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PASSPORT FOR THE
THIRTY-FIFTH ANNUAL



NATIONAL JUNIOR OLYMPIC
TRACK AND FIELD
CHAMPIONSHIPS

SACRAMENTO
JULY 24 - 29

Venue: California State University, Sacramento
Hosted By: Pacific Association/USATF,
Sacramento Sports Commission





WELCOME!

The Pacific Association of USA Track & Field, the Sacramento Sports Commission, and California State University, Sacramento welcome you to the 35th USA Track & Field National Junior Olympic Track and Field Championships. The competition will be held July 24-29, 2001 at California State University, Sacramento, site of the 2000 U.S. Olympic Team Trials for Track and Field and the site for the Olympic Trials in 2004.

For all questions and the latest updates regarding the 2001 National Junior Olympic Championships, please refer to one of the following:



www.pausatf.org
www.sacsports.com
www.usatf.org



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Part of the Verizon Youth Athletics Series

11:00 am	100m Hurdles	IG, YW, YB, YG	Trials
12:00 pm	80m Hurdles	MG, MB	Trials
1:00 pm	800m	All Divisions	Final
2:00 pm	4x100m Relay	BG, BB	Trials
2:30 pm	4x100m Relay	MG, MB	Trials
3:00 pm	4x100m Relay	YG, YB	Trials
3:30 pm	4x100m Relay	IG, IB	Trials
4:00 pm	4x100m Relay	YW, YM	Trials
5:00 pm	4x800m Relay	IG, IB	Final
6:00 pm	4x800m Relay	YW, YM	Final
<i>Sunday, July 29, 2001</i>			
9:00 am	400m Hurdles	IB, YM	Final
9:15 am	400m Hurdles	IG, YW	Final
9:30 am	200m Hurdles	YG, YB	Final
9:45 am	1500m	BG, BB, MG, MB	Final
11:00 am	100m	All Divisions	Final
11:30 am	400m	All Divisions	Final
12:00 pm	1500m	YG, YB, IG, IB, YW, YM	Final
1:30 pm	110m Hurdles	IB, YM	Final
1:40 pm	100m Hurdles	IG, YW, YB, YG	Final
2:00 pm	80m Hurdles	MG, MB	Final
2:15 pm	4x100m Relay	All Divisions	Final
3:30 pm	4x400m Relay	All Divisions	Final

Field Events Schedule

Thursday, July 26, 2001

<u>8:00 am</u>	Long Jump	IG, YW
	High Jump	IB, YM
	Shot Put	MG
	Discus Throw	YB
	Javelin Throw	MB
<u>9:30 am</u>	Pole Vault	YG
<u>12:00 pm</u>	Long Jump	YG, YB
	High Jump	BG, MG
	Shot Put	MB
	Discus Throw	YM
	Javelin Throw	BB
<u>2:30 pm</u>	Pole Vault	YB
<u>4:00 pm</u>	Long Jump	IB, YM
	High Jump	BB, MB
	Shot Put	BG
	Discus Throw	YW
	Javelin Throw	MG

Friday, July 27, 2001

<u>8:00 am</u>	Triple Jump	IG, YW
	High Jump	YG, YB

Shot Put	BB	
Discus Throw	MG	
Javelin Throw	BG	
<u>9:30 am</u>	Pole Vault	IG
<u>12:00 pm</u>	Triple Jump	YG, YB
	High Jump	IG, YW
	Shot Put	YM
	Discus Throw	MB
<u>2:30 pm</u>	Pole Vault	IB
<u>4:00 pm</u>	Long Jump	BG
	Triple Jump	IB, YM
	Shot Put	IG
	Discus Throw	YG

Saturday, July 28, 2001

<u>8:00 am</u>	Long Jump	MB
	Shot Put	YG
	Discus Throw	IB
	Javelin Throw	YW

9:30 am

Pole Vault	YW
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11:00 am

Javelin Throw	YM
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<u>12:00 pm</u>	Long Jump	BB
	Shot Put	YB
	Discus Throw	IG
<u>2:00 pm</u>	Javelin Throw	IB
<u>2:30 pm</u>	Pole Vault	YM
<u>4:00 pm</u>	Long Jump	MG
	Shot Put	YW
<u>5:00 pm</u>	Javelin Throw	YG

