Fifth Street, Rocklin, CA

9:00 p.m. **Western Ho Down.** Live Oak Tavern, 4195 Taylor Rd Loomis, CA

MAILING ADDRESS: 2002 USATF Fall Cross Country Championships
C/O Venue Sports
4035 S. Higuera
San Luis Obispo, CA 93401

MAKE CHECKS PAYABLE TO: The Reebok Aggie Running Club

E-MAIL: joe@venuesports.com TELEPHONE: (800) 676-7463 FAX: (805) 781-6092
INTERNET: <http://www.resultzone.com/xcnatls/>

TEAM ENTRY AND DECLARATION FORM

Deadline is Wednesday December 11, 2002 at 6:00 p.m.

Name: _____

Open Men's 10 Km
Masters Men's 10 Km, age division _____

Open Women's 6 Km
Masters Women's 10Km, age division: _____

Coach/Manager Name: _____

Telephone: _____

Address: _____

Fax: _____

City: _____ State: _____ Zip: _____

E-Mail: _____

In submitting the team entry, the Coach/Manager certifies to have read and understood eligibility for individuals and teams, and declarations and scoring, as outlined on the individual race application.

An individual Entry Form and entry fee for each team member must be submitted with this form. No additional fee is required for submission of the team roster.

A separate entry form must be submitted for each team (by gender and/or age-division).

Deadline for submitting the Team Entry Form is Wednesday, December 11, 2002 6:00 p.m. No additions and/or changes to team rosters will be accepted after that date.

Coach or designee must pick up numbers and packets for all runners listed on team roster.

If more than eight (8) members are listed on the roster, the Coach/Manager must declare the Team's scoring runners by 7:00 p.m., Friday, December 13, 2002. If no declaration is made, the first eight members listed will be considered the scoring runners. Please make copies of this form if more than 12 runners exist.

| Official Use Only | Scoring Member | First & Last Name (PLEASE PRINT) | Age on Race Day | 2002 or 2003 USATF Number |
|-------------------|----------------|----------------------------------|-----------------|---------------------------|
| | | 1. | | |
| | | 2. | | |
| | | 3. | | |
| | | 4. | | |
| | | 5. | | |
| | | 6. | | |
| | | 7. | | |
| | | 8. | | |
| | | 9. | | |
| | | 10. | | |
| | | 11. | | |
| | | 12. | | |

SUBMIT TO: 2002 USATF Fall Cross Country Championships

C/O Venue Sports
4035 S. Higuera
San Luis Obispo, CA 93401

Changes to rosters or declarations only may be updated on the website at:
<http://www.resultzone.com/xcnatls/> or faxed to (805) 781-6092

TEAM ENTRY

ELIGIBILITY

All Championships

Team entries must be submitted on a separate team entry form. In addition an individual entry form for each team member must be submitted with the team entry form (see eligibility below). Additional team entry forms may be obtained from <http://www.resultzone.com/xcnatls/index.html>

A team may enter an unlimited number of runners. A maximum of eight team members must be declared as scorers by 7:00 p.m., Friday, December 13, 2002.

All members of an "Association club" must reside within the boundaries of the same USATF Association or it's neighboring Association (Regulation 7-B).

Open Championships

Team competition in the Fall National Cross Country Championships is limited to USATF Association club teams. (Rule 15.3)

Masters Championships

Team competition in the Masters National Cross Country Championships is limited to USATF Association club teams. (Rule 271.7)

on their team entry form – whether they run or not – will be considered their declared team.

National clubs (teams with members who reside in more than one USATF Association) are not scored in these championships.

All unattached runners, members of incomplete or ineligible teams, and runners not declared as scoring members of their teams will be removed from the order of finish for the purposes of team scoring in the senior championships.

Open Championships

Up to eight runners may figure in each team's scoring, with the aggregate places of its top five finishers determining its team score and its number 6-7-8 finishers displacing. Ties in scoring are resolved by determining which team's last scoring member finished nearest to first place.

Masters Championships

Only U.S. citizens may score or win championship medals. A master runner may complete in a younger age division for his/her team and his/her true age division for individual awards. Teams are scored in 10-year increments: 40+, 50+, 60+, and 70. Only U.S. citizens may score or win championship medals.

