



**Mountain Top Invitational**  
**Penn Cambria Stadium - Cresson, PA 16630**  
**June 13, 2009**

**Pre-registration- \$8.00(if postmarked before 6/1)      Same day registration-\$10.00**

**Registration-7: 30 to 8:30    Start time- 9:00 a.m.**

*Entry Form (Please Print)*

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **St:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Sex:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Age Group:** \_\_\_\_\_ **Club:** \_\_\_\_\_

**Events:** \_\_\_\_\_

*Waiver: In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive & release any and all rights & claims for damages I have against USA Track & Field, sponsors, meet officials, their officers, agents, and employees for any injuries or damages suffered by me at this meet.*

\_\_\_\_\_  
*Signature of Athlete*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Signature of Parent/Guardian*

\_\_\_\_\_  
*Date*

**Proof of Age:** Athletes **must attach a copy of proof of age** by birth certificate, drivers license, or baptismal certificate.

**Events:** *The following are the boys and girls' competitive age groups and events for this year USA Track & Field Junior Olympic Qualifiers*

**Sub-Bantam:** 2001 & on (Limit 3 events)

100 m 200m 400m 800m 1500m Long Jump

**Bantam:** 1999 & 2000 (Limit 3 events)

100m 200m 400m 800m 1500m Long jump High jump Shot put (6lb) Turbo javelin 4x100 relay 4x400 relay

**Midjet:** 1997 & 1998 (Limit 3 events)

100m 200m 400m 800m 1500m 3000m 80m hurdles (30") Long jump High jump Shot put (6lb) Discus (1 kilo) 4x100 relay 4x400 relay 4x800 relay Turbo javelin

**Youth:** 1995 & 1996 (Limit 4 events)

100m 200m 400m 800m 1500m 3000m 100m Hurdles (B33" G30") 200m Hurdles (30") Long jump High jump Triple jump Shot put (B 4 kilo-G 6lb) Discus (1 kg) Javelin (600gr) 4x100 relay 4x400 relay 4x800 relay

**Intermediate:** 1993 & 1994 (Limit 4 events)

100m 200m 400m 800m 1500m 3000m 100/110m Hurdles (B39" G33") 400m Hurdles (B36" G30") Long jump High jump Triple jump Shot put (B 12lb-G 4kg) Discus (B 1.6kg-G 1kg) Javelin (B 800gr-G 600gr) 4x100 relay 4x400 relay 4x800 relay

**Young Men/Young Women:** 1991 & 1992

100m 200m 400m 800m 1500m 3000m(G) 5000m(B) 100/110 Hurdles (B39" G33") 400m Hurdles(B39" G30") Long jump High jump Triple jump Shot put (B 12lb-G 4kg) Discus (B 1.6kg G 1kg) Javelin (B 800gr G 600gr) 4x100 relay 4x400 relay 4x800 relay

**Make check payable to: Mountain Top Track and Field Club**

**Mail form to:** Lois Smith, 902 Level Rd, Lilly, PA 15938  
(814) 886-8607

**Refreshment stand and T-shirts will be available at the meet**