Sunday, July 29, 2001

<u>8:00 am</u>	Shot Put	IB
	Javelin Throw	IG
<u>11:00 am</u>	Javelin Throw	YB



MEET SCHEDULE

2001 USATF NATIONAL JUNIOR OLYMPICS CHAMPIONSHIP
SACRAMENTO, CALIFORNIA • JULY 24 TO JULY 29

Combined Events Schedule

Tuesday, July 24, 2001

8:00 am	Heptathlon	100m H - HJ - SP - 200m	IG, YW	Day 1
9:00 am	Pentathlon	100m H - SP - HJ - LJ - 800m (G) / 1500m (B)	YG, YB	Final
10:00 am	Decathlon	100m - LJ - SP - HJ - 400m	IB, YM	Day 1

Wednesday, July 25, 2001

8:00 am	Decathlon	110m H - DT - PV - JT - 1500m	IB, YM	Final
9:00 am	Pentathlon	80m H - SP - HJ - LJ - 800m (G)/1500m (B)	MG, MB	Final
10:30 am	Heptathlon	LJ - JT - 800m	IG, YW	Final
11:00 am	Triathlon	SP - HJ - 200m (G)/400m (B)	BG, BB	Final

Running Events Schedule

Tuesday, July 24, 2001

10:45 am	2000m Steeplechase	IB, YM	Final
11:30 am	1500m Race Walk	BG	Final
12:15 pm	1500m Race Walk	BB	Final
1:00 pm	1500m Race Walk	MG	Final
1:45 pm	1500m Race Walk	MB	Final

Wednesday, July 25, 2001

10:00 am	5000m Race Walk	IG, YW	Final
11:00 am	5000m Race Walk	IB, YM	Final
12:00 pm	3000m Race Walk	YG	Final
12:45 pm	3000m Race Walk	YB	Final

Thursday, July 26, 2001

8:00 am	3000m	YG YB	Final
9:00 am	3000m	IG, YW	Final
10:00 am	800m	All Divisions	Trials
12:30 pm	200m	All Divisions	Trials
3:00 pm	4x400m Relay	BG, BB	Trials
3:45 pm	4x400m Relay	MG, MB	Trials
4:30 pm	4x400m Relay	YG, YB	Trials
5:15 pm	4x400m Relay	IG, IB	Trials
6:00 pm	4x400m Relay	YW, YM	Trials

Friday, July 27, 2001

8:00 am	400m Hurdles	IB, YM	Trials
8:30 am	400m Hurdles	IG, YW	Trials
9:00 am	200m Hurdles	YG, YB	Trials
9:45 am	1500m	YG, YB, IG, IB, YW, YM	Trials
11:00 am	400m	All Divisions	Trials
2:30 pm	100m	All Divisions	Trials
5:30 pm	4x800m Relay	MG, MB	Final
6:30 pm	4x800m Relay	YG, YB	Final

Saturday, July 28, 2001

8:00 am	5000m	YM	Final
8:30 am	3000m	IB	Final
9:00 am	200m	All Divisions	Final
9:30 am	3000m	MG, MB	Final
10:30 am	110m Hurdles	IB, YM	Trials

RULES AND GENERAL INFORMATION

Entry Forms

All entry forms must be submitted through your USATF Regional Coordinator at your Regional Junior Olympic Championship. **Entries cannot be accepted by any other method.** Your regional coordinator must verify all entry forms for completeness and accuracy. The birth date submitted must be **verified** and stamped as such by either the Association Chairman, the Regional Coordinator or an acceptable form of **'proof of age'** must be attached to the entry form that is submitted. Entry forms not meeting all of these requirements will be deemed incomplete and will only be processed after all missing information is provided along with an additional \$10.00 incomplete entry fee. **There are no late entries for this competition.**

Packet Pick-Up

Athletes will be able to pick up their competition numbers and related materials from Monday, July 23 through Sunday, July 29 at the CSUS Alumni Center, located near the stadium. This will be the only location for packet pick-up. Packet pick-up will be available from 7:00 AM through 7:00 PM daily. Hold on to your race numbers! There will be a \$5.00 charge for replacement of all lost race numbers.

Athlete's Check-In Time for Events

There will be separate check-in areas for Running and Field events located in the warm-up areas (refer to site map). Athletes must check into these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

Implements

All implements in the throwing events (shot, discus, javelin and mini-javelin) will be provided by the meet management. Personal implements in the throwing events will not be allowed at the field venues.

Warm-up Facilities

The competition track at the stadium will not be available for warm-up at any time. The warm-up track at the stadium will be available for warm-up when there is no competition session. The warm-up track will be secured during competition for final warm-ups and stretching. No coaches will be allowed in the warm-up area. Coaches and spectators will be allowed in competition areas of the warm-up track during the combined event competition on July 24th and 25th.