A masters runner may complete in a younger age-division for his/her team, and in his/her respective age-division for individual awards.

Men's 40+ and 50+ team places are determined by adding the finish times of their top five finishers. Men's 60+ and 70+ and all women's team places are determined by adding the finish times of their top three finishers.

DECLARATION AND SCORING

All Championships

Teams are required to declare their scoring runners IF they have entered more than 8 individuals. Declarations are due by 7:00 p.m., Friday December 13, 2002. If a team with more than eight entries fails to declare, the first eight runners listed

AWARDS

Open Championships (equal awards to men & women)

USATF Championship Medals will be presented to: the first ten finishers all declared members of the first, second, and third place team. Fred Wilt Memorial Traveling Trophy to Team Champions.

Open Prize Money

| Place | Individual | Team |
|-----------------------|------------|---------|
| 1 st | \$200 | \$1,000 |
| 2 nd place | \$150 | \$500 |
| 3 rd place | \$100 | \$300 |
| 4 th place | \$75 | \$125 |
| 5 th place | \$50 | |

Masters Championships (equal awards to men & women)

Medals will be presented to the top three finishers in all age-divisions from 40-44 to 90+ and the declared members of the first, second, and third place team in each division. Championship patches will be awarded to the winners of each age division and to the declared members of the winning team in each division.

COURSE

DESCRIPTION

The course is scenic, spectator friendly, Euro-Style 1850-meter loop course contested on grass surfaces and rolling forested dirt trails. Spikes in rain conditions, racing flats are preferred if dry.

For official use only

INDIVIDUAL ENTRY FORM

2002 USA FALL CROSS COUNTRY CHAMPIONSHIPS
and NATIONAL MASTERS 10 Km CROSS COUNTRY CHAMPIONSHIPS

PLEASE PRINT USING BLOCK LETTERS

First Name: _____ Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____

Telephone: (_____) _____ 2002 USATF Number: _____

e-mail address: _____

Event (check one): Open Men's 10 Km Open Women's 6 Km Masters Men's 10 Km Masters Women's 10 Km

USATF Club/Affiliation: _____ USATF Club/Assoc. Number: _____

Club Captain/Coach: _____

Male Female Date of Birth (MM/DD/YY): ____/____/____ Race Day Age: _____

DEAF:

Entry fee must accompany the entry form. Faxed entries will not be accepted.

WAIVER AND RELEASE: I know that participating in a cross country race is potentially hazardous activity. In consideration of your accepting this entry into the USA Fall National and Masters National Cross Country Championships. I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF and its regional associations, Bob Rush Timing, the City of Rocklin, Sierra College, its employees, agents, officers and the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well being. I agree not to cover or alter my competitor number in any way on pain of disqualification, and I acknowledge that my entry fee is non-refundable, including if the event is cancelled.

SIGNATURE _____ DATE _____

INDIVIDUAL ENTRY

ELIGIBILITY

- Pre-event entry deadline is December 6, 2002.
- The entry fee is \$30 per person for entries received by December 6, 2002. Payment must accompany the entry.
- The late entry fee is \$50 per person for the entries received after December 6, 2002. Faxed entries will not be accepted!
- Please do not mail entries after December 6, 2002.
- Entries will be accepted at the meet headquarters until 7:00 p.m., Friday, December 13, 2002. Absolutely no entries will be accepted on the day of the event.

Team

- entries must be submitted on separate team entry form. In addition an individual entry form for each team member must be submitted with the team entry form. Team entries must be submitted by Wednesday, December 11, 2002.

DECLARATION AND SCORING

- A team may enter an unlimited number of runners. A maximum number of eight team members must be declared as scorers by 7:00 p.m., Friday, December 13, 2002. All members of an "Association club" must reside within the boundaries of the same USATF Association or its Neighboring Association (Regulation 7-B)

Open Championships

- Team competition in the Fall National Cross Country Championships is limited to USATF Association club Teams. (Rule 14.3)

Masters Championships

- Team competition in the Masters National Cross Country Championships is limited to USATF Association club Teams. (Rule 271.7)