

2009/2010 LDR Sanctioned Races

This schedule is updated as new information comes in. Last update: November 30, 2009

December 2009		
JESUS DAY RUN 2009/12/05 5 km	Ada Wintersmith Park	Daniel Manuel adafiremandan@yahoo.com hm# (580) 320-3215 wk#
HOLIDAY HUSTLE 2009/12/05 5 km	Edmond Oklahoma Cbristian Univ.	Mark Thompson mark.thompson@oc.edu hm# wk# (405) 315-8200
JINGLE BELLS FOR BASAL CELLS 2009/12/05 5 km	Bartlesville Downtown	Christen Gullatt cgallemore@yahoo.com hm# wk# (918) 853-2136
CHILI DAY RUN 2009/12/05 5 km	Weatherford YMCA	Cindy Jackson cindy@gpfymca.com hm# wk# (580) 772-0202
SANDRIDGE SANTA RUN 2009/12/05 5 km	Oklahoma City Downtown	Kim Searls kim@downtownokc.com hm# wk# (405) 236-3640
THE SLEIGH BELL RUN 2009/12/05 5 km	Poteau Carl Albert State College	Scott Horstman tshorstman@cnhsa.com hm# wk# (800) 349-7026 x6939
NIGHT LIGHTS RUN 2009/12/12 5 km	Midwest City Joe B. Barnes Reg. Park	Scott Bartell sbartel@midwestcityok.org hm# wk# (405) 739-1292
JINGLE BELL RUN FOR ARTHRITIS 2009/12/12 5 km*	Tulsa Brookside	Becca Trost btrost@arthritis.org hm# (918) 231-1451 wk# (918) 495-3553
NORTHCARE REINDEER RUN 2009/12/12 5 km 10 km	Oklahoma City NorthCare	Lisa Macias lism@northcare.com hm# wk# (405) 858-2831
GARDEN OF LIGHTS RUN 2009/12/19 5 km*	Muskogee Honor Heights Park	Benita McClelland benita.mcclellan@va.gov hm# wk# (918) 680-3704
RACE INTO THE NEW YEAR 2009/12/31 5 km	Tulsa River Parks	Kathy Hoover sager_kathy@yahoo.com hm# wk# (918) 749-7557

January 2010		
POLAR BEAR RUN & RIVER SCRAMBLE 2010/01/01 Plunge & 300 yard run	Tulsa River Trails	Scott Ostrem brian@atur.org hm# wk# (918) 582-6525
RESOLUTION RUN 2010/01/01 5 km	Tulsa River Parks	Tim Dreiling tim@fleetfeettulsa.com hm# wk# (918) 492-3338
MILES FOR MIRACLES 2010/01/09 5 km	Oklahoma City Lake Hefner	Cory Samples cory.samples@gmail.com hm# wk# (405) 414-7899
TULSA RUNNING CLUB WINTER CLASSIC 2010/01/30 10 km 20 km 30 km	Tulsa Mohawk Park	Johnny Spriggs tulsarunningclub@yahoo.com hm# wk# (918) 625-3147
February 2010		
SWEETHEART RUN 2010/02/13 10 km 3 km	Tulsa Mohawk Park	Lori Dreiling lori@fleetfeettulsa.com hm# wk# (918) 492-3338
FRIGID FIVE 2010/02/13 5 mi	Edmond Mitch Park	Lissa Wohltmann lissa.wohltman@gmail.com hm# (405) 340-5620 wk#
JACK RECTOR BEACON ON THE BAY RUN 2010/02/27 25 km 5 km	Oklahoma City Lake Hefner	Bill Snipes bsnipes@rcins.com hm# wk# (405) 818-9745
POST OAK TRAIL RUN 2010/02/27 Marathon Trail Run	Tulsa Post Oak Lodge	Johnny Spriggs tulsarunningclub@yahoo.com hm# wk# (918) 625-3147
POST OAK TRAIL RUN 2010/02/28 10 km 25 km 50 km Trail	Tulsa Post Oak Lodge	Johnny Spriggs tulsarunningclub@yahoo.com hm# wk# (918) 625-3147
March 2010		
CREEK CLASSIC 2010/03/06 5 km	Edmond Deer Creek School	Dana Campbell-Sternlof ourunninggirl@yahoo.com hm# wk# (405) 245-9618

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