Spike Length

The maximum spike length allowed for field events is (7.0mm). For all track events, pyramid spikes (7.0mm) will be the largest permitted. No PIN spikes will be allowed on the competition or warm-up tracks. Spikes will be available for sale in the fan expo.

Starting Heights

The starting height for the high jump and the pole vault will be per USATF rule 242.5(k). Incremental increases will be 5cm in the high jump and 15cm in the pole vault.

Protest Table

All protests must be submitted in writing within thirty (30) minutes after the results of an event are posted per rule 73. This time period will be strictly enforced. There will be a \$100.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the USATF 2001 Rules of Competition may be

continued on next page

continued from page 3

protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. A protest table will be next to place where the results are posted (see site map on pages 8 & 9).

Posted Results

Posted results are for the benefit of everyone. Please do not remove result sheets in order to support your protest. Individual results, and results books will be available daily for sale in the posted results areas.

Opening Ceremonies

Athletes, Coaches, Officials, and spectators are invited to our Opening Ceremony at the 2001 National Junior Olympic Championships, Wednesday, July 25, 7:00 P.M. at the stadium. The Opening Ceremony will feature a parade of athletes by region, keynote speakers, and other exciting moments for fans of all ages. Participants in the parade are asked to report to the warm-up facility at the stadium at 6:00 P.M. wearing their uniforms. More information will be available in the athlete packets at the competition.

Awards

Awards will be formally presented approximately 45 minutes after the conclusion of each final event. Award recipients will be encouraged to go to a special holding area to await presentations.

Medical Services

There will be a doctor available at all sessions of the championships as well as certified trainers and other medical volunteers to meet athlete and spectator needs. Additional medical facilities are within ten minutes of the stadium and there will be emergency transportation available, on site, at all times.

Stadium Rules

—Tents—

Tents may only be set up on the upper half of the eastside grandstands. This includes sections 200-208. Tents must be broken down and removed from the stadium at the completion of competition each day. LOC is not responsible for lost or stolen items. NO TENTS MAY BE LEFT OVERNIGHT.

—Alcohol—

There is no alcohol permitted in the stadium.

—Smoking—

The stadium is a SMOKE FREE ZONE. There is no smoking allowed inside the stadium.

—Coolers—

Coolers are permitted inside the stadium; however, coolers may not contain glass containers. Coolers will be checked at the gate. Please remove any items that you brought in the stadium with you.

Admission

Coaches who have a valid 2001 USA Track & Field Coach's Membership Card will be admitted to the competition site free of charge. They will be provided with a special pass for entry on all days. This pass is for admission only and does not provide for special access to the competition venues. Coaches may obtain this pass at Packet Pick-up in the CSUS Alumni Center. Coaches Membership Cards alone do not provide admission to the stadium, you must present your card to Packet Pick-up to obtain an admission pass. Coaches must show a valid picture ID in order to obtain the pass. They will be provided with one pass only.



☆ Points of Interest

- ▲ Calif. State Capitol Building
- A. Sutter's Fort
- B. IMAX Theater
- C. Sacramento Zoo
- D. Old Town Sacramento
- E. Cal Expo-RV sites w/hook-ups available/Waterworld/The Point
- F. American River Access
- G. River Cats Baseball
- H. Arco - Monarchs Basketball



2001 USATF JO T&F Championships

Hotel Rates & Location Information

Deadline for booking is JULY 18, 2001. Hotel taxes in the Sacramento area are 12%. In most cases, rollaway beds are an additional charge.

