



**2007 USATF THREE RIVERS ASSOCIATION  
YOUTH ATHLETE MEMBERSHIP APPLICATION & COMPETITION RELEASE**



WAIVER

WAIVER & MEMBERSHIP

NEW  RENEWAL  PREVIOUS USATF#: \_\_\_\_\_ CLUB: \_\_\_\_\_

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ GENDER: \_\_\_\_\_  
(include copy of b/c for new members)

ADDRESS: \_\_\_\_\_ CITY/ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
(please print clearly)

CATEGORIES:       Track       Field       Cross Country       Race Walk       Road

**Membership Fee: \$19.95 (athletes 18 & under)      Money Order (Payable to TRAC) or Cash Only**

**Copy of a B/C required for proof of age for all new youth athletes**

**COMPETITION RELEASE  
(for athlete & parent)**

*In consideration of your acceptance of my meet entry into all 2007 sanctioned Three Rivers Athlete Congress' (TRAC) track & field meets, including, but not limited to, Association and Regional Championships, and local TRAC sanctioned meets sponsored by registered track & field clubs, I voluntarily agree to participate in said meets and knowingly assume any and all risk of loss, damage, property loss, injury (including death), both foreseen and unforeseen, of my attendance at and participation in ALL 2007 TRAC sanctioned meets as referenced above, from any cause whatsoever. I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue TRAC, its local registered clubs, and the owner or lessee of any facility in which TRAC or its local registered clubs track & field meets are held (collectively "Releases") from liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in said meets.*

*I/we grant permission to the Meet Directors or their designee to act as guardian/spokesman with full authorization and power to authorize emergency medical treatment, including hospitalization and anesthesia, if medically necessary, for my/our son or daughter while in route to/from or at the site of any 2007 sanctioned meet, competition, program. I/we understand that should a health emergency arise, I/we will be notified but if we cannot be reached by phone, such medical treatment as is deemed necessary by medical personnel under the circumstances presented is hereby expressly authorized.*

*By entering these competitions, I/We grant USA Track & Field, TRAC, and its local registered clubs the right to use my name, likeness, image, voice, video, athletic performance, biological and other information, in any format whatsoever, and to distribute and exhibit these without charge, restriction or liability for the purpose of advertising or promoting the sport of Athletics.*

Signature: Athlete

Parent/Guardian/Coach (required for athletes under 18)

**BE A CHAMPION PLEDGE**

*USA Track & Field and the American College of Sports Medicine (ACSM) are working together on a joint program, "Be A Champion," a health initiative for young people which promotes fitness, fair play and the benefits of physical activity, particularly running, walking and other activities that require only a pair of athletic shoes. The program also addresses the dangers of a drug and supplement use in order to encourage kid to be healthy, active and drug-free in sports and in life.*

**The "Be a Champion" Pledge**  
I **COMMIT** to being physically fit,  
And I will lead a **HEALTHY** lifestyle

I will have a positive **ATTITUDE**,  
And through strong **MOTIVATION**,  
I will work hard and take **PRIDE**  
In everything I say and do.

I will stay in school, because **INTELLIGENCE** is power,  
And strive to **OVERCOME** the adversity I will face, and  
I will be honest and drug-free, knowing cheaters **NEVER** win.  
**I am a Champion!**

\_\_\_\_\_  
*Athlete Signature*