



THE 64th ANNUAL USA TRACK AND FIELD
 NATIONAL CHAMPIONSHIP 40K RACEWALK
 STAGED BY SHORE ATHLETIC CLUB OF N.J.
 A NATIONAL CHAMPIONSHIP FOR MEN & WOMEN!



DATE: SUNDAY, SEPTEMBER 1st, 2002. START AT 7:30 am.
 LOCATION: JOE PALAIA PARK, OCEAN TOWNSHIP, NEW JERSEY, USA.
 COURSE: FAST, FLAT 2K LOOP COURSE. USATF COURSE CERTIFICATION PENDING..
 ENTRY FEE: \$20 PRE-ENTRY BY AUG.28, POST ENTRY \$25. CHECKS PAYABLE TO SHORE AC.
 SANCTIONED BY: USA TRACK AND FIELD OF NEW JERSEY. ALL USATF RULES APPLY.
 USATF REGISTRATION REQUIRED FOR ALL USA ATHLETES.
 MAIL ENTRIES TO: ELLIOTT DENMAN, 28 NORTH LOCUST AVENUE,
 WEST LONG BRANCH, NJ 07764. PHONE 732-222-9080. EMAIL: ELLIOTTDEN@AOL.COM.

SCHEDULE: REGISTRATION OPENS AT 6:30 AM AT SAUL RUBIN FIELDS BUILDING,
 WHALEPOND ROAD BETWEEN DEAL ROAD AND DOW AVENUE, OCEAN TOWNSHIP, NJ.
 RACEWALK CLINIC FOR NEW WALKERS DIRECTED BY MR. BEN OTTMER AT 10 AM.
 AWARDS PRESENTATION AND PICNIC WILL FOLLOW THE RACE.

AWARDS: \$300 TO MEN'S AND WOMEN'S 40K WINNERS, \$150 TO MEN'S AND WOMEN SECOND
 PLACES, \$75 TO MEN'S AND WOMEN'S THIRD PLACES. PLUS \$50 TO MEN'S AND WOMEN'S
 MASTERS WINNERS IN 40-49, 50-59, 60-69 AND 70-UP DIVISIONS.

USATF NATIONAL CHAMPIONSHIP MEDALS TO FIRST SIX USA 40K FINISHERS AND TO MEMBERS
 OF FIRST THREE TEAMS. SPECIAL AWARDS TO FIRST 20 FINISHERS.
 MASTERS MEDALS TO FIRST THREE 40K FINISHERS IN MEN'S AND WOMEN'S 40-44, 45-49, 50-54,
 55-59, 60-64, 65-69, 70-74, 75-79 AND 80-UP DIVISIONS. SPECIAL AWARDS TO FIRST FIVE WOMEN
 AND MASTERS OVER-ALL FINISHERS. MEDALS TO MEMBERS OF FIRST THREE MEN'S AND
 WOMEN'S MASTERS TEAMS. SPECIAL TEAM AWARDS. PLUS 40K SOUVENIR T-SHIRTS TO ALL.

ROAD DIRECTIONS: GARDEN STATE PARKWAY SOUTHBOUND TO EXIT 105. PROCEED EAST ON
 ROUTE 36 TO ROUTE 35. SOUTH ON ROUTE 35 TO DEAL ROAD. TAKE JUGHANDLE TURN AND
 PROCEED EAST TO WHALEPOND ROAD. LEFT ON WHALEPOND TO SAUL RUBIN PARKING AREA,
 WHERE REGISTRATION WILL TAKE PLACE. REST ROOMS AVAILABLE BUT NO CHANGING
 FACILITIES. PLEASE COME DRESSED IN COMPETITION ATTIRE.

BUS AND TRAIN TRANSPORTATION AVAILABLE FROM NEWARK, NJ AND NEW YORK, NY.
 NEAREST RAILROAD STATION: LONG BRANCH. NEAREST AIRPORT; NEWARK INTERNAT- IONAL.
 MANY MOTELS NEARBY IN ALL CLASSIFICATIONS. LIST AVAILABLE ON REQUEST.

NOTE: ANNUAL SATURDAY EVE CARBO GATHERING ON AUG. 31. FOR FURTHER INFORMATION
 ON THIS AND OTHER ASPECTS OF RACE CALL 40K DIRECTOR ELLIOTT DENMAN AT 732-222-9080,
 ISABEL KEELEY AT 732-409-7644, DONNA CETRULO AT 732-222-1348, JACK LACH AT 732-280-6772
 OR HARRY DRAZIN AT 732-531-2609. AND PLEASE TAKE NOTE: YOU MAY ALSO WALK AN
 INTERMEDIATE DISTANCE, AND AWARDS WILL GO TO THOSE WHO WALK 5K, 10K OR 20K.
 HEALTH/FITNESS WALKERS ARE CORDIALLY INVITED TO TAKE PART IN NON-COMPETITIVE
 DIVISION. ALL WALKERS INVITED!!!! VOLUNTEERS INVITED!!!
 EVENT RECORDS: Men, Carl Schueler 3:13:57, 1984; Women, Cheryl Rellinger, 3:40:38, 1998.
 2001 WINNERS: Men, Philip Dunn, 3:24:08. Women, Cheryl Rellinger, 4:26:31.

ENTRY FORM; PLEASE ENTER ME IN NATIONAL 40K WALK AND IN CONSIDERATION OF YOUR ACCEPTANCE
 OF THIS ENTRY I HEREBY WAIVE ALL CLAIMS TO DAMAGE OR INJURY I MAY HAVE AGAINST SHORE ATHLETIC
 CLUB, USA TRACK & FIELD, THE TOWNSHIP OF OCEAN,
 NEW JERSEY, SPONSORS OF THE EVENT, THEIR REPRESENTATIVES AND ASSIGNS.

PRINT NAME _____ SIGNATURE _____

AGE _____ USATF# _____ CLUB _____ PHONE _____

STREET ADDRESS _____

CITY/STATE/ZIPCODE _____