Headquarter Hotels

Map number and hotel name; rate per double; drive time to CSUS

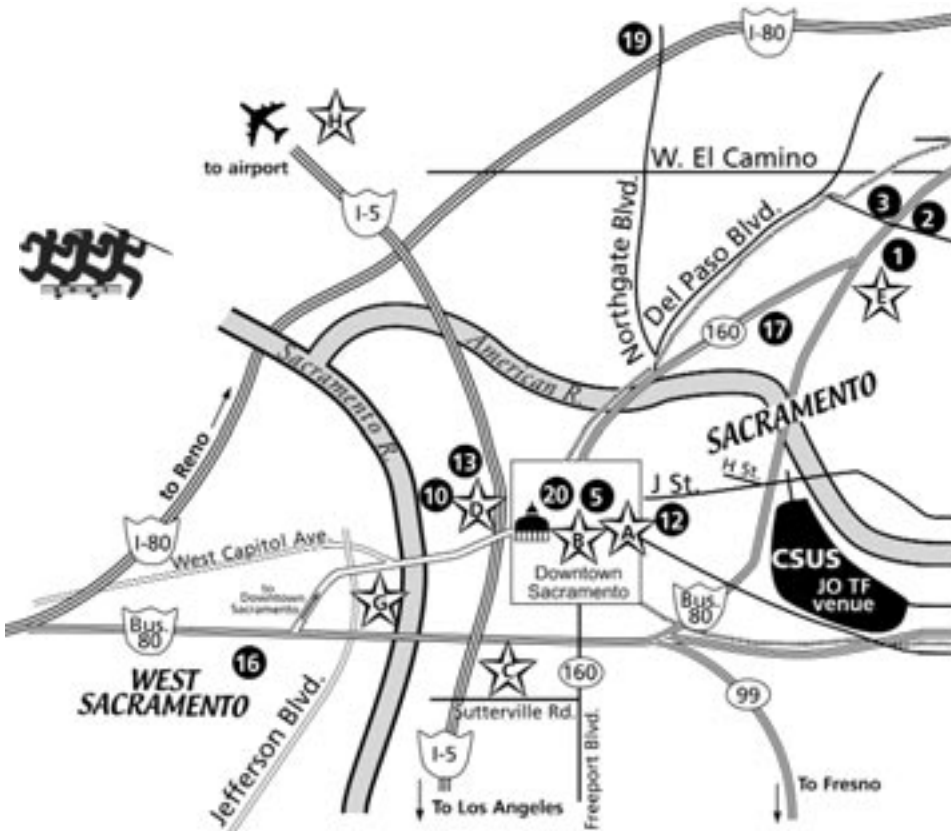
1. DoubleTree; \$89 + tax; 10 min.
2. Red Lion Sacramento Inn; \$79 + tax; 10 min.
3. Hilton Arden West; \$89 + tax; 10 min.

Additional Hotels

4. Best Inns & Suites, \$66 + tax, 15 min.
5. Clarion Hotel, \$79 + tax, 14 min.
6. Holiday Inn N.E., \$82 + tax, 19 min.
7. Holiday Inn Rancho Cordova, \$89 + tax, 17 min.
8. Howard Johnson, \$66 + tax, 15 min.
9. Inns of America Sacramento, \$57 + tax, 7 min.
10. La Quinta Inn Downtown, \$79 + tax, 14 min.

11. La Quinta Inn Madison Ave., \$79 + tax, 17 min.
12. Motel 6 Downtown, \$55 + tax, 10 min.
13. Motel 6 Old Sacramento No., \$58 + tax, 18 min.
14. Motel 6 Rancho Cordova, \$46 + tax **, 18 min.
15. Motel 6 Sacramento Central, \$69 + tax, 5 min.
16. Motel 6 West Sacramento, \$56 + tax, 18 min.
17. Radisson Hotel, \$89 + tax, 12 min.
18. Ramada Inn, \$65 + tax, 15 min.
19. Red Roof Inn, \$67 + tax, 20 min.
20. Sheraton Grand, \$89 + tax, 10 min.
21. Vagabond Inn-Madison Ave., \$55 + tax, 17 min.

** Hotel requires 1 adult per room.



Cost of admission to the meet is \$5 per day for adults and \$2 per day for noncompeting children under the age of 13. Four-day passes will be available for \$15 for adults and \$6 for noncompeting children under the age of 13.

There is no admission charge for the combined event competition held on June 24th and 25th.

Parking

There will be plenty of free parking available at the competition site in designated areas. Please use these areas only as other areas of the parking lot will be reserved for officials, meet organizers, and students enrolled in the University. If you do not park in designated areas your vehicle may be cited and/or towed.

RV parking will be available during the competition, however, RVs will not be permitted to park overnight and will be directed to the Cal Expo RV Park, a short 10 minute drive from the stadium. For information on overnight RV parking, contact the Cal Expo RV Park at (916) 263-3187. Cal Expo RV Park offers full hookups at every site as well as 30 and 50 Amp service.

Food Services

Concessions will be sold throughout the stadium. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave you must remove anything you brought in with you.

Meet Photographer

There will be an official meet photographer during all sessions of the Junior Olympics. Information regarding obtaining meet photographs will be available in the fan expo.

Lost and Found

A lost and found area will be located in the northeast corner of the stadium next to the results area (see map).

USATF LEVEL I COACHES CERTIFICATION SCHOOL

July 20-22, 2001

California State University, Sacramento

Cost

\$100 by June 29, 2001; \$150 after June 29th.

For more information and registration information please contact:

Patrick Pretty, School Director
10528 Pleasant Valley Road
Cedarburg, WI 53012
Phone: 414-675-2605
email: papret@execpc.com

Information and a registration form are also posted on the JOTF pages at the PA/USATF web site, www.PAUSATF.org

TRAVEL INFORMATION AND OFFICIAL TRAVEL AGENCY

—Airline—

The Local Organizing Committee and UNIGLOBE Action Travel have negotiated rates inbound to Sacramento for the 2001 National Junior Olympic Championships. If you purchase your tickets from UNIGLOBE Action Travel for this meet, you will be entered into a drawing to win two free airline tickets for domestic travel. Travel restrictions may apply.

UNIGLOBE Action Travel offers the following discounts on air travel:

- 15% off full coach fare purchased more than 60 days in advance
- 10% off published fares purchased more than 60 days in advance
- 5% off published fare purchased less than 60 days in advance

Club managers, coaches, or organizers should contact UNIGLOBE Action Travel NOW to learn details of our group travel plan. This program suits 10 or more travelers best.

—Cars—

UNIGLOBE Action Travel has negotiated special car rental rates for this event. Vehicles can only be booked through UNIGLOBE Action Travel to receive the special rates.

UNIGLOBE Action Travel
6300 Kingery Hwy., Suite 414
Willowbrook, IL 60514
630.663.9575 or 800.972.9654
Ask for Sports Department

LOCAL AND REGIONAL ATTRACTIONS

—Discounts—

The Local Organizing Committee for the 2001 National Junior Olympic Championships has arranged discounts at local area attractions during your stay in Sacramento. These discounts include:

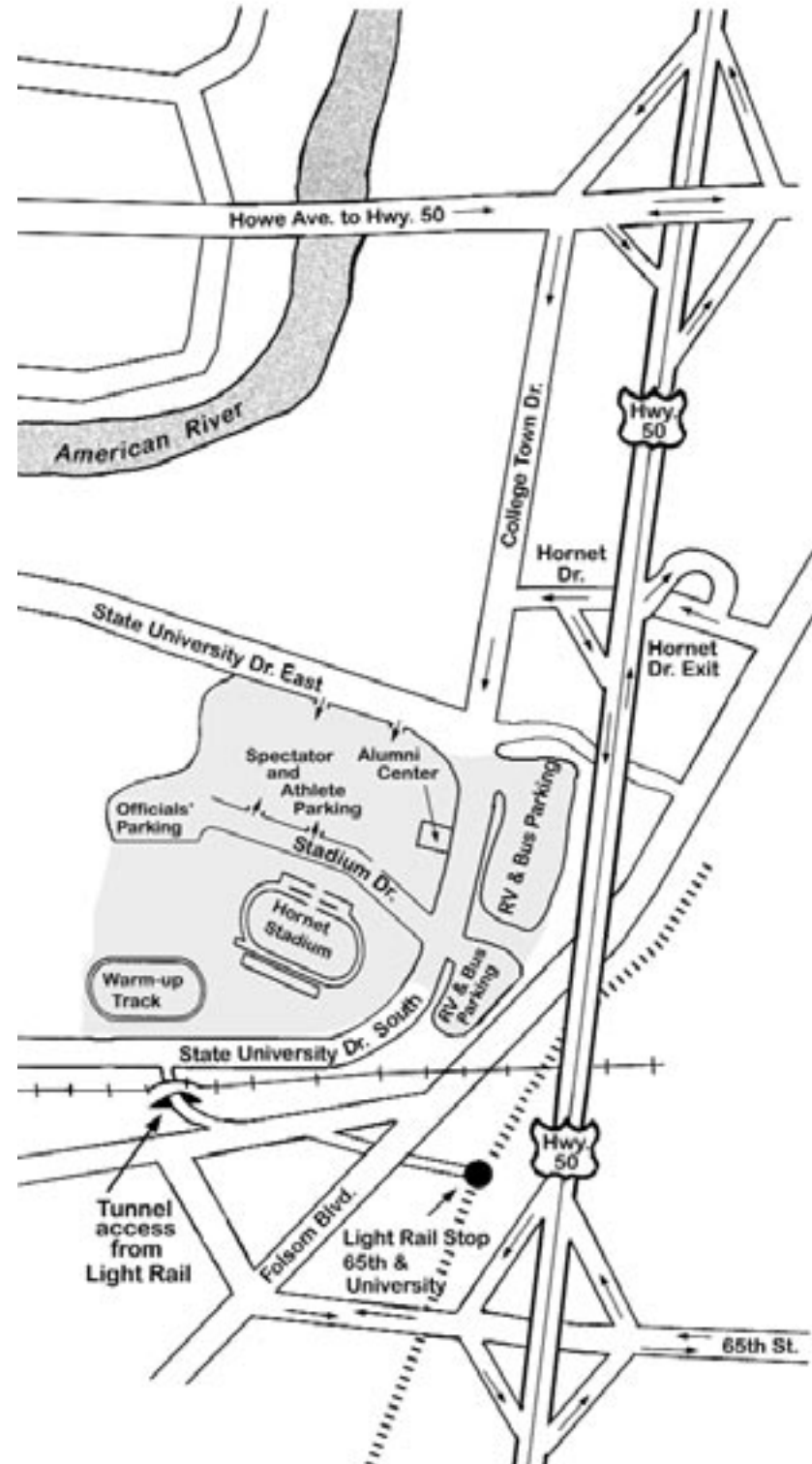
- 2 for 1 coupons at The Point at Cal Expo Amusement Park
- 2 for 1 admission at the Esquire IMAX Theater in downtown Sacramento
- Discounts on admission to Marine World Africa USA Theme Park in Vallejo, a short 40 minute drive from Downtown Sacramento

More information on these and other discounts will be available in your packets when you arrive in Sacramento!

—Regional Activities—

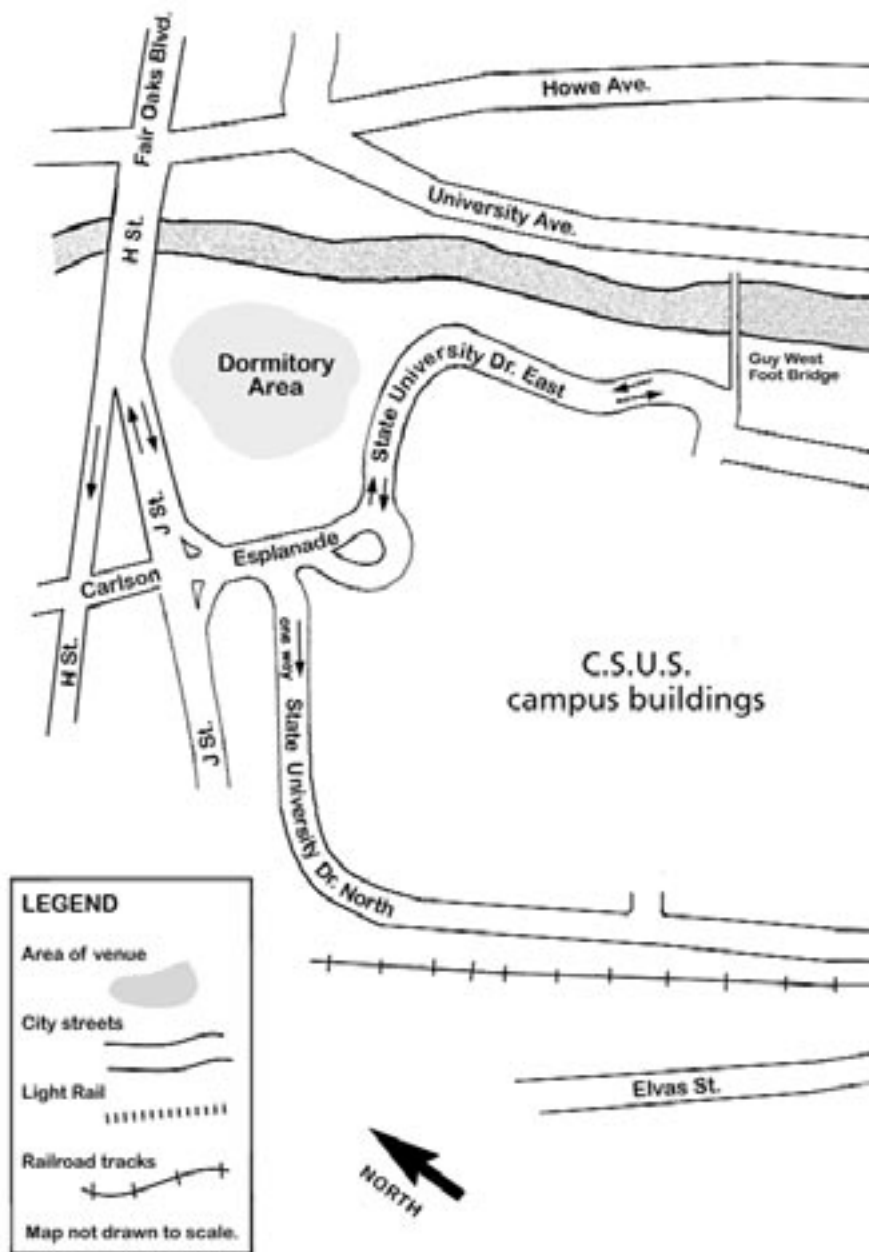
Sacramento, and the surrounding area, is full of things to do when you are not competing at the Junior Olympics. Below is a list of just a few of the places to visit while you're here. See the map on page 13 for locations of Sacramento attractions.

- California State Railroad Museum in Old Sacramento
- Historic Sutter's Fort-site of the California gold discovery
- The California State Capitol
- Beautiful Lake Tahoe- 90 minutes away
- Beautiful Yosemite Valley-120 minutes away
- Beautiful Napa Valley-60 minutes away
- The California Redwoods-180 minutes away



Map of California State University, Sacramento

LODGING & HOTEL INFORMATION (see map on page 12)



Residence Halls at California State University, Sacramento

A block of dorm rooms has been set aside at CSUS for those who wish to stay on campus during their stay. Rates are \$167.50/single or \$227.50/double for five nights, July 24-28. You may purchase additional nights at a cost of \$33.50/single or \$45.50/double. Price includes linen, towels and breakfast each day. Lunch and dinner may also be purchased. For more information on housing in the CSUS dorms, visit the Pacific Association web page at www.pausatf.org or call (916) 264-1917.

Meet Headquarters Complex

The official meet headquarters hotels for the 2001 Junior Olympic National Championships are the DoubleTree Hotel, Red Lion Hotel, and the Hilton Arden West. These hotels are located in the Point West Area near Arden Fair Mall and are within ten minutes from the stadium. In addition to being the headquarters hotels these hotels will feature shuttle service to and from the stadium. A schedule of the shuttle service will be provided in your athlete packet and on the internet at www.pausatf.org when it is finalized.

Headquarters Hotels

DoubleTree

\$89 + tax, 10 min.
916-929-8855

Red Lion Sacramento Inn

\$79 + tax, 10 min.
916-922-8041

Hilton Arden West

\$89 + tax, 10 min.
916-922-4700

Other Hotels

(see map on page 12)

Below is a list of other hotels in the area with the rates that have been secured for the Junior Olympics along with their phone numbers and the driving time to the stadium. To reserve your room at these hotels, you may fill out a Hotel Reservation Form and mail it to the address provided, or you may contact the hotel directly. If you choose to contact the hotel directly, you will need to identify yourself as a Junior Olympic participant in order to book rooms. For more information, the latest updates, or the Hotel Reservation Form please call (916) 264-7617 or visit one of the following web sites:

www.usatf.org

www.pausatf.org

www.sacsports.com

Deadline for booking is July 18, 2001

*indicates that the hotel requires one adult per person.

Best Inns & Suites
\$66, 15 min., 916-366-1266

Clarion Hotel
\$79, 14 min., 916-444-8000

Holiday Inn-N.E.
\$82, 19 min., 916-338-5800

Holiday Inn-Rancho Cordova
\$89, 17 min., 916-638-1111

Howard Johnson
\$66, 15 min., 916-366-1266

Inns of America
\$57, 7 min., 916-264-1917

La Quinta Inn-Downtown
\$79, 14 min., 916-448-8100

La Quinta Inn-Madison Ave.
\$79, 17 min., 916-348-0900

Motel 6-Sacramento Central
\$69, 5 min., 916-264-1917

Motel 6-Rancho Cordova*
\$46, 18 min., 916-264-1917

Motel 6-Downtown
\$55, 15 min., 916-264-1917

Motel 6-West Sacramento
\$56, 18 min., 916-264-1917

Motel 6-Old Sac. North
\$58, 18 min., 916-264-1917

Radisson Hotel
\$89, 12 min., 916-922-2020

Ramada Inn
\$65, 15 min., 916-487-7600

Red Roof Inn
\$73, 18 min., 916-927-7117

Sheraton Grand
\$89, 10 min., 916-447-1700

Vagabond Inn-Madison A.
\$55, 17 min., 916-334-7430

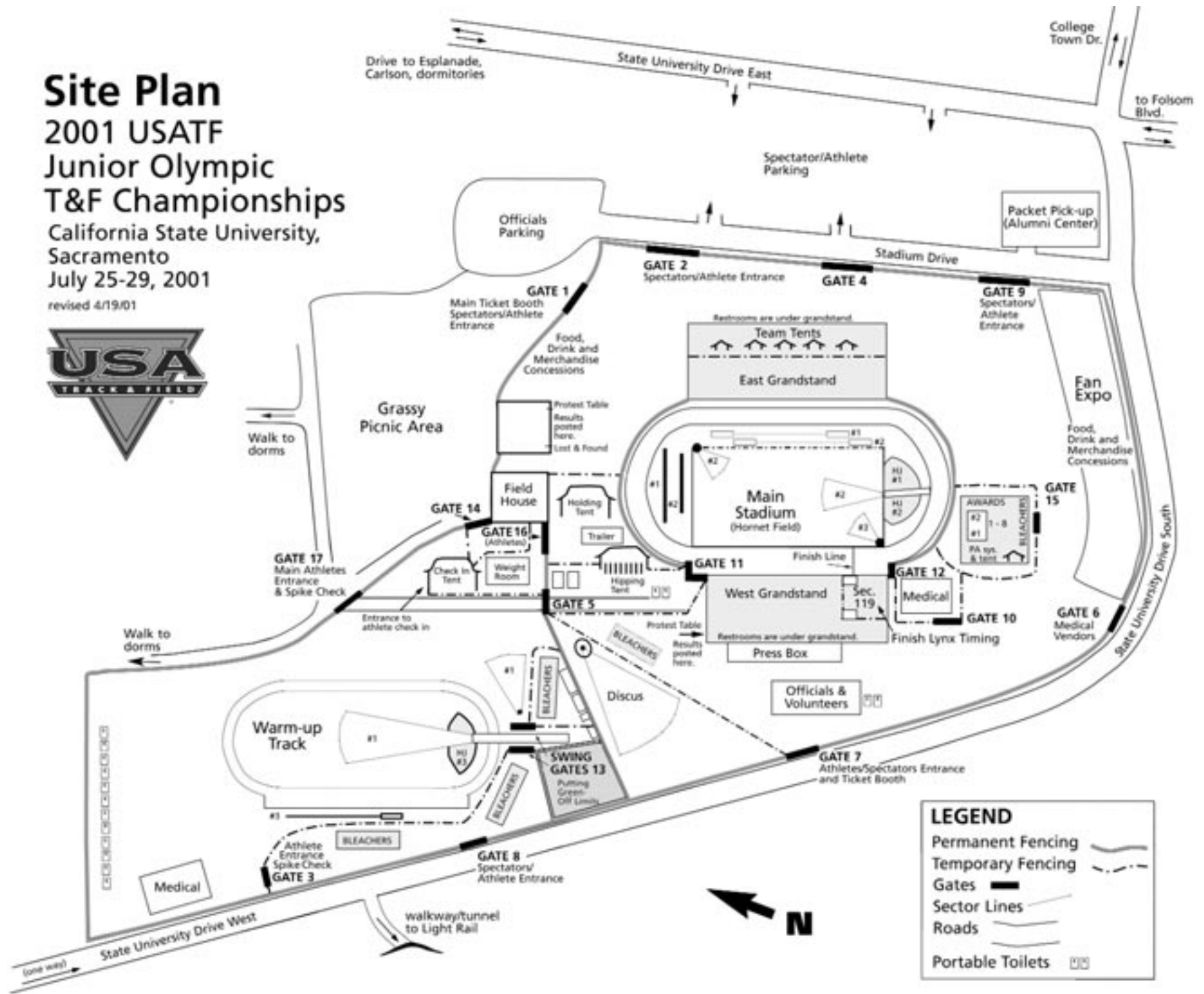
Site Plan

2001 USATF Junior Olympic T&F Championships

California State University, Sacramento

July 25-29, 2001

revised 4/19/01



LEGEND

- Permanent Fencing
- Temporary Fencing
- Gates
- Sector Lines
- Roads
- Portable Toilets

